

THE PARISH PUMP



May 2021
Edition 474




The Newsletter for the Parish of St Ives

Sorry, but the Parish Pump is online only, until further notice.

the arc presents

Poltroon

a play by simon parker
directed by olivie mcgarlane




The arc will premiere Simon Parker's new play at Sterts this summer

More details
inside this edition

from the team that brought you *third light* and *gonamena*
a bittersweet cornish story of lasting male friendship
july 6 7 8 9 (7.30pm) 10 (2pm + 7.30pm)
food and drink and live music from 6.30pm
book your tickets by calling sterts on 01579-362382
or visit www.sterts.co.uk

Sterts - July 2021

gratefully supported by



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STERTS

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

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Meetings of St Ive Parish Council

Meetings are now being held when possible. Please see the Parish Council website for meeting dates, agendas and minutes.

<http://st-ive-parishcouncil.gov.uk/minutes-agendas/>



Devon & Cornwall Police
Building safer communities together

 **101**

Minicom 18001 101

Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173.

email: CIOSNBMLiskeard@devonandcornwall.pnn.police.uk

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

LOCAL BABYSITTER

Hi, my name is Megan and I live in Pensilva. I'm studying a level 3 childcare course at St. Austell College. I'm 17 years old and I'm available most evenings for child or baby sitting.

I charge £4.50 per hour for hours between 19.00 and 00.00. After midnight £7.00 per hour.

Phone 07401 295024

From the Editor

This time last year we were just a month or so into the first lockdown and most of us probably didn't think that, a year on, we would be emerging from a third lockdown. (Is it the third? I may have lost count). In the interim, a myriad of other rules and regulations have come and gone, and many restrictions are still in place governing various aspects of our lives. Looking back, much of what was said at the time about the likely impact of the pandemic has been proved to have been over-optimistic, at least in terms of timescales. Later on, improving statistics were interpreted by some as a sign that the problem was behind us, while others warned of a second, and even a third wave. In the course of my life I have rarely (if ever) been accused of being overly pessimistic, but often of being "a born optimist." And it's true! By nature, I tend to see the positive side of most situations, and I certainly try to see the good side of people, at least until the evidence against becomes overwhelming. On the whole, I find that the disappointment of being brought back down to earth, when things turn out to be not so rosy, are generally outweighed by positive feelings about whatever is coming up next. Nevertheless, in the early days of the pandemic, I found myself on the "pessimistic" side of many discussions with friends. Far from feeling that this thing would be no worse than the familiar annual outbreaks of winter flu, I instinctively felt that this would be a major historical event, and plenty of epidemiologists out there were saying more or less the same thing. But "experts" were a bit out of fashion at the time, and their views were glibly discounted by many journalists and politicians. All of which, got me thinking about how pessimists tend to accuse optimists of wearing rose-tinted spectacles (what's that about?!) but if anyone accuses the pessimists of being excessively gloomy, they will usually retaliate by claiming that they are "just being realistic". And so it has come to pass that the prophets of doom have hijacked the respectable, obvious and manifestly correct middle way that is "Realism," while those of us who, like Eric Idle's crucified thief in the Life of Brian, prefer to "look on the bright side of life" are portrayed as "hopelessly unrealistic" and enthusiasts for a style of eyewear that, if it ever existed, must have gone out of fashion in the 1970s!

Back in 2012, someone at Merryhue Farm presumably had an idea about helping struggling veterans to adapt to civilian life, by helping them to use the skills they acquired in the armed forces to benefit the most vulnerable in society. Undeniably, it was an optimistic vision; a lot of work would be required and nothing might come of it. Getting on for ten years later, "Battling on" has won another national award for the fantastic work it does. Congratulations to all concerned; we are honoured to have an organisation like this in our Parish. (See report on the next page).

Keep well. Joe

MERRYHUE FARM'S "BATTLING ON" WINS PRESTIGIOUS AWARD

Battling On, a not for profit organisation based in our Parish, has won another national award for its work with veterans of the Armed Forces from Plymouth, West Devon and Cornwall who are struggling in civilian life.

