

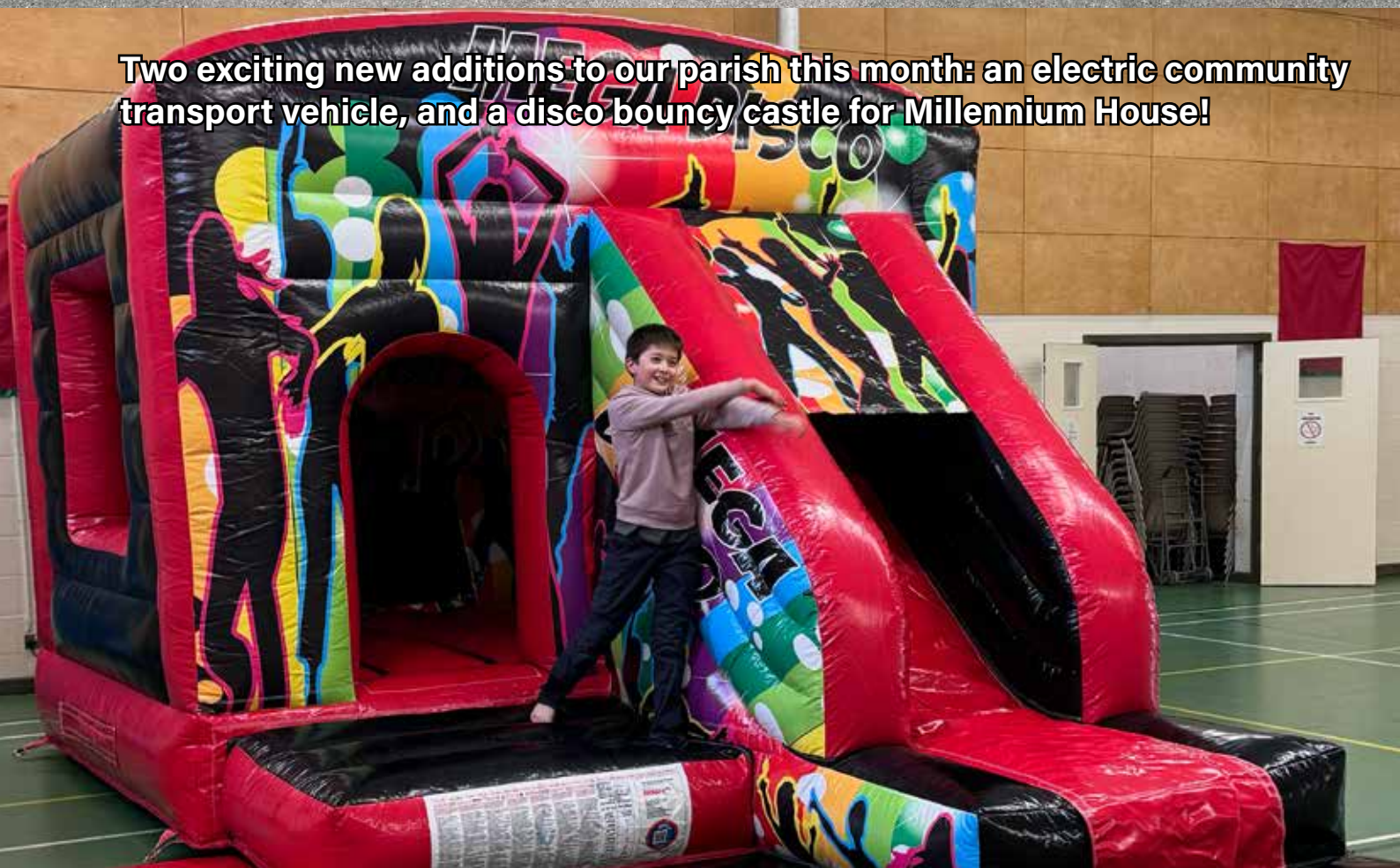
SEPTEMBER, 2024

THE PARISH PUMP

Newsletter for the Parish of Pensilva and St Ive



Two exciting new additions to our parish this month: an electric community transport vehicle, and a disco bouncy castle for Millennium House!



DISCLAIMER

The articles appearing in this magazine do not necessarily represent the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Alan Moss	01579 362064	Marlene Carr	01579 362919
Rosemary Farley	01579 384810	Martin Corney	01579 382450
Tony Hodson	079 7353 6964	Nigel Gisby	01579 363096
Paul Mann (vice chair)	01579 363757	Nigel Libby	079 6889 1814
Ivor Vaughan	079 7993 4604	Patricia Steer	01579 363096
James Bruce	074 1119 2645	Craig Vaughley	01579 364083
Steve Willis (chairman)	01579 363096		

Your Cornwall Councillor is **Phil Seeva** - 07746 815302 cllr.phil.seeva@cornwall.gov.uk

Meetings of St Ive Parish Council

Meetings are usually held on the second Monday of every month, except August and December when no meeting is held. Please see the website or notice board for meeting dates, agendas, and minutes.

<https://st-ive-parishcouncil.gov.uk/minutes-agendas/>



Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173
Email: CIOSNBMLLST@devonandcornwall.pnn.police.uk

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

Contact Details for St Ive Parish Council and Millennium House

Address for correspondence:

Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council
01579 363096, email: **stiveparish@btconnect.com**

For finance matters for the Parish and Millennium House, contact
John Body
01579 362102, email: **millenniumhouseadmin@btconnect.com**

Millennium House enquiries and reservations to Vanessa
01579 363096 email: **ness.mhouse@gmail.com**

Parish Pump Submissions

Via email only to **stiveparishpump@gmail.com**

The deadline for submissions is the 18th of the month. Please email your text submissions directly in the email body, and attach any images. Full, half, or quarter page designs can be sent as JPG, PNG, or PDF files.

Advertising Costs

Please note that all advertising must be paid for prior to publication.

Two months free when purchasing for a year.

Quarter page: £10 per month, or £100 for 12 months

Half page: £20 per month, or £200 for 12 months

Full page: £33 per month, or £330 for 12 months

(All prices are inclusive of VAT)

Letter from the Editor

There it is again; that funny feeling.

Globally, the warmest July on record just happened (the previous record being... you guessed it: last year!) Or perhaps it would be more accurate to say it was the coldest for the rest of our lives?

Climate researchers now think we're entered a "phase change", which is a scientific way of saying "we have absolutely no idea what happens from here out". The models no longer work. Predictions cannot be made. This is uncharted territory, and it's all happening far too quickly.

I pine for the days when nothing much happened; those innocent, lazy summer months when one could just sit back and enjoy the serenity of everything. Now it seems not a week goes by without some catastrophe or record being broken.

Or is it just that we're more aware of these issue now? We have more information available to us now than any nation's ruler has ever had—in our pockets! So was it always this bad, and we just didn't know about it? I know some

people just turn off the news (I spend a good hour a day "doomscrolling"), but I want to be prepared, and I really don't believe sticking your head the sand should be considered a viable solution to anything.

