

THE PARISH PUMP



December 2022
Edition 493



The Newsletter for the Parish of St Ives



The Remembrance ceremony at Merryhue Farm, home of the Battling On charity for service veterans. Over 600 scallop-shell poppies were made by the veterans themselves. (See story on page 8).

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Alan Moss (chair)	01579 362064	Marlene Carr (vice-chair)	01579 362919
James Bruce	07411 192645	Martin Corney	01579 382450
Sandra Doe	01579 363096	Rosemary Farley	01579 384810
Nigel Gisby	01579 363096	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Paul Mann	01579 363757
Ivor Vaughan	07979 934604	Craig Vaughnley	01579 364083
Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com			

Meetings of St Ive Parish Council

Meetings are now being held on the 2nd Monday of the month except August and December when no meetings are held. Please see the Parish Council website for meeting dates, agendas and minutes.

<http://st-ive-parishcouncil.gov.uk/minutes-agendas/>



Devon & Cornwall Police
Building safer communities together

 **101**

Minicom 18001 101

Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173.

email: CIOSNBMLLST@devonandcornwall.pnn.police.uk

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

PARISH PUMP ADVERTISING COSTS

The prices for advertising in the Parish Pump are as follows:

The below prices include VAT at 20%:

Quarter page: £10:00 per month or £100:00 for 12 months.

Half Page: £20:00 per month or £200:00 for 12 months.

Full Page: £33:00 per month or £330:00 for 12 months.

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com
or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House, or Millennium House reception.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

From the Editor

It's more than likely that the upcoming winter will prove a very difficult one for a lot of people in our parish, which is why I'm delighted to see that the Parish Council and Millennium House management have responded by arranging for Millennium House to be used as a Warm Space for any Parishioners who might struggle to keep warm at home in the months ahead. By coming to Millennium House during the day, you can turn off the heating at home for a few hours, saving money which might then allow you to turn the heating up a bit in the evenings. See pages 6 & 7 for how it will work. MH is fully equipped for people with disabilities and someone will always be on hand to help. Don't be shy! It's your space and the more takers we get, the more fun it will be. If you plan on staying all day you may need to make arrangements for lunch. If in doubt, ring MH to enquire. Even if you yourself do not need the Warm Space, think about people you know who might benefit and please make sure that they are aware of the initiative.

Keep well everybody - Joe

St Ive Village Hall PL14 3LZ

HALL HIRE - £5 an hour

Includes the use of kitchen and electric
(except wall heaters which are on a coin meter).

For bookings ring Amanda or leave a message on 07703 393070

Regular Group and Activity Timetable

Gardening Club	1st Monday monthly 7:30pm	01579 382762
St Ive Snooker Club	Mondays & Thursdays 7:00pm	01579 382315 R Bunkum
Yoga	Tuesday 4:30-6.00pm 7:00-8:30pm	07947 785554
Mobile Post Office	Wednesday 10:30 - 11:30 am	
Coffee Morning	Wednesday 10:30 - noon	
Methodist Sunday Service	Check timetable or Parish Pump for service dates & times	Katherine or Keith Mutton 01579 382334

Chairman's Report December 2022

The Parish Council installed Defibrillators in our two wards four years ago. One at Millennium House the other at St Ive Village Hall. The use of the



Defibrillators is not just for the Paramedics but for the general public to use in case of emergency. It's important to give aid to a casualty quickly whilst waiting for the Ambulance to arrive and the training certainly helps to understand how and when to use them. Hopefully they will never have to be used, but they could save the life of a neighbour or family member.

There will be an evening training course carried out by South Western Ambulance Service on the 7th December at 6 pm.

Please register your interest by contacting Millennium House on 01579 363096.

Finally, the Mel has opened its doors as a 'Warm Space', weekdays 10am-4 pm (see following pages).

We are all concerned about the current financial situation, and with Christmas around the corner we can only try and be positive, and hope things will get better next year.

The Parish Council wishes you all a Merry Christmas.

Alan Moss

Opening times for the Mel Bar at Millennium House

Tuesdays	7 -11 pm but only when Function Room is in use	
Thursdays	5 -11 pm	
Fridays	5 -11 pm	Last orders always half an hour before closing.
Saturdays	5 -11 pm	
Sundays	12 noon - 5 pm	

Warm Space!

Come and keep warm at Millennium House!

Every Monday to Friday!

9am - 4pm

From Monday 21st November 2022

Games, tea, coffee and company are all here!

Bring a book, knitting or other skill/hobby
to keep you busy while we keep you warm!

Everybody welcome!

Meet friends
& family, or
make new
friends!

Free Wifi



Stay warm
and safe

The more,
the merrier!

