# THE PARISH PUMP



# December 2020 Edition 469



# The Newsletter for the Parish of St Ive

Sorry, but the Parish Pump is online only, until further notice.



# **Disclaimer**

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

# **Parish Councillors Telephone List**

Alan Moss (chair)	01579 362064	Ivor Vaughan (vice-chair	) 07979 934604
James Bruce	07411 192645	Marlene Carr	01579 362919
Martin Corney	01579 382450	Rosemary Farley	01579 384810
Angie Haimes	01579 362459	Peter Haimes	01579 362459
Tony Hodson	07973 536964	Nigel Libby	07968 891814
Kath Parkes	01579 362005	Craig Vaughnley	01579 364083
Samantha Reilly	via Parish Office	01579 363096	

Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com

# Meetings of St Ive Parish Council Meetings are now being held when possible. Please see the Parish Council website for meeting dates, agendas and minutes.

http://st-ive-parishcouncil.gov.uk/minutes-agendas/

# Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil



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# **Police Community Neighbourhood Office**

Your Community Support Officer is PCSO Steve Edser 30173. email: CIOSNBMLiskeard@devonandcornwall.pnn.police.uk
To report a crime call 101 or go to www.devon-cornwall.police.uk
In an emergency call 999

# **LOCAL BABYSITTER**

Hi, my name is Megan and I live in Pensilva. I'm studying a level 3 childcare course at St. Austell College. I'm 17 years old and I'm available most evenings for child or baby sitting.

I charge £4.50 per hour for hours between 19.00 and 00.00. After midnight £7.00 per hour.

Phone 07401 295024

# From the Editor

I haven't seen the figures, but I bet that a lot more people have spent time reading during lockdown, and a lot more people have spent a lot more time reading more than they did before. I love reading, so I tend to think this is an excellent thing. Having said that, 'reading' is a bit of a catch-all term; does it depend on what you read whether reading is a good or a bad thing?

This train of thought took me back to several conversations I have had with a good friend who comes in the All Being Well gym. He will often take pity on the cold and miserable-looking guy sitting, shivering, behind the desk, and makes time, when he can, for a chat. He doesn't like reading fiction, and doesn't see the point in it, because it isn't real. Whereas I almost exclusively read fiction, because it is. He lent me a book that he thought I would enjoy (The Weather Experiment, by Peter Moore, about the early days of weather forecasting, which I did thoroughly enjoy!). I haven't been so successful in persuading him to read books that I thought he would enjoy, but we do at least both read the political coverage in the media; me because I class that as fiction, and him, presumably, because he doesn't. Musing on all of this, a little anecdote popped into my head, to which I will now subject you.

Stephen, an undergraduate student, comes home after his first term and, at a Christmas gathering, finds himself talking to an old friend of the family. The friend asks him what he is studying, and Stephen replies that he's doing a joint honours degree in English and History. "What does that involve?" asks the friend. "Well... in English, we study the literature of these islands, from the present day, going right back over a thousand years, to Beowulf and so on. From reading and studying these works of fiction, we gain a real understanding of how our language and culture have evolved over time; of how our religious beliefs and our systems of governance have been shaped by what came before; even of how the things that we eat and drink have changed. In short, we learn that the way we live, think and behave today is a product of how our ancestors lived, thought and behaved." Stephen pauses for a moment before concluding: "And the rest ... is History!"

I'm not even going to mention how Christmas will be different this year, because who knows how it will be? Like every year, it will be different for every one of us, because we each "do Christmas" differently. Somehow we'll come through all of this, and life will not just return to 'normal', but to something better than what we had before, because we will all have experienced something considerably worse, so we'll be more grateful for what remains.

Happy Christmas everyone!

Joe

### CHAIRMAN'S REPORT

What a year we've had. It started well, then in March we were in lockdown. We were fortunate to have great weather, the moors and the space to stay safe. It was nice to stop to talk to neighbours around the empty roads, and I hope those who started running still are.

