



A big thanks to Millennium House Events Group, especially to Karen (and family!), Keith, Paul, Margeret, Nigel, Vanessa, and Hui, for putting on a spooktacular Halloween Party this year. Attended by around 140 kids, it was free entry, free food, and prizes for best costumes (pictured below).

SPOOKTASTIC HALLOWEEN PARTY AT MILLENNIUM HOUSE



DISCLAIMER

The articles appearing in this magazine do not necessarily represent the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Alan Moss (chair)	01579 362064	Marlene Carr (vice chair)	01579 362919
Rosemary Farley	01579 384810	Martin Corney	01579 382450
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Paul Mann	01579 363757	Nigel Libby	079 6889 1814
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James Bruce	074 1119 2645	Craig Vaughley	01579 364083

Your Cornwall Councillor is **Sharon Daw** - 078 3737 9305 slash.dash.daw@gmail.com

Meetings of St Ive Parish Council

Meetings are held on the second Monday of every month, except August and December when no meeting is held. Please see the website for meeting dates, agendas, and minutes.

<https://st-ive-parishcouncil.gov.uk/minutes-agendas/>



Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173
Email: **CIOSNBMLLST@devonandcornwall.pnn.police.uk**

To report a crime call 101 or go to **www.devon-cornwall.police.uk**

In an emergency call 999

Contact Details for St Ive Parish Council and Millennium House

Address for correspondence:

Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.
01579 363096, email: **stiveparish@btconnect.com**

For finance matters for the Parish and Millennium House, contact John Body. 01579 362102, email: **millenniumhouseadmin@btconnect.com**

Millennium House enquiries and reservations:
01579 363096 email: **vanessa.mhouse@gmail.com**

Parish Pump Submissions

Via email only to **stiveparishpump@gmail.com**

The deadline for submissions is the 18th of the month. Please email your text submissions directly in the email body, and attach any images. Full, half, or quarter page designs can be sent as JPG, PNG, or PDF files.

Advertising Costs

Please note that all advertising must be paid for prior to publication.

Two months free when purchasing for a year.

Quarter page: £10 per month, or £100 for 12 months

Half page: £20 per month, or £200 for 12 months

Full page: £33 per month, or £330 for 12 months

(All prices are inclusive of VAT)

Letter from the Editor

First off, a huge thank you to Joe for his years of editorship, and all his help in getting me off the to a running start. These are some mighty big boots to fill. I'll be honest: this is a lot harder than I thought it would be.

I'm James. You might already know me as the guy who sets up film club, or the one always riding around on some weird new electric wheeled contraption. I'm also a parish councillor (but don't hold that against me); secretary of Pensilva Community Association, and of St Ive Parish Community Resilience Project; and I sort of DJ, but only for Halloween. That's me on the front cover (ahhh, the benefits of being the editor).

In my day job, I'm lucky enough to be a work-from-home technology journalist for [MakeUseOf.com](https://www.makeuseof.com), and a YouTuber—though at various points in life I've also been an English teacher in Japan, web developer, datacentre technician, stage manager, and lighting operator.

I'm not a native of Cornwall. We moved here about a decade ago, tired of the hustle and bustle, and wanting a bit of land. Plus, the neighbours really didn't like our cockerel (by the way, putting a bucket over it them to make it think it's still nighttime does NOT work). We wanted to grow our own food, become self-sufficient, and live resiliently. We're still working on that admittedly idealised and romantic vision of what rural life would be like.

Speaking of which: our strongest weapon of resilience is... community. I'm proud of our community and the spirit we show in times of need. I'm proud of the countless groups, charities, and businesses that make Pensilva what it is. I'm also proud of the Parish Pump that connects us all—and that's why I took the job. It's a vital part of our community. So please enjoy issue 501, and if you have any comments, suggestion, or feedback, don't hesitate to email me at our shiny new address!

James
stiveparishpump@gmail.com

Chairman's Report

Hello and welcome back! Over the past couple of months, without the Parish Pump, I've felt a disconnect from the community, not being able to let you know what we've been up to. Thanks goes to our new editor, Councillor James Bruce who has taken over the mantle from the great work Joe achieved.

Thanks to our Manager, Millennium House has been busy and there are many functions and activities coming up—like the Fisherman's Choir, Children's film show and much more. Keep an eye open in the Pump.

Over the last couple of years, since we lost the AGEUK electric vehicle, volunteers have been transporting people to and from appointments. I would like to thank them for their loyalty and commitment keeping the service running.

After over twelve months of applications, Zoom communications, and the help of a Lottery Funding Manager, in August, the National Lottery awarded the Parish over £65,000 to purchase our own Community Minibus to enhance the current service. We're hoping to take delivery soon.

I would also like to welcome our new councillor, Steve Willis to the Council, I'm sure he will be a valued member to the Council.

Alan Moss
Parish Chairman

Community News

Charlotte Hicks (21), who lives in the village, competed in the Welsh Open Air Pistol Championships on 4th and 5th November at Cardiff. She broke the women's 10m air pistol Junior British record with a score of 575. She is currently ranked British number 1 senior woman at 10m air pistol.



Millennium House

I am sure just like me you are pleased that James has taken over the Parish Pump Editor position, from the wonderful Joe, and we can all stay connected! So much has happened since July and we have so much coming up in December!

