

THE PARISH PUMP



February 2021
Edition 471



The Newsletter for the Parish of St Ives

Sorry, but the Parish Pump is online only, until further notice.



The Song Thrush is the subject of Hilary's wildlife article this month.

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Alan Moss (chair)	01579 362064	Ivor Vaughan (vice-chair)	07979 934604
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Martin Corney	01579 382450	Rosemary Farley	01579 384810
Angie Haimes	01579 362459	Peter Haimes	01579 362459
Tony Hodson	07973 536964	Nigel Libby	07968 891814
Kath Parkes	01579 362005	Craig Vaughnley	01579 364083
Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com			

Meetings of St Ive Parish Council

Meetings are now being held when possible. Please see the Parish Council website for meeting dates, agendas and minutes.

<http://st-ive-parishcouncil.gov.uk/minutes-agendas/>



Devon & Cornwall Police
Building safer communities together

 **101**

Minicom 18001 101

Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173.

email: CIOSNBMLiskeard@devonandcornwall.pnn.police.uk

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

LOCAL BABYSITTER

Hi, my name is Megan and I live in Pensilva. I'm studying a level 3 childcare course at St. Austell College. I'm 17 years old and I'm available most evenings for child or baby sitting.

I charge £4.50 per hour for hours between 19.00 and 00.00.
After midnight £7.00 per hour.

Phone 07401 295024

From the Editor

Ingrid has popped in for a cup of tea. She was just passing, as she does most days at this time. Ingrid is Margaret's friend, and Margaret is Bill's next-door neighbour. Margaret "keeps an eye" on Bill and is sure to be at Bill's house, with the kettle on, whenever Ingrid happens to be passing.

The three of them are sitting in the parlour, drinking their tea. Margaret talks. Ingrid listens, and agrees. Bill might as well not be there.

"His memory's going, you know?" says Margaret.

"Is it?" Ingrid asks.

"Oh yes!" Margaret is adamant. "It's his recall. Failing something awful, it is!" Bill thinks. "Well, my memory may not be what it was, but I definitely recall hearing this conversation before."

Margaret elaborates. "It's his short-term memory, you see. His long-term memory is fine. He remembers all his teachers' names from primary school, but he can't remember anything that I told him just this morning."

"Oh dear, " says Ingrid.

"Some things it's best to forget," thinks Bill.

"Well, we all have our crosses to bear, don't we?" Margaret sighs.

"We do, we do," sighs Ingrid.

Bill sighs in agreement.

Margaret warms to her theme. "Then there's his meds, I'm on at him all the time about that."

"You are, Margaret," says Ingrid.

"You are, Margaret," thinks Bill.

Margaret turns to Bill and talks louder, though he's not in the least bit deaf. "Bill. Have you taken your blood pressure medication today?"

"Yes, Margaret."

"Are you sure? You know what you're like."

"I do. But I definitely remember taking half an Aspirin with my second cup of tea at breakfast this morning, while the news was on."

"Well... all right ..." Margaret doesn't sound convinced ... "if you're completely sure. "

"No need to worry, Margaret. I remember it like it was seventy years ago."

CHAIRMAN'S REPORT

It seems that we are coming out of the darkness, with the shortest day past, the days getting longer, the daffodils showing and the vaccines being given.

Over the past few weeks, the local surgeries with support from the Parish Council have turned Millennium House into a vaccination centre for the South East of Cornwall. The team has been averaging 600 vaccinations per day and at the time of going to print they would have vaccinated approximately 6,000 people, a tremendous achievement by the dedicated team. We must also thank the volunteers manning the car park in the rain, and assisting with wheelchairs, always with a smile. MH staff have also been providing much needed meals for the staff and volunteers.

News on the Electric Vehicle, after talking to AGEUK, they have given us a little reprieve, but we have to show that its being used. I have had a few volunteers come forward to help, so I thank them.

If there is anyone unable to get to Millennium House for their vaccination, and has mobility issues including wheelchairs please call Millennium House on 01579 363096 and we will endeavour to help.

