## THE PARISH PUMP

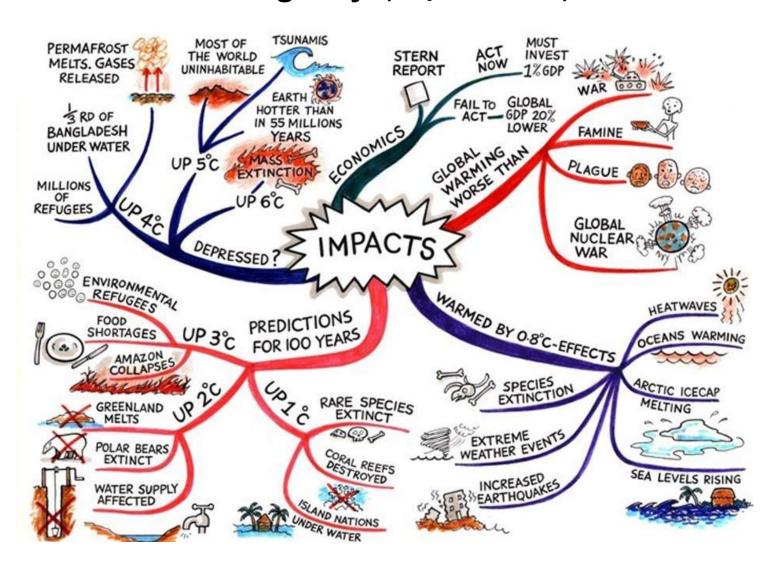


April 2019 Edition 449



### The Newsletter for the Parish of St Ive

St Ive Parish Council follows Cornwall Council and dozens of other county, town and district councils, in declaring a climate emergency. (Report inside)



#### **Disclaimer**

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

### **Parish Councillors Telephone List**

Peter Haimes (chair)	01579 362459	Alan Moss (vice-chair)	01579 362064
James Bruce	07411 192645	Marlene Carr	01579 362919
Martin Corney	01579 382450	Angie Haimes	01579 362459
Rosemary Farley	01579 384810	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Kath Parkes	01579 362005
Ivor Vaughan	07979 934604	Craig Vaughnley	01579 364083

Samantha Reilly

Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com

#### **Meetings of St Ive Parish Council**

**2nd Monday monthly:** Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

**4th Tuesday Monthly:** Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

### **Date of Next Parish Council Meeting**

Monday, April 8th, 2019



**T** 101 Minicom 18001 101

#### **Police Community Neighbourhood Office**

Your Community Support Officer is PCSO Steve Edser 30173. email: CIOSNBMLiskeard@devonandcornwall.pnn.police.uk
To report a crime call 101 or go to www.devon-cornwall.police.uk
In an emergency call 999

#### Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

### **Parish Pump Information and Contact Details**

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

**Current Advertising Prices** including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

**Deadline for the Parish Pump is STRICTLY 15th of every month** 

### THE MEL BAR

Relax and wind down at the Mel Bar, Millennium House



#### From the Editor

I was wrong last month about what the weather was going to do this month. In fact I am writing this on a beautiful Spring day in late **March**, confident in the expectation that, this time **next** month, I will be writing something similar on a bitterly cold Winter day in late **April**:) In which case I would have been right last month, only one month out.

Joking aside, as you all know, the weather and the climate are not the same thing. Please find a moment to read the item about the climate initiative on page 7. If everyone does their bit we can make a difference. If everyone leaves it to everyone else, nothing good come of it.

All the best - Joe

#### From our Community Police Officer Steve Edser.

### **Dog-walking on Bodmin Moor**

Please remember that from March 1st to July 31st all dogs must be kept on leads at all times while walking on the moor, and leads must be no more than 2 metres in length.

### **Millennium House Opening Hours**

Reception

9am till 2.30pm Monday to Friday

**Community Coffee Shop** See separate notice on next page

**Bar** 5pm till 10pm Monday to Friday

12am till 11pm Saturday and Sunday

If no-one is available please leave a message in our **letter box at** the front of the building or on our answer phone by calling **01579 363096**.

### COMMUNITY COFFEE SHOP MILLENNIUM HOUSE, PENSILVA

### **OPENING HOURS**

Monday 10.a.m. to 1.p.m.

Tuesday 9.a.m. to 1.p.m.

