THE PARISH PUMP

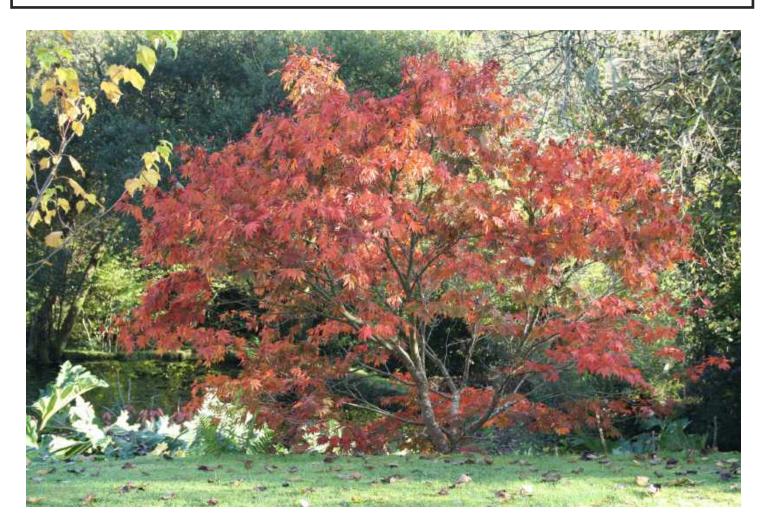


October 2020 Edition 467



The Newsletter for the Parish of St Ive

Sorry, but the Parish Pump is online only, until further notice.



Autumn is here!

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

| | Peter Haimes (chair) | 01579 362459 | Alan Moss (vice-chair) | 01579 362064 |
|---|----------------------|-------------------|------------------------|--------------|
| | James Bruce | 07411 192645 | Marlene Carr | 01579 362919 |
| | Martin Corney | 01579 382450 | Angie Haimes | 01579 362459 |
| | Rosemary Farley | 01579 384810 | Tony Hodson | 07973 536964 |
| | Nigel Libby | 07968 891814 | Kath Parkes | 01579 362005 |
| | Ivor Vaughan | 07979 934604 | Craig Vaughnley | 01579 364083 |
| | Samantha Reilly | via Parish Office | 01579 363096 | |
| I | | | | |

Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com

Meetings of St Ive Parish Council

Meetings are now being held when possible. Please see the

Parish Council website for meeting dates, agendas and minutes.

http://st-ive-parishcouncil.gov.uk/minutes-agendas/



Devon & Cornwall Police Building safer communities together

2 101

Minicom 18001 101

Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173. email: CIOSNBMLiskeard@devonandcornwall.pnn.police.uk To report a crime call 101 or go to www.devon-cornwall.police.uk In an emergency call 999

News about The Mel Bar and Millennium House

Millennium House is open. Please see social media for updates.

The Millennium House bar is opening four days a week from Sep 3rd (see separate notice).

If you need to contact the Parish Council or Millennium House, you can leave messages in our **letter box at** the front of the building or call our volunteer help line on **01579 363096.** We will reply to emails sent to the **stiveparish@btconnect.com** as soon as we can.

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096 email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House. <u>Softcopy submissions</u>: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%Per issue:Quarter Page £7.50Half Page £15.00Full Page £25.0010% discount for 12 months paid in advance.Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

From the Editor

A very short edition this month; perhaps not surprising given that most (if not all) traditional Christmas and New Year events, for which we would expect notices to be appearing about now, will probably not take place this year. Also, I suspect, we are all more focussed on concerns in the wider world than we are with parish news, given the exceptional events that we are living through. Ruminating on issues such as these, I am forced to admit to myself that the Parish Pump is probably decreasing in relevance in today's world, where people increasingly rely on electronic media for their information. Walking the dog this morning, I found myself pondering on whether I might turn out to be the last Parish Pump editor! Will I go down in history as the man who killed off the Parish Pump? In the end, the dog and I concluded that there probably still is a role for our monthly newsletter. A few weeks ago, a friend told me that she reads it from cover to cover every month! (I was surprised, but gratified. If she spoke true, she'll read this and recognise herself). I am very aware that there are still people in our community who do not use electronic media and rely on the Pump for local information, but of course they will not be reading this while we are 'online only', which is a shame. If it is to survive in the long term as a monthly publication, I suspect that the Pump will need a change of emphasis. Perhaps it will become less a source of information about events past, present and future, that could be accessed more easily elsewhere, and more of a forum where local residents can share their views on local matters. Of course this also happens on social

media, but the advantage of a periodical publication is that it allows for a more reflexive tone.