*There's tea and coffee and a happy face
To keep you cosy in a nice warm space!*

A message from the Millennium House Manager

Hi Parish Pump readers,

The weather is getting colder, come rain or shine! The bills are increasing and money is tighter!

Please come and join us at Millennium House as we open the centre for our Warm Space initiative. Come in and keep warm!

Millennium House will be open for you Monday to Friday, 9am to 4pm as shown opposite. Come alone, with friends or with family. There's a free library where you can read and borrow books, or sit and do a jigsaw. We have a café and other warm spaces with plenty of card and board games!

There's no charge to come in and keep warm in your community centre!

Don't worry if you don't have transport to get you here, see the notice below about the help we can provide. We will all do our utmost to make this work!

We really look forward to seeing you!

Vanessa, Centre Manager

MH Warm Space - volunteer transport

Is lack of transport preventing you from using the warm space? Let us try to help. We are recruiting volunteers to pick you up from your home and drop you back home when you're done. There will be no charge to you.

To make use of this service, please call Millennium House on 01579 363096, or on 01579 362919 if the centre is closed.

Appeal for volunteer car drivers.

If you have a vehicle and you are going to, or near, Millennium House, can you help by picking someone up on the way? Perhaps you can combine it with the school run, or a trip to the shop, post office or surgery. Or perhaps you just want to help others who are struggling to keep warm this winter, and you don't mind making a special trip. If you might be able to help in some way, please call Millennium House on 01579 363096, or on 01579 363919 if the centre is closed. Thank you!

Cover Story - Battling on's poppy project

This year, the Veterans at Battling On created over 600 scallop-shell poppies for Remembrance Day 2022. These handmade poppies made for a wonderful scene at the Remembrance ceremony at Merryhue Farm, Callington.

Their hard work and determination earned them a spot on BBC Spotlight on November 11th, and a prominent role on that weekend's CountryFile. Wreaths created with the scallop-shell poppies were placed at Plymouth Hoe, as a centerpiece at the Cornish County Hall, and one is being sent on the Routes of Remembrance train up to Paddington station.

It has taken months for so many to be made by Veterans of various military backgrounds, and they're incredibly proud of what they have achieved.

These poppies will be available via donation to Battling On. Donating will help provide facilities for the Veterans to tackle this grand task again next year!

We Will Remember.



Is your child starting school in September 2023?

If you would like to visit Pensilva Primary School, please contact the school on the number below.

Come and visit our wonderful school and explore the Early Years classroom and outside area.

Contact: Head Teacher Mrs T Clinick - Tel: 01579 362546
or email: secretary@pensilva.cornwall.sch.uk

To Live, To Love, To Learn



St Ives Church needs some friends...could you be one?

St Ives Church is very old, it's nearly 800 (yes, 800) years old! It is a Grade 1 listed building. It's precious, supportive & provides comfort to so many. It has seen the village and the people in it through good times, bad times & non-eventful times. Now it is in need of support: some friends who can guide it, so that it is around for the next 800+ years.

There are some wonderful people doing so much, but in order to keep the decisions on the Church's future in local hands, we urgently need some equally great people to help. Without these roles being filled there is a very strong possibility the decisions could be taken away & made elsewhere. The roles we need filled are:

Secretary of the Parochial Church Council (PCC)

This role is administration based: taking minutes/notes, distributing documents, arranging meetings & completing administrative tasks. The PCC meetings are, at the moment, roughly every other month, but usually they are 3 or 4 a year.

Church Warden

We require a 2nd Church Warden who can be a point of contact for enquiries, providing general support & assistance to the clergy & ministers in their roles.

You will receive support in both these roles.

If you are interested, or if you'd like some more information, please contact Brian Dwelly on 01579 364010 or Colin Catchpole on 01579 383867 in the first instance.

Other ways you can be a friend

The PCC desperately needs members to help make decisions on the Church. We meet on an evening that suits us all (or the majority), opinions are respected & discussed, decisions are based on what is best for the Church which serves the people. It would be fabulous if we could have some new opinions, views & thoughts. If you are interested, or if you'd like some more information please contact Brian Dwelly on 01579 364010 or Colin Catchpole on 01579 383867.

Come along to the Church...see what it's all about for yourself. Services & events are advertised in the Parish Pump.

Pensilva W.I report of the November meeting.

The ladies of Pensilva WI must have been a bit bemused when they were asked last January to keep all their Christmas cards. It became apparent why when member Alison Willis showed them how to make baubles from their Christmas cards. Plenty of glue and laughter later, most of the ladies could show off their creations.



Members heard a report from Jenny Rendle and Jane Hall on the CFWI Annual Meeting at Hall for Cornwall, which they greatly enjoyed. People were urged to attend as it is far more interesting than they may think.