Wednesday 9.a.m. to 1.p.m.

Thursday 9.a.m. to 1.p.m.

Friday 9.a.m. to 1.p.m.

Open to small groups (pre booked) for Cream Teas - Buffet - Lunch Bites

The Coffee Shop is run by volunteers who aim to offer a cheery, relaxed atmosphere for you to sit and enjoy a cuppa. We adapt our service in response to feedback from members of the public, whose support we rely on to continue. We would like to offer our sincere thanks for your support of the Coffee Shop.

#### Pensilva Carnival - Carnival Queen, King & Flower Girl

Entry forms are available at Millennium House reception and must be returned by 3pm on May 3rd, 2019.

Don't forget, **Carnival is on Saturday**, **July 6th**. Enquiries or offers of help to Ruth at MH reception or Karen on 01579 362196.

#### **DEFIBRILLATOR TRAINING at Pensilva and St Ive**

The Parish Council has installed two Defibrillators in the two wards. One at Millennium House, the other at St Ive Village Hall.

There is another opportunity for training on how to use the newly installed Defibrillators, date to be confirmed. Please register your interest by contacting the Parish Clerk on 01579 363096.

# **Supporting Guiding & Scouting Activities in Pensilva 200 CLUB** Draw Results for February 2019

1st No. 3	2nd No 153	3rd No 30
Mr P Elliot	Mrs J Mann	Mrs A Worden

Thank you for your support

5

#### **CHAIRMAN'S COLUMN**

At last spring is here and the days are getting longer, and with it I hope comes the warmer weather. March saw a few new things at Millennium House. It started with Yn Poynt Da presenting their comedy revue, which was very well received, and they have promised to make it an annual event. We also had a presentation given by the team from the Caradon Observatory, this was a very interesting evening, but marred by the poor weather, which prevented any outdoor observations. However, the team said that they would look at coming back again, then hopefully we may have better weather and more people attending to enjoy the benefits our dark sky status gives us when viewing the night sky. On the 5th and 6th of May as part of Millennium House birthday celebrations, we will be having a beer festival along with a Chris Rounsevell hog roast. On Monday the 6th there will also be family entertainment. (more details elsewhere in the Pump).

At the Parish Council meeting in March the Council debated the declaration of a Climate Emergency, in line with that declared by Cornwall Council earlier in the year. It calls on us to try and reduce our carbon footprint, and we would encourage all of us to try and reduce our reliance on fossil fuels, even switching off unwanted lights helps, and it saves money!! (every little helps).

A final note, after a long quiet spell on the dog-fouling front, we are again getting complaints. PLEASE pick up after your dog and think of others who may be walking the same route after you.

**Pete Haimes** 

PUBLIC MEETING to discuss the implications of the Climate Emergency Declarations passed by St Ive Parish Council.

7pm Friday 12th April 2019, at Millennium House Pensilva

#### **CLIMATE EMERGENCY DECLARATION**

The following motion, proposed by Councillor Martin Corney and seconded by Cllr James Bruce, was approved by St Ive Parish Council at its meeting on March 11, 2019.

"St Ive Parish Council notes that Cornwall Council declared a Climate Emergency on 22nd January 2019 and we also declare a Climate Emergency. We will do our best to reduce carbon emissions and encourage the move to renewable energy within our parish. We also call upon our Member of Parliament, Sheryll Murray, to pressure the government to take measures, both nationally and internationally, to move to zero carbon in timescales recommended by the Intergovernmental Panel on Climate Change's (IPCC) special report on Global Warming, published Oct 2018."

The image on this month's cover charts the catastrophic consequences of allowing global temperatures to continue to increase. Martin Corney writes: "The graphic is already out of date since a rise of 0.8C has been passed and we are at the +1C stage if not +1.1C. Some might deny that climate is changing because of human activity. No! Even the BBC now excludes such deniers from the debate. Others may say that this is too big a problem for a Parish Council to solve alone. This is true, but it is no reason for us not to do what we can, and by joining with all levels of government the problem can, and must be solved."

Just four days after our Council passed the resolution, Intense Tropical Cyclone Idai made landfall on the coast of Mozambique, with devastating consequences. Idai may turn out to have been the deadliest storm ever to have hit the southern hemisphere. Climatologists predict that extreme weather events such this will only get more frequent and deadlier as global temperatures continue to rise. The point where our actions will no longer be able to reverse the trend may not be far off. We must all do our bit..