Another possibility would be that the Parish Pump ends up living permanently online and becomes more of a "rolling news" type of information outlet with no fixed publication dates. In other words the editor would post items as and when they came in, and not all together at the end of the month. Perhaps that would fit the name better! I have always imagined that, in days of yore, the Parish Pump was where parishioners collecting water for their household would catch up with the latest news and ... well ... gossip. Probably a daily, rather than monthly, occurrence. Any views on the future of the Pump, or on anything else, will be gratefully received by its increasingly desperate editor;)

Keep well. Joe

THE STAFF OF MILLENNIUM HOUSE ARE DELIGHTED TO ANOUNCE THAT THE 'MEL BAR' IS OPEN

OPENING TIMES ARE AS FOLLOWS:

| THURSDAY | 6pm – 10pm |
|----------|------------|
| FRIDAY | 6pm – 11pm |
| SATURDAY | 6pm – 11pm |
| SUNDAY | 3pm – 7pm |

SOCIAL DISTANCING PRACTICES WILL BE IN PLACE WITH 'TRACK AND TRACE' PROCEDURES.

THE FUNCTION ROOM WILL BE USED FOR THE TIME BEING AND STAFF WILL BE THERE TO HELP AND ADVISE. WE REQUEST THAT CUSTOMERS WORK WITH STAFF FOR THE SAFETY OF BOTH CUSTOMERS AND STAFF.

BT SPORT WILL BE AVAILABLE

Pensilva Health Centre News

Following on from last month's open letter to the patients of Pensilva Health Centre, there's news this month about the refurbishment of parts of the surgery. Find the information on the surgery's homepage <u>www.pensilvahealthcentre.co.uk/</u>

where you will find a link to a pdf called <u>Exciting News Regarding</u> <u>Pensilva Health Centre Refurbishment!</u>

HELP FOR VULNERABLE PEOPLE IN COLD, DAMP ACCOMODATION.

Residents from households that have never had central heating, who are in poor health, or at risk of poor health, are being urged to apply to make sure their home is warm in the coming winter months.



A scheme that has already helped over a thousand households in Cornwall that have never had central heating stay warm and well, is now open for new applications.

Cornwall Council, supported by Inclusion Cornwall, Community Energy Plus, SSE and other partners, has secured a new 'Warm Homes Fund' programme to help another 400 households - whether privately rented or privately owned.

Are you or someone you know in poor health or at risk of ill health, or with underlying health issues? Are you caring for a vulnerable person and / or worried about your home being cold or damp? Is it affecting your health? If so, then Winter Wellbeing can help.

For advice and access to services provided by over 30 partner organisations, call Freephone 0800 954 1956 or email to <u>advice@cep.org.uk</u> to see if you qualify for this scheme or would like independent energy advice.

The £150m Warm Homes Fund was established in 2017 by National Grid and Community Interest Company, Affordable Warmth Solutions, who administer the fund on behalf of National Grid. To date, the Fund has supported more than 10,500 first time central heating installations across England, Scotland and Wales.

More information is available on Cornwall Council's website

Apply now to have a warmer home this winter



Could you or someone you know benefit from this Electric Vehicle?



Age UK Cornwall and the Isles of Scilly has generously provided an Electric Vehicle for use by people in South East Cornwall who have trouble getting around. The vehicle can be used by the public, not just for essential trips to doctors or hospitals, but also for shopping trips or even just for a day out.

This is how the scheme works.

The electric vehicle (pictured) is based at Millennium House, Pensilva, where charging points have been installed, powered by Millennium House's photovoltaic roof panels. The vehicle is wheelchair friendly.

The vehicle can be used by individuals or by groups, such as doctors' surgeries, churches, charities, clubs or societies. Prospective users would need to register with Age UK: this costs £18 per year for individuals and £36 per year for groups.

Once registered, the group or individual can book the vehicle at very reasonable rates: £40 for a full day (9 hours). £25 for half a day (4 hours). Or 50p per mile for short trips, like visits to the doctor or dentist or local shopping trips. These contributions are donations to support the running and ongoing maintenance of the electric vehicle. The rates compare very favourably with the cost of taking a taxi. Users will not even need to pay for fuel and the range of the vehicle is such that recharging would not be necessary except for a very long trip. You just need to make sure that you plug back into the charging point on your return.