Plenty has been said elsewhere in this issue about the new electric community vehicle that's been delivered (image on the front cover), so I won't dwell on it other than to say a huge thanks to Alan (for leading the campaign, sorting the grant, and actually getting the car), as well as Marlene (who takes the calls and manages the team), and of course, the volunteers who form the backbone of the increasingly vital community transport service.

But we also had another exciting delivery: a bouncy castle disco for Millennium House, provided by Pensilva Community Association. It'll be used at all sort of future events, as well as available to hire for parties. After extensive testing by yours truly, I can confidently say it's yet another reason that Millennium House is the best venue in all of Cornwall.

James Bruce, Parish Pump Editor



SEEKING QUEST 3 OWNERS:

Do you own a Quest 3 or know someone who does? I'm exploring options for a multiplayer VR gaming group; think wide-scale mixed reality laser tag in the sports hall at Millennium House. Let me know if you'd be interested by emailing:

jamiedoesjapan@gmail.com

Chairman's Report

You may remember, in last month's issue, my wondering if this would be a "quiet news day" but I'm delighted to say it's turned into a "Red Letter Day" instead!!

For 11 months now we have been anticipating the arrival of our new Community Transport Vehicle, and now after all this time it is sitting on the car park of Millennium House (unless of course, it's out on a "job". For those who haven't yet seen it in all its glory, it's on the front cover of this issue!

Looks very smart, I'm sure you'll agree. We can now look forward to many years of very useful service and it will be a great asset to this community. I understand that next month there'll be an article in here about how the booking system will work.

Another great idea we are pursuing is the installation of a battery unit to harness the power we glean from the solar panels on the roof of Millennium House. These batteries are a fairly recent innovation and really help to capitalise on the free energy we get from the sun. By storing this energy, plant such as the coolers for the Mel Bar which run 24/7 can effectively run on electricity generated during the day, slashing our energy bills overnight.

Millennium House is a wonderful community facility able to host so many diverse events but remember its success depends on the community itself using it. Whether that's having a drink in the Mel, joining the Film Club, enjoying a cappuccino and a cake in the Coffee Shop, using the gym or sports hall or any number of activities which keep the building buzzing, to quote a well-known strapline - "Just Do It!!"

The Parish Council begins its deliberations this month after a short break, so who knows what I'll be able to report on next month!

Take care

Steve Willis, Parish Council Chairman

St Ive Parish Community Vehicle

By the time you read this, it is hoped that the New Community Vehicle will have been delivered.

The project began just as the Covid 19 Pandemic hit us in January 2020. The aim was to provide a community service for shopping, group travel, hospital and GP appointments etc.

Initially a vehicle was provided by Cornwall County Council and with the help of volunteers drivers, the service proved invaluable in getting people to and from Millennium House to receive their vaccinations. After a few weeks the vehicle had to be returned to the County Council.

It is with heartfelt thanks to Councillor Alan Moss that three plus years ago, he started on a project to find a way to purchase our own vehicle to provide a much needed service for the local community. Alan has given much time and dedication over the years. He applied for and was awarded a Lottery Grant for the purchase of a 7-seater vehicle. More time passed as alterations were needed for carrying a wheelchair plus the vinyls to be applied.

A sincere thanks also to our dedicated volunteer drivers who, since having had to return the original vehicle, have given their time AND use of their own vehicles to provide a vital service to the Community. We could not have done it without you.....

A SINCERE THANKS TO YOU ALL



Marlene
Transport Co-ordinator
01579 362919 or 01579 363096

For Sale and Notices

We've had several requests asking about the for sale section, so if you'd like to list an item, **please email a short description and your contact details to stiveparishpump@gmail.com by the 18th** for inclusion in the next issue.

There is no cost to list, but they will remain for one month only, so there's no need to let me know if it's sold. If you'd like to relist your item for another month, please send the item description and contact details **again** before the usual deadline for the next issue.



New DEFRA rules mean that anyone keeping chickens, ducks, or other birds must register by October 1st to avoid breaking the law—regardless of how many you have. Even if it's just the one as a pet, you still need to register.

The form can be found at:

<https://poultryregistration.defra.gov.uk/>

Got something you need to tell the parish? Send me an email – you can stay anonymous if you want to: stiveparishpump@gmail.com

TREGOVENEK

a place of hope



AUTUMN TOUR



SATURDAY THE 21ST SEPTEMBER
10AM-12 NOON



Your opportunity to experience a guided tour of two fantastic neighbouring eco-projects, Tregovenek & Pentiddy Woods:

- Exciting beginnings of a community farm
- Community Garden
- Natural burial ground
- Community woodland
- Coppice
- Off-grid living
- Natural building
- Organic no-dig and forest gardening

Donations gratefully received for Tregovenek's new community garden

Please go to <https://linktr.ee/tregovenek> to book, view our website and sign up to our Newsletter

Follow us on facebook & instagram - @tregovenek

Contact us: mail@tregovenek.org.uk

Tregovenek, Attwood Lane, Pensilva. PL14 5QU

EVERYONE WELCOME!

BOOK HERE!



Raising funds for a community garden that will be 'A Place of Hope'

Tregovenek (A Place of Hope) is a new community farm on the edge of Pensilva, in Southeast Cornwall. It is led by volunteers with a desire to build something special for everyone in the wider community, as well as future generations.

Tregovenek isn't funded by a large organisation or network, it is a Community Benefit Society, starting from scratch and taking one step at a time! Currently, the focus is growing a community garden, and the team have launched a crowdfunder to raise £15,000 to fund the vital infrastructure to build a thriving space for people and nature.

'This is such an important part of the wider project' says Hayley Rogers, a member of Tregovenek's Garden Circle. 'The garden will be the first place people see when they visit Tregovenek.'

This will be a place where people can improve their health and well-being, get their hands in the soil, make new friends, learn how to grow food and other land-based skills. Already local school children and university students have been part of it, and more groups will be able to experience it.

We want it to be a beautiful, welcoming space that encourages everyone to feel at home and return again and again! It will include a tree nursery, fire pit, pathways, growing beds, seating areas, compost toilet facilities, gathering space for courses, workshops, celebrations, funerals, meetings or social events. We will work closely with other community groups to enhance the biodiversity and natural abundance in this area. Anyone who donates can proudly know that they are contributing to a better world!

With a wide variety of 'rewards,' incentives for donating, such as photography, weaving or floristry classes, learning the art of scything or chair making, reiki healing and massage and a whole load more, you can even be the first to use the new loo - the team have just under three weeks to raise the remaining £5000 to reach their target and receive booster funding from Cornwall Council's Climate and Nature Fund! Can you help?

To donate visit www.crowdfunder.org.uk and search for **Tregovenek** or visit www.tregovenek.org.uk for further information. Find Tregovenek on Facebook and Instagram. There are a variety of ways to get involved and everyone is welcome.

Tregovenek Limited is a Community Benefit Society incorporated under the Co-operative and Community Benefit Societies Act 2014. Registration Number: 8767. Registered Office: Pentiddy Woods, Attwood Lane, Pensilva, Liskeard, Cornwall, PL14 5QU.



