

A person dressed as a steampunk scarecrow stands in a garden. The costume features a tall, black, cylindrical hat adorned with various gears and mechanical components. The person wears a dark red long-sleeved shirt under a grey, apron-like vest secured with a chain. Their pants are bright orange, and they wear brown boots. One arm is raised, holding a small, dried, brown plant. The background shows a wooden fence, green foliage, and a white building under a clear blue sky.

THE SEPTEMBER 2026 ISSUE 534 PARISH PUMP

The winning Steampunk Scarecrow, from Kayleigh and Dave.

DISCLAIMER

The articles appearing in this magazine do not necessarily represent the views of the Parish Council nor of the Parish Pump Editor.

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Your Cornwall Councillor is Jim Gale - 07974786066; cllr.jim.gale@cornwall.gov.uk

Meetings of St Ive Parish Council

Meetings are usually held on the second Monday of every month, except August and December when no meeting is held. Please see the website or notice board for meeting dates, agendas, and minutes.

<https://st-ive-parishcouncil.gov.uk/minutes-agendas/>



Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173

Email: **NPS-Liskeard@devonandcornwall.police.uk**

In an emergency call **999**

To report a crime call **101** or go to **www.devon-cornwall.police.uk**

Contact Details for St Ives Parish Council and Millennium House

Address for correspondence:
Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk,
Jenny Hoskin, who will present them to the Parish Council
01579 363096, email: clerk@st-ive-parishcouncil.gov.uk

For Millennium House enquiries and reservations, please call
01579 363096

Parish Pump Submissions

Via email only to stiveparishpump@gmail.com

The deadline for submissions is the 18th of the month. Please email your text submissions directly in the email body, and attach any images. Full, half, or quarter page poster designs can be sent as JPG, PNG, or PDF files.

Advertising Costs

Please note that new advertisers must pay prior to publication. Purchasing an annual block gives you two months free.

Quarter page: £10 per month, or £100 for 12 months

Half page: £20 per month, or £200 for 12 months

Full page: £33 per month, or £330 for 12 months

(All prices are inclusive of VAT)

Report a Pothole!

Just google "cornwall council report pothole"; the URL is too long to print here. Or scan the QR code on the right.



Letter from The Editor

Another roller coaster of a month that was – from the highs of a hectic carnival, to the sheer terror of hearing the emergency alert and thinking it was an incoming ballistic missile; and let's not forget the muted "once-in-a-lifetime" solar eclipse that you probably wouldn't have noticed even happened if Facebook wasn't full of people begging for glasses.

Although it was nearly a month ago as I write this, I'd like to thank everyone who made carnival special this year, and all the events leading up to it: car treasure hunt, craft day, bingos, skittles, quiz nights, donkey derby, and the video game tournament! Attendance was the best it's been in years, and you'll find some photos (thank you to everyone who sent some in) of the events on the following few pages. A special thank you to Pauline for sponsoring the hog roast; Charlotte (and Jack) for the absurd amount of effort that went in making rosettes and carnival games; and Vanessa, because I cajoled her into doing a live radio interview on BBC Cornwall, and she was brilliant.

As you know, I like to keep you up to date on the latest AI developments; you need to know what's possible, and why you shouldn't believe, well, anything anymore. Last year I joked about AI getting so good at video that it would soon be able to come up with completely novel episodes of your favourite sitcoms and animation, tailored to your preferences. And while all the commercially available models like ChatGPT Sora and Google Gemini refuse to copy actual shows on grounds of copyright infringement, a new open-source model called Minimax H3 is happy to oblige. You give it the dialog, the show you want to emulate the style of, and other details you care to.

If you haven't already, you should expect to see clips on social media from your favourite shows with scenes and dialog that never actually happened. You can even give it a reference image

of something you want in the clip – as in, you could be the star of your own show!

What's even more incredible is that before you scream at me for what a horrific waste of energy and water this must be, you should know that Minimax H3 doesn't require an enormous data centre at all; it runs on your home PC. At least, a decently powerful gaming PC. It took me about half an hour to render a few test scenes. I ran it during the daytime, with free solar power. And to clarify, it didn't actually take me half an hour, personally; it took me about five minutes of telling my AI agent what I wanted, and she (they? It?) set off in the background doing my bidding. Just to blow your mind even more: I had absolutely no idea how to do any of this, and I still don't. I'm not familiar with the software at all. I just told ChatGPT what I wanted to try and let it take control of my PC. It installed the software needed, downloaded the model that my computer could handle, and crafted the prompts needed to generate the videos. I had to approve one step that needed elevated admin access, but other than that, it ... just did it. So yeh – apparently AI can use your computer now.

For those of you looking for the film club poster: **there is no film club in September** I'm afraid. C-Fylm, our parent organisation that arranges the licensing, is undergoing some personnel changes, but should be up and running again next month. Your membership will be extended by a month so you still have 12 months of films offered.

Speaking of omissions, chairman Steve says nothing happened this month and council doesn't do August meetings, so he doesn't have anything to report. Regularly scheduled programming will resume next month!

James

Carnival Photos



Costume contest entries and winners.

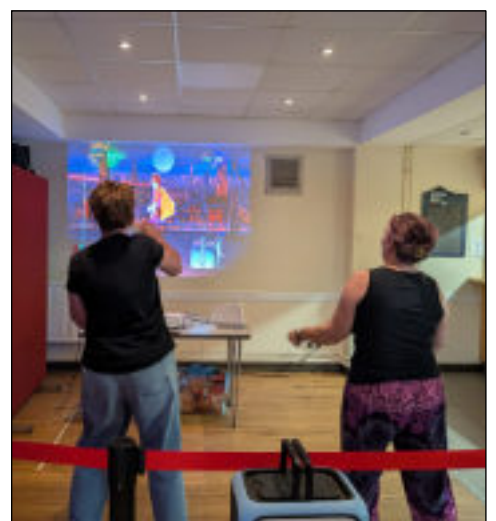
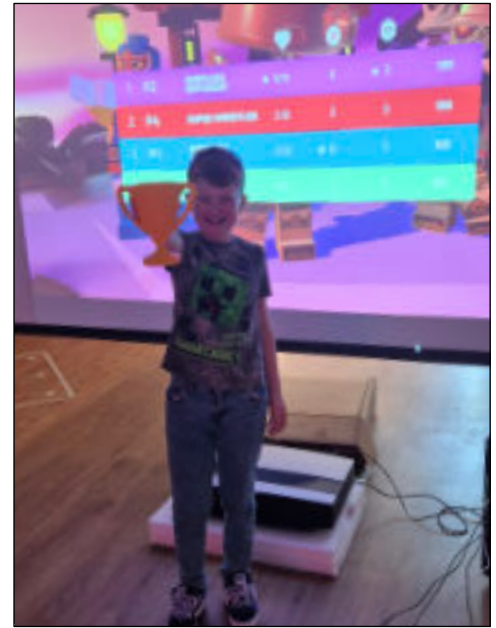
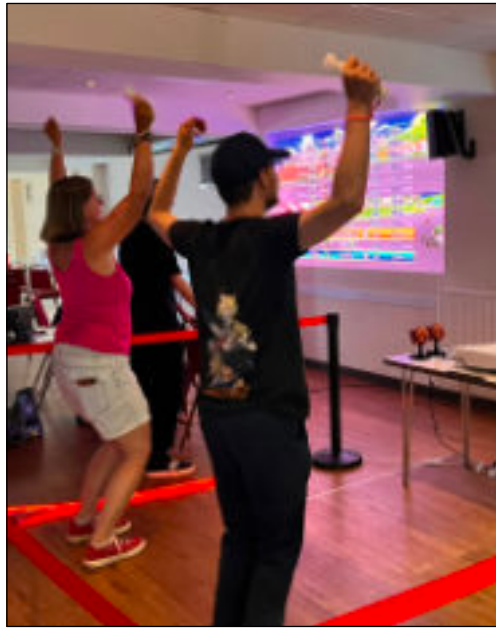


