THE PARISH PUMP



March 2020 Edition 460



The Newsletter for the Parish of St Ive



Pensilva Youth FC under eights, who play in the East Cornwall Youth Football League. Many thanks to sponsors Pensilva Stores for the kit and Martin Perry Associates for the jackets. Players are Dexter, Leo, Logan, Zack, Ollie, Trinity, Thomas, Noah and Cody.

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Peter Haimes (chair	·) 01579 362459	Alan Moss (vice-chair)	01579 362064
James Bruce	07411 192645	Marlene Carr	01579 362919
Martin Corney	01579 382450	Angie Haimes	01579 362459
Rosemary Farley	01579 384810	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Kath Parkes	01579 362005
Ivor Vaughan	07979 934604	Craig Vaughnley	01579 364083

Samantha Reilly via Parish Office 01579 363096

Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Monday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting

Monday 9th March, 2020



101 Minicom 18001 101

Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173. email: CIOSNBMLiskeard@devonandcornwall.pnn.police.uk
To report a crime call 101 or go to www.devon-cornwall.police.uk
In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down at the Mel Bar, Millennium House



From the Editor

Well, the way 2020's going, we'll be up to 'Storm Zebedee' before we get any warm, dry weather! It's an honour, though, for our parish, to have been chosen to host **H₂O2020**, the Association of Water Molecules' global convention; by the time February is over, every single water molecule on planet Earth will have passed through St Ive Parish on its way to cause mischief somewhere else. As far as I've heard, though, we have so far got off lightly in terms of damage, compared to other, less fortunate places.

I must draw your attention to the notice on page 8 about the Age UK electric vehicle based at Millennium House. It is available for anybody to drive, free of charge, provided that it is used to help an elderly person to attend appointments, or access services, or to do whatever they need. But it does require somebody to drive it, so we need volunteers to register. Electric vehicles are easy to drive, as you'll find out if you read Tony Hill's article on the subject on page 11.

Keep well - Joe. (P.S. It's probably not true about the water molecules!)

VOLUNTEER NEEDED TO DISTRIBUTE THE PARISH PUMP IN GLEN PARK, PENSILVA

If you are able to help please call:

Sue and Shaun Hill on 01579 363631 or 07481 133343

Or email: parishpump@btconnect.com

The round takes about one hour for one person, once a month.

Thanks!

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

If no-one is available please leave a message in our **letter box at** the front of the building or on our answer phone by calling **01579 363096**.

Community Coffee Shop Please see separate notice on the next page

Bar 5pm till 11pm Monday to Friday

12am till 11pm Saturday and Sunday

COMMUNITY COFFEE SHOP MILLENNIUM HOUSE, PENSILVA

OPENING HOURS

Monday 10.a.m. to 1.p.m.

Tuesday 9.a.m. to 1.p.m. Wednesday 9.a.m. to 1.p.m. Thursday 9.a.m. to 1.p.m. Friday 9.a.m. to 1.p.m.

Open to small groups (pre booked) for Cream Teas - Buffet - Lunch Bites

The Coffee Shop is run by volunteers who aim to offer a cheery, relaxed atmosphere for you to sit and enjoy a cuppa. We adapt our service in response to feedback from members of the public, whose support we rely on to continue. We would like to offer our sincere thanks for your support of the Coffee Shop.

RESIDENTS OF ST. IVE

Did you know we have a reasonably large, well appointed Village Hall at St. Ive Cross? It is currently being used for:-

Childrens Parties, Wedding receptions, Wakes,

General Events, Line Dancing, Gardening Club,

Snooker Club, Singing Group, Games Nights,

Coffee Mornings, Post Office (Wednesdays 10.30am - 12.00)

The Hall is run by a Committee of Volunteers who could do with some help at times. If you fancy coming to a Committee Meeting to see how it all works, you would be made very welcome.

The next meeting is on Tuesday 14th. April, with the AGM at 7pm, followed immediately by the quarterly meeting.

If you want somewhere as a venue for hire, try it!! Very reasonable rates!

Contact the Booking Officer..... Suzy on 01579 383291

CHAIRMAN'S COLUMN

I have a few things to pass on this month. Firstly, I would like to say sorry to customers at Millennium House for a shortage of hot water in many areas, (showers especially). We have had a major problem with the hot water boiler, and after considerable effort by our gas service contractor, they have been unable to source the spares to repair our obsolete boiler, so a new boiler has been sourced and installation should be completed by the beginning of March. This is also why part of the pergola is missing by the front door, it has had to be removed to allow for scaffolding to be erected. This in turn has highlighted considerable deterioration in the pergola woodwork, which may mean it has to be removed completely for safety reasons.