Over the next few months, I would like to give an insight into the working of the Parish Council and Millennium House.

Stay Safe

Alan Moss

LET'S MAKE OUR PARISH RESILIENT!

Resilience means being more adaptable to a changing World, living in harmony with our environment, making our lives better and our area a better place to live and work!

Here we are at the start of 2021 and all of us wishing for better times ahead. Alongside the difficulties we have experienced and, for some, the suffering, 2020 has also made many of us think differently about various aspects of our daily lives...

About our Community

Perhaps we value people in our community more now and have a different view about the kind of community we want to live in.

About our environment

Many of us have spent more time outdoors, discovering more about nature, growing our own food, enjoying the wildlife, the relative quiet and the spectacular skies.

About Our Lifestyle

Perhaps in some ways our lives have changed for ever. Many of us have taken time to repair instead of buying new, or to shop more locally. Others have worked from home or home-schooled their children - and enjoyed it! For many of us, our long-term priorities have changed.

Building a stronger future for our community

How can we use what we have learnt about ourselves and our community to create a more positive future?

A small group of us have been working quietly for about two years, thinking about how our Parish can adapt for the better, and about how we can do our little bit to help to solve the problems that confront our planet, particularly climate change. Some of the things we have done are:

To take forward small projects such as tree planting, a community garden, more footpaths.

To raise awareness about environmental issues such as waste reduction and recycling, and greenhouse gas emissions.

To publish advice about carbon footprint reduction methods we can all adopt, home insulation, low-carbon heating, green energy, and electric cars.

To run a permaculture design course (free for St Ive Parish residents). The people who took the course have produced an exciting plan, listing specific projects that would help our Parish to thrive in an uncertain World.

All of that was done while the group was known as the St Ive Parish Climate Action Group, but we have now decided to become a Charitable Incorporated

LET'S MAKE OUR PARISH RESILIENT!

...Continued from the previous page.

Parish of St Ive Community Resilience Project was set up on the 8th of January 2021 and a submission has been made to register as a charity, at which point we would become a CIO.

We are run entirely on volunteer power.

Our aim is to build resilience, sustainability and a greater sense of community to improve all of our lives, whatever problems are thrown our way. That includes problems that we know about already, such as climate change, and the inevitable changes that this will bring to our lives, but also any new problems that may emerge. Building resilience is about improving our ability to adapt.

We need YOU!

We need many more people to join in so we can get more done, more quickly. **Everyone who shares our aim is welcome.**

No specific skills or experience are required. Anything you can do to help will be very welcome.

To get involved, please email fionajane.wood@gmail.com or phone 07768 130520

Thank you!

Position Available

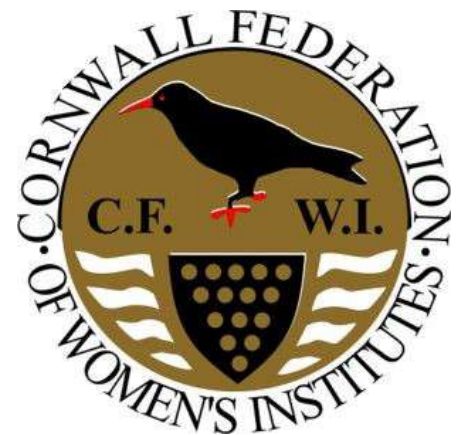
An opportunity has arisen within the Cornwall Federation of Women's Institutes for a Secretary/Office Manager to lead a small team who support the Chairman, Board of Trustees and members of the Federation.

The post will become available during May 2021 and the successful candidate will currently work 3 days per week (24 hours) rising to 4 days (28 hours) at the County office within Threemilestone Business Park. Salary and holidays to be discussed at interview.

The successful candidate must be experienced within this kind of role with strong communication and organisational skills, thorough knowledge of Microsoft Word and Excel, and with experience of Zoom and Powerpoint.

For full details of this position and an application form please contact Barbara Peters on cfwisecretary@btconnect.com.