(Below) It's a Knockout winners





(Above) Craft day; painted stones can be seen outside Millennium House. (Below) Game tournament!





What's on at Millennium House?

SEPTEMBER'S SPECIAL EVENTS

Sunday 6th: Market Day 11am - 2pm.
Featuring local crafts and tasty treats.

Wednesday 9th: Pensilva W.I. Monthly Meeting from 7pm.

Wednesday 9th: meet your 🚔 PCSO Steve in the coffee shop 10am-12pm

Thursday 10th: Bloomers 2pm-4pm

Saturday 12th: W.I. Horticultural Show opened at 2:15pm by Councillor Jim Gale

Saturday 12th:
Music Bingo. Eyes down at 7pm

Wednesday 16th: Bingo with Colleen & Ruth. Eyes down at 7:30pm. (Every 3rd Wednesday).

Saturday 19th: Tess Tea Party for Marie Curie from 12pm

Saturday 26th: PSA Jumble Sale from 8:30am

Wednesday 30th: M2 Meal Night - "Chinese". (Main: General Tso's Chicken Thighs) Doors 5:30pm / Served 6pm. £20pp. ****Please book by the 25th.****

THE WEEKLY TIMETABLE

★ = Term time only activity. Check dates!

MONDAY

- 🕒 9:15am: Peri Pilates
- 🕒 10.30am: Mims Gentle Exercise
- 🕒 5:30pm: Yoga (with Laura Louise Yoga)
- 🕒 7.30pm: Pensilva Badminton

TUESDAY

- 🕒 10am: Singing for Wellbeing (with Clare)
- 🕒 7.30pm: Pensilva Badminton
- 🕒 7.30pm: Westernairs

WEDNESDAY

- 🕒 9.40am: Kixx (Ages 2-4 with Coach James)
- 🕒 10.15am: Sing & Sign (with Natalie) ★
- 🕒 6pm: Table Tennis

THURSDAY

- 🕒 9.15am: Baby & Toddler (with Tammy) - until 11:15am ★
- 🕒 5.30pm: Slimming World (with Hayley)
- 🕒 7.00pm: Country Dancing (Every 2nd & 4th Thursday only)
- 🕒 7.30pm: Aikido

FRIDAY

- 🕒 10am: Penmill Art Group
- 🕒 Varies: Table Tennis (Most Fridays - please check schedule elsewhere in pump)
- 🕒 7.30pm: Pensilva Badminton

SUNDAY

- 🕒 9am: Kixx (until 11:00am)

THE MEL BAR OPENING HOURS:

Monday to Saturdays from 5pm till late; Sundays from 12pm till 5:30pm

COFFEE SHOP OPENING HOURS:

Mondays, Tuesday, Wednesday, Friday: 10-2pm (Post Office not open on Monday, until 11:30am other days)

MISSING YOUR EVENT?

Make sure you email
stiveparishpump@gmail.com
before the 15th of the month prior. *Hui*

Pensilva WI Meeting Report



We started the Month in the community at the Pensilva Carnival, and enjoyed the sunshine whilst offering all sorts of prizes to winners on the tombola stall – thank you to those who supported us, it was great to see so many people.

Our August meeting was definitely a mystery – the annual trip set off on the Smiths coach at 2pm from the village, with no idea of where we would be going. Heading across the bridge, guesses for a Devon venue were winning...the first stop was... The Tamar Bridge visitor centre! Members watched a film about the history of the bridge, they could build model bridges, play with the live traffic cameras and dress up (always volunteers for this!) Back onto the coach which travelled directly into Plymouth



(the original plan had been to go to the Barbican) but roads were closed and there was no parking due to the annual fireworks competition, so a hasty decision and everything was back under control – happy ladies heading to Looe for fish and chips by the harbour and sunshine on the shore, with always a guarantee of good company when Pensilva WI are anywhere.

The eclipse shadowed overhead and the ladies headed home after their eventful afternoon out. Thanks to president, Verna, for organising this and for keeping the mystery a secret (even the final venue turned out to be a surprise for her in the end!)



August Birthdays – Frances Tucker, Cherry Woodhouse & Mary Wyatt.

Horticulture show – 12th September 2.15pm – Cream teas and a raffle. Everybody is welcome to come along and see the amazing range of entries on display. Schedules are still available. Set up your entries between 9 and 10am on the day. **Closing date for entries is 7th Sept.**

Macmillan Coffee Morning – **Saturday 3rd October, 10.30am – 12noon.** St.John's Church, Cakes, raffle, bring & buy.

Pensilva WI still collects used stamps for CFWI. Box at Millennium House.

Next meeting: Wednesday 9th September. 7.15pm.
Contact us with any enquiries at pensilva@cornwallwi.org.uk

Update on Aid for Ukraine

What a busy month it has been for us. We have been making the most of the hot weather, by attending as many car boot sales as possible to raise money to purchase vehicles for Ukraine.

Holding three car boot sales a week, this month we have raised over £2,000 and our current annual total to date is now £11,000. A massive thank you to everyone who has donated items for us to sell. We could not have raised this money without your generous donations!



We are incredibly proud to announce that our Nightingales team were recognised by the Ukrainian Armed Forces at an award ceremony in Sherwell Church Plymouth last month, with the Lord Mayor of Plymouth in attendance. We were all lucky enough to receive an official medal in recognition of our humanitarian support to Ukraine. However, this recognition belongs to every volunteer, donor and supporter who has stood with Ukraine. Together, we are making a real difference.