Birthdays this month were Mavis Philp, Janthia Luter, Lorna Truscott, Rosie Drake and Jo Hodgkinson who celebrated hers last month.

Competition winners were Flower of the month 1st Cherry Woodhouse, 2nd Irene Elliott and 3rd Mary Yates. Hand-made Christmas card 1st Trish Thomas, 2nd Irene Elliott and 3rd Alison Willis.

The December meeting on Wednesday 14th December at 7.15pm in Millennium House is our Christmas party with bring and share supper. Friends and family welcome.

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for October 2022

**1st No. 36
Mrs J Hall**

**2nd No. 63
Mrs K Mahoney**


**3rd No. 160
Ms J Gilbert**

Thank you for your support

Pensilva Film Club

I've just returned home after watching Operation Mincemeat, based on a true "special operation" carried out in WW2 in which British intelligence fooled the enemy forces into thinking that an allied invasion of Greece was imminent. The movie appealed more to some than others but I, for one, thoroughly enjoyed it.

Our next offering is the sequel to the highly acclaimed (and much enjoyed by our audience) Fisherman's Friends movie. Please note that this will be on MONDAY 12 DECEMBER at the usual time of 7 for 7.30. The cost for new members is £6 (valid for one year) and £3 for those already holding membership.



Pensilva Film Club (Part of C-Fylm, Creative Kernow)
Presents: At Millennium House, Pensilva
Fisherman's Friends, One and All (2022)
MONDAY 12th December: 7pm for 7:30 start.

Renewal dates for membership can be seen on your C-fylm card. All attendees must be members as this is a requirement for licencing. We should hopefully be returning to our regular slot of the third Friday in the month from January onwards.

For queries please contact Judy on 01579 208836 or by email at –
judy.two@outlook.com

Pensilva Film Club – in association with C-Fylm, part of Creative Kernow.

TWELVE YEARS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I will tell you a bit about one of my favourite and most common visitors to our bird feeders...

...THE COAL TIT.



I see coal tits at my bird feeders nearly every day. They often arrive in a mixed flock of other tit and finch species who tour the local bird feeders together for increased safety against predators such as sparrowhawks and domestic cats. The coal tit has already made a brief appearance in my Pump articles as it is similar to the marsh tit.



It is smaller and less colourful than most of its tit cousins. However, upon closer inspection, I think that it is a very pretty bird. The photo to the left shows its most obvious identifying feature: its black cap carries on down its neck, split into two by a white stripe. I was always told that this is where it got its name. Coal delivery men used to wear leather caps like this to protect their heads and necks from the lumpy and dirty sacks of coal. I am old enough to remember these, but to most this will be ancient history nowadays and seems to be left out of descriptions

on the internet. A memory for some and a history lesson for others! It has a buff coloured chest and lines of white dots on its grey wings.

Coal tits can be found in wetlands, gardens, woods and towns - almost anywhere! They will eat insects, spiders, seeds and nuts. Their slender

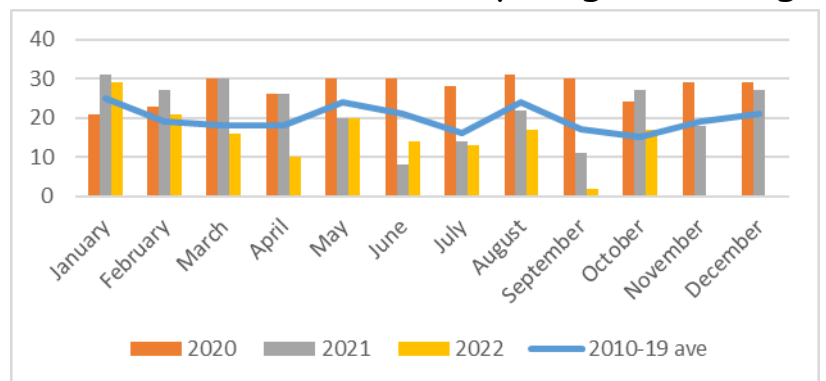


bills are particularly adept at picking seeds out of pine cones. When they come to my feeders they very efficiently fly from the bushes, take what they want and return quickly to eat in comparative safety. They always politely wait for a space before taking their turn! I also see them foraging elsewhere. This photo shows one hunting for insects amongst the hawthorn flowers on a tree close to my bedroom window. Apparently, when food is abundant, they are also known to stash food to eat later, though I have never seen this. These

stores are sometimes raided by great tits who have watched them.

