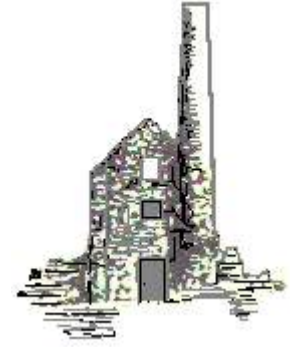


THE PARISH PUMP



May 2019
Edition 450



The Newsletter for the Parish of St Ives



Members of St Ives and District Gardening Association. Sitting on the fence? Not a bit of it! Fully committed to enjoying their early Spring daffodil walk at Cotehele.

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Peter Haines (chair)	01579 362459	Alan Moss (vice-chair)	01579 362064
James Bruce	07411 192645	Marlene Carr	01579 362919
Martin Corney	01579 382450	Angie Haines	01579 362459
Rosemary Farley	01579 384810	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Kath Parkes	01579 362005
Ivor Vaughan	07979 934604	Craig Vaughnley	01579 364083
Samantha Reilly			
Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com			

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting

Monday, May 13th, 2019



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Edser 30173.

email: CIOSNBMLiskeard@devonandcornwall.pnn.police.uk

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down
at the Mel Bar, Millennium House



From the Editor

I've always been very forgetful. Even as a child, I used to spend hours looking for my glasses. Eventually, I had the bright idea of hanging a sign around my neck as a reminder. It said "You don't WEAR glasses!"

OK, that one isn't true, but it *is* true that I would get so engrossed with something during the school lunch break that it would be half way through afternoon classes before I realised that I had forgotten to eat any lunch. My excuse is that my mind is busy on "higher things". For example, a few years ago, I filled up with petrol in Liskeard while thinking deeply about some issue that was vital to me at the time. I continued mulling it over as I drove home, but something was nagging away at me in the background. It surfaced just as I turned into the bottom road for Pensilva: I had forgotten to pay for the fuel! I drove straight back and paid, but the staff had already reported me to the police and they weren't sure if they would be in time to call them off. I spent several anxious days waiting for the knock on the door. If it came, I don't remember it.

Many of you will know that forgetfulness gets worse as you get older, but it's fine as long as you don't forget one vital thing: just remember not to get embarrassed about it all!

Have fun this summer.

Whatshisface... you know... the one who does the Pump.

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Community Coffee Shop

See separate notice on next page

Bar

5pm till 10pm Monday to Thursday

3pm till 10pm Friday

12am till 11pm Saturday and Sunday

If no-one is available please leave a message in our **letter box** at the front of the building or on our answer phone by calling **01579 363096**.

COMMUNITY COFFEE SHOP
MILLENNIUM HOUSE, PENSILVA

OPENING HOURS

Monday	10.a.m. to 1.p.m.
Tuesday	9.a.m. to 1.p.m.
Wednesday	9.a.m. to 1.p.m.
Thursday	9.a.m. to 1.p.m.
Friday	9.a.m. to 1.p.m.

Open to small groups (pre booked) for Cream Teas - Buffet - Lunch Bites

The Coffee Shop is run by volunteers who aim to offer a cheery, relaxed atmosphere for you to sit and enjoy a cuppa. We adapt our service in response to feedback from members of the public, whose support we rely on to continue. We would like to offer our sincere thanks for your support of the Coffee Shop.

DEFIBRILLATOR TRAINING at Pensilva and St Ive

The Parish Council has installed two Defibrillators in the two wards. One at Millennium House, the other at St Ive Village Hall.

Last chance to register for defib training which will be held on

16th May at 6.30pm,

Contact the Parish Clerk on 01579 363096 for details and to book your place.

Dog-walking on Bodmin Moor

Please remember that from March 1st to July 31st all dogs must be kept on leads at all times while walking on the moor, and leads must be no more than 2 metres in length.

Supporting Guiding & Scouting Activities in Pensilva
200 CLUB Draw Results for March 2019

1st No. 184
Mr J Rowe

2nd No 14
Mrs S Tatton

3rd No 64
Mr J Higley

Thank you for your support

CHAIRMAN'S COLUMN

Well, what an Easter weekend that was! Cornwall was certainly blessed with perfect weather. I hope you all managed to enjoy yourselves, although the weather for the next week or so may be a bit of a let down.

Anyway enough of the weather, since my last report we have had a bar games night at Millennium House, which saw dominoes, eucree and uckers being played. Also the dart board was moved to a better position. The bar now has a full set of games behind the bar, including chess, backgammon, draughts, table football, etc, so if you want to play just ask the bar staff.

Looking to the future, the 6th & 7th May sees the celebrations for the 21st anniversary of Millennium House, which features a beer festival on both days, with a Chris Rounsevell hog roast and a jazz band on the 6th, and a family fun day on the 7th, with cream teas, a bouncy castle, face painting etc and music from a local duo playing a mix of folk and popular music. So come along and enjoy the weekend fun.

Don't forget Carnival is not far away now, so think of ways in which you may be able to help, and contact the organising committee (the events group) with your offers of help. Let's not just leave it to the few.

Well that's all for now.

Pete Haimes.

Pensilva Country Dance Club

We are a small, friendly group that meets once a fortnight in Millennium House, Thursdays, 7.30pm to 9.30pm. If you would like to join us to try country dancing, we would give you a warm welcome. No previous experience needed!

For more information ring Jill 362819 or Liz 340942.

St Ive Parish Council Climate Emergency

Report of Follow-up meeting held on 12th April 2019

Having passed the motion declaring a Climate Emergency on 11th March 2019, the parish council called this public meeting to air the issues and outline ideas and plans for reducing carbon use in the parish. Cllr Martin Corney presented slides outlining the problem and what actions the parish council can take to reduce carbon emissions.

The parish council has restarted the Neighbourhood Development Plan (NDP) process by appointing parish councillors to form the core of a working group. Creating the NDP is a slow process: it will take at least a couple of years. It is necessary to form the enforceable legal foundation for our planning policies, but it is not sufficient, especially for quick action, so there will also be a Climate Action Group. There will be a lot of overlap between the two groups, so they will need to keep in close contact, but there will also be many areas in the NDP that address wider concerns than carbon use. Also the action group will look at many issues that do not belong in the NDP.

The Climate Action Group will be looking at lots of issues around the parish; Housing, Transport, Energy, Food, Education and Land Use, to name but a few. One urgent issue was whether the Millennium House gas boilers, which are on their last legs and need replacing, should be replaced with heat pumps. Another issue was about community energy; should we form our own local cooperative to produce our own renewable energy?

Both the NDP Working Group and the Climate Action Group will be holding regular public meetings and the community needs to get involved.

And, while we are talking about environmental issues, the Parish Pump has received the following message from a parishioner:

The **South East Cornwall Extinction Rebellion** group generally meets on Tuesdays, 7pm at the Liskerret Centre, Liskeard. Anyone interested will be very welcome, but please email first as the meetings may not always be weekly:

From Rev Becca Ball

Many people have memories of church when they were younger. Those memories often include being quiet, bored, still, and being told not to do things. I have 3 boys myself so I understand how tough it is as a parent trying to “survive” church too. My boys are getting older so we are now into the juggling act of Sunday sports. It can be challenging to get to church!

But I also meet lots of families who talk about wanting their children to grow up with a similar experience of God and church community as they look back on fondly. So we are trying something new. From 11th May we will be holding a monthly Saturday Gathering in St. Johns. It is for everyone; families, young ones, mature ones, single ones, Faithful ones, cynical ones, married ones... It will be informal, around tables with refreshments (free!), and whilst there will be a chance to chat and think about things and sing along if you want to, it will be a setting that means you can engage as far as you feel comfortable or listen in.

I believe that the Christian life is amazing. We can know grace and love and forgiveness that we can then share out. Whether you go to another church in the area and want to join with a Christian community where you live, or whether you would like to try church, perhaps for the first time, come and try it out. We'd love to see you and there will be cake!

(See separate notice for the Saturday Gathering on May 11th.)