We shall be driving our next vehicle out to Ukraine on the 20th of August. This vehicle will be loaded with medical aid, which will be driven to the front line and will be commissioned to rescue and evacuate the injured.

The Ukrainian military like driving British vehicles

because they're right-hand drive. The right-hand side layout means that the actual driver sits on the right, whereas Russian snipers and combat observers instinctively aim at the left-side interior-frequently leaving the driver unharmed as fire passes through the empty left seat.



PUMA - Plymouth Ukraine Medical Aid, a non-profit organisation that also delivers medical supplies and clothing have asked if we can collect WHITE plastic milk bottle tops which are used to repair drones. They must be WHITE NOT GREEN. Thank you for your donations.

As a group we are promoting the message that we need high spec medical aid and donations, ensuring that we can buy the very specific medical equipment needed to save lives on the front line. Therefore, if you would like to make a cash donation, please go to

gofundme.com/f/Nightingales-UK

If you would like to donate a long wheel base 4 x 4 vehicle, please email

nightingalesuk@gmail.com

The need for unused and in date medication is as great as ever. If you have any medication that you no longer need or use, please consider donating it to Ukraine. All identification labels are removed and medication is checked by medical staff, prior to transportation. We are also appealing for Paracetamol and Ibuprofen, as well as men's toiletries such as wet wipes, shower gel, deodorant etc. There is also a high demand for incontinence pads and womens' sanitary products which we are now taking.

Please continue to support us where you can.

There is a pink dustbin by the wooden box on the drive, outside my house where you can place your

unwanted/donated items. For those of you who don't know where I live, our house is Rivendale PL14 5PG, located next to the Pensilva Medical Centre. If you would like me to collect any items, please contact me on 07808663749. Once again, thank you for all your kind donations and support.

In the months to follow I am organising a series of fundraising events to help boost our Nightingales funds. On the 24th of October, we are holding a Giant Jumble Sale in Millenium House and on the 4th of November, there will be a Ukrainian dinner with limited seating of 50 places available. On the 14th of November the Liskeard Ladies Choir and Keltic are holding an event to raise money for Ukraine, along with light refreshments and raffle. If you are interested in attending, please contact me on the mobile number above. There will be more information to follow later on in the year. Once again, a big heartfelt thank you to you all. These trips would not be possible without your support.

"Never doubt that a small group of thoughtful committed citizens can change the world: indeed, it's the only thing that ever has". - Margaret Mead

God bless.

Nightingales UK are currently asking for donations of the following aid supplies:

Over-the-counter medicines

- Paracetamol
- Ibuprofen
- Cold and cough Medicine
- Antihistamines
- Immodium

Prescribed in date medicines

- Antibiotics
- Antidepressants
- Painkillers, (no Codeine or controlled drugs)
- Blood Pressure and heart pills
- Asthma and COPD inhalers
- Prednisolone

Nursing Equipment

- Dressings/bandages
- Tape
- Dressing packs

- Antiseptic wipes and fluid
- Scissors
- Sutures
- Steristrips
- Eye wash and dressings

Surgical Equipment

- Urinary catheters/bags etc
- Colostomy stoma care and bags etc
- Splints, slings, orthopaedic kits, scalpels and basic surgical kits.

Medical Equipment

- Stethoscopes
- Blood Pressure Machines
- Blood Sugar Monitoring
- Peak flow meters etc
- Pulse oximeters

Humanitarian Aid

- Children's nappies, formula milk, bottles
- Adult continence pads
- Wet wipes, toothpaste, toothbrushes, deodorant, shower gel, mens toiletries.
- Nutritional drinks
- Torches, batteries

Please do not send

- Blankets, food, crutches, disability walkers and wheelchairs.

Thank you.

Janey





UKRAINIAN DINNER

WEDNESDAY 4TH NOVEMBER

AT

MILLENNIUM HOUSE



STARTING AT

6PM



ENJOY A DELICIOUS UKRAINIAN DINNER

Traditional Food • Warm Hospitality • Community Spirit



ALL PROCEEDS GO TO
THE UKRAINE APPEAL



BOOK AT RECEPTION



Table top and Jumble Sale **IN AID OF UKRAINE**

**Millennium House Sports Hall
Saturday 24th October
10.30 til 2.30
Entry Fee 50p**

**New and used Clothing,
household items, Bric-a-brac
and Xmas Stall**

Light Refreshments.

**For more information please
contact Janey Bryson -
07808663749**



Pentiddy Community Woodland

As I write this, the Community Woodland is seeing perhaps its driest, hottest Summer in all its life. Things are on the borderline for an ecosystem that is fantastic at moderating extremes of climates. We're really happy to have seen people making the most of the cool offered by the woods to come out for an early morning walk, or a relaxing evening run. No proper rain for 3 months... Who would have thought this was Bodmin Moor!

Work for us in the woods is steady, ticking along in the background as we go through a quiet period. As we tread deeper off the path to fell dead and diseased Ash, it becomes a progressively bigger job to do this safely and extract the logs for firewood. This may be a year when we pause from selling firewood, and take the chance to cut back more brambles from rides and glades. This should give young trees more space to grow, and continue the happily developing variety of ground flora coming up in the woods.

If you are enjoying walking in the woods, or simply want to support a beautiful local woodland, perhaps you would like to help out in some way. We have space and need for a secretary, trustees to join the team, and of course you can make a donation or come along to our Work Parties in Summer or Winter. If you would like to take part in any way in a small, friendly local charity, come along to our **AGM on Sunday 20th September** (in the woods, or over the road at Tregovenek, weather depending), or get in touch at communitywoodland@pentiddy.co.uk

Meanwhile, provisional dates for Winter work mornings are Sunday October 25th ~~ Saturday November 21st ~~ Saturday December 19th. If you fancy coming out for a morning of enjoyable work in a friendly team, with tea and cake to boot we look forward to seeing you.

Millennium House Community Transport

Do You Require Transport
for an appointment, shopping or any other?

Our Parish has a number of volunteer drivers who have agreed to help those who do not have transport, by using their own vehicles to help those in need.

Our aim is to connect local communities and reduce social isolation. We do need more volunteer drivers to cope with the demand. If your retired and would like to volunteer please contact us.

or if you require transport to Hospital; Doctors, Vaccination etc, and have mobility issues and are unable to drive to your appointment. The more volunteers we have the less frequent we'll be called upon.

Please contact Marlene on **01579 362919** or **07896 994947** and we will endeavour to help.



millennium house
community centre and dynamic venue



GORFENNA COMMUNITY CAFÉ

Homemade cake, hot drinks, and a warm welcome

OPEN TUESDAYS & THURSDAYS

10am - 2pm | Opening Thursday 2 July

Gorfenna is opening a new community café where our service users can welcome the public and serve homemade cake with a hot drink.

