

# THE PARISH PUMP

Newsletter for the Parish of Pensilva and St Ive

ISSUE NO.502



A special thanks to Terry and Vicky from Pensilva Stores, and Tony from Tamar Fresh for donating everything for the Christmas lunch at Millennium House; as well as Phyllis, Sandra, Janey, Hui, Paul, and Margaret who put on a stunning spread; and to all those who generously donated to support the event. (And of course, Vanessa for organizing everything!)

**ABOVE: CHRISTMAS DINNER AT MILLENNIUM HOUSE  
BELOW: PENSILVA PRIMARY AT TREGOVENNEK**



## DISCLAIMER

The articles appearing in this magazine do not necessarily represent the views of the Parish Council nor of the Parish Pump Editor.

### Parish Councillors Telephone List

<b>Alan Moss (chair)</b>	01579 362064	Marlene Carr	01579 362919
Rosemary Farley	01579 384810	Martin Corney	01579 382450
Tony Hodson	079 7353 6964	Nigel Gisby	01579 363096
Paul Mann	01579 363757	Nigel Libby	079 6889 1814
Ivor Vaughan (vice chair)	079 7993 4604	Patricia Steer	01579 363096
James Bruce	074 1119 2645	Craig Vaughley	01579 364083

Your Cornwall Councillor is **Sharon Daw** - 078 3737 9305 slash.dash.daw@gmail.com

### Meetings of St Ive Parish Council

Meetings are held on the second Monday of every month, except August and December when no meeting is held. Please see the website for meeting dates, agendas, and minutes.

<https://st-ive-parishcouncil.gov.uk/minutes-agendas/>



## Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173  
Email: **CIOSNBMLLST@devonandcornwall.pnn.police.uk**

To report a crime call 101 or go to **www.devon-cornwall.police.uk**

In an emergency call 999

## Contact Details for St Ive Parish Council and Millennium House

### Address for correspondence:

Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council  
01579 363096, email: **stiveparish@btconnect.com**

For finance matters for the Parish and Millennium House, contact  
John Body  
01579 362102, email: **millenniumhouseadmin@btconnect.com**

Millennium House enquiries and reservations to Vanessa  
01579 363096 email: **vanessa.mhouse@gmail.com**

## Parish Pump Submissions

Via email only to **stiveparishpump@gmail.com**

The deadline for submissions is the 18th of the month. Please email your text submissions directly in the email body, and attach any images. Full, half, or quarter page designs can be sent as JPG, PNG, or PDF files.

## Advertising Costs

Please note that all advertising must be paid for prior to publication.  
Two months free when purchasing for a year.

Quarter page: £10 per month, or £100 for 12 months

Half page: £20 per month, or £200 for 12 months

Full page: £33 per month, or £330 for 12 months

*(All prices are inclusive of VAT)*

# Letter from the Editor

I trust you all had a wonderful Christmas / Yule / Winter Solstice, and enjoyed a festive game of "spot the numerous errors in last month's Parish Pump", as my family did. Such fun!

Since January is the time of setting resolutions, how about forgoing the usual "exercise more and lose weight" (yes, I'm also guilty of that), and set a more realistic one this year—like "get more involved in your local community"? We're so lucky to have such a wonderful venue as Millennium House in the village—so make sure to come along to the events; or even consider volunteering. It's a great way of getting to know people, and there's always so much going on.

When we moved here seven years ago, I didn't know anyone. I thought joining the Parish Council might be a good way to meet ... well, at least 12 people. So I stood with "Platform for Change"—a group organized by your illustrious former editor Joe. We managed to fill all the council seats at the next election.

Though you may not always agree with the parish council's decisions (I don't either most of the time, but sadly we live in a democracy and not my benevolent dictatorship), it's nice to at least have a group of people who genuinely care about the local community.

**James**  
***stiveparishpump@gmail.com***



# Chairman's Report

**H**appy New Year!

The Parish Council administers the finances of the Parish and is always looking to improve things. The boilers in Millennium House are over 25 years old and inefficient, but we have kept them going over the years. In January we will be getting them replaced.

Another improvement for the parish is to produce a Neighbourhood Development Plan, which was expertly outlined last month.

The Neighbourhood Development Plan will set out the vision for an area and the planning policies for the use and development of land within our Parish or Neighbourhood Area.

It can establish a vision for an area, include general planning policies for the development and use of land in a neighbourhood and they can allocate sites for development. They should be about local rather than strategic issues.

The plan can also guide future development and can include policies addressing details of what new development might look like such as design and density. So, its important that the Community pulls together to have an influence on the developments in the Parish.

If you would like to get involved in the development of our NDP please contact our Parish Clerk who will pass on your details to the Chair for the NDP Committee.

**Alan Moss**  
**Parish Chairman**

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*LEFT: volunteer day with Nigel and his gardening crew on the triangle at the end of Slade Park road. We planted this up with trees a few years back, and clear away the brambles and brush a few times a year. It makes for a great scenic spot to enjoy our lovely surroundings. That is, until the filthy flytippers arrive the very next morning!*

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# Millennium House

Hi Parish Pump Readers, Happy New Year to you all! I hope you all enjoyed your celebrations over Christmas and New Year!

