

# THE PARISH PUMP



February 2023  
Edition 495



**The Newsletter for the Parish of St Ives**



This group of people gave up a Saturday in December to help our local community plan for whatever challenges may face us in the coming years.

## Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

### Parish Councillors Telephone List

Alan Moss (chair)	01579 362064	Marlene Carr (vice-chair)	01579 362919
James Bruce	07411 192645	Martin Corney	01579 382450
Sandra Doe	01579 363096	Rosemary Farley	01579 384810
Nigel Gisby	01579 363096	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Paul Mann	01579 363757
Patricia Steer	01579 363096	Ivor Vaughan	07979 934604
Craig Vaughnley	01579 364083		
Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com			

### Meetings of St Ive Parish Council

Meetings are now being held on the 2nd Monday of the month except August and December when no meetings are held. Please see the Parish Council website for meeting dates, agendas and minutes.

<http://st-ive-parishcouncil.gov.uk/minutes-agendas/>



Devon & Cornwall Police  
Building safer communities together

 **101**

Minicom 18001 101

### Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173.

email: CIOSNBMLLST@devonandcornwall.pnn.police.uk

To report a crime call 101 or go to [www.devon-cornwall.police.uk](http://www.devon-cornwall.police.uk)

In an emergency call 999

## Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: [www.cornwallvenue.com](http://www.cornwallvenue.com)

Parish website: [st-ive-parishcouncil.gov.uk](http://st-ive-parishcouncil.gov.uk) Facebook: [facebook.com/stiveparishcouncil](https://facebook.com/stiveparishcouncil)

## PARISH PUMP ADVERTISING COSTS

The prices for advertising in the Parish Pump are as follows:

The below prices include VAT at 20%:

**Quarter page: £10:00 per month or £100:00 for 12 months.**

**Half Page: £20:00 per month or £200:00 for 12 months.**

**Full Page: £33:00 per month or £330:00 for 12 months.**

## Parish Pump Information and Contact Details

To contact the editor please email: [parishpump@btconnect.com](mailto:parishpump@btconnect.com)  
or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House, or Millennium House reception.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

## From the Editor

Pensilva's Victoria Inn has announced that it is closing and will not be reopening as a pub. The decision appears to have been prompted by the current business environment in our area. Just a few miles away, the Crow's Nest pub made a similar announcement, at about the same time. It remains to be seen how this will all pan out, but many will be sorry that pubs which were once such an important part of village life are finding it impossible to survive.

My apologies to Ray Roberts for not providing a photo credit for last month's cover picture. It simply slipped my mind. On the plus side, that could be taken as partial evidence that I still have a mind!

Keep well everybody and keep smiling - the Snowdrops are beginning to show and Spring is just around the corner!

All the best - Joe

### St Ive Village Hall PL14 3LZ

### HALL HIRE - £5 an hour

Includes the use of kitchen and electric  
(except wall heaters which are on a coin meter).

For bookings ring Amanda or leave a message on 07703 393070

### Regular Group and Activity Timetable

Gardening Club	1st Monday monthly 7:30pm	01579 382762
St Ive Snooker Club	Mondays & Thursdays 7:00pm	01579 382315 R Bunkum
Mobile Post Office	Wednesday 10:30 - 11:30 am	
Coffee Morning	Wednesday 10:30 - noon	
Methodist Sunday Service	Check timetable or for services	Katherine or Keith Mutton 01579 382334

**WEEKLY PARENT AND TODDLER GROUP PLANNED TO START  
ON MONDAY 17<sup>TH</sup> APRIL 2023**



## Chairmans Report February 2023

The Parish Council installed defibrillators in our two wards four years ago, at Millennium House and at St Ive Village Hall. Hopefully they will never need to be used, but they could save the life of a neighbour or family member. See the box below for details of the upcoming defibrillator training day for members of the public.

Its nearly 12 months since the conflict in Ukraine started, 'Darren's Cars' in Callington are still travelling to Poland to support the refugees. If you would like to support Darren and his team they have a Just Giving page:  
[www.gofundme.com/f/cornwall-and-devon-sending-love-to-ukraine](http://www.gofundme.com/f/cornwall-and-devon-sending-love-to-ukraine)

Stay safe - Alan Moss



### DEFIBRILLATOR TRAINING

The use of the Defibrillators is not just for Paramedics but for the general public to use in case of emergency. It's important to give aid to a casualty quickly, whilst waiting for the Ambulance to arrive. Training allows

members of the public to learn how and when to use them and save lives.

A new training date has been organised for  
**15<sup>th</sup> February at 6pm in Millennium House.**

To register please call Millennium House on **01579 363096.**

## **Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for December 2022**

<b>1st No. 142 Mrs B Coles £75</b>	<b>2nd No. 13 Mrs D Napier £50</b>	<b>3rd No. 21 Ms A Cacchione £20</b>
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# Warm Space!

Come and keep warm at Millennium House!

Every Monday to Friday!

9am - 4pm

Games, tea, coffee and company are all here!

Bring a book, knitting or other skill/hobby  
to keep you busy while we keep you warm!

Everybody welcome!

Meet friends  
& family, or  
make new  
friends!

Free Wifi



Stay warm  
and safe

The more,  
the merrier!

*There's tea and coffee and a happy face  
To keep you cosy in a nice warm space!*

## Pensilva WI January report

We should have had a talk on first aid but the speaker was unable to make it, so resourceful W.I members to the rescue. Vi Gold and Evalyn Dwelly agreed to put us through our paces with gentle armchair exercises.

Now feeling refreshed, we are ready for a beetle drive. After Frances Tucker had explained the rules, several times, it was down to business. This turned out to be very competitive with lots of laughter. A great fun evening.

Five birthday girls this month. Belinda Smith, Zandra Patten, Jean Cole, Di Whittle and Jean Hoare. Birthday posies and cards where presented and happy birthday sung.

