THE PARISH PUMP



April 2022 Edition 485



The Newsletter for the Parish of St Ive



Pensilva WI's Charity Shop Fashion Show at Millennium House. All the clothes were bought from charity shops and are modelled here by the ladies of the WI themselves. Just three short of a calendar?

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

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James Bruce	07411 192645	Marlene Carr	01579 362919
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Ron Greenhough	01579 363096	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Paul Mann	01579 363757
Craig Vaughnley	01579 364083		

Meetings of St Ive Parish Council

Meetings are now being held when possible. Please see the Parish Council website for meeting dates, agendas and minutes.

http://st-ive-parishcouncil.gov.uk/minutes-agendas/



T 101 Minicom 18001 101

Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173. email: CIOSNBMLLST@devonandcornwall.pnn.police.uk
To report a crime call 101 or go to www.devon-cornwall.police.uk
In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

PARISH PUMP ADVERTISING COSTS

The prices for advertising in the Parish Pump are as follows:

The below prices include VAT at 20%:

Quarter page: £10:00 per month or £100:00 for 12 months.

Half Page: £20:00 per month or £200:00 for 12 months.

Full Page: £33:00 per month or £330:00 for 12 months.

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House, or Millennium House reception.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY **15th of every month**

From the Editor

With recent increases in energy prices so much in the news, and the likelihood of more rises to come, the advertisement on pgs 14-15 for UK Greendeal comes at an opportune time. If your house is poorly insulated, you should take advantage of this scheme to save money on your heating costs, and help to reduce carbon emissions at the same time.

The energy crisis has sparked a lot of debate about what would be the right way to tackle the problem. There are, essentially, three options: 1) to continue to rely on other countries to supply us with energy, and hope that the regimes in those countries do not exploit our dependence on them; 2) to use the current crisis as a launchpad for the greening of our economy, that has been promised (and delayed) for a long time; 3) to reopen some of our own native sources of hydrocarbons (and push option 2 even further into the future). There are supporters for all three options, and I am not going to take sides here, but what strikes me is this: We humans consider ourselves to be the most intelligent species ever to have lived on this planet, and we could well be right, because we are actually very good at that kind of investigative scientific analysis. But all that really means is - that we are really good at doing what we are really good at. There are other areas where the evidence suggests that we are unbelievably useless. For example, we are rubbish at solving social problems, and we still, as a race, have not found a way to govern ourselves without causing a ridiculous amount of damage in the process. The energy crisis is just one example of that just now. Could do better!

The energy crisis is just one example of that just now. Could do better! Keep well - Joe

St Ive Village Hall				
Gardening Club	1st Monday monthly 7:30pm	01579 382762		
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum		
Yoga	Tues 4:30-6.00 & 7:00-8:30pm	07947 785554		
Post Office	Wednesday 10:30 - 11:30 am			
Coffee Morning	Wednesday 10:30 - 12:00			
Art Group	Fridays 11:00am - 4:00pm	07772 639942		
Social Evening	Fridays from 7:30pm	01579 384810 Rosemary		

St Ive Village Hall is available for hire, £5.00 per hour. Includes use of the kitchen & electric (except wall heaters which are on a £1 coin meter). **Ring Amanda Eveson on 01579 388782**

Chairman's Report April 2022

With the invasion of Ukraine by Russia, March 2022 has witnessed the appalling atrocities that one nation can inflict on another, and the suffering of men, woman and children displaced from their homes and facing an unknown future that they are powerless to control.

In our own way, our community has pulled together with people from around the world to help the fleeing refugees. The response to our request for items to send to the countries neighbouring Ukraine was outstanding: within two days we had a room full of clothes, toys, blankets and toiletries. Volunteers sorted the items into boxes ready to be shipped. Thanks go to the donors, the volunteers, to Andy King who provided the boxes and took the filled boxes to Bridgewater for onward shipment, and to Darren's Cars and Liskeard Auction Rooms who also took some of our boxes.

The Coffee and Cake Day on the 12th was another success: £1,066 was raised and passed to the Disaster Emergency Committee (DEC). A thank you goes to the volunteers, those who brought donations and those who supported the Coffee and Cake Day.

In the light of all that, it seems odd to talk about our normal lives, but our Jubilee Committee has been working hard, planning events for the few days from June the 2nd to the 5th. We need your help! Get together with your neighbours to decorate your street. If there is anyone who was born on Accession Day, 6th February 1952, please let me know. Look out for our publicity flyers with further details and see the notice on page 7.

Stay safe - Alan Moss (Parishjubilee619@gmail.com)

Opening times for the Mel Bar at Millennium House

Thursdays 5 - 11 pm.

Fridays 5.30 - 11 pm.

Saturdays 5 - 11 pm.

Also Tuesdays 5 - 11pm but only when the Function Room is in use.

These times may change depending upon footfall.

Exciting New Community Farm in Pensilva!