Things are slow to pick up in January with some still in hibernation. Most activities are back up and running from Sunday 7th January 2024 starting off with our first Market Day of the year! The Market runs from 11am to 2pm every first Sunday of the month, unless otherwise stated. There are local sellers showcasing their talents, crafts, plants, baked goods and more. Please come along and support the local stall holders. If you would like a table for indoor car boot or any any crafts, baked goods etc please contact me at the centre or via email.

This months activities kick off with...

**Friday 5th January 2024** with Penmill Art Group who meet every Friday morning. Followed by Slimming World and Youth Club every Friday evening.

The Skittles League will be holding the Summer League Skittles Presentation with a pasty from 7pm and followed at 8pm with the Bev Casban Memorial Trophy Front Pin First Skittles Competition which is open to all! All proceeds go to Bev's charity, £2 entry.

**Saturday 6th January 2024** - Slimming World. This is every Saturday morning with a lovely group at 8am & 9.30am.

**Monday 8th January 2024** - every Monday morning you can join Mims gentle exercise group from 10.30am to 12 noon. There is always Yoga with Laura Louise Yoga every Monday evening from 5.30pm. Followed by Badminton for all levels at 7.30pm every Monday and Tuesday.

**Thursday 11th January 2024** - Garden Bloomers will be blooming from 2pm. Walking Netball will be back on from 4pm every Thursday. Come along, there is plenty of giggling to be had! Aikido kicks off every Thursday evening from 7.30pm with Ron!

**Friday 12th January 2024** - Film Club will be showing Elvis. Doors open 7pm, film starts 7.30pm. Note that due to double the usual licensing costs, the the entry fee will be £4 for existing members.

**Saturday 13th January 2024** - Lego Club is on every second Saturday of the month from 9.30am. Help support the pre-school , while having some fun! Sonic Tonic - come along for our Electro Jam Night from 6pm to 9pm.

**Tuesday 16th January 2024** - Fred West Art group runs in 10 sessions with the first of 10 starting at 9.30am today!

**Wednesday 17th January 2024** - Sing & Sign - learn to sing and sign with Natalie every Wednesday during term time, with 3 age appropriate groups from 0 to 30 months! Bingo!!! Doors open at 7pm and it is eyes down at 7.30pm. This is held every third Wednesday of the month.

**Sunday 28th January 2024** - Antiques Fair - here at Millennium House every last Sunday of the month from 9am to 3pm.

If you have a birthday party, Christening, baby shower, wedding, meeting, group or club you would like to start or an anniversary please email

**[ness.mhouse@gmail.com](mailto:ness.mhouse@gmail.com)**

or call 01579 363 096 to enquire about a booking!

I welcome in 2024 and hope it brings you all many happy memories!

Have a Jaunty January,

**Vanessa**



# Film Club



Hello everyone. Unusually for me I have two films to quickly review this month—the first being “The Man Who Invented Christmas”, and the second “Puss In Boots – The Last Wish”.

The first was our usual monthly, Friday evening club and was well attended. The storyline of the movie was that of a certain Charles Dickens as he tried to overcome writers’ block and come up with a new novel in time for Christmas (or perhaps face the poor house as he was spending significantly more than he was earning!). The film, whilst lacking any great depth, was very easy-to-watch and entertaining and certainly most appropriate for the time of year.

The second—our extra family-viewing holiday movie—was unfortunately, very poorly attended. We thought it would be worth trying-out as our last family movie (which was pre-covid), was quite well supported. But perhaps this isn’t something that the village, as a whole, want to attend. If you have any ideas about this for the future please let me know at the contact details below. I have to say that I thoroughly enjoyed the film – perhaps appealing to my inner child!

Next month we will be showing “Elvis” on Friday 12 January at the usual time of 7.30pm. I can’t profess to know much about the film other than, of course, it centres around the life of Elvis Presley but one of our regular members volunteered that she had already seen it twice, would definitely be coming for a third viewing and that “it’s brilliant but not quite what you think”. If you are as intrigued as me, I hope to see you there. For this film only we will be charging £4 instead of our usual £3 as the licence to show the movie is twice what we usually have to pay. New members will still be welcome at a cost of £6 which gives a year’s membership and entitlement to go to any of the other C-film viewings in Cornwall (our nearest being Callington) on payment of their regular entrance price.

Enquiries to - [judy.two@outlook.com](mailto:judy.two@outlook.com) or 01579 208836  
Pensilva Film Club, in Association with C-film, part of Creative Kernow



Pensilva Community Association and C-Fylm Present

# PENSILVA FILM CLUB



**FRIDAY, JANUARY 12th**  
**DOORS OPEN 7PM, FILM STARTS 7:30PM**

## ELVIS

**£4** for C-Fylm members

Non-members can join on the door for £6, which includes your first film.



The film explores the life and music of Elvis Presley (Austin Butler), seen through the prism of his complicated relationship with his enigmatic manager, Colonel Tom Parker (Tom Hanks). The story delves into the complex dynamic between Presley and Parker spanning over 20 years, from Presley's rise to fame to his unprecedented stardom, against the backdrop of the evolving cultural landscape and loss of innocence in America. Central to that journey is one of the most significant and influential people in Elvis's life, Priscilla Presley (Olivia DeJonge).

RATED PG13; BIOGRAPHY, DRAMA - 2h40m  
SCAN FOR TRAILER ----->



PENSILVA



Free  
Entry

Featuring local sellers,  
craft stalls, indoor carboot,  
baked treats, and live plants.  
Refreshments available and bar!