Friday 1st & Saturday 2nd December - Slimming World! This is every Friday evening at 5.30pm and every Saturday morning at 8am & 9.30am. A great supportive group of men and women! I always hear the laughter and chatter coming from them every week!

Friday 1st December - Youth Club! This is every Friday from 5pm to 7pm for 11 to 19 year olds. Free entry!

Saturday 2nd & Sunday 3rd December - Christmas Market Weekend! This is our final Pensilva Monthly Market of the year and we are finishing it off with so many amazing stalls and local crafts and baked goods and decorations and gifts! We have Santa's grotto, make your own tree decoration, Melodi Liskerrett Choir, a raffle and yummy warm refreshments too! A great day out for the entire family from 11am to 2pm. It is free entry for everyone, free to see Santa and even free crafting for the children decorating their tree decorations and free parking for the grown ups too! Please come along and support the local sellers.

Monday 4th December - Mims is an exercise group that joins together every Monday from 10.30am to 12noon. I do believe there is tea and biscuits after!

Monday 4th December - Yoga for Everyone with Laura Louise! It doesn't matter if you are a beginner or expert, just bring along a mat. Every Monday from 5.30pm to 6.30pm.

Monday 4th & Tuesday 5th December - Badminton with a great group of people of all levels from 7.30pm to 9.30pm every Monday and Tuesday.

Tuesday 5th December - Fred West Art Group from 9.30am to 12.30pm. A group of local artists from all levels who come together for a 12 week period every Tuesday! This is Fred's last group for the year!

Wednesday 6th December - Sing & Sign with Natalie every Wednesday during term time, with 3 age appropriate groups from 0 - 30months.

Wednesday 6th December - British Heart Foundation Bingo - doors open 7am, eyes down 7.30pm!

Thursday 7th December - Aikido from 7.30pm every Thursday with Ron for everyone.

Thursday 7th December - Ladies Walking Netball at 4pm every Thursday.

Saturday 9th December - Wizard of Oz performed by The Caradon Youth Theatre at 2pm and 7pm.

Thursday 14th December - Country Dancing group. They dance away on Thursday fortnightly from 7pm to 9pm.

Friday 15th December - Film club showing The Man Who Invented Christmas from 7pm.

Saturday 16th December - Film club Kids special showing Puss in Boots The Last Wish from 10am.

Saturday 16th December - Elves Workshop for some Christmas creative fun for the children run by the Pre-school from 9.30am - 11.30am & 12 - 2pm.

Saturday 16th December - Kids Bingo sponsored by Pensilva Community Association from 2.30pm to 4pm. Free entry for some bingo fun!

Wednesday 20th December - Bingo! every third Wednesday from 7pm, eyes down 7.30pm.

Thursday 21st December - Christmas Lunch from 1pm by booking only. This is fully sponsored by The McCarthy Family Pensilva Stores and Tamar Fresh which we are incredibly thankful for. So, if you or someone you know will be spending Christmas Day on their own please book a spot at our lunch. It is a maximum of 30 people and booking up fast!

Monday 25th December 2023 - Christmas Day! The Mel Bar will be open from 12 noon to 2pm!

Tuesday 26th December 2023 - Boxing Day! The Mel Bar will be open from 1pm to 6pm!

Sunday 31st December - New Years Eve Party run by Pensilva PSA from 7pm to 1am. Email pensilvapsa@yahoo.com to book your tickets!

Our next monthly Pensilva Market Day will be on Sunday 7th January 2024. I am taking bookings for this, £5 a table. The market as always will be from 11am to 2pm. Crafts, baked goods, fruit and veg, knitted items, table top/ car boot table and so much more! Free entry and parking with refreshments available on the day.

I would like to take this opportunity to thank everyone from the Millennium House Events group, all the staff, every volunteer who supports functions and the Parish Pump and every single person who supports the bar and those who have made bookings no matter how big or small at Millennium House. You keep Millennium House going. I always get told from visitors outside of Pensilva, how wonderful this building is and how lucky the village is to have it. So thank you for being a part of Millennium House and I look forward to seeing many more of your faces regular and new in 2024!

I will wish you all a very Merry Christmas and a Happy New Year for 2024!

Have a dazzling December

Vanessa

Film Club



I'm sure I add my thanks, with many other village residents, to James (the new editor) for taking on The Pump, as it has been sorely missed over the last few months. James is also very well known to us Film Club members as our invaluable "tech guy" without whom we would not be able to carry on presenting our monthly movies.

Our club member numbers have continued to increase over the year having had many successful evenings and looking forward to a varied programme for the rest of 2023 going into 2024. We have historically tried to stick to the 3rd Friday in the month as much as possible but this may vary quite a bit next year. Fortunately with the Parish Pump back in print it will be easy to keep an eye on the forthcoming film nights.

In November, we showed 'Hacksaw Ridge' - a World War 2 biopic following the story of an American GI who refused to carry arms and was, indeed, awarded the Medal of Honour for Bravery. I'd never heard about this previously and thought it would be a suitable way of marking November as the month of Armistice.

We will be showing 2 seasonal films in December - 'The Man Who Invented Christmas' for our usual monthly Friday evening (15th), and a family viewing of 'Puss In Boots' on Saturday 16th at 10am. Children attending the Saturday film must be accompanied by an adult who must either be a current member of C-film or join at a cost of £6, but there is no charge for children. This is to comply with the legal requirements of the film licence.

Thanks to all who continue to support our little film club - see you on the 15th.

