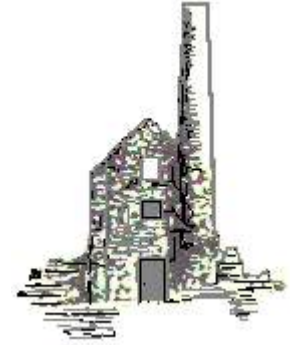


THE PARISH PUMP



November 2017
Edition 432



The Newsletter for the Parish of St Ives



Pensilva School learns lifesaving skills.
(Report on page 12)

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Peter Haines (chair)	01579 362459	Ruth Wilson (vice chair)	01579 363684
James Bruce	01579 362983	Marlene Carr	01579 362919
Pam Carter	01579 362640	Martin Corney	01579 382450
Angie Haines	01579 362459	Rosemary Farley	01579 384810
Tony Hodson	07973 536964	Nigel Libby	07968 891814
Alan Moss	01579 362064	Kath Parkes	01579 362005
Ivor Vaughan	07979 934604		

Sharon Daw (Cornwall Councillor)

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting

Monday 13th November 2017 at 7:30pm at St Ive



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Neighbourhood Office 01579 325454 at any time

Your Community Support Officer is PCSO 30271 Linda Phillips.

Contact: linda.phillips@devonandcornwall.pnn.police.uk.

Phone for a chat on 07703 885654. Leave a message & I'll call back when on duty

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down
at the Mel Bar, Millennium House



From the Editor

Once again, I am amazed at the number and range of activities in our parish. This month there seem to be more reports than ever about what went on in October, as well as lots of notices about what will be happening in November and beyond. So it may seem a strange time to ask you to come forward with any ideas you may have for activities that are NOT currently provided in our local area, but then again, that's probably not the strangest thing I've ever done 😊 The January edition (the one after next) tends to be a slim one, as people take a breath after the festive season (or the "hectic season", as I like to call it). So I thought perhaps that would be a good time to do a feature where people that run local groups can raise their group's profile by contributing a few lines about what they do, while others can suggest things that they might like to see going on, that aren't. Please send your contributions to "What's Going On and What's Not" c/o The Parish Pump Editor. Hardcopies can be left at MH reception, or email parishpump@btconnect.com. All the best! Joe

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Community Coffee Shop

Monday 10am - 1pm, Tuesday 9am - 1pm Wednesday & Friday 9am - noon.

Bar

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

INVITATION TO TENDER

St Ive Parish Council has an opportunity to refurbish the Mel Bar at Millennium House and invites businesses from within the Parish to tender for the project.

Full specifications can be obtained from the Parish Clerk.

Walking Groups interested in recording the condition of public footpaths and recording defects, please contact the Parish Clerk

01579 363096 or stiveparish@btconnect.com or in person at Millennium House, Pensilva.

COMMUNITY COFFEE SHOP

in MILLENNIUM HOUSE PENSILVA

THE COFFEE SHOP IS NOW OPEN AT THE FOLLOWING TIMES:

MONDAYS 10.00am - 1.00pm

TUESDAYS 9.00am - 1.00pm

WEDNESDAYS 9.00am - 12 noon

FRIDAYS 9.00am - 12 noon

Letter received about the fire on Princess Road, Pensilva

I write to thank our neighbours for their actions on Friday 22nd September. We live at Treagan in Princess Road. Building work for a ground floor extension is under way. We were away from home when, at 7.30pm, a fire started in the builder's portaloos. This was spotted by one of our neighbours who called the fire service and along with other neighbours began hosing the front of the house. A trailer was also on fire and there is no doubt that their actions saved the house from being severely damaged. Worried that I may have been trapped inside (I am disabled) a friend of my son called him and luckily he was with me at the time, so confirmed I was safe.

So thank you to our neighbours. Although the police said this was an arson attack which does make one uneasy, with the neighbours we have I can feel confident and safe. **Clair Poole**

Received from Mandy Mitchell regarding money raised for son Adam, at Pensilva Stores 25th anniversary celebrations.