This new venture gives our service users the opportunity to experience working in hospitality and build their communication skills.

We are looking forward to meeting more people from our community and making new friends. The café welcomes local groups who would like to use the facility, as well as friends getting together.

Find us 100 metres down Quethiock Road
from the Butchers Arms junction - plenty of parking available
Gorfenna Community, Gorfenna, St. Ive, PL14 3LX

Telephone: 07704 724513



PENSILVA WOMEN'S INSTITUTE HORTICULTURAL SHOW

To be held in

**MILLENNIUM HOUSE, PENSILVA on
SATURDAY 12th SEPTEMBER 2026.**

To be opened at 2.15pm.

By Councillor Jim Gale

Classes for Cookery, photography, cut flowers and flower arranging, plants and vegetables, handicrafts and art.

Schedules available from Millennium House.

Cream Teas,

Raffle.

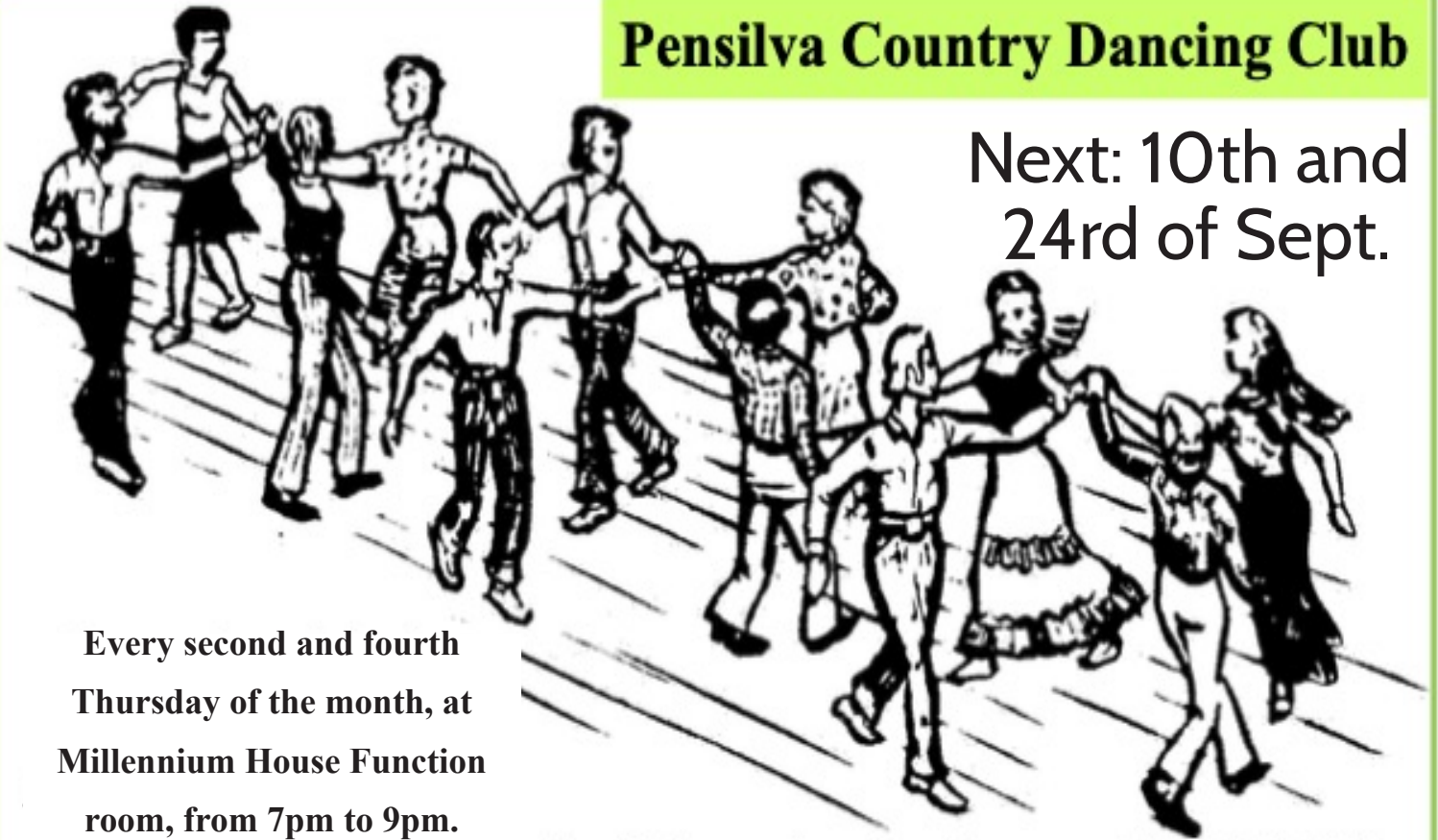
Please support your local show.

FREE ENTRY



Pensilva Country Dancing Club

Next: 10th and
24rd of Sept.



Every second and fourth
Thursday of the month, at
Millennium House Function
room, from 7pm to 9pm.

For information ring Frances 01579 363718

News from the Pensilva gym!



We will soon be opening on Monday evenings 5pm to 9pm.

Commencing: Monday, September 7th, 2026.

For more details pop in and ask at the gym,
and look out for posters and flyers at Millennium House.

Badminton at Millennium House

Monday and Tuesday at 5 - 7:30pm - Informal badminton. £10 per hour per court.

Call 01579 363 096

Mondays and Tuesday from 7:30 - 9:30pm - Pensilva Badminton Club - £5 per person. Contact Richard 07925 642 938 or Nigel 01579 936594

Wednesday 5 - 10pm - Informal badminton. £10 per hour per court.

Call 01579 363 096

Please bring your own rackets and shuttles, or you can rent some for a small charge.

WEDNESDAY CLUB, PENSILVA

Meeting in the village hall every 3rd Wednesday of the month. Entry £2.50 which includes raffle and refreshments, 2-4pm. Thank you to all who came to the tabletop sale March, it was very well received!