The award was presented by Social Farms & Gardens, a UK-wide charity supporting communities to farm, garden and grow together. The awards ceremony had originally been planned to mark the organisation's 40th birthday in 2020 but were postponed due to the pandemic. Held virtually on 25th March this year, an eighth category was added to the usual seven, namely the "Covid Response Hero", awarded on the night to recognise the incredible efforts made by the winner to support communities through the pandemic. It was this award that went to Battling On.

Chris Blythe, Director of Social Farms & Gardens, says "How our members have supported their communities through the pandemic – nurturing safe outdoor spaces for our well-being, staying connected with vulnerable people, as well as growing and distributing freshly grown produce to families in need – has revealed the value of spaces that connect people and nature. SF&G's postponed 40th Anniversary Awards Ceremony was an excellent opportunity to recognise just some of the achievements and efforts of these groups over the past four decades."

Judges felt that Battling On addressed a huge range of needs in its community, exacerbated by the Covid 19 pandemic. *"While providing solutions to many immediate needs such as providing food parcels and activity kits, the team also took a strategic approach building partnerships with other organisations and showed a real ability to engage volunteers."* As well as being a hero to many people with immediate needs this past year, Battling On's activities have left local support networks stronger than a year ago.

As Battling On has grown it has developed a unique model to support not only veterans but the wider community. Battling On utilises the skills of veterans by training them to support the most vulnerable members of our community such as the elderly, individuals with life limiting illnesses or disabilities, vulnerable young people etc.

To list a few of Battling On's activities, over the last year they distributed 500 creative learning packs to support young people, provided 200 arts and craft packs to those shielding, with weekly art/ craft lessons provided via Zoom, provided 1200 veterans cooked lunches and distributed over 250 festive food boxes with frozen Christmas lunches to the elderly and provided a 24/7 crisis helpline.

Nikki Markham, the Founding Director, said on receiving the Covid Hero Award, "this is a tremendous honour and full credit for it should go the team of staff and volunteers who have been working tirelessly over the last year. We are based in a rural community and fundamental to farming life is the ethos of pulling together to overcome adversity. You couple this with the veterans drive to support and serve and you have a powerful movement for change. I see this as only the beginning and as we come out of lockdown, we must continue to support those in need, and it is through grassroot organisations such as ours that we can ensure the most vulnerable are not forgotten."

To learn more about Battling On visit www.battling-on.com or contact us on 01579 384798.

The awards ceremony normally takes place in the House of Lords, but due to Covid it was held virtually this year.

The photo shows veterans David Hunt (right) and Mark Leaman (left) with the trophy and certificate, which they accepted on behalf of all the veterans and volunteers.



Simon Parker's new play will be at Sterts this summer.

The East Cornwall production company behind sell-out shows *Third Light* and *Gonamena* is set to return to Sterts with a new play this summer.

Headed by Sarah Pym and Simon Parker, **the arc's** first production, **Gonamena**, involving more than 100 performers, musicians and technicians of all ages, told the story of the Caradon mining area's boom and bust years. Written by Simon Parker, directed by Kneehigh's Simon Harvey, and with musical direction by multi-award-winning composer Simon Dobson, *Gonamena* played to packed houses at Sterts Theatre in Upton Cross during 2009.

Their second collaboration was **Third Light**. Also written by Simon Parker, it told the story of Herodsfoot, the only place in Cornwall to welcome home all its men who left for war in 1914 – earning it the title of a 'fortunate village'. Combining the talents of directors Nicola Rosewarne and Ben Dunks, the St Pinnock Brass Band, and a professional and community cast of more than 70, *Third Light* premiered at Sterts in 2014. Four years later, the company took it to Porthcurno's clifftop theatre, The Minack, for a sell-out, week-long run.

Rehearsals for the arc's latest play – **Poltroon** – have begun (via Zoom) and it is scheduled for six shows (including a matinee) at Sterts from July 6th to 10th.

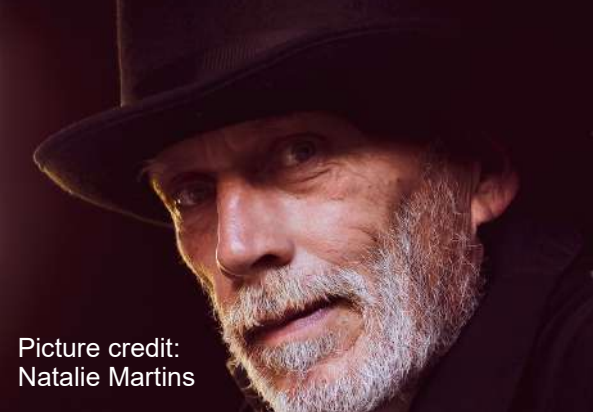
Again written by Simon Parker, *Poltroon* is a bittersweet story of lasting male friendship, set in a Cornish community. In contrast to previous outings, *Poltroon's* cast is limited to just seven performers, plus a small ensemble of singers. The set – designed by Meier Williams – is an imaginative evocation of a Cornish coastal village.

