## THE PARISH OF PENSILVA AND ST IVE





Pensilva has shown unwavering support for Ukraine via Nightingales UK, and we certainly aren't going to stop now. Find out how you can help, starting on page 22.

#### DISCLAIMER

The articles appearing in this magazine do not necessarily represent the views of the Parish Council nor of the Parish Pump Editor.

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Rosemary Farley	01579 384810	Martin Corney	01579 382450
Tony Hodson	079 7353 6964	Nigel Libby	079 6889 1814
Paul Mann (vice chair)	01579 363757	Patricia Steer	01579 363096
Ivor Vaughan	079 7993 4604	Craig Vaughley	01579 364083
James Bruce	074 1119 2645	Steve Willis (chairman)	01579 363096

Your Cornwall Councillor is Phil Seeva - 07746 815302 cllr.phil.seeva@cornwall.gov.uk

### Meetings of St Ive Parish Council

Meetings are usually held on the second Monday of every month, except August and December when no meeting is held. Please see the website or notice board for meeting dates, agendas, and minutes.

https://st-ive-parishcouncil.gov.uk/minutes-agendas/



### Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173

Email: CIOSNBMLLST@devonandcornwall.pnn.police.uk

To report a crime call 101 or go to www.devon-cornwall.police.uk
In an emergency call 999

#### Contact Details for St Ive Parish Council and Millennium House

Address for correspondence:
Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council O1579 363096, email: stiveparish@btconnect.com

For finance matters for the Parish and Millennium House, contact 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations to Vanessa 01579 363096 email: ness.mhouse@gmail.com

### Parish Pump Submissions

Via email only to stiveparishpump@gmail.com

The deadline for submissions is the 18th of the month. Please email your text submissions directly in the email body, and attach any images. Full, half, or quarter page poster designs can be sent as JPG, PNG, or PDF files.

### **Advertising Costs**

Please note that all advertising must be paid for prior to publication.

Two months free when purchasing for a year, and the cost can be spread over quarterly payments.

Quarter page: £10 per month, or £100 for 12 months Half page: £20 per month, or £200 for 12 months Full page: £33 per month, or £330 for 12 months

(All prices are inclusive of VAT)

### Letter from The Editor

Our society is based on trust.

Trust that if someone breaks into your home, they'll be the one arrested, not you for trying to defend yourself.

Trust that when a little girl turns up at school covered in bruises, questions will be asked and the parents won't be allowed to homeschool them.

Trust that all children will be taught a shared value system, not hidden behind closed doors in the name of religion and taught values that belong in the dark ages.

Trust that if you buy a book, then choose to burn it, you aren't going to receive death threats or be arrested for "hate crimes".

Trust that when clear evidence emerges that a nation we call an "ally" are committing genocide, we might, maybe, I don't know, reconsider that relationship instead of offering unwavering support.

Trust that you can express an opinion onlineno matter how vile or "offensive" it is-without being locked up by the thought police.

Trust that *they* have our best interests at heart, and aren't just in it to enrich themselves.

Trust that they're being honest with us about climate change.

Lately, I don't think I'm alone in saying that trust has been completely eroded.

And I'm left wondering: if trust is the glue of our civilisation, what happens when it's gone?

We're being lied to and manipulated on an industrial scale to divide and conquer. We're being force fed constant bread and circuses, a deluge of distractions designed to keep us enraged at each other, while the foundations of our society crumble beneath us.

We're arguing about which toilets someone

should be allowed to use (as if the concept of a unisex toilet never existed); or pondering exactly where on the gender spectrum we want to be this week.

All while our care system, NHS, public infrastructure, and housing stock is taken over by private equity investors to steal an ever greater share of the collective pot.

Social media algorithms amplify the outrage, sow division, and silence dissent, turning every conversation into a battlefield. There is no grey anymore: you're either with me or against me. And while we argue about which manufactured controversy should enrage us this week, the people pulling the strings are laughing.

Because as long as we're too busy fighting each other, we'll never turn and fight them.

#### So, what's the way out?

Stop playing their game. Stop letting outrage be your currency. Stop funding media that thrives on division. Whether it's tabloids or legacy outlets, many are just different arms of the same machine. Use "**Ground.news**" instead (that's the URL), which aggregates from all news sources to provide a balanced summary—or find out why it's unable to provide balance, because a story is only covered by one side. Leave those Facebook groups that claim to support the farmers, or the "way Britain used to be!"

Read critically, question everything, and recognise when you're being manipulated. Talk to people outside your bubble-real conversations, not just social media brawls. Find common ground, because the real battle isn't left vs. right, woke vs. anti-woke, or whatever tribal nonsense they're peddling this week.

It's us vs. them—the many vs. the few. And the moment we remember that, the moment we stop fighting each other and start demanding better, everything changes.

James

### Chairman's Column

A few years back when I was in Primary School (!!), the book we used for our history lessons was called "The March of Time" - does anyone remember that one from way back when? I didn't pay much heed to the title then but when one reaches a certain age, it becomes apparent that Time really does march forward. You may remember my opening remark last month when it didn't seem five minutes since Christmas. Maybe that's why this month is called March, designed to tell people to get a move on and make the most of their lives - this isn't a rehearsal after all.