Coal tits pair off in early Spring. On a warm day in February this year, I sat in the garden watching a small flock swooping around above me and singing loudly. As I watched, I noticed that it consisted of lots of pairs chasing each other in circles. I assume this was a kind of courtship ritual, but have not been able to find any references to back this up. Coal tits nest in tree holes, but will also use boxes. I regularly come across them when checking my dormouse boxes as a licensed monitor. I quickly back off to leave them in peace. Nest are made of moss, spider's webs and wool and lined with feathers and hair. They will lay between seven and twelve eggs, which hatch after just over two weeks. The young will fledge about 18 days after this.

This graph shows that the numbers of days per month that coal tits are seen in my garden has dropped slightly in the last couple of years, but seems stable overall. (the low figure for September is because we were away) Overall they are not a species deemed to be at risk, and I hope that we can look forward with confidence to watching them for many years to come.



HAPPY WILDLIFE WATCHING! Hilary

St Ive & District Gardening Club Report - November 2022

On Monday 7th November we had a gardening related quiz as our speaker was unwell so not able to visit us.

There is only so much to write about a quiz: Ian was our quiz master, we were in teams, he asked questions, we wrote the answers, a team got the most points & won a tin of chocolates. So, I thought you might like to have a go at some of the questions (answers will be in the next Parish Pump), no cheating allowed!

1. Which King created the Hanging Gardens of Babylon?
2. Who designed the Blue Peter Garden in 1974?
3. Which flower's name comes from the Ancient Greek word for star?
4. Which flowers were once known as gillyflowers?
5. What is the national fruit of India, Pakistan, and the Philippines?
6. Who is the patron saint of gardeners, horticulture, florists, brides & brewers?
7. What were brought to Britain from Germany by Sir Charles Isham in 1847 & are banned at the Chelsea Flower Show?
8. Vanilla flavouring is derived from which flower?
9. Which fruit was cultivated from crossing a blackberry and a raspberry?
10. What colour is a Welsh poppy?
11. Which charity was founded in Devon in 1972 by farmer Kenneth Watkins?
12. Which flower is often called the 'winter rose' or 'Christmas rose'?
13. Which flower inspired the William Wordsworth poem 'I Wandered Lonely as a Cloud'?
14. Which flower is sometimes called the sword lily?
15. Most species of eucalyptus are native to which country?

Next meeting: Monday 5th December 7:30pm at St Ive Village Hall, PL14 3LZ.

Speaker: Sarah Anthony **Topic:** Urban Biodiversity

Refreshments (tea/coffee & biscuits): £1

We are a friendly bunch who would love to have new members. Feel free to come along to the meeting with no obligation to join – we'd be pleased to welcome you.

Millennium House Community Transport

Do you need transport to and from the doctor or hospital?

Millennium House Community Transport's aim is to connect local communities and reduce social isolation.



If you need transport to Hospital, doctors or vaccination and have mobility issues, or are unable to drive to your appointment, please call Millennium House on: **01579 362919** or **01579 363096** and we will try to help.

To volunteer as a driver please call Millennium House on **01579 363096**.

**Interested in
joining a group of
birdwatchers?**



**Join the
EAST CORNWALL
BIRDERS**

All levels of experience welcome, beginners to experts. We learn from each other. Bird Outings on the first Thursday of each month, to coast, estuary or moor etc. We focus on east Cornwall and west Devon, with occasional trips further afield.

Interested?

Want more information?

Contact: Angus Parker

E-mail: angusmmparker@gmail.com

Mobile: 07860 109586



Positive + Resilient + Together

CAR SHARING IN ST IVE PARISH

A few years ago, our Group (the Parish of St Ives Community Resilience Project) was planning to organise a car-sharing hub for our area. We felt that it would be a good way to reduce carbon emissions, while also increasing travel options for people who depended on our dwindling public transport provision. Then the pandemic came along and sharing anything with anyone was forbidden. The idea was put on hold.

Today, the pandemic is less of an issue, and a drastic reduction in bus provision in our area, combined with a drastic increase in the price of fuel, suggests that this may be a good time to resurrect the idea.

What we are proposing is to provide a means by which car drivers and potential passengers can contact each other and make arrangements to share the cost of a trip. For example, someone who drives from Pensilva to Liskeard every day for work, could team up with one or more other people who need to make a similar trip at a similar time. If they both have cars, they could take it in turns to drive, and if one or more don't drive, they could agree a reasonable contribution towards the cost of the trip.

The same goes for people who drive to a local supermarket every week or fortnight, and could make room to take someone else with them.

For now, we just want to hear from you if you might be interested in participating, as a driver and/or passenger. Contact details below.

We would also like to hear from people who have experience of car-sharing so we can pick your brains about what works and what doesn't!

Please get in touch via email to posicrp@gmail.com or via Facebook / Messenger - search for @posicrp.