PENSILVA



Free
Entry

Featuring local sellers,
craft stalls, indoor carboot,
baked treats, and live plants.
Refreshments available and bar!

£5 per
table



←← MILLENNIUM HOUSE PRESENTS →→

PENSILVA MARKET DAY

**FIRST SUNDAY OF THE MONTH;
NEXT MARKET DAY IS...**

1st September

SELLERS FROM 10am; BUYERS 11am-2pm

**Call Vanessa on 01579 363096 or email
ness.mhouse@gmail.com
to book your table or other enquiries**

**Fancy something spicy for lunch instead of the
usual pasty? Hui will be selling Kimchee Noodles
(and jars of homemade Kimchee and chilli oil if
you want more!)**

PRINCESS ROAD, PL14 5NF



Pensilva WI - August Meeting Report

A mystery awaited members: only the president, Verna, knew where the group would be going for the summer meeting – a closely guarded secret! Meeting at 1 o'clock on a beautifully sunny day, 32 members boarded the coach. There was lots of guessing at each junction taken, but the road to the North coast became the route.



Arriving at the beautiful Trenance gardens, there was plenty to keep us busy – a look around the Victorian cottages, tea and cake in the café, a sniff of the pretty roses and a walk around the lake.



Soon it was time to climb aboard again – more mystery to come.

We reached Newquay bus station and were given two hours to explore at leisure – it was later reported that many activities had taken place: plenty of eating, people watching, charity shop purchasing, coast path exploring, marvelling at the surfer,s and enjoying the fabulous Cornish seaside scenery. There was

no shortage of ways to while away the evening and it was soon time to return. A coach rendition of Happy Birthday was sung to those celebrating this month: Frances Tucker, Cherry Woodhouse and Mary Wyatt.

Our next meeting will be on Wednesday September 11th– Pamela Vass will be speaking about the Story of the South West Suffragettes. Visitors and new members welcome, 7.15pm at Millennium House.



Millennium House

Hi Parish Pump Readers, September has arrived and although it feels like we have had Autumn already, it does not arrive until 22nd September. I do hope you have all enjoyed your Summer holidays and everyone is excited for back to school! This month at Millennium House we have ...

Sunday 1st September - Pensilva Market Day! 11am to 2pm. Free parking and refreshments available.

Monday 2nd September - all welcome to Mims Gentle exercise from 10.30am. Yoga with Laura from 5.30pm (book through the link <https://momence.com/u/lauralouiseyoga-VRr40f>) and Pensilva Badminton from 7.30pm. All groups are weekly.

Tuesday 3rd September - Singing for Wellbeing with Clare (01579382341) 10am - 11am and Pensilva Badminton from 7.30pm weekly.

Wednesday 4th September - get active with Coach James and Kixx for 2 & 3 year olds from 9.40am weekly.

Thursday 5th September - Ladies Walking Netball from 4pm weekly, Country Dancing from 7pm fortnightly and Aikido from 7.30pm weekly. You are welcome to join the Events Committee meeting at 7pm.

Friday 6th September - Penmill Art group from 10am weekly. Slimming World with Hayley weekly at 5.30pm.

Saturday 7th September - Slimming World with Hayley from 8am or 9.30am weekly.

Thursday 12th September - Baby & Toddler group with Tammy is back from 9.15am to 11.15am weekly during term time in the Function room. Paper Bead Jewellery Workshop with Linda from 10am (07973440101 for more info). Garden Bloomers are gathering from 2pm to 4pm.

Saturday 14th September - Pensilva W.I. Horticultural Show opens at 2.15pm. Get your forms from Millennium House and back into Alison Willis or Trish

Thomas by Monday 9th September.

Wednesday 18th September - Natalie is back with Sing & Sign. Bingo with Colleen & Ruth, over 18's only, doors open 7pm, eyes down 7.30pm. Friday

Friday 20th September - Film Club, showing "Miracle Club"; doors open 7pm, film starts 7.30pm.

Tuesday 24th September - NHS Blood Donors are here!

Wednesday 25th September - Harvest Festival Meal Night with Abi & Natalie from M2 Catering, please make sure you book it by Friday 20th September 2024. See poster for menu.

Just a reminder, you can book a table for the Pensilva Market Days which are on the first Sunday of every month by emailing ness.mhouse@gmail.com or calling **01579363096** and speaking to Vanessa. This can be anything from sweet treats, fruit & veg, crafts and table top. I have the Christmas Market Weekend booking up already on Saturday 14th & Sunday 15th December, so if you want a spot, don't leave it too late.

Have a super September

Vanessa

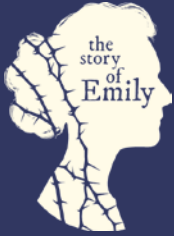
IMPORTANT NOTICE:

THE MILLENNIUM HOUSE POST
OFFICE OPENING TIMES HAVE
CHANGED



Unfortunately, the number of hours that Post Office is open are now reduced. It's the same days—Tuesday, Wednesday, and Friday—but from **9am to 11:30am only**.

The coffee shop will still be open during these times, and closes later.



Neighbours Go Free

Immediate neighbours within a 2.5 mile radius of The Story of Emily, as the crow flies, will be granted free access for any day we are open in the 2024 calendar year.

Journey back in time with us and discover how one woman from this Cornish village shaped events a world away. Here, an untold chapter of UK history is brought to life.

Find out more and to book [thestoryofemily.com](https://www.thestoryofemily.com)



Pensilva Community Association and C-Fylm Present

PENSILVA FILM CLUB



FRIDAY, SEPTEMBER 20th

DOORS OPEN 7PM, FILM STARTS 7:30PM

THE MIRACLE CLUB

£3 for C-Fylm members

Non-members can join on the door for £6, which includes your first film.

Set in 1967, **THE MIRACLE CLUB** is a heartwarming film that follows the story of three generations of close friends, Lily (Maggie Smith), Eileen (Kathy Bates), and Dolly (Agnes O'Casey) of Ballygar, a hard-knocks community in Dublin, who have one tantalizing dream: to win a pilgrimage to the sacred French town of Lourdes, that place of miracles that draws millions of visitors each year. When the chance to win presents itself, the women seize it. However, just before their trip, their old friend Chrissie (Laura Linney) arrives in Ballygar for her mother's funeral, dampening their good mood and well-laid plans.

Rated PG-13. Comedy/drama -
1 hour 31 minutes.

SCAN FOR TRAILER ----->



NEIGHBOURHOOD DEVELOPMENT PLAN FOR ST IVE & PENSILVA



The Parish Council would like as many people involved as possible to help with the task of formulating the draft Neighbourhood Plan. If you do have some spare time, and would like to volunteer then please contact the Parish Clerk for further details: stiveparish@btconnect.com

Follow the plan...