COVER STORY - St Ive and District Gardening Association

The first visit of the season was an enjoyable and informative daffodil walk at Cotehele, led by National Trust gardener Vicky Dillon. There were beautiful drifts of daffodils in the pasture opposite the restaurant, in the meadow and in the old orchard. Vicky explained that they were mostly older varieties donated by the market gardeners of the Tamer Valley and gave club members the chance to learn the names and classifications of a number of the many varieties grown at Cotehele, albeit just a fraction of the 30,000 odd varieties overall.

The club's next visit is to Pendower House, Lanteglos-by-Fowey on Monday 13 May. For further details please ring 01579 382762 or 382512. Also, the club's popular annual Plant Sale will be held in St Ive Village Hall on Saturday 25 May; doors open at 1.30pm.

From the Practice Manager at Pensilva Health Centre / Oaktree.

In order to improve the experience and level of care that we offer our patients, Oak Tree Surgery and Pensilva Health Centre will be **changing our clinical computer system**. Our advised date for this changeover is 21st May 2019 and we have a dedicated team of personnel working tirelessly to ensure this process is as efficient as possible.

What will this mean for you?

Routine appointments: Routine appointments will be reduced during the changeover and we let you know the dates as soon as we can.

Urgent appointments/advice: Please be reassured that access to advice and appointments for an urgent medical need will continue to be available on a daily basis throughout the changeover period.

Online Services: Access to online services via The Waiting Room will cease and we will be using a new system called Patient Access. If you are already registered for online services, we will contact you shortly with further instructions. If you are not currently registered for online services, and would like to sign up in order to be able to order your repeat prescriptions, make appointments or view your medical records online, you will be able to contact your practice to set this up once we have the new computer system in place.

Prescriptions: After the 10th April two months of medication will be provided for any prescription request received. This is to ensure that there will be no delay in you receiving your medication during the changeover period.

We will be happy to answer any queries that you may have.

Thank you for your on-going patience and co-operation during this period.



EVERY THURSDAY 4-5.30PM

ST IVE VILLAGE HALL

NO EXPERIENCE NEEDED, ALL WELCOME

FROM POP TO CORNISH SONGS -

WE ONLY SING IT IF IT'S FUN!

PLEASE CONTACT CLARE: 01579 382341

OR EMAIL: CONTACT@CLARENORRISH.COM

WEBSITE: clarenorrish.com

PENSILVA WI APRIL MEETING

“We all think when reading a schedule for a Show, if only I knew what the judge was looking for, I could maybe get more points.” Well, that is what Joy Delbridge, Secretary of Blunts WI, explained to Pensilva WI this month. Examples of various cakes were brought so she could show what was right or wrong with them. The fruit in a fruit cake should be nicely distributed throughout the cake and sponges should not have rack marks on the top. Also a pasty has to be filled with no gap at the top between filling and pastry. Altogether a really informative talk with members asking lots of questions. President Jean Hoare warmly thanked Joy for her help and said we should all get top marks for our baking at various shows in the future thanks to her advice.



Cakes awaiting judgement!!!

Jean welcomed two new members, Mary Lake and Maureen Walker.

Dates for your diary:

Friday 10th May - Birthday dinner at Victoria Inn, Pensilva

Saturday 11th May – Litter pick, 10am at Millennium House

Saturday 18th May – ‘Fly like a bird’ Eden Project

Thursday 6th – Saturday 8th June – Royal Cornwall Show

Friday 14th June – Visit to St.Michael’s Mount, 10am – 5pm

Tuesday 18th June – Picnic & croquet on the lawn, Cotehele. 5pm.

Saturday 29th June – Coach trip to Torquay and Bygones Museum. 9.30am

Birthdays this month: Sue Turpin, Janet Butcher and Trish Thomas

Competitions: 4 Scones: 1st Alison Willis, 2nd Mandy Smee, 3rd Frances Tucker. Flower of the month: 1st Alison Willis, 2nd, Mary Yates, 3rd Jean Hoare.

Next meeting is on Wednesday 8th May at 7.15pm at Millennium House when Viv Bennett will be talking about lip reading.

Competition will be a hand-made bookmark. This should be a very interesting evening and visitors and new members will be made most welcome.

**Have you had a
stroke?
Become a
Volunteer Befriender**

Have you or someone you know had a stroke? Volunteer Cornwall are looking for volunteers to help recent stroke patients in their recovery journey. Stroke Befriending volunteers meet with other stroke patients on a regular basis and offer support and encouragement. We have found this can really help people feel less isolated and more connected to their community.

Volunteers are supported every step of the way and expenses are refunded.

As a volunteer you can use your experience to help others, receive valuable training and gain skills in befriending. We asked Margaret, one of Volunteer Cornwall's volunteers, what it's like being a Stroke Befriender:

"You are doing something positive after something that hasn't been something very pleasant for yourself... I always feel that if you can help someone else it's all worthwhile and you can pass on your knowledge and information to them and hopefully they will gain from it too... I enjoy it very much indeed"



Please get in touch to find out more about becoming a Stroke Befriending volunteer. You can visit www.volunteercornwall.org.uk/how-we-help/health-social-care/stroke-befriending-service, call 01872 266997 or email Jenny Wilkins at jennywilkins@volunteercornwall.org.uk You do not need to have had a stroke to volunteer for this service.

Local Morris Dancing Group

'Common Morris' is a Morris Dancing group that meets weekly on Wednesday evenings at 7:45pm in St Cleer Memorial Hall. They are looking for musicians and dancers from the local area who would like to join their troupe.

Anybody interested should get in touch with Trish:

01579 343543 07950 262682 trish@trecarnehouse.co.uk

Luckyhorseshoes Liskeard

Do you love Donkeys? Could you help out?

We are looking for volunteers aged 16 and over in Liskeard area.

Also Volunteer Handyman required.

Please call 07856 577 024

07460 476619



openarms@uymail.com

OpenArms Fitness and Massage

Purestretch flexibility and core classes

Gentle group exercise classes to increase general mobility, flexibility and core strength. I am able to tailor the class to your own specific needs, ensuring it is achievable for all.

Classes at : Pensilva Millennium Centre, 10am on Tuesdays
and Menheniot Parish Hall, 10am on Wednesdays,

Other therapies: Warm Bamboo Massage and Sports Massage.
Please call or email for details.



**Collection point open every
day, 10am to 4pm
in St John's Church,
Pensilva.**

PENSILVA CARNIVAL WEEK:

SCARECROWS AND PENSILVA IN BLOOM!

Preparations are underway for another great carnival, but we desperately need volunteers to help on the day - no special skills required. If you can help, please come along to the next Events group meeting on 8th May 7:30pm at Millennium House.

The annual **scarecrow competition** will be going on again, and we have a new event planned: **Pensilva In Bloom!** If you'd like to enter either of these, look out for forms in next month's Pump.

FRIENDS OF PENSILVA HEALTH CENTRE ANNUAL GENERAL MEETING

WILL BE HELD ON

TUESDAY, 14TH MAY 2019 AT 2.P.M.

MILLENNIUM HOUSE, PENSILVA

Please support our Health Centre, we are so lucky to have such a vital resource.

Only three meetings per year.

For information please contact:

Jean Connor (Chair) 01570 363221

Marlene Carr (Sec) 01570 362991

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).

Next visits: May 10th, 2019

Then Jun 7th.



Stops at:

**The Victoria Inn, Pensilva, 10.25- 10.45am;
Quethiock bus stop. 11.00 to 11.20am.**

GORFENNA COMMUNITY

St. Ive, PL14 3LX

LAMBING DAY



Saturday 4th May

11.00am- 3.00pm



A chance to meet our new baby lambs, chicks and ponies.

All welcome

£2.50 pay on the day

01579 384810

Call for information or just come along

A friendly welcome, tea, coffee and cakes await!

www.gorfennacommunity.co.uk



ROYAL
VOLUNTARY
SERVICE

Social Farms
& Gardens



Powered by Royal Voluntary Service
Together for older people.

disability
confident



fsb
Experts in Business

ASDA foundation
Transforming Communities, Improving Lives

deep The UK Network
of Dementia Voices

COMMUNITY
FUND

FREE ENTRY

MILLENNIUM HOUSE

BEER FESTIVAL!