TWO COMMUNITY-BUILDING EVENTS AT MILLENNIUM HOUSE

TREGOVENEK – A PLACE OF HOPE

Friday December 2nd, 7pm - 9pm

Introducing Pensilva's brand new community farm.

Come along and hear all about the ideas for the creation of the farm, add your own ideas and find out about opportunities for getting involved.

WHAT NEXT? A COMMUNITY CONVERSATION

Saturday December 3rd, 10am - 2pm

Coming together to create a plan for our future.

Organised by The Together Project.



Volunteers (including one or two current and former Parish Councillors) got together one day in October to clear kerb-edge weeds between Glen Park and Trelawney Gardens in Pensilva. More work will be carried out when the opportunity arises (and the weather permits!)

CALLING ALL COUNTRY DANCERS AND CALLERS

Pensilva Country Dancing Club has now started up again and would welcome new members. We would also welcome anyone who would be willing to take a turn at calling for the dances - help can be given for the learning process!

We meet fortnightly in the Art Room at Millennium House, Pensilva for a couple of hours on a Thursday evening from 7pm to 9 pm. If you are interested in joining or calling, please ring Frances on 01579 363718, or just come along to one of our upcoming sessions on 3rd & 17th of November and 1st December.

Whats the point.

SHARE Recycling for Charity project.

Many collect because it's recycling items that can't be recycled elsewhere and we also make money for our charities.

Every box of biscuit wrappers or cheese packets, Pringles or toothpaste tubes we send to TerraCycle gives us points, every 6 months we redeem those points as money for charity.

The manufacturers determine what items we can send to gain points.

Since 2019, we have raised **£8443** for Kicks Count



KICKS COUNT charity is helping to reduce stillbirths

by educating mum's-to-be, about the importance of their baby's kicks. There were 2,597 stillbirths in the UK in 2021. **7 babies are stillborn every day, leaving family and friends completely devastated.**

It's Pregnancy and Infant Loss Awareness Month, if you're feeling strong you should visit Kicks Count web site [Kicks Count](https://www.kickscount.com) or FB page.

www.facebook.com/kickscount

The INK CARTRIDGES we collect are the only item that the project makes any money from. Last year you helped us cover all our project expenses, printing and lots of parcel tape. THANK YOU. Amazing support.

New items now accepted: PP5 Chinese Takeaway tubs, Tupperware and other brands, old lunch boxes, plastic reusable bottles including old baby's bottles.

For a list of items we can collect for our charities and locations you can bring them to, please visit our web site www.south-hill.co.uk/charity-recycling or email SHARE@south-hill.co.uk or you can call/text Ali, project lead, on 07305 044049.



We can Help You, Reduce Your Waste & Help Charities.

MAKE A POINT OF RECYCLING MORE.

St Ive Church

December Services

Dec 16th Live Nativity 7pm

Animals, Children and Carols.

Dec 18th Carol Service 11:15am

with Holy Communion and Baptism

Dec 24th Christmas Eve Holy Communion 9:30pm

This is where Christmas really starts. Please join us to celebrate the birth of Jesus which is after all what Christmas is all about.

Priest in charge: Rev'd Becca Bell. revbeccabell@gmail.com 07899 363458

Church Warden: Brian Dwelly. btdwelly@aol.com 01579 364010

ST JOHN'S CHURCH, PENSILVA

A united congregation of the Church of England & the Methodist Church

Services for December 2022

Sunday 4th 11.00 am Heather Blacker

Sunday 11th 11.00 am Advent Café Church Rev Li Selman

Sunday 18th 11.00 am Christmas Carol Service Rev Martin Sellix

Wednesday 21st 2.30 pm Blue Christmas Service Geoff Cox

Saturday 24th 6.00 pm Christingle for children and their families

Sunday 25th 10.30 am Christmas Family Worship Geoff Cox

Thursdays 10.00 am Morning Prayer Fellowship

DECEMBER EVENTS *Please see posters for full details*

Thursday 1st 12.00 - 1.30 pm Baked Potato Lunch

Thursday 15th 2.00 - 4.00 pm Memory Café

Wednesday 21st 3.00 - 5.00 pm Good Grief Café

Friday 23rd 7.00 pm Carol Singing at the CRIB *raising funds for children's charities*

Saturday 24th 6.00 pm Christingle for children and their families

*For further details or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718
Please put prayer requests in the box. St John's is open daily 10.00am - 3.00pm for personal prayer & reflection*

BAKED POTATO



LUNCH

BRING and BUY STALL

St John's Church

Pensilva

Thursday 1st December

12.00 to 1.30 pm

Donations in aid of church funds

CALLINGTON TOWN MARKET

4th December 2022

Come and Support Your Local Traders

10.00am until 2.00pm

Pitches start from only £10 each!