£5 per  
table



←← MILLENNIUM HOUSE PRESENTS →→

# PENSILVA MARKET DAY

**FIRST SUNDAY OF THE MONTH;  
NEXT MARKET DAY IS...**

# JANUARY 7<sup>TH</sup>

**SELLERS FROM 10am; BUYERS 11am–2pm**

**Call Vanessa on 01579 363096 or email  
ness.mhouse@gmail.com  
to book your table or other enquiries**

**PRINCESS ROAD, PL14 5NF**

SCAN TO FIND  
MILLENNIUM HOUSE  
ON GOOGLE MAPS





Sponsored by Pensilva Community Association

At Millennium House

Coffee Shop



Soup & Roll  
WARM SPACE



Thursdays, starting 4th January  
10:30am to 2:30pm

Join us for a soup and roll.  
Tea, coffee, and hot chocolate.  
A warm welcome to everyone!





# Total Triage



Accurx Patient Triage is an online form to contact the practice about your health. Our surgery will be moving to a Total Triage system from Thursday 5th October. The model is as follows:

All patients submit an AccurX patient triage from their smart phone or computer, the link for which is on our website. If you do not have a smart phone or are unable to do the online form you can call the practice and the reception team will complete the form on your behalf.



All clinical patient triages are reviewed by a GP. All triages will be looked at the same day and responded to within 72 hours, unless deemed urgent.



Upon review the team will contact you with an appointment or will signpost you to the correct service



NHS

GET VACCINATED.  
GET WINTER STRONG.

If your child is 2 or 3 years old you can book a flu vaccination appointment at their GP surgery



Oak Tree Surgery and  
Pensilva Health Centre

If your child is aged 2 or 3, please  
call us today to book an  
appointment for their flu  
vaccination.

01579 32 42 52



(Registered patients only)



Panto time again.



Liskeard Lions present

Peter Pan

Thursday 25<sup>th</sup> January

The Public Hall, Liskeard.

Free to the over 60s.

Free Bus picking up at 6pm from Glen Park

Pensilva Stores and

The Cross, Pensilva.

Also picking up at 6.10pm from

St Ive Village Car Park.

To book, call Jean Hoare 01579 362531.



# TREGOVENEK

(next to Pentiddy Community Woodland)

**29th November, 2023 - Planting Hope with Muddy Hands.**

Everyone at Tregovenek community farm was delighted to be awarded funding to work with the University of Plymouth through their *Get Involved Award* earlier this year. Researchers and students have been at Tregovenek and the neighbouring Pentiddy Community Woodland collecting data to measure how much carbon is being stored in the trees at Pentiddy, which are now 20 years old. The soils in the woodland and at Tregovenek are also being investigated to see how they differ and how they change over time with particular interest being on how the soil at Tregovenek will improve thanks to regenerative farming practices.

Children from Pensilva Primary School came and had a very exciting day with us on Nov 29th collecting some of the data and learning about the role trees and soils play in our changing environment. They also sowed tree seeds and started a tree nursery at the farm. Initially the trees that grow on in the nursery will be used to improve the





hedges around the land at Tregovenek but there is a hope to continue with the tree nursery to supply trees wherever they are needed in the local area.

20 years ago every child in the school came out to plant trees to help turn the bare field at Pentiddy into a woodland. It feels fitting that now, 20 years later, in line with Tregovenek's vision and values, the children are continuing to help create a better environment for future generations.

Sophie Faucet, the ecology professor from the university said *"This project has been a great success. We look forward to continuing our collaboration with Tregovenek in the years to come."* and Becky Palfrey, a teacher from Pensilva School said *"The children really enjoyed visiting the farm and learning more about nature. They certainly learned about the importance of trees and how we need to work together to look after our environment. The children are really excited about returning to see if their seeds have begun to grow and it would also be nice to visit the farm during a different season."*

Bringing people together to learn how we can work with each other and with nature is at the heart of Tregovenek's vision for creating a community farm. We're in the very early stages of setting up the farm so building these relationships is crucially important and we're off to a flying start!

To find out more about Tregovenek and to subscribe to our newsletter please go to **[www.tregovenek.org](http://www.tregovenek.org)**.  
There are so many ways to get involved!

**Ele Waters**  
**Community Engagement**  
**[ele@tregovenek.org.uk](mailto:ele@tregovenek.org.uk)**



# St Ive Community Orchard Report

Maintenance has to be the theme for the New Year.

It's now two years since we laid out the community garden boundaries, with gates and fencing. That deadhedge is now a lot thicker and better for wildlife. We'll probably be making it even better this month. It helps to support all sorts of diversity from fungi through insects to small rodents. Last winter it probably helped the harvest mice which we found two used nests of when scything the field in September.



My birdboxes need maintaining. This one is for house sparrows which like to live communially, as do other weaver finches. So I crammed a number of possible nesting sites into one box. Last winter I didn't get around to clearing out the previous year's nests, so this year Red-tailed bumblebees set up home. They usually nest in the ground using old mouse holes. This choice was very unusual, but nature keeps on giving new surprises.

By Martin Corney for Parish of St Ive Community Resilience Project.



# Pensilva W.I.

Just one little reminder that the date of the next meeting will be Wednesday 10th January, 7.15pm at Millennium House.

The speaker will be Fiona Hammon, on the subject of Seasonal Flower Arranging.

Why not come along as a visitor? You would be made most welcome.