The Parish Council will be holding a public meeting at Millennium House on Friday 12th April at 7 pm to discuss the way forward. This will probably involve restarting the process of creating a Neighbourhood Development Plan (NDP) for St Ive Parish, but may also involve setting of a committee to take actions that would be outside the scope of an NDP or need acting on more quickly than would be delivered by the NDP.

The Editor

### The 42<sup>nd</sup> St Ive Village Show

Saturday 7<sup>th</sup> September 2019 opens at 2.30pm in the village hall Entries open to all

Adult classes for Flower Arranging, Cookery, Vegetables,
Cut flowers, Houseplants, Handicrafts, Photography, and Art
Young people's classes (up to 16yrs)

Entries to be submitted between 6.00 pm and 8.00pm on Thursday 5<sup>th</sup> September or in advance

### Schedules available from 1st April

by email from Sally at <a href="mailto:sales@keasonplantservices.com">sales@keasonplantservices.com</a>
from Coffee Morning 10.30 to 12.00 on Wednesdays in the village hall or from Jayne (382512) Veronica (382762) Katherine (382334)

St Ive and District Gardening Association

# St Ive Games Evenings Board Games, Card Games and Table Tennis

We are starting a monthly games evening for all ages at St Ive Village Hall commencing early May

For further details contact Maggie or Wendy on:

01579 208572

or email: wendycarr21@gmail.com

#### Pensilva WI March report

Electrics, candles, cooking, the three main causes of fire in the home you would think, right? Wrong – according to Martin and Graham from Liskeard Fire Station when they came to speak to the ladies of Pensilva WI about safety in the home, it's men, women and children! Without human interference there would be far fewer house fires. They gave us a lot of good advice to help keep us safe and therefore prevent us having to call out the fire brigade. Good smoke alarms help of course, as do carbon monoxide alarms for those with gas or wood-burning appliances. They also said thinking out an escape route is useful so should the worst happen you would be able to make it out of the house quickly. It made us all query how safe our homes really are. President Jean Hoare thanked both the fire officers for their help and guidance.

A new member, Margaret Hanger, was warmly welcomed by President Jean Hoare.

There were many birthdays this month, Eileen Adgo, Janet Sheer, Elaine Burden, Violet Ann Gold, Jenny Rendle, Mary Yates, Jill Pascoe, Pauline Millar and Sheila Wherly.

Monthly competitions: Flower of the month 1<sup>st</sup> Jill Pascoe, 2<sup>nd</sup> Frances Tucker, 3<sup>rd</sup> Mary Yates. Picture of fire or water 1<sup>st</sup> Cherry Woodhouse, 2<sup>nd</sup> Verna Dawe, 3<sup>rd</sup> Irene Elliott.

Dates for your diary:

Wednesday 17<sup>th</sup> April – Spring Countdown, Redruth

Thursday 18<sup>th</sup> April – Liskeard WI Group social evening, Wesley Church Hall

Friday 10<sup>th</sup> May – Pensilva WI Birthday dinner, The Victoria, Pensilva, 6.30 for 7.00pm.

Saturday 11<sup>th</sup> May – Village litter pick, meet Millennium House 10.30am Saturday 18<sup>th</sup> May – 'Fly like a bird', Eden Project.

April's meeting will be held on Wednesday 10<sup>th</sup> at 7.15pm at Millennium House, Pensilva where the speaker will be Jo Delbridge who will tell us 'what a judge looks for' to help when entering competitions, which should be most helpful to us all. The competition will be 4 home-made scones. All visitors will be made most welcome, so we hope to see you then.



March has certainly felt more spring like than Chilly February but our maximum/minimum thermometers in our polytunnels are still reading down to zero overnight, we have plenty of seedlings coming on waiting to go either in the polytunnels or in our outside beds. At the moment we have tomatoes, bell peppers, chilli peppers, cucumbers, squashes, pumpkins, courgettes, herbs and various brassicas being brought on by project volunteers and friends.

We have successfully used a rainwater drip watering system in our larger polytunnels for many years and are currently planning a similar system for our smaller polytunnel, the difference will be a huge 1000 litre IBC tank rather than the water butts on our existing system. Last Wednesday on our volunteer day the tank was carried across our site by our volunteers and also visitors from Pentiddy (that turned up at the right moment!). The tank has now been secured into place and we are currently plotting and planning the next stage with possibly 3 lines of hoses to water all of the beds.