Enquiries to - judy.two@outlook.com or 01579 208836
Pensilva Film Club, in Association with C-film, part of Creative Kernow

Pensilva Community Association and C-Film Present

PENSILVA FILM CLUB



FRIDAY, DECEMBER 15th
DOORS OPEN 7PM, FILM STARTS 7:30PM
**The man Who
Invented Christmas**

£3 for C-Film members

Non-members can join on the door for £6, which includes your first film.



In 1843 London, author Charles Dickens finds himself in financial trouble after writing three unsuccessful novels in a row. Desperate for a hit, Dickens relies on real-life inspiration and his vivid imagination to bring Ebenezer Scrooge, Tiny Tim and other classic characters to life in "A Christmas Carol," forever changing the holiday season into the celebration known today.

RATED PG; COMEDY, DRAMA - 1h44m

SCAN FOR TRAILER ----->



PENSILVA FILM CLUB AND



16TH DECEMBER, 10AM

AT MILLENNIUM HOUSE

A movie poster for 'Puss in Boots: The Last Wish'. The central figure is Puss in Boots, a large orange cat with a black collar and a sword. He is surrounded by other characters: a grey cat with a sword, a small brown cat, a purple bear, and a woman with a large floral hat. The background is a dark, atmospheric scene with a cityscape and a large, glowing orb. The title 'PUSS IN BOOTS' is written in large, golden, serif letters, with 'THE LAST WISH' in smaller, white, sans-serif letters below it.

PUSS IN BOOTS

THE LAST WISH

FREE ENTRY FOR CHILDREN, BUT MUST BE ACCOMPANIED
BY A PAYING ADULT C-FYLM MEMBER. JOIN ON THE DOOR
FOR £6, WITH THE FIRST FILM INCLUDED.



Millennium House

CHRISTMAS MARKET

11AM-2PM
DECEMBER 2ND + 3RD

TWO DAY EXTRAVAGANZA

- SANTA'S GROTTA 11:30AM-2:30PM
- KIDS TREE DECORATION 11AM-2PM
- RAFFLE • MULLED WINE
- HOT CHOCOLATE • LOCAL STALLS

SUNDAY ONLY: MELODI LISKERRETT CHOIR FROM 11.30AM

MILLENNIUM HOUSE,
PENSILVA PL14-5NF



MILLENNIUM HOUSE COMMUNITY COFFEE SHOP

**Open Tuesdays, Wednesdays, and Fridays
9 am to 1 pm (to coincide with the Post Office)**

We, the volunteers, opened the Coffee Shop in 2017 with the hope of giving something back to the community. The atmosphere is relaxed, making it an ideal place to enjoy meeting up with friends for a cuppa and a chat. A warm welcome is assured. We would like to say a huge "Thank You" for your continued support.

THE MEL BAR OPENING HOURS

Monday: Closed
Tuesday-Saturday: Open 5 - 10:30pm
Sunday: 12 - 5pm

Under 18s are welcome in the bar with an accompanying adult until 9pm.
Dogs also welcome.



Sponsored by
Pensilva Community Association

KIDS
XMAS
BINGO

~FREE ENTRY~

2:30-4PM
SATURDAY, DECEMBER 16TH 2023
@ MILLENNIUM HOUSE

Total Triage



Accurx Patient Triage is an online form to contact the practice about your health. Our surgery will be moving to a Total Triage system from Thursday 5th October. The model is as follows:

All patients submit an AccurX patient triage from their smart phone or computer, the link for which is on our website. If you do not have a smart phone or are unable to do the online form you can call the practice and the reception team will complete the form on your behalf.



All clinical patient triages are reviewed by a GP. All triages will be looked at the same day and responded to within 72 hours, unless deemed urgent.



Upon review the team will contact you with an appointment or will signpost you to the correct service



NHS

GET VACCINATED.
GET WINTER STRONG.

If your child is 2 or 3 years old you can book a flu vaccination appointment at their GP surgery



Oak Tree Surgery and
Pensilva Health Centre

If your child is aged 2 or 3, please
call us today to book an
appointment for their flu
vaccination.



01579 32 42 52

(Registered patients only)



Pensilva Pre-School
Baby & Toddler Group



Every Friday 9:15am-11:15am

Term Time Only

£3 per child, £1 for any additional children

For parents, carers, and little ones. Come along and enjoy a cuppa and a chat in a warm safe environment, while your children play and develop their social and communication skills.

Drinks and snacks provided, toys, messy play, crafts, singing and lots more!

Telephone: 078900 23924

Email: management@pensilvapreschool.org.uk

Charity Number:1026118

MERRY
CHRISTMAS



Liskeard Repair Café

"If you can carry it, we'll do our best to mend it!"

WHAT IS A REPAIR CAFÉ?

We are a friendly group of volunteers, with repair skills in all kinds of fields, who come together once a month to help people make repairs to a variety of items, including clothes, furniture, electrical equipment and appliances, bicycles, crockery, toys, etc., etc. Also, if you like, you can sit with our repairers and learn new skills or simply get some expert advice. Alternatively you can spend time chatting with others whilst enjoying a free tea or coffee and cake or one of Ian's amazing toasties.

We are part of a nationwide network of Repair Cafes whose aim it is to create a more sustainable future and avoid the unnecessary disposal of items that with a simple repair will give them a new lease of life. But most of all, the Repair Café is a place for people to come together and see how easy and how much fun it is to repair things.