September 16th - Steve Griffin, sausage making

October 21st - Harvest festival, please bring produce for sale

Everyone Welcome. For further information please contact:

Cherry Woodhouse (Chairperson) 01579 363674

Jane Hall (Secretary) 01579 363379

Want cheaper electricity bills? Encourage renewables in Pensilva by joining Octopus “Fan” Club

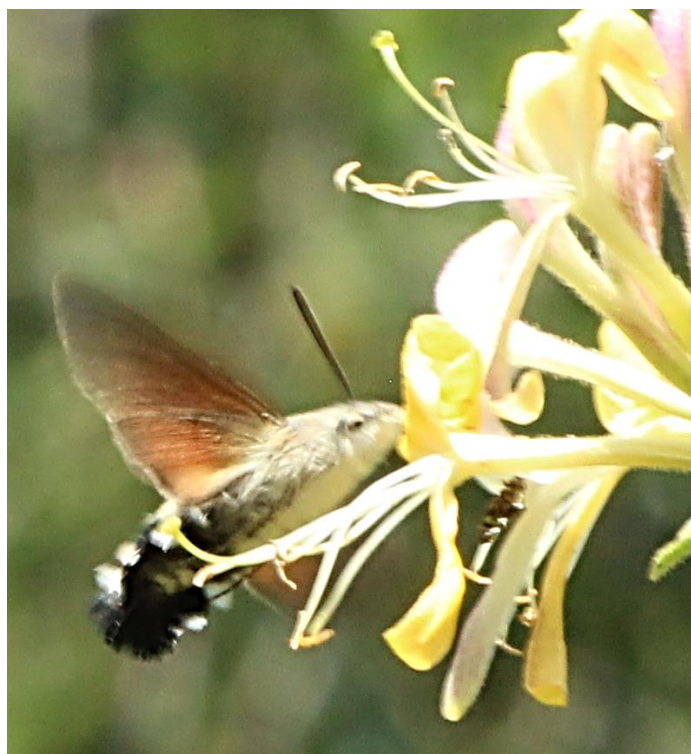
Octopus is investing millions in building wind turbines – but only where they're most wanted. Register your interest to show Pensilva would like a turbine, and if chosen, you would get money off your electric bill whenever the turbine is generating power. Go to the URL below to register your interest!

octopusenergygeneration.com/fan-club/

SIXTEEN+ YEARS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. Three of the photos were taken in our garden, but I would like to thank The Butterfly Conservancy Charity for giving me permission to also use some of their photos to illustrate this article. This month I am looking at one of our moths from the hawkmoth family...

THE HUMMINGBIRD HAWKMOTH.



The above photos of a hummingbird hawkmoth were taken this summer in our garden. Whilst I have spotted them here once or twice before, this year has been a real boom year for them and you may also have seen them. They are usually seen in flight collecting nectar from a variety of flowers, with honeysuckle being a favourite. They do not land on flowers, but like the bird they are named after, they hover using wing beats of up to 80 a second and a long feeding tube to suck up the nectar. This astonishing rate of wing beats not only allows them to hover with the control needed for feeding, but also makes the wings seem almost transparent, apart from the blur of its orange hind wing. The chequered abdomen is also visible. This distinctive flight with its speed, manoeuvrability and ability to produce a hum, is their first and most obvious identifying feature, but also makes them very difficult to photograph!



Butterfly
Conservancy Charity
Ervin Szombathelyi



Butterfly Conservancy Charity
Tamas Nestor

When they do rest, the typical hawkmoth shape can be seen, but their brown-grey colours seem to be at odds with their exotic appearance when in flight. However, they are then well camouflaged, making it hard for predators (and us!) to see them.

Hummingbird Hawkmoths originate from southern Europe and Northern Africa, migrating to us in varying numbers year after year in the late spring and early summer. Traditionally, they were predominantly seen in the South and close to the coast. Though still considered a migrant, there are increasing numbers of reported sightings of them further afield and over winter, so there is probably a small population with us all year round.

For those of you with a better knowledge of plants than me, they lay their eggs on various species of bedstraw, so it is on these flowers and buds that the female hummingbird hawkmoth lays her eggs. Caterpillars hatch a week or two later and can be seen from June to October, but are most frequently seen in August. As seen in the photo to the right, they are bright green with dark dots and yellow lines along their flanks. The spikey appendage on its tail is typical of the hawkmoth family. Caterpillars pupate just under the soil after about 30 days. It is thought that those emerging as adults late in the year are unlikely to survive. It is not certain whether sightings early in the year overwintered as pupae or as adults, but probably sheltered in unheated buildings, such as garden sheds.



Butterfly Conservancy
Charity - Adam Gor

In Italy and Malta, they are considered to be a good omen. A swarm was seen crossing The Channel on the day of the D-Day landings, so lucky for some, but sadly not for all.



This fascinating little moth is well named after the better-known bird, and is fascinating to watch. It may be on the late side for you to spot it by the time this issue of The Pump comes out, but not impossible. With global warming now taking a hold, you may well see them in the future if you have not already done so.

HAPPY WILDLIFE WATCHING!
Hilary

MILLENNIUM HOUSE COFFEE SHOP

RUN BY VOLUNTEERS

**OPEN MONDAY, TUESDAY, WEDNESDAY, FRIDAY
10AM TO 2PM***

(*POST OFFICE ALSO OPEN 9AM - 11:30AM EXCEPT MONDAYS)



Come and join us for
coffee and a chat,
tea and a toasted teacake,
freshly baked Cornish pasty,
or sausage roll — and we
even have delicious cakes!



Thank you to everyone
for the support you have
given us over the past 8 years.



PENSILVA



Free
Entry

Featuring local sellers,
craft stalls, indoor car boot,
baked treats, and live plants.
Refreshments available and bar!

Sellers
£5 per
table



←← MILLENNIUM HOUSE PRESENTS →→

PENSILVA MARKET DAY

**FIRST SUNDAY
OF EVERY MONTH
11am - 2pm**

Call Sandy on 01579363096 or email
millenniumhouse@btconnect.com
to book your table or other enquiries

PRINCESS ROAD, PL14 5NF



Ali cornwallrecycling@outlook.com
www.south-hill.co.uk/charity-recycling

Soft plastics & Tetrapacks/juice cartons can now be bagged securely and put out with your council recycling in the red bag, or alongside your bags.
 Making sure they don't blow away.

Recycling for Charity project Update

Recycle & Raise Money for Charities

Although the Bread bags programme has now stopped, we are still accepting plastic wrappers from hot cross buns, bread sticks, choc au pain, fruit bagels, saffron buns and all cake wrappers, with mini cheddars, cheese twists, all crackers and biscuit packets.

Please put these in the labelled bins inside Millenium House.

Also accepting empty or near empty cosmetics, Sun Tan lotion, gel, oil, cream bottles/tubes and all personal care and ointments tubes and pots.

Make Up includes lip sticks/balm/gloss, eye shadow & foundation compacts and mascaras.

For Kicks Count charity
 helping to reduce UK Still-births

Ink cartridges accepted to raise money for East Cornwall Search and Rescue Team



Callington Repair Café
 The Mustard Seed
 PL17 7BS The Bottom of Church Street
 Community room downstairs, wheelchair friendly,
 car park alongside. All Welcome. Plus Tea & Cake.
Sept. 12th 2 - 5pm

Bring any broken electrical items, treasurers, toys, clothes, our repair team will do their best to fix or make recommendations. Enjoy sewing, tinkering? Fancy helping out? Drop in and see us. We're part of the Cornwall Council Repair Café Network.