We would be grateful for donations of garden tables for our volunteers to sit outside as the weather improves, sadly we have lost both of ours when they were battered by gales in the autumn.

We are currently collecting eggshells in a bin alongside our kitchen compost bin just inside our gate, these are crushed and sprinkled on the raised beds in our polytunnels to keep the slugs off the plants.

Our volunteer days are continuing on Wednesdays 10-2pm and Thursday 12-3pm with jobs for all abilities and we would be delighted to welcome any new faces.

Our stalls are currently well topped up with our own Purple sprouting broccoli, chard, kale and salad alongside a selection of organically grown vegetables from Riverford and also local suppliers.

Our contact details are: Email growingprojectpensilva@gmail.com Phone : Admin 07854 353865 and 07398 828783 for veg boxes

### **Pensilva Country Dance Club**

We are a small, friendly group that meets once a fortnight in Millennium House, Thursdays, 7.30pm to 9.30pm. If you would like to join us to try country dancing, we would give you a warm welcome. No previous experience needed!

For more information ring Jill 362819 or Liz 340942.

# Pensilva Health Centre





**Pensilva Health Centre** is changing its opening hours from 1<sup>st</sup> April 2019. It will be open from 8am until 6pm - Monday to Friday. This means that you are able to call in to make your appointments from 8am instead of 8.30am. Also did you know that Pensilva Health Centre had a website? You can access it at this online address: <a href="http://www.pensilvahealthcentre.co.uk/">http://www.pensilvahealthcentre.co.uk/</a>. There you can find regular updates, including information about all services at the Health Centre as well as who works there!

And if you have any suggestions, want to leave feedback, or if you have an issue then you can write in on following email address:

<u>feedback.oaktreeandpensilva@nhs.net</u>. This will go directly to the new Practice Manager of both Pensilva Health Service and Oak Tree Surgery. Her name is Amanda Tamblin and she wants to hear from their patients, whether good or less good!

### **RELAY FOR LIFE 2019**

This annual family fundraiser for Cancer Research UK is on May 25/26th. Our local team, Pensilva Posse will be holding a meeting **Tuesday April 9th** at the The Victoria Inn at 7pm. Everyone welcome to join us to find out more,. All offers of help greatly appreciated, from joining the team to donating raffle prizes or baking cakes. Many thanks.

Contact Alex 07985387472, email info@liskeardrelay.org.uk or see you at the meeting.

#### FACE YOGA CLASSES COMING TO PENSILVA AND GOLBERDON

Some of you may not know what Face Yoga is; others may already know or might have seen the recent Twinstitute programme on TV, where the twin doctors compared Face Yoga against a £1000 facial and scientifically tested the results. Within a month, Face Yoga made them look 3 years younger than the £1000 facial!

Weekly Face Yoga classes run by Lilian Jones will start after Easter at Pensilva Village Hall and Golberdon Village Hall. The classes combine facial exercises, acupressure, massage, relaxation, breathing and visualisation techniques for your mind, body and soul. Face Yoga is a natural way to make you look and feel younger and healthier. As an aromatherapist, Lilian will mix specific oils that improve the quality of your skin. Lilian has been practising yoga for nearly forty years, fourteen of them as a teacher, so the Face Yoga classes will put all the skills she has learned into practice. Come along and do something for yourself. Relax and look forward to more youthful looks as you turn back the age clock.

The classes will cost £6 or £50 if you book 10 and start on:

Pensilva Village Hall 10.30am Monday 29 April, 2019 Golberdon Village Hall 10.15am Wednesday 24 April 2019

07460 476619



openarms@uymail.com

OpenArms Fitness and Massage

### Purestretch flexibility and core classes

Gentle group exercise classes to increase general mobility, flexibility and core strength. I am able to tailor the class to your own specific needs, ensuring it is achievable for all.

Classes at: Pensilva Millennium Centre, 10am on Tuesdays and Menheniot Parish Hall, 10am on Wednesdays,

Other therapies: Warm Bamboo Massage and Sports Massage.

Please call or email for details.