The person driving the vehicle on behalf of the registered individual or group must hold a valid UK driving licence. *Age UK* will provide a short training exercise covering wheelchair accessibility and vehicle familiarisation at a location to suit the volunteer. Electric vehicles are very easy and safe to drive. Five similar vehicles are based elsewhere in Cornwall.

More information, including terms and conditions and registration forms, can be obtained from Age UK on 01872 266388 or email@ageukcornwall.org.uk; ask to speak to Lee Davies or Ann Lewis.

Millennium House itself will be registering as a group and is looking for volunteer drivers who could spare some time to help others. Other parish or town councils in the area can do the same. To join the Millennium House volunteer drivers group, contact Millennium House on 01579 363096 or stiveparish@btconnect.com

Where two or three are gathered...

There's definitely a feel of autumn in the air and yet more strangeness prevails. We were sort of coming out of lockdown but are restricted yet again. However, restrictions have not affected our church activities and so we are tentatively creeping back to worship. It feels extremely different. We cannot socialise, we must keep distant, and we can't sing. We can take communion in one kind (we will eventually do that, but I want to wrap my head around worship before adding the choreography of the restrictions around communion). Whilst I appreciate many are keen to be together, I am less than enthusiastic as I feel so much of what is valuable is stripped away at the moment, replaced by layers of awareness of space, cleansing and PPE. But there's a deep desire to worship together, so it's happening.

What we are allowed to do is to meet in small groups. The early church began as a movement of people meeting secretly in each other's homes. Sometimes these were quite large gatherings in the homes of rich Christians, and other times they were much smaller. If you are able to get hold of a copy of Paula Gooder's "Phoebe" it gives a good insight to the early church and what the lives of Christians looked like as they tried to discern what it meant to follow Jesus whilst in danger of their lives. It is a novel following the life of one of the leaders of the early church and is beautifully written. I really do recommend it.

The Gospel reading for a Sunday in September followed Matthew 18 where Jesus is talking to his followers about how to deal with disagreement. Jesus ends his advice (which is worth reading!) by reminding his followers that "where two or three gather in my name, there I am with them". In these weird times we need to look at how we sustain ourselves differently. God made us for relationship and so it is no surprise that we miss and crave the habits we know which built relationship, like Sunday church. However, we can meet in smaller groups for now. One of the oddities of our current restrictions (which may, I guess, change before publication of this article!) is that we can meet in mixed household groups of 6 at a social distance. Therefore, we can meet with church friends to read the bible, pray together, and listen to worship music. I can't even find advice that you can't sing together, although if it is deemed unsafe in church it is certainly unsafe in homes.

Over the summer I sent out study material to follow the sermon series that we have been looking at. I hope one of the things that might have struck folk is that bible study does not need to be complicated, and those simple questions (What stood out? What challenged you? How could this affect you going forwards?) can apply to any passage. I really urge people to consider forming smaller groups with friends. It is hard that so much of what we were used to is currently different or impossible, but when we drill down to the nub of what we are craving, it is interaction. And we can make that happen. It might be that it feels a huge step to pick up the phone and suggest to someone that you meet once a week to chat (what if they say no!!! Well, the chances are that they will be delighted to be asked!).

Most growing churches with thriving ministries have a network of smaller groups, and if you look at any larger church, they will have a network of smaller groups. Whilst I know that our make up and demographic is different in our smaller rural setting, the trend still applies that churches with small groups will have more energy and connection with their community, and be more likely to see growth. This is simply because more meaningful relationship is formed, and people are taking more responsibility for their own spiritual growth. It follows that, if we want to see a healthy church and growth, we need to see more of each other. Hopefully the idea of meeting for a cuppa and a chat as a way of seeing our church thrive is not a hardship!

Continued...

Where two or three are gathered... (continued from previous page)

I really want to encourage you to consider finding a way to form a small "hub". It might be that you are part of a pilgrim pod, or bible study group already, and can testify to how helpful it is to have a group that you have shared some learning and journeyed with. It might be that you are not yet comfortable to meet face to face with people. I can easily set up zoom meetings for groups, or you can call one another, or set up something like a WhatsApp group chat.

We are probably a fair way from being able to meet in church as we would like. The guidance we receive that limits our meetings is effectively government guidance and it would be irresponsible for the church to ignore it. I certainly have not experienced a pandemic before, and therefore am more than happy to follow guidance laid down by experienced public health professionals! However, there is still much we can do to ensure we get the support and connection we crave. And more than that, I have hopes that, by building on those connections we made in caring for each other in lockdown, we can create some healthy habits that will ensure our church thrives and grows.