We are a newly formed Community Benefit Society called Tregovenek (meaning Place of Hope). We are setting up a small community farm and gathering space near Pentiddy Community Woods, Pensilva. This will have the health and wellbeing of the local community, the land and its wildlife at its heart.

We would love for more people to get involved! We work in small groups, all connected to a core group. These groups currently cover community engagement, legal and governance, media and communications and ways of working. We specifically need support in business planning, finance, fundraising and communications. Don't expect boring meetings, we are purposefully exploring ways of working that keep us energised, supported and constantly learning. This is a new and different type of project!

We are working with other local groups, including the Parish of St Ive Community Resilience Project, the Growing Project and Pentiddy Woods. It's all about connecting what we have and strengthening connections for the future.

On the 21st/22nd May, we will be offering a free 'Introduction to Permaculture' course for local people who are interested in joining a new design team for the project or in creating their own projects. Permaculture is a design process ensuring that any projects, from food growing to building design, consider people and planet, creating a sustainable, fairer world for us all. This lively and participatory weekend will be taught by local Permaculturalist, Klaudia VanGool and held at Pentiddy Woods, an established permaculture project in Pensilva.

If you are interested in getting involved and possibly contributing to an existing working group, there is an opportunity to join us on the land for an 'Introduction to Tregovenek' on either Sunday 24th April (1-3pm) or Friday 29th April (1-3pm).

To book your place on the permaculture course or to let us know you would like to come to the Introduction to Tregovenek, please email mail@tregovenek.org.uk or call 01579 363775. We look forward to meeting you!

For further general information, please visit www.tregovenek.org.uk.



THURSDAY

Children's Disco 4:40-6:30pm

FRIDAY

Morning: Tabletop sale 10-2pm

Afternoon: Children's Bingo

JUNE Evening: Family barn dance with live Ceilidh band, bar



Jubilee Celebration Day! Including stalls, Grand Decorated whellbarrow pageant, choir, and bouncy castle

SUNDAY 5TH JUNE

Big Jubilee Lunch

Complete details to follow - But we need your input and suggestions:

- Do you want to have a stall on the Saturday?
- Can you recommend entertainments, band or singer?
- Enter the Garden in Bloom or the scarecrow competition, (see entry forms)
 - Do you have any ideas we can add to the celebrations?
 - Get together with your neighbours to Decorate your house, or street. Let us know, send them to parishjubilee619@gmail.com

PENSILVA IN BLOOM ENTRY FORM

Entry piece must be on display from 28th May to end of Jubilee.
Return completed form to MH reception or coffee shop.

Judging will take place during the week commencing Monday 30th May, and the winner will be announced at the Jubilee Lunch. The Judges' decision is final.

Entry Category (multiple allowed):

Garden Hanging Basket Tub / Trough

Name:

Address:

Postcode:

Visiting notes:

PENSILVA CARNIVAL SCARECROW COMPETITION ENTRY FORM

Scarecrow must be on display from 29th May to end of Jubilee Weekend. Please return entry form to MH house reception before 27th May.

Photos will be displayed at Millennium House reception during Jubilee Weekend for public to judge.

Name:	
Address:	
Postcode:	THE PARTY OF THE P
Telephone:	
Email:	

Pensilva Film Club

A good number congregated to watch this month's movie "Amonite". Whether this was due to the subject matter, better weather and lighter evenings, or simply a lack of inspiring TV, I do not know. But I was very glad to see everybody and this is a great encouragement to the small team that organises the film nights. For me personally, I thought the film was a little slow at times with many almost silent scenes, but this did not distract from an outstanding performance by the leading lady, Kate Winslett. I tend to somewhat underestimate this "home grown" actress but I will certainly hold her in higher regard from now onwards.



This month's offering is very different. We are pleased to be showing a somewhat lesser-known film called "Tracks", a biopic which follows the journey of a young Australian woman who decides to trek solo across the vast Western Dessert to the ocean. One review of this film I've read describes it as "achingly beautiful" so I am expecting great things! The showing is on Friday April 22nd. As usual, doors open at 7pm for a 7.30 start. Price for admission is £3 for C-fylm members and £6 for new members. The bar will be open for drinks both pre and post show. Hope to see lots of "old" and new members alike.

Pensiva Film Club - in association with C-Fylm; part of Creative Kernow

TWELVE YEARS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife which I see at my home on the edge of Pensilva on a daily basis. This month I thought I would share some observations of one of our most common mammals... THE FOX



Although I have kept records throughout the time I have lived here, I have not always had a trail camera. As most of my sightings of foxes are on this camera (including the one above) changes in numbers over the years reflect when I had a remote camera rather than reflecting any changes in the local population. Given that this is definitely not an endangered species, this is not too much of a worry.

Foxes have mastered the art of living alongside man, take advantage of what we throw away, and can be more densely populated in towns and cities than they are in the countryside. However our country foxes tend



to be much better looking than their often rather tatty-looking city cousins.

