JULY, 2024

### THE PARISH PUMP

Newsletter for the Parish of Pensilva and St Ive

ISSUE NO 508



#### **DISCLAIMER**

The articles appearing in this magazine do not neccessarily represent the views of the Parish Council nor of the Parish Pump Editor.

Parish Counc	illors Telephone L	.ist
 04570 000004		

Alan Moss	01579 362064	Marlene Carr	01579 362919
Rosemary Farley	01579 384810	Martin Corney	01579 382450
Tony Hodson	079 7353 6964	Nigel Gisby	01579 363096
Paul Mann (vice chair)	01579 363757	Nigel Libby	079 6889 1814
Ivor Vaughan	079 7993 4604	Patricia Steer	01579 363096
James Bruce	074 1119 2645	Craig Vaughley	01579 364083

Steve Willis (chairman) 01579 363096

Your Cornwall Councillor is Sharon Daw - 078 3737 9305 cllr.sharon.daw@cornwall.gov.uk

### Meetings of St Ive Parish Council

Meetings are usually held on the second Monday of every month, except August and December when no meeting is held. Please see the website or notice board for meeting dates, agendas, and minutes.

https://st-ive-parishcouncil.gov.uk/minutes-agendas/



### **Police Community Neighbourhood Office**

Your Community Support Officer is PCSO Steve Edser 30173 Email: CIOSNBMLLST@devonandcornwall.pnn.police.uk

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

### **Contact Details for St Ive Parish Council and Millennium House**

### Address for correspondence:

Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council 01579 363096, email: stiveparish@btconnect.com

For finance matters for the Parish and Millennium House, contact John Body

01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations to Vanessa 01579 363096 email: ness.mhouse@gmail.com

### **Parish Pump Submissions**

Via email only to stiveparishpump@gmail.com

The deadline for submissions is the 18th of the month. Please email your text submissions directly in the email body, and attach any images. Full, half, or quarter page designs can be sent as JPG, PNG, or PDF files.

### **Advertising Costs**

Please note that all advertising must be paid for prior to publication.

Two months free when purchasing for a year.

Quarter page: £10 per month, or £100 for 12 months Half page: £20 per month, or £200 for 12 months Full page: £33 per month, or £330 for 12 months

(All prices are inclusive of VAT)

**ISSUE NO.508** JULY, 2024

### Letter from the Editor

With the election mere days away and purdah laws still in force, I wanted to take a break from my usual waffling, and write something useful instead. Bit unconventional, I know, but let's try it.

Fraud is now the most common offence, and with every service moving online, vulnerable people falling victim to digital scams is increasingly common. So here are the digital scams that you should be on the lookout for in 2024.

If it helps just one of you, I'll be happy.

Thank you for your purchase! (Wait, what purchase?!) You receive an email thanking you for your purchase or subscription to McAffee Antivirus, or Best Buy Geek Squad, or some other nonsense you don't recognise and certainly didn't sign up for. \$300! That can't be right! (And yes, these emails usually show \$, not £).

Luckily, there's a phone number listed on the receipt, and a helpful message telling you to call that if you've changed your mind or need to cancel. You call it, and they're all too happy to oblige—just tell them your credit card details so it can be reversed.

But you don't recognize the purchase because you didn't make it, and the receipt is fake. The phone number to cancel is the number of the scammers, and you've given them your credit card details, so this time, you'll get a actual fraudulent purchase on your account.

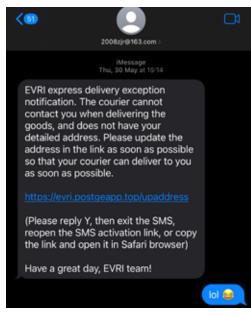
What to do? If you get an email about a purchase you don't recognise, you can safely delete it-or if you're worried, check your account statements. Whatever you do, do not call the number to cancel. If you have actually had fraudulent activity on your account, phone your bank-they will deal with it.

The unexpected bank transfer. You wake up to find £1000 has been transferred to your account. Later you get a call or message explaining the terrible mistake, and could you please transfer it back?

Don't—even if it looks like it came from a friend. It was a fraudulent transfer from a hacked account. The bank will eventually reverse the

transaction: don't touch the money, don't spend don't attempt to send anything back by yourself just let the bank handle it.

You might also be asked to accept a transfer on behalf of someone else - they'll say you can keep 10% as a handling fee. That makes you a



money "mule". Again, not only will you lose the full amount because it'll eventually be reversed, you'll also have your account frozen, and a fraud marker added, making any kind of finance impossible in future.

Your Evri delivery was unsuccessful, click here to rearrange. You were expecting a parcel anyway, right? You click and enter your card details to confirm your identify, or perhaps to pay the small re-delivery fee. Whoops. What

#### McAfee

INVOICE

6231875952215 stiveparishpump@gmail.com 11 June 2024 Dear stiveparishpump@gmail.com, Thank you for letting us know about the activation of your McAfee

subscription. We will proceed to verify the payment status of your invoice.

Contact us at +1 (803) 462-5196 to report if this transaction was not authorized by you.

Note: Within the next day or two, you may be certain that your bank's records will contain the specifics of the transaction.

follows is a series of fraudulent purchases on your card.

Don't click links in a text message. Banking, parcels, anything—just don't. Go to the official website. It's at that point you'll realise this missed delivery doesn't even have a tracking number, because it doesn't exist.

Your windows computer has a virus. You get a call from Microsoft. They've detected a virus on your computer! Oh no! Not to worry though, just go to this website and they'll be happy to remove it for

you. You do as they say, they take control of your PC, type some random commands into a prompt window, and it's all good, they tell you. Huzzah!

But now they have full access to everything on your computer; they've installed further backdoors and password stealing software that mean anything you do on your PC is now compromised. Your bank account will be cleared out next.

Protect yourself: Microsoft won't call you, ever. Your PC doesn't have a virus. Hang up, or leave them on the line while you have lunch.

In fact, while we're on the topic, anti-virus software like McAfee and Norton is completely unnecessary. The computer shop or tech guy that sold it to you only recommended it because they get a cut of the sale. Windows has competent built-in anti virus software called Defender, and has done for over a decade.

**Pig Butchering:** so-called because the scammer will often spend weeks or months fattening you up for eventual "slaughter". You get a text or WhatsApp message out of the blue from an unknown number; they seem to think you're an acquainttance. You tell them they have the wrong person. They apologise, but say you sound nice and strike up a conversation anyway. Or perhaps you meet someone on a dating app;

Today

ii Messages and calls are end-to-end encrypted. No one outside of this chat, not even WhatsApp, can read or listen to them. Tap to learn more.

Hi Ken, this is Alle. Is business okay recently?

Hey, im sorry i think you have the wrong number

1033 PM

Are you not Ken? Sorry, I think I added the wrong person

Nope, im not Ken Iol. Its not a problem
1034 PM

Sorry, you are a kind person, acquaintance is fate, although it is a wrong encounter, haha. Where are you from?

Somewhere in the US
1035 PM

the set up doesn't matter, but it's usually a romance scam.

After a while, they explain that they've been making great returns on some investment, and would be happy to share You're intrigued, details. but not stupid. You invest a small amount just to see how things go. You login to your new investment dashboard fantastic and see some returns already-up 20% in a week! Wow, it's legit! So you put some more in... a few thousand pounds this time.