**Pensilva W.I wish you all a Happy, Healthy 2024.**

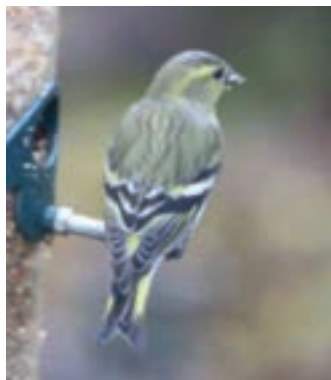


*Pensilva W.I ladies, family and friends had a visit from Father Christmas and his helpers, with Goody bags and chocolates for all.*

# 13 Years of Wildlife Watching

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I will feature an infrequent but yearlong visitor to my feeders...

## ...THE SISKIN



This is a striking little member of the finch family. As a guide, it is between the blue tit and robin in size. The males (like the one above) have bright yellow cheeks and breasts and striking yellow and black wing bars. The female (seen to the left) is similar, but without the black cap and with slightly more muted colours, but can also be identified by its yellow and black wing bars. As with most birds, the colours tend to be at their most vivid in the breeding season

Siskins are largely seed eaters, but supplement their diet with insects in the summer. For the most part they eat tree seeds (including extracting seeds from fir cones), so their prime habitats are mixed and coniferous woodlands. The seeds of alder, birch, spruce and pine are all high on their menu. However, they do also use seed feeders in gardens. Interestingly, some studies have found that they are more frequently seen at feeders in wet weather (when pine cones close up) and less frequently when it is dry (when the pine cones open up). I shall be watching carefully to see whether this is true in my garden! Another tip I have picked up and will be trying out, is that they are particularly partial to niger seeds presented separately from the main seed mix. Siskins are acrobatic feeders and will hang upside down to get the best angle to extract seeds.

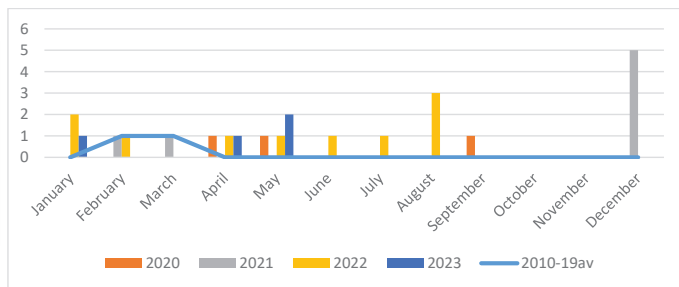


Siskins build their nests of twigs, moss and other soft materials in trees. They usually lay four or five eggs, which hatch in about two weeks. It is about another two weeks before they will fledge. Fledglings, like the one to the left, do sometimes appear on garden feeders. Whilst adults' main predator is the sparrowhawk, eggs and chicks are vulnerable to a wide range of predators.

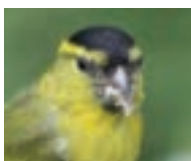
The breeding range of siskins has enlarged over the years, firstly because of the expansion of coniferous forests and more recently because of their increasing use of garden feeders. They are found across the UK and the resident population (which does not usually migrate) is joined by migrating birds from northern Europe which will leave again in the spring. Individually, a siskin has an expected lifespan of two years

Traditionally, the best time to see siskins was in winter from New Year on, because of the raised numbers at this time. However, their increasing use of bird feeders has evened things out a bit. The chart below shows that here on my patch in the parish of St Ive there is still a skew to the winter months, though they are seen throughout the year apart from the autumn when many species become scarcer visitors while they are moulting at the end of the breeding season.

Chart showing siskin sightings from 2020 - 2023 compared to the 2010 - 2023 averages.



Now the leaves have fallen, the tops of trees are good places to spot siskins when you are out and about. Their population is doing well with at the moment with a 61% increase recorded between 1995 and 2015. However, that would change if we do not maintain and expand the woodland habitats they rely on.



**HAPPY WILDLIFE WATCHING!**  
Hilary

# St. Ive Village Hall, The Cross, PL14 3LZ

## HALL HIRE

**£5 an hour**

Includes use of the kitchen and electric (except wall heaters, which are on a £1 coin meter)

For bookings ring Beth: 01579 382066

Or 07476156659

### Regular Group and Activity Timetable

Gardening Club	1 <sup>st</sup> Monday monthly 7.30pm	01579 382762
St. Ive Snooker Club	Mondays and Thursdays 7pm	01579 382315 R. Bunkum
Mobile Post Office	Wednesday 10.30am – 11.30am	
Coffee Morning	Wednesday 10.30am – 12md	

Methodist Sunday Service	Check timetable in Parish Pump for services	Kathryn or Keith Mutton 01579 382334
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**St. Ive Village Hall**  
**The Cross, St. Ive**  
**PL14 3LZ**

**1st Monday of the month**  
**7.30pm**

**New members welcome**

St. Ive Village Hall PL14 3LZ  
**Snooker Club**



Monday and Thursday Evenings

7pm

Contact Ray Bunkum

01579 382315



# St Ive & District Gardening\* Club



## We would like some new friends

\*The title isn't all as it seems...it's not **all** about gardening! In the winter months we have speakers who give amazing talks on all kinds of subjects, in the past we have had:

A bee keeper, a hedgehog helper, a CoastWatch volunteer, Cornish Clotted Cream legend & an historian.