A couple of dates for your diary now, on March 21st the theatre is once again coming to Pensilva, with the staging of "Agatha Crusty and the Village Hall Murder" by YN PONT DA (see advert elsewhere in the Pump). The other diary date is May 8th when Millennium House will be combining its anniversary party with the 75th anniversary of VE day (including the 3pm national toast to the fallen). This will consist of a street party, either in the sports hall or outside depending on the weather!

I would like to thank those who have volunteered to help clear the triangle of brambles at the end of Slade Park Road, in preparation for tree planting. So far, the weather has been against us in February, but hopefully we can crack on in early March and get the trees planted later in March.

Lastly, I have to let you know that the recycling of crisp packets etc at Millennium House has stopped at the end of it's trial period. This is as a result of several problems with the collection, sorting and growth in the size of the operation from the agreed two boxes, which made the reception area look untidy. It is sad we had to remove this facility, but it is still available at Pensilva school and Tesco's at Callington. That's all for this month.

Pete Haimes

FILM CLUB REPORT

About fifty people watched the screening of Downton Abbey at Millennium House on Valentine's Day, and they thoroughly enjoyed it, judging by the audible chuckles throughout.

On March 13th we will be showing Green Book (see separate notice). The San Francisco Chronicle's reviewer wrote of this film:

"...there's something so deeply right about this movie, so true to the time depicted and so welcome in this moment; so light in its touch, so properly respectful of its characters, and so big in its spirit, that the movie acquires a glow. It achieves that glow slowly, but by the middle and certainly by the end, it's there, the sense of something magical happening, on screen and within the audience."

Doors open, as usual, at 7pm with the movie starting at 7.30.

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: <u>not</u> necessarily the 3rd Friday of the month).



Next visits: 14th Feb, 13th Mar, 3rd Apr TBC, 8th May, 5th Jun

Stops at: The Victoria Inn, Pensilva, 10.25-

10.45am; Quethiock bus stop. 11.00 to 11.20am.

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for January 2020

1st No. 38 Mrs M Dymond 2nd No. 43 Mrs P Mitchell 3rd No. 48 Mrs J Wise

Thank you for your support



ageukcornwall.org.uk Lee Davies or Ann Lewis

Age UK Electric Vehicle at Millennium House

AGEUK has successfully secured European Regional Development (ERDF) funding to contribute towards the purchase of 6 fully accessible Electric Vehicles. 6 Electric Vehicles have now been purchased and are ready to be used by local groups & the Cornish community.

Their aim is to connect local communities and reduce social isolation using environmentally-friendly transport solutions. The Vehicle situated at Millennium House can be used by individuals or community groups, for hospital visits, outings etc. The vehicle is capable of carrying a wheelchair.

Individuals and groups will have to register with AGEUK, bookings are also carried out through AGE UK for a fee. Application forms can be obtained from Millennium House Reception.

The Parish Council are looking for Volunteer Drivers for the Parish, to be called on to use the vehicle for those in the community who are unable to get transport to appointments, or get to the shops. Please contact our Parish Clerk on 01579 363096 to register your interest



SEW, KNIT AND NATTER.

WHY NOT JOIN US ON

THE LAST TUESDAY OF EACH MONTH

for sewing, knitting or just for a chat and a

cup of tea or coffee and cake.

We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

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TRADITIONAL STONE SERVICES

CLASSIC & TIMELESS STONE MASONRY AND LETTERING

MEMORIAL CLEANING

COMMISSIONS TAKEN

01579 363693 or 07507 782282

PENSILVA W.I. FEBRUARY MEETING REPORT

Wildlife, we all love looking at pictures of animals in their own habitat, so Pensilva WI were in for a treat when Colin Sargent came to show us a selection of the truly awe-inspiring photos he had taken. President Jean Hoare warmly thanked Colin (and his wife) for coming along and showing them to us.

Reminder: Saturday 22nd February, Skittles afternoon, Millennium House, Pensilva, 2.00pm.

Horticultural Show meeting, Monday 24th February, 7.00pm at Jean's.

Birthdays of the month: Rosemary Farley, Julie Thorpe, Jacqueline Olver and Margaret Hangar were presented with a card and posies.