Town Hall, Callington

Car parking is FREE in all car parks on Sundays

Access to the market can be gained through the Town Hall

For more information, or if you are a trader wanting to book a pitch, please call 01579 384039

or email market@callington-tc.gov.uk

**Future 2023 Markets - 5th Feb, 5th March, 2nd April, 7th May, 4th June,
2nd July, 6th Aug, 3rd Sept, 1st Oct, 5th Nov, 3rd Dec**

St. Ive Village Hall PL14 3LZ

**Santa is
in for**



**popping
tea!**

**Saturday 10th December
4pm until 6pm**

Children's buffet tea in a box

Selection box for every child from Santa

Santa will read a story

Refreshments available for adults

Cost £5 per child

Concessions for large families

Maximum 50

Book Tickets Amanda: 07703 393070

CAROLS IN THE CAR PARK!



7PM THURSDAY

15TH DECEMBER

ST IVE CARPARK

(BY PLAYGROUND)

COME AND SING!

**BE GONE GLOOM AND DOOM! WELCOME
SPARKLE AND VILLAGE CHEER!**

**IF YOU WOULD LIKE TO BRING A DRINK AND
CHANGE FOR DONATIONS TO CHARITY,
PLEASE DO.**

BRING A TORCH!

WORDS AND MINCE PIES PROVIDED.

IF RAINING, GO TO VILLAGE HALL

Pensilva



MemoryCafé

Thursday 15th December
2.00 to 4.00 pm

If you have memory problems
or
you are a carer for somebody who does
and
would like to meet others who understand your situation
then join us at St John's Church

Contact Geoff 01579 362698

UNITY METHODIST CHURCH at St IVE

United
Green
Shoots
Christingle
Service

Led by
Keith Mutton

St Ive
Village Hall

All welcome

Sunday
18th
December
6.00 pm



Mince Pies

Christmas Day
Service



10.00 am
St Ive Village Hall

The **Methodist** Church 

ST JOHN'S CHURCH PENSILVA

Carol Service



**Sunday
18th December
11.00 am**



**BLUE CHRISTMAS SERVICE
Wednesday 21st December
2.30 pm**



**A service of healing and
hope for those who are
hurting this Christmas**

We can grieve for many reasons:
the death of a friend or relative;
the diagnosis of a friend or relative
with dementia or a terminal illness;
the loss or illness of a pet;
the loss of a job;
homelessness;
loss of mobility or driving licence;
closure of your Church or Chapel;
loss of freedom;
the closing of a support group;
the loss of stability in society.
Any of these can cause us to
grieve, so the Good Grief Cafe is
for anyone who is grieving in any
of these ways and no doubt
there are others too.
So please feel free to come along
and eat our cake, drink our tea
and just chat if you want to,
or just listen if you don't.
All are welcome.
Please use this as an opportunity
to invite someone to
come with you.

Good Grief Cafe



Wednesday 21st December 3.00 to 5.00 pm

Contact Geoff on 01579 362698



Friday
23rd December

**Raising funds for
Children's Charities**

Carol Singing

**St John's Church
Pensilva**

7.00 pm

around the CRIB

Christingle

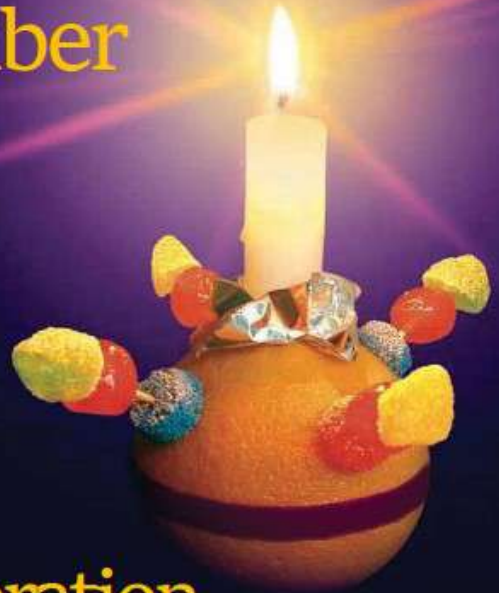
Saturday 24th December

6.00 pm

St John's Church

Pensilva

Come and join the celebration



Unity Methodist Church St Ive with Bealbury and Blunts

Meetings at St Ive Village Hall unless stated otherwise

Services for December 2022

Sun 4th Dec.	10.30 am	Mr Bernard Melling
Sun 11th Dec.	10.30am	Mrs Marguerite Smith
Sun 18th Dec.	11.15am 6pm	United Service - at St Ive Parish Church. United Green Shoots Chirstingle Service
Sun 25th Dec.	10.00 am	Mr Keith Mutton