IF YOU WANT TO FOLLOW THE PROGRESS OF THE NEIGHBOURHOOD PLAN THEN PLEASE LOOK OUT FOR UPDATES IN THE PARISH PUMP NEWSLETTER, ON FACEBOOK, THE PARISH COUNCIL WEBSITE, AND THE NEIGHBOURHOOD PLAN WEBSITE AT WWW.PLAN4STIVE.CO.UK



MILLENNIUM HOUSE EVENTS
GROUP AND PENSILVA COMMUNITY
ASSOCIATION PRESENT...



**DÍA DE
MUERTOS
KIDS
HALLOWEEN
DISCO**

**31st OCTOBER AT MILLENNIUM
HOUSE, PENSILVA from 6pm till 8**

FREE ENTRY + FREE SNACKS

**COME IN FANCY DRESS AFTER TRICK
OR TREATING...**

**PRIZE FOR BEST HALLOWEEN
COSTUME and BEST DAY OF THE DEAD
COSTUME**

WARNING: STROBE LIGHTING WILL BE USED



Pentiddy Community Woodland

<https://pentiddy.co.uk/communitywoodland/>

Attwood Lane Pensilva Liskeard PL14 5QU

AGM & Community Bluebell Planting

Sunday 29th September 2024

Bluebell Planting 11am - 1pm

AGM in The Roundhouse Pentiddy @ 1pm - Soup, Bread, Cakes and Hot/Cold Drinks will be available for all to share.



Pentiddy Community Woodland is open to the public thanks to volunteers. Why not become part of the woodland? It's a fantastic opportunity to get to meet new people, spend some time outdoors, enjoy the company of others, learn new skills, share your knowledge.

The woodland needs You in many ways. From being a Trustee, volunteering to manage the woodland, help with food and drinks on volunteer days. Trustees are a vital element of ensuring the woodland continues to function. Each year at our AGM we elect/re-elect members of the Committee – is this a role you may be interested in?

Please consider if you can spare a small amount of time to help out (no more than 3 meetings a year). It really is an easy and rewarding way to contribute to this beautiful woodland.

If you are interested in becoming a Trustee please contact Craig/Emma on 07989 330887 for a chat about what is involved. Facebook/Messenger – “Pentiddy Community Woodland”

Badminton at Millennium House

Monday & Tuesday 5pm - 7.30pm - Informal Badminton - £10 per hour per court, call 01579363096

Monday & Tuesday 7.30pm - 9.30pm - Pensilva Badminton Club - £5 per person, contact Richard 01579349324 or Nigel 01579363594

Wednesday 5pm - 10pm - Informal Badminton - £10 per hour per court, call 01579363096

Please bring your own rackets & shuttles or you can rent a racket and shuttles for a small charge.

BABY AND TODDLER GROUP WITH TAMMY

Millennium House Function Room

£2 per family

Every Thursday
9.15am to 11.15am
Term Time only

- * MAKING FRIENDS
- * FUN EDUCATIONAL ACTIVITIES
- * SNACK



CONCERT

28TH SEPTEMBER AT 7.30 PM



ST CLEER MEMORIAL HALL



**Songs from the Shows
Cornish Songs
of the Sea and MORE**

BAR ADMISSION £5 RAFFLE

Update on Aid for Ukraine

I am pleased to announce that after a long journey, July's aid for Ukraine has safely reached its destination. A huge thank you for all of your donations and a very big THANK YOU—especially to Pensilva Stores for their generous donation this month.

You may be interested to know that on the 7th September 24 at 7pm, Nightingales UK will be holding a four-course fire cooked feast night with live music, and all proceeds are going to support the humanitarian work that they provide for Ukraine. The event is going to be held at Uphill Farm Walled Garden in Yelverton PL20 6DF. If you are interested in going you can find a link on Facebook, or you can call Charlotte on 07748616662 or go to:

www.uphillfarm.co.uk

It is incredible to think that against all the odds, the Ukrainian Army have some how managed to penetrate into Russia's Kursk region. The people are incredibly resilient but war is a terrible thing and the effects that it has had on the nation means that it has now pushed a further 7.1 million more



people into poverty undoing 15 years of economic progress. The war has also forced over 6 million people to flee Ukraine, leaving a large hole in the national workforce.

It is now one of the most food insecure countries in the world, despite being one of the worlds' biggest exporters of crops, such as maize, barley and wheat.

For now, all we can do is hope and pray that one day soon, the war will cease and peace will return to both Ukraine and Russia.

Please remember that every donation that you make, gives hope to someone that you have never met and shows that we care.

Janey Bryson

Nightingales UK are currently asking for donations of the following Medical Aid:

Equipment

- Collars
- Dressings/Bandages
- Splints
- Syringes
- Crutches
- Eye Wash/Eye Dressings
- Wheelchairs
- Inhalers
- Walking Frames
- Blood Pressure Monitors
- Gauze
- Blood Sugar Testing Kits
- Plasters
- Dressings for Burns/Burns Gel
- Wound Closure Steri-Strips
- Sutures
- Procedure Packs
- First Aid Kits
- Blood Sugar Testing Kits
- Scissors
- Syringes
- Feeding Tubes

Aid to Support the Paramedics Providing Front Line Response

- Waterproof boots and Winter Jackets
- Torches
- Power banks to charge phones etc
- Metal Detectors
-

Over the Counter Medicines

- Paracetamol
- Ibuprofen

- Immodium/Dioralyte
- Decongestant Nasal Sprays
- Vicks/Strepsils
- Disinfectants
- Antihistamines e.g. Piriton, Loratadine, Cetirizine

Humanitarian Aid

- Childrens Nappies
- Baby foods/wet wipes
- Childrens Mixtures i.e. Calpol/Cough medicines
- Infant formula (6 months)
- Childrens Purees (Vegetable, fruit, meat)
- Childrens/Adults Hygiene – Shampoo, Soaps, toothpaste, toothbrushes
- Feeding Bottles
- Dummies/teething rings
- Adult incontinence pads (S, M, L)
- Disposable Nappies
- Adult Shampoo, Soap, Toothpaste, Toothbrushes
- Washing powder
- Washing up liquid
- Toilet paper
- Sanitary Pads
- Tin Canned Food (Vegetable, Meat, Fruit)
- Cereals, Pasta, sugar
- Tea/Coffee

Thank you all.

Unity Methodist Church



Unity
Methodist
Church

Sunday 1st September 11.15am - United Service at St Ive Parish Church Rev Martin Selix HC and Baptism.

Monday 2nd September 7pm @ Saltash Wesley MC Launch Service of the new. South East Cornwall Circuit and welcome service to our new clergy. All welcome.

Tuesday 3rd September 7pm @ Truro MC the Launch Service of the new South West Peninsula Methodist District. All welcome

Sunday 8th September 11am - United Service Service at Blunts MC to celebrate their Harvest Festival led by Helen Burke.

Sunday 15th September 11.15am - United Service at St Ive Parish Church for their Harvest Festival, to be led by Rev Li Selman.

Sunday 22nd September 4m - United Greenshoots Harvest Festival Service at St Ive Village Hall with Alan Libby, Tea to follow.