"Through humour, song, and the revealing of shared experiences, the story of *Poltroon* follows a group of old boys who have been friends for a very long time, and examines why us men often hide our true feelings," says Simon. "At its core lies the question: have you ever wondered how life might have turned out if you'd made different decisions?"

Directed by Ollie Mcfarlane and supported by FEAST and Hall for Cornwall, the arc

presents *Poltroon* at Sterts Theatre in Upton Cross from July 6th to 10th, with performances at 7.30pm, plus a 2pm matinee on Saturday July 10. Tickets, priced £12 and £6, can be booked by calling the box office on 01579 362382 or by visiting www.sterts.co.uk. These are preliminary plans, fully dependent on current restriction predictions, and may change.

Cornish actor Tim Cartwright takes a lead role in *Poltroon*.



Picture credit:
Natalie Martins

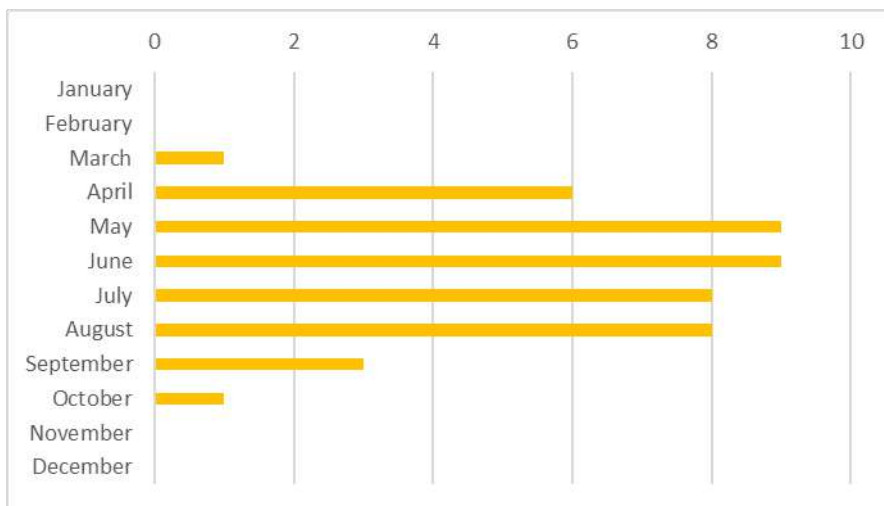
TEN YEARS PLUS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife I see on a daily basis. This month I thought I would talk about one of my reptile visitors.

SLOW WORMS



These last few weeks, slow worms have been emerging from their winter hibernation. This annual pattern is clearly illustrated by the chart below:-



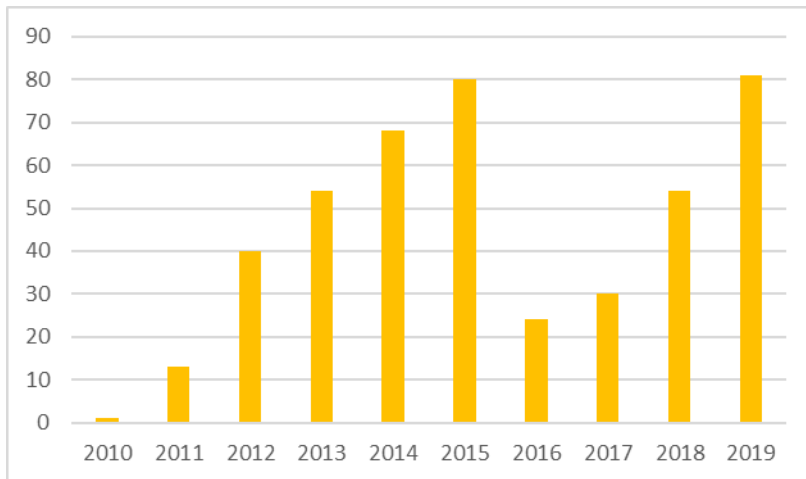
Average number of days sighted per month from 2010-19
(Averages rounded to nearest whole number)

They are neither worms, nor (as many people think) are they snakes. They are actually legless lizards. For some time this confused me as all snakes are thought to have evolved from lizards and so could arguably be described as such. However, all was explained when I discovered that the skeleton of a slow worm still shows the remnants of shoulders and pelvic girdles where their legs would have been attached. These are not found in snakes.