Foxes occasionally come through our garden in broad daylight and have been known to look in through the lounge door! This vixen is marking her territory by urinating at the bottom of a bank about a metre from our kitchen window, from where the photo was taken.

In June 2010 I was able to watch a family of cubs from the back bedroom as they played below the house. On one occasion they were joined by a roe deer and one young cub approached it with a mixture of curiosity and caution, probably never having seen a deer before. The deer took no notice!

In Jan 2016 I was privileged to see two foxes mating in a field next door.



During mating, the tip of the boned penis usually becomes engorged, causing the two to become locked together for anything from a couple of minutes to an hour and a half. This pair were already locked

together when I first spotted them and despite occasional snarling struggles did not part until 20 minutes later. When they did eventually part (with some difficulty) they moved about 30 feet apart from each other to 'lick their wounds'. However, they did then leave together. Indeed, foxes are known to often be monogamous. About 5 minutes later, a pair of foxes were seen sniffing the ground where the mating had taken place. However, I could not tell whether it was the same pair or a different one.

It is in winter (when most breeding occurs) that the characteristic barking and screeching of foxes can most often be heard. Foxes can breed at other times of the year, but most commonly do so in winter. About four or five young are born in an underground maternity den in spring, after a gestation period of 45 - 50 days. They tend to live in a loose family group comprising of a breeding pair and their young. By autumn, the cubs will be self-sufficient and some will leave to establish their own territories, whilst others will remain. Foxes are not long-lived mammals and often only survive in the wild for about three years.

Foxes are resourceful animals, adapting to take advantage of any opportunity. They will eat anything from beetles and birds to rabbits and rats. They may not be too popular with you if they get in amongst your hens, but they do play an important role in keeping the numbers of some other species under control.

HAPPY WILDLIFE WATCHING!
HILARY



St Ive & District Gardening Club Report - March 2022

Monday 7th March was the AGM for our Gardening Club, the first AGM since 2020, due to Covid. Like organisations everywhere, our club was hit by Covid, as was clear from the committee's reports: visits that couldn't take place, meetings not held, events that didn't happen, less people attending... But, unlike some, our club is still around, so visits, meetings, events & people are back! Through the last 2 years Mike (President), Jayne (Treasurer) & Veronica (Secretary) have continued in their posts for which we are all grateful. Mike and Veronica were re-elected, while Jayne stepped down from her post after many, many years. The club thanks her for everything she has done (an incredibly long list!). Judith volunteered to be our treasurer for the coming year. After the AGM, our guest speaker was Claire Woodbine from the National Garden Scheme (NGS). One of our visits last year was to an NGS garden, but I don't think any of us really knew much about the scheme. Claire explained that it is a charity that has been around since 1927, but the idea goes back to 1859 and a man called William Rathbone. He was a rich man and when his wife became very sick he paid for a private nurse to take care of her at home. When his wife sadly died, William realised that few in the area would have been able to afford this amazing, private nurse and he decided that was not OK. This particular nurse was so good to his wife that he paid for her to become what we would now call a community nurse for the area. William felt strongly that he wanted every community to have this service and realised that training would be needed, so he wrote to Florence Nightingale! She replied, with advice & supported William whilst training for district nurses was set up in Liverpool. William & Florence became friends. The training needed funding, so fundraising for district nurses began. Elise Wagg was a big fundraiser and keen gardener. She saw potential in people paying to visit others gardening, with the money going to the district nurses. George VI supported the idea and the NGS was born. Gardens were opened in 1939 to aid with the war effort. In 1948 the NHS began to pay for nurses' salaries, but it was clear that more support was needed. So, the National Garden Scheme continued: open a garden, charge for entry, with proceeds to good causes, predominantly to the NHS. Claire explained that the NGS includes a vast variety of gardens right across the country: small, big, vegetables, water features, wildlife in abundance. All raise funds for good causes and are a great way to improve mental and physical health. Many gardens in the Scheme open in Cornwall & Devon as well as further afield. Look out for the yellow booklet or visit ngs.org.uk. Many are dog-friendly & refreshments available too.

What is St Ive & District Gardening Club?

At the end of every report I write 'visitors & new members welcome' and 1 or 2 new faces have come along, which is great. For the vast majority of my life I have known about Gardening Club which, I'll admit, I thought was a group of gardeners who knew the names (including the Latin names!) of every plant, tree & shrub in the world! I thought it wouldn't be for someone like me whose idea of gardening is digging a hole in the ground to plant something with pretty flowers, having no idea what the name of the plant is! I wanted to try some new things so I went along to a Gardening Club meeting. Yes, I had misjudged it. This is the reality: In summer, monthly visits to local gardens, usually just our group. What's not to like about warm summers evenings surrounded by beautiful gardens? In winter, guest speakers from a variety of sectors, gardens, wildlife, environment, produce & sometimes nothing to do with gardening! And you don't need to know the Latin name of anything! There is a mini raffle with prizes which might include chocolate, plants with pretty flowers or bird boxes! If you wish to join it's just £5 a year. Garden visits are extra but if we have enough members it could be free again! Or just come along once for a garden visit or guest speaker. We meet on the first Monday of the month. Our first garden visit of the year is on 4th April to The Glebe at North Petherwin. Meet: St Ive Park car park. Leaving at: 5:30pm. Entry (with refreshments): £5. Wear good footwear, it might be wet underfoot.