Repairs and refreshments are free, however any donations are gratefully received to help maintain the ongoing costs of running the Repair Café.

WHERE AND WHEN CAN YOU FIND US?

We meet on the 2nd Saturday of each month from 1pm – 4pm at the Liskerrett Community Centre, Varley Lane, Liskeard, PL14 4AP. There is a small amount of disabled parking at the Centre and plenty of other parking at The Cattle Market pay & display car park adjacent to the Centre.

MORE INFORMATION

You can find out more about us and updates before each Repair Café of what skills are likely to be available on the day on our FaceBook Page, just search for "Liskeard Repair Café."

WANT TO VOLUNTEER?

There is always room for more volunteer repairers. If you would like to join us either drop into one of our sessions, send us a message via our FaceBook Page or email liskeardrepaircafe@outlook.com

Dates of the next 2023 Repair Café: (all from 1pm – 4pm)

Saturday 9th December

We look forward to seeing you.





Tamar Area Prostate Support (TAPS)



DON'T IGNORE THE SIGNS

- A need to urinate frequently especially at night
- Difficulty in starting to pee
- Weak flow
- Feeling that your bladder has not emptied fully

If you are concerned about any of the above symptoms
Please contact your Doctor

If you would like to know more about us please contact one
of the steering group listed below or email
tapsinfo555@gmail.com

**Come and join us on the Second Tuesday of the Month
10.00 at the Compton Park Engine House
Callington for a friendly chat and a coffee.**



Paul Mansell 01822 832179 - Harry Lawson 01579 383258

John Stewart 01822 833343 - Stephen Williams 07735 389883

Albert Doidge – 01822 832471

Neighbourhood Development Plan

What is a Neighbourhood Development Plan?

A Neighbourhood Development Plan (NDP) is a community-led framework for guiding the future development and growth of an area.

It may contain a vision, aims, and planning policies that relate to the use and development of land and linked social, economic and environmental issues. It may deal with a wide range of issues (like housing, employment, heritage and transport) so long as they can be influenced by statutory Planning processes.

St Ive and Pensilva Parish Council is the local "qualifying body" in planning law that has the power to prepare a Neighbourhood Plan for our area. The Parish Council is keen to make sure that local views and considerations are taken into account when it comes to future development within the Parish. The Plan is being written in partnership with the local community through the St Ive and Pensilva NDP Steering Group which is made up of a committed group of Parish Councillors and local residents.

A survey to gather the thoughts of all local residents, businesses and community organisations will be held later this year to gather the information needed to write the Plan. It must also take into account government policy and local economic, social and environmental conditions. When the draft Plan is ready a formal 6 week community consultation will take place, following which it will be submitted to Cornwall Council.

The Neighbourhood Plan will go through further consultation, an independent examination and then a local referendum before it is approved in law. Once our Plan has been approved, it will become part of the formal planning system and be a 'material consideration' for planning applications, alongside national and Cornwall Local Plan policies.

Why do we need one in St Ive and Pensilva Parish?

A Neighbourhood Plan for our parish would allow residents to develop planning policies that reflect our own priorities and help to deliver the kind of community that we would like to see in the future.

Once in place, the policies in the Neighbourhood Plan will be used to help Cornwall

Council's Planning Officers, Councillors and Planning Inspectors to decide whether future planning applications should be approved or refused.

It will mean that local views **MUST** be taken into account when planning decisions are made.

The Neighbourhood Plan will also help the local community to set out any projects that it would like to see happen over the coming years.

This video explains more about Neighbourhood Development Plans – it was created by Locality, which funds and supports communities to deliver their Neighbourhood Plans - <https://youtu.be/SvAHhrKNVt0>

For more information see the Neighbourhood Plan website at:

plan4stive.co.uk

How can I get involved?

As it's a Plan made by local people, we can all get involved in various ways:

- Make sure you have your say in any consultations on the Plan;
- Help decide what should be in the plan by visiting drop-in exhibitions about the Plan;
- Keep up-to-date via posters, the press and radio;
- Talk about the Plan with friends and neighbours – spread the word!
- Contribute your ideas and suggestions by using the form (available soon on the upcoming Neighbourhood Plan website).
- When it is published, comment on the draft plan before it goes off for inspection and we all vote on it.
- Volunteer practical help to create the Plan, from note-taking to photocopying, doing surveys, delivering leaflets, and supporting exhibitions.

And if you have plenty of time to spare...volunteer to assist the Neighbourhood Plan Team by supporting the Steering Group and helping to organise the creation of the Plan. Please get in touch by emailing the Parish Clerk:

stiveparish@btconnect.com

TREGOVENEK

(next to Pentiddy Community Woodland)

A few updates from the farm

There has been so much progress over the last few months. All the work to get the bungalow ready for rental is now complete, and tenants have finally moved in! From this point on there will be a steady income of money from the rent which will really help!

There was a hedge-laying and biochar course at the end of November which saw local people learning all about the value of hedges in our environment and how to manage them well using traditional techniques. We also learnt how to make biochar from the branches which will lock carbon into the soil at the same time as improving the soil. Win-win!

Tregovenek Tree Day

Pensilva Primary School, the University of Plymouth, Tregovenek and Pentiddy Community Woodland came together to celebrate trees thanks to the University's Get Involved Award.