Christmas time at St Ives Parish Church

We are delighted to announce the following events at St Ives Church to celebrate Christmas

Friday 16th December

7pm

Live Nativity Service— the nativity story told with the help of real animals
Refreshments after the service



Sunday 18th December

11:15am

Carol Service



Saturday 24th December – Christmas Eve

9:30pm

Christmas Eve service



NEW YEARS EVE DISCO

Dec 31st 2022

7pm til 1am

Pensilva Primary School PSA
fundraising group

Reg charity- 1098548

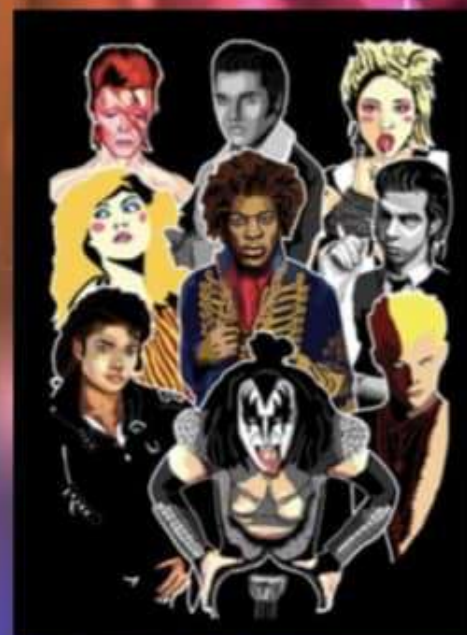
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tickets only

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snacks & sweets
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on the night

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dressed family!!



Adults 18+ - £10

Children 4-17 - £5

Under 5's Free

Family of 4 - £25 (additional £5 for extra children)

Email pensilvapsa@yahoo.com to book



Action for
Children



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FIND OUT ABOUT US @:

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PENSILVA VILLAGE HALL

We are now open and back in business!

Anyone wishing to book the hall for meetings, birthday parties or fundraisers, please contact Peter or Jackie Browning on **01579 363212** or email **peterpensilva@gmail.com**



Please note that as well as hall rent there is a coin meter for

MOBILE LIBRARY



The County Mobile Library visits our area every four weeks, always on a Friday. You can now browse the shelves again, but you can still pre-order books if you prefer.

Next visits: **Dec 16, 2022.**

Then: **Jan 13, Feb 10, & Mar 10 2023.**

Stops at The Victoria Inn, Pensilva from 10.25 to 10.45am; and Quethiock bus stop from 11.00 to 11.20am.



Struggling with Sight Loss?

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk



Tamar Area Prostate Support (TAPS)



DON'T IGNORE THE SIGNS

- A need to urinate frequently especially at night
- Difficulty in starting to pee
- Weak flow
- Feeling that your bladder has not emptied fully

If you would like to know more about us please contact one of the steering group listed below or email tapsinfo555@gmail.com

**Come and join us on the first Tuesday of the Month
10.00 at the Compton Park Engine House Callington
for a friendly chat and a coffee.**



Paul Mansell 01822 832179 - Harry Lawson 01579 383258

John Stewart 01822 833343 - Stephen Williams 07735 389883

Albert Doidge - 01822 832471

**Prostate Cancer UK is a registered charity in England and Wales (1005541)
and in Scotland (SC039332). Registered company 02653887.**

COMMUNITY SPEED WATCH

Community Speed Watch aims to encourage safe driving, to reduce accidents.

The Liskeard CSW Group operates at a number of sites in South East Cornwall - East Taphouse, Doublebois, Dobwalls, Liskeard, two locations on the A390 in St Ive, and at two locations on Foredown.

Three new sites in Pensilva have recently been added.

To cover the additional sites, and to increase the frequency of observations at other sites, there is a need for additional team members.

Full details of how Community Speed Watch operates can be found at: <https://www.communityspeedwatch.org>



Registration is simple, and there is online theory training. Following successful completion of the online training, new members will be contacted to take part in equipment training then practical activity (speed monitoring).

Each activity lasts no more than two hours, including travel to site, setting up equipment, team briefing, observation for one hour, taking equipment down, with team debrief, and agreement on next activity date and time.

Teams are made up of a minimum of two members (ideally three, and no more than four).

This is an opportunity for individuals living in Pensilva and St Ive to contribute to the safety of the community.

COMMUNITY SPEED WATCH

Millennium House Coffee Shop Opening Hours

We are open Tuesdays, Wednesdays and Fridays, 9am to 1pm
(to coincide with Post Office days).

Our intention is to open more days and for more hours as soon as Covid regulations allow.

Covid precautions are in place at all times, providing a safe environment for our customers.

All Being Well

We are still open for three mornings a week. A maximum of six members can now attend at one time.

