

# THE PARISH PUMP



**APRIL 2026 // ISSUE 529**  
**NEWSLETTER FOR ST IVE AND PENSILVA**  
Spring is showing itself at  
Tregovenek. Is that... sun?!

## DISCLAIMER

The articles appearing in this magazine do not necessarily represent the views of the Parish Council nor of the Parish Pump Editor.

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Your Cornwall Councillor is Jim Gale - 07974786066; [cllr.jim.gale@cornwall.gov.uk](mailto:cllr.jim.gale@cornwall.gov.uk)

### Meetings of St Ive Parish Council

Meetings are usually held on the second Monday of every month, except August and December when no meeting is held. Please see the website or notice board for meeting dates, agendas, and minutes.

<https://st-ive-parishcouncil.gov.uk/minutes-agendas/>



## Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173

Email: [NPS-Liskeard@devonandcornwall.police.uk](mailto:NPS-Liskeard@devonandcornwall.police.uk)

To report a crime call **101** or go to [www.devon-cornwall.police.uk](http://www.devon-cornwall.police.uk)

In an emergency call **999**

## Contact Details for St Ive Parish Council and Millennium House

Address for correspondence:  
**Millennium House, Century Square, Pensilva PL14 5NF**

General Parish matters should be raised initially with the Parish Clerk,  
Jenny Hoskin, who will present them to the Parish Council  
**01579 363096, email: [stiveparish@btconnect.com](mailto:stiveparish@btconnect.com)**

For Millennium House enquiries and reservations, please call  
**01579 363096**

## Parish Pump Submissions

Via email only to [stiveparishpump@gmail.com](mailto:stiveparishpump@gmail.com)

The deadline for submissions is the 18th of the month. Please email your text submissions directly in the email body, and attach any images. Full, half, or quarter page poster designs can be sent as JPG, PNG, or PDF files.

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## ***Report a Pothole!***

***Just google "cornwall council report pothole"; the URL is too long to print here. Or scan the QR code on the right.***



# Letter from The Editor

When we lived near London, we didn't know our neighbours. We knew they had a teenage son who played FIFA, because his constant swearing and thumping on the wall made that abundantly clear. We knew that we were the odd couple with chickens in a tiny terraced back garden, who dug up the lawn and replaced it with vegetables, but we didn't know the mums who hurried their children past after school in case they caught green-thumb syndrome and came home asking awkward questions about beans.

That's one of the lovely things about Pensilva. People know each other here. Joy is shared. Good news travels fast. A celebration in one part of the village is often felt well beyond it. But of course, the other side of that is that sadness is shared too. When something difficult happens, it doesn't stay neatly behind one front door. The heartache is felt more widely, and this past month that has been especially true.

Perhaps that's why the wider world has felt heavy too. It is hard not to notice how fragile so much of modern life really is. We are used to thinking of the supermarket shelf, the fuel pump, or the flick of a switch as dependable parts of daily life, but all of them rely on long and complicated systems working quietly in the background. When those systems come under strain, whether through conflict, rising costs, or disruption further down the line, the effects soon find their way into ordinary life.

The uncomfortable truth is that oil prices affect everything, from the direct price at the pump

or your heating oil, to delivery costs and fertiliser. We don't think about it when things are stable, but modern life rests on a complex web of just-in-time supply chains and infrastructure that is far less solid than it appears. As a country, we are heavily reliant on imports, including food, and that leaves us more exposed than many people realise. What little food we do grow in the UK relies heavily on external inputs, too. Nothing about our way of life is sustainable in the long term.

I hate to be banging the same drum again, but that's exactly why local resilience is so critical. Not in some dramatic end-of-the-world sense, but in the ordinary and practical sense. Ripping up the lawns and growing a little more of our own food where we can. Supporting local producers and businesses. Wasting less. Using less energy. Thinking a bit more carefully about how dependent we want to be on systems that are distant, stretched, and beyond our control.

If there is any comfort to be found in uncertain times, perhaps it is in places like this. Villages still remember how to be communities rather than just collections of houses. People notice when someone is struggling. They rally round when needed. They share both the joy and the burden. That closeness can feel painful when a sad event touches the village, but it is also one of the greatest strengths a place can have. Resilience is not just about infrastructure or economics. Sometimes it is simply about knowing your neighbours, caring what happens to them, and not having to face the hard bits alone.

*James*

## Chairman's Column

Since my last report, my wife and I sadly had to say goodbye to one of our much-loved Labradoodles, Phreddi. He had been our constant companion for almost fifteen years and as you can imagine, has left behind a huge void – but at least he is at peace now, his dementia and arthritis shrugged off as he gambols with the other dogs "over the rainbow"

What brought some solace in the days following his passing, was my walking along the lanes with our other doodle, Charlie. Seeing all the spring flowers emerging - the daffodils (so many varieties, even in the hedgerows), the primroses – and even the humble "weeds". I suppose those who do not walk these paths would never realise the sheer number of different plants growing in profusion – and all for free!!

There was only one aspect which blighted this idyll: litter! I know I have mentioned this in previous reports but it never gets any better. Whilst some might be escapees from our rather Heath Robinson recycling bags and trucks, the vast majority of this junk will be jettisoned by unseen and mindless morons as they ply their trade, carefree, thinking only that they need to lower their windows, throw and leave the rest to the magic fairies who'll clear it all up. They probably never think what happens next; they probably never think at all.

I know these words will never be read by the perpetrators but we know who they are and even their favoured brands. "Monster" cans (in various flavours) seem to be the litter of choice followed by Costa coffee cups and a selection of cake and sandwich wrappers. I just cannot get inside the head of the person, travelling through some of the best scenery in the country (it's not as if it's some filthy urban sprawl) yet thinking it's perfectly fine to throw the remains of their lunch or whatever into the nearest hedge. Take a look at the roadside verges the next time you travel from Gang to the Butchers Arms – it's unreal. End of rant!

Recently, some of you will have been along to our meetings to learn more about the Neighbourhood Development Plan. Your comments will have been noted and submitted, and where appropriate will eventually be included in the final draft. This then goes to Cornwall Council for ratification and will then be sent out as a basis for a Referendum, hopefully by the Autumn. You will obviously be kept fully up to date with the progress of this important document.

Until next time, take care

*Steve*

# Millennium House Coffee Shop

## EASTER EGG GUESSING COMPETITION!

We are a community coffee shop run by volunteers. We serve various coffees, teas, hot chocolate and cold drinks alongside delicious cake supplied by M2 catering along with other light bites, including Cornish pasties and sausage rolls, also served with a smile and lots of chatter.

In other news, the Easter bunny has dropped off a jar of mini chocolate eggs, can you guess how many are in there?

**£1 a guess**

and the money raised will go to Pensilva preschool.



If you have some spare time and would like to get involved with your community, then please come along for a chat and find out about volunteering in the coffee shop.

We look forward to seeing you all for tea, coffee cake, and laughter.  
Love, the coffee shop girls.

Opening times Mondays 10am till 3pm;  
Tuesdays, Wednesdays, Fridays 9am till 1pm.

Pensilva Community Association and C-Fylm Present

# PENSILVA FILM CLUB



**FRIDAY, APRIL 24th**  
DOORS OPEN 7PM, FILM STARTS 7:30PM

## HAMNET

**£4** for C-Fylm members

Non-members can join on the door for £8, which includes your first film.