Our annual meeting was held with President and Committee being elected and prizes awarded for the competitions held throughout the year. Flowers: 1st Jill Pascoe, 2nd Mary Yates, joint 3rd Verna Dawe and Alison Willis. Crafts: 1st Verna Dawe, 2nd Cherry Woodhouse, joint 3rd Frances Tucker and Alison Willis.

Monthly competition: Flower 1st Irene Elliot, 2nd Maureen Walker, 3rd Alison Willis. Craft 1st Alison Willis, 2nd Verna Dawe, 3rd Irene Elliot.

Next meeting Wednesday 11th March at 7.15m in Millennium House, Pensilva will be Mike Harwood talking about 'the sailing of the Mayflower'. Competition will be 'a boat related item'.

St Ive and District Gardening Association

At our first meeting of the new year, Michael Stephens came along to give us some tips for growing the best onions and some interesting facts about them. Did you know onions only grow wild in the Northern Hemisphere?

He also covered their decorative relatives, the alliums, with ideas for choosing the right ones to fill those gaps in our borders. Next month on 2nd March, Iain Rowe, Secretary of Caradon Archaeology, will talk about Caradon Mines and Miners. We meet at 7.30pm in St Ive Village Hall and visitors are always welcome to join us.

This talk will follow our AGM which will start at 7.00pm.

Tree Planting Event at St Ive

On **Saturday 21st March**, the St Ive Parish Climate Action Group will be holding a tree-planting event in St Ive recreation park. Please meet in St Ive Village Hall at 10.00am ready for tree planting at 10.30am. You can take the No 74 bus from Pensilva at 9.48am arriving in St Ive at 9.56am. The bus goes back to Pensilva at 12.30 and 14.30pm There is also a car park near the recreation ground. Bring your children and a spade or hand tools if you have them. Come in your wellies or boots and wrap up warm. There will be hot and cold drinks supplied after the trees are planted.

Bring your own sandwiches if you wish. No dogs allowed in the park.

The trees, supplied by The Woodland Trust. will be elder, rowan, crabapple and hazel. Please tell your children that the trees are very small when they are planted. There may be a few bigger plum and apple trees to plant. We have chosen trees that give food for humans and wildlife.

The trees planted will be counted for our tree-planting survey and for the Forest for Cornwall.

In future, **St. Ive Parish Climate Action Group** meetings will be held on the first Thursday of each month at 7pm. The March meeting will be on March 5th, 2020, at Millennium House, Pensilva, usually in the upstairs gallery. Anybody who would like to get involved please come and join us or for more information contact pwwiscombe@hotmail.com.

Saint Ive Parish tree-planting survey

Please let us know about any trees that you plant within the Parish. We will include them in our own survey and we will notify the Forest for Cornwall on your behalf, if appropriate.

Contact us by phone: 01579 383967, or by email: parishpump@btconnect.com, or via the Saint Ive Parish Climate Action Group Facebook page. Pictures very welcome.

Electric Cars - The Pros and Cons Tony Hill, Golberdon Road, Pensilva

We have owned a Nissan Leaf, since October 2017. We bought it second hand by trading in our previous vehicle. We took out finance to pay for it which costs £160 per month. The price includes the cost of the battery, but some electric cars have a leasing arrangement for the battery.

The Pros:

- Charging at home we can make return journeys to anywhere up to about 40 miles away without having to find a charging point. That's roughly Truro and back or Totnes and back. A larger range is possible on flatter roads, and newer models have a greater range.
- We have photovoltaics at home, so charging on good, sunny days is free.
- There is no road tax to pay and city congestion charges do not apply.
- Driving costs when charging at a service station are about 6.25pence per mile, which is nearly half the cost of driving with petrol or diesel.
- We are on an electric vehicle tariff with our energy supplier (Good Energy) which saves us about £80 per year.
- It's easy to drive. It's just like driving any other automatic car, only quieter. The dashboard displays a monitor of your driving energy use, so you can easily learn to drive at maximum efficiency. It also displays how many miles you have enough energy for.
- The car does not produce any exhaust pollution.
- All motorway service stations have fast charging points. We have never had to wait for one to become free.
- Servicing the vehicle is cheaper, no oil changes, etc.
- A grant is available to install a home charging point which is twice as fast as charging using a domestic 13amp socket.
- When braking and when going downhill, the car is charging itself.
- Overall, even with the finance costs, I believe we are financially better off than when we ran a petrol car which had no regular finance costs.