SUNDAY, MAY 5TH 2019

FROM 12PM AT MILLENNIUM HOUSE

HOG ROAST BY CHRIS ROUNSEVELL



**Can't make it Sunday? Don't worry,
we'll have a Family Fun event on Monday too!**

A white silhouette of a teapot is centered on the page. The teapot's body is filled with text. The background of the entire page is a pattern of vertical wooden planks with a floral design of large, soft-focus roses in shades of pink, orange, and red.

MILLENNIUM HOUSE
EVENTS COMMITTEE
PRESENTS



MAY 6TH 2019
12-5PM

MAY DAY TEA PARTY

TEA, COFFEE, CAKES AND PASTIES
LIVE MUSIC
BOUNCY CASTLE, FACE PAINTING
AND MORE
FREE ENTRY



**Bank Holiday
Monday May
6th
1pm – 4pm**

Blossom Fair

**Linkinhorne Parish Hall
Upton Cross PL14 5AX**

**Craft Stalls
Trees and Plants
Local Produce
Music
Coffee and Cake**

**Organised by Caradon Orchard Group
www.caradonorchardgroup.org
info@caradonorchardgroup.org**

Ruth and Colleen's Monthly

BINGO

At Millennium House

on Tuesday May 7th

Then on June 4th

Eyes down at 7:30pm

Over 18's only

£££ CASH PRIZES £££

St Ive Games Evenings

Board Games, Card Games and Table Tennis

We are starting a monthly games evening for all ages
at St Ive Village Hall

Commencing Friday May 10th, 2019 at 7pm

For further details contact Maggie or Wendy on:

01579 208572

or email: wendycarr21@gmail.com



SEW, KNIT AND NATTER.

WHY NOT JOIN US ON

THE LAST TUESDAY OF EACH MONTH

**for sewing, knitting or just for a chat and a
cup of tea or coffee and cake.**

We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

Saturday Gathering

11th May 2019

10-11am

St John's Church Pensilva

[www.achurchnearyou.com/
church/2770/](http://www.achurchnearyou.com/church/2770/)



RELAY FOR LIFE LISKEARD 2019

Two fantastic local events were decided on at April's meeting. Your support would be greatly appreciated.

FUN DOG SHOW

Sunday 12th May, 2pm

At Fillamore, Charaton Rd, PL14 5RG.

15 classes. Now in its 3rd year!

Enquiries: call Kerri Nason 07929 372959

CREAM TEA & RAFFLE

Friday 14th June, 2-5pm

At The Victoria Inn, Pensilva.

Scrumptious delight and all in a good cause!

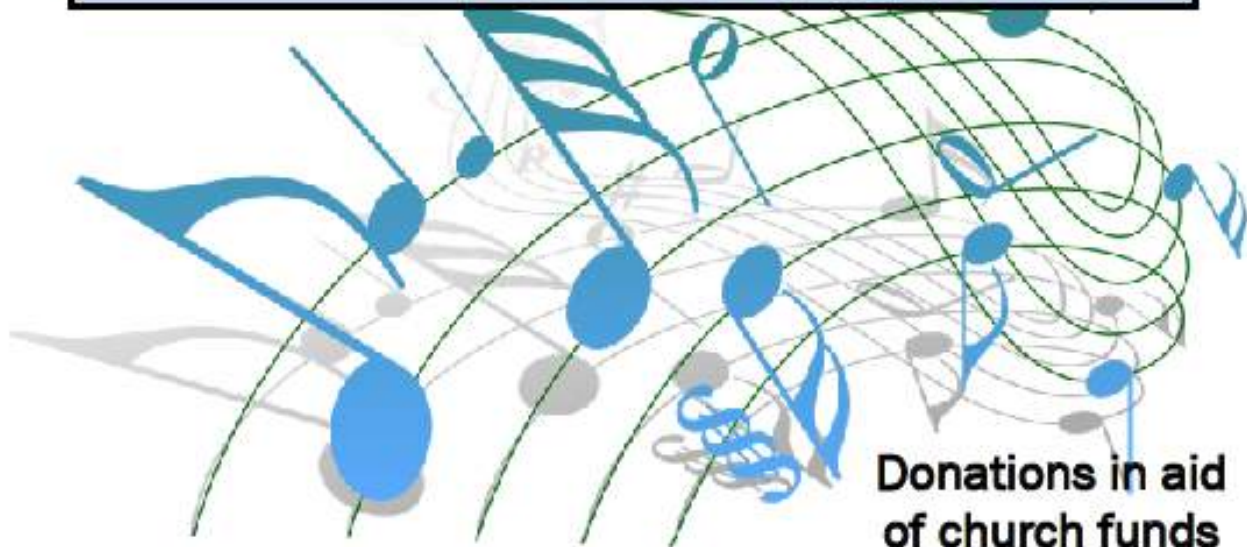
Many thanks to Wendy and the team for their generous support.

**St John's
Church
Pensilva
Presents**



**Sunday
12th May
7.00 pm**

LEVOW KESSON



**Donations in aid
of church funds**

**Celebrating
20 years together in
St John's Church**

The Methodist Church



**THE CHURCH
OF ENGLAND**

christian
aid

Bluebell Walk

Tuesday 14th May
Leaving from
Penharget Cottage
at **6.30 pm**



Pasty Supper

Donations for **Christian Aid**
We believe in life before death

Pensilva Wednesday Club RVS

Meet in Pensilva Village Hall at 2.30.p.m. on alternate Wednesdays.

All Adults welcome to join - £1 per meeting - Refreshments -

Various Activities - Entertainment - Coach Trips - Raffle

Coach Trips planned for the year – also open to non-members

May 15th Meeting	Oak House Foods
May 27th Meeting	Eric Distin, Auctioneer
June 12th Meeting	Hedgehog Sanctuary
June 26th Meeting	Wildlife Photographer
July 10th Coach Trip	Atlantic Village & Garden Centre on return journey

To book coach trip, please contact Jane Mann on 01579 362960

For Information please contact Jean Connor on 01579 363221

An evening with...
**JOHNNY
COWLING**

Supporting
children's hospice
SOUTH WEST
Registered Charity No. 1003314

Ticket only event
£12.50 including
Pasty Supper

Eliot House, Liskeard
Friday 17th May 2019
at 7:30pm

Contact Pat On 01579 362959

QUIZZES AT MILLENNIUM HOUSE

NEXT QUIZ: SATURDAY MAY. 18TH, 7:30PM

Then Wed. Jul 3 (Carnival Week), Aug 31, Oct 26, Dec 14.

All at 7:30pm

Organised by and raising funds for

All Being Well

Improving the health of our community

Dying Matters

Free event!



with Confortia and Pentiddy Natural Burials

at Pentiddy Woods, Pensilva

Sunday 19th May 2019, 11am - 3pm



It gives us great pleasure to invite you to an open day as part of National Dying Matters Week. The day will be an opportunity for us to explore together our choices around death and dying with the hope of bringing death back into the heart of our communities and empowering us to make the most of our (finite) lives.

Ele and Anthony Waters will lead a tour of Pentiddy Natural Burials 11am - 12pm to include the opening of the new wild flower burial site.

In the glade by the roundhouse there will be a wide variety of related information, specialists to talk to and examples of local sustainable coffins and shrouds and the roundhouse itself will be set up as a space for quiet reflection.



A *Death Cafe* (in the straw bale house) will be hosted by Confortia with cake & drinks. 1:30pm - 3pm. The Death Cafe offers an informal opportunity to chat about many different experiences and to ask questions that are hard to ask. It will be led by volunteers who themselves have been actively involved in different ways with death or the dying process.... in both a personal and a professional way.

You are invited to bring a picnic and wander the community woodlands at any point during the day.