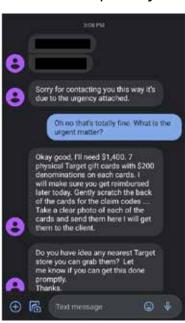
After all, you can login to the system, see it's making a return, so this obviously isn't some scam or they'd have run off with your money by now.

Soon, you want to withdraw some of those profits. Only, you can't. It says you need to pay a small withdrawal fee to do that. So you pay the fee, and you still can't. The investment wasn't real, the dashboard showing your returns was fake, and there was never any chance of getting your money back (or making any sort of returns). It's all gone.

Protect yourself: This might sound a little misanthropic, but always ignore random strangers who text you out of the blue. Especially

on WhatsApp. If the "investment" involves crytocurrency of any kind, run a mile.

One last thing: if you have fallen victim to a crypto investment scam, especially if you talk about on your social profiles, you'll soon be targetted for a second round by the recovery scammers, who promise to get your investment back (for a small advance



fee). That's not possible. The money is gone.

Your boss needs a gift card, urgently. You get an email from your work boss. They need an iTunes gift card for their daughter's birthday urgently; would you be so kind as to run out and get them? You can just take a picture of the code and send it via email. The email seems to come from their legitimate address. You do as asked, but then get a funny feeling, so you phone your boss to check, and he knows nothing about it. You're down £50 (or worse) because you bought a gift card for a stranger.

Protect yourself: email addresses can be superficially faked very easily, and sadly, email providers like Outlook/BTConnect are useless at showing you when this happens. Gmail wouldn't even let those fake emails into your inbox. The biggest red flag though is the mention of gift cards—it's an untraceable method of scamming anyone without the technical complexities of cryptocurrencies like Bitcoin. (Don't get me started on Bitcoin, we'll be here all day... eugh)

Sextortion: I left the most insidious until last. If you have teen children or grandchildren, take special note, because they're the target of these type of attacks, and it can be absolution devasting beyond monetary losses. It's a simple scam in the age of multiple online chat platforms: they strike up a conversation with a cute girl or guy online, who sends them some ...revealing photos. The person isn't real of course; the photos and profile picture are stolen. Your child trusts them because they're a friend of a friend (of course—being a "friend" in an online chat space is meaningless when all it takes is a single click to become one). But they ask for a naughty picture in return, and your child obliges. The scammer then demands money, or they'll send the photo to everyone in the chat room or on your child's friend list. They might even have tracked them down and be threatening to tell parents, family, and school friends.

This is the most serious of scams, and they've been many cases of children taking their own lives because of the threats.

If your child falls victim to this: You might be tempted, but don't delete the photos that your child shared. Police can create a digital fingerprint to automatically detect and remove whenever shared online (the photo itself won't be saved by the police, just a one way "fingerprint" of the file that can't be used to reconstruct it). Save all chat histories, and report it all to the police. Immediately stop all communication with the scammer, and block them. Chances are they won't follow through with the threat, but will give up and move onto the next victim.

Protect yourself: it's easy to just say "don't send dodgy pictures of yourself to anyone!", but it's a natural desire to want to reciprocate, especially at an age where you're deperate for validation and hormones are running wild. Even adults fall victim to this on dating apps, but they can protect themselves by at least meeting someone in person first. An uncomfortable conversation is the only way to protect against this one.

\*\*\*

It's easy to get angry and wonder what kind of evil people would do this. In truth, many are scammed into doing it themselves. They're lured to neighboring countries with the promise of legitimate jobs; their passport is then stolen, and they're trapped in secure compounds with heavily armored guards. Unless they hit targets for numbers of victims, they're beaten and tortured. It's just another form of modern day slavery.

I mentioned before the threat of AI in making these scams more realistic and more dangerous—such as with voice cloning technology—but thankfully we haven't yet seen those in real world usage. For now, those appear to be too much effort when the classic scams are still working well.

Stay safe!

James Bruce, Parish Pump Editor

### Chairman's Report

### **Observations part 1**

One of my musical "heroes" is George Harrison and readers may well remember the track "Isn't it a pity" from his album "All Things Must Pass". The song contains the lines "....their eyes can't hope to see the beauty that surrounds them....isn't it a pity". I mention this as one of the saddest sights I see when I'm out and about is the sheer amount of litter to be found alongside our roads and verges.

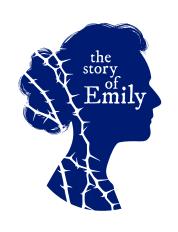
I walk along our roads everyday with our two dogs and some of the items purposefully thrown from car/van/lorry windows are truly shocking. Walking from Gang to the old Butcher's Arms is not dissimilar to going to the tip with one site in particular being the victim of fly-tipping. I myself have reported this twice and twice Cornwall Council, at great expense, have been obliged to clear it. And who pays in the end? Why, you do, of course in your Council Tax.

What is more disturbing is the amount of alcoholic drink cans and bottles in amongst all the litter, not to mention the Costa Coffee cups, the MacDonald's and KFC wrappings. It simply beggars belief as to why people do this – I just can't get into their mindset. There can be nothing easier than hanging on to all this detritus until home is reached and the rubbish dumped in the bin. "Isn't it a pity" that these mindless people can't see the beauty that surrounds them – and keep it that way. But on a lighter note...

...by now, you'll all be looking forward to the Pensilva Carnival on the 20th – we all need to cross our fingers and hope the weather is kind. Good luck to all the entrants whether you're baking the perfect cake, being the Carnival King or Queen, the Man on the Moon or making the best Scarecrow in town – all the best!!

See you next time with Observations part 2!

Steve Willis, Parish Council Chairman



### We are delighted to announce that The Story of Emily is open! Thursday – Sunday, 9am – 5pm









Come! Leave the present behind and journey back in time with us at The Story of Emily to uncover the life of Emily Hobhouse. Discover how one woman from this Cornish village shaped events a world away. We can't wait to welcome you!

Visit our website to find out more and to book thestoryofemily.com

### Pensilva WI

The June meeting took the form of Sitting and Standing exercises with Lois Taylor. Who would have thought doing a few exercises could be so much fun. Lively music was played which meant no sitting still, but we could sit or stand as we wished to do the exercises. The session finished by relaxing to some Tai chi type of exercises and music. Lots of laughter and a great fun evening. Thanks were expressed to Louis by Vi Gold.

### Dates for our diary's:

**Pensilva Gala Day (20th July)** when we shall have the usual Tombola stall. Items requested for the stall.

**3rd August.** Afternoon Tea at St Johns Church in aid of Breast Cancer Awareness. Bring and buy and raffle. 2.30pm to 4pm. Please support this very worthy cause.

**5th August.** Horticultural meeting to make final arrangements before our show on Saturday 14th Sept.

14th August instead of the meeting will be the Mystery trip.

**Birthday girls this month are:** Olive Davis, Ann Houlston, Kay Price and Alison Willis. Cards and posies were presented to them.

**Competition winners:** Flower of the month,1st Jo Hodkinson, 2nd Verna Dawe, 3rd Jean Hoare. Competition for a Healthy recipe, 1st Cherry Woodhouse,2nd Trish Thomas, 3rd Jean Hoare.

**Next meeting:** 10th July 7.15pm at Millennium House, when Leslie Bruskill will be playing her ukulele.

Competitions if you wish to enter, are a poem including the word ukulele and the usual flower of the month.