#### St Ive and District Gardening Association

We were taken on a visual tour of Cornwall at our March meeting when Dorothy Kirk shared her enthusiasm for the work of the artist Joseph Turner here in the 18<sup>th</sup> century. Turner travelled around Cornwall sketching notable views which he then used to create some of his famous paintings. Dorothy has researched his journeys matching sketches to paintings and to modern photographs of the same views so we could see that things have changed only superficially.

At our next meeting on Monday 1st April we will be out and about again being guided on a daffodil walk in the gardens at Cotehele, St Dominick. We will leave St Ive car park at the earlier than usual time of 5.35pm.



**Collection point open every** foodbank day, 10am to 4pm in St John's Church, Pensilva.

### **MOBILE LIBRARY**

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).

Next visits: Apr 12th, 2019

Then May 10th, Jun 7th.



Stops at: The Victoria Inn, Pensilva, 10.25- 10.45am; Quethiock bus stop. 11.00 to 11.20am.



SEW, KNIT AND NATTER. WHY NOT JOIN US ON THE LAST TUESDAY OF EACH MONTH for sewing, knitting or just for a chat and a cup of tea or coffee and cake.

We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

### Ruth and Colleen's Monthly



At Millennium House on Tuesday April 2nd

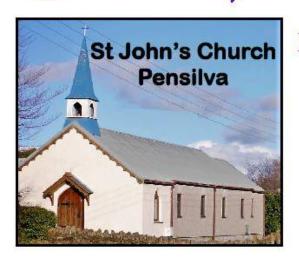
Then on May 7th

Eyes down at 7:30pm Over 18's only £££ CASH PRIZES £££



# LENT LUNCHES

Thursday 4th April and Thursday 11th April Between 12.00 and 1.30 pm



Please come & enjoy a simple meal of homemade soup with a roll & cheese, coffee or tea.

Suggested minimum donation £3.50





### EVERY THURSDAY 4-5.30PM ST IVE VILLAGE HALL

NO EXPERIENCE NEEDED, ALL WELCOME FROM POP TO CORNISH SONGS. WE ONLY SING IT IF IT'S FUN!

PLEASE CONTACT CLARE: 01579 382341 OR EMAIL: CONTACT@CLARENORRISH.COM

WEBSITE: clarenorrish.com



Holy Saturday 20<sup>th</sup> April 2.00 to 4.00 pm











### **Pensilva Wednesday Club RVS**

Meet in Pensilva Village Hall at 2.30.p.m. on alternate Wednesdays.

All Adults welcome to join - £1 per meeting - Refreshments 
Various Activities - Entertainment - Coach Trips - Raffle

#### Coach Trips planned for the year – also open to non-members

15th May ...... Par Market and The Range

10th July ...... Atlantic Village

13th Nov ...... Truro

Anyone is interested in any of the above trips, please contact Jane Mann on 01579 362960

For Information please contact Jean Connor on 01579 363221





# VICTORIA INN



### **Brunch Fridays & Saturdays from 9.30am – 11.30am**

#### **Opening Hours**

Monday	Closed all da	y	
Tuesday			5pm to 11pm
Wednesday		12pm to 3pm and	5pm to 11pm
Thursday		12pm to 3pm and	5pm to 11pm
Friday	9.30am	to	11pm
Saturday	9.30am	to	11pm
Sunday		12pm to	10pm

### **FOOD**

Tuesday Curry night and full menu.

Carvery every Wednesday 12-3pm and Sunday 12-5pm

Sunday evening food 5pm - 8pm

Fish and Chip Friday Special!

KIDS EAT FREE!!! (Little Tackers Menu) Tue—Fri 5-7pm For every adult main meal, one child under 12 eats free

Thursday night 2 for £12

Check out our new menu including "Healthy options."

LIVE MUSIC EVERY MONTH



CALL - 01579 363933



## LET'S MEET (chat and eat!)



### @Gorfenna

St. Ive, PL14 3LX



# LUNCH CLUB.

A chance to meet up and socialise. All welcome.



1<sup>st</sup> Monday of every month

11.30 - 2pm.



£2.50 pay on the day.

01579 384810

Call for information or just come along.

A friendly welcome, a warm lunch and conversation await!

www.gorfennacommunity.co.uk













### **PENSILVA MEMORY CAFE**

DO YOU HAVE MEMORY PROBLEMS OR CARE FOR SOMEONE WHO DOES? WHETHER IT'S MILD, MODERATE OR SEVERE YOU CAN SOMETIMES FEEL A BIT ISOLATED AND ALONE.