The Cons:

- Long journeys may require more planning to find charging stations.
- A smartphone is necessary with charging company apps to make payments and Zapmap to locate the points.
- The most efficient speed is 55-60 miles per hour, so motorway journeys take longer.
- When using the car heater you lose 2 or 3 miles off the overall distance available.
- Very cold weather reduces the battery efficiency so you have slightly fewer miles available.
- The fastest chargers, currently 50kW CHAdeMO, take about 45 minutes for a full charge. More powerful chargers are anticipated soon, which will reduce the charging time.
- Different companies have different paying methods. Hopefully this will change in the near future and become easier.

Ruth and Colleen's Monthly

BINGO

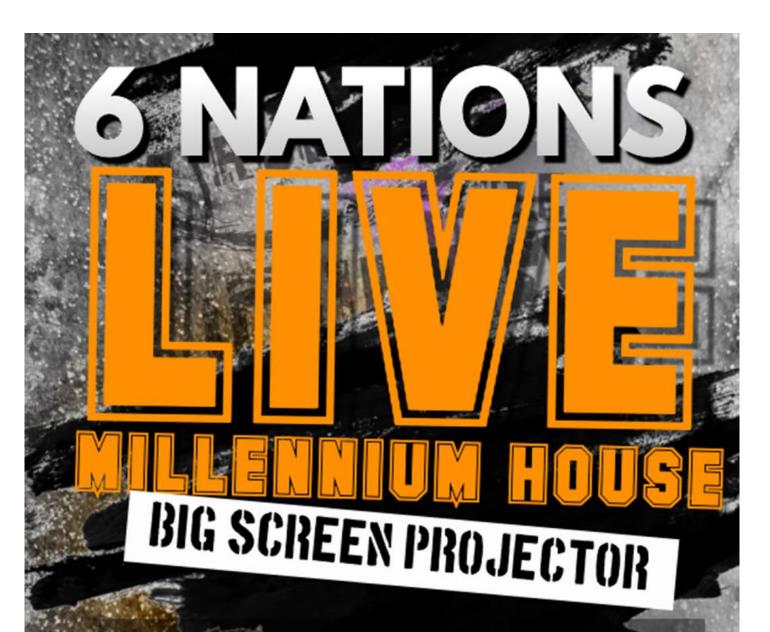
At Millennium House on Tuesday March 3rd

Eyes down at 7:30pm Over 18's only £££ CASH PRIZES £££

St Ive Church
Table Top Sale
Sat 7th March 10:30 to 3pm

Lots of Tables
Loads of Bargains
House clearance Items
Farm Fresh Meat from Trehill Farm
Homemade Refreshments

Ample parking behind the Church



Sunday 8th March Saturday 14th March 15:00 Scotland v France 14.15 Wales v Scotland 16:45 Italy v England 15:00 France v Ireland

The following matches will be shown in the Mel Bar

Saturday 7th March

14:15 Italy v Ireland 16:45 Wales v England

MEAL DEAL PINT AND PASTY £5

Pensilva Community Association and C-Fylm Present



FRIDAY, MARCH 13th 2020

and every second friday of the month after that!

DOORS OPEN 7PM, FILM STARTS 7:30PM

£2.50 for C-Fylm members * JOIN FOR FREE ON THE DOOR



Dr Don Shirley is a world-class
African-American pianist, who is about to
embark on a concert tour in the Deep South
in 1962. In need of a driver and protection,
Shirley recruits Tony Lip, a tough-talking
bouncer from an Italian-American
neighbourhood in the Bronx. Despite their
differences, the two men soon develop an
unexpected bond while confronting racism
and danger in an era of segregation.



PENSILVA W.I. will be holding an

AFTERNOON TEA

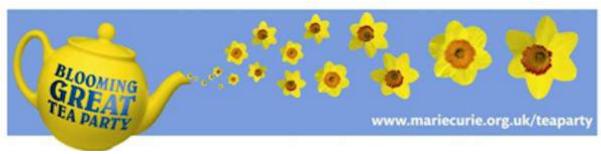
IN AID MARIE CURIE CANCER CARE

At PENSILVA VILLAGE HALL

On SATURDAY 14TH MARCH at 2.30pm.

RAFFLE AND BRING AND BUY.