Sunday 29th September. Church on tour. (please follow our Facebook page to see where we are going)

Early date announcement. Sunday 13th October 2-4pm we will be holding a joint Macmillan coffee afternoon at St Ive Parish Church. All welcome.

The Chattermakers craft group are always ready to welcome new people to come and chat, craft and have a good evening. The dates for September are Thursday 5th and Thursday 19th. All welcome. For more details please run Kathryn on 01579 382334

St Ive Church

September 1 st	Morning service	11:15am in church
September 8 th	Chapel service	10:30am in village hall
September 15 th	Harvest festival Lunch following the service	11:15am Holy communion
September 24 th	Chapel harvest festing A harvest tea will follow the service	4pm in village hall

Other events:

September 28 th	Callington gospel choir 7pm Refreshments available, entry by donation
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A date for your diaries: Johnny Cowling will be returning to the church for a "Christmas with Cowling" on Friday 20th December.

First time back with us since the pandemic. Always an enjoyable night and a good way to start Christmas. Tickets available soon.

We are delighted to see "The Story of Emily" opposite the Church now fully open and don't forget if you live within 2.5 miles you can visit for free as many times as you like right up to the end of the year. You just need to show proof of address.

Pensilva W.I MacMillan Coffee



and Cake Morning.

Saturday 5th Oct.

10.30.am to 12

The Village Hall, Pensilva.

Bring and Buy.

Raffle.

£4.00 entry to include coffee and cakes.

All welcome.

St John's Mission Church

Services for September 2024

Sunday	1 st	11.00 am	Morning Worship
Sunday	8 th	11.00 am	Holy Communion
Sunday	15 th	11.00 am	Morning Worship
Sunday	22 nd	11.00 am	Morning Worship
Sunday	29 th	No service at St John's	
		10.30 am	United Worship - Harvest on the Farm Tregartha Farm, Merrymeet

Thursdays 10.00 am Morning Prayer Fellowship

SEPTEMBER EVENTS Please see posters for full details

Friday	6 th	2.30 pm	Afternoon Tea
Tuesday	24 th	2.00 - 4.00 pm	Stitch, Knit & Natter
Thursday	26 th	2.00 - 4.00 pm	Memory Café

For further details, to arrange transport or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718



HELPING LOCAL PEOPLE IN CRISIS



St John's Mission Church
Collection Point

URGENTLY NEEDED ITEMS

TINNED VEGETABLES	TINNED SOUP
TINNED POTATOES	TINNED MEAT
MILK - LONG LIFE	PASTA - DRIED
FRUIT JUICE - LONG LIFE	RICE 500G
SIZE 5 AND 6 NAPPIES	WET WIPES
DEODORANT FOR MEN	

GRATEFUL THANKS
to all of you who
most generously donate.

**Tuesday
24th
September**

**St John's
Mission Church
Pensilva**

**on the
last Tuesday
of the month**

**2.00
to
4.00 pm**

**Contact Kathleen
01579 363686**



Pensilva



MemoryCafé

**Thursday 26th September
2.00 to 4.00 pm**

If you have
memory problems
or
you are a carer
for somebody
who does
and
would like to
meet others
who understand
your situation
then join us at
St John's Church

Contact Geoff 01579 362698

AFTERNOON TEA

St John's Church
Pensilva

Friday 6th September
2.30 pm



Bring & Buy Stall Raffle

*Donations in support of church
work in our community*

We provide some of the basics needed by vulnerable families with a newborn. We work with midwives, health visitors and local organisations to provide starter packs for those in need.

“Baby—
basics”
Cornwall

Our Moses baskets provide a safe place to sleep and are packed full of toiletries such as nappies, wipes and maternity pads, as well as blankets, towels and baby clothes.



**St John's Mission Church
Collection Point**

GRATEFUL THANKS

**to all of you who
most generously donate.**

Baby Basics Cornwall, run by the Tribute Cluster of Churches, is part of a UK wide network of centres supporting parents with babies by providing clothing and equipment.

We work with local health professionals. All our referrals come from them and our bundles are delivered by them, making this a confidential service.

Bundles are made up of a mixture of new and pre-loved items for families with babies 0-3 months.

Our pre-loved items are carefully checked, washed and ironed by our volunteers. This ensures that all our bundles are high quality, safe and a real gift of love.

If you are struggling financially, emotionally or practically with the upcoming birth of a baby, please ask your health professional for a referral to Baby Basics.

St. Ive Village Hall, The Cross PL14 3LZ

HALL HIRE

£5 an hour

Includes use of the kitchen and electric (except wall heaters, which are on a £1 coin meter)

For bookings ring Amanda 077 033 930 70

Regular Group and Activity Timetable

Group	Date and Time	Contact details
Gardening Club	1 st Monday monthly 7.30pm	stivegardeningclub@gmail.com
St. Ive Snooker Club	Mondays and Thursdays 7pm	01579 382315 R. Bunkum
Mobile Post Office	Wednesday 10.30 – 11.30am	
Village Coffee Morning	Wednesday 10.30am – 12	
Methodist Sunday Service	Check timetable in Parish Pump for services	Kathryn or Keith Mutton 01579 382334
<u>Chattermakers</u> Chat and Craft	Thursdays Fortnightly	Kathryn 01579 382334
Fit On the Floor Fitness Class	Tuesdays 7pm to 7.30pm	07597383171 Facebook @jemfitnessliskeard

Gardening Club Report

On Sunday 4th August we had the great pleasure of visiting one of Cornwall's great delights: Cabilla Cornwall.

Instead of our usual Monday evening visit we met at 3:20pm on a Sunday afternoon. We headed out towards Cardinham, near Bodmin. A sunny evening shining the way. We were greeted by Jess, the host, and now Head Gardener at Cabilla. Jess provided us with drinks whilst we sat in a converted barn with the most relaxing, tranquil feeling. The space was airy with comfy seating, a perfectly made table and bench with ceiling high wooden plant troughs hosting green, trailing plants.

Jess started by telling about her background which is in ecology. She is new to the role of host and Head Gardener at Cabilla; a role she is very much enjoying. Jess explained Cabilla began after the owners had spent much time in its wildness whilst recovering from mental illnesses/issues. They wanted to share the space with others who needed a safe, calming and natural environment to heal from their emotional/trauma issues. Cabilla hosts a number of retreats where wellbeing and the natural world are at the centre. The converted barn and temperate rainforest were the first to be developed but neither have had the natural, wildness taken away; it's very much



been enhanced. In between the two areas there was a space of land, this is now being developed into a kitchen garden courtesy of Jess. The area was damp and never really dry so the garden beds are in raised beds. The area was perfect for a pond so using cardboard and wood chips the pond was created. It is a perfect home for reptiles such as frogs and newts as well as insects who enjoy the kitchen garden too.

The land is 300 acres incorporating the rainforest, farm, and barn area. The star of the farm is Gloria the Cornish black pig—she works hard on digging the ground preparing it for planting, she has been a lodger with the cows and horses but she prefers her own company.