William Shakespeare and his wife, Agnes, celebrate the birth of their son, Hamnet. However, when tragedy strikes and Hamnet dies at a young age, it inspires Shakespeare to write his timeless masterpiece "Hamlet."

Historical Drama 12-A  
2 hours 5 minutes  
SCAN FOR TRAILER ----->



# NEWS FROM TREGOVENEK...

It's crazy to think that Tregovenek's Community Garden only opened in April last year! So much has happened since then.

It's been a productive Winter in the community garden despite the unhelpful weather. The new polytunnel has been invaluable in providing shelter for our wonderful volunteer crew who have bravely continued meeting up every week in the cold and the wet. It has also enabled all the volunteers to go home with huge bags of salad every week right through the Winter.

The Winter months have seen us creating wildlife habitat, building and filling wood stores, treating the no-dig beds to a layer of home-made compost, planting trees and hedgerows, and setting up a tree nursery.

Since the colder weather has mostly passed we've been able to make good progress with creating an enclosed shelter and outdoor kitchen for the volunteers. This has been made possible by generous funding from St Cleer Parish Council alongside the remaining funds from our hugely successful Crowdfunder last year. This work will continue for the next few months.

With support from Sustainable Food Cornwall, children from Quethicok Primary School have been to visit to find inspiration for their new school garden which we have helped them to design. It was fantastic to work with such engaged, fun and knowledgeable children. Through Sustainable Food Cornwall, we have also been able to supply our own biochar to Camel Valley Community Supported Agriculture in Wadebridge, to help them to improve their soils whilst locking in Carbon.





The Spring garden has rewarded all our hard work with a beautiful display of flowers and incredible bird song and we now have the joy of watching all the vegetable seedlings filling the staging in the polytunnel ready for planting out. Klaudia, our herbalist, will be running another workshop later in the Spring on making medicines from the herbs we grow in the garden here. There are also plans for a bench-making workshop and in April, a visit to Wild Tor Organics in Rilla Mill to exchange some time helping with their weeding for a tour of Kris and Ellis's new food-growing enterprise.

**We always welcome new volunteers. If you are interested in finding out more please contact [mail@tregovenek.org](mailto:mail@tregovenek.org) or just call in on one of our volunteer mornings. We meet on Friday mornings except in the 3rd week of the month when we meet on a Saturday morning instead. 9:30am - 12:30pm (starting from Saturday May 16th).**

**Visitors are welcome any day during daylight hours. Please feel free to wander around and enjoy the garden.**

Tregovenek Community Garden  
(next to Pentiddy Community Woodland),  
Attwood Lane, Pensilva, PL14 5QU  
[www.tregovenek.org.uk](http://www.tregovenek.org.uk)

TREGOVENEK   
a place of hope

# What's on at Millennium House?

## THIS MONTH'S SPECIAL EVENTS

**WEDNESDAY 1st:** Easter Bingo for BHF, eyes down 7:30pm

**SUNDAY 5th:** Market Day 11am - 2pm. Easter special (Easter Eggs Hunt & Basket Competition ) Featuring local crafts and tasty treats.

**WEDNESDAY 8th:** Pensilva W.I. Monthly Meeting from 7pm.

**THURSDAY 9th:** Bloomers 2pm-4pm

**WEDNESDAY 15th:** Bingo with Colleen & Ruth. Eyes down at 7:30pm. (Every 3rd Wednesday).

**SATURDAY 18th:** 🗑️ Jumble Sale - Pensilva School PSA £1 entry (children free) 10am-13pm/ early entry £5 from 9:30am

**FRIDAY 24th:** Pensilva Film Club: Hamnet - Doors 7pm / Film starts 7.30pm.

**FRIDAY 24th:** Blood donation day - must book.

**SATURDAY 25th:** Zumba Dance Party (ticket only event call:07484157706) from 10am

**WEDNESDAY 29th:** M2 Meal Night - "South Africa". (The main is Boerewors & Chicken Sosaties (skewers) - Pumpkin "bunnychow" - VEGGIE). Doors 5:30pm / Served 6pm. £20pp. \*\*Please book by the 24th.\*\*

## THE WEEKLY TIMETABLE

★ = Term time only activity. Check dates!

### MONDAY

- 🕒 10.30am: Mims Gentle Exercise
- 🕒 5:30pm: Yoga (with Laura Louise Yoga)
- 🕒 7.30pm: Pensilva Badminton

### TUESDAY

- 🕒 10am: Singing for Wellbeing (with Clare)
- 🕒 7.30pm: Pensilva Badminton
- 🕒 7.30pm: Westernairs

### WEDNESDAY

- 🕒 9.40am: Kixx (Ages 2-4 with Coach James)
- 🕒 10.15am: Sing & Sign (with Natalie) ★
- 🕒 4.45pm: Liskeard Super 1's Cricket

### THURSDAY

- 🕒 9.15am: Baby & Toddler (with Tammy) - until 11:15am ★
- 🕒 3:30pm: Kids Art ★ Workshop (with Amanda)
- 🕒 4.00pm: Ladies Walking Netball
- 🕒 7.00pm: Country Dancing (Every 2nd & 4th Thursday only)
- 🕒 7.30pm: Aikido

### FRIDAY

- 🕒 10am: Penmill Art Group
- 🕒 Varies: Table Tennis (Most Fridays - please check the Pump)
- 🕒 5.30pm: Slimming World (with Hayley)

### SATURDAY

- 🕒 8am/9.30am: Slimming World (with Hayley)

### SUNDAY

- 🕒 9am: Kixx (until 11:00am)

### THE MEL BAR OPENING HOURS:

Tuesdays to Saturdays from 5pm; Sundays from 12pm.

**MISSING YOUR EVENT?** Make sure you email [stiveparishpump@gmail.com](mailto:stiveparishpump@gmail.com) before the 15th of the month prior.

*Hui*

# Pensilva WI Meeting Report

A warm welcome was extended to members and three guests in eager anticipation of a wonderful evening filled with CHOCOLATE!!



Once the business had been dealt with and birthday cards and posies had been given to members who had birthdays this month, it was over to Natalie and Abi from M2 Catering who proceeded to show us how to make mouth-watering Florentines and Triple Chocolate Tian.

The members were avidly watching every step of the recipe to get tips for making the delicious dishes themselves. Plenty of chocolate was involved with Natalie telling us which brands to use (and which not to use).

At the end of the evening there were enough tasty morsels for everybody to try and there were even a few left to take home, maybe for a lucky husband!

Competitions winners were: **Flower of the month:** 1st Frances Tucker, 2nd Irene Elliott, 3rd Cherry Woodhouse. **Three Chocolate Brownies:** 1st Pauline Caffery, 2nd Verna Dawe.

Next meeting **Wednesday 8th April, 7.15pm** in Millennium House when Paul Ford from Cornwall Air Ambulance will be telling us all about the service. Competitions will be Flower of the month and a helicopter, any medium.



We look forward to meeting any visitors who will be made most welcome.