Competition winners this month. For 'An old fashion recipe': 1st Jenny Rendle, 2nd Cherry Woodhouse, 3rd Frances Tucker.

Flower of the month: 1st Sue Hill, 2nd Cherry Woodhouse, 3rd Irene Elliot.

### Diary dates

Sat. 18th Feb. Skittles/board games afternoon, 2pm to 4pm at Millennium House, with a bring and share tea and raffle. Family and friends are welcome to join us.

Wed.22nd Feb. Pensilva W.I Horticultural show meeting,7pm.

Sat 18th March. Marie Curie Tea.2.30 to 4 at St Johns Church. Bring and buy and raffle. Donations of cakes etc requested. All welcome.

Our next meeting will be Wednesday Feb 8th, 7.15 pm at Millennium House in the arts and crafts room. The speaker, Matt Shelly, will tell us all about "Roly's Fudge". New members and visitors are welcome to join us.

### Opening times for the Mel Bar at Millennium House

<b>Sunday</b>	12 Noon-5 pm	<b>Monday</b>	Closed
<b>Tuesday</b>	7-11 pm	<b>Wednesday</b>	5-11 pm
<b>Thursday</b>	5-11 pm	<b>Friday</b>	5-11 pm
<b>Saturday</b>	5-11 pm (from 2pm for Pensilva football 1st team home games)		

## From the Millennium House manager.

Hi Parish Pump Readers,

I do hope you all had a great start to the new year?! January seems to have flown by already and with it the cold winds and even snow. While the weather continues to be cold, Millennium House continues its Warm Space initiative. Please don't feel like you are not welcome to use the warm space room. Think of it as a social gathering somewhere warm. It will still be held from Monday to Friday from 9am to 4pm.

It was sad news to hear of the pub closing in the village! It has been from popular demand that the "Wednesday Club" be resurrected at the Mel Bar! Please find the new opening hours located in the Parish Pump. There will be more to come for Mel Bar, so watch this space!

There are a number of group activities at Millennium House. Some old, some new and some with potential too! Would anyone be interested in joining a short mat bowls team? If yes please call 01579 363096 and ask for Vanessa. Finally, thank you to the PSA at the school for a marvellous New Years Eve party, and to all who attended!

Have a fabulous February.

Vanessa

## MH Warm Space - volunteer transport

Is lack of transport preventing you from using the warm space? Let us try to help. We are recruiting volunteers to pick you up from your home and drop you back home when you're done. There will be no charge to you.

To make use of this service, please call Millennium House on 01579 363096, or on 01579 362919 if the centre is closed.

### Appeal for volunteer car drivers.

If you have a vehicle and you are going to, or near, Millennium House, can you help by picking someone up on the way? Perhaps you can combine it with the school run, or a trip to the shop, post office or surgery. Or perhaps you just want to help others who are struggling to keep warm this winter, and you don't mind making a special trip. If you might be able to help in some way, please call Millennium House on 01579 363096, or on 01579 363919 if the centre is closed. Thank you!



## Pensilva school's new head introduces himself.



I am both pleased and proud to introduce myself as the new headteacher of Pensilva Primary School. I have worked in a range of schools over the past 15 years and am excited to bring my skills and experience to Pensilva.

I would like to begin by extending my thanks to Mrs Clinick for leading the school in recent years. I am sure that the village community will wish her a happy and restful retirement.

I would also like to thank everyone who has made me feel welcome in my new post. In what I am told is a typical Pensilva welcome, I first met many parents, grandparents and families stood in the Cornish mizzle. Despite the weather, I immediately felt like part of the community. This sense of community spirit was one of the reasons that drew me to the school.

Pensilva very much reminds me of the village where I grew up. The school in that village was at the heart of the community. I remember fondly the links the school had with the local church, businesses and community groups, as well as regularly using the village's facilities. As a 10-year-old I represented the school at the village's remembrance service and also helped to unveil a memorial to a local resident. It seemed that school life was integral to village life.

Although much has changed since my childhood, it is clear that Pensilva School still retains an active role within the wider community. Already I have had the opportunity to meet local groups, such as the church's 'Open The Book' team who come into school each week. I am excited to build upon the school's strong community links and create new links within the community.

Matt Davies

## Pensilva Film Club

Well, what an incredible turnout for January's film – Mrs Harris Goes To Paris. The audience of 55 has only been topped once previously (the first Fisherman's Friends film). Having an idea of the basic plot of the movie I enjoyed it even more than expected, finding it both amusing and "inspirational" in that Mrs Harris really did do everything in her power to fulfil her dream of owning a Dior dress, against all the odds. It was an outstanding performance by Lesley Manville and I will, from now on, always think of her as a cockney domestic help. I hope you all enjoyed it as much as I did.

Pensilva Film Club (Part of C-Fylm, Creative Kernow)

Presents: At Millennium House, Pensilva

### **The Lost King**

**Friday, February 17th 2023 : 7pm for 7:30 start.**

A very different offering next month (Feb 17) with The Lost King. This tells the story of how the perseverance of an amateur historian led to the amazing discovery of the remains of King Richard III, over 500 years after his death at the battle of Bosworth. It is not a documentary but is classified as "comedy/drama" so please don't be put off by the subject matter. In fact I guess there's similarity with Mrs Harris in that – perseverance pays!

Millenium House is becoming busier, so check The Pump and posters around the village, as our film night may not always be the 3rd Friday of the month.

Through this column I'd like to express thanks to James, our "tech" guy, without whom our film club would not exist. It's fine to have an idea for something, but without the know-how from somebody who will give up their time month on month, it would all come to nothing. So, thanks very much James.

Look forward to seeing you all on the 17th and for more info contact me, Judy, on 01579 208836 or [judy.two@outlook.com](mailto:judy.two@outlook.com).