There is no charge for the event but donations will be welcome to further the work of Confortia (a not-for-profit organisation).

Confortia : www.confortia.co.uk

Pentiddy Natural Burials: www.pentiddynaturalburials.co.uk 01579 362430

Dogs on leads welcome. For directions visit www.pentiddy.co.uk/find-us/



VICTORIA INN



★ ★ ★ BEER FESTIVAL ★ ★ ★

★ 24th - 27th May. Entertainment, live music, BBQ. ★

FOOD

Tuesday Curry night and full menu.

Carvery every Wednesday 12-3pm and Sunday 12-5pm

Brunch Fridays from 9.30am – 11.30am

Fish and Chip Friday Special!

Sunday evening food 5pm - 8pm

KIDS EAT FREE!!! (Little Tackers Menu) Tue–Fri 5-7pm

For every adult main meal, one child under 12 eats free

Thursday night 2 for £12

Check out our new menu including “Healthy options.”

LIVE MUSIC EVERY MONTH



CALL – 01579 363933



Opening Hours

Monday	Closed all day		
Tuesday			5pm to 11pm
Wed/Thu		12pm to 3pm &	5pm to 11pm
Friday	9.30am	to	11pm
Sat/Sun	12pm	to	11pm

You're invited to

St Ive & District Gardening Association

Plant Sale



Donated flower, vegetable, shrub & herb plants for sale in aid of club funds. Tea, coffee & home-made cakes.

Where: St Ive Village Hall PL14 3LZ

When: 25 May 2019

Time: Doors open 1.30pm
Admission free



Pensilva W.I
**COACH TRIP TO
TORQUAY AND
BYGONES MUSEUM
SATURDAY 29TH JUNE.**



Leaving from The Cross, Pensilva at **9.30am**.
Also picking up at Callington, St Ive and Liskeard.
Cost **£14.00** to include coach and museum entry.
Bookings: Verna Dawe 363863 or Jean Hoare 362531.

Wesley Online Centre

Computers, Internet & Support - FREE!

Opening Times:

Tuesday: 7-9pm
Wednesday: 10am-1pm
Friday: 2-5pm;
Saturday: 10am-12pm

PC access and advice in a friendly and supportive setting.



For Everyone:

Whether you're a complete computer novice and would like to learn some basics, want access and information to help with JobSearch or UC, the WOC is here to support you with it's PC suite – all for free!

Liskeard Methodist Church, Barn Street, Liskeard PL14 4BL

For more info: call 01579 276877 or email online@liskeardmethodist.org.uk

LET'S MEET (chat and eat!)



@Gorfenna

St. Ive, PL14 3LX



LUNCH CLUB.

A chance to meet up and socialise. All welcome.



**1st Monday of
every month**



11.30 - 2pm.

£2.50 pay on the day.

01579 384810

Call for information or just come along.

A friendly welcome, a warm lunch and conversation await!

www.gorfennacommunity.co.uk



ROYAL
VOLUNTARY
SERVICE

Social Farms
& Gardens



PENSILVA MEMORY CAFE

DO YOU HAVE MEMORY PROBLEMS OR CARE FOR SOMEONE WHO DOES? WHETHER IT'S MILD, MODERATE OR SEVERE YOU CAN SOMETIMES FEEL A BIT ISOLATED AND ALONE.



DON'T BE LONELY. KEEP SMILING. THERE ARE MANY OTHERS LIVING WITH THIS CONDITION.

COME AND JOIN US ONCE A MONTH FOR SOME FUN AND LAUGHTER, MUSIC & REMINISCENCES.

WE MEET ON THE FOURTH THURSDAY OF EACH MONTH AT ST JOHN'S CHURCH FROM 2PM – 4PM.

WE ALSO SUPPLY TEA/COFFEE AND CAKES.

DONATIONS OF £1 PER PERSON APPRECIATED FOR MORE INFO PHONE PAT 01579 363461 OR CAROLYN 01579 362698

Pensioners Lunch

2 Course Meal plus Tea or Coffee
Only £6.00

Every Tuesday here at Millennium House
Speak to our reception or
telephone Millennium House on **01579 363096**



So why not join us for Good Food and Good Company, all on the day you collect your pension?

Badminton?

Come and join our relaxed and friendly group at Pensilva Millennium House

Mon & Tue 7.30 - 9.30pm

Friday 8.00 - 10.00pm

For further info phone

Nigel or Carol on

01579 363594 or

07885 798370

All Being Well

Your local, friendly gym.

Over 18 years working in our local community to improve health, fitness and well being. Call **01579 363890**, drop in at Millennium House, Pensilva, or email abwgym@gmail.com

Opening hours:

Mon/Fri 10am-3pm & 5pm-9pm

Wed 10am to 3pm

Tues/Thur 9am to 1pm

Saturday 10am to 1pm

Ask about GP exercise referrals!

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us.

We meet at

Millennium House

10-2 every Friday.

Please come & see us or phone Pam on **01579 363441.**

LISKERRET MALE VOICE CHOIR

We are currently looking for new members in all sections. No previous experience necessary.

Practice Mondays 7:30pm at the Royal British Legion, Liskeard.

Enquiries to the secretary on

01579 363881

Email: charaton@btinternet.com

Website: www.liskerretmvc.org

Charity No. 1120243

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peterpensilva@gmail.com**



Please note that as well as hall rent there is a coin meter for heating at 60p/hr.

We hold a Hall a users and committee meeting on the fourth Monday of every 2nd month starting in January at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon .from 10:30	Face Yoga	Lilian Jones	lilianjones@hotmail.co.uk
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
AlternateWed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Fri. 1:00 - 3:00	MIMS	Chris	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday 30	7:00pm	St Ive Snooker Club

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial People's Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Marlene Carr 362919).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

**Meetings are held every third Thursday of each month at 11.30.a.m.
Meet in Millennium House car park.**

For any information please contact Jean Connor 01579 363221



Struggling with Sight Loss?

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk

NHS

Registered

Supported by
local Doctors



Started by PATIENTS Run by PATIENTS For the PATIENTS
with COPD and long term conditions

Are you living with COPD or another long term lung condition?

Why not join our friendly group for company, light exercise & support?

We meet upstairs in Millennium House, Pensilva, Mondays 12.30 - 2.30

First week FREE. Thereafter £3 per week. Refreshments provided.

If you would like more information please call us

Pauline: **01579 532467**

Jeanette: **01579 363691**

St Ive Methodist Chapel

Services for May 2019

Sun 5th May	11am	Mrs Judith Allen
Sun 12th May	11am	Rev Iris Bray with Communion
	6pm	United "Green Shoots" service at Blunts MC with Rev Martyn Smith
Sun 19th May	11am	Mr Keith Mutton
	6.30pm	Contemporary Worship at Callington MC
Sun 26th May	11am	Mr Mel Wallis
	5pm	Food for Thought at St John's Pensilva

Saturday 11th May 10am-12pm. Coffee Morning at Chapel for Christian Aid.
Village Prayer Group in the Guild Room at 7.30pm on Wed 8th & 22nd May.
Chattermakers Craft group in the Guild Room at 7.30pm on Thursday 16th & 30th May. All welcome.

Early date for the Diaries: Chapel Anniversary Service, Sunday 2nd June, at 11am with Sarah Ainger.

St Ive Church

Services at 11:15am every Sunday

May 5th Holy Communion

May 12th Morning Worship

May 19th Holy Communion *Lunch follows this service*

May 26th Family Service *Small pets welcome.*

Other May Events

Fri 3rd Produce Market and Bric-a-brac 10:30

Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams and much more. Farm fresh meat from Trehill Farm Produce.

Sun 19th Lunch in Church 12.45 All welcome. Only £8 for 2 courses.

Priest in Charge Revd Becca Bell revbeccabell@gmail.com

Church Wardens Brian Dwelly 01579 364010 btdwelly@aol.com

Richard Connell 01579 363833

Please let Churchwardens know of anyone requiring a home or hospital visit.