We now have a Public Works Loan in place and are finally in a position to get the Millennium House roof replaced; work will start in the new year.

We will be putting up a Christmas Tree in December so it would be nice if the Children of the Parish could make some decorations to fix to the tree.

Christmas will be different this year, but we hope you have a good family time together and that next year we will all be in a better situation with the vaccines which have been produced. Please follow the Government Guidelines over the holiday and keep yourselves and others safe.

Merry Christmas from the Parish Council

Alan Moss

# **Parish Pump Information and Contact Details**

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House. <u>Softcopy submissions</u>: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

**Current Advertising Prices** including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00 10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

### **WANTED**

OLD TOOLS - ANY TRADE AND WOODEN TOOL BOXES
OLD BICYCLES, PARTS & ACCESSORIES - OLDER THE BETTER
OLD TOYS AND GAMES PRE-1980. OBSOLETE CAR PARTS
OLD BOOKS, COMICS, MAGAZINES, PRE-DECIMAL.

**CASH ON COLLECTION - 07492 866255** 

# Received from the class teacher of Buzzards class, Pensilva Primary School.

The children in Buzzards class are busy learning through the topic 'A World of Plastic'. Much of our learning is being centred around Lego, however this half term we are focusing on the negative impact plastic waste has in our oceans. The children have been looking into ocean life and are creating fact files on some of the unusual sea creatures they have discovered in the deep. They have each chosen one animal to make a soft toy of and are highly enthusiastic about the end result - it is testing perseverance aplenty! Over the next couple of weeks we hope to display our creative efforts alongside many written pieces based around this very topical issue.

This half term Buzzards are also undertaking bikeability lessons in order to gain the practical skills and understanding to ensure they can cycle safely on today's roads. All the children are highly motivated and welcome the challenge to complete their courses. We look forward to celebrating their joint successes.

Talking about successes, we would like to take this opportunity to thank the PTA at Pensilva for their fantastic efforts in organising the 'Pumpkin Trail' during half term. It has been a very different time for us all lately; what a lovely event, bringing the joy of Halloween to the children and indeed the community. We have heard many positive comments from the children back at school - Thank you!

The amazing sunset of Thursday, November 26, 2020, photographed by Martin Sellix from just above Shute Lane, Pensilva.



### TEN YEARS PLUS OF WILDLIFE WATCHING IN THE PARISH OF ST. IVE

Since moving to the Parish at the end of 2009, I have been photographing and recording the wildlife I see on a daily basis. This month I thought I would share some of my observations of Robins. Something of a cliché I know, but Christmas is a time for traditions!

### THE ROBIN



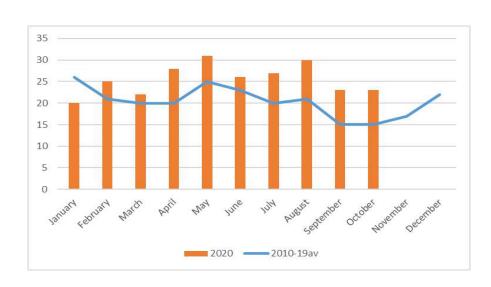
Robin in Hawthorn tree by our house, in winter 2018

The robin is one of our best known and loved garden birds. They are with us all year round. Because they are territorial, we tend to think of the ones in our garden as being <u>our</u> robins. As you can see on the graph below, there are slight fluctuations through the year. There are slight dips in sightings when they are sitting on eggs or moulting and a surge as

the youngsters fledge and are introduced to our feeders by their parents. In reality, Robins do move territories and last year's robins may not be the same as this year's.

Chart showing the number of days each month that at least 1 robin was seen in our

Our garden seems to be on the edge of two territories and with two pairs making a bid for our feeders. When both arrive at the same time, the situation is usually quickly resolved with the



main stakeholders chasing off the incomers. However robins are also capable of resorting to vicious fights when they are equally matched. I have also seen this sorted with a display where the males stretch up their heads and thrust out their red breasts in a show of size and strength. I have seen this used both to deter an intruder and to attract a mate.