**Pensilva Film Club – in association with C-Fylm, part of Creative Kernow.**

## Time to get walking again!

With Spring on its way we start to think about walking in the beautiful English Countryside again, but where to find new and interesting walks?


'Walking in Cornwall' [www.walkinginengland.co.uk/cornwall](http://www.walkinginengland.co.uk/cornwall) has loads of walks to download and print, free. It also has books of walks, details of all the walking groups in the county and much more. Whether you want to walk on your own or with a group, all the information is there in one place.

John Harris (who maintains the website) said: "There is so much walking information on the web, but it is difficult to find. Walking in Cornwall (part of the Walking in England website) has brought it together in one place, so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you."

With walks from half a mile long to twelve miles plus, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So home or away, check out the websites and get walking!

John Harris - [john@walkinginengland.co.uk](mailto:john@walkinginengland.co.uk) - [www.walkinginengland.co.uk](http://www.walkinginengland.co.uk)




**Cornwall Air Ambulance**  
Your charity, saving lives

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This certificate is awarded to:  
Pensilva Summer Skittles League


for raising an incredible  
£ 231.15


to keep Cornwall Air Ambulance flying.



Cornwall Air Ambulance Trust  
Registered charity 1133295  
Trevithick Downs, Newquay,  
Cornwall TR8 4DY  
[cornwallairambulance.org](http://cornwallairambulance.org)



  
Mark Carne, Chairman

  
Steve Garvey, Air Operations Officer

29/12/2022  
Date of issue



## TWELVE YEARS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I will tell you a bit about our largest member of the woodpecker family ...

### ... THE GREEN WOODPECKER



These are rare and exciting visitors to my garden. I only saw them twice in my first ten years here, but have seen them every year so far this decade. In particular I saw and heard them most frequently in 2021. They were heard in both Pentiddy Woods and when out walking on Caradon Hill, when their distinctive calls were heard from the woods in the Tokenbury area. I have also once seen one flying with its characteristic undulating flight up on the hill. I wonder whether their numbers are truly increasing locally or whether our lockdowns suited them?

These are striking birds and our largest member of the woodpecker family (about the same size as a jackdaw). Adult males and females have the same markings apart from a red mark in the middle of the male's black 'moustache' which is plain black in the female. Juvenile birds are similar but (like the one on the right) have a more mottled appearance.



Their laughing call is known as a 'yaffle' and gave Professor Yaffle of Bagpus fame his name. If you want to hear it, there is a recording on the Woodland Trust web-site. It is just over 3 minutes long with a loud call near the beginning and another near the end, so don't be confused by the background calls in between. The call is most commonly heard in spring from late morning on.

They are seen across most of England and Wales and some of Scotland although, interestingly, one population distribution map I looked at, showed a couple of gaps along the North Cornwall coast.



They use their strong beaks to dig holes in the ground so as to reach the invertebrates (particularly ants) on which they feed. Strange holes in your lawn may well be signs of a visit! They can also use their barbed tongues to extract invertebrates from the bark of trees. The one to the left was seen last year foraging on a Cornish hedge near our house.

Green woodpeckers excavate holes in trees in which to lay their eggs.

They produce only one

clutch a year of 4 - 6 eggs, each weighing about 9 grams. They are incubated for 19 - 20 days and the young will fledge after a further 21 - 24 days. They are long-lived birds. The oldest recorded bird was aged 15. The British Trust for Ornithology (BTO) recorded a healthy growth in their population from 1966 to 2006 when it started to decline. A study of their breeding distribution over time published in 2008 showed that whilst numbers were increasing in the East of the country, they were declining in Wales and here in the South-West.

Green Woodpeckers are spectacular resident birds. Let's hope that their recent decline is only a glitch and that they will continue to grace our woods, gardens and moorland for many years to come. Keep an ear open for their calls in the spring and if you are lucky, you may well see one too!

HAPPY WILDLIFE WATCHING! Hilary

# **St. Ive Village Hall, The Cross, PL14 3LZ**

## **Monthly Hall Programme February to April 2023**

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**St. Ive Village Hall Committee A.G.M.**  
**Monday 20<sup>th</sup> February, 2023**  
St Ive Village Hall, 7.30pm

We're a very enthusiastic committee, always looking for new ideas.  
So if you're interested in joining this year, you're very welcome.

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**Skittles and Italian Supper**  
**Saturday 25<sup>th</sup> February 7pm**

Game of skittles  
Raffle

Supper: Lasagne/pizza, garlic bread, salad  
Refreshments available, or bring your own alcohol  
Cost Adults £5.00 Children £2.00  
Concessions for large families

**Indoor Teddy Bears Picnic**  
**Saturday March 25<sup>th</sup> 4pm until 6pm**

Tea for the children and party games  
Raffle

Refreshments available for adults  
Cost £5 per child  
Concessions for large families

**To Book Tickets contact Amanda:**  
**07703393070**



**New Year. New start. New venue.**

**The Chattermakers craft group** is going to regroup and meet at St Ive Village Hall, beginning on Thursday 9th February at 7.30pm.

All welcome to join us to work on your project or just come along for a natter, along with tea, coffee and biscuits.



LISKEARD COUNCIL  
WORKING FOR YOU

**Community Fair Saturday 1<sup>st</sup> April 2023**  
**In the Public Hall, Liskeard**  
**10am – 1pm**

**Are you**

- **a not for profit organisation operating in the Liskeard area**
- **Public sector advice and guidance group**
- **Organisation providing services to local residents?**
  - **Not a political group**

Want to spread the word about **what you do** in a **FUN, FREE** way?

Why not have a free stall at our fantastic Community Fair?

Download the application form from the Notices section of [www.liskeard.gov.uk](http://www.liskeard.gov.uk) and email it to:

[assistant@liskeard.gov.uk](mailto:assistant@liskeard.gov.uk),

or pop into the Town Council offices at 3-5 West Street and pick up a copy

**Closing date for applications 20th February 2023**



## The Together Project December Event

We want to extend a huge and heartfelt thank you to everyone involved in our event on December 3rd, 2022 at Millennium House, Pensilva. It was attended by 27 people.