LINK: [Position Available | Cornwall Federation of Women's Institutes \(cornwallwi.org.uk\)](#)



TEN YEARS PLUS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

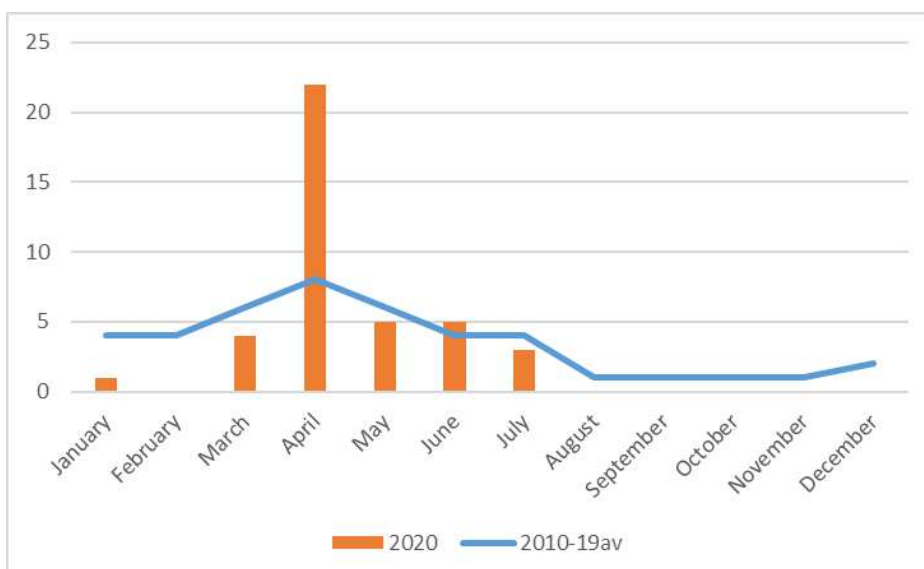
Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife I see on a daily basis. This month I will share some of my observations of song thrushes. This is one of our all year round visitors to the garden.

SONG THRUSH



Although song thrushes can be seen at any time of the year, they are not the most commonly seen visitor to the garden. They are most frequently seen during the breeding season and least often in Autumn and Winter, as the graph below shows.

No. of Days Sighted Per Month in 2020, Compared to the 2010-2019 Average



Years like 2020 when there was a pronounced peak in Spring, probably indicate that there was a nest nearby. Overall during the 11 years I have been observing thrushes here, sightings originally dropped away, but seem to be making a modest comeback now.

Continued on next page

SONG THRUSH - Continued...

Song thrushes are most commonly seen on the lawn or bathing in the pond, but do not use the feeders.



March 2017 - Displaying on the lawn.

This bird was seen displaying on the lawn in March 2017. It took up the stance on the right, pointing at another song thrush and occasionally running across the lawn in a ritualised fashion. It would stop for a bit before repeating the 'dance'. This went on for some time. It was not clear whether the other bird was deemed to be a threat or a potential mate. Either way, the other bird did not seem very impressed!

I have not been able to find anything on the internet about such displays. Perhaps you know something?



May 2020 - The tale of a fight between two rival males:

On the 7th, two males were seen fighting ferociously in a prolonged fight around the pond area, over a female (who remained detached from the activity). This lasted for about 15 minutes. One of the males eventually fell back into the pond and used its wings to 'swim' to the opposite bank. It emerged obviously exhausted and tried to fly out over the gate to escape its attacker, but could not make the height. It flew out where the fence was lower, before circling back.

Towards the end of the fight, a magpie had landed on the lawn and was watching the proceedings. He identified the weakened state of the loser and used the opportunity to catch an easy prey. In its weakened state, the loser may well have been finished off by its opponent if the magpie had not taken it. The female happily left with the winner in the knowledge that she had secured the strongest genes for her young. Wildlife is not always pretty, but it is always interesting.