Why not come along as a visitor, and you might wish to join in the future. You will be made very welcome.

### Millennium House

Hi Parish Pump readers. June flashed by in a sunny blur! July is here and with it comes many exciting times for all of us! **Pensilva Carnival is this month** with Carnival Week kicking off on Sunday 14th July 2024 and finishing on Carnival Day on Saturday 20th July 2024.

This month at Millennium House we have ...

**Monday 1st July** - Mims Gentle exercise from 10.30am, Laura Louise Yoga from 5.30pm and Badminton from 7.30pm weekly!

**Tuesday 2nd July** - join in with Singing for Wellbeing from 10am weekly. Badminton from 7.30pm weekly.

**Wednesday 3rd July** - Coach James from Kixx is calling all 2 & 3 year olds to get their fun, imaginative and active little feet into the sports hall for some active fun from 9.40am weekly. Your little ones can also join Natalie at Sing & Sign with age appropriate groups from 0 - 30 months old. Book at nataliecole@singandsign.co.uk

**Thursday 4th July** - Election Day all day in the Function room! Don't forget to bring your I.D. with you when you vote! We have a Baby & Toddler Group with Tammy from 9.15am to 11.15am for all up to the age of 4 years old. Walking Netball from 4pm and Aikido from 7.30pm.

**Friday 5th July** - get your craft on with Penmill Art group from 10am weekly. Line up line up for NHS Blood Drive and finish off your week with Hayley and her wonderful Slimming World Group from 5.30pm weekly.

Saturday 6th July - You can also join Slimming World with Hayley every Saturday morning from either 8am or 9.30am.

**Sunday 7th July - No Market Day today!** Cancelled due to stalls attending later in the month on Carnival Day Saturday 20th July.

**Wednesday 10th July** - the lovely ladies of the Pensilva W.I. will be gathering from 7pm.

**Thursday 11th July** - join the Garden Bloomers in all things gardening from 2pm.

**Friday 12th July - Pensilva Film Club** will be showing Jimmy's Hall - doors open at 7pm for 7:30 start.

**Sunday 14th July** - Start of Carnival Week with The Walking Treasure Hunt starting from Millennium House at 10am all in aid of Pensilva School, come on and show them some support and have a great time too!!!

**Monday 15th July** - Board Games Night at Millennium House from 4.30pm to 6.30pm. Free entry! Free fun! Refreshments available and bar open from 4.30pm to 6.30pm!

**Tuesday 16th July** - Carnival Skittles Night - all welcome for fun fun and all funds raised go to charity!

**Wednesday 17th July** - Carnival Bingo Night. We have family fun bingo for bingo dabbers short and tall from 4pm, eyes down 4.30pm or you can attend Bingo for over 18's only from 7pm, eyes down 7.30pm.

**Thursday 18th July** - get your quiz teams together and your thinking hats on Carnival Quiz Night from 7pm. You can have as many as 6 people in your team, £2 per person and raffle too!

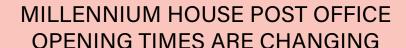
**Friday 19th July** - The Donkey Derby is back at Millennium House with Pensilva Football Club putting on a family fun night for all from 7pm.

**Saturday 20th July** - Pensilva Carnival Day is back and I look forward to seeing you all attend and join in! It starts off at 12pm with fancy dress registration and judging, followed by a parade around our lovely little village at 1pm and then back to Millennium House and the playing field for some fun (I am hoping in the sun) with bouncy castle, assault course, BBQ, animals, drinks, stalls and lots more until 5pm! We will finish off the celebrations with disco: DJ Emma from Ember Entertainment from 7.30pm until late! Come young, come old, get on those dancing shoes and have a boogey woogey! Raffle tickets can now be bought in advance from Millennium House reception.

Have a joyful July!

Vanessa

### **IMPORTANT NOTICE:**





Unfortunately, the number of hours that Post Office is open will be reduced. It's the same days—Tuesday, Wednesday, and Friday—but from **9am to 11:30am only**.

The coffee shop will still be open during these times, and closes later.

### PENSILVA CARNIVAL SCARECROW COMPETITION ENTRY FORM

Scarecrow must be on display from Sunday 14th July to end of Carnival Day. Please return entry form to Millennium House reception before carnival week.

Winners will be determined by a public vote on the day of Carnival!

Name:	
Address:	
Postcode:	* A
Telephone:	
Email:	

### Film Club

Firstly a huge thank you to all who, despite May's somewhat dreary film, decided to persevere and turn out for "I Wanna Dance With Somebody" which, certainly as far as I was concerned, proved a real success. The biopic, charting the rise to success of Whitney Houston, was packed with wonderful music and also gave good insight into frequent problems found within the music scene, such as family pressures, misuse or squandering of money and, sadly, alcohol/drugs. Mirroring the life of Elvis in many ways I think the comment on most lips was "what a terrible waste of such incredible talent".

A very different film is scheduled for this month (12th July, not 19th as usual) when we will be watching "Jimmy's Hall". The movie, set in 1932, follows the true story of Jimmy, who returns home to Ireland after 10 years (having been illegally

deported to the USA) and decides to cheer everyone's lives up by re-opening the village hall. This doesn't go down well with the local priest or squire. How dare folk try to enjoy themselves eh?! Hopefully a bit of a feel-good factor about this film and I hope to see many of you there. As usual, doors open at 7pm with the Mel Bar available before and after the film. £3 for C-fylm members, £6 for new membership (including the film on the day).

I would like to pass on thanks to the audience who willingly stack chairs at the end of the evening, much appreciated.

For further information please contact - judy. two@outlook.com or 01579 208836

Pensilva Film Club, in Association with C-fylm, part of Creative Kernow

Pensilva Community Association and C-Fylm Present



FRIDAY, JULY 12th DOORS OPEN 7PM, FILM STARTS 7:30PM

### JIMMy'S HALL

£3 for C-Fylm members

Non-members can join on the door for £6, which includes your first film.



During the Great Depression, a social activist returns to Ireland after a decade of exile in America.

Experiencing poverty and oppression, he plans to re-open a community hall for the arts.

Rated 12. Drama / History · 1 hours 49 minutes.
SCAN FOR TRAILER ·····>



# PENSILVA CARIJIVAI 2024

14

SUNDAY: WALKING TREASURE HUNT \$2 PER PERSON, 10AM TO 2PM STARTING FROM MELLENNIUM HOUSE.

15

MONDAY: BOARD GAME NIGHT FREE ENTRY, REFRESHMENTS AVAILABLE, 4,30PM TO 6,30PM.

16

TUESDAY: SKITTLES
STARTS 8PM, \$2 ENTRY FEE GOES TO CHARITY.

17

WEDNESDAY: BINGO WITH RUTH AND COLLEEN
DOORS OPEN 4PM, EYES DOWN 4.30PM. OVER 18'S BINGO FROM 7PM.

18

THURSDAY: QUIZ NIGHT (ALL BEING WELL)
7PM STARTS AT MILLENNUM HOUSE. TEAMS OF UP TO 6 PEOPLE, £2 PER PERSON.

19

FRIDAY: DONKEY DERBY
DOORS OPEN 7PM. GREAT NIGHT FOR ALL THE FAMILY!

