THE PARISH PUMP



August 2022 Edition 489



The Newsletter for the Parish of St Ive



Work day at St Ive Community Garden. Volunteers got stuck into constructing a composting area using recycled materials such as old pallets, scaffold boards - and parish councillors:)

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Alan Moss (chair)	01579 362064	Marlene Carr (vice-chair) 01579 362919
James Bruce	07411 192645	Martin Corney	01579 382450
Sandra Doe	01579 363096	Rosemary Farley	01579 384810
Nigel Gisby	01579 363096	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Paul Mann	01579 363757
Ivor Vaughan	07979 934604	Craig Vaughnley	01579 364083

Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com

Meetings of St Ive Parish Council

Meetings are now being held on the 2nd Monday of the month except August and December when no meetings are held. Please see the Parish Council website for meeting dates, agendas and minutes.

http://st-ive-parishcouncil.gov.uk/minutes-agendas/



101 Minicom 18001 101

Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173. email: CIOSNBMLLST@devonandcornwall.pnn.police.uk
To report a crime call 101 or go to www.devon-cornwall.police.uk
In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

PARISH PUMP ADVERTISING COSTS

The prices for advertising in the Parish Pump are as follows:

The below prices include VAT at 20%:

Quarter page: £10:00 per month or £100:00 for 12 months.

Half Page: £20:00 per month or £200:00 for 12 months.

Full Page: £33:00 per month or £330:00 for 12 months.

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House, or Millennium House reception.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY **15th of every month**

From the Editor

The heat wave in July was a reminder that however hot it gets here, it is usually considerably hotter in other parts of the country. That is the upside of being stuck out into the Atlantic: though we get wilder, windier, rainier weather, the sea tends to regulate temperatures at the extremes. Frankly, I wouldn't swap the Cornwall climate for any other of which I have personal experience. Having said that, we all still need to keep an eye out for neighbours who may be vulnerable to high temperatures. In the time that I've been editing the Parish Pump (and I'm pretty sure for a long time before that) the newsletter has always carried a full-page advert for Keith Richards' garage on the Pensilva industrial estate. That is, until this month, because Keith is retiring. I understand that the garage will continue, and no doubt we will hear about that in due course. Meanwhile, allow me to say, that Keith has been a great friend to the residents of Pensilva, of this parish and beyond, and I feel that he will continue to be so. Good luck, Keith, in your retirement. Keep well everybody - Joe

St Ive Village Hall				
Gardening Club	1st Monday monthly 7:30pm	01579 382762		
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum		
Yoga	Tues 4:30-6.00 & 7:00-8:30pm	07947 785554		
Post Office	Wednesday 10:30 - 11:30 am			
Coffee Morning	Wednesday 10:30 - 12:00			
Art Group	Fridays 11:00am - 4:00pm	07772 639942		
Social Evening	Fridays from 7:30pm	01579 384810 Rosemary		

St Ive Village Hall is available for hire, £5.00 per hour. Includes use of the kitchen & electric (except wall heaters which are on a £1 coin meter). **Ring Amanda Eveson on 01579 388782**

Chairman's Report August 2022

Parish councillor Ron Greenhough has moved away from the parish and has resigned from the council. I would like to thank him, on behalf of all the parish, for his work during his time here. He will be missed.

The Chair of YMCA Plymouth has written to us to say that, with regret, they are unable to proceed with plans for the future management of Millennium House (first announced in the March 2022 Parish Pump). In the light of this decision, the Parish Council is considering other options for the future running of this very valuable community facility.

There are plans for a Youth Club to start up in Millennium House in September. Watch this space!

Alan Moss - Parish Chair.

Opening times for the Mel Bar at Millennium House

Tuesdays 5 -11 pm but only when the Function Room is in use.

Thursdays 5pm -11 pm

Fridays 5pm -11 pm Last orders

Saturdays 5pm -11 pm always half an

Sundays 12 noon - 5 pm hour before

closing.