HAPPY WILDLIFE WATCHING! - Hilary

ALLOTMENTS ANYBODY?

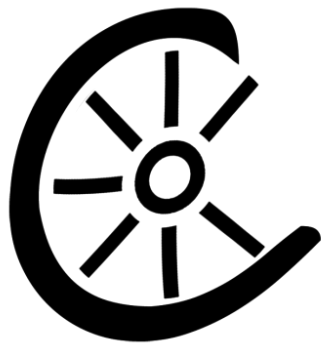
We are investigating the possibility of providing allotments within the Parish for people who would like to grow their own fruit and veg but do not have enough space of their own.

If you think you might be interested, please call Paul Wiscombe on 01579 382341 or email pmwiscombe@hotmail.com

Parish of Saint Ive Community Resilience Project

WANTED

OLD TOOLS - ANY TRADE AND WOODEN TOOL BOXES
OLD BICYCLES, PARTS & ACCESSORIES - OLDER THE BETTER
OLD TOYS AND GAMES PRE-1980. OBSOLETE CAR PARTS
OLD BOOKS, COMICS, MAGAZINES, PRE-DECIMAL.
CASH ON COLLECTION - 07492 866255



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Tel: 01579 340026 / 343675



Volunteer Days

Your chance to get involved with helping to look after your Community woodland.

Sunday 21st February
11am-3pm

This is a fun and rewarding way to give a little back to a local community project at a time when caring for woodlands has never been so important. It's a great opportunity to meet new people, learn new skills, spend time in the woods and have fun!

Drinks, soup, bread and cake provided (Covid permitting!). Come along and bring family and friends. Those that come along and help get a share of some of the timber (once we have put aside the few loads for sale to raise funds for the years' insurance.)

Accompanied children (and dogs on leads) very welcome. Bring hand tools and work gloves if you have them i.e. loppers, bill-hooks and bow saws. We will have a small supply available.

No experience necessary. Training given. Work to suit all abilities and ages.

Come and share some good company, wholesome, productive work and delicious food!

Please [contact us](#) if you would like to come along so that we can make adjustments for social distancing in smaller work groups if need be. Ele and Anthony Waters: 01579 363775 or 07421224422.

News from The Growing Project

The Growing Project is already very well-known to many in our parish, if nothing else from the many articles it has contributed to the Parish Pump over the years. For those who are not so familiar with it, it is a Community Interest Company, founded in 2011 by the late Ruth Wilson, where local volunteers grow and sell organic fruit and veg for the local community. At the same time it provides a safe space for the helpers to enjoy a beautiful, peaceful and healing environment.

About three or four years ago, The Growing Project inherited the one-acre site in Pensilva where it is located, but while the facilities there for growing produce are first class, the facilities for the people involved are very basic. So, The Growing Project has launched a crowdfunding initiative to help to finance the provision of electricity, running water, and some toilets. To find out more go to

<https://chuffed.org/project/the-growing-project-fundraiser>



Please help this 🛠️ ground-breaking 🛠️ local project!

HELP FOR VULNERABLE PEOPLE IN COLD, DAMP ACCOMODATION.

Residents from households that have never had central heating, who are in poor health, or at risk of poor health, are being urged to apply to make sure their home is warm in the coming winter months.



A scheme that has already helped over a thousand households in Cornwall that have never had central heating stay warm and well, is now open for new applications.

Cornwall Council, supported by Inclusion Cornwall, Community Energy Plus, SSE and other partners, has secured a new 'Warm Homes Fund' programme to help another 400 households - whether privately rented or privately owned.

Are you or someone you know in poor health or at risk of ill health, or with underlying health issues? Are you caring for a vulnerable person and / or worried about your home being cold or damp? Is it affecting your health? If so, then Winter Wellbeing can help.

For advice and access to services provided by over 30 partner organisations, call Freephone 0800 954 1956 or email to advice@cep.org.uk to see if you qualify for this scheme or would like independent energy advice.