It's hard to be forced to change our familiar and comforting habits. Church is a good habit! But let's use the opportunity to build something that will be even more supportive and sustainable for the future of our church. When the early Christians began meeting in small groups it gave rise to a worldwide movement! And it starts by committing to meet with some friends and talking a little about the bible with them over a cuppa... It isn't so bad!!

LOCAL BABYSITTER

Hi, my name is Megan and I live in Pensilva. I'm studying a level 3 childcare course at St. Austell College. I'm 17 years old and I'm available most evenings for child or baby sitting.

I charge £4.50 per hour for hours between 19.00 and 00.00. After midnight £7.00 per hour.

Phone 07401 295024

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OLD TOOLS - ANY TRADE AND WOODEN TOOL BOXES OLD BICYCLES, PARTS & ACCESSORIES - OLDER THE BETTER OLD TOYS AND GAMES PRE-1980 OBSOLETE CAR PARTS OLD BOOKS, COMICS, MAGAZINES, PRE-DECIMAL. CASH ON COLLECTION - 07492 866255

GEOFF'S BIT

Allotments

Just recently Carolyn and I caught up with friends we first met in Tanzania. The couple lived on a small yacht based in Dar-es-Salaam, and we spent several evenings sailing in the Indian Ocean watching the sunset with them.

They fully intended to sail around the world in their floating mobile home, but a number of obstacles got in the way. As Covid 19 spread across the world they left their boat in storage in Kenya and headed home. They now live in South London, finding it very restrictive after the big skies and freedom of the ocean, and needed to find a new lifestyle.

They acquired an allotment, and this is where they spend most of their days. Used to working and cooking in the tiny galley on their yacht, with the use of basic camping equipment they can produce hot drinks and food as required in their shed. On nice days they can sit back and enjoy pleasant surroundings, and at other times they can busy themselves in the production of an endless supply of fresh fruit and vegetables. They are joined by a small community of like-minded neighbours enjoying their safedistanced company. The allotment provides a safe haven in these difficult times.

I have a number of friends locally who have also found their allotment a source of solace in these difficult times.

I have no idea who started the allotment movement, but I know there are lots of people grateful for it. They enjoy the open air, the exercise, the quiet and the supply of healthy food.

THREE CHEERS FOR ALLOTMENTS!

PENSILVA MEMORY CAFE

Like many village organisations, Pensilva Memory Cafe is unable to meet at present because of the Covid 19 precautions. We do, however, try to keep in contact with our members through the Sparkle, a news sheet telling of events in the past that happened during that month. It is entertaining and informative and guides thoughts back to those previous years, thus stimulating memories. We deliver a copy each fortnight. If you have memory problems, or are looking after someone who does, and

If you have memory problems, or are looking after someone who does, and would like to make contact with this friendly group, please contact Geoff on 362698.

ST JOHN'S CHURCH, PENSILVA

Services for October 2020 Anglicans and Methodists share services at 11 am each Sunday,

Sunday 4th October 11am - half hour service on screen Sunday 11th October 11am - half hour service on sceen Sunday 18th October 11am - Anglican Service led by Geoff Cox Sunday 25th October 11am - half hour service on screen

St. John's Church will be open from 2pm – 4pm on Wednesdays for private prayer

Everyone very welcome

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698, Frances Tucker -363718

The screened services each Sunday morning at 11am are mostly recorded, with responses, but no singing is allowed and masks have to be worn. Hymns are sung by Rev Chloe Jones (a rare treat indeed!), and they are on the screen so the congregation can read them with her, perhaps as prayers. The service lasts about half an hour.

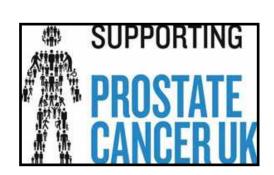


Your local, friendly gym.

Over 20 years working to improve health, fitness and well being in our community We are very sorry to announce that, due to circumstances beyond our control, we are closed during October. Members who have been attending during August and September will be contacted when we are ready to reopen. Please rest assured that we are doing everything in our power to find a way of working that will get us through the pandemic and, we hope, lay the foundations for the next twenty years and beyond!

For more information please email abwgym@gmail.com





As a result of COVID-19 our monthly meetings are postponed until further notice. We are still available to support anyone who needs us during this period and have members who have experience of various surgical procedures, radiotherapy, and hormone therapy. If you are recently diagnosed and just want to have a chat about your treatment or your options, don't hesitate to make contact.