The Future of St Ive Church.

Many of you will remember that a number of years ago St Ive Parish Church had to close. It needed major repairs and had no money left. A group of dynamic people set to and worked hard to raise money and re-open the church. There have been years of cream teas, table top sales, and lunches that have kept the finances topped up, and brought people together. But now that dynamic group are no longer in their 60's. They are in their 80's and 90's and some are gone to glory!

St Ive again faces a kind of end. The congregation of around a dozen people meet once a month for a communion service as we don't have folk who are able to open up and set up the church more often. At the end of this year the bank account will run out of money. The electoral role have been contacted to give warning of this state of affairs two years ago, and the village was leafleted before Christmas. With no new enthusiasm for the church building or congregation, the PCC have had to take the difficult decision to move toward closure.

This will be a long process, and we will run out of money before we reach the end of it. However we have been strongly supported by Emily Estates who are building the museum to Emily Hobhouse in St Ive. They are keen to take on responsibility for the church building, on the condition that their visitors can visit the church, and the local community can continue to use it as they already do. It is exciting that there is potential for us to "have our cake and eat it"! The congregation could be relieved of the responsibility for the costly (but beautiful) medieval building, whilst being able to continue worshipping, with only the cost of ministry to find. Hopefully everyone will continue to support us through this extended period as we work to find the best solution and secure the Church's future for generations to come.

Churches are facing difficult decisions about their future all over Cornwall, but few have the hope of their building being maintained and remaining as a church. I am grateful that we have such a positive way forward. For those who value the cultural and historical nature of the church, it is going to be safeguarded. And in terms of the Christian mission of sharing God's love with our community, it is good that we will have a base from which to continue.

Rev Becca Bell



A quick thank you to **Pensilva Stores** and **Pensilva Cars** for donations to support the purchase of fabric paints for **Pensilva School** to paint pennants for the Queen's Jubilee weekend.



HELPING YOU SAVE ENERGY AND THE ENVIRONMENT

UK Greendeal is a company built, owned, and run by family and friends ensuring customers and their homes receive a personalised service with care and integrity at the heart of all we do.

Our aim is to improve people's quality of life and comfort in their own homes by reducing their energy consumption, whilst helping to stabilize our fragile planet. Much of our work comes from referrals from satisfied customers to friends and family, and we take great pride in the service that we provide.

UK Greendeal is an independent eco-surveying company. We look at all aspects of residential properties looking to improve their carbon footprint and reduce their energy emissions, assisting the government with the mammoth task of bringing all greenhouse gas emissions to net-zero by 2050, whilst avoiding any costs to our customers.

The core of our work is to utilise government ECO3 funding (and soon ECO4 once this is released by the government) to provide free fully funded energy-saving measures to you.

Once we identify possible improvements we will guide you through the funding process from the initial survey, to placing your work with a government-approved national award-winning installation company, to improve your property's energy efficiency, yet not costing you a penny.

Free options available include the following:

- Cavity Wall Insulation (Bonded bead insulation is used NOT blown mineral fibre that is unsuitable for Cornwall Fully funded)
- External Wall Insulation (solid builds Fully funded)
- Internal Insulation inc plaster boarding & skimmed finish (solid builds Fully funded)
- Loft Insulation up to 270mm (Fully funded)
- First Time Heating Systems (Fully funded)
- Electric Heating Upgrades (Fully funded)
- Mains Gas Boiler Replacement (Funded with possible contribution on a case by case basis, boilers will be checked for eligibility during your survey/enquiry.)



REDUCE YOUR BILLS AND WARM YOUR HOME.

All the insulation work we provided comes at no cost to yourself (in fact you have already paid for this through your energy bills) and will come with a 25-year guarantee backed by the governing body of insulation CIGA.

It's estimated that 25% of all heat loss from an uninsulated home is through the roof which makes insulating the roof space one of the most cost-effective solutions. It can save you around £250 a year.

Cavity Wall Insulation with bonded beads is a quick, hassle-free way of insulating your home. 45% of a property's heat can escape through cavity walls and an average property will save £300 a year with cavity insulation.

If your house was built before 1919, it's likely that it was built with solid walls. Twice as much heat escapes from solid walls than cavity walls, so internally or externally insulating solid walls can considerably cut your heating bills – you could have an additional £450 per year in your pocket.