Don't Bin It, Fix It !

Any condition to be recycled, mobile phones, gadgets, sat navs, MP3s, tablet computers, K indles, watches and any jewellery plus used postage stamps, raise money for local Hill Ponies charity.



NEIGHBOURHOOD DEVELOPMENT PLAN FOR ST IVE & PENSILVA



The extended consultation period on the Neighbourhood Development Plan has now closed!

Thank you to all the people who completed the survey, and to all those we spoke to on Carnival Day. Your input is essential to ensure the whole community is involved in the formulation of this document. We felt that extending the consultation period gave more people the opportunity to review the wealth of information in the draft document and, more importantly, make comments on it.

We are now reviewing all the comments made and the Plan will be updated to reflect community feedback. It will then be submitted to Cornwall Council for independent examination by a planning expert.

The next few months are going to be very busy for the Steering Group as we work towards a Parish Referendum. You can keep updated on our progress on the dedicated website:

plan4stive.co.uk

We will also provide monthly update in the Parish Pump – so watch this space!





**St. Ive Village Hall
The Cross, St. Ive
PL14 3LZ**

1st Monday of the month

7.30pm

New members welcome

Email: stivegardeningclub@gmail.com

**St. Ive Village Hall PL14 3LZ
Snooker Club**



**Monday and Thursday Evenings Contact Ray
Bunkum: 01579 382315**

**St. Ive Village Hall PL14 3LZ
COFFEE MORNING**



**Every Wednesday Morning
10.30 until 12md
Tea/Coffee and cake**

**Small, fun and friendly fitness
classes in St Ive Village Hall**

1st Monday of the month:

6:15 pm - Groove-it Fit & Flow
A combo class of dance, Yoga, Pilates and Barre.

2nd, 3rd and 4th Mondays of the month:

6:15 pm - Fit and Flow
A mix of Barre, Yoga and Pilates inspired movements set to music. This class will help you stretch out any aching muscles.

7:10 pm - Groove -it Fit
A full-body toning dance fitness class in an interval style. This class is great fun and maximises calorie burn.

For further information contact Jayne at Jem

Fitness

07597 383171

jaynemartin769@gmail.com



St. Ive Village Hall, The Cross PL14 3LZ

HALL HIRE

£5 an hour

Includes use of the kitchen and electric (except wall heaters, which are on a £1 coin meter)

For bookings ring Amanda Eveson

Or 07703393070

Regular Group and Activity Timetable

Gardening Club	1 st Monday monthly 7.30pm	01579 382762
St. Ive Snooker Club	Mondays and Thursdays 7pm	01579 382315 R. Bunkum
Coffee Morning	Wednesday 10.30am – 12	

Fit and Flow Barre, Yoga and Pilate	Monday Evenings 6pm to 8pm (2 nd , 3 rd and 4 th Mondays)	Jayne 07597383171 Facebook@jemfitnesslisheard Instagram jemfitnes_
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Methodist Sunday Service	Check timetable in Parish Pump for services	Kathryn or Keith Mutton 01579 382334
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All Being Well

We are still open for three mornings a week. A maximum of six members can now attend at one time.

Opening hours:

Monday, Wednesday and Saturday, 9am to 1pm.

Maximum six members at a time for each of three slots within each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

Prior booking is essential

To book yourself in or for any enquiries, call in at the gym or telephone on **01579 363890**, during the opening hours listed above.

23 years working in our local community to improve health, fitness and well being.

Tessa's Tea Party

Please come and join us

At Millennium House

Saturday September 19th 2026

2pm - 4pm ♥ entry fee £5



Music/Bingo



Tea/Cake ♥ Sandwiches/Sausage rolls

ALL PROCEEDS TO MACMILLAN CANCER SUPPORT

Pensilva Table Tennis Club

Wednesday	2 nd September	6 - 8pm	League
Friday	4 th September	6 - 8pm	Community
Wednesday	9 th September	6 - 8pm	League
Friday	11 th September	6 - 8pm	Community
Wednesday	16 th September	6 - 8pm	League
Friday	18 th September	6 - 8pm	League and Community
Wednesday	23 rd September		No table tennis
Friday	25 th September		No table tennis
Wednesday	30 th September	6 - 8pm	League and Community
Friday	2 nd October		No table tennis
Wednesday	7 th October	6 - 8pm	Start of League Fixtures
Friday	9 th October	6 - 8pm	Community
Wednesday	14 th October	6 - 8pm	League
Friday	16 th October	6 - 8pm	Community
Wednesday	21 st October	6 - 8pm	League
Friday	23 rd October		No table tennis
Wednesday	28 th October	6 - 8pm	League and Community
Friday	30 th October		No table tennis

Please note a change of time as the majority of our club sessions now run between 6-8 pm on Wednesdays and Fridays. More playing time for the same money. A bargain.

As we approach the start of the new North Cornwall Table Tennis League season, we can announce that Pensilva will be entering a total of four teams in the Division Three League in order to maximise the playing opportunities for as many players as we can.

The new season kicks off on 5th October 2026, and we are still able to offer this competitive opportunity to more players should there be any aspiring players still not known to us. In order to facilitate our ambitions, we have negotiated to extend our current playing time to a full two hours on both Wednesdays and Fridays.

Our league teams are made up of a mixture of senior citizens (50-85 plus) and young lads (10-49 plus). (come on girls, let's be having some of you to balance the battle of the younger sexes).

As an illustration of what is possible, may I recommend two short accounts of the journeys of two of this year's new team players.

Alfie Reeves

I started my career in table tennis whilst still in year 4 at Pensilva Primary School, when I joined the after-school club playing at Millennium House for ten whole weeks. I quickly found that I was quite good and with encouragement from my father, I started to train with the other junior and senior players (including my Dad).

I just love playing against the better adults even if I don't score that many points and only win on a few occasions. The secret to improving is to play against the giants of our club with the promise that in the years to come "I WILL BEAT THEM".

I am really looking forward to playing for the Pensilva Dolphins Team in the North Cornwall Table Tennis League next season.

Francis Vine

A few years back, I used to play in the Plymouth Table Tennis League and even if I say it myself, I was quite good, just like Alfie above. However, my interest in playing competitive matches and the need to train and various changes on my life style resulted in me eventually packing up and devoting my time to various other activities. One of these activities was playing Pool in the Function Room at the Millennium House, which is where I was discovered by the table tennis players and where my enthusiasm for playing table tennis was rekindled.

I joined in one of the Community Club sessions on a Friday evening and realised that I still could play table tennis to a reasonable standard. After a couple of weeks playing with the Community Club players, I was invited to join the Wednesday Pensilva League Group and as my game improved (watch out Alfie); I found myself wanting to play for one of the Pensilva Table Tennis Club teams in the North Cornwall League. Next season will bring a challenge but working with Martin our coach and the other league players, I know that I will rise to the challenge, especially when I play against Alfie.