20

SATURDAY: CARNIVAL AND DISCO CARNIVAL FROM 12, DISCO FROM 7:30PM

# CARNIVAL IT'S BACK! 20TH JULY 2024



Fancy dress registration: 5 and under, 6-11, 12+, pairs, groups, and floats (anything with wheels - could be a wheelie bin or wheelbarrow...). JUDGING at 12:30

→ DJ Chris



12:00

Parade around town, followed by

→ Liskeard Silver Band



→ Dog show



→ Local lad Liam Kinsley playing live



- → Highly coveted Pensilva Star Baker aprons awarded and art competition winners announced
- → Raffle prize draw at 3:30



James Brothers playing live till 5.

7:30 TILL LATE

Disco with Emma B @ Millennium House, £1 entry kids / £2.50 Adults

ALSO featuring Screech owl sanctuary, East Cornwall search and rescue, Pensilva Star Baker and art competition judging, best scarecrow public vote, bouncy castle and adult assualt course, beat the goalie and top bins, classic cars, popcorn and candy floss, raffle prizes AND MORE!

## An evening with...



ELIOT HOUSE, LISKEARD

FRIDAY 27TH SEPTEMBER 2024

**AT 7.30PM** 

TICKET ONLY EVENT
£15.00 Including Pasty Supper

Contact Pat On-01579 362959 or 07436438567





BRING YOUR CREATIONS TO MILLENNIUM HOUSE ON THE DAY BEFORE (OR BEFORE 12PM) OF CARNIVAL DAY. IT COULD BE A DRAWING, OR A PHYSICAL ART PIECE YOU'VE BUILT.

CATEGORIES: 4 AND UNDER, 5-7, 8-11, AND OVER 11

# NEIGHBOURHOOD NEIGHB

Thank you to all who took the time to complete the NDP Questionnaire. Your views matter and will shape the Neighbourhood Development Plan.

Over the coming weeks all the information from your responses will be collated by Go Collaborate. You can keep up to date with progress on the dedicated website for the NDP www.plan4stive.co.uk

We are pleased to confirm that we will be at Millenium House on Carnival Day, Saturday 20th July. Members of the NDP Committee will be available to talk about the Neighbourhood Development Plan, and you will also be able to see the progress we have already made.

We will be joined on the day by Francis Shepherd, and members of his staff from Cornwall and the Isle of Scilly Historic Environment Record (HER). They will be displaying the heritage mapping site, an extremely interesting resource which shows the development of our area over time.

YOUR PARISH — YOUR PLAN — YOUR SAY!

St Ive & Pensilva NDP Working Group





### **Millennium House Community Transport**

### Do You Require Transport to and from the Doctors or Hospital?

Our Parish has a number of volunteer drivers who have agreed to continue to help those who do not have transport, by using their own vehicles to help those in need.

Millennium House Community Transport's aim is to connect local communities and reduce social isolation.

If you would like to volunteer as a driver, or if you require transport to Hospital; Doctors or Vaccination and have mobility issues, unable to drive to your appointment.

Please contact Marlene on 01579 362919 or 07896994947 and we will endeavour to help.

A full copy of the program can be picked up at Millennium House reception

### PENSILVA WOMENS' INSTITUTE

### HORTICULTURAL SHOW

To be held in

Millennium House, Pensilva

On

Saturday 14th September 2024

To be opened at 2.15pm

By

ST.IVE PARISH COUNCILLOR
ALAN MOSS & JULIE MOSS

Please return cups awarded in 2023 to either Trish Thomas or Alison Willis by Monday 19th August 2024

#### **HANDICRAFTS**

#### **SECTION 5 - OPEN**

#### **CLASS**

$\sim$	17 ' 1			• •
62.	Knitted	or cro	Chatad	ıtem
UZ.	MILLLE	OI CIO		

- 63. Item of needlework
- 64. Painting (any medium)
- 65. Item of sugarcraft or porcelain
- 66. Any other handicraft, not included in the above classes.
- 67. Any hand-made bag, any medium.

#### **PHOTOGRAPHY**

#### **SECTION 6 – OPEN**

#### **CLASS**

68.	Any sporting photo	Print
69.	An unusual sky	Print
70.	A humorous photo, with caption	Print
71.	`Young & old'	Print
72.	Own Choice	Print
73.	A digitally enhanced photograph	
	of one of the above classes	Print

### **SECTION 7 – OPEN JUNIOR UNDER 15**

#### **CLASS**

74.	Any sporting photo	Print
75.	A funny photo	Print
76.	Own choice	Print

PRINTS MAY BE COLOUR OR BLACK & WHITE, NO LARGER THAN 7" X 5"/18 X 13CMS, MOUNTED ON WHITE CARD 8" X 6"/20 X 15CMS.





August - September 2024

www.sterts.co.uk 01579 362382







### Have you seen the Beast of **Bodmin Moor?**

Sterts Theatre is producing a new Cornish Comedy musical - The Beast as the launch show for our newly reconstructed theatre. As part of this launch, we would love to hear stories about The Beast from our south east Cornwall community. These stories could be scary, mysterious or, like our show, not quite what you might expect from a beast story!

If you would like to submit your story to us, we will be displaying them on site, on our website and social media as part of the Beast experience. Please send voice files or written stories to marketing@stertsarts.org

# PENSILVA CARNIVA

ADULT CATEGURIES Victorial Sponge showstopper

CHILDREN

- Three cupusifes

To be judged on carnival day on 20th July. Please bring your creations to Millennium House before noon, and fill in an entry form there.

### BABY AND TODDLER GROUP WITH TAMMY

Millennium House - Craft Room

£2 per family

SNACK

Every Thursday 9.15am to II.15am Term Time only



**MILLENNIUM HOUSE EVENTS** 



TICKETS NOW AVAILABLE FROM MILLENNIUM HOUSE RECEPTION

£1 each

to be drawn at 3:30pm on Carnival day, 20th July 2024. Tons of great prizes!



Come and discover the stories of our landscape, four walks showcasing the moor, a village and a hamlet within Linkinhorne. All walks are free but donations towards local causes will be appreciated

#### Stowes Hill

Join us on a fact finding mission with lain Rowe who will lead a wonderful circular walk over the moor unravelling the captivating history and folklore this area holds.

Fact or fiction the men on the moor were turned to stone? Was gold really found on the hill? Just how did Cheesewring appear? Who were the first miners making a living from this moor? Come and join us unraveling the moors heritage.

Sunday 2<sup>nd</sup> June 2024 Length: 2-3 miles Terrain: Undulating

Terrain: Undulating Meeting Venue: Hurlers Car Park

Time: 2:00 p.m.

#### Gonamena

Come and be enraptured by the stories of times gone by when this moor was alive with 4000 people toiling within the mines.

Gonamena holds a fascinating history which will be relayed to us by Simon Parker revealing the historical stories that lay behind the boom and bust years of mining on this moor.

Sunday 9<sup>th</sup> June 2024 Length: 3 miles Terrain: uneven

Meeting venue: Hurlers Car Park

Time: 2:00 p.m



### **Upton Cross**

A leisurely stroll at Upton Cross taking in the key features of this moorland village where village friends will guide us through more modern times of ecclesiastical, education and entertainment.

Did you know a prominent architect designed the school, church and school

Do your family hold school or wartime memories?

A new resurrection will take place of Sterts Theatre this year but how and when did it all begin?

Come and join in our discovery.

Sunday 16<sup>th</sup> June 2024 Length: 1/2 mile

Terrain: even

Meeting venue: Upton Cross

Time: 2:00 p.m.