Upgrading your heating to a more modern and energy efficient system or having

a first time heating system installed reduces both your energy consumption and bills. Our A-rated boilers are able to save you up to £350 annually, as heating accounts for approximately 60% of annual energy costs.

If we CAN help you, we WILL!! Call John your local parish surveyor today:

07462 450184

We use only the highest quality BBA products and we're a Green Deal approved installer PAS2030.



UK Greendeal work within the Ofgem regulated ECO scheme, as well as partnering with numerous local authorities to offer you free* insulation measures via your local authorities LA Flex Scheme.

* Subject to survey - Terms & Conditions apply.

http://ukgreendeal.org.uk

Pensilva WI March report

The annual meeting of Pensilva WI came around a little quicker this year, as due to Covid we only had the last one in July 2021, but a large number of members came along this time as part of the programme was a Charity shop fashion show by the Committee. Cherry did an excellent job of being compere and describing the outfits the models were wearing, where they had been purchased and the cost. They were all very different, ranging from the casual to sophisticated and expressing the wearer's personalities well.

New Committee elected: President Verna Dawe, Treasurer Jenny Rendle, Secretary Alison Willis plus Trish Thomas, Irene Elliott, Cherry Woodhouse, Frances Tucker, Jane Hall, Jean Hoare, Mary Yates and Pauline Millar.

There were 8 birthdays this month, Eileen Adgo, Janet Sheer, Elaine Burden, Violet Gold, Jenny Rendle, Mary Yates, Jill Pascoe and Pauline Millar.

Competition results for the year were announced and cups and prizes presented. Flower of the month 1st Mary Yates, 2nd Irene Elliott, 3rd Alison Willis. Monthly competition 1st Alison Willis, 2nd Verna Dawe, equal 3rd Cherry Woodhouse & Jenny Rendle.

Monthly competition results: Flower of the month 1st Sue Hill, 2nd Jean Cole, 3rd Frances Tucker. An old coin 1st Sue Hill, 2nd Sue Turpin, 3rd Rachael Palmer.

Next month's meeting at 7.15pm in Millennium House is the Group meeting with St.Neot and Liskeard joining us for 'a visit to China'. All visitors will be made most welcome.



Showing off their outfits, pictured from left to right:
Alison Willis,
Irene Elliott,
Jenny Rendle,
Trish Thomas,
Frances Tucker,
Cherry Woodhouse,
Verna Dawe,
Mary Yates and
Jean Hoare.

PENTIDDY COMMUNITY WOODLAND - THANK YOU VOLUNTEERS!

Despite challenging weather conditions over the Winter, the amazing team of volunteers have achieved so much and appear to have enjoyed themselves! The paths are so much clearer from brambles and there have been a large number of diseased Ash trees felled and processed for firewood.



So when you're enjoying a relaxing, peaceful walk at Pentiddy this Spring and Summer, spare a thought of gratitude to everyone who came out to help on the work days and of course to those who provided cake to help us through! THANK YOU!

CLEANER

JILL HARRIS

£10 per hour

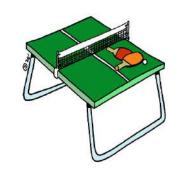
07502 436657

Pensilva area only

ST. IVE COMMUNITY SOCIAL EVENING







VILLAGE HALL







FRIDAY NIGHTS 7.30PM Funded by Contributions

QUEEN'S JUBILEE - TABLE-TOP SAFARI IN PENSILVA

Advance notice to sellers and buyers.

As part of the village Jubilee weekend celebrations, Sarah (who organised the previous very successful table-top safari) has agreed to arrange another for Thursday June 2nd, from 10-2. To this end, she would like to hear from anybody who wishes to participate in order to plan a route which can then be advertised nearer the time. The first such sale was incredibly popular and attracted lots of sellers and buyers alike. Most of the tables were located between East Park and The Vic, which made for an easy walk between them. If, however, there is anybody who would like to be involved, but lives further afield, tables will be welcome on the grass at the front of Millennium House. Should the weather prove less favourable than previously, the sports' hall will be made available.

So – take the opportunity of having a good clear-out, whatever you've got to sell will be most welcome. Sarah can be contacted on – sm.pensilva@gmail.com or via Judy on 01579 208836. See you there.

The Growing Project is looking for volunteers!



The Growing Project is on the lookout for volunteers to help with practical work and to take on management roles.

Becky Payne runs the day-to-day operations, along with five regular volunteers but, with the spring growing season just around the

corner, she is looking for some extra help with sowing, planting, harvesting and packing, as well as for anyone with DIY skills, or the expertise needed to run a Community Interest Company (CIC).

A number of innovations are planned for the coming months, including a full

upgrade of the site's utilities and facilities.

"We are a happy, hard-working team and we grow a large variety of organic crops," said Becky. "But with spring coming, we could do with a few more pairs of hands. An hour a week would be a huge help. As well as knowing they're helping a worthwhile community cause, volunteers also find

working on the land can be highly therapeutic for their own lives.