My husband Glynn and myself would like to take this opportunity to thank the community for the level of support shown for our family during the celebration of Terry & Vicky McCarthy's 25th anniversary at Pensilva Stores. An astonishing amount of money was raised, which we are extremely grateful to receive. Adam was super-pleased with his PlayStation 4; he was so excited he was jumping in his seat when he was given this amazing gift. The level of kindness shown by everybody really was very heart-warming. **Mandy Mitchell.**

Received from a Parish Pump reader:

Want Superfast Broadband?

We are in an area with largely poor broadband. If we all enquire about having Superfast Broadband with BT's Openreach they may decide it worth their while installing fibre optic here sooner rather than later. Please go to this Openreach questionnaire to log your interest:

<https://www.formwize.com/run/survey3.cfm?idx=505d040e0b080d>



Pensilva Youth Football Club is looking for new committee members to continue the successful running of the club and to ensure we have a fun, safe and healthy environment for our children.

In particular, following four and a half years of dedication, the Chairperson and Vice-chairperson have stood down to concentrate on other commitments. Therefore, if anyone would be able to dedicate a small amount of time and would like to nominate themselves or others for these posts please email the club secretary on:

Pensilvayouthfc@outlook.com

41st St Ive Show to be held on Sat. Sep 1, 2018.

Entry open to all.

Advance notice for art, handicraft and photography topics:

Adult Handicrafts:

- | | |
|----------------------------------------------|-------------------------------|
| 1. Something new from something old. | 2. A hand made greetings card |
| 3. A string of homemade bunting | 4. Tapestry / Cross Stitch |
| 5. A gift for a child or friend (any medium) | 6. A home made cushion |
| 7. Patchwork, quilting or appliqué | 8. A Christmas decoration |

Adult Art:

- | | |
|-------------------------------------------|------------------------|
| 1 Pencil, charcoal, ink or pastel drawing | 3. Watercolour picture |
| 2. Oil, acrylic or mixed media painting | |

Photography:

All photographs must be mounted and no larger than 7 x 5 inches

- Adults:** 1. Harvest time 2. Tree/s 3. A bridge 4. Pet/s 5. A special place
6. Own choice with a suitable caption, coloured or black and white.

Young People: A photograph you have taken yourself

Dave Napier's funeral will be on November 10th, 4:30pm at Bodmin Crematorium. All welcome. There will be a buffet at Millennium House from 6pm for anybody that knew him. No flowers: donations. Dot Napier.

SNOOKER AT PENSILVA VILLAGE HALL

**Anyone interested in a friendly Snooker evening?
No membership fee needed – just bring a cue and some
20p coins for the meters**

**Tuesday evenings at 7.30 p.m. until 10.00 p.m.,
starting 14th November.**

**12 years and older; under 16's must be accompanied by
an adult**

**Contact Hall Chairman Phil Bond on 362091
or philbond147@gmail.com to confirm**

FRIENDS OF PENSILVA HEALTH CENTRE

A Pre Christmas Tea Meeting will be held
at 2.p.m. on Tuesday 21st November 2017

at MILLENNIUM HOUSE, PENSILVA

Enquiries: Marlene Carr 01579 362919

EVERYONE WELCOME

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for September

**1st No. 65
Mrs. J Thorpe**

**2nd No 112
Mrs M. Jeffrey**

**3rd No 145
Mr G. Perrett**

Thank you for your support

Parish Council Chairman's Column

As the evenings draw in and we all start tidying up our gardens ready for winter, it was nice to see so many volunteers turn out on Sunday 15th October to help tidy up the grounds of Millennium House. A special thankyou also to the Coffee Shop volunteers who kept all the workers supplied with tea and cake. Thank you everyone. While I am talking about tidying up, we would like to have another tidy up around the front of Millennium House on Saturday the 11th November, before Remembrance Sunday, so that it is all tidy for the remembrance service.