Contact us with any enquiries at [pensilva@cornwallwi.org.uk](mailto:pensilva@cornwallwi.org.uk)

# Update on Aid for Ukraine

It is hard to believe that four years ago, Russia launched its full-scale invasion, believing Ukraine would fall in days. It didn't. Ukraine stood firm because millions courageously chose resistance. From the first hours in a bunker to the present day, Ukrainians' have shown extraordinary courage and unity despite fear, pain and devastating loss.

They have rebuilt and strengthened their army and air defences, developed their own weapons and proved that Ukraine is not a victim but a defender of life and freedom. Through blackouts, attacks and exhaustion, Ukraine endures. The country seeks a just and lasting peace - one that honours the sacrifice made for its freedom and independence. As president Zelensky said: *"Ukraine exists. Ukraine resists. Ukraine will endure"*. Nightingales UK and many organisations around the world stand with Ukraine and we will continue to provide much needed humanitarian support.

This is a recent picture of our 16th Vehicle delivered last month in active service, driven by a Ukrainian Medic. Your donations, support, kindness and generosity have made this possible and I honestly cannot thank you enough.



Last month we held weekly car boot sales at Truro Cattle Market and have made a total of £1,000. This now makes our overall total so far this year to date £2,000. If you are part of a club or organisation and would like to fundraise to help us with our cause, please

contact me on the number below.

PUMA - Plymouth Ukraine Medical Aid, a



non-profit organisation that also delivers medical supplies and clothing have asked if we can collect WHITE plastic milk bottle tops which are used to repair drones. They must be WHITE NOT GREEN. Thank you.

As a group we are promoting the message that we need high spec medical aid and donations, ensuring that we can buy the very specific medical equipment needed to save lives on the front line. Therefore, if you would like to make a cash donation, please go to

[gofundme.com/f/Nightingales-UK](https://gofundme.com/f/Nightingales-UK)

If you would like to donate a long wheel base 4 x 4 vehicle, please email

[nightingalesuk@gmail.com](mailto:nightingalesuk@gmail.com)

The need for unused and in date medication is as great as ever. If you have any medication that you no longer need or use, please consider donating it to Ukraine. All identification labels are removed and



medication is checked by medical staff, prior to transportation. We are also appealing for Paracetamol and Ibuprofen, as well as men's toiletries such as wet wipes, shower gel, deodorant etc.

Please continue to support us where you can.

There is a pink dustbin by the wooden box on the drive, outside my house where you can place your unwanted/donated items. For those of you who don't know where I live, our house is Rivendale PL14 5PG, located next to the Pensilva Medical Centre. If you would like me to collect any items, please contact me on Mobile **07808663749**. Once again, thank you for all your kind donations and support. We are in a time of crisis around the world, but we are also in a time of hope. *"Hope is a force of nature. It pulls us through tough times and gives us the strength to keep going". (Unknown).*

God bless us all.

*Janey*

Nightingales UK are currently asking for donations of the following aid supplies:

### **Over-the-counter medicines**

- Paracetamol
- Ibuprofen
- Cold and cough Medicine
- Antihistamines
- Immodium

### **Prescribed in date medicines**

- Antibiotics
- Painkillers, (no Codeine or controlled drugs)
- Blood Pressure and heart pills
- Asthma and COPD inhalers
- Prednisolone

### **Nursing Equipment**

- Dressings/bandages
- Tape
- Dressing packs
- Antiseptic wipes and fluid
- Scissors
- Sutures
- Steristrips
- Eye wash and dressings

### **Surgical Equipment**

- Urinary Catheters/bags etc
- Colostomy stoma care and bags etc
- Splints, slings, orthopaedic kits, scalpels and basic surgical kits.

### **Medical Equipment**

- Stethoscopes
- Blood Pressure Machines
- Blood Sugar Monitoring
- Peak flow meters etc
- Pulse oximeters

### **Humanitarian Aid**

- Children's nappies, formula milk, bottles
- Adult continence pads
- Wet wipes, toothpaste, toothbrushes, deodorant, shower gel, mens toiletries.
- Nutritional drinks
- Torches, batteries

### **Please do not send**

- Clothes, blankets, food.
- Crutches, disability walkers and wheelchairs.

**Thank you.**

## SIXTEEN+ YEARS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I am looking at a mammal which is a frequent visitor, the...

### ...ROE DEER



Living at the edge of woodland, the roe deer is a common visitor to our garden. Over sixteen years ago, we looked out of our bedroom on the first morning in our new house, to see a group of three deer, just 3 or 4 metres from the house - what a welcome!

The past year has been a particularly interesting one as we have watched the progress of a mother and her developing twins as they have frequently visited our garden. This is relatively unusual as, although we often see individuals and family groups for a while, they will then usually move on to be replaced in time by another individual or group. The story starts, not in the garden, but on my camera trap in the wood, when the photo below revealed a female with a young fawn, newly released from its hiding place. Roe deer



mothers always leave their newborn fawns on their own, hidden from predators in undergrowth, visiting only to feed them. They usually have twins and will often leave them at different locations to maximise the chances of at least one escaping predation. Deserting their young for much of the day may seem harsh, but it gives them the best chance of survival. The photo shows the spotty

back of a very young fawn. These spots start to fade after 6 weeks, as they leave their hiding place and start to travel around with their mother.

In time we started to see mum and both twins in the garden quite regularly with additional, almost daily sightings, on camera. This photo was taken by hand from our



lounge. The youngsters have now lost their spots but have grey-brown coats, rather than the reddish brown of their mother's. I thought that the mother seemed particularly small and wondered if she had been mated when not fully grown, perhaps depriving her of her mother's teaching early - hence the unusually long time spent in a small area, rather than moving around a larger one. However, further research indicated that females do not usually mate until into

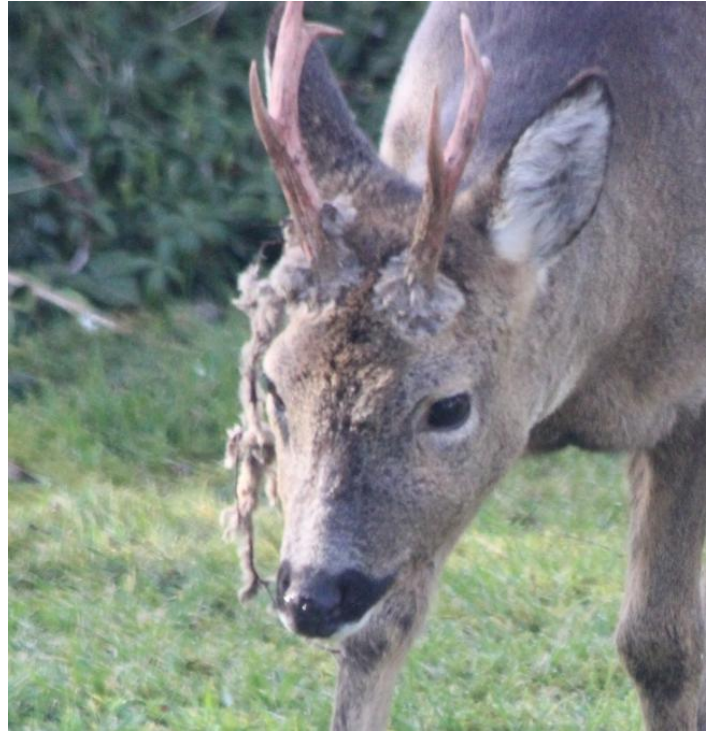
their second year, when fully grown. On the rare occasions that it does happen, the pregnancy is not likely to have a successful outcome and it would certainly be exceptional for such a doe to rear both twins successfully. It is therefore more likely that this is simply a smaller than usual doe.