"Being outdoors, and active, eating fresh produce and working as part of a caring team, whilst benefiting the community is what we are all about. We are looking for volunteers for numerous jobs, but if you just want to come along for some relief from the stresses of life, you are more than welcome."

Anyone interested in volunteering, or in finding out more about The Growing Project can contact Becky on 07854 353865 or via the Growing Project Facebook page.

"Grow vegetables and grow people." Ruth Wilson, Growing Project founder.

Millennium House Community Transport

Do You Require Transport to and from the Doctors or Hospital?



Although we have lost the use of the AGEUK vehicle, the volunteer drivers have agreed to continue to use their own vehicles to continue to help those in need.

Millennium House Community Transport's aim is to connect local communities and reduce social isolation.

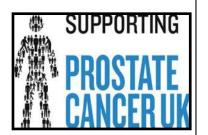
If you would like to volunteer as a driver please contact Millennium House on **01579 363096**.

If you require transport to Hospital; Doctors or Vaccination and have mobility issues, or are unable to drive to your appointment, please contact Millennium House on:

01579 362919 or 01579 363096 and we will endeavour to help.



TAPS RELAUNCH



Covid 19 has disrupted many groups and organisation. The Steering group has worked tirelessly to provide support to members through zoom meetings, newsletters and one to one telephone calls, but with regret this has not retained our members.

But, as they say, when one door closes another one opens, the fight against prostate cancer will go on through a different programme of awareness. Following the AGM meeting it was decided to promote the message by providing a presence at local shows and events, by giving talks to local organisations and groups. and through leaflets, posters and articles in local newsletters.

Can you help us defeat this cancer, if you are involved in running a local show or events and would like our presence or to give a talk to your group please let us know through one of the contact avenues below. If you or someone close to you has just been diagnosed and would like to chat with someone who is already living well with prostate cancer diagnosis give us a call we are always willing to listen and give support where we can.

Website:https:/www.tamarareaprostatesupport.org Email:tapsinfo555@gmail.com

Paul Mansell 01822 832179 Harry Lawson 01579 383258

John Stewart 01822 833343 Stephen Williams 07735 380883

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for February 2022

1st No. 1532nd No. 1573rd No. 46Mrs J MannMrs C TorpyMs M Ede

Thank you for your support

T. Tribute

K. Kids and

Y. Youth



Sunday 3rd April The
Tribute
Cluster
of
Churches

Primary aged kids: 4.30 - 6.00 pm

Secondary aged youth: 6.00 - 7.00 pm

at

Menheniot Parish Church

To book a place contact: revbeccabell@gmail.com

LENT LUNCH

Please come & enjoy a simple meal of homemade soup with a roll & cheese, coffee or tea



DELICIOUS HOMEMADE SOUPS

St John's
Pensilva
Thursday 7th April
12 noon
to 1.30 pm

Liskeard Lions present

On Friday 8th April



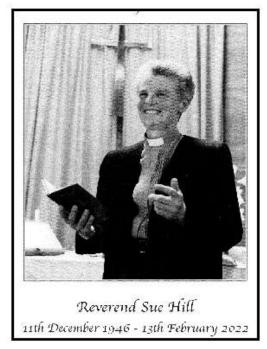
at The Public Hall, Liskeard

Free to the over 60s (Friday only). **Leaving 6.00pm from The Cross, Pensilva.**

Also picking up at 6.10pm from St Ive Village car park.

Please book as soon as possible as only a limited number of seats are available.

To book, please ring Jean Hoare 01579 362531



St John's Pensílva Sunday 10th Apríl 11.00 am

A time of worship, praise and thanksgiving in celebration of the life of the Reverend Sue Hill

World Wide Missionary ~ State Registered Nurse ~ Midwife Methodist Minister ~ Hospital Chaplain ~ Pensilva & St Ive Pastoral Visitor Readings from her journal ~ illustrated with displays of her photographs and films

All welcome

Teatime Church



For children and their families Sunday 10th April 3.45pm St John's Church Pensilva Sharing a Bible Story