ST. IVE VILLAGE SHOW

To be held on SATURDAY 3rd SEPTEMBER 2022

In St Ive Village Hall
To be opened at 2:15 p.m.

Handicraft Classes

Cookery Classes

Horticultural Classes

Photography Classes

Various classes for children

Schedules will be available very soon.

All enquiries please to Rosemary Farley 01579 384810

CALLING ALL COUNTRY DANCERS AND CALLERS

Pensilva Country Dancing Club would like to start up again in September, and would welcome new members. We also need one or two more people who would be willing to take a turn at calling for the dances. We meet fortnightly in the Art Room at Millennium House, Pensilva for a couple of hours, usually on a Thursday evening, and would suggest 7.30 to 9.30pm. If you are interested in joining or calling would you please ring Carolyn on 01579 362698. We look forward to hearing from you.

Neighbourhood Development Plan - Martin Corney



Ron Greenhough, the councillor taking the lead on getting the parish Neighbourhood Development Plan (NDP) going again has unfortunately moved away and resigned from the parish council. So the parish council is looking for volunteers to join the NDP Working Group. You don't have to be a parish councillor, just interested

in the future of the parish.

The NDP is very important because it primarily shapes the future of what gets built in our parish. Without an NDP there are very few limits to what gets built and where. Previously the working group met once a month, so commitment of your time is not burdensome.

If interested please contact me or the Parish Clerk in the usual ways.

South Hill Piecemakers are having an **Open Day** on August 13th from 10am to 4pm at South Hill Parish Hall in Golberdon.

There will be a display of members' work, from cushions through to quilts. We are happy to teach beginners and inspire you to increase your knowledge on the different techniques used in our craft. Come and have a cup of tea and some cake, we would love to see you.

We meet each month on the 1st & 3rd Monday evening, 7.30-10pm, (except Bank Holidays) and 2nd & 4th Tuesday afternoon, 1.30-4pm, plus a regular full day one Saturday a month.

Contact Elaine 01579 383505 or elaineruthbrewer@hotmail.co.uk

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for June 2022

1st No. 82 Mr T Marshall £75 2nd No. 80 Mrs B Bennett £50 3rd No. 171 Mrs K Restorick £20

Thank you for your support

PENSILVA WI JULY REPORT

Pensilva WI were looking forward to hearing about the

manufacture of fudge, and of course trying some, but unfortunately Matt & Shelley from Roly's fudge were so busy keeping up with demand that they were unable to come and speak to us.

However, we were lucky that Carol Horsington, who was due to come to us in February, was able to step into the breach, and we had an enjoyable evening making hearts out of willow. Everybody had a go and there were some really lovely hearts created by the end of the evening. President Verna Dawe thanked Carol for giving us the chance to have a really crafty time.



[Picture: Alison's willow heart transplant.]

Birthdays this month were Barbara Bennett, Evelyn Dwelly, Jane Hall, Maureen Walker and Karan Fowler, who all received cards and posies.

Competition results: Flower of the month 1st Rosie Drake, 2nd Val Jones and 3rd Jenny Rendle. 'An interesting wooden item' 1st Rosie Drake, 2nd Sue Hill and 3rd Trish Thomas.

Pensilva Film Club

Firstly our apologies that last week's film "The Duke" had to be cancelled at short notice. This, as you have probably already heard via Pensilva bush telegraph, was due to an indispensable member of our team having contracted Covid. I am happy to report that all's well and there appear to be none of these horrid long-term side-effects.