In the summer months we visit local places (ok this is usually gardens!) & have a private tour.

All year around there are refreshments & a raffle!

It is an informal, relaxing & friendly...we would really love to share this with some new people.

If you would like to join us our next get together is:

Monday 5<sup>th</sup> February at 7:30pm in St Ive Village Hall (PL14 3LZ)

*We look forward to welcoming you!*





# St Ives Parish Church

*You are invited...*

## Nativity Display Event

**Saturday 6<sup>th</sup> & Sunday 7<sup>th</sup> January 2024**

10:00am to 3:00pm

Come along and see the many variations of nativity displays.



If you have one you'd like included please bring it to the church on Friday 5<sup>th</sup> January 2:00pm – 4:00pm

# Unity Methodist Church

Sunday 7th January 11.15am - United Service at St Ive Parish Church.

**St Ive Parish Church Nativity Set display will also be held in the Church on Sat 6th and Sunday 7th from 10am - 3pm. (The Sunday will include the morning service at 11.15am)**

Refreshments available both days. Anyone who has a Nativity Set they would like to add to the display please ring Kathryn 01579 382334. All welcome.

.....  
Sunday 14th January 10.30am - United Service at St Ive Village Hall led by Helen Burke.

.....  
Sunday 21st January 11.15am - United Service at St Ive Parish Church  
Then at 6pm the United Greenshoots Covenant Service will be hosted by our Sister Church at Bealbury and led by Rev Jonathan Budd.

.....  
Sunday 28th January 10.30am - United Service at St Ive Village Hall led by Marguerite Smith with Communion. Then at 6pm there is a chance to share in the Liskeard and Looe Circuits Praise and Worship meeting at St Neot.

.....  
On Thursday evenings once a fortnight there is a craft group "Chattermakers" which meets at St Ive Village Hall from 7.30pm. A great chance to get chat and craftover a cup of tea. More details from Kathryn 01579 382334.

.....  
A big thank you to all who came the the Carols in the hall and Christingle on Thursday 14th December hosted by the St Ive Village Hall and Unity Methodist Church (St Ive). The donations raised on the evening for the work of The Children's Society came to £80.05



Thank you all once again.

# St John's Mission Church Pensilva Good Grief Cafe



Wednesday 17<sup>th</sup> January  
3.00 to 5.00 pm

We can grieve for many reasons:  
the death of a friend or relative;  
the diagnosis of a friend or relative  
with dementia or a terminal illness;  
loss of mobility or driving licence;  
closure of your place of worship;  
closure of a support group;  
the loss or illness of a pet;  
the loss of freedom;  
the loss of a job;  
homelessness;  
the loss of stability in society.

The Good Grief Cafe is for anyone  
who is grieving for any reason.  
Come for company, for friendship.  
Eat cake, drink tea and coffee.

Chat if you want to,  
or just be there.

Everyone is welcome.

*For further information  
contact Geoff 01579 362698*

# Pensilva



# MemoryCafé

Thursday 25<sup>th</sup> January  
2.00 to 4.00 pm

If you have  
memory problems  
or  
you are a carer  
for somebody  
who does  
and  
would like to  
meet others  
who understand  
your situation  
then join us at  
St John's Church

*Contact Geoff 01579 362698*

# St John's Mission Church

A united congregation of the Church of England & the Methodist Church

## Services for January 2024

Sunday	7 <sup>th</sup>	11.00 am	Rev Becca Bell <i>Holy Communion</i>
Sunday	14 <sup>th</sup>	11.00 am	Mr Norman Rowe
Sunday	21 <sup>st</sup>	11.00 am	Mr Geoff Cox
		3.45 pm	Tea Time Church for children & their families
Sunday	28 <sup>th</sup>	11.00 am	Mr Barry Hocking & Mrs Carol Morse
<b>Thursdays</b>		10.00 am	Morning Prayer Fellowship

### JANUARY EVENTS Please see posters for full details

Friday	5 <sup>th</sup>	2.30 - 4.00 pm	Afternoon Tea
Wednesday	10 <sup>th</sup>	10.00 am	Pensilva Methodist Church Council
Thursday	11 <sup>th</sup>	10.45 am	St John's Parochial Church Council
Wednesday	17 <sup>th</sup>	3.00 pm	Good Grief Café
Thursday	25 <sup>th</sup>	2.00 - 4.00 pm	Memory Café
Tuesday	30 <sup>th</sup>	2.00 - 4.00 pm	Stitch, Knit & Natter

*For further details or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718*

## St John's Mission Church Pensilva

# AFTERNOON TEA

*Friday 5<sup>th</sup> January  
2.30 to 4.00 pm*

*Donations to support  
church work in our community*



## Raffle

## Bring & Buy Stall

**Tuesday  
30<sup>th</sup>  
January**

**St John's  
Mission Church  
Pensilva**

**on the  
last Tuesday  
of the month**

**2.00  
to  
4.00 pm**

**Contact Kathleen  
01579 363686**

**stitch  
knit and  
natter**

**Do you enjoy stitching,  
knitting, crocheting?**

Join our friendly knit and natter group.  
Come and meet new friends and swap tips  
and ideas - all ages and abilities welcome!

Drop-in!

There's no charge for materials but you will be asked to contribute to the group's running costs.