Playing Games Singing and Praying Together Eating Tea



Teatime Church will be held on the 2nd Sunday of each month at St John's Church

For more information contact: Rev Becca Bell

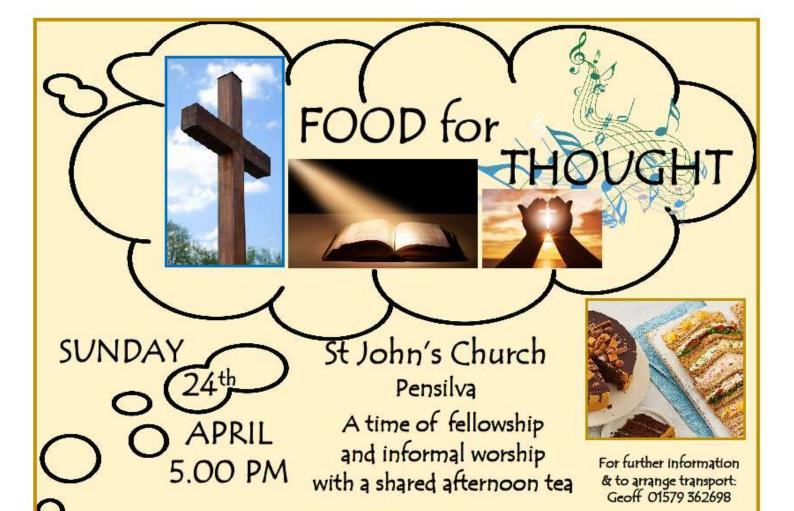
Rev Li Selman

revbeccabell@gmail.com revliselman@icloud.com



There is no right or wrong way to grieve. We aim to bring the bereaved community together, with time to share experiences and to bring comfort to one another in what can be an isolating and lonely time. There is no agenda, just free tea, cake, chat and friendship. All are welcome, and please use this as an opportunity to invite someone.

Wednesday 20th Apríl 3.00 to 5.00 pm Contact Geoff on 01579 362698



Tuesday 26th April

St John's
Church
Pensilva
on the
last Tuesday
of the month
2.00
To
4.00 pm
Contact Kathleen

01579 363686





Colourful Rainbow Run returns to Cornwall this summer

One of the UK's most colourful fundraising fun runs returns to Cornwall this summer. Rainbow Run is making a return to RAF St Mawgan near Newquay on June 18 after a two-year break due to the pandemic. Anyone over the age of five can take part and participants will get covered in powder paint as they walk, jog or run through different coloured paint stations along the 5km route.

Around 1,500 people took part in the 2019 event, raising £80,000 for Children's Hospice South West (CHSW) who run the Little Harbour children's hospice in St Austell. Rainbow Run is sponsored by Ann's Cottage.

Children's Hospice SW event fundraiser Kiley Pearce says: "Rainbow Run is the brightest fun for everyone and we cannot describe how much we are looking forward to bringing the event back to the people of Cornwall. It is such a fun event, and to see people reunited with friends and family, having fun and helping to raise vital funds will just be fantastic. If everyone could raise just £20 in sponsorship that could help fund one hour of care for children at Little Harbour."

Covid safety measures will be in place but there is also an option to take part in a virtual Rainbow Run at home. Early bird discount tickets at a 25% discount, £15 for adults and £10.50 for children, for a limited time only. Capacity for this event is limited and tickets must be booked in advance at www.chsw.org.uk/rainbow



St. Ive Church

Sunday 17th April Easter Sunday Service 10:30 am

We will be delighted to welcome congregations from our outer Cluster Churches

Please note the earlier start time.

St Ive Methodist Chapel Services for April 2022				
Sun 10 th Apr	3 pm	Keith Mutton		
Sun 17 th Apr	11:15am	United Service at St Ive Church		
	6.00 pm	Green Shoots, United Service at Bealbury Methodist Chapel		
Sun 24 th Apr	3 pm	Mrs Barbara Snowling		

Chattermakers craft / chin wag group meet at Chapel fortnightly from 7:30pm. All are welcome - in fact, the more the merrier! For more details, please ring Kathryn on 01579 382334.

ST JOHN'S CHURCH, PENSILVA

A united congregation of the Church of England & the Methodist Church

Services for April 2022

Sunday 3rd 11.00 am Rev Andy Day

Sunday 10th 11.00 am A Celebration of the life of the Rev Sue Hill

Sunday 17th 10.30 am Easter Day united service at St Ive Parish Church

Sunday 24th 11.00 am Mr David Wenmoth

5.00 pm Food for Thought

Thursdays 10.00 am Morning Prayer Fellowship

APRIL EVENTS

Thursday 7th 12 noon - 1.30 pm Lent Lunch

Sunday 10th 3.45 - 5.00 pm Tea Time Church for children & families

Wednesday 20th 3.00 - 5.00 pm Good Grief Café Tuesday 26th 2.00 - 4.00 pm Knit & Natter

Thursday 28th 2.00 - 4.00 pm Memory Café

For further details of the services and events at St John's, or if you know of any illness or need in the village, please call Geoff, 362698 or Frances, 363718

Millennium House Coffee Shop Opening Hours

We are open Tuesdays, Wednesdays and Fridays, 9am to 1pm (to coincide with Post Office days).

Our intention is to open more days and for more hours as soon as Covid regulations allow.

Covid precautions are in place at all times, providing a safe environment for our customers.

All Being Well

We are still open for three mornings a week. A maximum of six members can now attend at one time.

Opening hours:

Monday, Wednesday and Saturday, 9am to 1pm.