DON'T BE LONELY. KEEP SMILING. THERE ARE MANY OTHERS LIVING WITH THIS CONDITION.

COME AND JOIN US ONCE A MONTH FOR SOME FUN AND LAUGHTER, MUSIC & REMINISCENCES.

WE MEET ON THE FOURTH THURSDAY OF EACH MONTH AT ST JOHN'S CHURCH FROM 2PM – 4PM.

WE ALSO SUPPLY TEA/COFFEE AND CAKES.

DONATIONS OF £1 PER PERSON APPRECIATED

FOR MORE INFO PHONE PAT 01579 363461

OR CAROLYN 01579 362698

### **Pensioners Lunch**

2 Course Meal plus Tea or Coffee Only £6.00

Every Tuesday here at Millennium House Speak to our reception or telephone Millennium House on <u>01579 363096</u>



So why not join us for Good Food and Good Company, all on the day you collect your pension? Liskeard Methodist Church, Barn Street, Liskeard PL14 4BL



Computers, Internet & Support - FREE!

**Opening Times:** 

Tuesday: 7-9pm;

Wednesday: 10am-1pm

Friday: 2-5pm;

Saturday: 10am-12pm







### **Badminton?**

Come and join our relaxed and friendly group at Pensilva

Millennium House

Mon & Tue 7.30 - 9.30pm Friday 8.00 - 10.00pm

For further info phone
Nigel or Carol on
01579 363594 or
07885 798370

# All Being Well

Your local, friendly gym.

Over 18 years working in our local community to improve health, fitness and well being. Call **01579 363890**, drop in at Millennium House, Pensilva, or email abwgym@gmail.com

### **Opening hours:**

Mon/Fri 10am-3pm & 5pm-9pm
Wed 10am to 3pm
Tues/Thur 9am to 1pm
Saturday 10am to 1pm

Ask about GP exercise referrals!

### PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us.

We meet at
Millennium House
10-2 every <u>Friday</u>.
Please come & see
us or phone Pam on
01579 363441.

# LISKERRET MALE VOICE CHOIR

We are currently looking for new members in all sections. No previous experience necessary.

Practice Mondays 7:30pm at the Royal British Legion, Liskeard.

Enquiries to the secretary on

01579 363881

Email: charaton@btinternet.com

Website: www.liskerretmvc.org

Charity No. 1120243

#### **PENSILVA VILLAGE HALL**

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peterpensilva@gmail.com



Please note that as well as hall rent there is a coin meter for heating at 60p/hr.

We hold a Hall a users and committee meeting on the fourth Monday of every 2nd month starting in January at 7.00pm. Please feel free to come along and support us.

There will be a jumble sale on 9th March. Please contact Jackie if you wish to donate. We can collect.

<b>Organisations that meet in Pensilva Village Hall</b>			
<b>Meeting Times</b>	Organisation	<b>Contact Person</b>	Telephone
Mon .from 10:30	Face Yoga	Lilian Jones	lilianjones@ hotmail.co.uk
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
AlternateWed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Fri. 1:00 - 3:00	MIMS	Chris	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall			
Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travellling Post Office	
First Monday	7:30pm	St Ive Gardening Club	
Every Monday & Thursday 26	7:00pm	St Ive Snooker Club	

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial People's Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Marlene Carr 362919).

You can contact us directly or through the Health Centre.

# PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

Meetings are held every third Thursday of each month at 11.30.a.m. Meet in Millennium House car park.

For any information please contact Jean Connor 01579 363221

# Struggling with Sight Loss? Cornwall offers practical help to people



iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk







#### Started by PATIENTS Run by PATIENTS For the PATIENTS with COPD and long term conditions

### Are you living with COPD or another long term lung condition?

Why not join our friendly group for company, light exercise & support?

We meet upstairs in Millennium House, Pensilva, Mondays 12.30 - 2.30

First week FREE. Thereafter £3 per week. Refreshments provided.