The main activity of the morning was to hear from a number of different speakers about the multiple crises we are facing locally and globally and also some ideas for how we could do things differently for future generations.

We had five presentations from:

- Cornwall Councillor Colin Martin
- a permaculture tutor
- a leader of a community supported agriculture project
- an environmental filmmaker
- an environmental educator

We then worked in theme groups to start to come up with a St Ives and Pensilva climate and biodiversity resilience plan. The themes were:

- Sustainable local economy
- Wellbeing and Community Resilience
- Wildlife, biodiversity, food, farming, land use
- Sustainable and low carbon energy, transport and housing

A free lunch made by members of the parish with local produce was provided to all participants, as well as refreshments and cake.



The workshop outputs will be considered by a core group of volunteers at a workshop in Feb 23, feeding directly into The Together Project's plans to improve and develop the parish's social & environmental wellbeing.



## Parish Lift Share

After our article in the November Pump one local resident got in touch to tell us about Liftshare. He says;

*"I joined Liftshare. All I had to do was enter my journeys and travel times, which resulted in one "Buddi", who lived in Callington - we both worked in Torpoint. If I had still been working in Plymouth, there were many possible solutions. We used to meet at St Ive, and on a good week, we both were driving twice a week, saving two journeys each or 90 miles a week. My Buddi only worked half a day on Friday, so there were only four days available to share. If one of us had to use a car during the day, we did the driving. It saved an absolute fortune. The beauty of Liftshare is that you can choose whether to accept or decline a Buddi. This can be used for infrequent or regular journeys, even going shopping, and if individuals do not have computer access, there are options at Millennium House."*

Information about Liftshare can be found here: <https://liftshare.com/uk>

We have also had 2 people step forward to say they are willing to offer lifts: One is offering lifts to Liskeard from Pensilva every weekday morning to get a 6.22am train. Returning after 5pm.

The second person is based in St Ive and is willing to car share on an ad hoc basis, e.g. trips to Callington/Tesco, Liskeard, etc.

If you are interested in carsharing please email [posicrp@gmail.com](mailto:posicrp@gmail.com) or message us on Facebook at posicrp.

### **How to get involved:**

If you would like to be part of the Together Project and /or the Resilience Project, in any way, big or small, please contact: [posicrp@gmail.com](mailto:posicrp@gmail.com) or phone 07768 130520.

**Follow Us:** Instagram: togetherproject2022

Facebook: The Together Project



## ***Our Foodbank needs you!***

In 2021 the local Foodbank helped 2789 people; in 2022 this number leaped to 4124.

All of us are only too familiar with the energy crisis and the escalating cost of living, particularly the cost of food. And this is reflected dramatically in the amount of work done at the Foodbank these days. Over a thousand people were helped during last December alone. Christmas is often a difficult time financially, of course, but last Christmas over three times more people were helped than in December 2021.

Last year, Liskeard & Looe Foodbank moved from its site at Barras Place in Liskeard to new premises. It needed more space to cope with the increasing demand and now has two sites: Client Services, at 21 Dean Street (at the back of the Westbourne car park, on the right of the Co-op); and a warehouse, at Unit 2 Trevecca Industrial Estate (off Culverland Road).

We are immensely grateful to all of you whose generosity has allowed the Foodbank to keep up with this rapid growth in local need, in the face of an economic crisis which affects almost all of us..... *Now we need your time!*

We especially need **volunteers** for:

The warehouse (on Tuesdays and Thursdays);

Van drivers (deliverers work in pairs).

Church liaison.

Social media and website (updating etc.)

Admin (familiar with Word and Excel);

PR & Communications (e.g. giving talks to groups etc.)

Fundraising (e.g. organising events etc.).

If you have a few hours a week to spare, would like to help with this vital community service and can see yourself in one of these roles, please call

**Liskeard & Looe Foodbank at 07512 011452;** or email

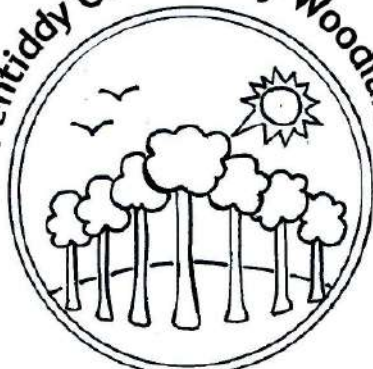
**[liskeard.foodbank@gmail.com](mailto:liskeard.foodbank@gmail.com)**.

Thank you, St. Ive Parish!



# Volunteer Days 2023

Pentiddy Community Woodland



Charity No. 1094857

Your chance to get involved with helping to look after your Community woodland.

**Sunday 22nd January**  
**Sunday 19th<sup>th</sup> February**  
**Sunday 19th<sup>th</sup> March**

**11am – 3pm.**

**\*\*\* Includes wholesome home-made soup, bread and cake! \*\*\***

This is a fun and rewarding way to give a little back to a local community project in its 20th year. It's a great opportunity to meet new people, learn new skills, spend time in the woods and have fun!

Come along and bring family and friends. Those that come along and help get the option to take a share of the timber (once we have put aside the few loads for sale to raise funds for the years' insurance.) Accompanied children (and dogs on leads) very welcome! Bring hand tools and work gloves if you have them i.e. loppers, bill-hooks and bow saws. We will have a small supply available.

No experience necessary. Training given. Work to suit all abilities and ages.

Come and share some good company and productive work, improving the woods for all that use it.