THE VISION

A small, abundant farm and gathering space that has the health and wellbeing of the local community, the land and its wildlife at the heart. A place where we will connect, learn and work together to discover what it is we each have to offer to help build a better, fairer world for generations to come.





A class from Pensilva Primary School worked with researchers and lecturers from the university together with volunteers from Tregovenek to gather scientific data on how much Carbon is being stored in the trees in the Community Woodland, look at all the ways trees are important in our lives and start a community tree nursery at Tregovenek! In the first instance, these young trees will be used to improve hedges around the land.

Next steps process and funding applications

We have submitted funding applications to the Cornwall Community Capacity Fund for designing and costing small-scale workshops and a small community hub and teaching space, and to Awards For All grant for a part-time project co-ordinator. Fingers crossed.

WORK PARTY! DEC 16TH, 10 - 3. EVERYONE WELCOME.

With the emphasis definitely on the word PARTY!

There will be plentiful opportunities for practical work on the land in the morning (bring work gloves) followed by some time in the afternoon putting ideas into the pot for the design of the community garden and the opportunity to have conversations around what we've been up to, how we work and how to get involved. There will be the usual epic shared lunch and undoubtedly some festive shenanigans! Add to all that the beauty and magic of midwinter in this stunning corner of Cornwall and a phenomenal community of awesome humans and we have all the ingredients for a brilliant day!

Please get in touch if you'd like to find out more about our work and how to get involved: mail@tregovenek.org.

St Ive Community Orchard Report

As autumn turns into winter things appear quiet in the glebe field behind the church in St Ive, where the new community orchard was recently established, but there is still activity. We humans have just filled in a few gaps in the new hedge where some of the saplings haven't survived. All the fruit trees we planted two years ago have survived and many flowered this year, but it's too soon to expect fruit for the community just yet.

My main personal interest is, of course, the wildlife which lives in or visits this habitat. The glebe field is one the last bits of unimproved grassland in the parish, and so is rich in wildlife. My favourite summer sighting every year in this field is the Marbled White butterfly. This is the only British butterfly which randomly scatters its eggs over long grass. All other butterflies smell out the right plant to lay their eggs on. By smell out, I mean they use sensors on their feet to identify the right plant.



Another winter activity is to add more twigs and branches to the dead hedge. This is a useful addition that provided a bit of a windbreak for the small hedge saplings and a refuge and corridor for wildlife like insects, birds and rodents. Rodents such as the harvest mice whose nests we found when we scythed the hay this year. The hay went to feed the goats at Polmarkyn, Charaton.

So everything nice and local.

Christmas trees come to mind at this time of year, prompted by the sighting of a goldcrest, our smallest resident warbler. Goldcrests love Christmas trees

because of the insects which can be found throughout winter hiding in the evergreen foliage. So this year why not buy your Christmas tree grown in a pot, and then plant it out in the garden once Christmas is over.

By Martin Corney for Parish of St Ive Community Resilience Project.

Pensilva W.I.

No speaker for the November meeting of Pensilva W.I, instead we had a "Fun With Wool Evening". Request for spare wool, knitting needles etc to bring along to the meeting, also ideas on different ways to use wool. Finger knitting, crochet, French knitting but a few. Members shared their ideas and more important showed us how to do it. Lots of very talented members. It was certainly a great fun evening.

Five birthday girls this month. Posies and cards were presented to Mavis Philp, Janthia Luter, Lorna Truscott, Rosie Drake and Christine Matthews.

Just a few reminders this month:

We will be holding a Coffee and cake morning on *Wednesday 29th November*, 10.30am at The Village Hall, Pensilva. This is in aid of East Cornwall Women's Refuge. Entry by donation.

Thursday 30th Nov. Workshop and lunch at Cowslip farm Launceston.

Friday 1st Dec, Christmas wreath making at the Village Hall, 10am to 12.

Friday 8th Dec, Christmas carol service at St Petroc's Church Bodmin.

Sat 16th Dec. Christmas lunch at Great Trethew Manor.

Competition winners this month.

My Favourite badge: 1st Cherry Woodhouse, 2nd Mary Yates, 3rd Jenny Rendle.

Flower of the month: 1st Cherry Woodhouse, 2nd Jenny Rendle, 3rd Verna Dawe.

December meeting will be on Wednesday 13th December. This will be the Christmas party with a Bring and share supper.

13 Years of Wildlife Watching

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I will talk about a woodland bird which, though quite shy, I do see from time to time and have seen quite frequently this last month...