People in Pensilva seem to know this, judging by the amount of events taking place at Millennium House. At the last Parish Council meeting, Vanessa, the Millennium House manager (as if you didn't know!) told us of the huge increase in bookings for the various rooms there. From our perspective, this is excellent news as these bookings convert directly into income for the building. Millennium House is quite costly to run and maintain and all income makes the whole enterprise more viable and sustainable.

The building is now over a quarter of a century old and it is not just the maintenance which constantly needs addressing. Legislation also changes and we need to be aware of this in order to provide a safe environment in which to work and play. Over the next few months you may see some of these changes being made such as improvements to access and improved changing facilities for disabled adults. These do not come cheap but the more the bookings keep coming in, the better placed we are to finance these changes and improve the life of the building and the people who use it.

Looking at the whole picture, it's apparent that the more active and involved we are getting on with enjoying life, if this involves booking and using the facilities at Millennium House, then it benefits everyone including the building itself! - Keep up the good work!!



### Millennium House

Spring is springing! It was without a doubt absolutely freezing in February, however we had some glorious sunshine and I have seen some wonderful buds getting ready to bloom.

This March at Millennium House we have ...

**Saturday 1st** - Hayley from Slimming World welcomes you to join her at either 8am or 9.30am weekly!

**Sunday 2nd** - Pensilva Market Day from 11am to 2pm. So many local sellers, free entry to the market, free parking and some amazing options to choose from Mel House Kitchen! Come along, show your support and enjoy some lunch too.

Monday 3rd - Join in with Peri Pilates at 9.15am weekly, contact Sarah smjlodge@hotmail.co.uk for more info. MIMS gentle exercise group welcomes you weekly from 10.30am. Step onto the mat with Laura Louise Yoga from 5.30pm weekly, be sure to book your space at millenniumhouse.org.uk/yoga. Join The Liskeard Ladies Cricket from 6pm to 7pm weekly, first session is today! Get ready on court with Pensilva Badminton from 7.30pm to 9.30pm weekly.

**Tuesday 4th** - come along to Singing for Wellbeing with Clare (01579382341), weekly from 10am to 11am. NHS Blood Donors will be here! Are you able to donate and save lives? Let's get musical from 7.30pm weekly with The Westernairs, contact Sue for more info susanne.daniel@btconnect.com

Wednesday 5th - get active with Coach James (jamesurie@kixx.org.uk) and Kixx weekly! Join Natalie (nataliecole@singandsign.co.uk) at Sing & Sign weekly during term time from as young as 0 months to 30 months. Pensilva School Table Tennis Club is a hit every Wednesday from 3.30pm to 4.15pm. Please book with the school. Liskeard Super 1's will be getting cricket ready from 5pm to 6pm weekly.

**Thursday 6th** - Tammy welcomes all babies and toddlers to come along to Baby & Toddler Group every Thursday during term time for some fun and snack time from 9.15am to 11.15am. Laura welcomes you to step onto the mat with Laura Louise yoga from 10am to 11am weekly. Don't forget to book in on the same above link. come along for some light hearted fun exercise with the ladies of Walking Netball from 4pm to 5pm weekly. Join Ron at Aikido weekly from 7.30pm.

**Friday 7th** - Penmill Art Group welcomes all levels of creativity to find their inner artist and enjoy the social atmosphere, weekly from 10am to 1.30pm. Hayley is ready for you weekly from 5.30pm at Slimming World.

**Saturday 8th** - you can see Hayley every Saturday morning weekly from either 8am or 9.30am at Slimming World. Pensilva Football will have a match

today and the bar will open from 3pm.

Wednesday 12th - Coach James will be holding a new session today with Kixx. 9am to 9.40am you can book in your 18 month to 2 years old and your 3/4 years old can still book in from 9.40am to 10.20am. Pensilva W.I. will be gathering from 7pm, come along and join in with them.

**Thursday 13th** - Pensilva Folk Dance Group welcomes you to dance away from 7pm to 9pm every 2nd and 4th Thursday of the month.

**Saturday 15th** - Pensilva Football will be playing at home and the bar will be open from 3pm.

**Thursday 20th** - The Millennium House Events Committee will be gathering from 7pm for our monthly meeting. Any new members are welcome, to help build ideas and events for the whole community to enjoy!

**Friday 21st** - Pensilva Film Club will be showing Saving Grace. Doors open from 7pm, with the film starting at 7.30pm.

**Sunday 23rd** - Millennium House Pool team will have a match on so the bar will be open a little later!

**Tuesday 25th** - NHS Blood Donors are at it again! Busy taking blood to help save lives! Can you give blood and help save lives?

Wednesday 26th - Abi and Natalie from M2 Catering present Fiesta Espanola! Book in by Friday 21st March 2025 at Millennium House reception or call 01579363096. £20 per person for a taste of Spain!

Friday 28th - book in for one of three Crime Evening Series on the Moors starting with "The Crime Code: deciphering the reasons behind why people break the law". Please book by Friday 21st March 2025 by calling 01579 363 096 and speak to Vanessa. Arriving from 6pm, the evening will start with a delicious meal catered by M2 Catering followed by a special talk delivered for you by a criminologist".

**Saturday 29th** - Pensilva Football today with the bar opening from 3pm.

**Sunday 30th** - Millennium House Pool team have a match, so the bar will be open later than usual.

I have already started making plans for Carnival Week (w/c 13th July 2025) and Carnival Day (Saturday 19th July 2025)! Anyone wishing to support, volunteer or have a stall or be involved on Carnival Day, please email me at ness.mhouse@gmail.com.