In 2017 the nest shown here was spotted in a stone wall very close to the house and only about 1ft (30cm) up from the ground.

Two chick gapes are clearly seen and we think there was at least one more. However, a day or so after the photograph was taken the nest was empty and we saw no fledglings in the garden. They may have fledged, but they were in a position which was very vulnerable to predators such as passing cats and we fear that they may not have survived.

However, every year there has been at least one brood which does make it to fledging and are seen under our feeders. Juvenile robins have no red breast. Their adult plumage starts to emerge in late summer when they have their first moult.



- On left juvenile with no red breast in Spring 2015.

> On right juvenile in late Summer 2018, with red breast starting to show.



The parents seem to tolerate their young staying in their territory until the red breast emerges and they are then driven out to fend for themselves and find their own territories.

Robins' popularity also comes from their relative lack of fear of people. On occasions, robins can even be coaxed into eating out of your hand. This closeness largely arises from robins recognising that a digging gardener may well be digging up a tasty morsel for them too! We are therefore seen as a potential source of food rather than as a threat.

Wishing you and your families a very happy Christmas at the end of this strange year. If you haven't got a bird feeder yet, why not put it on your present list? Watching the birds in your garden is a wonderful absorber of time when you can't go out.



Children's Hospice South West's (CHSW) annual Santas on the Run event is back but not as you know it! Taking place over the weekend of the 11-13 December, supporters will be able to choose their distance, route and festive dress. This festive fundraiser usually takes place at Eden each year but the local children's charity has decided to hold it virtually this Christmas due to the pandemic.

Kiley Pearce, Events Fundraiser from CHSW, said: "This year, Santas on the Run is going freestyle! Whilst we can't all come together at Eden, together we can still spread some joy and laughter and we'd encourage everyone to go crackers with their festive fundraising! Whether you twinkle in tinsel or rock it like Rudolph, get creative with your costume and complete a distance of your choice, your way."

Over the years, thousands of people have joined together to raise vital funds for CHSW's Little Harbour children's hospice in St Austell. CHSW and community partner Whirlwind Sports, are asking this year's participants to raise sponsorship or make a donation to enable the charity to continue to provide care for children and families when they need it most, in the hospice, at home, or virtually.

Kiley continued: "Over the weekend of 11-13 December we will have a warm-up for people to join online each day, as well as lots of prizes including for best-dressed family, child and dog! Individuals who raise £15 or more will receive a medal. In this challenging year, we would encourage people to get involved however they like this Christmas, but most importantly help us raise money to support local children living with life-limiting conditions and their families."

Registration is free! Simply register your interest at www.chsw.org.uk/santas and join the charity's event on Facebook by searching 'Santas on the Run – goes freestyle' www.facebook.com/events/649916122169450





# A message from Rev. Becca Bell

It is very weird trying to write a Christmas or even an Advent message right now!!

We have had a strange year of turmoil and change and loss. Our lives have been turned upside down, we have lost things, people, and activities that are important and joy giving parts of our lives, and the change has meant that we cannot plan or really look forward to things.

As I look ahead to Christmas I would usually be surveying a month of school and nursery carol services and concerts, fairs, lunches, carol services, christingles, more carols, Christmas communions... and a few more carols. All interspersed with mince pies, decorations, and an inevitable few funerals. My diary would be full, and by Christmas I am exhausted, but it is a wonderful time. It is then into family Christmas, and by then I am usually not much use to anyone and grateful that either Wes or my mum cook the lunch! A day or so later we will often be off up the M5 to visit the Bell side of the family. I love it. But it is exhausting, and there is not really much rest time, even in the holiday!

This year will be different. And part of the difficulty for all of us, and for me trying to write an article, is that we do not know how it will be different. One headline claims that up to four families will be able to mix, and another claims it will be more lockdown. All we really know for certain is that none of us know for certain!