Opening hours:

Monday, Wednesday and Saturday, 9am to 1pm.

Maximum six members at a time for each of three slots within each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

Prior booking is essential

To book yourself in or for any enquiries, call in at the gym or telephone on **01579 363890**, during the opening hours listed above.

22 years working in our local community to improve health, fitness and well being.

Badminton at Millennium House

Come and join our relaxed and friendly group.

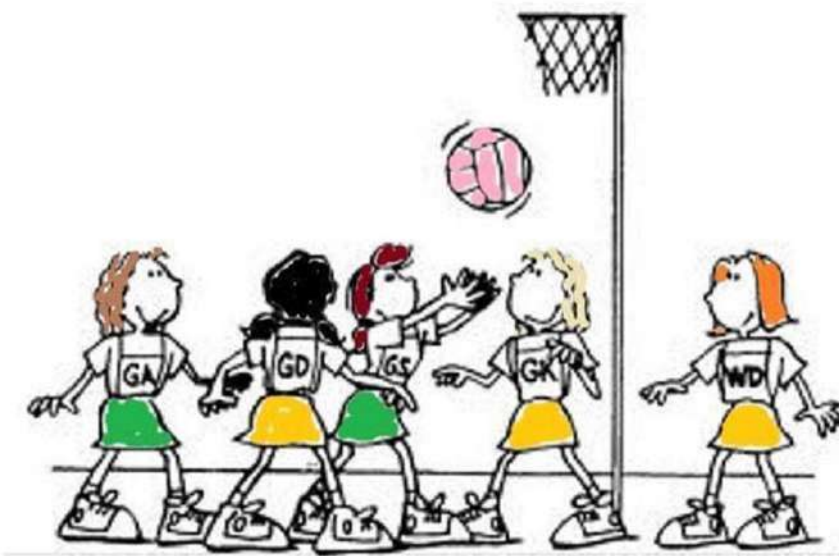
Mon & Tue 7:30 - 9:30pm

For further info phone Nigel or Carol on 01579 363594 or 07885 798370

Ever tried...

Ladies Walking Netball?

Come along to Millennium House, Pensilva

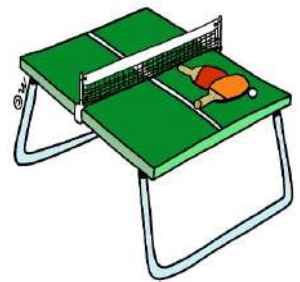


**Thursdays
4.00pm - 5.00pm**

£2 per session

**For further info contact rosemaryfarley@gmail.com
or Tel. No. 01579 384810**

ST. IVE COMMUNITY SOCIAL EVENING



**VILLAGE HALL
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- ✓ All Being Well Fitness Centre
- ✓ Post Office
- ✓ Sunflower Park kids playground
- ✓ Extensive playing fields
- ✓ Community Library

Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please leave a note at Millennium House reception, ring the Parish Office on **01579 363096**, or email **parishpump@btconnect.com**.

***** Please let us know when your item has sold *****

Massage Couch £40.

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Karcher **hard floor cleaner** **£40**
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01579 346986.

Prestige 5 ltr high dome **pressure cooker**. As new. **£25.**

Delux Gourmet **stove top grill**. **£10.** As new. **01579 363281.**

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Axminster 2 speed forward and reverse **drill**, in GWO **£10** and a **Power Planer PPL800 - 800W** in GWO requires a new blade **£10** or **£15** for the two items.

2 Empty Dewalt Tool Cases, 1 general tool box with free Dewalt cordless drill no battery. **£30.**

10 wooden **moulding planes** Usable cond. 1 wooden spirit level & scribe. **£50.**

Six coils of **industrial steel cable** now surplus to requirements **£35** the lot.

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Ladies Rocketdog wedge **flipflops** black with red and mixed colour beads on material, size 5. still in box as new paid **£10.**

Upton Cross/Minions area
07368 528398.

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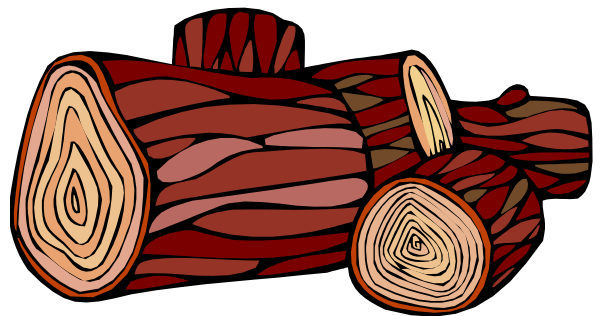
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St Ive: At St Ive Village Hall

Wednesdays: 10:30 to 11:30am

**Coincides with the St Ive
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