The site is home to a handful of koyts (wooden cabins). They are set amongst the ancient oak woodland of Cabilla. They don't have any electric or plumbing but they have sky windows so the stars can be viewed uninterrupted through the night. The koyts are simplistic and extremely cosy, a great way to escape the noise of everyday life.



We wondered down to the rainforest, along a wild path of grasses, bracken, and the natural world of shrubs and trees. The rainforest itself is 100 acres, as we walked towards it Jess explained a further 25k trees have been planted to expand the area. The new trees are all native, oaks, rowans, alder, crab apple. As we walked along the pathway the view across the valley was like no other, the new trees along the backdrop of the ancient trees with the fields and moorland in the distance. Insects buzzed, butterflies and moths danced along with birds of prey soaring above us.

As we entered the rainforest we were treated to a wall/hedge which was mentioned in the Doms Day book! What things it must have witnessed in all the time it's stood. The space we stood was a familiar sight but also a brand new one. Moss covered tree trunks surrounded by carpet of bracken leading up to a canopy of branches v leaves. The peacefulness, freshness, and calm is immediate. Jess explains the trees here have a very strong mycorrhizal network, they communicate with each other through this web of roots and their friends the fungi. The age of the ancient forest

means they have developed and established a powerful connection to share nutrients and to warn each other in times of stress.

As we strolled along the pathway the trees lined for us it was clear to see the unspoiled beauty living together in harmony. At the end of the path was a viewpoint across the land with the trees giving a natural picture frame with their leaves.

We made our way down to the waterside, a crystal clear stream which is drinkable. Nestled in the rainforest is an old mining area, a counting house which is now home to a sauna. The Cabilla retreats include use of the sauna and the stream; a secluded, quiet space to clear busy minds.

As we walked up the sunset dappled path the ground became a mirror image of the canopy above. The Mother Tree, an ancient oak who has produced the vast majority of all the oaks in the rainforest stands proudly at the gateway to the clearing before we walk back to the start.

This evening was different, a gem in Cornwall, a delightful, untouched landmark completely off-grid where you feel connected to the natural world.

Next meeting: Monday 2nd September
A talk on creating a wildlife graded by Liam
Shoesmith from Radio Cornwall
St Ive Village Hall (PL14 3LZ) 7:30pm
We welcome visitors!
stivegardeningclub@gmail.com

THIRTEEN+ YEARS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I am looking at a mammal which we only ever see on our camera traps...

...THE BADGER.



Badgers are sporadic, but fairly frequent visitors to the wooded parts of our patch. With its proneness to falling prey to bovine TB, it is a controversial member of our wildlife community and it would not be appropriate to talk about them without addressing these issues. I will start by looking at the animal itself and then look at their part in the spread of bovine TB, with particular reference to the recent results from a Cornish research project.

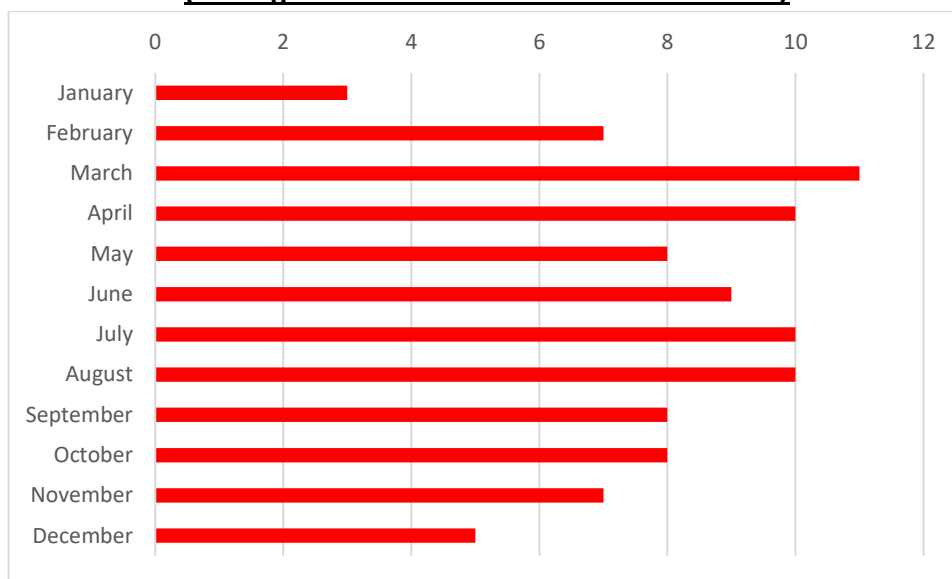
The European badger with its distinctive black and white stripes on its head, is the largest remaining land carnivore in the UK. It is found throughout the mainland, but absent from most islands, including Cornwall's Isles of Scilly. It is a member of the mustelid family along with stoats and weasels. They live in large family groups of up to 30 individuals in underground tunnels known as setts. They are obsessively clean, frequently clearing out old bedding and replacing it with new dry leaves and grass. A short distance away from the sett, they will dig a pit which is used as a toilet. As well as digging tunnels, their strong front paws are used to dig for food. In addition to this main sett, they may have other smaller ones to use when moving around their territory.

Earthworms can form from 50% to 80% of their diet, which also includes insects, bulbs, small mammals, blackberries, grain, carrion and windfall fruit. They are also the UK mammal most capable of taking a hedgehog, using their thick long claws to get passed the hedgehog's spines. This doesn't make them that popular with the British public, but they are a long established part of the ecology of our countryside and there is no evidence to indicate that this is the main cause of the hedgehog's current slump in numbers.

Badgers can mate throughout the year, though most mating happens between February and May. During courtship the male badger (boar), will relentlessly follow the female (sow), holding on by biting her neck during coupling. Following copulation, delayed implantation occurs, ensuring that all cubs are born between January and March, regardless of when mating occurred. After about 2 months in their underground nursery, litters of 2-5 cubs will emerge from the burrow and will reach maturity at about 1 year of age. Some of these will stay where they were born, whilst others disperse to establish their own territory elsewhere.

Although less active in winter, badgers do not hibernate, as is illustrated by this graph showing badger sightings during my first 10 years here.

Average number of badger sightings per month from 2010-19
(Averages rounded to nearest whole number)



Badgers are a protected species, making badger baiting and digging illegal. In 1992 this was consolidated by making the damaging or blocking of their setts illegal as well. Unusually, this protection is due to long standing species specific human persecution, rather than natural threats such as climate change. Despite 50,000 badgers being killed on our roads annually, this legislation has increased their population bringing it in line with that of the fox and brings us to the second part of this article.

Badgers and Bovine TB.

Although most bovine TB transmission on farms is between cows, most countries have a native species which become the main (but not the only) interface between domestic cattle and the transfer of bovine TB from the wild. In some for example it is short tailed deer - here it is the European badger. It could equally be argued that this interface works both ways with the wild species and the domestic, re-infecting each other. However, the effect this has on the farmers is devastating both emotionally and in business terms and should not be underestimated.