This trio of roe deer were seen often throughout the year, but as the young grew bigger and stronger and were nearly the same size as their mother, they were increasingly frequently seen as a pair without her. She had now taught them what to eat and where to find it. As herbivores, roe deer eat a wide range of vegetation including trees, shrubs, brambles, ferns, grasses, heather and garden flowers. My own experience has been that different deer have different preferences so what is eaten varies from year to year. (Sometimes I am grateful to them for doing a bit of weeding and clearing of brambles and sometimes less so when it is a favourite garden flower!) The twins are still always seen as a pair and when you see one, you know to look for the other as it will be about close by. We watched them go through their first autumn moult into their warmer winter coat, and as I am writing this are going through their first change from that, to a summer coat again - so looking less sleek than usual! They would not be expected to reach sexual maturity until they are about 14 to 16 months old. Females would be likely to find territories close to where they were born, whilst males will venture further afield.

When checking my cameras at the end of February, I was surprised to see a male already trailing behind a female this early in the year. The roe deer rut (breeding

season) is not until July/August time. In the lead up to the rut, trailing behaviour will intensify as the males try to establish and control their territories. Males will follow the scent trails of females when they are not within sight. Roe deer are unusual in that, whilst mating in late summer, the fertilised ova will remain unchanged until starting to develop into a foetus in January, with the young being born in May or June. This is known as delayed implantation and extends the reproductive cycle to about 10 months. Whilst they usually have twins, singles and triplets are also possible.

The antlers which males use during the rut to defend their territory are grown over the winter months when they have a velvety covering, like the one in the photo at the start of this article. As the rutting season approaches, they will start to lose this covering, which can be seen in the photo of another of our visitors to the right. The velvet is hanging off and the newly bared antlers have a pinkish tint.



The antlers will continue to harden as the rut approaches and become quite knobbly as seen in the example to the left. Following the rut the antlers will fall off and you may be lucky enough to find one on the ground.

There are an increasing number of species of deer in the UK with various introductions from abroad, but roe deer and red deer are the only two truly native species. They are basically a prey species and retain their instinct to flee when disturbed. The one at the end of this article is jumping over a fence when we had disturbed it and in doing so demonstrates the white rump which is so characteristic of the species.

Over millennia, humans have wiped out all the predator species such as lynx and wolves in the UK, which would previously have hunted them. Unusually therefore I find myself reporting on a species which, far from being in danger, is actually causing problems by its unbalanced growth in population leading to an over clearing of

vegetation. In addition to putting them in conflict with humans, their over grazing can also affect other species by laying waste areas which these species may need for food or shelter. Overgrazing can also destroy woodlands at a time when global warming is making them so important to all living things. It therefore falls to us humans to rectify the situation by culling roe deer. This has to be done with care and in line with the evidence so that the right numbers are culled in the right areas to manage numbers appropriately and so is done by licenced practitioners.

In parts of the USA where wolves were reintroduced to control deer, it was fascinating to read that, as well as the expected benefits such as an increase in biodiversity, it also affected the flow of rivers! Rivers which had been becoming straighter over time, returned to their more natural meandering state. Further study showed that the reintroduction of a native predator reducing the deer population, had allowed vegetation to re-establish on the banks of the rivers. This developed barriers which made the rivers change course. We are too small a country to replicate this. However sad it may be to think about one of my visitors one day having to be culled, I know that this is a responsibility we have to face up to.

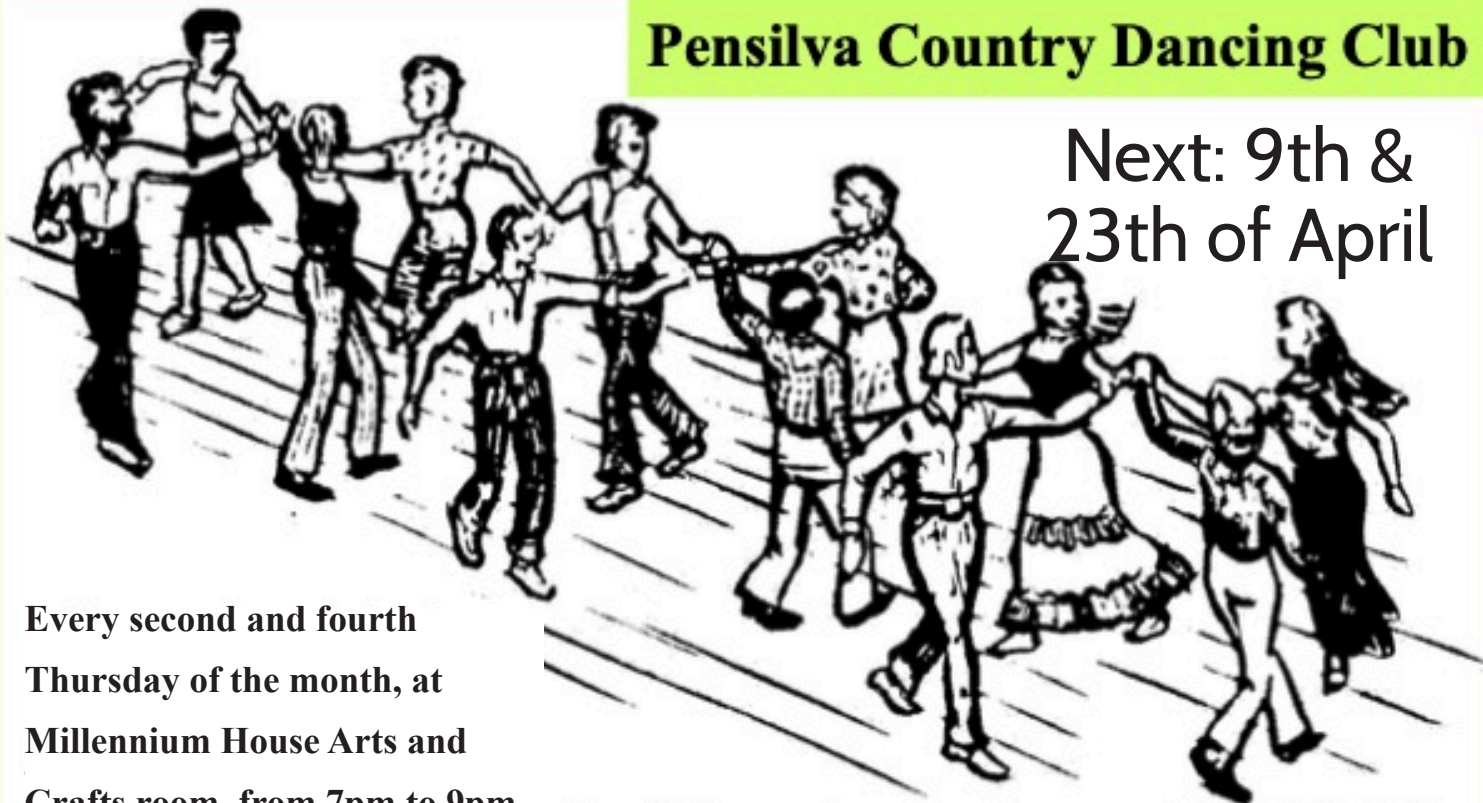
Having almost gone extinct through hunting in the 18<sup>th</sup> century, roe deer now very common on the UK mainland, having steadily spread southwards from Scotland and North and West from reintroduced populations. However, they are still scarce in The Midlands and eastern Kent and have never been found in Ireland.