Despite their snake like appearance, they are completely harmless and a gardener's friend with slugs on the menu! They are beautifully marked and if you are lucky enough to spot newly hatched babies leaving the nest, they are dainty almost metallic gold looking with a fine line down their backs. The adults can grow up to about 18 inches (45cm).

Although they are a protected species, they are surprisingly common in the area. The chart below shows an interesting pattern of sightings during my first ten years of observations.

Total number of days sighted per year from 2010 - 2019



There appears to be a steady rise in numbers followed by a fall which then repeats. This may be part of a natural cycle, perhaps relating to the rise and fall of predator numbers. However it may also reflect the way in which I have observed them. Early on, a spare slate was left on a Cornish wall and quickly became a favourite spot for them to warm up under, allowing me to check it once a day. The numbers there started to dwindle and soon after I put a section of corrugated iron next to my veg patch, hoping to attract the local grass snakes. The grass snakes have ignored it, but it is a regular haunt of slow worms. It is a great way of getting to see them if you want to put a slate somewhere in your garden. Only lift the slate briefly once a day as frequent peeks are likely to frighten them away.



Slow worms gathering under the corrugated iron sheet.

STOP PRESS! - After 11½ years actively watching the wildlife on my patch, I have seen a new mammal in the area. A stoat! They may have been about all the time, but they are elusive creatures, so this was very exciting. Sadly no photo as it was moving too fast.

HAPPY WILDLIFE WATCHING!

Hilary

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children's hospice
SOUTH WEST

Celebrating

30
years

rainbow
RUN
your way

Children's Hospice South West (CHSW) is excited to announce plans for its Rainbow Run Your Way fundraiser on 19 – 20 June 2021.

Rainbow Run has become an event synonymous with sunny days and explosions of colour across three different locations in the south west including RAF St Mawgan in Newquay. Last year due to COVID restrictions the event went virtual and still raised £100,000 for the charity. This year participants will be encouraged, once again, to take on the Rainbow Run in their own way.

Open to absolutely anyone, CHSW is encouraging participants to pick a route of any distance and complete it however they wish. It will be a chance to don a bright outfit and complete your distance by running, skipping, walking, skating or riding and have fun along the way. The aim will be to raise £30,000 for each of the charity's three children's hospices, including Little Harbour in St Austell. A poignant target to reach for the charity's 30th anniversary year.

This free, fun and very colourful fundraiser is kindly being sponsored by Ann's Cottage and The Exeter, and is a fantastic way to show your support for CHSW in its Anniversary year. It will also mark the start of national Children's Hospice Week. Kiley Pearce, Event Fundraiser at CHSW's Little Harbour said; "We were overwhelmed by the amount of people that got involved last year. We could see from social media that everyone really embraced the fun and colour that Rainbow Runs are all about. To be able to raise £30,000 for each of our hospices in our 30th anniversary year really would help us to ensure that local children and families can continue to receive the vital care they so desperately need now and in the future." It is free to take part in this event but CHSW encourages everyone to register on its website to ensure they have access to event information and free resources. If participants raise £15 or more in sponsorship they will be sent a 30th anniversary commemorative medal after the event.

For more information and to register visit www.chsw.org.uk/rainbow



Making the most of short and precious lives across the South West
www.chsw.org.uk

Registered Charity No. 1003314



These traineeships are also available to young people in the Parish of St Ive.
Contact details in the blue box (bottom right) below.

Traineeships for 19-24 year olds in Looe



Finding it hard to secure a job or an Apprenticeship, but feel you need more guidance and experience? Have you thought of doing a Traineeship?

A Traineeship is a great opportunity for you to build up your skills and experience through a work placement to make you more employable.