As it stands our next regular film club night will be on August 26th (please note that this is the 4th Friday) when we were due to show <u>Death On The Nile</u> but I'm now making enquiries into whether or not we will be able to get <u>Downton Abbey</u> in time. We would also still like to show <u>The Duke</u> so I'm pleased to announce that we will now present that on FRIDAY 5 AUGUST as an extra showing. Our continued thanks to all our supporters –

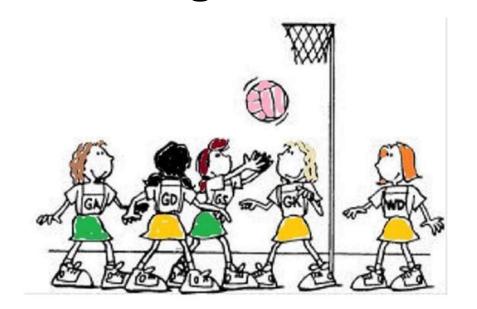


Doors open at 7pm for a 7.30 start. The charge for C-fylm members is just £3 with £6 for new members which includes membership for one year. As usual the Mel Bar will be open both before and after the showing.

Pensilva Film Club - In association with C-fylm, part of Creative Kernow



Ever tried... Ladies Walking Netball? Come along to Millennium House, Pensilva



Thursdays 4.00pm - 5.00pm

£2 per session

For further info contact rosemaryfarley@gmail.com or Tel. No. 01579 384810

ST. IVE COMMUNITY SOCIAL EVENING













VILLAGE HALL FRIDAY NIGHTS 7.30PM

TWELVE YEARS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I'm looking at one of our best-known summer visitors...



THE SWALLOW

Swallows regularly appear in the spring, leaving again in September and October. It is a bird which I under-record, as it often flies high up and unless I get a good view, I am not confident in distinguishing the silhouette from those of swifts and martins.



The long, slender V-shaped tail is the easiest feature to confirm a sighting. Closer up, they have distinctive red throats, glossy dark blue backs and pale breasts.

They spend most of their time on the wing, catching a range of small invertebrates as they fly. They can often be seen swooping and feeding over meadows and water. You can tell by their height where most of the insects etc. are concentrated, by the height at which they are flying. Few predators are able to catch these agile and speedy fliers, though they are occasionally taken by sparrowhawks or hobbies. They are most vulnerable when nesting and will sometimes mob birds of prey, magpies, crows and even cats or people if they feel threatened.

Swallows are long distance migrants, spending the winter in sub-Saharan

Africa. We were lucky enough to see this one in Kenya, where it is known as a barn swallow, They have a number of different swallow species there and the name is a nod to its favourite nesting places in their winter homes. You couldn't help marvelling at the journey they had made under their own muscle power!

Migrating swallows fly mainly through the daytime, at speeds of 17 to 22 mph. Their top speed is 35 mph. They keep to low altitudes, feeding as they go. Prior to leaving they will



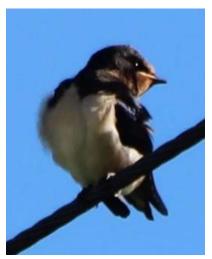
fatten up a bit, but even so, many will die of starvation, exhaustion or when caught in a storm.

Although a common and widespread bird in the UK, their populations have fluctuated in the past 30 years with declines across Europe. There are thought to be a number of contributory reasons for this:
Swallows need moderate weather with some rain for the mud to

- Swallows need moderate weather with some rain for the mud to build their nests. Weather which is too wet or too dry will reduce the available insects with which to feed their young. Climate change is producing more extreme weather patterns with late frosts or unseasonable heat which may lead to higher chick mortality. Resulting lower insect levels will also impact on the birds' conditions as they depart for Africa.
- Extreme weather events on their migration routes may cause fatalities, but research also shows that birds are arriving at their breeding grounds in a poorer condition and so laying fewer eggs.
- Changes in farming practices in Europe, and particularly the reduction in grazing pastures which attract insects, may also have an impact.



In September and October, look out for groups of swallows like these gathering on wires around the parish as they get ready for their epic journey to Africa. These birds with their shorter tails, less bright throats and still slightly fluffy feathers were probably juveniles



getting ready to make their first migration. I wonder if they made it? We wish this year's broods and their parents all the best for this long and arduous journey and hope they return to Cornwall next year to herald the start of another summer.



Bon Voyage!