Despite some of the problems overpopulation has given rise to, this is a delightful member of our local fauna. If you don't get them in your garden (and you might not want them eating your plants!) do keep an eye open for them when out walking. They are easily 'spooked' so you may well see a view of one like the one in the photo on the right as it runs away!



HAPPY WILDIFE WATCHING  
Hilary

## Pensilva Country Dancing Club



Next: 9th &  
23th of April

Every second and fourth  
Thursday of the month, at  
Millennium House Arts and  
Crafts room, from 7pm to 9pm.

For information ring Frances 01579 363718

## Badminton at Millennium House

Monday and Tuesday at 5 - 7:30pm - Informal badminton. £10 per hour per court.

Call 01579 363 096

Mondays and Tuesday from 7:30 - 9:30pm - Pensilva Badminton Club - £5 per person. Contact Richard 07925 642 938 or Nigel 01579 936594

Wednesday 5 - 10pm - Informal badminton. £10 per hour per court.

Call 01579 363 096

Please bring your own rackets and shuttles, or you can rent some for a small charge.

## WEDNESDAY CLUB, PENSILVA

Meeting in the village hall every 3<sup>rd</sup> Wednesday of the month. Entry £2.50 which includes raffle and refreshments, 2-4pm.

April 15<sup>th</sup> - Tavistock therapy goats

May 20<sup>th</sup> - Cherry Woodhouse sugarcraft demonstration

Everyone Welcome. For further information please contact:

Cherry Woodhouse (Chairperson) 01579 363674

Jane Hall (Secretary) 01579 363379



Experience nature's morning symphony

# Dawn Chorus Walk



Saturday 4<sup>th</sup> April  
5:30am - 7am  
Meet at Tregovenek  
polytunnel

Walk through the community woodland to the mature woodland,  
ending at Pentiddy roundhouse

Wear warm clothes and sturdy footwear

Binoculars & a hot flask are recommended

Children are welcome, no dogs please

No booking needed—just show up!

Donations to Tregovenek Community Garden are appreciated

For weather concerns, text 07527 196596 the night before

Tregovenek Community Garden  
(next to Pentiddy Community Woodland),  
Attwood Lane, Pensilva, PL14 5QU  
outreach@tregovenek.org.uk

TREGOVENEK   
a place of hope




[www.tregovenek.org.uk](http://www.tregovenek.org.uk)

# LADIES WALKING NETBALL GROUP


Fun, friendly, and social!



 **Every Thursday**

 **4pm - 5pm**

 **Millennium House**

 **Just £2 per session**

All abilities welcome. Just turn up!

# PENSILVA MEMORY CAFE

*If you have memory problems or you are a carer for somebody who does, come and join us at St John's Mission Church for a cuppa and some cake. We'd love to see you and hope that you will enjoy yourself.*

*Guest Speakers*

*Activities*

*Quizzes*

*Games*

**2.00 to 4.00 pm**

**Thursday 23<sup>rd</sup> April**

*Contact Geoff on 07475 920142*



# PENSILVA COMMUNITY TABLE TENNIS CLUB

PING PONG FOR EVERYONE!




 **Most Fridays**

 **5pm - 7pm**

 **Millennium House, Main Hall**

 **Coaching available every session**

 **Contact Andy: 07531482777**

All ages & abilities welcome. Join the Aardvarks, Beasties & Chameleons!

# Recycling Changes in Cornwall

You can now recycle more from home! This includes cartons, plastic bags and wrapping.

## What can be recycled?

We now collect plastic films and wrapping like:

- plastic bags such as bread bags and frozen vegetable bags
- plastic carrier bags
- sweet and chocolate wrappers, including ice cream and biscuit wrappers
- crisp packets and other foil lined packaging like coffee bags
- cheese, fish and meat wrappings
- plastic film lids and sleeves
- outer layer bags and wrappings like toilet roll and magazine wrappings
- cling film
- bubble wrap
- fruit and vegetable net bags
- pet food pouches

We also collect cartons / Tetra Paks like :

- cartons
- milk
- soup or sauce cartons
- plant based milk cartons like oat,

almond and soya milks

## How to recycle them

Cartons: Please rinse and squash your cartons and pop them in your red recycling bag for collection.

Plastic bags and wrapping: Put your plastic bags and wrapping out for collection in a carrier or bread bag tied at the top.

If you have space, pop it into your red recycling bag. No space left? Place the tied bag on top of your black box or tuck it in alongside your other recycling bags to stop it blowing away



MILLENNIUM HOUSE

# EASTER MARKET DAY

SUNDAY, 5<sup>th</sup> APRIL 2026

11AM – 2PM

MILLENNIUM HOUSE

## EASTER EGG HUNT EVENT

Join the Fun!  
Find Hidden Treats!

## EASTER BASKET COMPETITION

Most Creative Designs  
Win Prizes!

Hui will be serving a variety of Chinese food for lunch.

MILLENNIUM HOUSE

PL14 5NF

EASTER BASKET COMPETITION • CRAFTS  
LOCAL VENDORS • FAMILY FUN!



# **THE COFFEE SHOP IS NOW OPEN MONDAYS!**

**JOIN US** for a great cup of coffee every Monday from 10am to 3pm.

**Millennium House Coffee Shop is entirely VOLUNTEER RUN, serving a delicious range of food and cakes every day.**

---

## **OUR SCHEDULE:**

- MONDAY: 10:00 AM - 3:00 PM**
- TUESDAY, WEDNESDAY, FRIDAY: 9:00 AM - 1:00 PM**
- (THURSDAY, SATURDAY, SUNDAY: CLOSED)**

---

All proceeds go to Pensilva Community Association to support community activities and Millennium House events.



CHILDRENS  
**Art &**  
**Craft**



**MILLENNIUM  
HOUSE  
PENSILVA**

Thursdays 3:30 til  
5pm. £3

**ENQUIRIES  
AMANDA:  
07703393070**

# St. Ive Village Hall, The Cross PL14 3LZ

## HALL HIRE

**£5 an hour**

Includes use of the kitchen and electric (except wall heaters, which are on a £1 coin meter)

For bookings ring Amanda Eveson

Or 07703393070

### Regular Group and Activity Timetable

Gardening Club	1 <sup>st</sup> Monday monthly 7.30pm	01579 382762
St. Ive Snooker Club	Mondays and Thursdays 7pm	01579 382315 R. Bunkum
Coffee Morning	Wednesday 10.30am – 12	

Fit and Flow Barre, Yoga and Pilate	Monday Evenings 6pm to 8pm (2 <sup>nd</sup> , 3 <sup>rd</sup> and 4 <sup>th</sup> Mondays)	Jayne 07597383171  Facebook@jemfitnesslisheard Instagram jemfitnes_
---	--	---

Methodist Sunday Service	Check timetable in Parish Pump for services	Kathryn or Keith Mutton 01579 382334
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# Gardening Club

**St. Ive Village Hall  
The Cross, St. Ive  
PL14 3LZ**

**1st Monday of the month  
7.30pm**

**New members welcome  
Email: [stivegardeningclub@gmail.com](mailto:stivegardeningclub@gmail.com)**

## St. Ive Village Hall PL14 3LZ Snooker Club



Monday and Thursday Evenings Contact Ray  
Bunkum: 01579 382315

## St. Ive Village Hall PL14 3LZ COFFEE MORNING



**Every Wednesday Morning  
10.30 until 12md  
Tea/Coffee and cake**

## Small, fun and friendly fitness classes in St Ive

**Join Jem Fitness on Monday evenings at St Ive  
Village Hall**

6:15 pm - Fit and Flow

A mix of Barre, Yoga and Pilates inspired movements set to music. This class will help you stretch out any aching muscles.