Have a marvellous March ~

Vanessa

### Looe Valleys Festival 2025

A month-long celebration of community, heritage, and the environment is set to take over the Looe Valleys in April 2025. The "We are of this place – A'n tyller ma on ni" festival is being organised by a collaboration of town and parish councils, local community groups, and individuals who want to showcase the unique character of the East and West Looe Valleys.

### A Festival for Everyone

With events planned throughout the month, the festival will offer something for all ages and interests. Residents will have the chance to take part, contribute, and learn, with activities run by local groups and co-ordinated by volunteers.



The diverse programme is expected to include:

- Guided walks exploring the beauty of the area
- Local produce and craft markets featuring regional talent
- Regenerative farming and climate change discussions
- Storytelling sessions bringing local tales to life
- A rockpool ramble and coastal events
- · Water quality awareness activities focused on local rivers
- Traditional Easter celebrations in village halls and churches

#### How to Get Involved



Organisers are working on setting up a webpage and email address to gather ideas, suggestions, and offers of help. Details will be shared on community social media pages and village websites, so residents are encouraged to keep an eye out for updates.

With the festival set to bring the community together like never before, April 2025 promises to be an exciting time for those living in the Looe Valleys.

# PENSILVA AND ST IVE FOOD HUB

### At Rivendale, School Road, Pensilva PL14 5PG

The idea of the food hub is to serve as a bridge between supermarkets and the local community, redistributing surplus food that might otherwise go to waste.

Every Wednesday morning from 8.00 am until 5.00 pm the hub is open and food can be collected from the above address.

Donations for food are always welcome and will go towards purchasing more food for the following week.

A pink bin will be placed by the wooden box on the driveway. If you have any surplus in-date food and would like to make a donation, please place it here. If you are donating homemade cakes, please list the ingredients used.

If anyone is experiencing financial hardship or would like benefit advice, we can take referrals and signpost you to the local Food Bank in Liskeard.

We are currently in the process of creating a Facebook Page to provide more information to the community.

In the meantime, if you know anyone who is vulnerable, or needs support in the Pensilva and St Ive area, please contact Janey Bryson on O78 O866 3749.

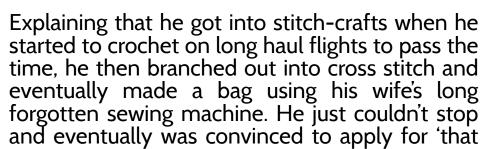
Thank you

### Pensilva WI - January Report

Information was given for upcoming events and Posies handed out to members with a February Birthday- Rosemary Farley, Margaret Hanger, Lynette Pook, Anne Deegan and Tilly Whittle.

Postponed from January, we were finally able to welcome well

over 50 members and visitors to an open event, with engaging speaker and Bude postman, Tony Rea who was a finalist on Series 9 of the Great British Sewing Bee.



busy bee show by fellow posties. The application process involved interviews and an actual test day in Leeds (where all filming is done for the show). He was successful and spoke about the creations with passion which were displayed as a colourful

rail. Challenges included: made to measure (with an amazing model called Tiger), the transformation (using materials such as a wind break to make a coat!), a dress for a child, and culminated in the beautiful 2 in 1 dress which his daughter proudly modelled in the final. He spoke of the tight team of people behind the scenes and even made shirts for all of the crew. He wore his 'Esme' shirt at the event which she has approved! Since the show, he has attended awards, been a judge, engaged in podcasts and radio shows and displayed at

exhibitions. As Tony is an advocate for sewing for mental health, Pensilva WI were happy that this event raised over £200 for Tony's chosen charities including CALM and Mind.

Pensilva WI are still collecting used stamps for CFWI.

Marie Curie Afternoon tea on Saturday 15th March 2.30-4.00pm at Pensilva Village hall – everybody most welcome for delicious refreshments, raffle and bring and buy.

Next meeting Weds 12th March 7.15pm - First Aid with Dave Thompson







Featuring local sellers, craft stalls, indoor carboot, baked treats, and live plants.
Refreshments available and bar!

£5 per table



### PENSILVA MARKET DAY

FIRST SUNDAY OF THE MONTH; NEXT MARKET DAY IS...

### 2<sup>ND</sup> MARCH

SELLERS FROM 10am; BUYERS 11am-2pm

Call Vanessa on 01579 363096 or email ness.mhouse@gmail.com to book your table or other enquiries

Fancy something spicy for lunch instead of the usual pasty? Hui will be selling Kimchee Noodles (and jars of homemade Kimchee and chilli oil if you want more!)

PRINCESS ROAD, PL14 5NF

### TREGOVENEK'S

### COMMUNITY GARDEN OPENING DAY

### Sunday 6th April 1 - 4pm

Crowdfunded & volunteer-built for everyone to enjoy!

Find out how you can be part of Tregovenek Cake, teas and raffle prizes

Learn about worms & and composting

Learn about food growing and medicinal herbs

Fun children's activities & hands-on art!

Garage and

plant sale

Join the pumpkin challenge!

Dress for the weather, please bring cash, & try to car share or cycle!