I know we have some beautiful celebrations planned across the Tribute Cluster (Menheniot, Merrymeet, St Cleer, Quethiock, St Ive, and Pensilva). In St Cleer there will be a Christmas Tree Trail around the parish. In Menheniot, the Playgroup are organising a Christmas window competition which will light up the village! Also in Menheniot there will be a Christingle Wagon (hopefully!) delivering packs to families around the village and some of the outlying communities in the parish. The Tribute Cluster are going to be having an online Christmas Carol service so that you can join in with carols and enjoy readings and prayers from the comfort of your own home. And there will be a stable door hunt around the churchyard in some of our villages. Keep your eye out on social media and notice boards for information about all these things in your community.

We are hoping that some more "in person" services will be possible too. We won't be able to gather large congregations in any of our churches, and it is not possible to do several "sittings" and deep clean between. And so the plan for Christmas Communion is for a trail around the church that leads you through readings, prayers, and images, with beautiful music, and the gorgeous atmosphere of the church. If you wish to receive communion then I will be at the front ready to offer it when you are ready. The trail will help you to prepare. And if you don't want to receive communion you can either pass by me or stop for me to pray with you. The plan is to do this On Christmas eve at St Ive from 8-9pm, St Cleer from 10-11pm and then at Menheniot on Christmas morning from 10-11am. The hope is that this will enable all who want to, to receive communion without either having to ticket the service and risk turning folk away, or creating gatherings in the building. We will have to see nearer the time if the guidance allows us to do this.

### From Rev Becca Bell - continued

My hope is that the opportunities we have planned will help folk to engage with the incredible Christmas hope that we have. Just over 2000 years ago a young engaged girl had to set off on a journey with her fiancé and the shadow that she was expecting a baby that was not his. We don't know how this affected their relationship. We know that Mary was awestruck by the privilege of carrying the Christ-child, but we don't know what anxiety and stress she faced. They arrived in a crowded town that was packed out because of the census and the only space available for them to shelter was the animal shed.

I cannot begin to imagine the fear and uncertainty that young couple faced. For me it was bad enough giving birth in a hospital with all modern conveniences and my mum and husband close by, but with the medics very much in charge! Mary had non of this. And yet this was how God chose to be born into the world; to this young girl and her fiancé who were far from their support networks, and without even a proper home.

For most of us this Christmas, we face so much uncertainty, and the loss of spending it with loved ones. For many of us the uncertainty and isolation of lockdown brings an anxiety of its own and loneliness and insecurity like we've never known. For some of us we are fearful of the rising depression that is lurking and threatening to overwhelm us. But we face this knowing that God is with us. God was born into uncertainty and anxiety and he brought Peace. Christ's Peace is able to cut through and pervade our circumstances to bring us to a place of joy and contentment, even in the worst circumstances. So this Christmas celebrate for all it is worth. It may be the most alternative and odd Christmas you would never plan, but in all that space and uncertainty, invite Christ in. When you light candles, open calendar doors, enjoy mince pies, light your fire, pull a blanket over your knees, or wash your dishes... invite Christ in. Ask him to be the centre of your Christmas this year. And spend it with Him whose birthday we celebrate.

This Christmas may not be what we choose, and we may not be able to plan or look forward to it, but it could be the most special yet.

# Blue Christmas at St John's, Pensilva

It will not be possible to have a "Blue Christmas" Service this year, for those who find Christmas is not always a cause for celebration. Covid regulations permitting, St John's will be open from 2pm to 4pm on Wednesday 16th December for private prayers and meditation. Prayer stations will be in place to help focus your thoughts.

### **GEOFF'S BIT**

# Why? - I can't think of an adequate title!

Watching the programme "Cornwall with Simon Reeve" I was stunned by just how wide is the gap between the haves and have nots. Visiting Padstow after the end of our first lockdown, Simon observed how the car park was jammed full of SUVs. He said it was like a Land Rover Road Trip.