Regular testing of cattle for bovine TB has considerably improved the situation, but is very stressful for farmers who never know when it might appear again, making them slaughter some animals and unable to sell others so putting a huge strain on their livelihoods.

I always found it difficult to understand why domestic cattle were not vaccinated (as such a thing *does* exist). However, this is because it interferes with bovine TB test results so diminishing the effectiveness of the testing system which is the only current means of control.

Licensed culling of badger setts in areas where bovine TB is rife, was tried and proved to be counterproductive. This only served to drive out badgers who then moved on to infect new areas. Despite these well documented results, I understand that a license for another cull has recently been authorised.

Although inoculating cattle would be easier and more complete, the next best solution would be to inoculate the badgers. Some of you may have heard on the local news, that just such a trial in Cornwall has recently reported positive results. The study was supported and partly funded by local farmers. Twelve farms were involved with Imperial College London analysing the results to answer the farmers' questions around the practicality and effectiveness of vaccination. The recent paper publishing the results reported the number of badgers testing positive for bovine TB fell from 16% to 0%, with the percentage of local badgers vaccinated estimated to be 74%. They are calling for larger scale studies to be funded in order to establish whether this can be replicated on a larger scale.

Keith Truscott, founder of the Mid Cornwall Badger Vaccination Farmers Group and senior author on the report said: "We need a solution to tackle bovine tuberculosis - as a cattle farmer, I'm living with the constant worry that one of our cows might test positive for the disease, so doing nothing is not an option."



Professor Rosie Woodroffe, project lead and researcher at ZSL's Institute of Zoology said: "Our hope is that this work will help to move TB control into a place where farmers and wildlife groups can work together towards this shared goal."

Let's hope that this glimmer of hope will blossom into a long term solution for the sake of both the farmers and our wildlife.

Given this rather more serious note than usual, don't forget to look out for all our wonderful wildlife - you may even be lucky enough to see a badger in your garden at dusk - I will be very jealous if you do!

HAPPY WILDLIFE WATCHING!
Hilary



St. Ive Village Hall PL14 3LZ Snooker Club



**St. Ive Village Hall
The Cross, St. Ive
PL14 3LZ**

Monday and Thursday Evenings

**1st Monday of the month
7.30pm**

7pm

Contact Ray Bunkum

01579 382315

New members welcome

Email: stivegardeningclub@gmail.com



St Ive Church would welcome anyone interested in learning to ring the bells.

Practice night every Wednesday
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AT 7.30PM

TICKET ONLY EVENT

£15.00 Including Pasty Supper

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On—01579 362959 or

07436438567

The Vikings are coming (or maybe returning!) to Quethiock!

Come and join us on **Saturday 21st September** as **Morvleydh** recreates everyday life for the local Britons, Scandinavians and Saxons at the time Quethiock Churchyard Cross was erected.



Morvleydh are Early Medieval Reenactors specialising in recreating life in the South West between the 8th and 11th centuries. They will be taking their corner of Quethiock Heritage Weekend back to the 10th Century when Quethiock's own churchyard cross was raised.

There will be displays of daily life, crafts and combat with steel weapons. **For Under 10s there's also the chance to take on the Vikings and practise your own shieldwall skills!**



More info at facebook.com/Morvleydh

There's more including

NOTE: Morvleydh and visiting exhibits are Saturday only.

...and it's FREE to enter!

Archaeology ... Divining ... Heritage Tools ... Exhibits from Local Museums, Heritage Centres and Local History Societies ... Children's Activities ... Village Trail ... BBQ ... Finds from the Midden ... Family History ... Metal Detecting ... Geology of Quethiock ... Finds Identification ... Local Bottles and Jars 1690-1940 ... Quethiock Photographer Tom Harris ... Wills and Spinning Wheels ... St. Hugh's Cafe ... Calstock Roman Excavation ...

The Heritage Weekend continues on SUNDAY 22nd September WITH

10am 'Heritage' Morning Service
2pm - St Hugh's - 'Outside, Inside and Underneath the Floor!'
Talk and Guided Tour.

From 3pm:

Geology of Quethiock
Bottles and other collectables
Tom Harris photographs
St. Hugh's Archive
Quethiock Parish Local History Group
Cream teas and cake (St. Hugh's Cafe)
Live Music
ALL AT ST. HUGH'S CHURCH
(parking at the Parish Hall)

HERITAGE WEEKEND AT QUETHIOCK

11-4:30 SATURDAY 21ST AND 2-5PM SUNDAY 22ND SEPTEMBER

ST. HUGH'S CHURCH, THE PARISH HALL AND IN BETWEEN!

PARKING AT THE PARISH HALL [More info at sthughquethiock.org.uk](https://sthughquethiock.org.uk)

We look forward to you joining us for a weekend of discovery!

CAVe News

ALERT: The good things in life don't come free, and it looks as if the monthly CAVe films might become a thing of the past. Audience numbers were very healthy until the Covid pandemic, since when they have not really recovered to an extent where the showings are viable: film hire, licence fees and hall hire all need to be met and any shortfall has to be covered from the Callington Community Arts budget. All our films are chosen as being highly acclaimed at the major award ceremonies or having received national box office success; the Council Chamber is an ideal venue which provides a cosy and intimate space to enjoy great films with other cinema-lovers. See our website callingtoncave.weebly.com for more details.



Coming Up in September

THE 4th THURSDAY IN THE MONTH IS FILM NIGHT IN CALLINGTON

“THE HOLDOVERS”

Running Time: 2 hrs 13 mins

134 Awards including
2024 Oscar: Best Supporting Actress
Comedy Drama

From acclaimed director Alexander Payne, **THE HOLDOVERS** follows a curmudgeonly instructor (Paul Giamatti) at a New England prep school who is forced to remain on campus during the Christmas break to babysit the handful of students with nowhere to go. Eventually he forms an unlikely bond with one of them - a damaged, brainy troublemaker (newcomer Dominic Sessa) - and with the school's head cook, who has just lost a son in Vietnam (Oscar-winner Da'Vine Joy Randolph). These three very different shipwrecked people form an unlikely Christmas family sharing comic misadventures during two very snowy weeks in New England.

“The Holdovers is a cinematic miracle!

Alexander Payne stands out as one of the most, if not the most, talented directors of this generation. He channels the spirit of the great directors from the late 60s and 70s – reminiscent of Robert Altman, Peter Bogdanovich and Mike Nichols. In each of his films, Payne consistently presents a clear point of view, skilfully taking his time to weave together a coherent and compelling narrative.

“The Holdovers” seamlessly joins the ranks of his best works, with Paul Giamatti delivering a stellar performance alongside newcomers Dominic Sessa and Da 'Vine Joy Randolph.”

Thursday 26th September

Callington Town Hall Council Chamber

Doors open at 7.15pm for membership registration

Members' entrance: Adults: £4 U18s: £3

Start time: 7.30pm

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Thursdays
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or Tel. No. 01579 384810**

All Being Well

We are still open for three mornings a week. A maximum of six members can now attend at one time.