Monday to Saturday except for bank holidays

buses towards Liskeard

Service No	74	74	74	74	74	74	74	74	74	74	74	74	74	74
	SD	SSH								SSH	SD			
Callington Community College											1510			
Callington Tesco														1805
Callington New Road	0740	0755	0915		1115		1315		1515	1520		1715	1808	
Callington Lansdowne Road	0743	0758	0920		1120		1320		1520	1525		1720	1811	
St Ive Butchers Arms	0751	0806	0928		1128		1328		1528	1533		1728	1819	
Pensilva The Cross	0759	0812	0935	1035	1135	1235	1335	1435	1535	1540	1645	1735	1825	
Crows Nest Crows Nest Inn	0807	0819	0943	1043	1143	1243	1343	1443	1543	1548	1653	1743	1832	
St Cleer Market Inn	0722	0817	0829	0952	1052	1152	1252	1352	1452	1552	1557	1702	1752	1842
Tremar Telephone Box	0725	0821	0832	0957	1057	1157	1257	1357	1457	1557	1602	1707	1757	1845
Liskeard Trevecca Cottages	0730	0826	0837	1003	1103	1203	1303	1403	1503	1603	1608	1713	1803	1850
Liskeard School & Community College		0830												
Liskeard Hospital	0733		0840	1007	1107	1207	1307	1407	1507	1607	1612	1717	1807	1853
Liskeard Morrisons	0736		0843	1010	1110	1210	1310	1410	1510	1610	1615	1720	1810	1856
Liskeard Post Office arr	0738	0835	0845	1014	1114	1214	1314	1414	1514	1614	1619	1724	1814	1858
Liskeard Post Office dep	0745			1018	1118	1218	1318	1418	1518	1620	1620	1725	1815	
Liskeard Railway Station	0747			1020	1120	1220	1320	1420	1520	1623	1623	1727	1817	

buses towards Callington

Service No	74	74	74	74	74	74	74	74	74	74	74	74	74	74
	SD	SSH								SSH	SD			
Liskeard Railway Station				0945	1045	1145	1245	1345	1445	1445	1559	1647	1749	
Liskeard Lloyds Bank arr				0948	1048	1148	1248	1348	1448	1448	1602	1650	1752	
Liskeard Lloyds Bank dep	0715	0715	0855	0955	1055	1155	1255	1355	1455	1515	1605	1705	1800	1830
Liskeard School & Community College										1525				
Liskeard Morrisons	0718	0718	0858	0958	1058	1158	1258	1358	1458		1608	1708	1803	1833
Liskeard Hospital	0721	0721	0901	1001	1101	1201	1301	1401	1501		1611	1711	1806	1836
Liskeard Trevecca Cottages	0725	0725	0905	1005	1105	1205	1305	1405	1505	1530	1615	1716	1810	
Tremar Telephone Box	0730	0730	0910	1010	1110	1210	1310	1410	1510	1536	1620	1721	1815	
St Cleer Market Inn	0734	0734	0914	1014	1114	1214	1314	1414	1514	1541	1624	1726	1819	
Crows Nest Crows Nest Inn	0742	0742	0924	1024	1124	1224	1324	1424	1524	1551	1634	1736	1827	
Pensilva The Cross	0750	0750	0932	1032	1132	1232	1332	1432	1532	1600	1642	1745	1835	
St Ive Butchers Arms	0755	0755	0939		1139		1339		1539	1606		1751	1840	
Callington Westover Road	0803	0803	0947		1147		1347		1547	1614		1759	1848	1851
Callington New Road	0805	0805	0949		1149		1349		1549	1616		1802	1850	1853
Callington Community College	0813													
Callington Tesco												1804		

SD Schooldays only

SSH Saturdays and School Holidays only

These sections of journey are operated across by service 73
The full timetable can be found on the previous pages

Monday to Saturday except for bank holidays

Service No	74A	74A	74A	74A	74A	74A
	SSH	NS			SSH	
Callington New Road	0830	0915	1115	1315	1515	1715
Callington Tesco	0833	0918	1118	1318	1518	1717
Ashton Post Box	0839	0924	1124	1324	1524	1723
St Dominick Primary School	0844	0929	1129	1329	1529	1725
Callington Tesco	0854	0939	1139	1339	1539	1733
Callington New Road	0857	0942	1142	1342	1542	1735

SSH Saturdays and School Holidays only

NS Not Saturdays

Up to date times can be found
on the Transport for Cornwall
website - PLEASE check
before travel if timing is
critical:

[transportforcornwall.co.uk/
services/TFCN/74](https://transportforcornwall.co.uk/services/TFCN/74)

St John's Mission Church

Refreshments served before and after services

Services for September 2026

Sunday	6 th	11.00 am	Morning Worship
Sunday	13 th	11.00 am	Holy Communion
Sunday	20 th	11.00 am	Harvest Festival
Sunday	27 th	11.00 am	Morning Worship
Thursdays		10.00 am	Morning Prayer Fellowship

SEPTEMBER EVENTS *Please see posters for full details*

Friday	4 th	2.30 - 4.00 pm	Afternoon Tea
Wednesday	9 th	2.00 - 4.00 pm	<i>Kowetha</i>
Sunday	20 th	3.45 pm	Teatime Church for children & their families
Thursday	24 th	2.00 - 4.00 pm	Memory Café
Tuesday	29 th	2.00 - 4.00 pm	Stitch, Knit & Natter

For further details or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718
Please put prayer requests in the box. St John's is open daily 10.00 am - 4.00 pm for personal prayer & reflection.

St John's Mission Church

Princess Road Pensilva PL14 5NF



THE CHURCH
OF ENGLAND

The Tribute Benefice

Contact for Baptisms & Marriages

Reverend Li Selman 07790 272714

revliselman@icloud.com



Church Wardens
Geoff & Carolyn Cox
07475 920142



AFTERNOON TEA

St John's Church
Pensilva

Friday 4th September
2.30 to 4.00 pm



Raffle
Bring & Buy Stall

*Donations to support church
work in our community*

A photograph showing several hands engaged in knitting and crocheting with various colored yarns (yellow, green, blue, pink, orange). The background is white.

**stitch
knit and
natter**

Do you enjoy stitching,
knitting, crocheting?

Join our friendly knit and natter group.
Come and meet new friends and swap tips
and ideas – all ages and abilities welcome!

Drop-in!

There is no charge
for this activity but there
is a Donation Box if you
would like to make a
cash contribution.