# Teatime Church



**For children and their families**

**Playing Games**

**Singing and Praying Together**

**Sharing a Bible Story**



**Sunday 7<sup>th</sup> January 3.45 pm  
St Cleer Parish Church**

**Eating Tea**

**Sunday 21<sup>st</sup> January 3.45 pm  
St John's Mission Church Pensilva**

For more information  
contact: Rev Li Selman  
[revliselman@gmail.com](mailto:revliselman@gmail.com)





# Pentiddy Community Woodland

Another productive volunteer day at Pentiddy Community Woodland on Sunday December 10th. A group of volunteers helped to stack felled ash and clear brambles from the trails. It was rather muddy but everyone was in good spirits. What started out as a wet morning turned into not a bad day for December. A hearty lunch was shared: homemade soup, Sourdough, homemade mince pies, cake, tea.

Next volunteer day is Sunday 14th January @ 11am

We have a volunteer Whats App group if anyone would like to be added. Please PM us via Facebook or message 07989 330887 to be added. All welcome.





# **Pentiddy Community Woodland Volunteer Days 2023/24 Everyone Welcome**

Sunday 10th December  
Sunday 14th January  
Sunday 25th February  
Sunday 24th March  
11:00 - 15:00

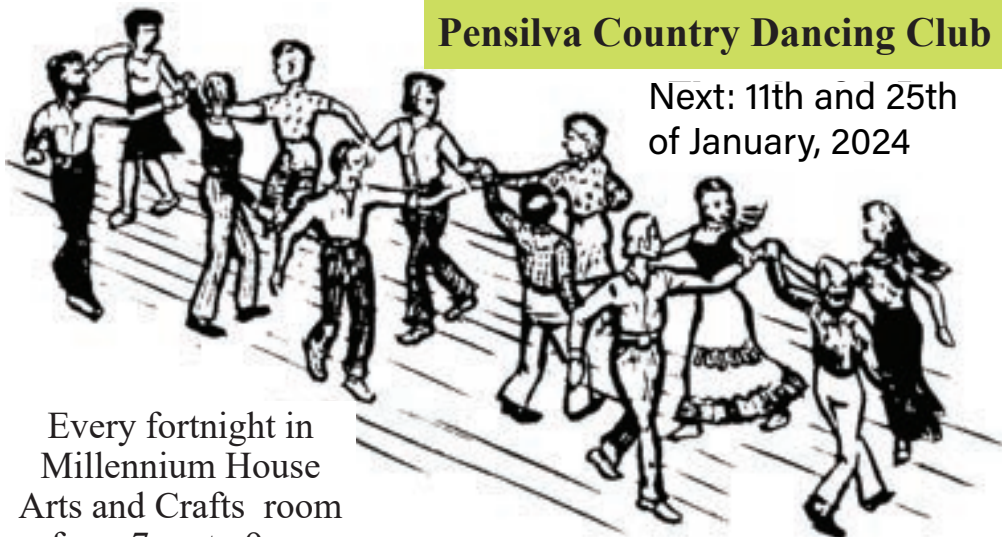
Come share some good company and productive work.  
Improving the woods for all that use it.  
Soup, bread, hot drinks and cake supplied.  
Please bring gloves and hand tools if you have them.  
We have some tools and gloves. No experience needed.

Any questions please call 07989330887, or via the facebook page  
[mail@pentiddy.co.uk](mailto:mail@pentiddy.co.uk)



## Pensilva Country Dancing Club

Next: 11th and 25th  
of January, 2024



Every fortnight in  
Millennium House  
Arts and Crafts room  
from 7pm to 9pm

For information ring Frances 01579 363718

**Action for Children**

**YOUTH GROUP**  
**FOR 11-19 YEAR OLDS**  
UP TO 25 YEAR OLD WITH SEND.

**EVERY FRIDAY 5:00 TO 7:00 PM**

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VENUE: MILLENNIUM HOUSE, PENSILVA, LISKEARD PL14 5NF

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FIND OUT ABOUT US @:  
[WWW.SERVICES.ACTIONFORCHILDREN.ORG.UK/KERNOWCONNECT](http://WWW.SERVICES.ACTIONFORCHILDREN.ORG.UK/KERNOWCONNECT)



**Ever tried...**  
**Ladies Walking Netball?**  
**Come along to Millennium House, Pensilva**



**Thursdays**  
**4.00pm - 5.00pm**

**£2 per session**

**For further info contact [rosemaryfarley@gmail.com](mailto:rosemaryfarley@gmail.com)  
or Tel. No. 01579 384810**

## *All Being Well*

**We are still open for three mornings a week. A maximum of six members can now attend at one time.**

### Opening hours:

Monday, Wednesday and Saturday, 9am to 1pm.

Maximum six members at a time for each of three slots within each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

### **Prior booking is essential**

To book yourself in or for any enquiries, call in at the gym or telephone on **01579 363890**, during the opening hours listed above.

**23 years working in our local community to improve health, fitness and well being.**

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# Neighbourhood Development Plan

## **What is a Neighbourhood Development Plan?**

A Neighbourhood Development Plan (NDP) is a community-led framework for guiding the future development and growth of an area.

It may contain a vision, aims, and planning policies that relate to the use and development of land and linked social, economic and environmental issues. It may deal with a wide range of issues (like housing, employment, heritage and transport) so long as they can be influenced by statutory Planning processes.