Tregovenek Community Farm (next to Pentiddy Community Woodland), Attwood Lane, Pensilva. outreach@tregovenek.org.uk www.tregovenek.org.uk



Have a go

at Welly

Wanging!

### A W MARK

A Daring New Staging of the Gospel of Mark

Performed by Stefan Smart Directed by Lisa Gilmour

One Man
One Chair
One Incredible
True Story

"Sometimes it takes a living voice, like this one, to make you hear the Bible for the first time."

Archbishop Rowan Williams

For more information go to: www.iam-mark.com

St Ive Parish Church
Saturday 8th March 2025
7:00pm

Tickets £10 each payable on the door

### What is the Story of Mark?

Would you like to hear a story professionally told full of intrigue, jealousy, miracles, deception and finally betrayal?

A friend and colleague from one of our Cluster Churches did so whilst on holiday in London. She was invited by a friend to a performance of "I Am Mark". She says "I had no idea what to expect, but it was gripping! I was enthralled with the intimacy of the story and found myself leaning in, expectantly, looking for more. The recital brought 1st century Isreal to life and I felt a throbbing energy of his words draw me in. I saw this talented unassuming man who was delighted when I asked if he could bring his recital to Cornwall".

Stefan Smart is a former English and Drama teacher cum actor who specializes in telling stories from the bible. He has taken his recital of I Am Mark across four continents to wide acclaim and has just returned from his 3rd and most successful run at the Edinburgh Festival Fringe and a busy tour of UK prisons.

I Am Mark is an attempt to recreate for modern audiences what it must have been like for the first hearers of this some 40 years after the events described. Because there were few books to speak of, people would have been used to storytellers like Stefan not just reciting, but enacting the text as a full bodied drama with all the characters and situations brought startlingly to life.

You will be able to see this for yourselves at St Ive Church on Saturday 8th March at 7pm. Tickets £10 on the door.



#### MELODI LISKERRET

- A mixed group, singing a variety of well known numbers including Folk & Cornish songs.
- · Local to you!
- Weekly rehearsals in St. Ive Gorfenna, PL14 3LX
- Friendly informal rehearsals with a tea break and biscuits!!
- Free one-to-one professional singing tuition within a few weeks of joining!!

For more information, please contact Gerald, secretary, on 01579 363881 or email: <a href="mailto:charaton@btinternet.com">charaton@btinternet.com</a>

### **Badminton at Millennium House**

Monday & Tuesday 5pm - 7.30pm - Informal Badminton - £10 per hour per court, call 01579363096

Monday & Tuesday 7.30pm - 9.30pm - Pensilva Badminton Club - £5 per person, contact Richard 01579349324 or Nigel 01579363594

Wednesday 5pm - 10pm - Informal Badminton - £10 per hour per court, call 01579363096

Please bring your own rackets & shuttles or you can rent a racket and shuttles for a small charge.

### Pensilva W.I Afternoon Tea

Afternoon Tea in aid of Marie Curie Cancer Care.

Saturday 15th March, 2.30 to 4pm.

At the Village Hall, Pensilva.

Bring and buy; raffle.

£4.00 entry, includes tea.

All welcome.

Pensilva Community Association and C-Fylm Present



FRIDAY, MARCH 21St DOORS OPEN 7PM, FILM STARTS 7:30PM

### SAUING GRACE

£4 for C-Fylm members

Non-members can join on the door for £6, which includes your first film.



Grace's husband dies leaving her with nothing but debts and she also learns that he was cheating on her. She uses her knowledge in horticulture to make money and pay off her debts.

Comedy / crime 1 hour 34 minutes. SCAN FOR TRAILER ---->



### St. Ive Village Hall, The Cross PL14 3LZ

### **HALL HIRE**

### £5 an hour

Includes use of the kitchen and electric (except wall heaters, which are on a £1 coin meter)
For bookings ring Amanda 077 033 930 70

### Regular Group and Activity Timetable

Group	Date and Time	Contact details
Gardening Club	1 <sup>st</sup> Monday	stivegardeningclub
	monthly 7.30pm	@gmail.com
St. Ive Snooker	Mondays and	01579 382315
Club	Thursdays 7pm	R. Bunkum
Mobile Post Office	Wednesday10.30 –	
	11.30am	
Village Coffee	Wednesday	
Morning	10.30am – 12	
Methodist Sunday	Check timetable in	Kathryn or Keith
Service	Parish Pump for	Mutton
	services	01579 382334
Chattermakers	Thursdays	Kathryn
Chat and Craft	Fortnightly	01579 382334
Fit On the Floor	Tuesdays 7pm to	07597383171
Fitness Class	7.30pm	Facebook
		@jemfitnessliskear
		d



St. Ive Village Hall
The Cross, St. Ive
PL14 3LZ

1st Monday of the month 7.30pm

New members welcome

Email: stivegardeningclub@gmail.com





St Ive Church would welcome anyone interested in learning to ring the bells.