Entry £3.00 to include tea and cakes.



Yn Poynt Da present

AGATHA CRUSTY and THE VILLAGE HALL



MURDERS

By Derek Webb

on



in

Millennium House Pensilva

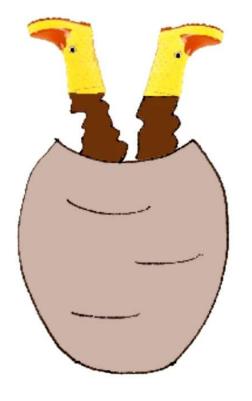
at 7.30pm

Refreshments

Tickets - price £5

obtainable from

Millennium House
reception



'An amateur production by arrangement with Stagescripts Ltd'



TABLETOP



SATURDAY APRIL 18TH

BUYERS: 10AM - 1PM, FREE ENTRY

SELLERS: SETUP FROM 9AM, £5 PER TABLE. PLEASE CALL OR DROP IN TO BOOK A TABLE.

MILLENNIUM HOUSE 01579 363096

PENSILVA WEDNESDAY CLUB

The Wednesday Club now meets at Millennium House, Pensilva 2 - 4p.m on alternate Wednesdays. Next meetings: March 4th & 18th, April 1st, 15th & 29th

All adults welcome to join £2 per meeting including refreshments.

Information: Sheila Wherly 362832 (Chair)
Marlene Carr 362919 (Secretary)

Art Classes with Yvette

Millennium Centre, Pensilva.

If you have always wanted to Sketch or Paint 'Why Wait'?? Come and Join one of my classes, they are fully structured, suitable for both beginners and improvers.

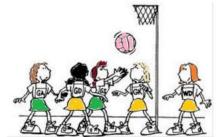
Kick start your hobby in a 'friendly and relaxed' atmosphere, aimed at 'enjoyment'.

Drawing Class - Wednesday Mornings 9.30am to 12.30pm Watercolour Art Class - Wednesday Afternoon 1.30 to 4.30pm

Other Classes & One day workshops or demonstrations also available.

Contact Yvette on 07886 343621 or

email: yvettewiltshire@sky.com website: www.artwithyvette.com



Ever tried...

Walking Netball?

Come along to Millennium House, Pensilva Every Thursday 4.45-5.45pm - £2 per session Info from rosemaryfarley@gmail.com or Irene Elliott 01579362069

Victoria Inn

The Cross, Pensilva, Liskeard, Cornwall. PL14 5NB

Tel: 01579 363933

Website: www.thevictoriainnpensilva.co.uk

Opening Times

Monday 5pm - 11pm (Food 5.30pm - 8.30pm)

Tuesday 5pm - 11pm (Food 5.30pm - 8.30pm)

Wednesday 12-3pm, 5pm-11pm (Food 12-3pm & 5.30-8.30pm)

Thursday 5pm - 11pm (Food 5.30pm - 8.30pm)

Friday 9.30am - 11pm (Food available 9.30am - 8.30pm)

Saturday 12 – 11pm (Food 12 – 8.30pm)

Sunday 12 - 11pm (Food 12 - 7pm)

Food available 7 days a week

New Menu from 1st February 2020 Eat In or Takeaway

Monday, Tuesday and Thursday Evening £5 Special (Separate menu available)

OAP Carvery every Wednesday 12 – 3pm

Sunday Carvery 12 – 3pm

MOTHERS DAY

We are taking bookings for our Mothers Day Carvery There will be two sittings 12-2pm and 3pm-5pm Please book early to avoid disappointment

DEFIB FUNDRAISING

A huge thank you to everyone who attended our Valentines Evening and all the locals in the pub for their contributions so far. The raffle will take place on the 1st March when we are hosting a Motorcyle Rideout, starting at the pub at 10am and returning again at around 3pm.

Please contact us on 01579 363933 for more details of the ride or if you wish to donate money or a raffle prize

Pensioners Lunch

2 Course Meal plus Tea or Coffee Only £6.00

Every Tuesday here at Millennium House
Speak to our reception or
telephone Millennium House on <u>01579 363096</u>



So why not join us for good food and good company, all on the day you collect your pension?

All Being Well

Your local, friendly gym.

Over 20 years working in our local community to improve health, fitness and well being. Call **01579 363890**, drop in at Millennium House, Pensilva, email abwgym@gmail.com or visit our website www.abwgym.co.uk

Debbie Hicks - Counselling and Psychotherapy

Caring, confidential counselling for all.