7:10 pm - Groove-it Fit

A full-body toning dance fitness class in an interval style. This class is great fun and maximises calorie burn.

**For further information or to book, contact**

**Jayne at Jem Fitness**

**07597 383171**

**[jaynemartin769@gmail.com](mailto:jaynemartin769@gmail.com)**

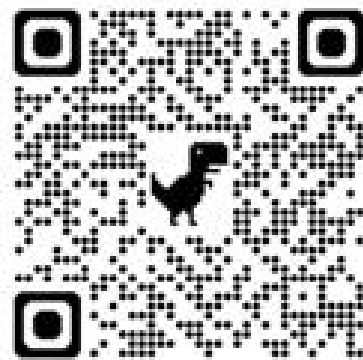


# Neighbourhood Development Plan

To have a good Neighbourhood Plan, that meets our communities needs, it is important that lots of people let us have their views on the Plan's contents.

We were pleased that so many people took the time to attend the recent 'Drop In' sessions at Millennium House and at the Village Hall in St Ive. It was lovely to hear a lot of very positive comments and encouragement regarding the draft Neighbourhood Plan.

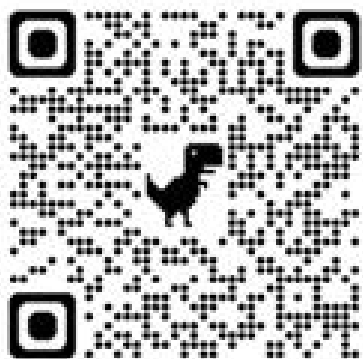
If you would like to view the draft Neighbourhood Plan, use the QR code on the right:



We would love to hear from you! It will save you time and money to do it online! You can also pick up a comments form from the Reception at Millennium House to complete, should you not have access to a computer or smartphone.

You can comment about the draft plan through our website: [www.plan4stive.co.uk](http://www.plan4stive.co.uk)

Or you can scan this QR code from your smartphone:



## What Happens Next.....?

After the consultation period, the Parish Council will review the draft plan in light of the comments made. It will then be submitted to Cornwall Council, who will check it to ensure that it meets the relevant legal requirement. An Independent Examiner will then ensure that the Plan complied with national and local planning rules. If it does, then a Local Referendum will be organised.

*St Ive and Pensilva NDP Steering Group*

# Millennium House Community Transport

Do You Require Transport  
for an appointment, shopping or any other?

Our Parish has a number of volunteer drivers who have agreed to help those who do not have transport, by using their own vehicles to help those in need.

Our aim is to connect local communities and reduce social isolation. We do need more volunteer drivers to cope with the demand. If your retired and would like to volunteer please contact us.

or if you require transport to Hospital; Doctors, Vaccination etc, and have mobility issues and are unable to drive to your appointment. The more volunteers we have the less frequent we'll be called upon.

Please contact Marlene on **01579 362919** or **07896 994947** and we will endeavour to help.



**millennium house**  
community centre and dynamic venue

## All Being Well

We are still open for three mornings a week. A maximum of six members can now attend at one time.

### Opening hours:

Monday, Wednesday and Saturday, 9am to 1pm.

Maximum six members at a time for each of three slots within each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

### **Prior booking is essential**

To book yourself in or for any enquiries, call in at the gym or telephone on **01579 363890**, during the opening hours listed above.

**23 years working in our local community to improve health, fitness and well being.**

# PENSILVA MEMORY CAFE

*If you have memory problems or you are a carer for somebody who does, come and join us at St John's Mission Church for a cuppa and some cake.*

*We'd love to see you and hope that you will enjoy yourself.*

*Guest Speakers*

*Activities*

*Quizzes*

*Games*

**2.00 to 4.00 pm**

**Thursday 23<sup>rd</sup> April**

**Contact Geoff on 07475 920142**



Monday to Saturday except for bank holidays

buses towards Liskeard

Service No	74	74	74	74	74	74	74	74	74	74	74	74	74	74
	SD	SSH								SSH	SD			
Callington Community College											1510			
Callington Tesco														1805
Callington New Road		0740	0755	0915		1115		1315		1515	1520		1715	1808
Callington Lansdowne Road		0743	0758	0920		1120		1320		1520	1525		1720	1811
St Ive Butchers Arms		0751	0806	0928		1128		1328		1528	1533		1728	1819
Pensilva The Cross		0759	0812	0935	1035	1135	1235	1335	1435	1535	1540	1645	1735	1825
Crows Nest Crows Nest Inn		0807	0819	0943	1043	1143	1243	1343	1443	1543	1548	1653	1743	1832
St Cleer Market Inn	0722	0817	0829	0952	1052	1152	1252	1352	1452	1552	1557	1702	1752	1842
Tremar Telephone Box	0725	0821	0832	0957	1057	1157	1257	1357	1457	1557	1602	1707	1757	1845
Liskeard Trevecca Cottages	0730	0826	0837	1003	1103	1203	1303	1403	1503	1603	1608	1713	1803	1850
Liskeard School & Community College		0830												
Liskeard Hospital	0733		0840	1007	1107	1207	1307	1407	1507	1607	1612	1717	1807	1853
Liskeard Morrisons	0736		0843	1010	1110	1210	1310	1410	1510	1610	1615	1720	1810	1856
Liskeard Post Office arr	0738	0835	0845	1014	1114	1214	1314	1414	1514	1614	1619	1724	1814	1858
Liskeard Post Office dep	0745			1018	1118	1218	1318	1418	1518	1620	1620	1725	1815	
Liskeard Railway Station	0747			1020	1120	1220	1320	1420	1520	1623	1623	1727	1817	

buses towards Callington

Service No	74	74	74	74	74	74	74	74	74	74	74	74	74	74
	SD	SSH								SSH	SD			
Liskeard Railway Station				0945	1045	1145	1245	1345		1445	1445	1559	1647	1749
Liskeard Lloyds Bank arr				0948	1048	1148	1248	1348		1448	1448	1602	1650	1752
Liskeard Lloyds Bank dep	0715	0715	0855	0955	1055	1155	1255	1355		1455	1515	1605	1705	1800
Liskeard School & Community College											1525			
Liskeard Morrisons	0718	0718	0858	0958	1058	1158	1258	1358		1458		1608	1708	1803
Liskeard Hospital	0721	0721	0901	1001	1101	1201	1301	1401		1501		1611	1711	1806
Liskeard Trevecca Cottages	0725	0725	0905	1005	1105	1205	1305	1405		1505	1530	1615	1716	1810
Tremar Telephone Box	0730	0730	0910	1010	1110	1210	1310	1410		1510	1536	1620	1721	1815
St Cleer Market Inn	0734	0734	0914	1014	1114	1214	1314	1414		1514	1541	1624	1726	1819
Crows Nest Crows Nest Inn	0742	0742	0924	1024	1124	1224	1324	1424		1524	1551	1634	1736	1827
Pensilva The Cross	0750	0750	0932	1032	1132	1232	1332	1432		1532	1600	1642	1745	1835
St Ive Butchers Arms	0755	0755	0939		1139		1339			1539	1606		1751	1840
Callington Westover Road	0803	0803	0947		1147		1347			1547	1614		1759	1848
Callington New Road	0805	0805	0949		1149		1349			1549	1616		1802	1850
Callington Community College	0813													
Callington Tesco														1804