St Ive and Pensilva Parish Council is the local "qualifying body" in planning law that has the power to prepare a Neighbourhood Plan for our area. The Parish Council is keen to make sure that local views and considerations are taken into account when it comes to future development within the Parish. The Plan is being written in partnership with the local community through the St Ive and Pensilva NDP Steering Group which is made up of a committed group of Parish Councillors and local residents.

A survey to gather the thoughts of all local residents, businesses and community organisations will be held later this year to gather the information needed to write the Plan. It must also take into account government policy and local economic, social and environmental conditions. When the draft Plan is ready a formal 6 week community consultation will take place, following which it will be submitted to Cornwall Council.

The Neighbourhood Plan will go through further consultation, an independent examination and then a local referendum before it is approved in law. Once our Plan has been approved, it will become part of the formal planning system and be a 'material consideration' for planning applications, alongside national and Cornwall Local Plan policies.

## **Why do we need one in St Ive and Pensilva Parish?**

A Neighbourhood Plan for our parish would allow residents to develop planning policies that reflect our own priorities and help to deliver the kind of community that we would like to see in the future.

Once in place, the policies in the Neighbourhood Plan will be used to help Cornwall

---

Council's Planning Officers, Councillors and Planning Inspectors to decide whether future planning applications should be approved or refused.

It will mean that local views **MUST** be taken into account when planning decisions are made.

The Neighbourhood Plan will also help the local community to set out any projects that it would like to see happen over the coming years.

This video explains more about Neighbourhood Development Plans – it was created by Locality, which funds and supports communities to deliver their Neighbourhood Plans - <https://youtu.be/SvAHhrKNVt0>

For more information see the Neighbourhood Plan website at:

**[plan4stive.co.uk](https://plan4stive.co.uk)**

### **How can I get involved?**

As it's a Plan made by local people, we can all get involved in various ways:

- Make sure you have your say in any consultations on the Plan;
- Help decide what should be in the plan by visiting drop-in exhibitions about the Plan;
- Keep up-to-date via posters, the press and radio;
- Talk about the Plan with friends and neighbours – spread the word!
- Contribute your ideas and suggestions by using the form (available soon on the upcoming Neighbourhood Plan website).
- When it is published, comment on the draft plan before it goes off for inspection and we all vote on it.
- Volunteer practical help to create the Plan, from note-taking to photocopying, doing surveys, delivering leaflets, and supporting exhibitions.

And if you have plenty of time to spare...volunteer to assist the Neighbourhood Plan Team by supporting the Steering Group and helping to organise the creation of the Plan. Please get in touch by emailing the Parish Clerk:

**[stiveparish@btconnect.com](mailto:stiveparish@btconnect.com)**



**Save money and reduce your carbon footprint, in one easy move.**

A local resident got in touch with us to tell us how combining with a “Buddi” to share car journeys had saved them both “an absolute fortune”. Initial contact was via the site Liftshare, <https://liftshare.com/uk>. There’s no obligation, just enter details of a journey, regular or infrequent, that you would be interested to share, and see what comes up. You can accept or decline a potential Buddi.

Simple things like this make us more resilient as a community and as a society. If you are interested in joining our group and helping to make our area a better place to live, in whatever way, big or small, please contact us via email [posicrp@gmail.com](mailto:posicrp@gmail.com) or phone 07768 130520. **Follow Us:** Instagram: togetherproject2022



### **RVS WEDNESDAY CLUB, PENSILVA**

Meetings are held every 3rd Wednesday of the month (not August) from 2 - 4.p.m. at Pensilva Village Hall. Entry fee £2 which includes Raffle and light refreshment.

**January Meeting - New Year Tea and Bingo**

**February Meeting - Musical Entertainment**

Everyone Welcome. For further Information please contact:

<b>Cherry Woodhouse</b>	<b>(Chairperson)</b>	<b>01579 363874</b>
<b>Marlene Carr</b>	<b>(Secretary)</b>	<b>01579 362919</b>

### **MELODI LISKERRET**

- A mixed group, singing a variety of well known numbers including Folk & Cornish songs.
- Local to you!
- Weekly rehearsals in St. Ive – Gorfenna, PL14 3LX
- Friendly informal rehearsals with a tea break and biscuits!!
- **Free one-to-one professional singing tuition within a few weeks of joining!!**

**For more information, please contact Gerald, secretary, on 01579 363881 or email: [charaton@btinternet.com](mailto:charaton@btinternet.com)**



## **PENSILVA VILLAGE HALL**

**We are now open and back in business!**

Anyone wishing to book the hall for meetings, birthday parties or fundraisers, please contact Peter or Jackie Browning on **01579 363212** or email **[peterpensilva@gmail.com](mailto:peterpensilva@gmail.com)**



Please note that as well as hall rent there is a coin meter for heating at 60p/hr.

## **MOBILE LIBRARY**



**The County Mobile Library** visits our area every four weeks, always on a Friday. You can now browse the shelves again, but you can still pre-order books if you prefer.

Next visits: 28th July, 25th August.

Stops at The Victoria Inn, Pensilva from

10.25 to 10.45am; and Quethiock bus stop from 11.00 to 11.25am.