I work in a therapeutic relationship to help you understand yourself better. I offer a warm, approachable, relaxed environment for you to untangle your thoughts and emotions.

More info on my website or by contacting me.

www.debbiehickscounselling.co.uk Email:debbiehicks10@gmail.com 07851 133782





MEMORY PROBLEMS?

If you have memory problems, whether mild, moderate or severe, you can feel a bit isolated or lonely. If you care for someone with this problem, we know how hard it can be. Our Café offers the opportunity for you to relax for

a couple of hours now and then.

We have a varied programme throughout the year with some interesting speakers, musicians, crafts, games and occasional outings. You would be very welcome to come and join us for some reminiscences, music, fun and laughter.

Pensilva Memory Café

Social activities and refreshments in a friendly and informal setting. We'd love to see you. We meet on the 4th Thursday of each month at St John's Church from 2pm to 4pm. Tea/coffee and cakes always provided.

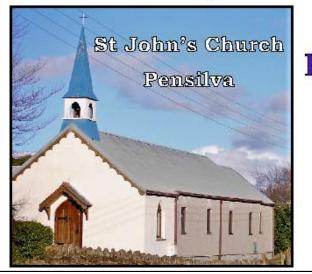
Free entry but donations of £1 per person are

much appreciated.

For more info phone Pat 01579 363461 or Carolyn 01579 362698



Every Thursday from 5th March to 9th April 12.00 noon to 1.30 pm



Please come & enjoy a simple meal of homemade soup with a roll & cheese and coffee or tea.

Suggested donation: £3.50

Badminton?

Come and join our relaxed and friendly group at Pensilva

Millennium House

Mon & Tue 7.30 - 9.30pm Friday 8.00 - 10.00pm

For further info phone
Nigel or Carol on
01579 363594 or
07885 798370

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us.

We meet at
Millennium House
10-2 every <u>Friday</u>.
Please come & see
us or phone Pam on
01579 363441.

Wesley Online Centre

Computers, Internet & Support - FREE!

Opening Times:

Tuesday: 7-9pm Wednesday: 10am-1pm Friday: 2-5pm; Saturday: 10am-12pm

PC access and advice in a friendly and supportive setting.



For Everyone:

Whether you're a complete computer novice and would like to learn some basics, want access and information to help with JobSearch or UC, the WOC is here to support you with it's PC suite – all for free!

Liskeard Methodist Church, Barn Street, Liskeard PL14 4BL

For more info: call 01579 276877 or email online@liskeardmethodist.org.uk

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peterpensilva@gmail.com



Please note that as well as hall rent there is a coin meter for heating at 60p/hr.

We hold a Hall a users and committee meeting on the fourth Monday of every 2nd month starting in January at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall				
Meeting Times	Organisation	Contact Person	Telephone	
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239	
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091	
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228	
Fri. 1:00 - 3:00	MIMS	Chris	01579 343702	
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091	

St Ive Institute & Village Hall				
Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travellling Post Office		
First Monday	7:30pm	St Ive Gardening Club		
Every Monday & Thursday	7:00pm	St Ive Snooker Club		

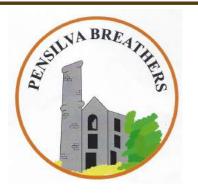
Debbie's Care Services Recruitment Agency Tel. 0777 948 3230

Hello, my name is Debbie. I am a local lady who has been working in the community for over 30 years. I run a Care Recruitment Service placing fully trained carers into community care roles.

We provide the following services and more!

- Assisting bathing / showering
- Preparation of meals
- Cleaning / Shopping / Ironing
- Companionship / Friendship and emotional support
- Assisting with mobility
- Day, Evening and Night Care







Started by PATIENTS Run by PATIENTS For the PATIENTS with COPD and long term conditions

Are you living with COPD or another long term lung condition?

Why not join our friendly group for company, light exercise & support?

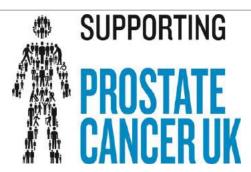
We meet upstairs in Millennium House, Pensilva, Mondays 12.30 - 2.30

First week FREE. Thereafter £3 per week. Refreshments provided.