On a serious note we are again finding a large amount of empty nitrous oxide gas cartridges in and around the car park at Millennium House; the police have been informed and we hope they will start random evening visits to try and discourage the use of this gas as a recreational drug.

As a reminder, Parish Councillors are still operating a surgery at Millennium House from 10-00 to 12-00 am on the Sunday of the Antiques Fair. Since the first surgery held in May I think only 2 parishioners have come along, so I can only assume most people are happy! But if we don't get people coming along, then we may have to consider stopping the facility in the New Year.

Don't forget if you are out walking after dark on unlit roads, wear something light so that you can be seen and preferably carry a torch. Pete Haines - Chairman

MILLENNIUM HOUSE EVENTS GROUP. Next meeting Wednesday November 15th at 7:30pm.

MILLENNIUM HOUSE EVENTS GROUP

Advance Notice of **XMAS BINGO NIGHT!**

15th December from 7:30pm, eyes down 8pm

From Cornwall Councillor Sharon Daw

The past month has seen Public Consultation on NDP for Upton Cross and your voice matters... I've had several emails with concerns which need addressing...

The police commissioner was present at Truro and has promised more funding for Bobbies on the beat ...and with 4 in Callington and one PCSO to share in an ever wider area and not forgetting we're missing our PCSO and there's no talk of replacement.

Myself and CC Martin Eddy have discussed the graffiti and speeding at Minions and Fore Down ..and he promptly reminds me it's a 20 year problem ..speeding motorists killing sheep, lambs and ponies on a regular basis .. it was also brought to my attention that delivery drivers are the main culprits and DPD one of many and I shall be contacting their head CEO and getting them to educate their drivers on safe speed in the countryside....

Visit to the new Tate was interesting and Art is in the eye of the beholder... a huge sum of money has been invested!!! So I hope the holiday makers will visit and be as mindful as myself??

Broadband or rather the lack of it has sprung up this month ... now some of you lucky people have access to super fast broadband; which was much publicised a few years ago with a large sum of money from the EU... just wondering where it went...?

Caradon network panels are meeting regularly and this is a great opportunity to have your say with many PC in attendance ..

The Council has decided on 87 councillors in the 2021 elections and seems public consultation has been met with deaf ears... A rough guide to new divisions have been circulated and seems the rural areas have just got even bigger... The parish boundaries stay the same but with many PC meetings clashing on weekday evenings this makes it even harder to attend them all??

Finally what a pleasure to attend honey fair and meet so many people .. a truly friendly well attended day with the perfect weather!! I will finish on the fact that finally after 23 half years in this stink I've hung up the clusters for the final time... and the transition period is harder than I thought it would be, especially with winter fast approaching.. so to celebrate I've just done my 153rd marathon

CC Daw

Pensilva W.I. Meeting

Our October meeting was held on Wednesday 11th and was our Harvest Celebration Evening.

Our president Frances opened the evening and welcomed some visitors who were joining us. We all heard the very sad news that one of our member had passed on and that several of our members had attended the funeral.

The previous month has been a very busy one. Several members went to London on a trip to look at the dresses and gowns of Princess Diana, it had been a lovely trip and everyone had enjoyed it. Mandy had attended a course on the uses of Beeswax and had made candles, an enjoyable day. Our Macmillan coffee morning had raised the wonderful sum of £360 for this deserving cause.

Frances gave us information on lots of future events, including three separate craft days, a candlelight Christmas Concert at the Eden Project, Remembrance Day Wreath Laying Service in Pensilva and also an event at Pensilva Village Hall where we will be having a cake stall on Sunday 29th October from 2 p.m.

Our members and guests then enjoyed a really wonderful spread before commencing the auction of produce and goods. Greeted by tables full of lovely produce our auctioneer Verna (our treasurer) set out on what was to be a bit of a marathon task. Verna was so very entertaining and gave us lots of laughs as she sold all the produce. There was lots of bidding and outbidding going on and it was all good fun and made for a very entertaining evening.