Please contact us if you would like to come along:  
[mail@pentiddy.co.uk](mailto:mail@pentiddy.co.uk)



# NEW YOUTH GROUP FOR 11-19 YEAR OLDS

UP TO 25 YEAR OLD WITH SEND

EVERY FRIDAY 5.00-7.00PM

*FREE OF CHARGE & OPEN TO ALL.*

VENUE: MILLENNIUM HOUSE, PRINCESS RD, PENSILVA,  
LISKEARD PL14 5NF

ACTIVITIES, DRINKS/SNACKS & A CHANCE TO HELP BUILD A  
YOUTH LEAD GROUP IN YOUR AREA.

FIND OUT ABOUT US @:

[WWW.SERVICES.ACTIONFORCHILDREN.ORG.UK/KERNOW-CONNECT](http://WWW.SERVICES.ACTIONFORCHILDREN.ORG.UK/KERNOW-CONNECT)



## Millennium House Community Transport

**Do you need transport to and from the doctor or hospital?**

Millennium House Community Transport's aim is to connect local communities and reduce social isolation.



If you need transport to Hospital, doctors or vaccination and have mobility issues, or are unable to drive to your appointment, please call Millennium House on:

**01579 362919 or 01579 363096**

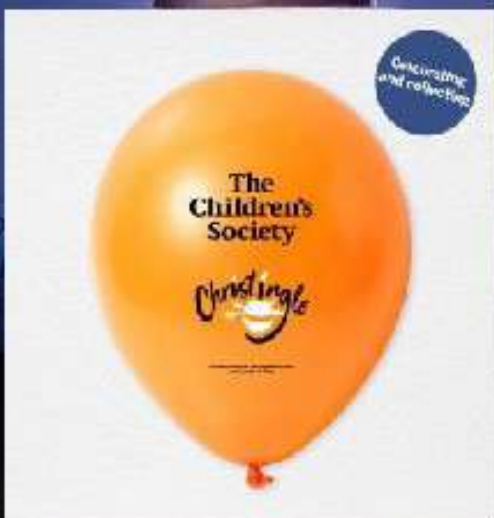
and we will try to help.

To volunteer as a driver please call Millennium House on

**01579 363096.**

# ST JOHN'S CHURCH PENSILVA CHRISTMAS 2022

Thank you to all  
who donated.  
£280  
was raised





# BAKED POTATO



## LUNCH

BRING and BUY STALL

St John's Church

Pensilva

Thursday 2<sup>nd</sup> February

12.00 to 1.30 pm

Donations in aid of church funds



**IT'S WARM! IT'S TOASTY! IT'S FRIENDLY!**

**IT'S FREE!**

**IT'S IN THE MUSTARD SEED DOWNSTAIRS HALL!**

**OPEN MONDAY TO FRIDAY 10.00 AM TO 4.00 PM**



## **DIGITAL ART SESSION**

**TUESDAY 7TH FEB  
1.00 PM TO 3.00 PM**



**DUE TO A PRIVATE FUNCTION, WARM & TOASTY WILL BE CLOSED THIS THURSDAY & FRIDAY 26TH & 27TH JANUARY', APOLOGIES FOR ANY INCONVENIENCE**

Mustard Seed, Launceston Road, Callington, PL17 8DT

*Hot drinks, snacks available. Activities, advice and more!*

Phone: 01579 398 798 - Email: [sue@wssw.org.uk](mailto:sue@wssw.org.uk)





We can grieve for many reasons:  
the death of a friend or relative;  
the diagnosis of a friend or relative  
with dementia or a terminal illness;  
the loss or illness of a pet;  
the loss of a job;  
homelessness;  
loss of mobility or driving licence;  
closure of your Church or Chapel;  
loss of freedom;  
the closing of a support group;  
the loss of stability in society.

Any of these can cause us to  
grieve, so the Good Grief Cafe is  
for anyone who is grieving in any  
of these ways and no doubt  
there are others too.

So please feel free to come along  
and eat our cake, drink our tea  
and just chat if you want to,  
or just listen if you don't.

All are welcome.

Please use this as an opportunity  
to invite someone to  
come with you.

## Good Grief Cafe



St John's Church

Wednesday 15<sup>th</sup> February 3.00 to 5.00 pm

Contact Geoff on 01579 362698

# Pensilva



# MemoryCafé

Thursday 23<sup>rd</sup> February

2.00 to 4.00 pm

If you have  
memory problems  
or  
you are a carer  
for somebody  
who does  
and  
would like to  
meet others  
who understand  
your situation  
then join us at  
St John's Church

Contact Geoff 01579 362698



# Teatime Church



For children and their families

Sunday 19<sup>th</sup> February

3.45pm

St John's Church  
Pensilva

Sharing a Bible Story

Playing Games

Singing and Praying Together

Eating Tea



For more information contact: Rev Becca Bell  
Rev Li Selman

[revbeccabell@gmail.com](mailto:revbeccabell@gmail.com)  
[revliselman@icloud.com](mailto:revliselman@icloud.com)



# St Ive Parish Church



*The Parochial Church Council invite you to the annual general meeting - we hope to see you there.*

*Tea/coffee & biscuits/cake provided.*

## Annual General Meeting

Tuesday 21<sup>st</sup> February

7:00pm

At St Ive Church


**St. Ive Village Hall PL14 3LZ**  
**SKITTLES AND ITALIAN SUPPER**  
Saturday 25<sup>th</sup> February at 7pm



£5 Adult  
Child £2

For Booking contact Amanda: 07703393070


**FOOD for THOUGHT**



**SUNDAY**  
26<sup>th</sup>  
February  
5.00 PM

**St John's Church**  
Pensilva

A time of fellowship  
and informal worship  
with a shared afternoon tea



For further information  
& to arrange transport:  
Geoff 01579 362698





# knit and natter

Do you enjoy stitching, knitting, crocheting?

Join our friendly knit and natter group. Come and meet new friends and swap tips and ideas – all ages and abilities welcome!

Drop-in!