SD Schooldays only

SSH Saturdays and School Holidays only

These sections of journey are operated across by service 73  
The full timetable can be found on the previous pages

Monday to Saturday except for bank holidays

Service No	74A	74A	74A	74A	74A	74A
	SSH	NS				SSH
Callington New Road	0830	0915	1115	1315	1515	1715
Callington Tesco	0833	0918	1118	1318	1518	1717
Ashton Post Box	0839	0924	1124	1324	1524	1723
St Dominick Primary School	0844	0929	1129	1329	1529	1725
Callington Tesco	0854	0939	1139	1339	1539	1733
Callington New Road	0857	0942	1142	1342	1542	1735

SSH Saturdays and School Holidays only

NS Not Saturdays

Up to date times can be found on the Transport for Cornwall website - PLEASE check before travel if timing is critical:

[transportforcornwall.co.uk/services/TFCN/74](https://transportforcornwall.co.uk/services/TFCN/74)

Pensilva Community Association and C-Fylm Present

# PENSILVA FILM CLUB



**FRIDAY, APRIL 24th**  
DOORS OPEN 7PM, FILM STARTS 7:30PM

## HAMNET

**£4** for C-Film members

Non-members can join on the door for £8, which includes your first film.



William Shakespeare and his wife, Agnes, celebrate the birth of their son, Hamnet. However, when tragedy strikes and Hamnet dies at a young age, it inspires Shakespeare to write his timeless masterpiece "Hamlet."

Historical Drama 12-A  
2 hours 5 minutes  
SCAN FOR TRAILER ----->



# St John's Mission Church

Refreshments served before and after services

## **Services for April 2026**

Sunday 5 <sup>th</sup>	No service at St John's 11.00 am	St Ive Parish Church Easter Day Holy Communion
Sunday 12 <sup>th</sup>	11.00 am	Morning Worship
Sunday 19 <sup>th</sup>	11.00 am	Holy Communion
Sunday 26 <sup>th</sup>	11.00 am	Morning Worship

## **APRIL EVENTS** *Please see posters for full details*

Wednesday 8 <sup>th</sup>	2.00 - 4.00 pm	<i>Kowetha</i>
Thursday 9 <sup>th</sup>	12.00 - 1.30 pm	Baked Potato & Pudding Lunch
Thursday 23 <sup>rd</sup>	2.00 - 4.00 pm	Memory Café
Tuesday 28 <sup>th</sup>	2.00 - 4.00 pm	Stitch, Knit & Natter

*For further details or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718  
Please put prayer requests in the box. St John's is open daily 10.00 am - 4.00 pm for personal prayer & reflection.*

# St John's Mission Church

Princess Road Pensilva PL14 5NF



THE CHURCH  
OF ENGLAND

## **The Tribute Benefice**

**Contact for Baptisms & Marriages**

**Reverend Li Selman 07790 272714**

[revliselman@icloud.com](mailto:revliselman@icloud.com)



**Church Wardens**  
**Geoff & Carolyn Cox**  
**07475 920142**



# Baked Potato & Pudding Lunch



St John's Mission Church  
Pensilva

Thursday 9<sup>th</sup> April  
12.00 to 1.30 pm



Bring & Buy  
Stall

Donations in aid of church work in our community

**stitch  
knit and  
natter**

Do you enjoy stitching,  
knitting, crocheting?

Join our friendly knit and natter group.  
Come and meet new friends and swap tips  
and ideas – all ages and abilities welcome!

Drop-in!

There is no charge  
for this activity but there  
is a Donation Box if you  
would like to make a  
cash contribution.

**Tuesday  
28<sup>th</sup>  
April**

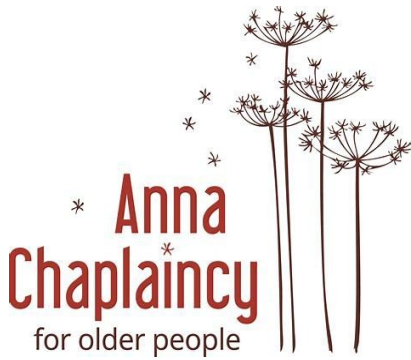
**St John's  
Mission Church  
Pensilva**

**on the  
last Tuesday  
of the month**

**2.00  
to  
4.00 pm**

**Contact Kathleen  
01579 363686**

# Kowetha



The Tribute Benefice



**Companionship  
Friendship**



THE CHURCH  
OF ENGLAND

## A warm place to drop in



**for  
company  
and  
refreshments**



**St John's Mission Church  
Pensilva**

**2.00 - 4.00 pm**

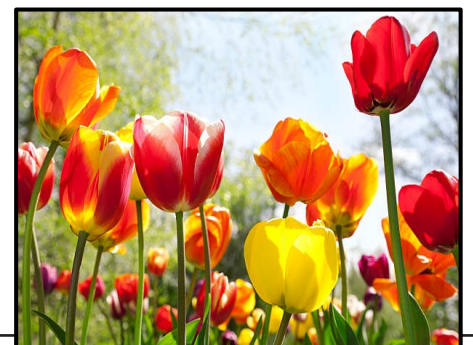
## Wednesday 8<sup>th</sup> April

The 2nd Wednesday of the month



**Contact: Geoff Cox  
07475 920142**

[gefferys1963@gmail.com](mailto:gefferys1963@gmail.com)



# World Day of Prayer

At 2pm on Friday 6th March, churches of the Tribute Benefice, which includes St Ives and St John's Pensilva, along with churches from Liskeard, took part in an interdenominational service for the World Day of Prayer which was held in St Lalluwys Church, Menheniot. This wonderful event is part of a great wave of prayer which encircles the globe, beginning in Samoa and ending 146 countries later in American Samoa. Observed every year on the first Friday of March, the World Day of Prayer brings together people across nations, cultures, and denominations in a shared moment of faith and reflection.

Each year, women from a different country prepare the service, sharing their stories, faiths and concerns with the world. For 2026, the focus country is Nigeria, with the theme taken from Matthew 11:28-30: "I will give you rest, come." Through this service, Nigerian women invite us to hear again Christ's gentle words: "come to me, all you who are weary." It is an invitation not only to personal comfort, but to shared strength, reminding us that we are stronger when we stand and pray together.