St Ive & District Gardening Club Report - July 2022

On Monday 4th July we visited Gardens Cottage at Prideaux, near St Blazey. The

evening started like every other visit; met in the car park, set off, all going well until the Dobwalls by-pass where traffic was at a standstill. This was our 3rd attempt at this visit: was it just not meant to be!? After 15/20 minutes, with delight, we started moving again. We arrived & gathered in a stone seating area by the house surrounded by plants & flowers. Roger and his wife Sue told us their story. Prior to owning Gardens Cottage, they lived in the Cotswolds. Sue worked as an acupuncturist & was an extremely keen gardener. One day Sue announced her wish to swap it around; more time as a gardener, less as an acupuncturist. Roger & Sue set about finding the place for her wish to come true. In 2014, after whittling down the options, they set their heart on Gardens Cottage. Roger explained how there was a cottage (a former B&B) but there wasn't much in the way of a garden, it was more mature trees & lawn. For Sue this was ideal, a blank canvas. Looking around the garden now, you would think it had been designed, but that is not so: the garden worked itself out. The only musts were the orchard & a room for Sue's acupuncture business - with a view of flowers! Being Cornwall there were a lot of granites, which in some cases became features as they were impossible to move! Sue then gave us details about the garden to ensure we didn't miss anything. She declared her love for self-seeders. They are easy, just leave alone & let them do what they do best; they fill gaps & give beautiful flowers. The orchard at the end of the garden was the first area to be planted. Then a formal garden: no self-seeders are allowed there and it's a weed free zone too. As Sue talked I was aware of the loud hum of bees; a wonderful sound on a summers evening. This was soon explained: there is a bee area with hives nestled in the garden by the woodland. The garden also has a woodland area complete with gypsy caravan, wood store & a caravan - Roger & the dog's territory! As we adventured around the garden the words spoken came to life. Flowers of various colours which you might not think would look good together but they do: orange, pink, purple each holding their own & complementing each other. Walking across the lawn, one of the mature trees provides a shaded, rustic area, to which Sue has added a seating area with wood chips, ferns & a model of an engine house. The formal garden came into sight, through a carefully cut hedge, a round arrangement with arches each holding different climbing flowers & one with an apple tree. Walking around the orchard we saw areas of uncut lawn, wild grasses growing well, a heaven for insects. Behind the summerhouse are the beehives, we had to be quiet as it was bedtime for the bees. The woodland of mature trees sectioned with old branches to make pathways, simple but extremely effective. The sun was setting as we walked up to the gypsy caravan, the sun

extremely effective. The sun was setting as we walked up to the gypsy caravan, the sun shining through the exquisite colourful stained glass window – what a sight! Beautiful, colourful, authentic, there are so many words that could be used but none would do it justice. A perfect addition to the woodland. Roger's caravan sits on the exit/entrance of the woodland overlooking the start of the garden & the lawn area. A relaxing place to enjoy the peaceful woodland & view the immaculate lawn.

Behind the house, the view changed again. Greenhouses & raised beds for the kitchen garden: lettuce, squash, tomatoes, sweet peas, cucumbers, cabbage & many more! This garden had a bit of everything. What struck me the most was the naturalness had been mixed perfectly with additions to enhance the area. Whatever mood you're in the garden has a place for you.

Next visit (& last outdoor visit of the year) Monday 1st August. Gardens at Dove Cottage & 9 Higman Close, Dobwalls. Meet at St Ive car park to leave at 6:30pm Entry £6 including refreshments.

You are very welcome to join us, you will not be disappointed.



COMMUNITY CENTRE, AND DYNAMIC EVENT VENUE IN THE HEART OF EAST CORNWALL



Conferencing

We have four meeting rooms for all your corporate needs.



Function Room

For parties, discos, or just larger events; with adjoining kitchen and bar.

Our Facilities

Sports Hall

For sports or larger events requiring a stage, the sports hall is our biggest venue.



Coffee Shop

Providing tea, coffee and cake. And for something stronger, there's the Mel, a licensed bar.



Enquire today: 01579 363096

What Do We Do?