Practice night every Wednesday 7:30pm- 8:30pm

Contact: Jeanne 363228 or Jenny 389201



St. Ive Village Hall PL14 3LZ

### **Snooker Club**



Monday and Thursday Evenings

7pm

Contact Ray Bunkum

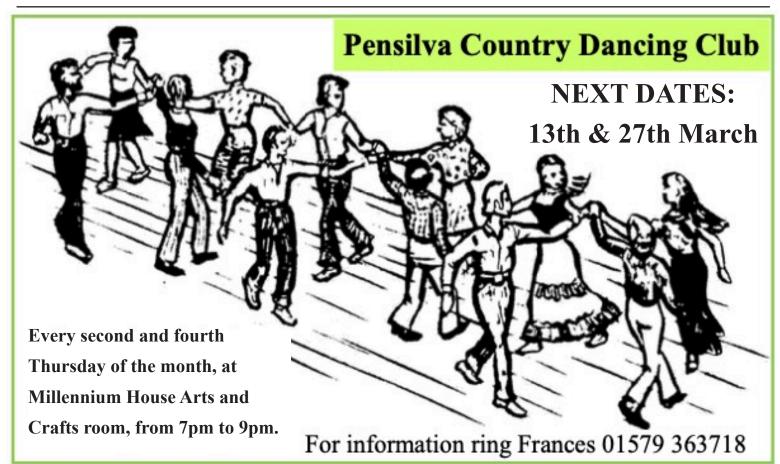
01579 382315







FOR FURTHER INFO, TEL: CLARE 01579 382341





### **RVS WEDNESDAY CLUB, PENSILVA**

Meeting in the village hall every 3rd Wednesday of the month. Entry £2 which includes raffle and refreshments, 2-4pm

March 19<sup>th</sup> - Ann Hughs playing harp

April 16<sup>th</sup> - Pilliton and St Mellion handbells

Everyone Welcome. For further information please contact:

Cherry Woodhouse (Chairperson) 01579 363674

Jane Hall (Secretary) 01579 363379

#### MILLENNIUM HOUSE COMMUNITY COFFEE SHOP

Open Tuesdays, Wednesdays, and Fridays; 9am to 1pm (the Post Office is open until 11:30am on these days). We, the volunteers, opened the Coffee Shop in 2017 with the hope of giving something back to the community. The atmosphere is relaxed, making it an ideal place to enjoy meeting up with friends for a cuppa and a chat. A warm welcome is assured. We would like to say a huge "Thank You" for your continued support.

ISSUE 516 // MARCH 2025 ST IVE PARISH PUMP

### **NEIGHBOURHOOD** OURHOOD DEVELOANSENT DEVELOPMENT **PLAN FOR** ST IVE & PENSILVA

World Heritage Sites are very special places. They are inscribed by the United Nations Educational, Scientific and Cultural Organisation (UNESCO) for their "Outstanding Universal Value" (OUV), or international importance, to the whole of humankind. World Heritage Site (WHS) status is the most important heritage designation internationally.

The Cornwall and West Devon Mining Landscape World

Site is defined by Heritage individual Attributes of OUV, i.e. particular historic features in the landscape which have a defined link with local metal mining during the period 1700 to 1914. These Attributes can be found throughout the WHS which consists of ten separate Areas numbered A1 to A10 (see the WHS Area in St Ive Parish. shaded purple). Pensilva is included given its raison d'être and evidence of mining related settlements and

smallholdings, an OUV WHS attribute (two of seven types).

The employment opportunities in the mid 19th century offered by large scale development in the mining industry led to a rapid population growth and the emergence of new towns and villages with their workers' housing, Methodist Chapels, public institutes, libraries and shops, etc. Housing was not only built within existing market towns and villages, but also resulted from the establishment of new settlements in the various mining districts, for example Pensilva in the Caradon Mining District (WHS Area A9).

Mineworkers' smallholdings developed in the mining districts as a response to an increasing demand for land to rear animals and tend crops. These smallholdings, often no larger than two hectares (five acres) in size, consisted principally of often selfbuilt cottages (set within or near to their cluster of small fields) on holdings leased from a landowner. This "pig and potato" subsistence husbandry brought an important degree of selfsufficiency to the mineworker and family, and radically

> changed the local landscape to create the very distinctive field patterns that are direct consequence the mining industry.

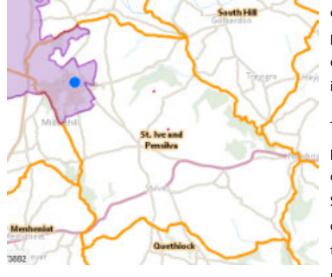
Scan 🔳

The WHS team are consulted on planning applications within or close to WHS. The World Heritage Site planning toolkit has been created to introduce the WHS and to explain why it should be protected and how this is done. The

WHS development impact checklist can inform your development; to help you consider how your project is impacted by the WHS and how it can positively respond to the WHS.

Please seek further advice from the World Heritage Site Planning Toolkit if you would like to learn more:

https://www.cornishmining.org.uk/conservation/planningwithin-the-world-heritage-site/world-heritage-siteplanning-toolkit



### FIFTEEN + YEARS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I am looking at a bird which is probably often nearby without being seen, but recently came into view in our garden...





The Woodcock is a dumpy, pigeon sized bird with a long straight beak. It's mottled brown markings are perfect for camouflage. It is very similar to a snipe, though slightly bigger and with a slightly shorter beak. However, when checking its identification, I found the markings on its head the most helpful feature. The stripes on the snipe go down its neck and body, whilst the woodcock's form bands across its head.