**Tuesday
29th
September**

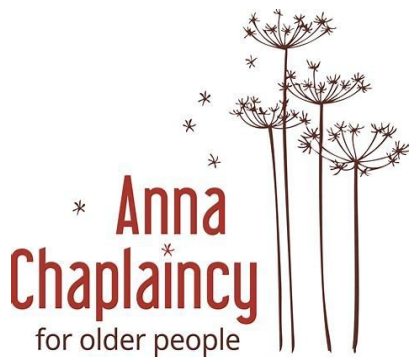
**St John's
Mission Church
Pensilva**

**on the
last Tuesday
of the month**

**2.00
to
4.00 pm**

**Contact Kathleen
07778 515975**

Kowetha



The Tribute Benefice



**Companionship
Friendship**



THE CHURCH
OF ENGLAND

**A welcoming place to drop in
for
company
and
refreshments**



**St John's Mission Church
Pensilva**

2.00 - 4.00 pm

Wednesday 9th September



Contact: Geoff Cox
07475 920142
gefferys1963@gmail.com



Unity Methodist Church

Sunday 6th September - United Service at St Ive Parish Church 11.15am

Sunday 13th September - United Service at St Ive Village Hall 10.30am led by the congregation

Sunday 20th September - United Village Harvest Festival Service at St Ive Parish Church 11.15am (Set up from 10am)

Sunday 27th September - United Service will be a Barn Harvest at Merrymeet.

Upcoming dates for you diaries.

Sunday 6th September - Joint Macmillan Coffee afternoon at St Ive Parish Church. 3 - 5pm please come and join in this fundraising event.

The Chattermakers craft group will be back from the summer break through August, they again meet on Thursday September 3rd and Thursday 17th September, in the Village Hall 7.30pm. All welcome to come.



St Ive Church

September 6 th	Morning Service	11:15am	In Church
September 13 th	Chapel Service	10:30am	In village Hall
September 20 th	Holy Communion	11:15am	In Church
	Harvest Festival followed by lunch		
September 27 th	Chapel Service	10:30am	In Village Hall

Events

September 6 th	Afternoon Teas in Church, 3pm to 5pm. Includes a Cornish Cream Tea, in aid of MacMillan.
September 20 th	Lunch in church after Harvest service
October 2 nd	Polperro Fisherman's Choir with the Wreckers Pasty supper. Tickets £10 on the door.

Liskeard & Looe Foodbank

helping local people
in crisis



St John's Mission Church Collection Point

Please leave items
on the shelf in the
entrance hall
between

10.00 am & 4.00 pm



Liskeard & Looe
Foodbank
Together with Trussell

Thank you

PENSILVA MEMORY CAFE

*If you have memory problems or
you are a carer for somebody who does,
come and join us at St John's Mission Church
for a cuppa and some cake.
We'd love to see you and hope that
you will enjoy yourself.*

Guest Speakers

Activities

Quizzes

Games

2.00 to 4.00 pm

Thursday 24th September

Contact Geoff on 07475 920142



For the fruits of His creation, thanks be to God

Harvest Festival

St John's Mission Church, Pensilva

Sunday 20th September 11.00 am

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Please note that all advertising must be paid for in advance.

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23rd June	Buckfastleigh, Butterflies & Otters
6th July	River Fal Cruise & Falmouth
16th July	Forde Abbey and Gardens
4th August	Paignton, Kingswear, Dartmouth & Totnes
15th August	RHS Rosemoor Garden Flower Show
4th-6th Sept	Burghley Horse Trials
21st-25th Sept	Autumn Tour - Oxford & The Cotswolds
14th October	Tavistock Goose Fair
20th October	Seaton Tramway and Sidmouth
7th November	Bridgwater Guy Fawkes Carnival

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email: grouptourtravelcornwall@gmail.com

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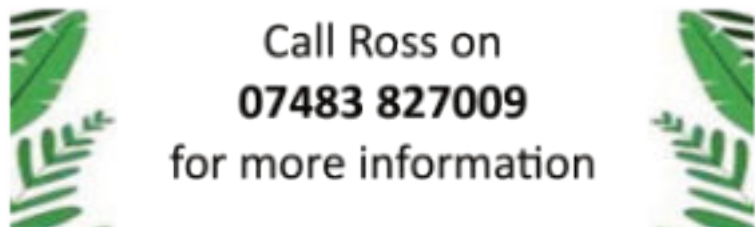
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Hand-tied Bouquets — 16 & 19 Sept

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CLEANED



INSIDE

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INSIDE & OUT.

PAINTING

CLEANING

SHOPPING

IRONING



CALL ANDREW CARLIN
now on:

07407 323888

Thank you.



Trystan Phillips

Carpentry/Joinery & Property Maintenance



40 Years' Experience

All aspects of Carpentry undertaken including:

Kitchen Installations

Doors, Partitions, Skirtings, Architraves, Shelving

Timber Floors renewed/repaired, Laminate Floors fitted

Timber Doors / Windows repaired including 'Sliding Sash'

Plus General Property Maintenance:

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Fully insured

(Including Public & Product Liability)

07397 153792 trystanphillips carpentry@gmail.com 01579 363150

Muststep Podiatry



Routine Footcare, Nail Reconstruction, Nail Surgery,
Fungal Nail Treatment, Verruca Treatment,
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Preventative Care for Low-Risk Patients.

Contact **07522 577 012**

West Looe,
PL13 2HA

Looe Ear Care



Clinic £50 both ears, Home visits from £55, Special
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Safe microsuction for ear wax removal, ear
irrigation available when suitable. Includes expert
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PAINTER & DECORATOR

45 years + Experience

City & Guilds Advanced Qualification

Internal & external work

All paint finishes

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Please contact me for a free estimate

Mobile: 07548 941437

Email: paul.allen300@btinternet.com

Pensilva Stores

Amazing Value



- ✓ Fantastic Special Offers every month!!! (See store leaflets)
- ✓ Come and Check out our great deals on Wine, Beer and Spirits
- ✓ Local Produce: Homemade Butter and Clotted Cream, Meat from our local butcher
- ✓ Cornish Fresh Fruit and Vegetables
- ✓ Fresh Bread, Pasties and Cakes
- ✓ Take Away Coffee, tea and hot chocolate
- ✓ Newspapers and Magazines, Greeting Cards
- ✓ Paypoint, Lottery



Friendly Staff + Service with a Smile !!!

Pensilva Stores is a family run business who have been serving local people and visitors for more than 30 years.

Higher Road, Pensilva, Liskeard, Cornwall PL14 5NQ

Tel: 01579 362547



Pensilva & St Ive Post Office Service

Pensilva: Through the coffee shop on the 1st floor of Millennium House

Tuesdays: 9 to 11:30am

Wednesdays: 9 to 11:30am

Fridays: 9 to 11:30am

**The Millennium House
coffee shop is also open on
these mornings.**

**Unfortunately, the St Ive Village Hall drop-in
post office has now closed.**