Our next meeting is on Wednesday 8th November at 7.15 p.m., this is an open meeting when family and friends are welcome. Dave Bouch will be coming along to demonstrate how the Cotehele Christmas Garland is made. It should be a most interesting evening. We meet at Millennium House and all are very welcome to come along and join us.

Pensilva school learns lifesaving skills (see cover picture)

Pensilva school went to Fistril beach to take part in Lifesaving skills run by the RNLI. Pupils learnt about safety on the beach and water and then had a go at their own rescues. They finished off with a session of surfing in the waves. PE teacher, Oli Jones, said: "It was a fantastic day where all the children were active and enjoyed the wonderful environment we have on our doorstep. The message of being safe in the sea was so important and the pupils are now well equipped for dealing with issues of beach safety."



St Ive and District Gardening Association

Our speaker in October, Simon Miles, came to talk about his forest garden in Falmouth. He explained that the principle is like subsistence farming among primitive tribes, growing a variety of plants of varying heights that help each other by providing e.g. leaf mould, nitrogen, shade or support. This is in contrast to the monoculture system used by most farmers here and is more sustainable.

He brought along a selection of plants suitable for this type of gardening, some indigenous and some foreign, for us to smell and taste including the Chilean Guava, apparently Queen Victoria's favourite fruit.

On November 6th Gary Long will talk about the plants, people and places in China.

Tiddy's Teddy Bears' Picnic!

On Tuesday 19th September Pensilva Primary School held a Teddy Bears' Picnic.

We invited the families at Pensilva Pre-School and any families in the wider community who have children starting school in September 2018.



The children and their bears enjoyed listening to a story, having a picnic and exploring all of the exciting things to do in Tiddy class! It was a lovely morning and we really enjoyed meeting some new children and their special bears!!

Lunch Party at Millennium House for Made-Well. Oct 18th



I was very flattered to be asked to hold a party for Made-Well, a fantastic Disability Centre some 40 miles away at Hatherleigh.

Maureen and Tom were Father Christmas! They have befriended this lovely centre and made it possible for them to come to Pensilva.

The order of the day was music, pasties, soft drinks, cake, presents, raffles, dancing and singing.

How lucky we are to have the facilities to hold such a happy event as this. I would sincerely like to thank the Parish Clerk Leesa and all the volunteers who worked tirelessly to make this event a happy fun time. Tessa Volders



Cartwheels Christmas Craft Fair

Sat 4th & Sun 5th November 10am - 4pm

- Locally produced quality arts and crafts on sale
- Stands from The Felted Sheep, Loveny Willow, Cornish Pebbles, Clarabelle Crafts, Caradon Country Seat, Lily Burl, Penny O'Connor, Wicca Work and more
- Visit Cartwheels shop for all your patchwork and quilting supplies as well as cushions, bags, wall hangings and gifts.
- Refreshments, disabled access and facilities with ample free off road parking.

Penhawger Farm, Merrymeet, Liskeard, PL143LW

Tel: 01579 343675/340026 or visit
www.cartwheelscraftcentre.co.uk



All things new at the Wheal Tor01579 363401

SKY SPORTS ..we will show all games on two screens and for big games ..free half time snacks .. but always just pop in and ask to have something on you would like to watch.

New winter menu now in place .. with a daily buy one get one free offer :- proper sized.

Tuesday - pizza

Wednesday - curry

Thursday - pasty and pint £5

Friday - freshly battered fish and chips

Saturday - steak and all the trimmings ...

We now do an All Day Breakfast starting from £4-50 with a huge menu choice

Jazz Sunday brunch from 11am.

Sunday Lunch: Choice of meats, crispy roast potatoes and parsnips, huge tureen of fresh vegetables, rich gravy, only £8-95 including a dessert for free !!!

Check us out for your wedding, hen/stag do, party.

Christmas dinner and dancing 1-24th December,

£18-95, 4 coursestables over 15 free fizz on the table,ho!ho!ho! ..Booking essential .