My recent visitor on 2<sup>nd</sup> Jan was the second I'd seen since moving here. The first, in Dec 2014, was sadly dead. This one flew low over the garden, before swerving through a gate onto a gravel drive where it stopped stock still for several minutes. It had avoided the snow-covered lawn and landed where it was better camouflaged. When a cat appeared round the corner, it took off just in time and flew low, zigzagging to find a safe place to land. I assume it was successful as I found no evidence of a kill.

Although classified as a wader, woodcocks have now evolved to live in woods, heaths and on farmland. It usually only comes out to feed at night, often in adjacent fields. (my daytime visitor was probably disturbed by a predator) As a largely nocturnal bird, during the day it flattens itself among the leaf litter. Its camouflage makes it almost impossible to see, so I may have walked past one without seeing it. They feed on invertebrates such as spiders, worms, snails and beetles, seeking them out with its long beak.

Woodcocks breed between March and July. Male woodcocks seek to attract a mate by a display known as 'a roding'. They compete with each other flying over the trees, making loud grunting calls. The nests are built in hollows in the ground, using leaves and other vegetation to line and camouflage them. One or two speckled eggs are laid, hatching in 21 -25 days, the chicks fledging just over two weeks later.

Increasingly fewer woodcocks are now breeding in the UK., But their numbers are increased almost 5 times by overwintering migrants from NE Europe. However, recent studies indicate that some migrants may come from much further east. Looking at an RSPB distribution map, it seems that we in Cornwall are part of a swathe across the country attracting winter migrants, so my visitor is unlikely to stay to breed here.



Because of the alarming fall in our breeding population, the UK woodcock is on the red list of endangered species. This may be due to the swathes of pine forests which were planted in the past and have now matured to provide dark, bare forest floors. Woodcocks are also shot for sport. Hopefully the recent move to more mixed forests will help them to recover over time.

The photo to the right combines my passions for wildlife and art. It is of a woodcock painted on woodcock feathers, called "Camouflaged Woodcock". I would love to be able to tell you that I painted it, but sadly I don't have the talent! It is by a local artist, Jess Maslen.

Although these feathers were used as a canvas to paint on, in the past artists have prized woodcock feathers as fine brush tips for detailed work. They were also once used to get grit out of eyes accurately and gently, though I wouldn't recommend it!

The Woodcock is a fascinating and elusive bird which may be quite close to you as you walk through the woods, even if you cannot see it! It is a bird in serious decline and (like us) needs healthy mixed woodland trees to survive. I hope you and all our descendants get a chance to see one.

HAPPY WILDLIFE WATCHING

Hilary

### Update on Aid for Ukraine

On the 8th of February the Nightingales team transported all aid stored at Millennium House to their depot in Tavistock. This month we are hoping to deliver aid to Prague, where it will then be driven by our Koridor UA partners to the frontline in Ukraine. The Nightingales team are also currently considering the purchase of a mini-bus, which can be used as an evacuation vehicle for the elderly and disabled.

A couple of weeks ago I met Sasha, a Ukrainian lady who briefly called outside my house. She couldn't believe the generosity and support shown by our village towards her country. She now lives in the UK but travels back to Ukraine to visit her elderly mother. When the bombing starts, her mother takes shelter in a corridor inside her house, where the walls are thickest; she is too ill to move to the nearby shelters. There are Army barracks located nearby, which are frequently targeted by the Russians. The locals regularly seek shelter in basements for safety. It is hard to imagine living like this.

The need for unused and in date medication is as great as ever. If you have any medication

that you no longer need or use, please consider donating it to Ukraine. All identification labels are removed and medication is checked by medical staff, prior to transportation.

A big thank you for all the various donations that you have left outside my house to sell. Every penny counts and we have made in total so far this year £360.00. There is a pink dustbin by the wooden box on the drive, where you can place your unwanted/donated items. If you would like me to collect any items, please contact me on Mobile 07808663749.

The world is turning and changing rapidly it seems, with uncertainty and troubled times. However, it is the unity, strength and resilience of the people that live in the world that bring about the greatest change. Against all hope, Ukraine are still holding their own. I pray for peace in this world for them, as I pray too for peace for each and every one of you reading this article. "Walking with a friend in the dark, is better than walking alone in the light". Godbless.



#### Nightingales UK are currently asking for donations of the following Medical Aid:

#### **Equipment**

- Collars
- Dressings/Bandages
- **Splints**
- Syringes
- Crutches
- Eye Wash/Eye Dressings
- Wheelchairs
- **Inhalers**
- Walking Frames
- **Blood Pressure Monitors**
- Gauze
- Blood Sugar Testing Kits
- **Plasters**
- Dressings for Burns/Burns Gel
- Wound Closure Steri-Strips
- Sutures
- Procedure Packs
- First Aid Kits
- **Blood Sugar Testing Kits**
- Scissors
- **Syringes**
- **Feeding Tubes**

#### Aid to Support the Paramedics **Providing Front Line Response**

- Waterproof boots and Winter Jackets
- Torches
- Power banks to charge phones etc
- Metal Detectors

#### Any Over the Counter Medicines and Unused In date Medication with the **Exception of Controlled Drugs**

- Paracetamol
- Ibuprofen
- Immodium/Dioralyte
- Decongestant Nasal Sprays Vicks/Strepsils
- **Disinfectants**
- Antihistamines e.g. Piriton, Loratadine, Cetirizine