If you would like more information please call us

Pauline: **01579 532467** Jeanette: 01579 363691

### St Ive Methodist Chapel

### Services for April 2019

Sun 7th Apr 11am Mrs Margaret Halls-Falconer

Sun 14th Apr 11am Rev Iris Bray

> United "Green Shoots" service led by Keith 6pm

Mutton

Easter Day Mr Julian Langston Sun 21st Apr 11am

Sun 28th Apr 11am Mrs Linda Eastlake

> Food for Thought at St John's Pensilva 5pm

Real Junk Food Project Lent Lunch at Chapel 12th April 12 noon.

The Chattermakers Craft group will meet at Chapel 7.30pm on Thursday 4th and 18th Apr from 7.30pm. All welcome.

The Village Prayer group will be held at Chapel on Wed 10th April 7.30pm. Thurs 14th & 28th Mar at 2pm. All welcome.

### St Ive Church

### **Services at 11:15am every Sunday**

Apr 7th Holy Communion (Rev Becca Bell's first service at St Ive)

Apr 14th Morning Worship

Maundy Thursday Service 7pm Apr 18th

Apr 19th Good Friday Hour Before The Cross 11am

Apr 21st Easter Sunday 11.15am. Lunch follows this service

Apr 28th Family Service. Small pets welcome

### **Other April Events**

Fri 5th **Produce Market with Lent Lunch 10:30** 

> Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams and much more. Farm fresh meat from Trehill Farm Produce.

Fri 12th Lent Lunch in Chapel 12 noon

Sun 21st Lunch in Church 12.45 All welcome. Only £7 for 2 courses.

Mon 22nd Easter Egg hunt 11am

Find an extra supply of Easter Eggs and enjoy homemade refreshments...

Church Wardens Brian Dwelly **01579 364010** btdwelly@aol.com

Colin Catchpole 01579 383867 ccatchpole@hotmail.com

Please let Churchwardens know of anyone requiring a home or hospital visit.

Donations for Liskeard Food Bank can be left in the Church each day between 10am & 4pm

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### ST JOHN'S CHURCH, PENSILVA

Services for April 2019

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 7<sup>th</sup> 11am Rev Sue Hill

Sunday 14<sup>th</sup> 11 am Café Church

Sunday 21<sup>st</sup> 11am **EASTER SUNDAY**, Anglican Service

Sunday 28<sup>th</sup> 11 am Mr David Wenmouth

5pm Food for Thought

**Café Style Church** followed by coffee and chat, <u>Thursday mornings 10am.</u> Everyone very welcome.

**Afternoon Tea** on Friday 5<sup>th</sup> March at St John's Church, Bring and Buy. Everyone welcome.

**Lent Lunches** on Thursday 4<sup>th</sup>& 11<sup>th</sup> 12.00 to 1.30 at St John's Church. Soup, roll & cheese followed by coffee/tea. Look forward to seeing you there.

**Memory Café** Thursday 24<sup>th</sup> April, 2-4pm in St. John's Church **Lent Course** Friday 5<sup>th</sup> and 12<sup>th</sup> April. Contact Carolyn on 362698 for further details.

**Prayer Group** 2pm Friday 12<sup>th</sup> and 26<sup>th</sup> April. Please ring Eileen on 362580 or Carolyn on 362698, if you would like prayer for yourself or someone else.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please ring: Geoff Cox, 362698 or Frances Tucker, 363718



# O7966 370233

The Pensilva Group meets in Millennium House on Mondays at 10:00am, 5:30pm and 7:30pm.

A Wednesday morning group meets at 09:30am in the Sports club, Liskeard

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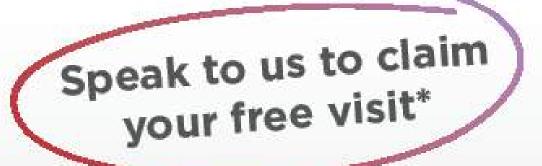
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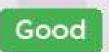


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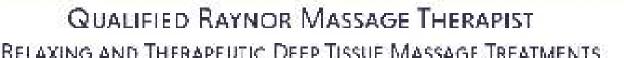
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9<sup>th</sup> AUG



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2<sup>nd</sup> NOV BRIDGWATER CARNIVAL 16th NOV LONGLEAT FESTIVAL OF LIGHT 22<sup>nd</sup> - 25<sup>th</sup> NOV TURKEY & TINSEL AT SANDOWN, ISLE OF WIGHT