If you would like more information please call us

Pauline: **01579 532467** Jeanette: **01579 363691**





On March 25th, Dr David Harris from Tamar Valley Health will be our guest speaker to talk about "Recent developments in the management of side effects resulting from prostate cancer and treatment." As medical research continues to improve, Dr Harris' talk will be of interest to anyone diagnosed with prostate cancer.

It has recently been reported that prostate cancer is now the most frequently diagnosed cancer in the UK, overtaking breast cancer. The reasons are complex, e.g. ageing population, better testing, but is also due to men being more open to considering their long-term health, helped also by a number of male celebrities revealing their own conditions. TAPS exists not only to support men already with prostate cancer but also to raise awareness so that more men may discover their condition in time to improve their life expectancy.

Our meetings take place on the fourth Wednesday of each month and are held in the

Council Chamber in Callington Town Hall at 6pm

TAPS membership is free and open to men and their partners. For more information on TAPS please contact Chris Greensted by phone on 01822 834797 or by email to tapsinfo555@gmail.com.

PATIENT PARTICIPATION GROUP

We are a group of patients who meet every other month with Pensilva Health Centre for discussion, comments and suggestions about your surgery. We also support the flu clinic sessions and are available to offer assistance as and when required.

We also organise a 'Walking for Health' group and a 'Carer & Bereavement Group'.

For information contact Marlene Carr 362919 (Chair)

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PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

Meetings are held every third Thursday of each month at 11.30.a.m. Meet in Millennium House car park.

For any information please contact Dot Napier 01579 362001



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Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk

St Ive Church

Services

Mar 1st Morning Worship John Howard 11.15am

Mar 8th Service at Chapel 11am

Mar 15th Holy Communion Rev Becca Bell 11.15am Followed by lunch

Mar 22nd Service at Chapel 11am

Mar 29th Cluster Service at St Cleer 10:30am

Other March Events

Fri 6th Produce Market and Lent Lunch 10:30am

Home made cakes etc. Fresh veg. Locally made pasties. Pickles, jams and much more. Refreshments and delicious soups. Plus **Farm fresh meat from Trehill Farm Produce.**

Sat 7th March Table Top Sale 10:30 to 3pm

Lots of tables. Homemade refreshments. Locally made pasties. Loads of bargains. Farm fresh meat. Ample parking behind the church.

Fri 13th & Fri 27th Lent lunch in the Chapel 12:00

Sun 15th Lunch on Church 12:45pm All welcome. Only £7 for 2 courses.

Fri 20th Lent Lunch 12:00. Delicious homemade soups with crusty bread.

Priest in Charge Revd Becca Bell 07899 363458 revbeccabell@gmail.com

Church Wardens Brian Dwelly 01579 364010 btdwelly@aol.com

Richard Connell 01579 363833

Please let the Churchwardens know of anyone requiring a home or hospital visit.

Donations for Liskeard Food Bank can be left in the Church each day 10am to 4pm.

Pensilva Country Dance Club

We are a small, friendly group that meets once a fortnight in Millennium House, Thursdays, 7.30pm to 9.30pm. If you would like to join us to try country dancing, we would give you a warm welcome. No previous experience needed!

For more information ring Jill 362819 or Liz 340942.

St Ive Methodist Chapel

Services for March 2020				
Sun 1st Mar	11.15 am	United Service at St Ive Church		
Sun 8th Mar	11 am	Mr Julian Langston		
Sun 15th Mar	11:15am	United Service at St Ive Church		
Sun 22nd Mar	11am 5pm	Rev. Iris Bray with Communion Food for Thought at Pensilva		
Sun Mar 29th	11am	Mrs Linda Eastlake		

The Chattermakers craft group will meet in the Guild room on Thu 5th & 19th Mar from 7:30 pm. All welcome.

The Village prayer group will meet on Wed 11th and 25th March at 7:30pm. All welcome. Please ring 01579 382334 to make sure the meeting is going ahead.



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ST JOHN'S CHURCH, PENSILVA

Services for March 2020

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 1st Mrs Kathy Lang 11am

> Liskeard Methodist Church 6pm

Sunday 8th 11am Café Church

Sunday 15th 11 am Anglican Service

Sunday 22nd 11am Rev. Sue Hill, Holy Communion.

> **Food for Thought** 5pm

Sunday 29th 11am Menhenniot Church, United Cluster Service

Café Style Church at 10am each Thursday followed by coffee, discussion & chat. Everyone very welcome.

The church is open daily 10am to 4pm for private prayer or meditation or just a cup of tea or coffee.