Donations for Liskeard Food Bank can be left in the Church each day between 10am & 4pm

Alford Joinery - For all your joinery needs

Specialists in bespoke doors, windows, staircases, conservatories, etc.

- 20 years experience
 - Large or small jobs
 - All joinery hand-crafted
 - Top quality FSC certified timbers
 - All joinery can be fitted if required.
- 01208 873444 or 07757 666460
info@alfordjoinery.com
www.alfordjoinery.com

ST JOHN'S CHURCH, PENSILVA

Services for May 2019

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 5th 11th am Rev. Sue Hill, Holy Communion.
Chapel Anniversary Service

Sunday 12th 11am Café Church

Sunday 19th 11 am Anglican Service

Sunday 26th 11 am Rev. Mark Pengelly, Holy Communion
5pm Food for Thought

Café Style Church followed by coffee and chat, Thursday mornings 10am.
Everyone very welcome.

Afternoon Tea on Friday 3rd May at St John's Church, Bring and Buy.
Everyone welcome.

Messy Church, Saturday 11th May at St. John's 2pm – 4pm

Prayer Walk from St. Ive Methodist Chapel, 7pm Monday 13th May

Concert with Levow Kesson Sunday 12th May at 7pm at St. John's
Church. Come along and enjoy an evening of music.

Christian Aid Week 12th – 18th May. Envelopes available from Pensilva
Stores or St. John's Church and can be handed in at the Shop or any
member of St John's Church.

Bluebell Walk and Pasty Supper for Christian Aid on Tuesday 14th May,
6.30pm at Penharget Cottage. Everyone welcome, please contact Frances
at 363728 if you would like a lift.

Memory Café Thursday 23rd May, 2-4pm in St. John's Church

Fellowship Friday 17th and 31st, Bible study. Contact Carolyn on 362698
for further details

Prayer Group 2pm Friday 10th and 24th April. Please ring Eileen on
362580 or Carolyn on 362698, if you would like prayer for yourself or
someone else.

*For further details of the Services held in St John's, if you know of any
illness or need in the village or if you would like your wedding or baptism
in the church, please ring: Geoff Cox, 362698 or Frances Tucker, 363718*

be inspired
with
Slimming World®

CONTACT HAYLEY

07966 370233

The Pensilva Group meets in Millennium House on Mondays at 10:00am, 5:30pm and 7:30pm .

A Wednesday morning group meets at 09:30am in the Sports club, Liskeard



slimmingworld.co.uk



DO YOU NEED A HELPING HAND?

Reliable, friendly,
experienced, mature
local resident offering
the following services:



Cleaning Ironing

Shopping Light Gardening Dog Walking

CRB/DBS checked and fully insured. Competitive rates.

Contact Jess: Telephone or text: 07934 764 327.

Email: homeangel77@yahoo.com. Find us on Facebook





Westcountry HOME CARE

We can help you to get the most out of your life by delivering personalised care from daily visits to 24 hr care.

By working together we will find the right care services for your Individual needs

Speak to us to claim your free visit*

Our Team Is Your Team

www.westcountrycare.co.uk

 @WCHCLTD

01579 342256
01566 775960



Care Quality
Commission

Good

*T&C Apply



Affordable Counselling

Caring, confidential,
non-judgemental

- Increased confidence and self esteem
- Help to cope better at difficult times
- Improved relationships
- Clarify confused thoughts & feelings
- Assertiveness
- Personal insight
- Improved emotional health
- Available for youth and adults

Isabelle McGarahan BA, PGCE
Dip in Therapeutic Counselling,
Accredited ACC, DBS cleared
www.im-counselling.org email:
isabelle@im-counselling.org
01579 344090/07857326229




Paul Bradley - Proprietor

Mobile:
07598 956 760

Email:
info@pbplumbingheating.co.uk

Web:
www.pbplumbingheating.co.uk

 **Follow me on Facebook:**
[p.d. bradley plumbing & heating](https://www.facebook.com/p.d.bradleyplumbingandheating)

***"The complete bathroom
installation service"***

**New bathrooms fitted,
floor and wall tiling specialist**

General Plumbing including:

- Bathroom makeovers
- Dripping taps and burst pipes
- Pump and cylinder changes
- Radiator upgrades and additions
- Specialist in Leadwork
- No job too small
- No Call out charge



Friendly Service, Quality Work

NOVAT
City and Guilds Qualified
established 1983

Call William Hale on

Tel: 01579 362132 Mobile: 07826 699719



- ✓ LPG Bottled Gas
- ✓ Patio, BBQ & Camping Gas
- ✓ Kiln Dried Logs
- ✓ Coal & Smokeless Fuel
- ✓ Eco Heatlogs
- ✓ No Contracts
- ✓ FREE DELIVERY



01208 816 827

sales@loganslogs.com

www.loganslogs.com

The Treatment Barn



Treatments include;
Bowen, Child Clinical Psychology, Colour
Therapy, Crystal Healing, Hypnotherapy,
Massage, Reiki, Reflexology
(Massage Therapies include; Swedish, Deep
tissue, Hot stones, Indian Head Massage)

Briston Orchard, St Mellion, PL12 6RQ

therapies@treatmentbarn.co.uk

01579 351568

MARK FITCH CHIMNEY SWEEP

- * BRUSH & VACUUM
- * CLEAN, RELIABLE SERVICE
- * COVERING ALL S.E. CORNWALL
- * DISCOUNT FOR MULTIPLE CHIMNEYS
- * COWLS & GUARDS FITTED
- * STOVES SERVICED



*Call
Mark on:*

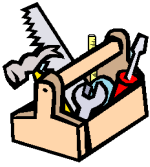
01579 350762

07773 462643



KEEP IT TIDY

General Property Maintenance
including Decorating, plus Electrical



HONEST PRICE
for
QUALITY WORK.



No Job Too Small

Kit Rickard

18 Higher Glen Park
Pensilva

Phone: 01579 363378

Mobile: 07855 699071

Email: KITKeepItTidy@hotmail.com

Do you enjoy growing your own
fruit and vegetables, but have no
space in your own polytunnel?



**WE HAVE TWO LARGE COMMERCIAL
POLYTUNNELS FOR HIRE.**

**Fully connected to power & water.
Hydroponic equipment available.**

**If interested, please email:
info@trevallicks.com**

DOG GROOMING

40 YEARS EXPERIENCE



**SMALL and MEDIUM Dogs
Groomed to Your Request**

**LISKEARD AREA
Inquiries Welcome**

**Call Patricia: 07517 658862
TO YOU OR TO ME**



Domestic Electrical
Property Maintenance
Interior & Exterior Work
Carpentry :: Decking
Kitchens :: Bathrooms
Wall & Floor Tiling
General Plumbing

MCCARTHY PROPERTY MAINTENANCE

**Electrical Safety
Register** incorporating
ELECTSA  ECA
Certification Ltd

**HIGHLY REGARDED LOCAL BUILDER
COMPETITIVELY PRICED
COVERING THE SOUTH WEST**

Contact Dominic

07968 599 675

01579 362 945

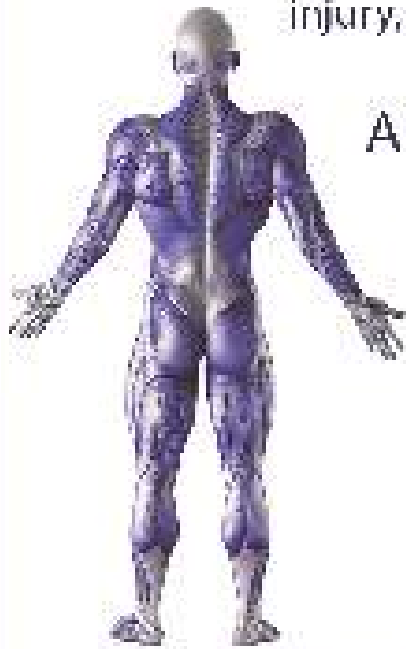
info@mccarthypropertymaintenance.co.uk

www.mccarthypropertymaintenance.co.uk

QUALIFIED RAYNOR MASSAGE THERAPIST

RELAXING AND THERAPEUTIC DEEP TISSUE MASSAGE TREATMENTS

Effective for many different types of chronic pain, sports injury, stress and tension related problems



APPOINTMENTS AVAILABLE AT

THE WELLBEING CENTRE
LISKEARD 01579 344090

THE NATURAL WAY
LISKEARD 01579 345300

Contact : Tina North
Phone : 07720 832322

tina-north@massage-therapy-cornwall.co.uk



R J Gardening & Handyman Services

All aspects of gardening and handyman work undertaken.