Traineeships include Maths and English Functional Skills, Employability Skills and 70 hours voluntary work placement.

You will spend three days a week in our centre with two days per week on a work placement with a local employer.

The programme is delivered in small groups of up to 6 people in our central Looe learning centre.

To be eligible your highest existing qualifications must be at Level 3 or below.

New for 2021!
Opportunity for a 2 week work placement in Malaga, Spain.

For further information contact us on 01503 770752 or e-mail cornwallskills@wrecitd.co.uk

THE Growing Project

PENSILVA

Back to working together as a team and keen to welcome new volunteers. What does it involve? Giving half a day per week, or more if you wish to, gaining the pleasure of being part of a team, learning about growing organic vegetables, and contributing to a community project. All very exciting, challenging and satisfying.

Interested in our organic vegetables? Everything is either grown at The Growing Project Pensilva or supplied by local organic growers. What is special about organic vegetables? Their growing environment uses natural ways to be healthy, productive and sustainable. The well composted soil encourages strong fertile growth. You can buy directly from our outside stall, 7 days a week 24 hours a day - money in the letter box. Or order a box from us: large box £11, or smaller box £8.50.



To order, or for more information:
Call us on 07854 353865
Or send us a message via our Facebook page @thegrowingprojectpensilva
If ordering, please place your order by midday Monday. Collect your box on Wednesdays, 1 pm to 1.30 pm, or we can deliver within 5 miles, £2 donation appreciated.



You can find the Growing Project on Higher Road, Pensilva, PL14 5NH. On the right going up, about halfway between the shop and the Glen Park junction.

Open to all

Permaculture

Regenerative agriculture

Nurture

Inspiring

Wildlife

Education

Connection

Earth Care

Pensilva Community

Local resilience

Future Generations

Farm

Everyone is valued

Whole Community

(Temporary name)

Improved Wellbeing

Would you like to see the creation of a community owned and community run smallholding?

Why? Over the past year an idea for a new project has been forming to grow more local food, local opportunities and a stronger community, with care for each other and our environment at its heart.

Where? Pasadena (Next to Pentiddy Community Woodland at the top of Attwood lane) thanks to kind support from Geoff and Carolyn Cox.

How? Co-creating with individuals and existing community groups, progress being guided at all times by local needs.

There will be plenty of opportunities for discussion and conversation when we are able to gather together, until then you can contact:

pensilvacommunityfarm@gmail.com



No Mow May

Join legions of gardeners and say “no” to the mow this May to help our bees, butterflies, wildlife and us!

Plantlife’s #NoMowMay campaign doesn’t ask you to do much. In fact, it asks you to not do anything at all...

Just lock up your lawnmower on May 1st and let the wild flowers in your lawn bloom, providing a feast of nectar for our hungry pollinators.

Then, at the end of the month, over the Bank Holiday Weekend, you can join in with a nationwide “Every Flower Counts” survey to discover how many bees the UK’s lawns can feed. Learn more from Plantlife’s website at

<https://www.plantlife.org.uk/uk/discover-wild-plants-nature/nomowmay>

<https://www.plantlife.org.uk/everyflowercounts/>

Plantlife is a British conservation charity working nationally and internationally to save threatened wild flowers, plants and fungi . It owns nearly 4,500 acres of nature reserve across England, Scotland and Wales. It has 11,000 members and supporters. HRH The Prince of Wales is its patron.

A team of dedicated conservation experts work with landowners, businesses, conservation organisations, community groups and governments, to save our rarest flora and ensure familiar flowers and plants continue to thrive.

**Christian Aid Bluebell Walk and Pasty Supper
Starting from Penharget Cottage, 6.30 pm, Tuesday 18th May.
Bring and Buy ad Raffle.**

WHERE to RECYCLE Your PLASTICS



Recycling for Charity

Recycling household items that our council don't collect, we send these items to be recycled and raise money for our charities....

- Medicine blister packs
 - Bread loaf bags that are stretchy
 - Cheese packets & Baby Bel nets & wax
 - Crisps & all snacks packets
 - Baby food and washed Pet food pouches
 - Biscuit, cracker and cake wrappers
 - Sweet & chocolate wrappers
 - Toothbrushes & toothpaste tubes, soft tubes and pots of creams, gels, ointments.
 - Trigger sprays, hand pumps, roll on deodorants, LATEX style gloves & Marigolds
 - Cleaning wipes and dishwasher tablet packets & tubs, plastic air fresheners
- Used pens, felt tips and inkjet cartridges, mobile phones & plastic cases, cameras....