#### **Humanitarian Aid:**

- Childrens Nappies
- Baby foods/wet wipes
- Childrens Mixtures i.e. Calpol/Cough medicines
- Infant formula (6 months)
- Childrens Purees (Vegetable, fruit, meat)
- Childrens/Adults Hygiene Shampoo, Soaps, toothpaste, toothbrushes
- **Feeding Bottles**
- Dummies/teething rings
- Adult incontinence pads
- Disposable Nappies
- · Adult Shampoo, Soap, Toothpaste, **Toothbrushes**
- Washing powder
- Washing up liquid
- Toilet paper
- Sanitary Pads
- · Tin Canned Food (Vegetable, Meat, Fruit)
- Cereals, Pasta, sugar, Tea and Coffee

If you would like to donate money to the Nightingales please go to:

#### https://gofund.me/bfeO368f.

If you would like to donate a long wheel base 4 x 4 vehicle, please email nightingalesuk@gmail.com



### St John's Mission Church

Refreshments served before and after services

#### Services for March 2025

Sunday	2 <sup>nd</sup>	11.00 am	Holy Communion
Sunday	9 <sup>th</sup>	11.00 am	Morning Worship
Sunday	16 <sup>th</sup>	11.00 am	Morning Worship
Sunday	23 <sup>rd</sup>	11.00 am	Morning Worship
Sunday	30 <sup>th</sup>	11.00 am	Morning Worship for Mothering Sunday

**Thursdays** 10.00 am Morning Prayer Fellowship

#### **MARCH EVENTS** Please see posters for full details

Thursday	6 <sup>m</sup>	12.00 - 1.30 pm	Lent Lunch
Wednesday	12 <sup>th</sup>	2.00 - 4.00 pm	Kowetha friendship, companionship, chat & cake
Thursday	13 <sup>th</sup>	12.00 - 1.30 pm	Lent Lunch
Sunday	16 <sup>th</sup>	3.45 pm	Tea Time Church for children & their families
Thursday	20 <sup>th</sup>	12.00 - 1.30 pm	Lent Lunch
Tuesday	25 <sup>th</sup>	2.00 - 4.00 pm	Stitch, Knit & Natter
	o −th	0.00 4.00	

Thursday 27<sup>th</sup> 2.00 - 4.00 pm Memory Café

For further details or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718 Please put prayer requests in the box. St John's is open daily 10.00am - 3.00pm for personal prayer & reflection



Princess Road Pensilva PL14 5NF

### The Tribute Cluster of Churches

### Contact for Baptisms & Marriages Reverend Li Selman 07790 272714

revliselman@icloud.com



Church Wardens
Geoff & Carolyn Cox
01579 362698



### Teatime Church









### For children and their families Playing Games

Singing and Praying Together
Sharing a Bible Story

Sunday 2<sup>nd</sup> March 3.45 pm St Cleer Parish Church

Eating Tea

Sunday 16<sup>th</sup> March 3.45 pm St John's Mission Church Pensilva

For more information contact: Rev Li Selman revliselman@gmail.com



### PENSILVA MEMORY CAFE

If you have memory problems or you are a carer for somebody who does, come and join us at StJohn's Mission Church for a cuppa and some cake.

We'd love to seeyou and hope that you will enjoy yourself.

Guest Speakers

Activities

Quizzes

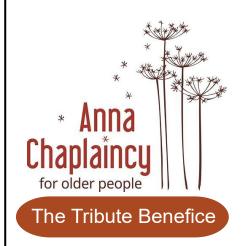
Games

2.00 to 4.00 pm Thursday 27<sup>th</sup> March

Contact Geoff on 07475 920142



### Kowetha







### A place to drop in



chat and eat cake





St John's Mission Church
Pensilva
2.00 - 4.00 pm

### Wednesday 12<sup>th</sup> March



**Contact: Geoff Cox 07475 920142** 

gefferys1963@gmail.com



We provide some of the basics needed by vulnerable families with a newborn. We work with midwives, health visitors and local organisations to provide starter packs for those in need.



Our Moses baskets provide a safe place to sleep and are packed full of toiletries such as nappies, wipes and maternity pads, as well as blankets, towels and baby clothes.

St John's Mission Church
Collection Point

### **GRATEFUL THANKS**

to all of you who most generously donate.



Baby Basics Cornwall, run by the Tribute Cluster of Churches, is part of a UK wide network of centres supporting parents with babies by providing clothing and equipment.

We work with local health professionals. All our referrals come from them and our bundles are delivered by them, making this a confidential service.

Bundles are made up of a mixture of new and pre-loved items for families with babies 0-3 months.

Our pre-loved items are carefully checked, washed and ironed by our volunteers. This ensures that all our bundles are high quality, safe and a real gift of love.

If you are struggling financially, emotionally or practically with the upcoming birth of a baby, please ask your health professional for a referral to Baby Basics.

ENT LUNCH

Thursdays 12.00 to 1.30 pm

St John's Mission Church Pensilva

**Lent** is the period of six weeks - 40 days not including Sundays - leading up to **Easter**, the most important festival in the Christian calendar.

Lent allows Christians to remember that Jesus went into the desert to fast and pray before beginning his work for God. Jesus was tempted several times, but was able to resist.