- ~Local and Trustworthy
- ~Hard Working
- ~Reliable and Experienced
- ~No job too small
- ~Competitive rates

Contact Raymond on:

07541 229064 or 01579 347622

raymond_pearcegb@yahoo.com

Find us on Facebook.



SCOTT BERRIDGE

Complete Property Refurbishment & Building Maintenance

**INTERNAL & EXTERNAL DECORATING
PAPER HANGING • TILING SPECIALISTS
PLASTERING • PLUMBING • CARPENTRY
FENCING • DECKING • PATIOS**

- Local Pensilva • 25 years experience in Cornwall.
- Proper job • Clean & Tidy • Good references
- Trustworthy • Excellent prices. • Free estimates.

scottberridge@me.com

07889 218 710 (Daytime) 01579 362 006 (evenings)

PENROSS

Rosecraddoc Lodge Holiday Bungalows
(Between Pensilva & Liskeard)

Ideal for family & friends coming to visit!



Refurbished in 2018. Sleeps 4. Electric, heating, bedding & towels inc in rent. Patio. Free wi-fi. Follow us on Facebook.

Sorry no pets or smoking.

Contact Julie Tucker on 01579 362221 or
email penhargetfarm@gmail.com

for 15% discount

NICOLA GREENE

BSc (hons) Podiatry MChs

HPC Registered Chiropodist/Podiatrist

**Home Visit Practice treating all
your foot care needs:**

- Nail Cutting
- Corns and Calluses
- Thickened Nails
- Dry Cracked Skin
- Verrucae
- Foot Pain
- Diabetic Foot Assessments
- Wound Care

T: 01579 590027

T: 01752 291565

M: 07786164205

E: nicki_greene@yahoo4.com



R&C



Groundworks and Landscapes

Fencing	Patios
Paths & Steps	
Turf & Astro turf	
Driveways	Rendering
Retaining walls	Decking
Digger work	
Footings & foundations	

And more

Free no obligation quotes

Call Rob on:

07518246666 or

Window Cleaner Window Cleaner

Also any upvc cleaned

i.e. fascias, gutters, etc.

gutters cleared & unblocked

Please phone Rob

07709 053464

Window Cleaner Window Cleaner

Save Costly Energy!



SOLARTEC

Windows &
Conservatories Ltd

**'A' Rated WINDOWS & DOORS
at BEST PRICES EVER!**



Professionally fitted and finished by us with a



10 year ins. guarantee.
In all colours



NEW

**FACTORY SHOP
SUPPLY ONLY**

For all your windows, doors, conservatories,
fascia, trims, guttering and sealants

**7-10 DAY TURN AROUND ON WINDOWS,
DOORS and CONSERVATORIES**

TEL: 01579 343425

FAX: 01579 344500

WEBSITE: www.solartecwindows.co.uk

EMAIL: sales@solartecwindows.co.uk

KEEPING JOBS IN CORNWALL



PJR Garden Services

Phil Rule

All aspects of garden
work - grass / hedge
cutting, patios, fencing
etc.

Mobile 07387 449004

Tom Marshall

TM Plastering

Plasterer and Property Care

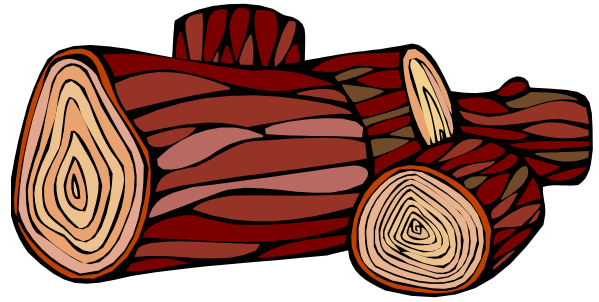
07544819284

Tommarshallcornwall@gmail.com

Free estimates

- Internal plastering
- Internal / external rendering
- Damp proofing
- Stud Walls
- Patio laying
- Chimney repairs
- Pointing
- Painting

SEASONED LOGS



MIXED LOAD

or

HARDWOOD

Tel. Jonathan

Mobile 07966 070725

or

01579 363157

DAVID HEWETT GARDEN SERVICES

For all aspects of garden care:

lawn mowing, grass cutting,

strimming, hedge cutting,

clearance, and more.

01579 363796

25 years experience.

Fully insured.

Alphaplas Limited t/a
Trims&Windows

www.trimsandwindows.co.uk

Double Glazed uPVC
Windows-Doors-Conservatories
'Conservation' vertical sliders a speciality



Supply only to Trade & DIY or
Full installation registered with

FENSA inc
10yr insurance backed guarantee



Email: alphaplas@btconnect.com

01752 840078

Installation team based in
Pensilva, Looe & Torpoint

Group Travel

Enterprise Park, Midway Road,

Bodmin, Cornwall

PL31 2FQ

Tel: 01208 77989



2019 COACH EXCURSIONS & TOURS

3 rd MAY	BLUEBELLS @ ENYS GARDENS	29 th AUG	SEATON TRAMWAY & SIDMOUTH
8 th MAY	HELSTON FLORA DAY	10 th SEP	TAMAR CRUISE TO CALSTOCK
18 th MAY	DEVON COUNTY SHOW	7 th - 11 th OCT	AUTUMN TOUR TO OXFORDSHIRE
1 st JUN	BUCKFAST GARDEN FAYRE	16 th OCT	CLARKS SHOPPING VILLAGE & WELLS *
11 th JUN	ST IVES & TRAIN	25 th OCT	HALLOWEEN SPOOKTACULAR MYSTERY TOUR
17 th JUN	WEYMOUTH *	2 nd NOV	BRIDGWATER CARNIVAL
20 th JUN	HIGHGROVE GARDENS	16 th NOV	LONGLEAT FESTIVAL OF LIGHT
1 st JUL	PAIGNTON STEAM TRAIN & PADDLE STEAMER	22 nd - 25 th NOV	TURKEY & TINSEL AT SANDOWN, ISLE OF WIGHT
17 th JUL	STEAM TRAIN TO MINEHEAD *	7 th DEC	BATH CHRISTMAS MARKET
4 th AUG	FESTIVAL OF BRITISH EVENTING	15 th DEC	TOUR OF CORNISH CHRISTMAS LIGHTS
9 th AUG	CORNISH SEAL SANCTUARY	21 st DEC	SNOW WHITE @ THE EXETER CORN EXCHANGE
14 th AUG	BRITISH FIREWORK CHAMPIONSHIPS	7 th JAN 2020	CINDERELLA @ THEATRE ROYAL, PLYMOUTH

* In conjunction with North Hill Good Companions Group

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptourcoachhire.com Email: grouptourcomwall@btconnect.com

Martin Hoare – Local, Reliable, Competitive



WHEEL DIGGER FOR HIRE
ALSO AVAILABE 'BREAKER'
AND NEW CONCRETE
'CRUSHER BUCKET'

ALL AT COMPETITIVE RATES

GROUND WORKS
DRAINAGE
NEW DRIVEWAYS
SEPTIC TANKS &
'SOAK AWAYS' INSTALLED



LASER LEVEL FOR HIRE
QUOTES AVAILABLE



Phone 01579 363517

or

Mob 07863 291213



INDEPENDENT
FAMILY
FUNERAL
DIRECTORS



Undertaking your individual
needs with efficiency,
compassion and care...