He switched swiftly to a group of young men with a pop-up taco bar, desperately trying, in the short summer, to raise enough money to last them through the winter. Then he was with a group of young people living in a collection of ancient vehicles in a field. Their vehicles were in a circle like a group of covered wagons — a dystopian version of a Western film. The group agreed that there was no hope for a job, let alone a career; no prospect of a home. Sleeping in the back of a car is all they have. How could it be this bad in a county that has had two tranches of Objective One money?

Whilst staggering, trying to absorb the injustice of this, I received an email from Nepal, from a minister whom we have supported over a number of years. He writes of the Covid 19 crisis in that country where there are so few roads to get people to where they can get treatment. And the cost of treatment is well beyond what most of the people earn, perhaps six months' income to be seen by a doctor, so many will die who could be saved. As a Christian minister Ram and his wife provide a home for 5 or 6 young girls at any one time while they obtain an education.

His daughter Salomi is a staff nurse in charge of a 20-bed Covid 19 ward with all the worries that produces. The PPE is not late, the PPE is not the wrong design, the PPE is not the wrong size; THERE IS NO PPE!!! His words "God can protect us from Covid 19 if people throughout the world pray for us."

Through the wonders of Zoom I have the privilege of seeing into many people's homes, homes that are warm and dry, homes of people with guaranteed incomes. How different it is for many people, even in the same country.

# Matthew 25: 35-40

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink.

I needed clothes and you clothed me. I was sick and you looked after me. I was in prison and you came to visit me."

Jesus said "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me".

Stay Safe, Geoff.

# ST JOHN'S CHURCH, PENSILVA

Services for December 2020

Anglicans and Methodists share services at St. John's Church Christingle Service at Sterts theatre on Sunday 13<sup>th</sup> December at 6pm. See below. Christmas Day Service 10.30am at St. John's Church.

If you would like your wedding or baptism in the church please contact Rev. Becca Bell, 01579 532186, mob. 07899363458 email revbeccabell@gmail.com For details of the Services held in St John's, if you know of any illness or need in the village, please contact: Geoff Cox - 362698, Frances Tucker -363718

### **CHRISTINGLE**

This year's St John's Pensilva Christingle will be at Sterts Theatre on Sunday 13<sup>th</sup> December at 6pm. Nobody will be allowed in until 5.30 pm. Like everything this year, it will be very different from usual. Everyone will have to book beforehand, by emailing <a href="mailto:gefferys1963@gmail.com">gefferys1963@gmail.com</a> or phoning 01579 362698 between 4 and 6pm. When booking, you will need to give two points of contact, e.g. phone number and email address, a contact name and how many people will be in the party. Your booking will be checked on entry.

For those who haven't been to Sterts recently, safe distancing rules are in place and everybody will be required to wear masks, including children over 11.

Christingles We are asking everybody to produce their own Christingle this year. No real candles will be allowed so we will have to use battery operated candles. Instructions for making Christingles are below.

### The Story of the Christingle

A Christingle meaning 'Christ Light' is a symbol of the Christian Faith. The name may not be familiar but you'll certainly recognise the familiar looking fruit and foil decoration. They're great fun to make during the festive period. A growing number of churches hold Christingle services at or around Christmas. The services derive from a Moravian custom of distributing lighted candles to children on Christmas Eve in order to celebrate Christ, the Light of the World. So what is a Christingle? Even if you haven't heard the word, you'll certainly recognise one. A Christingle consists of an orange, representing the World, with a red ribbon around it, representing the blood of Jesus. Fruits and sweets are skewered on 4 cocktail sticks pushed into the orange, representing the fruits of the Earth and the four seasons. Finally a lighted candle is pushed into the centre of the orange, representing Christ, the Light of the World. You don't need to attend a service to enjoy a Christingle. They're great for involving children in preparations for Christmas. Here's our step by step guide to making your own.