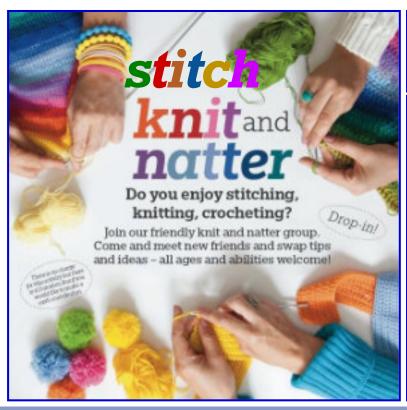
Lent is a time for testing self-discipline.

A time for giving things up, such as giving up a full meal.

Lent is not about gloom and abstinence for the sake of it, but a chance to grow in faith, which is something to be cheerful about. 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> April

Please come & enjoy a simple meal of homemade soup with a roll & cheese, coffee or tea.

Donations
in aid of church mission in
our community



Tuesday 25<sup>th</sup> March

St John's Mission Church Pensilva

on the last Tuesday of the month 2.00 to

4.00 pm

Contact Kathleen 01579 363686

### St Ive Church

March 2nd Morning Service 11:15am In Church

March 9th Chapel Service 10:30am In village Hall

March 16th Holy Communion 11:15am In Church

March 23rd Chapel Service 10:30am In Village Hall

March 30th Mothering Sunday Service 11:15am In Church

**Events** 

March 8th I Am Mark 7pm In Church

See Advertisement in Pump

March 14th Lent Lunch 12 to 2pm

March 28th Lent Lunch 12 to 2pm

April 11th Lent Lunch 12 to 2pm

April 11th Polperro Fisherman's Choir with the Wreckers 7pm

Entry by donation

### **Unity Methodist Church**

**Sunday 2nd March 11.15am** - United Service at St Ive Parish Church.



**Sunday 9th March at 10.30am** - The United Service will be St Ive Village Hall led by Rev Stuart Reed with communion

Sunday 16th March 11.15am - United Service at St Ive Parish.

**Sunday 23rd March 10.30am** - United Service at St Ive Village Hall 10.30am led by Julian Langston.

**Sunday 30th March** - Local arranged service. Please see our Facebook page nearer the time.

The Callington and St Ive Wesley Guild will meet in at Callington Methodist Church 7.30pm.

This month is the end of our winter meetings and our final speaker on **Monday 3rd March** will be Rev Li Selman, Curate of the Tribute Benefice.

Then on **Monday 10th March** we will be holding our AGM at Callington MC at 6pm

**7.30pm**. You don't need to be crafty, just come along for a chat.

This Months meetings will be Thursday 6th and Thursday 20th March.

For more details please ring Kathryn on 01579 382334



We need your **submissions**: news, announcements, posters for local events, even full articles if you think the community would find it interesting!

We need **photos** for the front cover. Taken a nice photo recently of a local event or somewhere in the parish and happy for us to use it? Email me, please!

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Please contact me :-

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### *Gareth Haimes* Tel: 07947353682

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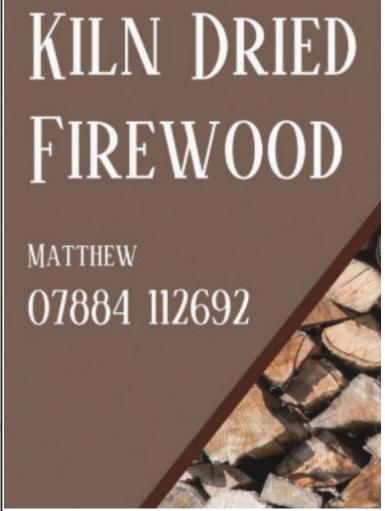
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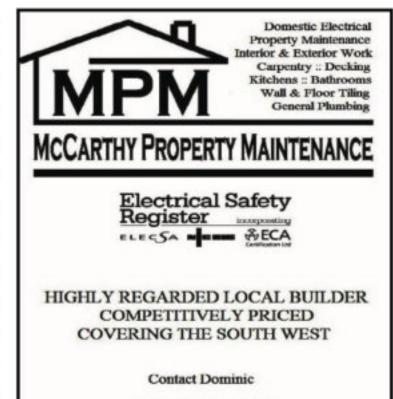


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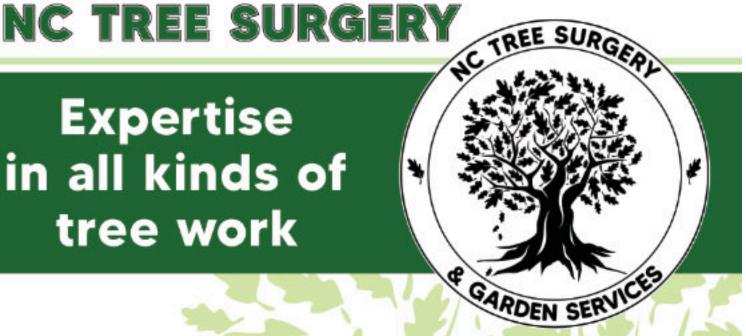
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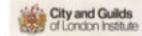
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14th-18th July Visit Chester

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Wednesdays: 9 to 11:30am

Fridays: 9 to 11:30am

The Millennium House coffee shop is also open on these mornings.

St Ive: At St Ive Village Hall

Wednesdays: 10:30 to 11:30am

Coincides with the St Ive Village Hall Coffee Morning