From wedding to wakes, kids or adults, corporate or community, we can host and cater your event. If you have an idea that's not covered here, get in touch and see if we're the right venue for you.

We're also home to:



The Mel bar



All Being Well Fitness Centre



Post Office



Sunflower Park kids playground



Extensive playing fields

Community Library

www.millenniumhouse.org.uk
PRINCESS ROAD, PENSILVA, PL14 5NF

Millennium House Community Transport

Do you need transport to and from the doctor or hospital?

Millennium House Community Transport's aim is to connect local communities and reduce social isolation.



If you need transport to Hospital, doctors or vaccination and have mobility issues, or are unable to drive to your appointment, please contact Millennium House on:

01579 362919 or 01579 363096 and we will try to help.

To volunteer as a driver please call Millennium House on 01579 363096.

<u>CITIZENS ADVICE CORNWALL - APPEAL FOR VOLUNTEERS.</u>

Citizens Advice Cornwall is appealing for people to come forward as volunteers, to not only help with providing advice and support, but to also help with fundraising and raising awareness.

Like many charities, Citizens Advice Cornwall relies heavily on volunteers to be able to continue its work. As the cost of living and energy crisis deepens, the demand for the charities services across the county is increasing.

Fundraising Ambassadors are needed for a variety of roles including organising and attending fundraising events, talking to groups and organisations, organising collection tins etc. We also need volunteer advisors and administrators.

Last year, Citizens Advice Cornwall helped more than 9,000 people, with almost 40,000 issues, write-off debt worth a total of over £1 million and gain income worth more than £8.1 million.

It costs Citizens Advice Cornwall around £1.5m to run the service each year, a figure that is set to rise as the need for help increases.

Citizens Advice Cornwall provides free, independent, confidential advice on a range of subjects for everyone, including benefits, debt, housing, relationship issues, employment and redundancy, consumer, legal issues and more.

To find out more please email tamsin@citizensadvicecornwall.org.uk

Millennium House Coffee Shop Opening Hours

We are open Tuesdays, Wednesdays and Fridays, 9am to 1pm (to coincide with Post Office days).

Our intention is to open more days and for more hours as soon as Covid regulations allow.

Covid precautions are in place at all times, providing a safe environment for our customers.

All Being Well

We are still open for three mornings a week. A maximum of six members can now attend at one time.

Opening hours:

Monday, Wednesday and Saturday, 9am to 1pm.

Maximum six members at a time for each of three slots within each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

Prior booking is essential

To book yourself in or for any enquiries, call in at the gym or telephone on **01579 363890**, during the opening hours listed above.

22 years working in our local community to improve health, fitness and well being.

Badminton has restarted at Millennium House

Come and join our relaxed and friendly group.

Mon & Tue 7:30 - 9:30pm

For further info phone Nigel or Carol on 01579 363594 or 07885 798370





Tamar Area Prostate Support (TAPS)



DON'T IGNORE THE SIGNS

- A need to urinate frequently especially at night
- Difficulty in starting to pee
- Weak flow
- Feeling that your bladder has not emptied fully

If you would like to know more about us please contact one of the steering group listed below or email tapsinfo555@gmail.com

Come and join us on the first Tuesday of the Month 10.00 at the Compton Park Engine House Callington for a friendly chat and a coffee.

Paul Mansell 01822 832179 - Harry Lawson 01579 383258

John Stewart 01822 833343 - Stephen Williams 07735 389883

Albert Doidge - 01822 832471

Prostate Cancer UK is a registered charity in England and Wales (1005541) and in Scotland (SC039332). Registered company 02653887.

PENSILVA VILLAGE HALL

We are now open and back in business!

Anyone wishing to book the hall for meetings, birthday parties or fundraisers, please contact Peter or Jackie Browning on 01579 363212 or email peterpensilva@gmail.com



Please note that as well as hall rent there is a coin meter for

MOBILE LIBRARY



The County Mobile Library visits our area every four weeks, always on a Friday. You can now browse the shelves again, but you can still preorder books if you prefer.