## **Struggling with Sight Loss?**

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

[www.isightcornwall.org.uk](http://www.isightcornwall.org.uk)

# Liskeard Repair Café

*"If you can carry it, we'll do our best to mend it!"*

## What is a Repair Café?

We are a friendly group of volunteers, with repair skills in all kinds of fields, who come together once a month to help people make repairs to a variety of items, including clothes, furniture, electrical equipment and appliances, bicycles, crockery, toys, etc., etc. Also, if you like, you can sit with our repairers and learn new skills or simply get some expert advice. Alternatively you can spend time chatting with others whilst enjoying a free tea or coffee and cake or one of Ian's amazing toasties.

We are part of a nationwide network of Repair Cafes whose aim it is to create a more sustainable future and avoid the unnecessary disposal of items that with a simple repair will give them a new lease of life. But most of all, the Repair Café is a place for people to come together and see how easy and how much fun it is to repair things.

Repairs and refreshments are free, however any donations are gratefully received to help maintain the ongoing costs of running the Repair Café.

## Where and when can you find us?

We meet on the 2<sup>nd</sup> Saturday of each month from 1pm – 4pm at the Liskerrett Community Centre, Varley Lane, Liskeard, PL14 4AP. There is a small amount of disabled parking at the Centre and plenty of other parking at The Cattle Market pay & display car park adjacent to the Centre.



## More Information

You can find out more about us and updates before each Repair Café of what skills are likely to be available on the day on our FaceBook Page, just search for "Liskeard Repair Café."

## Want to volunteer?

There is always room for more volunteer repairers. If you would like to join us either drop into one of our sessions, send us a message via our FaceBook Page or email [liskeardrepaircafe@outlook.com](mailto:liskeardrepaircafe@outlook.com)

Dates of the next 2023 Repair Café:  
(all from 1pm – 4pm)

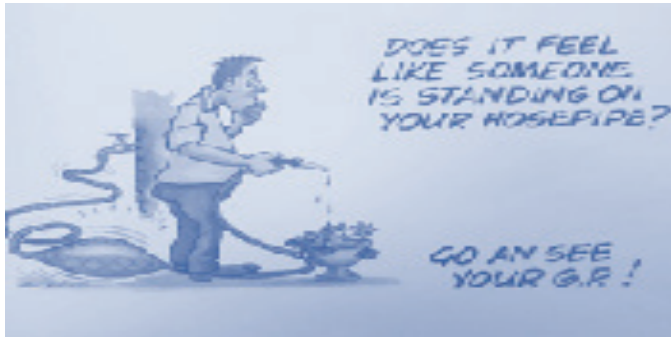
Saturday 13<sup>th</sup> January

We look forward to seeing you.





## Tamar Area Prostate Support (TAPS)



### DON'T IGNORE THE SIGNS

- A need to urinate frequently especially at night
- Difficulty in starting to pee
- Weak flow
- Feeling that your bladder has not emptied fully

If you are concerned about any of the above symptoms  
Please contact your Doctor

If you would like to know more about us please contact one  
of the steering group listed below or email  
[tapsinfo555@gmail.com](mailto:tapsinfo555@gmail.com)

**Come and join us on the Second Tuesday of the Month  
10.00 at the Compton Park Engine House  
Callington for a friendly chat and a coffee.**



Paul Mansell 01822 832179 - Harry Lawson 01579 383258

John Stewart 01822 833343 - Stephen Williams 07735 389883

Albert Doidge – 01822 832471

# MILLENNIUM HOUSE COMMUNITY COFFEE SHOP

**Open Tuesdays, Wednesdays, and Fridays  
9am to 1pm (to coincide with the Post Office)**

We, the volunteers, opened the Coffee Shop in 2017 with the hope of giving something back to the community. The atmosphere is relaxed, making it an ideal place to enjoy meeting up with friends for a cuppa and a chat. A warm welcome is assured. We would like to say a huge "Thank You" for your continued support.

## THE MEL BAR OPENING HOURS

**Monday: Closed**  
**Tuesday-Saturday: Open 5 - 10:30pm**  
**Sunday: 12 - 5pm**

Under 18s are welcome in the bar with an accompanying adult until 9pm.  
Dogs also welcome.



# ADVERTISING

A huge thank you to all our advertisers that support the Parish Pump each month: **without you we wouldn't be able to publish this valuable local resource.**

Please note that all advertising must be paid for in advance.  
TWO MONTHS FREE when purchasing for a year.

Quarter page: £10 per month, or £100 for 12 months

Half page (this unit): £20 per month, or £200 for 12 months

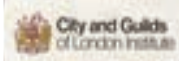
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**Contact [stiveparishpump@gmail.com](mailto:stiveparishpump@gmail.com) to enquire**

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*Thank you.*





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Website : [www.kvaccountingsolutions.co.uk](http://www.kvaccountingsolutions.co.uk) or Email : [katevaughnley@gmail.com](mailto:katevaughnley@gmail.com)

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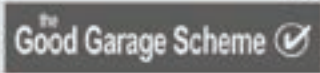
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# Pensilva & St Ive Post Office Service

**Pensilva:** Through the coffee shop on the 1<sup>st</sup> floor of Millennium House

**Tuesdays:** 9am to 1pm.

**Wednesdays:** 9am to 12 noon.

**Fridays:** 9am to 12 noon

**The Millennium House  
coffee shop is also open on  
these mornings.**

.....  
**St Ive:** At St Ive Village Hall

**Wednesdays:** 10:30 to 11:30am

**Coincides with the St Ive  
Village Hall Coffee Morning**

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**Pensilva Stores is a family run business who have been serving local people and visitors for more than 21 years.**

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