TAPS membership is free and open to men and their partners. For more information on TAPS please contact Chris Greensted by phone on 01822 834797 or by email to <u>tapsinfo555@gmail.com</u>.

Other excellent sources of support are: -Prostate Cancer UK (PCUK): 0800 074 8383 Tackle Prostate Cancer (UK): 0800 035 5302 The Chestnut Appeal: 01752 792736 (Derriford Hospital) The Mustard Tree Centre: 01752 430060 (Macmillan Cancer Support)

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times during lockdown:

| Tuesday | - | 9am to 1pm |
|-----------|---|----------------|
| Wednesday | - | 9am to 12 noon |
| Friday | - | 9am to 12 noon |

Note - Back open on Wednesdays

The travelling post office at St Ive Institute is open on Wednesdays, 10:30-12 noon.

Saint Ive Parish tree-planting survey Please let us know about any trees that you plant within the Parish. We will include them in our own survey and we will notify the Forest for Cornwall on your behalf, if appropriate. Contact us by phone: 01579 383967, or by email: parishpump@btconnect.com, or via the Saint Ive Parish Climate Action Group Facebook page. Pictures very welcome.



Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please ring the Parish Office on **01579 363096** or leave a note at Millennium House reception or email **parishpump@btconnect.com**.

Please let us know when your item has sold

| Wheel & Tyre. New. Size 195/50 R15. £50. 01579 383054. Canon IP2700 Printer. £20 Computer screen 19" £20. Epson Perfection v350Scanner Photo £20 Sony Revia 42" TV. £45. | Approx. 2,200 copper disc rivets for fibre cement roof slating. £10. 5 Medium size Kit Bags in reasonably good condition (no cords). £25 the five. Set of 5 collectible Meerkats. VGC with certificates. £30 the set of 5 or £10 each. 2 large size lightweight camouflage military jackets £5 each. Tel 01579-384658 | |
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| ono. 07770 747353. Pensilva area | Maximuscle home gym system £100 ono. | |
| Car seat. Fisher Price FP2000 Safe Voyage seat used from birth. Good condition. Used about 5 times as extra seat at Nana's house. £10. 01579 383967 or 07933 960113 - St Ive | Black leather chaise longue. Excellent condition. £100 ono. Scelextric Sport Le Mans set. Still in box. Great condition. £100. Plastering gear: 110v paddle mix with transformer, various trowels, hawk and other bits. Good for DIY etc. £70 ono. Easycamp Tour Ligata 6 berth tent. Used only 3 times. £100 or offers. Dark brown leather chair. £50 07980 380224 - Pensilva area. | |
| Toshiba sewing machine £30. New pond liner 5m x 5m £30. Five Crittall windows 900mm x 1000mm approx. Suitable for shed or greenhouse. Free. 01579 363573 | | |
| Set of Snow chains , new and unused fit 14" to 19" rims, self adjusting. £40 Pensilva 01579 362207 | Brown speckled carpet , 2m x 5m. Brand new (over ordered). £50. Arch design headboards. £20 each or £35 pair. 01579 362211 | |

PLEASE LET US KNOW WHEN YOUR ITEM HAS SOLD

PENSILVA VILLAGE HALL

Due to the Coronavirus outbreak all activities in the hall are cancelled until further notice.

Anyone wishing to book the hall for future meetings, birthday parties or



fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peterpensilva@gmail.com

Please note that as well as hall rent there is a coin meter for heating at 60p/hr.



MOBILE LIBRARY

The County Mobile Library is

back. It visits our area once a month on Fridays of "week 3" (not necessarily the 3rd Friday of the month).

Next visits: 23rd Oct, 20th Nov, 18th Dec, 15th Jan.

Stops at The Victoria Inn, Pensilva, 10.25-10.45am; Quethiock bus stop 11.00 to 11.20am.

Struggling with Sight Loss?

◆ iSightCornwall

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids Assistive Technology: Advice on products Benefits Advice: Assistance to claim entitlements Equipment Demonstration: Advice on gadgets Social Clubs & Activities: Links to clubs & activities in the county For more details Telephone 01872 261110 or visit www.isightcornwall.org.uk

ADVERTISING SECTION Please support our advertisers!

Advertisers please note:

Due to restrictions in place as a result of the COVID19 outbreak, the Parish Pump is currently being published online only. For as long as this situation persists, we will continue to run the ads placed by our regular advertisers FREE OF CHARGE. For those of you that have paid in advance, the end date of your advertising run will be extended accordingly.