The £150m Warm Homes Fund was established in 2017 by National Grid and Community Interest Company, Affordable Warmth Solutions, who administer the fund on behalf of National Grid. To date, the Fund has supported more than 10,500 first time central heating installations across England, Scotland and Wales.

More information is available on [Cornwall Council's website](#)

Apply now to have a warmer home this winter



Could you or someone you know benefit from this Electric Vehicle?



Age UK Cornwall and the Isles of Scilly has generously provided an Electric Vehicle for use by people in South East Cornwall who have trouble getting around. The vehicle can be used by the public, not just for essential trips to doctors or hospitals, but also for shopping trips or even just for a day out.

This is how the scheme works.

The electric vehicle (pictured) is based at Millennium House, Pensilva, where charging points have been installed, powered by Millennium House's photovoltaic roof panels. The vehicle is wheelchair friendly.

The vehicle can be used by individuals or by groups, such as doctors' surgeries, churches, charities, clubs or societies. Prospective users would need to register with Age UK: this costs £18 per year for individuals and £36 per year for groups.

Once registered, the group or individual can book the vehicle at very reasonable rates: £40 for a full day (9 hours). £25 for half a day (4 hours). Or 50p per mile for short trips, like visits to the doctor or dentist or local shopping trips. These contributions are donations to support the running and ongoing maintenance of the electric vehicle. The rates compare very favourably with the cost of taking a taxi. Users will not even need to pay for fuel and the range of the vehicle is such that recharging would not be necessary except for a very long trip. You just need to make sure that you plug back into the charging point on your return.

The person driving the vehicle on behalf of the registered individual or group must hold a valid UK driving licence. Age UK will provide a short training exercise covering wheelchair accessibility and vehicle familiarisation at a location to suit the volunteer. Electric vehicles are very easy and safe to drive. Five similar vehicles are based elsewhere in Cornwall.

More information, including terms and conditions and registration forms, can be obtained from Age UK on 01872 266388 or email@ageukcornwall.org.uk; ask to speak to Lee Davies or Ann Lewis.



Millennium House itself will be registering as a group and is looking for volunteer drivers who could spare some time to help others. Other parish or town councils in the area can do the same. To join the Millennium House volunteer drivers group, contact Millennium House on 01579 363096 or stiveparish@btconnect.com

PENSILVA MEMORY CAFE

Like many village organisations, Pensilva Memory Cafe is unable to meet at present because of the Covid 19 precautions. We do, however, try to keep in contact with our members through the Sparkle, a news sheet telling of events in the past that happened during that month. It is entertaining and informative and guides thoughts back to those previous years, thus stimulating memories. We deliver a copy each fortnight.

If you have memory problems, or are looking after someone who does, and would like to make contact with this friendly group, call Geoff on 362698.



As a result of COVID-19 our monthly meetings are postponed until further notice. We are still available to support anyone who needs us during this period and have members who have experience of various surgical procedures, radiotherapy, and hormone therapy. If you are recently diagnosed and just want to have a chat about your treatment or your options, don't hesitate to make contact.

TAPS membership is free and open to men and their partners. For more information on TAPS please contact Chris Greensted by phone on 01822 834797 or by email to tapsinfo555@gmail.com.

Other excellent sources of support are: -

Prostate Cancer UK (PCUK): 0800 074 8383

Tackle Prostate Cancer (UK): 0800 035 5302

The Chestnut Appeal: 01752 792736

(Derriford Hospital)

The Mustard Tree Centre: 01752 430060

(Macmillan Cancer Support)

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times during lockdown:

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

Note - Back open on Wednesdays

The travelling post office at St Ive Institute is open on Wednesdays, 10:30-12 noon.

Saint Ive Parish tree-planting survey

Please let us know about any trees that you plant within the Parish. We will include them in our own survey and we will notify the Forest for Cornwall on your behalf, if appropriate.

Contact us by phone: 01579 383967, or by email:

parishpump@btconnect.com, or via the Saint Ive Parish

Climate Action Group Facebook page. Pictures very welcome.



Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please ring the Parish Office on **01579 363096** or leave a note at Millennium House reception or email **parishpump@btconnect.com**.

*****Please let us know when your item has sold*****

Baby things. Job lot free to anyone struggling to make ends meet. Unused for over 1 year. Items used infrequently at Nanas house. All in good condition. Car seat for newborn. Travel cot and travel stairgate. Changing mat. Baby bedding. Back rest for bath.
Barbara 01579383967 or 07933960113

Approx. 2,200 **copper disc rivets for fibre cement roof slating. £10.**
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Computer screen 19" £20.
Epson Perfection v350**Scanner Photo £20**
Sony Revia 42" **TV. £45.**
All in working order. **01579 363200**

Maximuscle **home gym system £100** ono.
Black leather **chaise longue**. Excellent condition. **£100** ono.

Set of 3 **suitcases**, red, vgc, Antler, **£40** ono. **07770 747353.** Pensilva area

Scelextric Sport Le Mans set. Still in box. Great condition. **£100.**

Toshiba **sewing machine £30.** New **pond liner 5m x 5m £30.** Five **Crittall windows 900mm x 1000mm** approx. Suitable for shed or greenhouse. **Free. 01579 363573**

Plastering gear: 110v paddle mix with transformer, various trowels, hawk and other bits. Good for DIY etc. **£70** ono.

Set of **Snow chains**, new and unused fit 14" to 19" rims, self adjusting. **£40**
Pensilva **01579 362207**

Easycamp Tour Ligata **6 berth tent**. Used only 3 times. **£100** or offers.

Dark brown **leather chair. £50**

07980 380224 - Pensilva area.

Brown speckled **carpet**, 2m x 5m. Brand new (over ordered). **£50.**

Arch design **headboards. £20** each or **£35** pair. **01579 362211**

PLEASE LET US KNOW WHEN YOUR ITEM HAS SOLD

PENSILVA VILLAGE HALL

Due to the Coronavirus outbreak all activities in the hall are cancelled until further notice.

Anyone wishing to book the hall for future meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peterpensilva@gmail.com**

Please note that as well as hall rent there is a coin meter for heating at 60p/hr.



MOBILE LIBRARY

The County Mobile Library is back. It visits our area once a month on Fridays of “week 3” (not necessarily the 3rd Friday of the month).

Next visits: **15th Jan, 12th Feb, 12th Mar, 9th Apr**

Stops at The Victoria Inn, Pensilva, 10.25-10.45am; Quethiock bus stop 11.00 to 11.20am.



Struggling with Sight Loss?



iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk

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Please support our advertisers!

Advertisers please note:

Due to restrictions in place as a result of the COVID19 outbreak, the Parish Pump is currently being published online only. For as long as this situation persists, we will continue to run the ads placed by our regular advertisers FREE OF CHARGE. For those of you that have paid in advance, the end date of your advertising run will be extended accordingly.

New and occasional advertisers, please call the editor on 01579 364016 to discuss. Many thanks.

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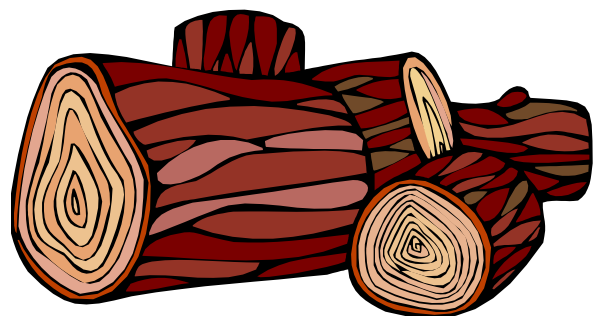
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Debbie's Care Services Recruitment Agency

Tel. 0777 948 3230

Hello, my name is Debbie. I am a local lady who has been working in the community for over 30 years. I run a Care Recruitment Service placing fully trained carers into community care roles.

We provide the following services and more!

- Assisting bathing / showering
- Preparation of meals
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M: 07533 387368



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