Next visits: Aug 26, Sep 23, Oct 21, Nov 18, Dec 16.

Stops at The Victoria Inn, Pensilva from 10.25 to 10.45 am; and Quethiock bus stop from 11.00 to 11.20 am.

• iSightCornwall

Struggling with Sight Loss?

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk

CALLINGTON TOWN WARNET WARNE

7th August 2022

Come and Support Your Local Traders

10.00am until 2.00pm

Pitches start from only £10 each!

Pannier Market, Callington

Car parking is **FREE** in all car parks on Sundays

Access to the market can be gained from Fore Street (between Spar and John Smith's Tyres) or through the Town Hall

For more information, or if you are a trader wanting to book a pitch, please call 01579 384039

or email market@callington-tc.gov.uk

Future 2022 Markets held on - 4th Sept, 2nd Oct, 6th Nov, 4th Dec

AFTERNOON TEA

St John's Church Pensilva

Fríday 12th August 3.00 to 5.00 pm





Bring & Buy Stall

Donations in aid of church funds

There is no right or wrong way to grieve. We aim to bring the bereaved community together, with time to share experiences and to bring comfort to one another in what can be an isolating and lonely time. There is no agenda, just tea, cake, chat and friendship. All are welcome, and please use this as an opportunity to invite someone.

Good Grief Cafe



Wednesday 17th August 3.00 to 5.00 pm Contact Geoff on 01579 362698



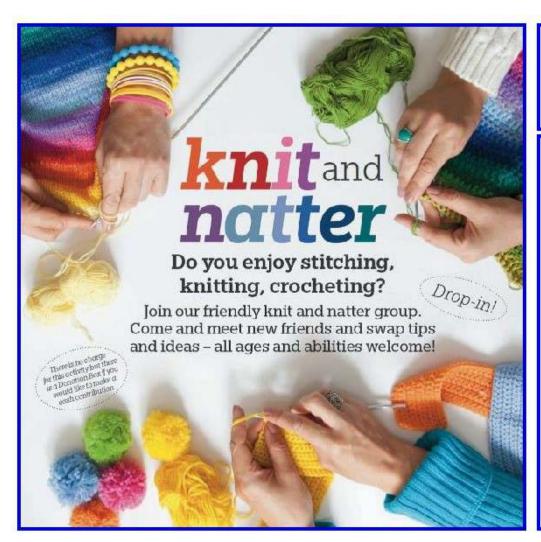
Memory Café

Thursday 25th August 2.00 to 4.00 pm

If you have memory problems or you are a carer for somebody who does and would like to meet others who understand your situation then join us at St John's Church

Contact Geoff 01579 362698





Tuesday 30th August

St John's
Church
Pensilva
on the
last Tuesday
of the month
2.00
to
4.00 pm
Contact Kathleen
01579 363686



St Ive Methodist Chapel

Services	for	August	2022

Sun 7 th August	10.30 am	United Circuit Service at St Germans for Rev. Iris Bray's farewell.
Sun 14 th August	3 pm	Mr Geoff Williams
Sun 21 st August	11.15am 6pm	United Service at St Ive Church United Greenshoots Service at Blunts with Prof. Noel Morgan.
Sun 28 th August	3 pm	Keth Mutton

ST JOHN'S CHURCH, PENSILVA

A united congregation of the Church of England & the Methodist Church

Services for August 2022

Sunday 7th 11.00 am Mr David Wenmoth

Sunday 14th 11.00 am Café Church Geoff Cox & Carol Morse

Sunday 21st 11.00 am Rev Martin Sellix

United Parish Holy Communion, St Johns with St Ive

Sunday 28th 10.00 am United Circuit Service at Connon Methodist Church

5.00 pm Food for Thought

Thursdays 10.00 am Morning Prayer Fellowship

AUGUST EVENTS Please see posters on other pages for full details

12th Friday 3.00 - 5.00 pm Afternoon Tea 17th Wednesday Good Grief Café 3.00 - 5.00 pm 25th Thursday 2.00 - 4.00 pm Memory Café 30th Tuesday Knit & Natter 2.00 - 4.00 pm

For further details of the services and events at St John's, or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718

Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please leave a note at Millennium House reception, ring the Parish Office on **01579 363096**, or email **parishpump@btconnect.com**.