There is no charge for this activity but there is a Donation Box if you would like to make a cash contribution

**Tuesday  
28<sup>th</sup>  
February**

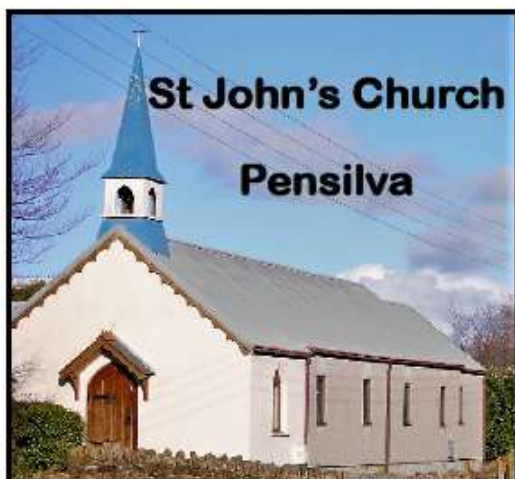
**St John's  
Church  
Pensilva  
on the  
last Tuesday  
of the month  
2.00  
to  
4.00 pm  
Contact Kathleen  
01579 363686**



## LENT LUNCHES

Every Thursday during Lent  
From 2<sup>nd</sup> March to 6<sup>th</sup> April  
Between 12.00 and 1.30 pm

Please come & enjoy  
a simple meal of homemade soup  
with a roll & cheese,  
coffee or tea.



**St John's Church  
Pensilva**

*Donations  
in aid of church funds*

**Pensilva W.I**

**MARIE CURIE TEA**

Saturday 18<sup>th</sup> March.

2.30 pm to 4pm.



At St John's Church Pensilva.

Bring and Buy. Raffle.

£4.00 entry to include tea. All welcome.

**St. Ive Village Hall PL14 3LZ**

**Children's Indoor Teddy Bear's Picnic**

With music and games



**Saturday 25<sup>th</sup> March**

**4pm until 6pm**

**Bring your teddy along for tea  
and a cushion to sit on.**

**Bookings please contact  
Amanda: 07703393070**

## ST JOHN'S CHURCH, PENSILVA

A united congregation of the Church of England & the Methodist Church

### **SERVICES February 2023**

Sunday 5 <sup>th</sup>	11.00 am	Mrs Biddy Bishop
Sunday 12 <sup>th</sup>	11.00 am	Café Church
Sunday 19 <sup>th</sup>	11.00 am	Anglican Holy Communion
	3.45 pm	Tea Time Church for children & their families
Sunday 26 <sup>th</sup>	11.00 am	Mrs Ros O'Connell
	5.00 pm	Food for Thought
<b>Thursdays</b>	10.00 am	Morning Prayer Fellowship

### **FEBRUARY EVENTS** Please see posters for full details

Thursday 2 <sup>nd</sup>	12.00 - 1.30 pm	Baked Potato Lunch
Wednesday 15 <sup>th</sup>	3.00 - 5.00 pm	Good Grief Café
Sunday 19 <sup>th</sup>	3.45 - 5.00 pm	Tea Time Church for children & their families
Thursday 23 <sup>rd</sup>	2.00 - 4.00 pm	Memory Café
Tuesday 28 <sup>th</sup>	2.00 - 4.00 pm	Knit & Natter

*For further details or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718*

### **Unity Methodist Church St Ive with Bealbury and Blunts**

Meetings at St Ive Village Hall unless stated otherwise

### ***Services for February 2023***

<b>Sun 5<sup>th</sup> Feb.</b>	10.30 am	Mr Julian Langston
<b>Sun 12<sup>th</sup> Feb.</b>	10.30am	Mrs Marguerite Smith with Communion
<b>Sun 19<sup>th</sup> Feb.</b>	11.15am	United Service at St Ive Parish Church.
	6pm	United Green Shoots at Blunts Mr Mark Pellow
<b>Sun 26<sup>th</sup> Feb.</b>	10.00am	United Circuit Service at Saltash Wesley with Rev Lorraine Mellor, Cornwall and IOS District Chair.
	5pm	Food4Thought at St John's



## **PENSILVA VILLAGE HALL**

**We are now open and back in business!**

Anyone wishing to book the hall for meetings, birthday parties or fundraisers, please contact Peter or Jackie Browning on **01579 363212** or email **[peterpensilva@gmail.com](mailto:peterpensilva@gmail.com)**

Please note that as well as hall rent there is a coin meter for



## **MOBILE LIBRARY**



**The County Mobile Library** visits our area every four weeks, always on a Friday. You can now browse the shelves again, but you can still pre-order books if you prefer.

Next visits: **Feb 10, & Mar 10 2023.**

Stops at The Victoria Inn, Pensilva from 10.25 to 10.45am; and Quethiock bus stop from 11.00 to 11.20am.



## **Struggling with Sight Loss?**

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

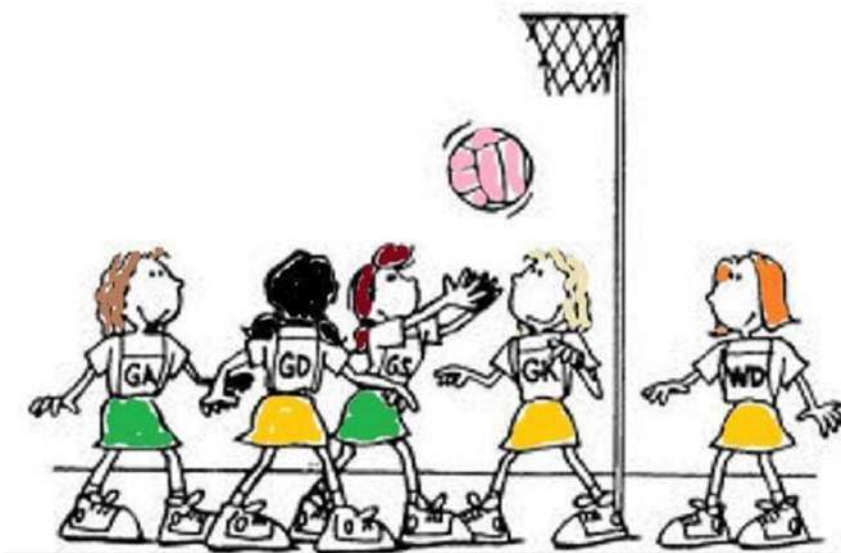
For more details Telephone 01872 261110 or visit