Perfect Choice Prepayment
Funeral Plans from £3249.00

(Prices correct as at 01.01.2013)

01579 362358



Avalennek, Caradon Town,
Upton Cross, Liskeard
Cornwall PL14 5AR
Telephone 01579 363598
Mobile 07901 538132
chrisrounsevell@tiscali.co.uk

HOG ROAST EQUIPMENT HIRE AND MEAT SUPPLY

Hog Roasts For Those Special Occasions
Self Catering or Hassle Free Service
Everything done to your special requirements

CHRIS ROUNSEVELL
TRADITIONAL BUTCHER



Local Accountant offering fixed fee accounting services

With over 20 years experience, I am a fully qualified, friendly, local accountant

- ✓ Annual Accounts for Sole Traders and Partnerships
- ✓ Book Keeping & Payroll
- ✓ Personal Tax Planning
- ✓ Company Accounts
- ✓ Business Support & Advice

- ✓ Self Assessment tax returns
- ✓ iXBRL tax filing
- ✓ Tax investigation Fees Insurance
- ✓ Company Secretarial work
- ✓ Tax calculations for Sole Traders and Partnerships

Kate Vaughnley FCCA - Chartered Certified Accountant

Website : www.kvaccountingsolutions.co.uk or Email : katevaughnley@gmail.com
Telephone : 01579 364083



GRAB LORRY HIRE

PLANT HIRE & GROUNDWORKS

07970 270218 | 01579 344402

**MORE COST-EFFECTIVE THAN SKIPS
FOR SOIL, RUBBLE & GREEN WASTE
REMOVAL!**

CAN REACH OVER WALLS &
FENCES FOR COLLECTION
FROM INACCESSIBLE AREAS

SKIP BAGS AVAILABLE FOR
SMALL JOBS



Come and visit our recently updated
Tile & Bathroom showroom in PENSILVA

We offer a generous discount to all Pump Readers

Unit 24 Pensilva Ind Est, St Ive Road, Cornwall PL14 5RE 01579 362264



CORNWALL TILE
CENTRE

Pensilva Showroom

Open Mon - Fri 8.30am - 5pm
Saturday 9.00am - 1pm

Tiles & Mosaics for:

Bathrooms & Kitchens Living Areas Conservatories
Patios & External Areas Wet Rooms & Spas Swimming Pools
& All Commercial Applications

 atlas concorde

www.cornwalltile.com

OPEN FOR RETAIL, TRADE & COMMERCIAL ENQUIRIES



The
**RACEHORSE
INN**



Gastro Pub

Head Chef Phillip Bradshaw

Ray and Flori welcome you to
the Racehorse INN

A fine food experience in a convivial
atmosphere

Our superb Sunday lunch is one to be tried

Open Every Day for Lunch and Dinner

info@racehorseinn.co.uk
www.racehorseinn.co.uk

Take-out: Pizzas & Fish'n'Chips now available



North Hill Village, Cornwall, PL15 7PG

01566 786 916

J. H. Simmons

Painting & Decorating



No Job Too Small

For more information
Please call John
01579 362688

7 East Park, Pensilva

D.J.A. BUILDING SERVICES

ALL ASPECTS OF PROPERTY
MAINTENANCE BUILDING &
REFURBISHMENT

- * Bespoke Furniture and Kitchens
- * Wardrobes and Bookcases
- * Garden Sheds, Poultry Houses & Small Animal Shelters
- * Over 30 years' experience
- * Fully insured
- * References available
- * Free estimates
- * No VAT

**Call David on 01579
364050 / 07767662635**

Westwood Garden Maintenance



Antony Watts

Grass Cutting, Clearance

Weeding, Turfing

Hedge Cutting

Patio Cleaning, Planting

Regular Visits / One-off Contracts

Residential & Commercial

FREE ESTIMATES

01579 362019 www.westwoodgm.co.uk 07952 094472

WH BOND

BOND
TIMBER

BOND
AGRI

BOND
HIRE & SALES

BOND
FARMS



BOND TIMBER
BAKE SAWMILL
TRERULEFOOT
SALTASH
PL12 5BW

BOND HIRE & SALES
MOORDOWN
ST IVE
LISKEARD
PL14 3NA

BOND AGRI
UNIT 4
LITTLE TRETHEW
HORNINGTOPS
PL13 3PZ

01503 240 308
WWW.BONDTIMBER.CO.UK

01579 383 185
WWW.WHBOND.CO.UK

01503 240 171
WWW.BONDAGRI.CO.UK

Pensilva Stores

Amazing Value

Premier
a great deal more from your local store
Mon-Sat. 7:00 AM. – 9:30 PM.
Sunday 8:00 AM. – 9:30 PM.

- ✓ Fantastic Special Offers every month!!! (See store leaflets)
- ✓ Come and Check out our great deals on Wine, Beer and Spirits
- ✓ Local Produce: Homemade Butter and Clotted Cream, Meat from our local butcher
- ✓ Cornish Fresh Fruit and Vegetables
- ✓ Fresh Bread, Pasties and Cakes
- ✓ Take Away Coffee, tea and hot chocolate
- ✓ Newspapers and Magazines, Greeting Cards
- ✓ Paypoint, Lottery

*** Free to use ATM ***
*** Card Payment ***

Friendly Staff + Service with a Smile !!!

Pensilva Stores is a family run business who have been serving local people and visitors for more than 21 years.

Higher Road, Pensilva, Liskeard, Cornwall PL14 5NQ

Tel: 01579 362547

MENDOLOGY Garage Door Specialist

- Repairs
- Servicing
- Installations

Out of hours service
call Dave anytime 07974 442645


MENDOLOGY COMMERCIAL DOORS LTD

www.mendologydoors.co.uk

01579 363760

PensilvaCars

01579 363516

- ✓ MOTs Class 4
- ✓ Service
- ✓ Repair
- ✓ Tyres
- ✓ FREE Courtesy Car
- ✓ Car & Van Sales
- ✓ Diagnostics
- ✓ Air Conditioning
- ✓ 

We have offered a supply, fit & balance of tyre service for 10 years at competitive prices.

Most of our tyres can be supplied the same day.

LOCAL RECOVERY £45.00

www.pensilvacars.co.uk

pensilvacars@hotmail.co.uk

We can service and repair your car to manufacturer specification, keeping your dealer warranty without main dealer expense.





KEITH RICHARDS

Motor Body Repair Specialists

A family run business with fully equipped & maintained workshops & a focus on
Customer Care

- ◇ Motor Body Repair Specialist
- ◇ Mechanical Repairs
- ◇ Servicing to All Makes & Models
- ◇ Computer 4 Wheel Alignment
- ◇ 24 Hour Recovery Service
- ◇ Renovations & Re-sprays
- ◇ Member of RMI (Retail Motor Industry Federation)
- ◇ Latest Diagnostics (including specialists for VW, Audi, Seat, Skoda & Vauxhall)

With over 30 years' experience we aim to provide you with:- Value for Money -
Friendly Service - Professional Approach - Expert Advice that you Can Trust
(Visit our website for more details)

Pensilva Industrial Estate, St Ive Road, Pensilva, Liskeard, Cornwall PL14 5RE

Tel: 01579 362593

Email: keith@keithrichardsmotorbody.co.uk

Fax: 01579 363194

Website: www.keithrichardsmotorbody.co.uk

Wm. Newham & Sons Est. 1835

Proprietor Robbie Savill AWCB

CHIMNEY SWEEPS & BLACKSMITHS



CHIMNEY SWEEPING

BIRD GUARDS, COWLS & POTS FITTED

CCTV INSPECTIONS & SURVEYS

STACK REPAIRS & REBUILDS

RIGID STEEL SYSTEMS ERECTED

STAINLESS STEEL and PUMPED CONCRETE
CHIMNEY LINING

STOVES SUPPLIED, INSTALLED & REPAIRED

FIREPLACE ALTERATIONS & RENOVATIONS

FULL RANGE OF FIREPLACE FURNITURE
made to order

01579 347777

need somewhere to stay ?
between homes ?
family/friends visiting ?



ideal for Pensilva
& St.Ive

please call Jackie on
01579 362216

J.J.CHILD

PLUMBING AND HEATING ENGINEER

OIL AND GAS APPLIANCE SERVICE , REPAIR AND BREAKDOWNS

LANDLORD'S CERTIFICATES

OVER 25 YEARS EXPERIENCE
CALL JOHN ON 01579 362336
MOBILE 07837921086



502322

Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please ring the Parish Office on **01579 363096** or leave a note at Millennium House reception or email **parishpump@btconnect.com**.