### Plusha Bridge

Come and be amazed at how much history one tiny hamlet can possess!
Join Colin and Elaine Humphries and Sally Ellicott as they bring to life some of the social history tales of the people to be found in 1850s Plussia such as Eliza Harris and Francis Bartlett. Plusha Bridge wasn't always the quiet little hamlet hidden way down in the valley.

We will meander from Browda to Addicroft where a cream tea will await.

Parking may be challenging, Plusha Bridge being the best option.

Sunday 23<sup>rd</sup> June 2024

Length: 1 mile Terrain: even

Meeting venue: Browda

Time: 2:00 p.m.

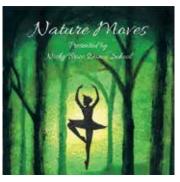


### sterts summer 2024

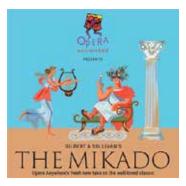
### See all these exciting shows and more in our new theatre!



A Midsummer Night's Dream Troubador Stageworks 6pm - Monday 22 July



Nature Moves Nicky Brice Ballet School Saturday 27 July



The Mikado Opera Anywhere 7pm - Thursday 1 August



The Hound of the Baskervilles
Illyria
7pm - Friday 2 August



The Winter's Tale
Sun & Moon Theatre
7pm - Tuesday 6 August



The Secret Garden
The Plandits
7pm - Thursday 8 August



Warwick & Davey & Friends 10 Year Anniversary 7.30pm - Saturday 10 August



The Beast
Sterts Theatre Company
21 August - 7 September



Romeo & Juliet (Illyria) • The Tempest (Festival Players) • Love Riot (Miracle Theatre) • Sarah McQuaid Wonderful World, Skillywidden, Curious Creatures & Journey to The Stars (Squashbox) Ed Byrne - Tragedy Plus Time • Last Night of the Proms • The Adventures of Dr Doolittle (Illyria) The Band of His Majesty's Royal Marines

box office 01579 362382 • Mon-Fri 10am-1pm

upton cross - liskeard - pl14 5az













### St. Ive Village Hall, The Cross PL14 3LZ

### **HALL HIRE**

### £5 an hour

Includes use of the kitchen and electric (except wall heaters, which are on a £1 coin meter)
For bookings ring Amanda 07703393070

### Regular Group and Activity Timetable

Gardening Club	1 <sup>st</sup> Monday monthly	01579 382762
	7.30pm	
St. Ive Snooker	Mondays and	01579 382315
Club	Thursdays 7pm	R. Bunkum
Mobile Post Office	Wednesday	
	10.30am – 11.30am	
Coffee Morning	Wednesday	
	10.30am – 12	

Methodist Sunday	Check timetable in	Kathryn or Keith
Service	Parish Pump for	Mutton
	services	01579 382334

Chattermakers	Thursdays	Kathryn
Chat and Craft	Fortnightly	01579 382334

PENSILVA GARNIA

£2.50 ADULTS // £1 CHILDREN



FEAT. DJ EMMA B

MILLENNIUM HOUSE EVENTS GROUP

### Update on Aid for Ukraine

I am pleased to report that Tim Johnson and Steve Preston from Nightingales UK, are currently in Ukraine and have successfully driven and delivered a second-hand ambulance to Kyiv, packed with medical and humanitarian aid.

The people of Ukraine report that the situation is desperate but they are filled with hope when they receive these vehicles. They find renewed strength, faith and courage to continue on, knowing that they are supported and are not alone; rekindling their belief in a better tomorrow.

They are also deeply appreciative for the combined effort from all those who support their cause. This is an extract from a text sent by Tetiana to Tim at Nightingales:

"Tim, very soon you meet my family, you will see how we are so grateful! Maybe they cannot say it in words, but for sure you will feel it!!! It means such a lot to us! We don't want to give up but it is difficult for us. People like you bring new energy, new life, new breath and we can keep going. I hope that one day we can do the same for your country, with new experience and new knowledge."

Ukraine is frequently referred to as the breadbasket of Europe, due to its excellent growing conditions for wheat. Their significant production of grain is a vital link in the global food security chain. Africa and the Middle East rely heavily on its exports but since the beginning of the Russian invasion in February 2022, Ukrainian production of grain has been severely disrupted. Keeping Ukrainian grain flowing remains crucial for global food security.

It is important to understand that if Russia



were to achieve victory over Ukraine, there would be a vastly increased threat to the rest of Europe and a mass displacement of millions of Ukrainians fleeing their country.

I cannot convey enough my deepest gratitude to all those in our village who believe in and support this cause. YOUR generous contributions are making a huge and vital difference. THANKYOU.

Our next aid collection from the Millenium is scheduled for the weekend of the 22nd of July. I shall be holding a table top sale at the Pensilva Carnival on the 20th of July, to raise funds for Nightingales; to support their ongoing expenses. Please come and say hello and pick up a bargain.

The cost of purchasing a second-hand ambulance is £5,000 and Nightingales are continually looking for unwanted long wheel base 4 x 4 vehicles that have a minimal amount of tax and MOT; which can be donated and driven one way filled with aid. These vehicles act as ambulances to rescue military and civilian casualties from the front line once they reach Ukraine.

If you would like to donate medical aid or humanitarian aid, please drop off your items to the Millenium Centre or contact Janey Bryson for collection on Mobile: 07808663749. It should be stressed that Nightingales can only deliver items that

have specifically been asked for on the list. • Feeding Tubes The list is given below.

If you would like to donate money please go to: https://gofund.me/bfe0368f

If you would like to donate a long wheel base 4 x 4 vehicle, please email nightingalesuk@ gmail.com.

If you have any good quality items that you no longer need and would like to donate them to Nightingales UK to sell at car boot fairs, please contact Janey Bryson on 07808663749.

Do of • not underestimate the power community and the unity that we share with our brave friends in Ukraine. I thank God for the freedom I enjoy every day and send my heartfelt thanks to you all. God bless.

### Nightingales UK are currently asking for donations of the following Medical Aid

#### **Equipment**

- Collars
- Dressings/Bandages
- **Splints**
- **Syringes**
- Crutches
- Eye Wash/Eye Dressings
- Wheelchairs
- Inhalers
- **Walking Frames**
- **Blood Pressure Monitors**
- Gauze
- **Blood Sugar Testing Kits**
- **Plasters**
- Dressings for Burns/Burns Gel
- Wound Closure Steri-Strips
- **Sutures**
- **Procedure Packs**
- First Aid Kits
- **Blood Sugar Testing Kits**
- Scissors
- **Syringes**

### Aid to Support the Paramedics Providing **Front Line Response**

- Waterproof boots and Winter Jackets
- **Torches**
- Power banks to charge phones etc
- **Metal Detectors**

#### **Over the Counter Medicines**

- Paracetamol
- Ibuprofen
- Immodium/Dioralyte
- **Decongestant Nasal Sprays**
- Vicks/Strepsils
- Disinfectants
- Antihistamines e.g. Piriton, Loratadine, Cetirizine

#### **Humanitarian Aid**

- **Childrens Nappies**
- Baby foods/wet wipes
- Childrens Mixtures i.e. Calpol/Cough medicines
- Infant formula (6 months)
- Childrens Purees (Vegetable, fruit, meat)
- Childrens/Adults Hygiene Shampoo, Soaps, toothpaste, toothbrushes
- Feeding Bottles
- Dummies/teething rings
- Adult incontinence pads (S, M, L)
- Disposable Nappies
- Adult Shampoo, Toothpaste, Soap, **Toothbrushes**
- Washing powder
- Washing up liquid
- Toilet paper
- Sanitary Pads
- Tin Canned Food (Vegetable, Meat, Fruit)
- Cereals, Pasta, sugar
- Tea/Coffee
- Pet Foods/Animal food

Thank you all.