7<sup>th</sup> DEC **BATH CHRISTMAS MARKET** 15<sup>th</sup> DEC TOUR OF CORNISH CHRISTMAS LIGHTS 21st DEC SNOW WHITE @ THE EXETER CORN EXCHANGE 7<sup>th</sup> JAN 2020 CINDERELLA @ THEATRE ROYAL, PLYMOUTH

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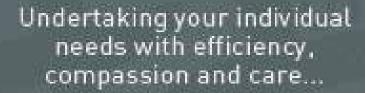


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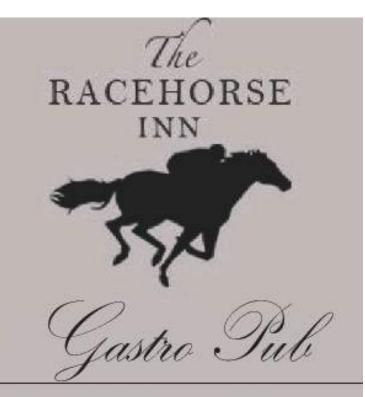


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\*\*\*Please let us know when your item has sold\*\*\*

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Contact Yvette on 07886 343621 or

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What's on in St Ive Parish?				
WHAT'S ON	WHEN	CONTACT DETAILS		
MILLENNIUM HOUSE				
Aikido	Thursday 7:00pm			
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00			
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)		
Book Exchange	Daily	01579 363096		
Pensilva Breathers	Monday 12.30pm - 2.30pm	01579 532467 Pauline		
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham		
Drawing Class	Wednesdays 09.30am - 12.30pm	07886 343621 (Yvette Wiltshire)		
Ladies Netball	Friday 09.15 - 10:15am	07985 387472		
Penmill Art Group	Friday 10am - 2pm	01579 363441		
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096		
Short Mat Bowls	Thursday 7:00pm	01579 208528		
Watercolour Art Class	Wednesdays 1.30pm - 4.30pm	07886 343621 (Yvette Wiltshire)		
Wildlife Group	Quarterly	01579 362539 ( Hilary)		
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)		
Yoga	Wednesday 7:00pm	01579 344464		
PENSILVA VILLAGE HALL				
Face Yoga	Monday from 10:30am. Starts April 29	lilianjones@hotmail.co.uk		
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver		
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner		
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond		
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly		
MIMS	Friday 1.00 - 3.00pm	01579 343702 (Chris)		
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond		
Rangers	For Info	01579 362982 Kirsty Oliver		
PENSILVA PRE-SCHOOL				
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)		
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)		

ST IVE INSTITUTE			
Gardening Club	1st Monday monthly 7:30pm	01579 382762	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum	
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)	
Post Office	Wednesday 10:30 - 11:30		
Coffee Morning	Wednesday 10:30 - 12:00		
St. Ive Singing Group	Thursday 4.00 - 5:30pm	01579 382341 (Clare)	

St Ive Institute available for hire, £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters, which are on a £1 coin meter)

Contact Sue Sedgewick on 01579 383291

Hall meetings will now be held quarterly on the second Tuesday of the month in January, April (includes AGM), July and October.



### ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Mon 1st April A Daffodil walk at Cotehele. St Dominick PL12 6TA. Leave St Ive car park at 5.35pm. Car Share £1.50. Entry £2.50. No refreshments.

**Mon 13th May** A visit to the garden at **Pendower House**, Lanteglos-by-Fowey. Leave St Ive car park at 6.40pm. Car share £2.50. Refreshments £3.50. Entry £4.50.

Sat 25<sup>th</sup> May Plant Sale in St Ive Village Hall. Doors open 1.30pm. Bring along your spare seedlings and cuttings for sale and find yourself something new.



Visitors and new members are always welcome to join us.



#### <u>ART AND CRAFT GROUP</u>

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on 01579 362216.

We look forward to meeting you.

### **Pensilva Post Office**

Located through the Café on the 1st floor of Millennium House



#### **Opening times:**

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

# THE MEL BAR MILLENNIUM HOUSE

#### Licensed Free House

**GUEST ALES - LAGERS - CIDERS - WINES - SPIRITS** 

#### **Opening Hours**

Mon - Fri - 5 pm to 10 pm Saturday - 12 noon to 11 pm Sunday - 12 noon to 11 pm

PLEASE NOTE CHANGE TO FRIDAY OPENING HOURS