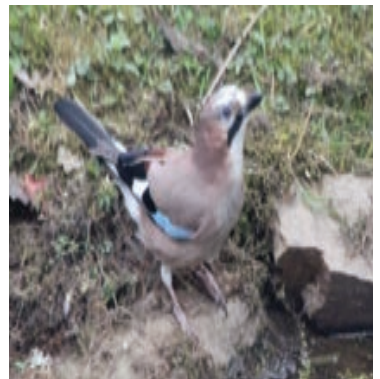


...THE JAY

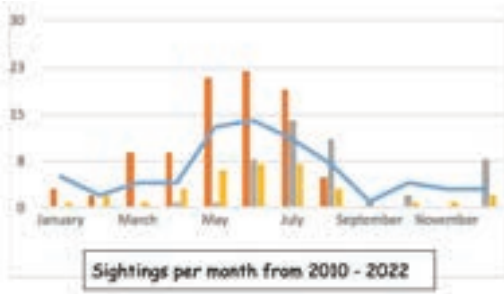
The jay is the most colourful corvid (member of the crow family) to be found in the UK. It is a pale dusky pink, with a black and brown tail with a streaked white cap, a dotted line around the eye with a black patch coming out from the beak. Its most vivid feature is a patch of electric-blue, black and thin white banded feathers on its wing. You may well be lucky enough to find one like the example to the left. (about 5cm long) It also has a white rump and undertail, which is often the most obvious distinguishing feature as it flies away from you which, (as a shy bird) it often does! It is very slightly bigger than a jackdaw, but smaller than any other of our corvids. Their loud, screeching calls (which you can hear online) often give their presence nearby away. I have not knowingly heard it, but they are also known to be mimics, including copying the calls of owls and buzzards. It is not known why they do this, but it may be that the wider their range of sounds, the more attractive they are to a potential mate.

Jays mate for life. In April they will start to build a very messy nest (typical of corvids) made of a jumble of twigs, lined by roots and animal hairs. They then lay a clutch of 4-5 relatively small eggs which will hatch in about 16 days, fledging about 20 days later.

Although they will sometimes eat the fledglings of other birds in the spring, their diet mainly consists of nuts, seeds and invertebrates such as caterpillars and beetles. However, it is their love of acorns which gives them a unique claim to fame and a part to play in both our planet's past and its future. Jays prolifically



cache acorns in the autumn to eat in the winter, many of these being left in the ground. Rick Worrell, a forestry consultant noticed many oak seedlings in a beech wood with no oaks anywhere nearby. This led to a research project with the University of Edinburgh, which showed that, thanks to jays, acorns were being planted well away from the oaks they had come from. Woodland management therefore needed to move away from concern about the lack of seedlings in oak forests and turn to finding and protecting the areas which the jays had taken them to. As a result, jays are becoming an important part of encouraging natural rewilding. However, it is not the first time that jays have shaped the environment. It is now believed that jays paid a pivotal role in re-establishing oak forests across Europe after the last ice-age. They were a key species in widely spreading acorns from unfrozen pockets of land in the south of the continent as the ice receded.



Jays can be seen in a wide range of environments, though they favour woodlands. The habit of caching acorns far and wide also means that they are widely reported in the literature as being easier to see in the autumn. Interestingly, this does not match up with my own observations. The graph shows a larger peak of sightings in the spring and summer. This may be because we

border their favourite habitat of woodland and our fat balls may help them when they have young to feed.

Although not an endangered species, they would be affected by major losses of habitat and of oaks in particular (which are vulnerable to newly introduced diseases).

Let us hope that both oaks and jays continue to enrich our countryside for many more millennia!

HAPPY WILDLIFE WATCHING!
Hilary



ST JOHN'S MISSION CHURCH, PENSILVA

A united congregation of the Church of England & the Methodist Church

Services for December 2023

Sunday	3 rd	11.00 am	Rev Becca Bell	<i>Holy Communion</i>
Sunday	10 th	11.00 am	<i>Advent Café Church</i>	Barry Hocking & Carol Morse
Sunday	17 th	11.00 am	<i>Carol Service</i>	Rev Li Selman & Carol Morse
Wednesday	20 th	2.30 pm	<i>Blue Christmas Service</i>	Geoff Cox
Sunday	24 th	10.30 am	<i>Christmas Eve</i>	United Cluster Family Worship
Sunday	24 th	6.00 pm	<i>Christingle</i>	for children and their families
Monday	25 th	10.30 am	<i>Christmas Day</i>	Family Worship Geoff Cox
Sunday	31 st	10.30 am	United Cluster Worship at St Ive Parish Church	
Thursdays		10.00 am	Morning Prayer Fellowship	

DECEMBER EVENTS *Please see posters for full details*

Thursday	7 th	12.00 - 1.30 pm	Baked Potato & Pudding Lunch
Thursday	14 th	2.00 - 4.00 pm	Memory Café
Friday	22 nd	7.00 pm	Carol Singing at the CRIB <i>Raising funds for children's charities</i>

*For further details or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718
Please put prayer requests in the box. St John's is open daily 10.00am - 3.00pm for personal prayer & reflection*

Christingle

Sunday 24th December

St John's Mission Church

Pensilva

6.00 pm

Come and join the celebration





BLUE CHRISTMAS SERVICE
Wednesday 20th December
2.30 pm

A service of healing and hope for those who are hurting this Christmas

St John's Mission Church
Pensilva

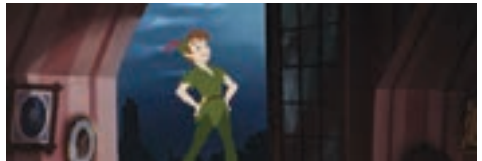


CAROL SERVICE

Sunday
17th December
11.00 am

St John's Mission Church
Pensilva

Panto time again.



Liskeard Lions present

Peter Pan

Thursday 25th January

The Public Hall, Liskeard.

Free to the over 60s.

Free Bus picking up at 6pm from Glen Park
 Pensilva Stores and
 The Cross, Pensilva.

Also picking up at 6.10pm from

St Ive Village Car Park.

To book, call Jean Hoare 01579 362531.