Janey Bryson

## Liskeard Show Sat 13th July

The Showground, Merrymeet from 9am PL14 3LE what3words ///tasks.expressed.helping



















#### FREE BUS FROM LISKEARD

Adults £14 (£12 in advance)

Children (5-15yrs) £5 (£4 in advance)

**Under 5's Free** 

Family (2+2) £33 (£28 in advance)

FREE CAR PARKING

Dogs permitted on leads



Over 250 trade stands, animals, music, entertainment, food, dog show, fun fair, craft, shopping, bar & lots more.



email: info@liskeardshow.org

Tel: 07894 456 099

Show Disco & BBQ 9pm-late

Registered Charity No. 1170999

### Unity Methodist Church



Sunday 7th July 11.15am - United Service at St Ive Parish Church

Sunday 14th July 10.30am - United Service at St Ive Village Hall with Rev Jonathan Budd (Communion)

Sunday 21st July 11.15am - United Service at St Ive Parish Church

Sunday 28th July 10.30am - United Service at St Ive Village Hall with Bernard Melling

The Chattermakers craft and get together group will meet in the Village Hall on Thursday 11th and 25th July at 7.30pm

Please drop in and chat and a cuppa with other members of the community, The craft bit is not compulsory. For more details please ring Kathryn on 01579 382334



### Quethiock Village Horticultural Show

### Saturday 20th July

to be held in the Quethiock Village Hall



### St John's Mission Church Pensilva

Good Grief Cafe



Wednesday 17<sup>th</sup> July 3.00 pm

We can grieve for many reasons: the death of a friend or relative; the diagnosis of a friend or relative with dementia or a terminal illness; loss of mobility or driving licence; closure of your place of worship; closure of a support group; the loss or illness of a pet; the loss of freedom: the loss of a job; homelessness: the loss of stability in society. The Good Grief Cafe is for anyone who is grieving for any reason. Come for company, for friendship. Eat cake, drink tea and coffee. Chat if you want to,

Chat if you want to, or just be there. Everyone is welcome.

For further information contact Geoff 01579 362698

### St John's Mission Church



Princess Road Pensilva PL14 5NF

### The Tribute Cluster of Churches

Contact for Baptisms & Marriages
Reverend Becca Bell 07899 363458

revbeccabell@gmail.com

Reverend Li Selman

01579 348490



Church Wardens
Geoff & Carolyn Cox
01579 362698







If you have memory problems or you are a carer for somebody who does and would like to meet others who understand your situation then join us at St John's Church

Thursday 25<sup>th</sup> July 2.00 to 4.00 pm

Contact Geoff 01579 362698

### St John's Mission Church

### Services for July 2024

Sunday 7<sup>th</sup> 11.00 am Holy Communion

Sunday 14<sup>th</sup> 11.00 am Morning Worship

Sunday 21st No service at St John's

10.30 am United Worship at St Ive Parish Church

Followed by Bring & Share Lunch

Sunday 28<sup>th</sup> 11.00 am Morning Worship

**Thursdays** 10.00 am Morning Prayer Fellowship

**JULY EVENTS** Please see posters for full details

Friday 5<sup>th</sup> 3.00 pm Strawberry Tea
Wednesday 17<sup>th</sup> 3.00 pm Good Grief Café
Thursday 25<sup>th</sup> 2.00 - 4.00 pm Memory Café

Tuesday 30<sup>th</sup> 2.00 - 4.00 pm Stitch, Knit & Natter

For further details, to arrange transport or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718

# MILLENNIUM HOUSE COMMUNITY COFFEE SHOP

### Open Tuesdays, Wednesdays, and Fridays 9am to 1pm (to coincide with the Post Office)

We, the volunteers, opened the Coffee Shop in 2017 with the hope of giving something back to the community. The atmosphere is relaxed, making it an ideal place to enjoy meeting up with friends for a cuppa and a chat. A warm welcome is assured. We would like to say a huge "Thank You" for your continued support.

Tuesday 30<sup>th</sup> July

St John's Mission Church Pensilva

on the last Tuesday of the month 2.00 to 4.00 pm

Contact Kathleen 01579 363686





**HELPING LOCAL PEOPLE IN CRISIS** 

St John's Mission Church
Collection Point

### **GRATEFUL THANKS**

to all of you who most generously donate.



We provide some of the basics needed by vulnerable families with a newborn. We work with midwives, health visitors and local organisations to provide starter packs for those in need.



Our Moses baskets provide a safe place to sleep and are packed full of toiletries such as nappies, wipes and maternity pads, as well as blankets, towels and baby clothes.

### Gardening Club Report

On Monday 3rd June we visited Lametton Mill near St Keyne. Some of you may recognise the name or know it from being on Channel 4's Grand Designs. Leigh and Richard had quite a story to tell....

We arrived to the welcoming faces of Leigh, Richard, and their two wonderful dogs. The garden starts on the driveway, a striking area with the house leading away from the road. The openness showcases the layout which Leigh took from her mind to reality.

We started with a talk from Leigh and Richard on their journey from a derelict mill and space to a home and delightful garden.

In 2017 Leigh and Richard set eyes on an unloved, unwanted and truly uncared for mill. Without looking inside (which, after seeing the photos, was actually wise because I'm certain it wasn't safe by any means) they decided to purchase it. As these things usually go, it didn't happen quick, months went by until they became owners. Even more time went by until they could move in, let alone start the garden! The mill was nothing more than a shell, it had been stripped of it's original metal works; all scrapped for the cash in the 1960's. A true meaning of the phrase "clean slate". The outside area was equally blank but in Leigh's mind it was a 'blank canvas' on which she began to paint a garden of calm, ordered wildness and a compliment to the old mill.

The garden has a flowing, gravelled pathway which seems to be a nod to the waterway the mill would have used when it was in its prime. Lining the pathway is a wired wall filled with stones from a local quarry, the colours matching the walls of the mill to link them together. The walls are holding in the plant and flower beds which are filled with carefully chosen plants to bring Leigh's vision to life. Height has been used to match the towering trees and mill. Naturally growing foxgloves line the garden's border with the neighbouring property proudly showing off their pink trumpets. Rose bushes are in abundance throughout the garden, blooming away in their groups of yellows and pinks. The large Californian poppies provide the focal pop of colour at the bottom of the garden.

As we walk up the top of the garden it strikes me the difference in this garden to others is that the slopes are planted & the flat sections are lawns. We could look down through the flowers, seeing each one having its moment in the line of sight. Dotted throughout the garden were the stunning spheres of the purple flowering onion.

Beside the mill was the most vibrant copper beech tree, the leaves were perfect, the copper red colour being shown off with help from the vast fern at it's base. The contrast in colour was breathtaking. The

other contrast in the garden was the foxglove growing from the wall of the old wheel pit.

The feel of the garden was serene, peaceful & perfectly fitted the surroundings. In the valley between the lonely mill site, for Leigh and Richard it was love at first sight...that love is now there in the transformation for everyone to see.