Making a Christingle. Fasten a piece of red sticky tape or ribbon around the

middle of the orange. Cut a small cross in the top of each orange (place it on a tray to catch the juice) and lay a square of silver foil (75mm/3in square) over the cross. Place a candle on top and wedge it firmly into the orange. When using a real candle, the foil should prevent hot wax running onto a child's hand. Load four cocktail sticks with raisins, sultanas, cherries or soft sweets and insert them into the orange around the base



of the candle. Store upright in trays in a cool place. You may need to take off a thin slice to form a flat base.

# **News from The Growing Project**

The Growing Project is already very well-known to many in our parish, if nothing else from the many articles it has contributed to the Parish Pump over the years. For those who are not so familiar with it, it is a Community Interest Company, founded in 2011 by the late Ruth Wilson, where local volunteers grow and sell organic fruit and veg for the local community. At the same time it provides a safe space for the helpers to enjoy a beautiful, peaceful and healing environment.

About three or four years ago, The Growing Project inherited the one-acre site in Pensilva where it is located, but while the facilities there for growing produce are first class, the facilities for the people involved are very basic. So, The Growing Project has launched a crowdfunding initiative to help to finance the provision of electricity, running water, and some toilets. To find out more go to

https://chuffed.org/project/the-growing-project-fundraiser



Please help this ground-breaking local project!

# HELP FOR VULNERABLE PEOPLE IN COLD, DAMP ACCOMODATION.

Residents from households that have never had central heating, who are in poor health, or at risk of poor health, are being urged to apply to make sure their home is warm in the coming winter months.



A scheme that has already helped over a thousand households in Cornwall that have never had central heating stay warm and well, is now open for new applications.

Cornwall Council, supported by Inclusion Cornwall, Community Energy Plus, SSE and other partners, has secured a new 'Warm Homes Fund' programme to help another 400 households - whether privately rented or privately owned.

Are you or someone you know in poor health or at risk of ill health, or with underlying health issues? Are you caring for a vulnerable person and / or worried about your home being cold or damp? Is it affecting your health? If so, then Winter Wellbeing can help.

For advice and access to services provided by over 30 partner organisations, call Freephone 0800 954 1956 or email to <a href="mailto:advice@cep.org.uk">advice@cep.org.uk</a> to see if you qualify for this scheme or would like independent energy advice.

The £150m Warm Homes Fund was established in 2017 by National Grid and Community Interest Company, Affordable Warmth Solutions, who administer the fund on behalf of National Grid. To date, the Fund has supported more than 10,500 first time central heating installations across England, Scotland and Wales.

More information is available on Cornwall Council's website

# Apply now to have a warmer home this winter



# Could you or someone you know benefit from this Electric Vehicle?



Age UK Cornwall and the Isles of Scilly has generously provided an Electric Vehicle for use by people in South East Cornwall who have trouble getting around. The vehicle can be used by the public, not just for essential trips to doctors or hospitals, but also for shopping trips or even just for a day out.

### This is how the scheme works.

The electric vehicle (pictured) is based at Millennium House, Pensilva, where charging points have been installed, powered by Millennium House's photovoltaic roof panels. The vehicle is wheelchair friendly.

The vehicle can be used by individuals or by groups, such as doctors' surgeries, churches, charities, clubs or societies. Prospective users would need to register with Age UK: this costs £18 per year for individuals and £36 per year for groups. Once registered, the group or individual can book the vehicle at very reasonable rates: £40 for a full day (9 hours). £25 for half a day (4 hours). Or 50p per mile for short trips, like visits to the doctor or dentist or local shopping trips. These contributions are donations to support the running and ongoing maintenance of the electric vehicle. The rates compare very favourably with the cost of taking a taxi. Users will not even need to pay for fuel and the range of the vehicle is such

that recharging would not be necessary except for a very long trip. You just need to make sure that you plug back into the charging point on your return.

The person driving the vehicle on behalf of the registered individual or group must hold a valid UK driving licence. *Age UK* will provide a short training exercise covering wheelchair accessibility and vehicle familiarisation at a location to suit the volunteer. Electric vehicles are very easy and safe to drive. Five similar vehicles are based elsewhere in Cornwall.