For a full list of what can be accepted visit www.south-hill.co.uk/charity-recycling and see where your nearest collection point is and regular updates on [Facebook](#)

The Recycling for Charity trailer will be in **Pensilva** parked by St. Johns church on **May 8th** at **12noon until 12:20**

Thank you for your support Ali SHARE@south-hill.co.uk 07305 044049

Helping to reduce your "rubbish" and helping our charities and planet.

TESCO stores in the SW including Launceston have added an extra in store collection alongside their carrier bags recycling cage. The additional cage is for "soft" plastics, ie not hard/rigid plastic, so this includes crinkly plastic from:

- some fruits n veg, salad items, peppers, tomatoes, celery, spinach, apples
 - film off punnets of fruit and trays of veg & meat, the tray can go in your kerbside recycling
 - sleeves and film lids off yoghurt pots, the pots can go in your kerbside recycling
 - packets from sauces, coffee, tea, noodles, rice & pasta
 - cereals, muesli, granola & oats, dried fruit, sugar in plastic bags
 - bread bags that aren't stretchy, bread rolls, crumpets, thins & naan packaging
- pretty much all the food packaging that **RECYCLING FOR CHARITY** cannot take...

The cages are located in the lobby just before the exit in the Launceston store

Stretchy plastic can be recycled with carrier bags and include

shrink wrap from cans
bubblewrap,
postal bags
frozen chips and peas packets
spuds and some fruits and vegetables bags
nets from fruit and garlic
carrier bags.



Tesco's director of quality, said: "Reducing and recycling plastics is such an important issue for us, for customers and for the future of our planet. That's why we are working hard to reduce the amount of packaging in our stores and have committed that all remaining packaging will be recyclable by 2025."

PENSILVA WILDLIFE GROUP

The Pensilva Wildlife Group has now been dissolved in order to merge with the Launceston Area Parish Wildlife Group (LAPWG). They have already been spreading in this direction and it is a bigger group affiliated to the Cornwall Wildlife Trust. This should make more frequent and more varied events available to you. If you are interested in joining, please go to their website where you will find a membership form.

For more information call Hilary on 01579 362539.

ST JOHN'S CHURCH, PENSILVA

Services for May 2021

Sunday 2nd	11am	Anglican Service with Rev Becca Bell.
Sunday 9th	11am	Methodist Service with Rev Sue Hill
Sunday 16th	11 am	Anglican Holy Communion with Rev Martin Sellix
Sunday 23rd	11am	Methodist Service
Sunday 30th	11am	Informal Service with Geoff Cox

Thursdays at 10am there will be an informal time of worship and prayer.
All welcome.

Masks must be worn and social distancing observed at all services.

For further details of the services held in St John's, or if you know of any illness or need in the village, please ring Geoff Cox on 362698 or Frances Tucker on 363718.

MUST STEP PODIATRY

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Most areas covered

Tel: 07522 577012 or 07561 608296

Could you or someone you know benefit from this Electric Vehicle?



Age UK Cornwall and the Isles of Scilly has generously provided an Electric Vehicle for use by people in South East Cornwall who have trouble getting around. The vehicle can be used by the public, not just for essential trips to doctors or hospitals, but also for shopping trips or even just for a day out.

This is how the scheme works.

The electric vehicle (pictured) is based at Millennium House, Pensilva, where charging points have been installed, powered by Millennium House's photovoltaic roof panels. The vehicle is wheelchair friendly.

The vehicle can be used by individuals or by groups, such as doctors' surgeries, churches, charities, clubs or societies. Prospective users would need to register with Age UK: this costs £18 per year for individuals and £36 per year for groups.

Once registered, the group or individual can book the vehicle at very reasonable rates: £40 for a full day (9 hours). £25 for half a day (4 hours). Or 50p per mile for short trips, like visits to the doctor or dentist or local shopping trips. These contributions are donations to support the running and ongoing maintenance of the electric vehicle. The rates compare very favourably with the cost of taking a taxi. Users will not even need to pay for fuel and the range of the vehicle is such that recharging would not be necessary except for a very long trip. You just need to make sure that you plug back into the charging point on your return.