[www.isightcornwall.org.uk](http://www.isightcornwall.org.uk)



# Ever tried... Ladies Walking Netball?

**Come along to Millennium House, Pensilva**



**Thursdays  
4.00pm - 5.00pm**

**£2 per session**

**For further info contact [rosemaryfarley@gmail.com](mailto:rosemaryfarley@gmail.com)  
or Tel. No. 01579 384810**

**Interested in  
joining a group of  
birdwatchers?**



**Join the  
EAST CORNWALL  
BIRDERS**

All levels of experience welcome, beginners to experts. We learn from each other. Bird Outings on the first Thursday of each month, to coast, estuary or moor etc. We focus on east Cornwall and west Devon, with occasional trips further afield.

**Interested?      Want more information?      Contact: Angus Parker**  
**E-mail: [angusmmparker@gmail.com](mailto:angusmmparker@gmail.com)      Mobile: 07860 109586**

## **CALLING ALL COUNTRY DANCERS AND CALLERS**

Pensilva Country Dancing Club has now started up again and would welcome new members. We would also welcome anyone who would be willing to take a turn at calling for the dances - help can be given for the learning process!

We meet fortnightly in the Art Room at Millennium House, Pensilva for a couple of hours on a Thursday evening from 7pm to 9 pm. If you are interested in joining or calling, please ring Frances on 01579 363718.

## **Millennium House Coffee Shop Opening Hours**

**We are open Tuesdays, Wednesdays and Fridays, 9am to 1pm  
(to coincide with Post Office days).**

**Our intention is to open more days and for more hours as  
soon as Covid regulations allow.**

**Covid precautions are in place at all times, providing a safe  
environment for our customers.**

### *All Being Well*

**We are still open for three mornings a week. A maximum of six  
members can now attend at one time.**

#### **Opening hours:**

Monday, Wednesday and Saturday, 9am to 1pm.

Maximum six members at a time for each of three slots within  
each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

#### **Prior booking is essential**

To book yourself in or for any enquiries, call in at the gym or telephone on  
**01579 363890**, during the opening hours listed above.

**22 years working in our local community to improve  
health, fitness and well being.**

## **Badminton at Millennium House**

Come and join our relaxed and friendly group.

**Mon & Tue 7:30 - 9:30pm**

For further info phone Nigel or Carol on 01579 363594 or 07885 798370



## Tamar Area Prostate Support (TAPS)



### DON'T IGNORE THE SIGNS

- A need to urinate frequently especially at night
- Difficulty in starting to pee
- Weak flow
- Feeling that your bladder has not emptied fully

If you would like to know more about us please contact one of the steering group listed below or email [tapsinfo555@gmail.com](mailto:tapsinfo555@gmail.com)

**Come and join us on the first Tuesday of the Month  
10.00 at the Compton Park Engine House Callington  
for a friendly chat and a coffee.**



**Paul Mansell 01822 832179 - Harry Lawson 01579 383258**

**John Stewart 01822 833343 - Stephen Williams 07735 389883**

**Albert Doidge - 01822 832471**

**Prostate Cancer UK is a registered charity in England and Wales (1005541)  
and in Scotland (SC039332). Registered company 02653887.**

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#### Coffee Shop

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**Enquire today:**  
**01579 363096**

[www.millenniumhouse.org.uk](http://www.millenniumhouse.org.uk)  
PRINCESS ROAD, PENSILVA, PL14 5NF

## What Do We Do?

From wedding to wakes, kids or adults, corporate or community, we can host and cater your event. If you have an idea that's not covered here, get in touch and see if we're the right venue for you.

#### We're also home to:

- ✓ The Mel bar
- ✓ All Being Well Fitness Centre
- ✓ Post Office
- ✓ Sunflower Park kids playground
- ✓ Extensive playing fields
- ✓ Community Library



# Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please leave a note at Millennium House reception, ring the Parish Office on **01579 363096**, or email **parishpump@btconnect.com**.

**\*\*\* Please let us know when your item has sold \*\*\***

Kirsty **exercise bike. £50 o.n.o** (in aid of charity). Can deliver in Pensilva area.  
**01579 363833**

Addis Rattan 50 litre **Laundry Basket** in Charcoal. Only 6 months old. New and unused. **£10. 01579 363565.**

Daler **canvases for Oils or Acrylics:**  
20"x24" (10); 23"x32"(4); 32"x40"(1)  
**£40 for all the above.**  
(A few larger canvases and a large wooden easel available.)  
**Please call 01579 362574 in afternoon.**

**Two-seater sofa**, Only 6 months old. Greyish in colour. **£150.**  
**01579 347403 or 07890 365598**

Glass top, beech effect **TV & Video table** with drawer. VGC. **£10. 01579 363281**

**Four motor biker jackets at £10 each**  
1. Red/Black, Frank Thomas, Size 44.  
2. Black leather, ladies, Size 12-14.  
3. Black leather, Size medium.  
4. Black/Red, Size XL.  
**All in good condition**  
**01579 346986.**

**Car roof box.** Opens both sides. Only used once. Full instr's. L 2300mm W 820mm H 360mm. **£50. 01579 362217.**

Axminster 2 speed forward and reverse **drill**, in GWO **£10** and a **Power Planer PPL800 - 800W** in GWO requires a new blade **£10** or **£15** for the two items.