Maximum six members at a time for each of three slots within each session: 9:00 to 10:20, 10:20 to 11:40 and 11:40 to 13:00

Prior booking is essential

To book yourself in or for any enquiries, call in at the gym or telephone on **01579 363890**, during the opening hours listed above.

22 years working in our local community to improve health, fitness and well being.

Badminton has restarted at Millennium House

Come and join our relaxed and friendly group.

Mon & Tue 7:30 - 9:30pm

For further info phone Nigel or Carol on 01579 363594 or 07885 798370

PENSILVA VILLAGE HALL

We are now open and back in business!

Anyone wishing to book the hall for meetings, birthday parties or fundraisers, please contact Peter or Jackie Browning on 01579 363212 or email peterpensilva@gmail.com



Please note that as well as hall rent there is a coin meter for

MOBILE LIBRARY



The County Mobile Library visits our area every four weeks, always on a Friday. You can now browse the shelves again, but you can still preorder books if you prefer.

Next visits: April 8, May 6, May 27 and July 1. (The last two dates have been changed due to the Jubilee weekend.)

Stops at The Victoria Inn, Pensilva from 10.25 to 10.45 am; and Quethiock bus stop from 11.00 to 11.20 am.

• iSightCornwall

Struggling with Sight Loss?

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

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Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk



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All Being Well Fitness Centre



Post Office



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www.millenniumhouse.org.uk
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Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please leave a note at Millennium House reception, ring the Parish Office on **01579 363096**, or email **parishpump@btconnect.com**.

*** Please let us know when your item has sold ***

Windows 10 Computer Tower, 19" Dell monitor, Mouse & Keyboard, all for £50. All in full working order. 07483 832642.

Pine **Dining Table** with 2 Carver Chairs Excellent Condition. £75. 01579 389231.

Panasonic Electric Typewriter. £50
Casio Electric Organ with stand £100
01579 363372.

Wood and cast iron **Patio Set.** 2 chairs, bench seat and table. Buyer collects. **£45 01579 363626.**

Ladies Superdry Jacket. Size Med. Good condition. £15. 01579 346982.

Canon IP2700 **Printer. £20 Computer screen** 19" **£20**.

Epson Perfection v350**Scanner** Photo **£20**Sony Revia 42" **TV. £45**.

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Set of 3 **suitcases**, red, vgc, Antler, **£40 ono. 07770 747353.** Pensilva area

Set of **Snow chains**, new and unused. Fit 14" to 19" rims, self adjusting. **£40**Pensilva **01579 362207**

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VICTORIA INN

The Cross, Pensilva. Tel: 01579 363933

Opening Hours

Mon & Tues: Closed

Wednesday: Lunchtime: Carvery from 12-2pm (see below)

Evenings: 5pm to 9pm

Friday: 5pm to 11pm

Saturday: 2pm to 11pm

Sunday: 12 noon to 6pm

Times may vary when we have functions / live music.

Meals on Wheels Service

Wednesday to Sunday (varied menu)

Please give us a call if this may be of interest to you or if someone that you know may need our help.

Our full menu is also available for delivery or to eat in.

Wednesday Evening - Homemade Pie Night (varies weekly)

Also includes a dessert. £9.95

Please check our weekly 'Specials'

Thursday Evening - Curry Night (Eat in or Takeaway) £6.00

Friday & Saturday Evening - Fish, Chips & Peas Special

Small £5.95, Large £7.95. Add a dessert for £1.00

Sunday Carvery 12noon to 3pm £9.50 (Collection, Delivery or Eat in)

Wednesday Lunch

This will be on the forst Wednesday of each month. More will be added if necessary. April 6th 12-2pm.

Please phone 01579 363933 to book.

Live Music

Saturday 2nd April - True Collision Friday 15th April - Black friday



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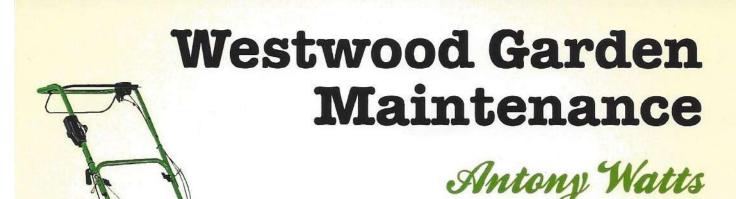
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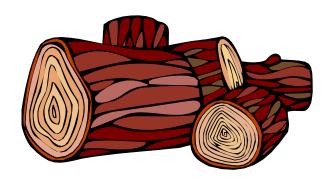
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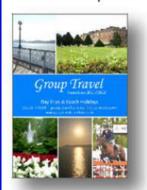
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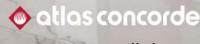
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Please let us know about any trees that you plant within the Parish. We will include them in our own survey and we will notify the Forest for Cornwall on your behalf, if appropriate. email posicrp@gmail.com or message us on Facebook www.facebook.com/posicrp or phone 01579 364016.

Pictures very welcome.