More information, including terms and conditions and registration forms, can be obtained from Age UK on 01872 266388 or <a href="mail@ageukcornwall.org.uk">email@ageukcornwall.org.uk</a>; ask to speak to Lee Davies or Ann Lewis.

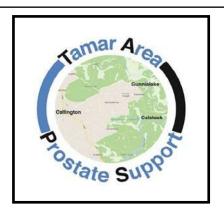


Millennium House itself will be registering as a group and is looking for volunteer drivers who could spare some time to help others. Other parish or town councils in the area can do the same. To join the Millennium House volunteer drivers group, contact Millennium House on 01579 363096 or stiveparish@btconnect.com

### PENSILVA MEMORY CAFE

Like many village organisations, Pensilva Memory Cafe is unable to meet at present because of the Covid 19 precautions. We do, however, try to keep in contact with our members through the Sparkle, a news sheet telling of events in the past that happened during that month. It is entertaining and informative and guides thoughts back to those previous years, thus stimulating memories. We deliver a copy each fortnight. If you have memory problems, or are looking after someone who does, and

would like to make contact with this friendly group, call Geoff on 362698.





As a result of COVID-19 our monthly meetings are postponed until further notice. We are still available to support anyone who needs us during this period and have members who have experience of various surgical procedures, radiotherapy, and hormone therapy. If you are recently diagnosed and just want to have a chat about your treatment or your options, don't hesitate to make contact.

TAPS membership is free and open to men and their partners. For more information on TAPS please contact Chris Greensted by phone on 01822 834797 or by email to <a href="mailto:tapsinfo555@gmail.com">tapsinfo555@gmail.com</a>.

Other excellent sources of support are: -

Prostate Cancer UK (PCUK): 0800 074 8383

Tackle Prostate Cancer (UK): 0800 035 5302

The Chestnut Appeal: 01752 792736

(Derriford Hospital)

The Mustard Tree Centre: 01752 430060

(Macmillan Cancer Support)

# Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



# **Opening times during lockdown:**

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

Note - Back open on Wednesdays

The travelling post office at St Ive Institute is open on Wednesdays, 10:30-12 noon.

# Saint Ive Parish tree-planting survey

Please let us know about any trees that you plant within the Parish. We will include them in our own survey and we will notify the Forest for Cornwall on your behalf, if appropriate.

Contact us by phone: 01579 383967, or by email: parishpump@btconnect.com, or via the Saint Ive Parish Climate Action Group Facebook page. Pictures very welcome.



# Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please ring the Parish Office on **01579 363096** or leave a note at Millennium House reception or email **parishpump@btconnect.com**.

\*\*\*Please let us know when your item has sold\*\*\*

Baby things. Job lot free to anyone struggling to make ends meet. Unused for over 1 year. Items used infrequently at Nanas house. All in good condition. Car seat for newborn. Travel cot and travel stairgate. Changing mat. Baby bedding. Back rest for bath.

Barbara 01579383967 or 07933960113

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Anyone wishing to book the hall for future meetings, birthday parties or fundraisers please contact Peter or

fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peterpensilva@gmail.com

Please note that as well as hall rent there is a coin meter for heating at 60p/hr.





The County Mobile Library is back. It visits our area once a month on Fridays of "week 3" (not necessarily the 3rd Friday of the month).

Next visits: **18th Dec, 15th Jan.**Stops at The Victoria Inn, Pensilva, 10.25-10.45am; Quethiock bus stop 11.00 to 11.20am.



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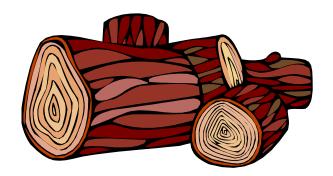
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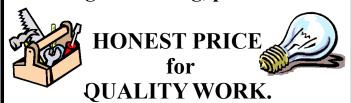
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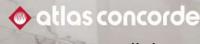
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