New and occasional advertisers, please call the editor on 01579 364016 to discuss. Many thanks.



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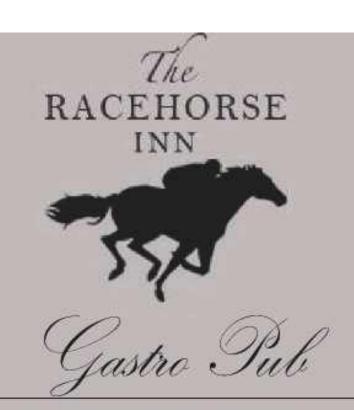
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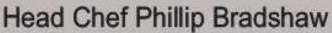
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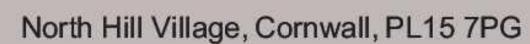
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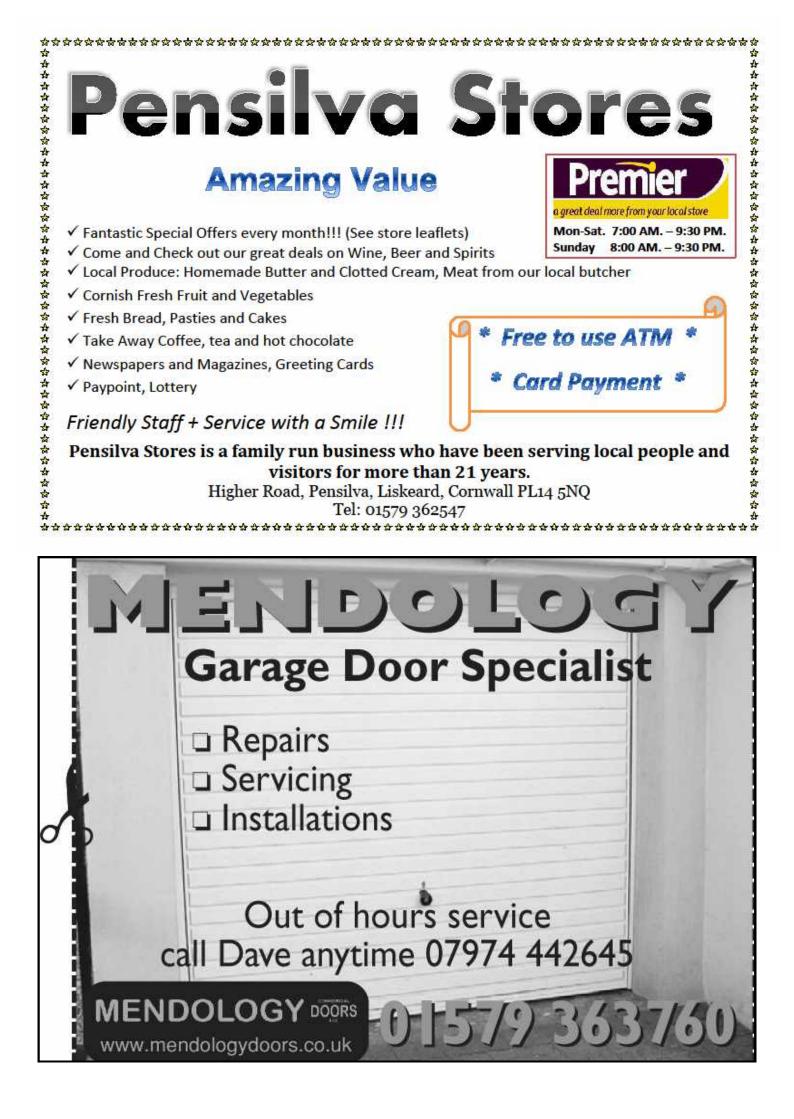
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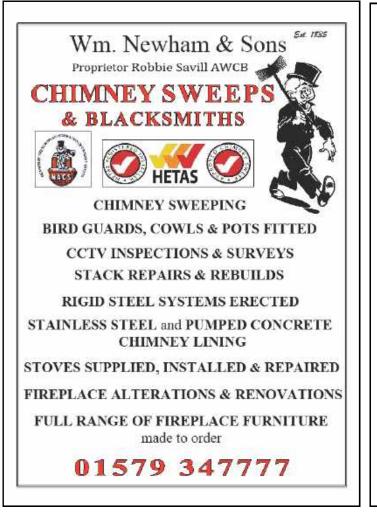
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