The person driving the vehicle on behalf of the registered individual or group must hold a valid UK driving licence. Age UK will provide a short training exercise covering wheelchair accessibility and vehicle familiarisation at a location to suit the volunteer. Electric vehicles are very easy and safe to drive. Five similar vehicles are based elsewhere in Cornwall.

More information, including terms and conditions and registration forms, can be obtained from Age UK on 01872 266388 or email@ageukcornwall.org.uk; ask to speak to Lee Davies or Ann Lewis.

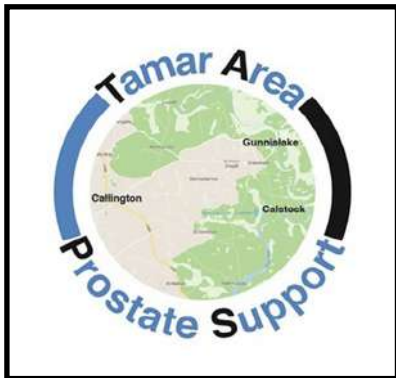


Millennium House itself will be registering as a group and is looking for volunteer drivers who could spare some time to help others. Other parish or town councils in the area can do the same. To join the Millennium House volunteer drivers group, contact Millennium House on 01579 363096 or stiveparish@btconnect.com

PENSILVA MEMORY CAFE

Like many village organisations, Pensilva Memory Cafe is unable to meet at present because of the Covid 19 precautions. We do, however, try to keep in contact with our members through the Sparkle, a news sheet telling of events in the past that happened during that month. It is entertaining and informative and guides thoughts back to those previous years, thus stimulating memories. We deliver a copy each fortnight.

If you have memory problems, or are looking after someone who does, and would like to make contact with this friendly group, call Geoff on 362698.



As with all local groups who meet regularly, COVID-19 knocked our plans sideways and we resorted to using Zoom. But with light finally on the horizon (better than at the end of the tunnel) we are hoping to restart our face-to-face meetings later this year, at Callington Town Hall.

In the meantime, we have created a new website which carries news of our Zoom meeting dates, speakers, copies of all editions of our newsletter "The Faucet", and how to make contact with the TAPS team, as well as other useful information.

If you are recently diagnosed and just want to have a chat about your treatment or your options, we encourage you to get in touch.

Find us at: -

Website: <https://www.tamarareaprostatesupport.org/>

Email: tapsinfo555@gmail.com

Phone: Chris on 01822-834797

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times during lockdown:

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

Note - Back open on Wednesdays

The travelling post office at St Ive Institute is open on Wednesdays, 10:30-12 noon.

Saint Ive Parish tree-planting survey

Please let us know about any trees that you plant within the Parish. We will include them in our own survey and we will notify the Forest for Cornwall on your behalf, if appropriate.

Contact us by phone: 01579 383967, or by email:

parishpump@btconnect.com, or via the Saint Ive Parish

Climate Action Group Facebook page. Pictures very welcome.



Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please ring the Parish Office on **01579 363096** or leave a note at Millennium House reception or email **parishpump@btconnect.com**.

*****Please let us know when your item has sold*****

***** NEW ITEMS *****

Petrol lawn mower, approx 19 ins, in working order. **£30**

Crockpot slow cooker, hardly used, excellent condition. **£10**

01579 363573

Approx. 2,200 **copper disc rivets for fibre cement roof slating**. **£10**.

5 Medium size **Kit Bags** in reasonably good condition (no cords). **£25** the five.

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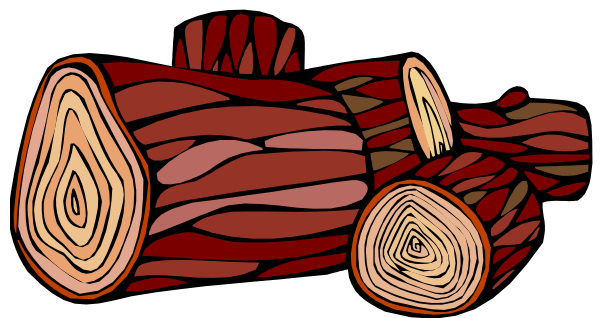
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