*** Please let us know when your item has sold ***

Car roof box. Opens both sides. Only used once. Full instr's. L 2300mm W 820mm H 360mm. £50. 01579 362217.

"OASE" **Pond Pump.** Filtral UVC 9000 multi-function under-water filter. **£25 ono**. **01579 363626.**

Axminster 2 speed forward and reverse drill, in GWO £10 and a Power Planer PPL800 - 800W in GWO requires a new blade £10 or £15 for the two items.

2 Empty Dewalt Tool Cases, 1 general tool box with free Dewalt cordless drill no battery. £30.

10 wooden **moulding planes** Usable cond. 1 wooden spirit level & scribe. **£50**.

Small boat anchor 19" h x 13" w. £15.

Six coils of **industrial steel cable** now surplus to requirements £35 the lot.

01579 384658 (Safe Distancing if reqd.)

Zanussi **Washing Machine**. Load 6kg, Spin 1200. Little used, good working order. Buyer collects (Pensilva), Bargain at £35. 01579 363281.

3-piece cane suite. 2-seat settee & two single chairs. Ideal for conservatory / lounge. Washable cover. Fire resistant. In good condition. **£50** the set. **01579 362819.**

Andrew James 3 litre **deep fryer**, never used and in VG cond. **£20**. Bosch Tassimo **coffee machine** used

but in VG cond, Plus coffee, tea & creamer pods. £15.

07561 559488 - Buyer collects (Pensilva)

Single bed & headboard. Never used. St. Ive area. £15 ono. 07522 484979.

Ladies Superdry Jacket. Size Med. Good condition. £15. 01579 346982.

Black Beko **fridge freezer** with water dispenser, excellent condition no damages etc. **£50**.

Motorbike jacket (ladies) Raven, black with pink details on it,size 12.VGC no damage or tears etc. **£20**.

Ladies Rocketdog wedge **flipflops** black with red and mixed colour beads on material, size 5.still in box as new paid £10.

Upton Cross/Minions area 07368 528398.

Canon IP2700 Printer. £20
Computer screen 19" £20.
Epson Perfection v350Scanner Photo £20
Sony Revia 42" TV. £45.
All in working order. 01579 363200

Set of 3 **suitcases**, red, vgc, Antler, **£40 ono. 07770 747353.** Pensilva area

Colin Swinburne Electrical Services





All aspects of domestic and commercial electrical work.

Inspection and testing (EICRs), fault finding, new installations, rewires, consumer unit replacement, additional sockets, lighting upgrades, garden power and lighting, extractor fans and more.

Electrician in Pensilva. Free advice and quotes.



CSES@btinternet.com 07974499138



ADVERTISE HERE!

This box for just £20 per month incl. VAT (£16.67 Net)

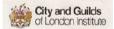
2 MONTHS FREE for a 12 month order.

i.e. £16.67 per month incl VAT for 12 months (£13.89 net)

See the full tariff on page 3

One thousand copies per month distributed free of charge to households in the Parish of St Ive.

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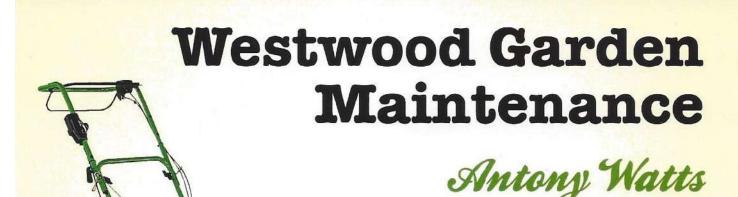
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