*****Please let us know when your item has sold*****

Maximuscle **home gym** system **£100** ono.
Black leather **chaise longue**. Excellent condition. **£100** ono.

Scelextric Sport Le Mans set. Still in box. Great condition. **£100**.

Plastering gear: 110v paddle mix with transformer, various trowels, hawk and other bits. Good for DIY etc. **£70** ono.

Easycamp Tour Ligata **6 berth tent**. Used only 3 times. **£100** or offers.

Dark brown **leather chair**. **£50**

07980 380224 - Pensilva area.

Hi-Gear Aura 3 **tent**, green, ideal for 2 people, fully waterproof with sewn-in groundsheet. Tall enough to stand up in comfortably. Inner bedroom. Can be erected by one person. Cost £179.99. Only used for 8 nights. Now offered for **£80**
01579 362574 / 07887 787202 (Pensilva).

Green plastic **garden table and four chairs** - good condition and hardly used. **£25. 01579 363565 or 01579 363464**

Door Canopy. Brand new still in box. Black sides, white roof. **£15**.
Wooden **hall seat** with cushion. Two-door opening for shoes. **£15**
Call 07856 534691 for more details.

2 x 225/45 r17 **used tyres**, good tread. **£20** the pair.

House coal 3 full 25kg bags and 2 lightly used open bags **£30**

Set of **Snow chains**, new and unused fit 14" to 19" rims, self adjusting. **£40**

Pensilva **01579 362207**

Brown speckled **carpet**, 2m x 5m. Brand new (over ordered). **£50**.

Arch design **headboards**. **£20 each or £35 pair.**

01579 362211

FREE Dining Table (Teak) & 4 chairs. In perfect condition. Fully extended 138x100cm. Oval shape, black & white check upholstery on padded seating. Buyer collects. Table can be dismantled into 2 pieces. Call Aisha on **01579 363673**

2-Drawer Filing Cabinets (2) H 710mm, W 475mm D 620mm. Could deliver in local area **£25 each**

07796 091259

1 x HAMA Omega Premium **photo/video tripod** - **£23**

1 x VELBON CX Mini photo/video tripod - **£15**

1 x Heiwa Sumo **Junior TH250 photo/video tripod** - **£10**

All items in very good used condition.

Pensilva 01579 362207

Artist Easel by Windsor & Newman for use on table top or work top. GC. **£10**.
Tom Tom 1 Complete **satellite navigation system**, with plug and go, Spoken Instructions and GB maps. **£30**.

Clartas 10x40 wide angle rubber protected military style **binoculars** & case **£25**.

2 large size lightweight **camouflage military jackets**. **£10 each or £15 both**.

4 Cobblers Shoe Irons, including a rare ladies shoe iron all in VGC. For use or ornamental displays. **£30**.

015679 384658

Electric **Hostess Serving trolley** with four warming dishes. **£45.**

01579 320401

Morphy Richards Breadmaker as new **£10**
Challenge Leaf Blower **£10**

Hand Mower **£5**

Giant Phone **£3**

3 Cocktail Glasses with Shaker and recipes **£15**

07969 310603

AURA 3 Tent, colour Green; only used for 8 nights camping. Bought for £179.99 but offering it now for **£100** as I have had to give up camping.

Also the **matching Porch Extension - BRAND NEW**, never unpacked since buying for £99.99, but now for sale at **£50**. Real bargains. If you're interested in both, please make me a reasonable offer as I can no longer make use of them. **01579 362574** (Pensilva)

Please note corrected telephone number

Wood-framed **mirror** 2'6" x 3'7". **£10.**

01579 363812

Apollo FS24 **child's mountain bike** and helmet. Suit 8 - 10 year old. **£25**

01579 362581

Concrete Coal Bunker **£20**

Heavy Duty Plastic Composter **£15**

01579 363892

Mobility Walker Hardly used. Cost about £80 new from Argos. Will sell for **£40**

18 Demijohns **£1 each.** **01579 362001**

4 frame honey extractor (plastic). Good order. **£45.**

Carpet shampooer **£6**

Dyson hoover **£5**

01579 320401.

Brand new, never worn, **motor bike helmet**, with visor and inside sun visor, red, grey & white. Size medium. Paid £90, will accept **£30** or nearest offer.

07980 284002

Leather black briefcase 17½" x 12½" x 4". **£10 o.n.o.** In good condition.

01579 362846

Art Classes *with Yvette*

Millennium Centre, Pensilva.

If you have always wanted to Sketch or Paint 'Why Wait'??

Come and Join one of my classes, they are fully structured, suitable for both beginners and improvers.

Kick start your hobby in a 'friendly and relaxed' atmosphere, aimed at 'enjoyment'.

Drawing Class - Wednesday Mornings 9.30am to 12.30pm

Watercolour Art Class - Wednesday Afternoon 1.30 to 4.30pm

Other Classes & One day workshops or demonstrations also available.

Contact Yvette on 07886 343621 or

email: yvettewiltshire@sky.com website: www.artwithyvette.com

What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Pensilva Breathers	Monday 12.30pm - 2.30pm	01579 532467 Pauline
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Drawing Class	Wednesdays 09.30am - 12.30pm	07886 343621 (Yvette Wiltshire)
Ladies Netball	Friday 09.15 - 10:15am	07985 387472
Penmill Art Group	Friday 10am - 2pm	01579 363441
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	01579 208528
Watercolour Art Class	Wednesdays 1.30pm - 4.30pm	07886 343621 (Yvette Wiltshire)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579 344464
PENSILVA VILLAGE HALL		
Face Yoga	Monday from 10:30am. Starts April 29	lilianjones@hotmail.co.uk
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly
MIMS	Friday 1.00 - 3.00pm	01579 343702 (Chris)
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
PENSILVA PRE-SCHOOL		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)

ST IVE INSTITUTE

Gardening Club	1st Monday monthly 7:30pm	01579 382762
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Post Office	Wednesday 10:30 - 12 noon	
Coffee Morning	Wednesday 10:30 - 12:00	
St. Ive Singing Group	Thursday 4.00 - 5:30pm	01579 382341 (Clare)

St Ive Institute available for hire, £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters, which are on a £1 coin meter)

Contact Sue Sedgewick on 01579 383291

Hall meetings will now be held quarterly on the second Tuesday of the month in January, April (includes AGM), July and October.



ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Mon 13th May A visit to the garden at **Pendower House**, Lanteglos-by-Fowey. Leave St Ive car park at 6.40pm. Car share £2.50. Refreshments £3.50. Entry £4.50.

Sat 25th May **Plant Sale** in **St Ive Village Hall**. Doors open 1.30pm. Bring along your spare seedlings and cuttings for sale and find yourself something new.

Monday 3rd June A visit to the garden at **East Down Barn**, Menheniot, PL14 3QU. Meet in St Ive car park to leave at 7.00pm. Car share £1. Refreshments: donation. Entry £3.



Visitors and new members are always welcome to join us.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216**.

We look forward to meeting you.

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday	-	9am to 1pm
Wednesday	-	9am to 12 noon
Friday	-	9am to 12 noon

THE MEL BAR ***MILLENNIUM HOUSE*** ***Licensed Free House***

GUEST ALES - LAGERS - CIDERS - WINES - SPIRITS

Opening Hours

Mon - Thu	-	5 pm	to	10 pm
Friday	-	3 pm	to	10 pm
Saturday	-	12 noon	to	11 pm
Sunday	-	12 noon	to	11 pm

PLEASE NOTE FRIDAY OPENING HOURS

01579 363096