**2 Empty Dewalt Tool Cases**, 1 general tool box with free Dewalt cordless drill no battery. **£30.**

10 wooden **moulding planes** Usable cond. 1 wooden spirit level & scribe. **£50.**

Six coils of **industrial steel cable** now surplus to requirements **£35** the lot.

New 12'x3'1" good quality hard **vinyl flooring**, light/med brown wood effect **£15.**  
**01579 384658** (Safe Distancing if reqd.)

Ladies Rocketdog wedge **flipflops** black with red and mixed colour beads on material, size 5. still in box as new paid **£10.**

**Upton Cross/Minions area**  
**07368 528398.**

**Please let us know when your items have sold.**

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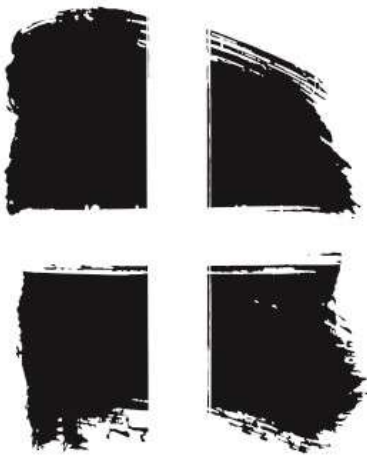
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Tue 13th June	Hestercombe House & Gardens
Tue 27th June	Train from Paignton to Kingswear & Cruise Dartmouth to Totnes
Tue 11th July	Exmouth & River Cruise to Exeter
17th – 21st July	Visit Bournemouth
18th August	RHS Rosemoor Gardens
1st – 3rd Sept	Burghley Horse Trials
September	Edinburgh, Scotland

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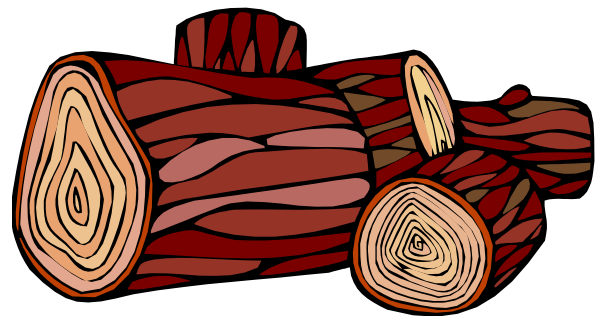
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## Window Cleaner

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## Window Cleaner



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**Premier**  
a great deal more from your local store  
Mon-Sat. 7:00 AM. - 9:30 PM.  
Sunday 8.00 AM. - 9:30 PM.

- ✓ Fantastic Special Offers every month!!! (See store leaflets)
- ✓ Come and Check out our great deals on Wine, Beer and Spirits
- ✓ Local Produce: Homemade Butter and Clotted Cream, Meat from our local butcher
- ✓ Cornish Fresh Fruit and Vegetables
- ✓ Fresh Bread, Pasties and Cakes
- ✓ Take Away Coffee, tea and hot chocolate
- ✓ Newspapers and Magazines, Greeting Cards
- ✓ Paypoint, Lottery

\* **Free to use ATM** \*  
\* **Card Payment** \*

*Friendly Staff + Service with a Smile !!!*

**Pensilva Stores is a family run business who have been serving local people and visitors for more than 21 years.**

Higher Road, Pensilva, Liskeard, Cornwall PL14 5NQ

Tel: 01579 362547

# MENDOLOGY

## Garage Door Specialist

- Repairs
- Servicing
- Installations


Out of hours service  
call Dave anytime 07974 442645

**MENDOLOGY** COMMERCIAL DOORS LTD  
www.mendologydoors.co.uk

**01579 363760**

# PensilvaCars

01579 363516

- ✓ MOTs Class 4
- ✓ Service
- ✓ Repair
- ✓ Tyres
- ✓ FREE Courtesy Car
- ✓ Car & Van Sales
- ✓ Diagnostics
- ✓ Air Conditioning
- ✓ 

**We have offered a supply, fit & balance of tyre service for 10 years at competitive prices.**

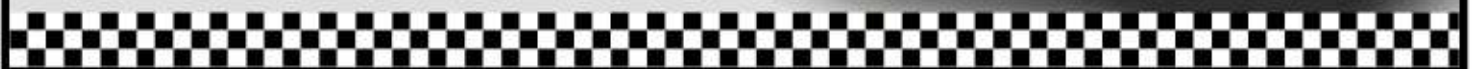
**Most of our tyres can be supplied the same day.**

**LOCAL RECOVERY £45.00**

**[www.pensilvacars.co.uk](http://www.pensilvacars.co.uk)**

**[pensilvacars@hotmail.co.uk](mailto:pensilvacars@hotmail.co.uk)**

We can service and repair your car to manufacturer specification, keeping your dealer warranty without main dealer expense.





# Pensilva & St Ive Post Office Service

**Pensilva:** Through the coffee shop on the 1<sup>st</sup> floor of Millennium House

**Tuesdays:** 9am to 1pm.

**Wednesdays:** 9am to 12 noon.

**Fridays:** 9am to 12 noon

**The Millennium House  
coffee shop is also open on  
these mornings.**

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**St Ive:** At St Ive Village Hall

**Wednesdays:** 10:30 to 11:30am

**Coincides with the St Ive  
Village Hall Coffee Morning**

## Saint Ive Parish tree-planting survey

Please let us know about any trees that you plant within the Parish. We will include them in our own survey and we will notify the Forest for Cornwall on your behalf, if appropriate.

email [posicrp@gmail.com](mailto:posicrp@gmail.com) or message us on Facebook

[www.facebook.com/posicrp](http://www.facebook.com/posicrp) or phone 01579 364016.

Pictures very welcome.