Friday
22nd December
 St John's Mission Church
 Pensilva

Carol Singing
 Raising funds for
 Children's Charities

7.00 pm
 around the CRIB

**St. Ive Village Hall, The Cross,
PL14 3LZ**

HALL HIRE

£5 an hour

Includes use of the kitchen and electric (except wall heaters, which are on a £1 coin meter)

For bookings ring Beth: 01579 382066

Or 07476156659

Regular Group and Activity Timetable

Gardening Club	1 st Monday monthly 7.30pm	01579 382762
St. Ive Snooker Club	Mondays and Thursdays 7pm	01579 382315 R. Bunkum
Mobile Post Office	Wednesday 10.30am – 11.30am	
Coffee Morning	Wednesday 10.30am – 12md	
Methodist Sunday Service	Check timetable in Parish Pump for services	Kathryn or Keith Mutton 01579 382334

St. Ive Village Hall

PL14 3LZ

Tea with Santa



Saturday 2nd December

4pm until 6pm £7 per child

Booking is essential as numbers are limited.

Beth Sheldrake: 01579 382066

St. Ive Village Hall

PL14 3LZ



Carols and **Christingle**

Thursday 14th December 7pm
refreshments available



St. Ive Village Hall

The Cross, St. Ive

PL14 3LZ

1st Monday of the month

7.30pm

New members welcome

St. Ive Village Hall PL14 3LZ

Snooker Club



Monday and Thursday Evenings

7pm

Contact Ray Bunkum

01579 382315

St Ive Gardening Club Report

On Monday 6th November we welcomed Karen Lang—a self-confessed hedgehog enthusiast. Karen started by telling us how she became obsessed with hedgehogs. Her husband came home one day with a hedgehog he had found and thought it wasn't looking so well. Over the next few weeks this became a regular occurrence!

Karen then discovered there aren't many places for the hogs in need of care. She wanted to do something to help these animals with their cute, little faces, wiggly noses and individual personalities, so she did some research. Having found courses Karen travelled up country to complete some hedgehog specific training to learn more including how to help when they are in need.

During the training Karen learnt there are 17 species of hedgehogs around the world—a surprising fact! In this country it is the European species—they are the toughest. The characteristic the hedgehog is most known for is their spikes. A single hedgehog can have between five and seven thousand spikes. They don't look big enough to have that many!

There are patterns in a hedgehog spikes, and they're different in each one. When a hedgehog is unhappy or scared it will roll up in a ball so all its spikes are up and covering every part of itself. It is virtually impossible to get a rolled up hedgehog to unroll.

Hedgehogs are like the cleaners of the garden; they like messy, scruffy areas which are full of crunchy insects and bugs. Contrary to popular belief hedgehogs do not favour slugs. They will eat them but they are actually too slimy for them. One of a hedgehogs favourite food is a juicy caterpillar. Walking is something a hedgehog does a lot which is surprising to some as they think hedgehogs have very short legs. But they actually have quite long hind legs which are brilliant for climbing! In a one night a hedgehog can walk up to two miles, and when looking for mate they will travel three miles.

As well as walking hedgehogs can swim; one was even recorded swimming across the Thames! But, they struggle to get out of water. Hedgehogs are often trapped in drains, swimming pools and ponds. If you have a pond please ensure it has some stones as steps so a hedgehog can climb out if it decides to go for a dip!

Sadly, hedgehogs are no longer a common sight, one reason is due to their habitat decreasing. Humans spend hours and/or lots of money on making their gardens looking perfect, but hedgehogs do not agree; they think this type of garden is horrible! They love a mess: leaves, stacks of logs, debris, is a beautiful place to live for them. So next time you are looking for an excuse not to garden or to save some money just leave the garden (or an area of it)—let it be scruffy—if anyone asks just say the hedgehogs think it's the best garden ever!

Karen has had 15 hedgehogs in her house at once! She told us that was the maximum she could have as they don't smell nice and they are rather noisy. As well as the fact they can take quite a lot of looking after; particularly babies who need feeding every two hours. Karen explained she contacts Prickles & Paws Hedgehog Rescue at Newquay if she needs some extra help—they are always happy to advise and can take hedgehogs who need specialist care or if Karen's house is full.

Karen's love of hedgehogs is fantastic; the time and care she gives them is really impressive. If you ever see a hedgehog out during the day it's likely to be in need so please contact your local vet or hedgehog rescue for guidance—it might end up at Karen's caring home.



Next dates: Monday 4th December. Nikki Markham giving a talk about gardening and other activities at Merryhue Farm

Location: St Ive Village Hall – 7:30pm.

Tea/coffee and biscuits. Raffle only 50p a go! We are a friendly bunch who would love to have new members. Feel free to come along to the visit with no obligation to join—we'd be pleased to welcome you.