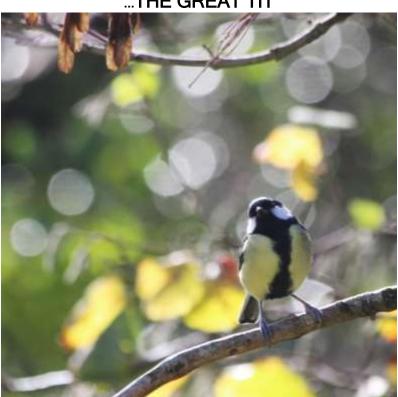
#### **Next visit:**

Monday 1st July
Deviock Farm, Cardinham, Bodmin
Meet St Ive Playing Field car park to leave at 6:30pm
£5 per person - £5 for refreshments (car share £1.50)



## THIRTEEN+ YEARS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I am looking at one of the most familiar birds on our feeders...



...THE GREAT TIT

Checking through my records, I was amazed to find that, on reaching my 40<sup>th</sup> article for 'The Pump', I had not yet written about the great tit, one of the most frequent visitors to our gardens and especially to our feeders. It is the largest member of the tit family found in the UK. It has a yellow breast, with bluey-green tints on its back. It has white cheeks, and a black hood which develops into a wide black band down its breast, clearly seen



in the above photo and this is probably the most helpful identifying feature. The wings and tail are bluish, leading some to confuse it with its smaller cousin, the blue tit.

The great tit can be quite aggressive at the feeders, pushing in front of its many smaller cousins. All the tits (often joined by frequent feeders other such as chaffinches) will descend on the feeders Gradually together. all appear, go backwards and forwards between the bushes and feeders for some time, before gradually all leaving - I assume to see what's on offer next door!) This behaviour

will give them an element of 'safety in numbers'. It is an extension of their behaviour in wilder habitats, where they will also move around in mixed flocks.

Great tits eat mainly insects and invertebrates such as caterpillars, grasshoppers, flies and spiders during the warmer months. Berries and seeds provide an important dietary supplement in winter when invertebrates are scarce.

Great tits laid their 7 - 8 eggs in April and May with the young hatching about 2 weeks later and fledging 2-3 weeks after that and may go on to have a second brood. This means that now in July there are many fledglings and juveniles about and you may see them on your feeders, still begging food from their parents by fluttering their wings. In the nest they will largely have been fed caterpillars. As natural cavity nesters, using holes in trees, they take well to nest boxes and I frequently see them when checking dormouse boxes under licence.



This bird flattening itself against the ground in 2018, may have been on an ants nest, using the ants to rid it of unwanted parasites. I have observed this in other species such as blackbirds, but in this case did not see ants where it had been, so cannot be certain.

Great tits can be found in woods, farmland and parks as well as our gardens. With an estimated UK population of two million birds, they are not considered to be under threat. However, a closer look at the figures shows that from the sixties, there was a steady increase in numbers until about 2007-2010. Since then the overall trend has been a decline, with some fairly marked annual variations, probably because of the less predictable weather conditions we now experience. Various studies have looked at what might be driving this change, but there are no clear cut conclusions. Interestingly, research has shown that UK birds have developed slightly longer beaks from the seventies than their Mainland Europe relatives. This may have helped them to gather more food, so explaining the initial increase in numbers which started about then. Hopefully they will grace our bird feeders for many years to come!

HAPPY WILDLIFE WATCHING! Hilary



St. Ive Village Hall
The Cross, St. Ive
PL14 3LZ

1st Monday of the month 7.30pm

New members welcome

St. Ive Village Hall PL14 3LZ

## **Snooker Club**



Monday and Thursday Evenings
7pm
Contact Ray Bunkum
01579 382315





St Ive Church would welcome anyone interested in learning to ring the bells.

Practice night every Wednesday 7:30pm- 8:30pm

Contact: Jeanne 363228 or Jenny 389201





## St Ive Church

July 7<sup>th</sup> Morning Service 11:15am in Church

July 14<sup>th</sup> Chapel Service 10:30am In Village Hall

July 21<sup>st</sup> Holy Communion 11:15am In Church

July 28<sup>th</sup> Chapel Service 10:30am In Village Hall

The Communion Service on the 21st July will be Rev Beca Bell's last Service with us before she leaves for her new post in the Redruth area. We will be joined by the congregations of the other Cluster Churches so please come along to say goodbye and to wish her all the best for the future.

# We need you.

#### This is YOUR Parish Pump!

We need **your submissions**: news, announcements, posters for local events, even full articles if you think the community would find it interesting!

We need **photos** for the front cover. Taken a nice photo recently of a local event or somewhere in the parish and happy for us to use it? Email me, please!

We need **advertisers** to pay for the printing. If you're a local business, know that the Parish Pump is the first place most people turn to to find your services!

We need **volunteers** to deliver. If you don't currently have the pump delivered and could spare an hour or so a month, we'd love your help.

Either way, it starts with an email:

#### stiveparishpump@gmail.com

Thank you for all your support.







Accurx Patient Triage is an online form to contact the practice about your health. Our surgery will be moving to a Total Triage system from Thursday 5th October. The model is as follows:

All patients submit an AccuRX patient triage from their smart phone or computer, the link for which is on our website.

If you do not have a smart phone or are unable to do the online form you can call the practice and the reception team will complete the form on your behalf.



All clinical patient triages are reviewed by a GP.

All triages will be looked at the same day and responded to

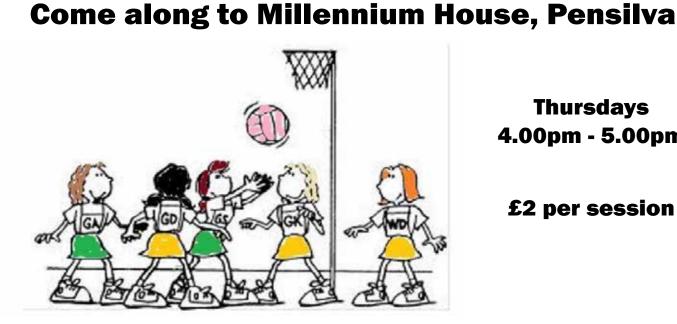
within 72 hours, unless deemed urgent.



Upon review the team will contact you with an appointment or will signpost you to the correct service



## Ever tried... **Ladies Walking Netball?**



**Thursdays** 4.00pm - 5.00pm

£2 per session

For further info contact rosemaryfarley@gmail.com or Tel. No. 01579 384810

## All Being Well

We are still open for three mornings a week. A maximum of six members can now attend at one time.

#### **Opening hours:**

Monday, Wednesday and Saturday, 9am to 1pm. Maximum six members at a time for each of three slots within each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

#### **Prior booking is essential**

To book yourself in or for any enquiries, call in at the gym or telephone on 01579 363890, during the opening hours listed above.

23 years working in our local community to improve health, fitness and well being.

## THE MEL BAR OPENING HOURS

Monday: Closed

Tuesday-Saturday: Open 5 - 10:30pm

**Sunday: 12 - 5pm** 

Under 18s are welcome in the bar with an accompanying adult until 9pm.
Pool table available most nights.
Dogs also welcome.



#### **RVS WEDNESDAY CLUB, PENSILVA**

Meeting in the village hall every 3rd Wednesday of the month. Entry £2 which includes raffle and refreshments, 2pm to 4pm.