The reflective and moving service included prayers, Bible readings, stories of Nigerian women and worship songs including some from Nigeria. It even included some joyful dancing as the offering was taken, in line with Nigerian custom.. The church was decorated with green and white, the colours of the Nigerian flag and with beautiful fabric hangings as well as artefacts relating to Nigeria and to the stories being told. Those attending were given a scarf in colourful African fabric and a stone inscribed with the theme verse. The afternoon ended with a sumptuous afternoon tea which was very kindly provided and served by members of the Mothers' Union.

# Unity Methodist Church

**Good Friday 3rd April 10am - Walk of Witness from Parish Church to the Hall.**  
**10.30am United Service @ The Village Hall.**



**Easter Sunday 5th April 11.15am - United Service @ the Parish Church. 6pm Unity @ Bealbury led by Rev Stuart Reed with Communion.**

**Sunday 12th April 10.30am - United Service @ Village Hall . Led by Julian Langston. 6pm Unity @ Bealbury Church Anniversary led by Keith Mutton.**

**Sunday 19th April 11:15am - United Service at The Parish Church. 6pm Unity @ Bealbury led by Rev Janet Park**

**Sunday 26th April 10:30am - United Service at the Village Hall led by the congregation. 6pm Unity @ Bealbury led by Mark Pellow.**

The Chattermakers craft group continue to meet fortnightly at the Village Hall from 7.30pm. All welcome to come and chat and craft over a cup of tea/coffee. For more details please contact Kathryn on 01579 382334

## St Ive Church

April 4<sup>th</sup> Walk of Witness, 10am - meet at the church and walk to Village Hall for Service at 10:30am

April 5<sup>th</sup> United Easter Sunday Service 11:15am in Church

April 12<sup>th</sup> Chapel Service 10:30am in Village Hall

April 19<sup>th</sup> Holy Communion 11:15am in Church

April 26<sup>th</sup> Chapel Service 10:30am in Village Hall

### Events

April 18<sup>th</sup> Valley Voices 7pm

## St Ive Gardening Club

On Monday 2nd March we held our AGM. It was a wonderful evening of memories from the year...the fantastic garden visits & interesting speakers.

The officers elected were:

**Chairperson** – Mike

**Treasurer** – Judith

**Secretary** – Sam

**PR assistant** – Brigitte

Unfortunately there isn't a visit for April, the extreme weather has meant there are very limited gardens open.

Our visit for May will be on the second Monday of the month (11th May) due to the first being Bank Holiday. It will be our first visit of the year. Full details will be on the St Ive Facebook page & if anyone would like to be contacted direct please email [stivegardeningclub@gmail.com](mailto:stivegardeningclub@gmail.com)

# Colin Swinburne Electrical Services



All aspects of domestic and commercial electrical work.

Inspection and testing (EICRs), fault finding, new installations, rewires, consumer unit replacement, additional sockets, lighting upgrades, garden power and lighting, extractor fans and more.

Local Electrician in Pensilva. Free advice and quotes.



4.9 ★★★★★ Google reviews

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[www.kjwilderscapes.co.uk](http://www.kjwilderscapes.co.uk)

## HEEL2TOE

My name is Penny Jordan Dip FH, a Foot Health Practitioner fully qualified to Diploma level. I am also insured and DBS checked.

If you need toenails cut and filed, you are a Diabetic, have Callus formation (hard skin), fungal infection of your toenails, or anything regarding your feet that worry you.

I can arrange a home visit by appointment so your feet can be looked after in the comfort of your own home.

Please contact me:-

**07746 926146**



Westwood  
Garden  
Maintenance

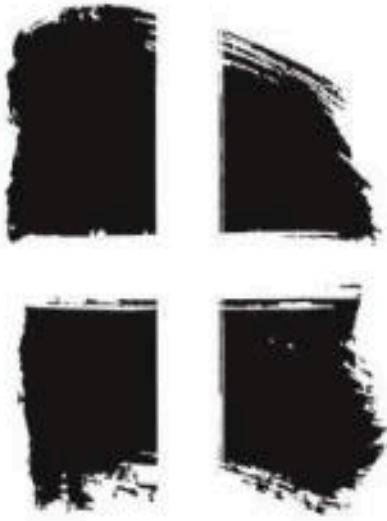
***Antony Watts***

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# Right-on Plumbing & Maintenance



## *Gareth Haimes*

**Tel: 07947353682**

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- Living Wills.

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**Anita Hutt** LL.B(Hons) MSWW  
anitahutt@gmail.com  
**01579 344 433**

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Window Cleaner

Also any upvc cleaned  
i.e. fascias, gutters, etc.

**gutters cleared & unblocked**

**Please phone Rob**  
**01579 384435**  
**079 9099 6886**

Window Cleaner  
Window Cleaner



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- ✓ Business Support & Advice

- ✓ Self Assessment tax returns
- ✓ iXBRL tax filing
- ✓ Tax investigation Fees Insurance
- ✓ Company Secretarial work
- ✓ Tax calculations for Sole Traders and Partnerships

Kate Vaughnley FCCA - Chartered Certified Accountant

Website : [www.kvaccountingsolutions.co.uk](http://www.kvaccountingsolutions.co.uk) or Email : [katevaughnley@gmail.com](mailto:katevaughnley@gmail.com)

Telephone : 01579 532622 / 07725 004152

## INDEPENDENT FAMILY FUNERAL DIRECTORS

Supporting families to arrange funerals  
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Flexible, caring approach providing funerals  
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Transparent affordable pricing. Free  
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Free bereavement support sessions, on the  
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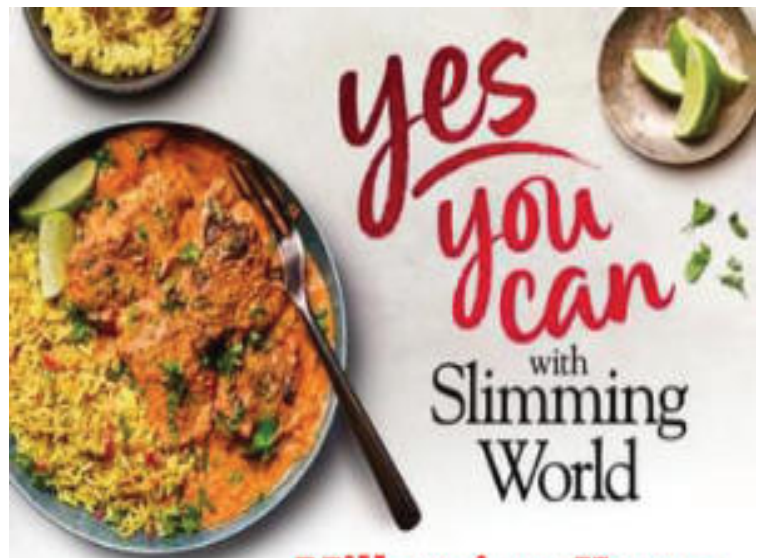
01579 362358  
[www.fdhallfunerals.co.uk](http://www.fdhallfunerals.co.uk)



# SEASONED LOGS



Telephone Jonathan  
Mobile 07966  
070725 or  
01579 363157



**Millennium House**

**Friday 5:30pm**

**Saturday 8am & 9:30am**

**Hayley 07966370233**

slimmingworld.co.uk 

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