Pensilva



MemoryCafé

Thursday 14th December **St John's Mission Church**
2.00 to 4.00 pm

Contact Geoff 01579 362698

If you have memory problems or you are a carer for somebody who does and would like to meet others who understand your situation then join us at

BAKED POTATO & PUDDING Lunch



St John's Mission Church
Pensilva

Thursday 7th December
12.00 to 1.30 pm



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STALL

Donations in aid of church work in our community

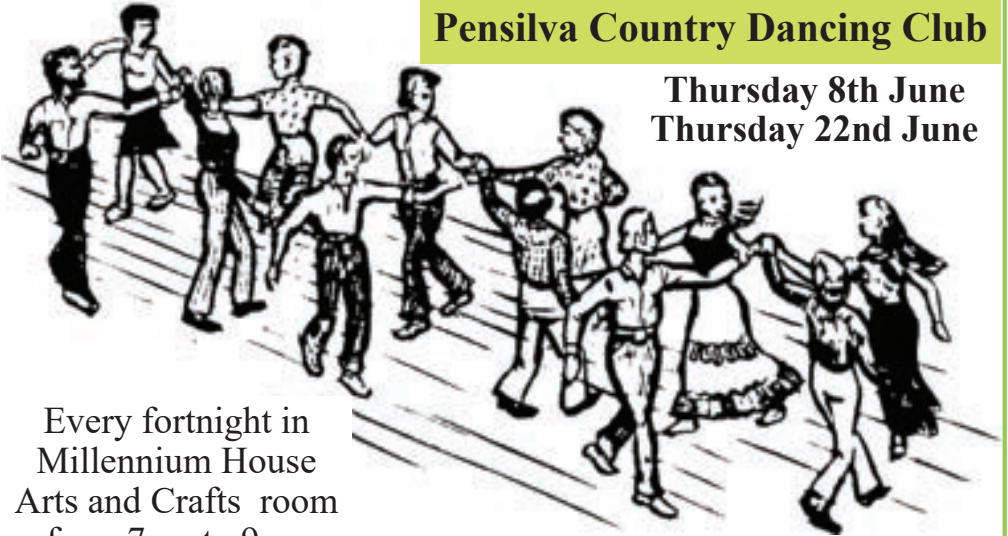
St Ive Church

December Programme

- Dec 3rd: Morning Service 11:15am
Our regular service lead by Geoff Cox
- Dec 3rd Advent Carols 7pm Cluster Service
A service of Advent Carols
- Dec 8th Big Church Clean Up 9:30am
Come and help us give the church a big spring clean ready for Christmas and the New Year. Tea, coffee, and biscuits served.
- Dec 15th Live Nativity 7pm
Back by popular demand. Animals, Children, Grownups acting out the Christmas scene with all your favourite carols.
- Dec 17th Carol Service 11:15am
All your favourite carols and readings at our normal service time.
- Dec 24th Christmas Eve Holy Communion 9:30pm
- Dec 25th Christmas Day Holy Communion 10am
- Dec 31st Holy Communion 10:30am Cluster Service

Pensilva Country Dancing Club

Thursday 8th June
Thursday 22nd June



Every fortnight in
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Arts and Crafts room
from 7pm to 9pm

For information ring Frances 01579 363718



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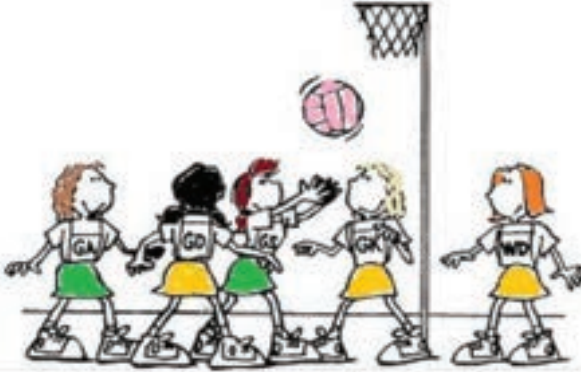
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 or Tel. No. 01579 384810**

All Being Well

We are still open for three mornings a week. A maximum of six members can now attend at one time.

Opening hours:

Monday, Wednesday and Saturday, 9am to 1pm.

Maximum six members at a time for each of three slots within each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

Prior booking is essential

To book yourself in or for any enquiries, call in at the gym or telephone on **01579 363890**, during the opening hours listed above.

23 years working in our local community to improve health, fitness and well being.



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A local resident got in touch with us to tell us how combining with a "Buddi" to share car journeys had saved them both "an absolute fortune". Initial contact was via the site Liftshare, <https://liftshare.com/uk>. There's no obligation, just enter details of a journey, regular or infrequent, that you would be interested to share, and see what comes up. You can accept or decline a potential Buddi.

Simple things like this make us more resilient as a community and as a society. If you are interested in joining our group and helping to make our area a better place to live, in whatever way, big or small, please contact us via email posicrp@gmail.com or phone 07768 130520. Follow Us: Instagram: togetherproject2022

RVS Wednesday Club, Pensilva

Meetings are held every 3rd Wednesday of the month (not August) from 1 to 3.p.m. at Pensilva Village Hall. Entry fee £2 which includes light refreshment and Raffle. At our next meeting on the 19th July we will have a representative from "HEARING DOGS" which should prove to be very interesting. New members are very welcome. For further information, please contact:

Cherry Woodhouse	(Chairperson)	01579 363674
Marlene Carr	(Secretary)	01579 362919

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- ✓ Post Office
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Anyone wishing to book the hall for meetings, birthday parties or fundraisers, please contact Peter or Jackie Browning on **01579 363212** or email **peterpensilva@gmail.com**



Please note that as well as hall rent there is a coin meter for heating at 60p/hr.

MOBILE LIBRARY



The County Mobile Library visits our area every four weeks, always on a Friday. You can now browse the shelves again, but you can still pre-order books if you prefer.

Next visits: 28th July, 25th August.

Stops at The Victoria Inn, Pensilva from

10.25 to 10.45am; and Quethiock bus stop from 11.00 to 11.25am.



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2nd December	Clarks Shopping Village
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16th or 17th Dec	Cornish Christmas Lights
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