Opening hours:

Monday, Wednesday and Saturday, 9am to 1pm.

Maximum six members at a time for each of three slots within each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

Prior booking is essential

To book yourself in or for any enquiries, call in at the gym or telephone on **01579 363890**, during the opening hours listed above.

23 years working in our local community to improve health, fitness and well being.

A full copy of the program can be picked up at Millennium House reception

PENSILVA WOMENS' INSTITUTE

HORTICULTURAL SHOW

To be held in

Millennium House, Pensilva

On

Saturday 14th September 2024

To be opened at 2.15pm

By

ST.IVE PARISH COUNCILLOR

ALAN MOSS & JULIE MOSS



HANDICRAFTS

SECTION 5 - OPEN

CLASS

- 62. Knitted or crocheted item
- 63. Item of needlework
- 64. Painting (any medium)
- 65. Item of sugarcraft or porcelain
- 66. Any other handicraft, not included in the above classes.
- 67. Any hand-made bag, any medium.

PHOTOGRAPHY

SECTION 6 – OPEN

CLASS

- | | | |
|-----|--|-------|
| 68. | Any sporting photo | Print |
| 69. | An unusual sky | Print |
| 70. | A humorous photo, with caption | Print |
| 71. | `Young & old' | Print |
| 72. | Own Choice | Print |
| 73. | A digitally enhanced photograph
of one of the above classes | Print |

SECTION 7 – OPEN JUNIOR UNDER 15

CLASS

- | | | |
|-----|--------------------|-------|
| 74. | Any sporting photo | Print |
| 75. | A funny photo | Print |
| 76. | Own choice | Print |

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Monday: Closed
Tuesday-Saturday: Open 5 - 10:30pm
Sunday: 12 - 5pm

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Pool table available most nights.
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RVS WEDNESDAY CLUB, PENSILVA

ROYAL
VOLUNTARY
SERVICE

Meeting in the village hall every 3rd Wednesday of the month. Entry £2 which includes raffle and refreshments, 2pm to 4pm.

Our August meeting started with a quiz naming places in Cornwall. Then we had our afternoon tea of scones, sausage rolls and cake, of which everyone enjoyed. After we had our raffle and another quiz.

Our next meeting will be on **18th September** when Mark Simon's will be talking on Ian Flemings War, who is the author of James Bond. Meeting starts 2-4pm, £2 include tea, biscuits and raffle ticket.

Wednesday 16th October - Harvest auction

Everyone Welcome. For further information please contact:

Cherry Woodhouse	(Chairperson)	01579 363674
Jane Hall	(Secretary)	01579 363379

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Anyone wishing to book the hall for meetings, birthday parties or fundraisers, please contact Peter or Jackie Browning on **01579 363212** or email peterpensilva@gmail.com

Please note that as well as hall rent there is a coin meter for heating at 60p/hr.



MOBILE LIBRARY SERVICE

**Next visit to Pensilva is
FRIDAY SEPTEMBER 20th 10:25-10:45
outside Victoria Inn**

The county library services visits every four weeks on Friday. You can browse the shelves, or pre-order books using the link (scan the QR code on the right):



<https://www.cornwall.gov.uk/libraries-museums-and-archives/libraries/mobile-library/>

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16th November	Longleat Festival of Light
22nd - 25th Nov	Turkey & Tinsel - Bournemouth
30th November	Bath Christmas Market
7th December	Exeter Shopper & Christmas Market
15th December	Cornish Christmas Lights

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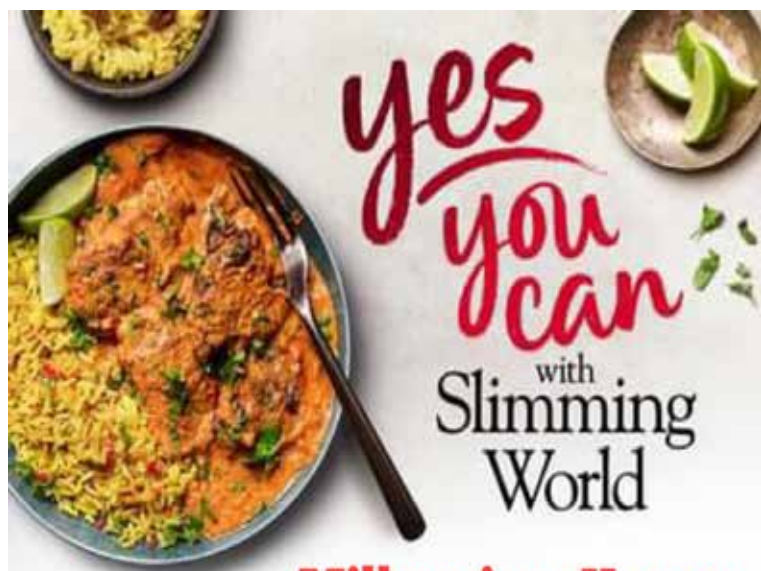
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www.loganslogs.co.uk

PensilvaCars

01579 363516

- ✓ MOTs Class 4
- ✓ Service
- ✓ Repair
- ✓ Tyres
- ✓ FREE Courtesy Car
- ✓ Car & Van Sales
- ✓ Diagnostics
- ✓ Air Conditioning
- ✓ 

We have offered a supply, fit & balance of tyre service for 10 years at competitive prices.

Most of our tyres can be supplied the same day.

LOCAL RECOVERY £45.00

www.pensilvacars.co.uk

pensilvacars@hotmail.co.uk

We can service and repair your car to manufacturer specification, keeping your dealer warranty without main dealer expense.





Pensilva & St Ive Post Office Service

Pensilva: Through the coffee shop on the 1st floor of Millennium House

Tuesdays: 9 to 11:30am

Wednesdays: 9 to 11:30am

Fridays: 9 to 11:30am

**The Millennium House
coffee shop is also open on
these mornings.**

.....
St Ive: At St Ive Village Hall

Wednesdays: 10:30 to 11:30am

**Coincides with the St Ive
Village Hall Coffee Morning**

Pensilva Stores

Amazing Value

Premier
a great deal more from your local store
Mon-Sat. 7:00 AM. - 9:30 PM.
Sunday 8.00 AM. - 9:30 PM.

- ✓ Fantastic Special Offers every month!!! (See store leaflets)
- ✓ Come and Check out our great deals on Wine, Beer and Spirits
- ✓ Local Produce: Homemade Butter and Clotted Cream, Meat from our local butcher
- ✓ Cornish Fresh Fruit and Vegetables
- ✓ Fresh Bread, Pasties and Cakes
- ✓ Take Away Coffee, tea and hot chocolate
- ✓ Newspapers and Magazines, Greeting Cards
- ✓ Paypoint, Lottery

*** Free to use ATM ***
*** Card Payment ***

Friendly Staff + Service with a Smile !!!

Pensilva Stores is a family run business who have been serving local people and visitors for more than 21 years.

Higher Road, Pensilva, Liskeard, Cornwall PL14 5NQ

Tel: 01579 362547