Wednesday 17th July - Oak House Meals Wednesday 21st August - Afternoon Tea

Everyone Welcome. For further information please contact:

**Cherry Woodhouse** 

(Chairperson)

01579 363674

Jane Hall

(Secretary)

01579 363379

#### MELODI LISKERRET

- A mixed group, singing a variety of well known numbers including Folk & Cornish songs.
- · Local to you!
- Weekly rehearsals in St. Ive Gorfenna, PL14 3LX
- Friendly informal rehearsals with a tea break and biscuits!!
- Free one-to-one professional singing tuition within a few weeks of joining!!

For more information, please contact Gerald, secretary, on 01579 363881 or email: charaton@btinternet.com

#### **PENSILVA VILLAGE HALL**

We are now open and back in business!

Anyone wishing to book the hall for meetings, birthday parties or fundraisers, please contact Peter or Jackie Browning on 01579 363212 or email peterpensilva@gmail.com



Please note that as well as hall rent there is a coin meter for heating at 60p/hr.



#### **Struggling with Sight Loss?**

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

**Equipment Demonstration: Advice on gadgets** 

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk

#### **MOBILE LIBRARY SERVICE**

Next visit to Pensilva is FRIDAY JULY 26<sup>th</sup> 10:25-10:45 outside Victoria Inn

The county library services visits every four weeks on Friday. You can browse the shelves, or pre-order books using the link (scan the QR code on the right):



https://www.cornwall.gov.uk/libraries-museums-and-archives/libraries/mobile-library/



#### KERNOW ARCHITECTURAL SERVICES

- Architectural Design
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www.kernowarchitectural.co.uk enquiries@kernowarchitectural.co.uk

Telephone: 07398736726

Parade House, The Parade, Liskeard, Cornwall PL146AH



## ADVERTISE HERE

Please note that all advertising must be paid for in advance.

TWO MONTHS FREE when purchasing for a year.

Quarter page (this unit): £10 per month, or £100 for 12 months

Half page: £20 per month, or £200 for 12 months

Full page: £33 per month, or £330 for 12 months

(All prices are inclusive of VAT)

Contact stiveparishpump@gmail.com to enquire



## Local independent veterinary practice

Pets & Farm

## **NOW OPEN**

Monday - Friday 8.45am - 6pm

6B Heathlands Road, Liskeard, PL14 4DH



liskeard@castlevets.org 01579 208072

## Group Travel

Day Trips & Coach Holidays

Enterprise Park, Midway Road, Bodmin, Cornwall PL31 2FQ Tel: 01208 77989

#### Coach Excursions & Tours 2024

10th July Jurassic Coast World Heritage Site Cruise

Meaders Lavender Farm & Cream Tea 30th July

17th - 21st July **Visit Eastbourne** 

Pecorama & picturesque Beer Village 13th Aug

6th - 8th Sept **Burghley Horse Trials** 

10th Sept Widecombe Fair

16th - 20th Sept **Carmarthen & South Wales** 

9th October Goosey Fair, Tavistock 2nd November **Bridgwater Carnival** 

16th November Longleat Festival of Light

22nd - 25th Nov **Turkey & Tinsel - Bournemouth** 

30th November **Bath Christmas Market** 

Visit our website for all our excursions & tours.

Call: Dawn or Robin on 01208 77989 for bookings and brochure

website: www.grouptravelcoachhire.co.uk email: grouptravelcornwall@btconnect.com

#### **Bodmin MOT Centre**

01208 77989

**Garage Services MOT Testing Station** Classes 4, 5 & 7 **Servicing & Repairs High Vehicles & Motorhomes Brake Test & Headlight Alignment Pre MOT Inspections Annual & Interim Vehicle Servicing** 

Commercial interim inspections available including brakes and lights

Helping you stay compliant

**Bodmin MOT Centre Enterprise Park, Midway Road,** Bodmin, Cornwall PL31 2FQ

## Trystan Phillips



## Carpentry/Joinery & Property Maintenance



Fully insured





37 years' experience

All aspects of Carpentry undertaken including:

**Bespoke Carpentry & Joinery** Kitchen Installations

Doors, Partitions, Skirtings, Architraves, Shelving Timber Floors renewed/repaired, Laminate Floors fitted

Timber Windows repaired including 'Sliding Sash'

Plus General Property Maintenance:

Including Painting/Tiling and much more!

(Including Public & Product Liability) 07397 153792 01579 363150 trystanphillipscarpentry@gmail.com



# Colin Swinburne Electrical Services





All aspects of domestic and commercial electrical work.

Inspection and testing (EICRs), fault finding, new installations, rewires, consumer unit replacement, additional sockets, lighting upgrades, garden power and lighting, extractor fans and more.

Electrician in Pensilva. Free advice and quotes.



CSES@btinternet.com 07974499138



## J. J. Child

Plumbing and heating engineer.
Oil appliance service,
repair and breakdowns.

40 years' experience.

Call John: 01579 362336 or 07837 921086



#### **PENROSS**

Rosecraddoc Lodge Holiday Bungalows (Between Pensilva & Liskeard) Perfect for family & friends coming to visit!



Sleeps 4
Sorry no pets or smoking
Tel: Julie 01579 362221

Email: penhargetfarm@gmail.com



# **Gareth Haimes**Tel: 07947353682



### **Heel 2 Toe Footcare**

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Corns, Hard skin, Verruca.

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Diabetic feet also treated and regularly checked.

I can help to keep your feet looking and feeling good.

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- ✓ Business Support & Advice

- ✓ Self Assessment tax returns
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- ✓ Company Secretarial work
- √ Tax calculations for Sole Traders and Partnerships

Kate Vaughnley FCCA - Chartered Certified Accountant
Website: www.kvaccountingsolutions.co.uk or Email: katevaughnley@gmail.com
Telephone: 01579 532622 / 07725 004152

## Matt's Windows

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**Hayley 07966370233** 





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## SEASONED LOGS



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#### **NICOLA GREENE**

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**HPC Registered Chiropodist/Podiatrist** 

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- Corns and Calluses
- Thickened Nails
- Dry Cracked Skin
- Verrucae
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More info on my website or by contacting me.





## Window Cleaner Window Cleaner

Also any upvc cleaned

i.e. fascias, gutters, etc.

gutters cleared & unblocked

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## Pensilva & St Ive Post Office Service

Pensilva: Through the coffee shop on the 1st floor of Millennium House

Tuesdays: 9 to 11:30am

Wednesdays: 9 to 11:30am

Fridays: 9 to 11:30am

The Millennium House coffee shop is also open on these mornings.

St Ive: At St Ive Village Hall

Wednesdays: 10:30 to 11:30am

Coincides with the St Ive Village Hall Coffee Morning

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- ✓ Fresh Bread, Pasties and Cakes
- √ Take Away Coffee, tea and hot chocolate
- ✓ Newspapers and Magazines, Greeting Cards
- √ Paypoint, Lottery

Friendly Staff + Service with a Smile !!!



a great deal more from your local store
Mon-Sat. 7:00 AM. - 9:30 PM.

Sunday 8.00 AM. - 9:30 PM.

\*

Pensilva Stores is a family run business who have been serving local people and visitors for more than 21 years.

Higher Road, Pensilva, Liskeard, Cornwall PL14 5NQ