Afternoon Tea Friday 6th March, 3pm at St John's. Everyone very welcome.

Lent Lunches. Thu. 5, 12, 19 & 26th March. 12 noon - 1:30pm, at St John's Church. Lent Course. Fri. at 7:30pm on 6, 13, 20 & 27th March. Contact Carolyn on 362698 for further details.

Sew Knit and Natter, Tuesday 31st March from 2-4pm, everyone very welcome to join this friendly group.

Memory Café Thu 26th Mar, 2-4pm for those with memory loss and their carers.

Prayer Group: 2pm Fri 13th & 27th March. Please ring Eileen on 362580 or Carolyn on 362698 if you would like prayer for yourself or someone else.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox, 362698 or Frances Tucker, 363718.



Collection point open every foodbank day, 10am to 4pm in St John's Church, Pensilva.

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A Wednesday morning group meets at 09:30am in the Sports club, Liskeard

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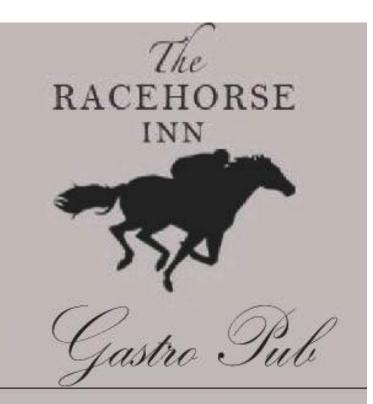


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What's on in St Ive Parish?					
WHAT'S ON	WHEN	CONTACT DETAILS			
MILLENNIUM HOUSE					
Aikido	Thursday 7:00pm				
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00				
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)			
Book Exchange	Daily	01579 363096			
Pensilva Breathers	Monday 12.30pm - 2.30pm	01579 532467 Pauline			
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham			
Drawing Class	Wednesdays 09.30am - 12.30pm	07886 343621 (Yvette Wiltshire)			
Ladies Netball	Friday 09.15 - 10:15am	07985 387472			
Penmill Art Group	Friday 10am - 2pm	01579 363441			
Pensilva Wednesday Club	Alternate Wednesdays 2:00pm	01579 362832 Sheila			
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096			
Short Mat Bowls	Thursday 7:00pm	01579 208528			
Watercolour Art Class	Wednesdays 1.30pm - 4.30pm	07886 343621 (Yvette Wiltshire)			
Wildlife Group	Quarterly	01579 362539 (Hilary)			
Woman's Institute	2nd Wed Monthly 7:15pm	01579 362531 (Jean Hoare)			
Yoga	Wednesday 7:00pm	01579 344464			
PENSILVA VILLAGE HALL					
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver			
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond			
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly			
MIMS	Friday 1.00 - 3.00pm	01579 343702 (Chris)			
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond			
Rangers	For Info	01579 362982 Kirsty Oliver			
PENSILVA PRE-SCHOOL					
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)			
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)			

ST IVE INSTITUTE					
Gardening Club	1st Monday monthly 7:30pm	01579 382762			
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum			
Post Office	Wednesday 10:30 - 12 noon				
Coffee Morning	Wednesday 10:30 - 12:00				
St. Ive Singing Group	Thursday 4.00 - 5:30pm	01579 382341 (Clare)			

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Hall meetings will now be held quarterly on the second Tuesday of the month in January, April (includes AGM), July and October.



ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Monday 2nd March 7pm Annual General Meeting. Then at

7.30pm Iain Rowe will talk to us about Caradon Mines and Miners

Monday 30th March A visit to Calamazag Nursery, St Martins, Looe, PL13 1NX

Assemble in St Ive car park to leave at 6.15 pm. Car share £1.50

Plants for sale

Visitors and new members are always welcome to join us.



St Ive Games Evenings

Board Games, Card Games and Table Tennis
The next Games Evenings will be on
Friday March 6th, at 7pm

For further details contact Maggie or Wendy on:

01579 208572

or email: wendycarr21@gmail.com

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

Also at St Ive Institute, Wednesdays 10:30-12 noon.

THE MEL BAR MILLENNIUM HOUSE

Licensed Free House

GUEST ALES - LAGERS - CIDERS - WINES - SPIRITS

Opening Hours

Mon - Fri - 5 pm to 11 pm Sat / Sun - 12 noon to 11 pm

01579 363096