November 4th our ANNUAL SAUSAGE AND CIDER FESTIVAL .. free sausages and baps all night, free cider tastings, live music and disco, bring the kids ... Marquee is up and the fire pit will be on ...

Ruth and Colleen's Monthly

BINGO

At Millennium House

on Tuesday 7th November

Then 5th December

Eyes down at 7:30pm

Over 18's only

£££ CASH PRIZES £££

PENSILVA WEDNESDAY CLUB R.V.S.

Meet in Pensilva Village Hall, 2.30pm on alternate Wednesdays

*Join us for afternoon tea and cakes and
pre Christmas fun at Pensilva Village Hall
Wednesday 8th November 2017, 2 - 4 p.m.*

Raising money for Royal Voluntary Service & Pensilva Wednesday Club

Raffle - Tombola - Cakes - Bric a Brac etc.,

Please come and support and enjoy

You are invited to an

OPEN DAY

to launch our new funeral premises



**SATURDAY 11TH NOVEMBER
BETWEEN 10AM AND 4PM**

Tre Ober, Upton Cross, Liskeard, PL14 5AX.

**INDEPENDENT
FAMILY
FUNERAL
DIRECTORS**

Laying of a poppy wreath and 2 minute silence.

Special memorial book to remember all your loved ones.

Fascinating display of historic funeral records.

Opportunity to go behind the scenes, meet our staff and have your questions answered.

Light refreshments provided.



CHARITY ART EXHIBITION

IN AID OF 'CORNWALL AIR AMBULANCE'



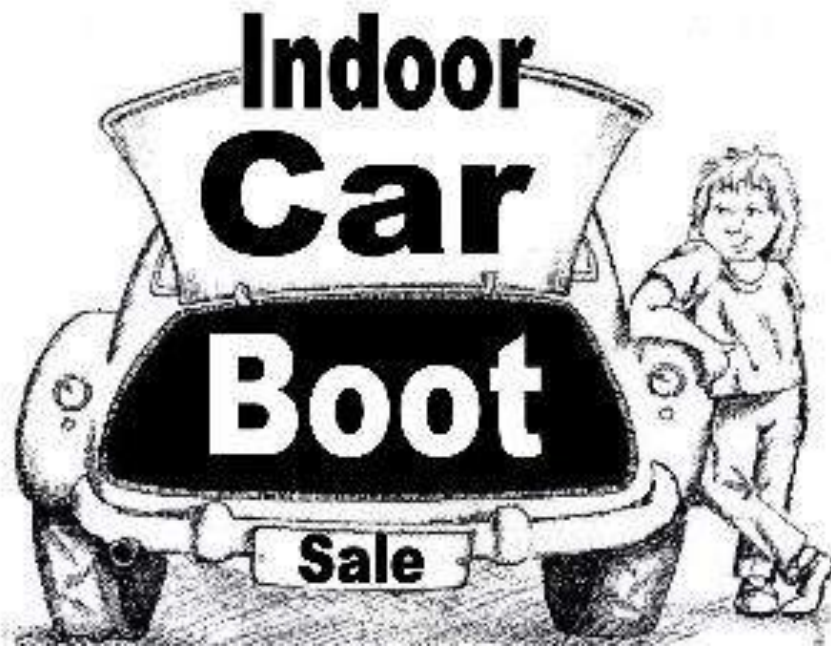
Saturday 11th and
Sunday 12th November
10am til 4pm.

At **Millennium House,**
Pensilva.

Please contact Yvette on 07886 343621

For more information.

Millennium House, Pensilva



November 12th

10am to 2pm

Free Parking

Café

FREE

ADMISSION

For more information, please contact

01579 363096

Pensilva Wednesday Club R.V.S.

Meet in Pensilva Village Hall at 2:30pm on alternate Wednesdays

ALL ADULTS WELCOME TO JOIN THE WEDNESDAY CLUB £1 PER WEEK

22nd November

Coach Trip to Truro. Leaving Millennium House 9.30.a.m. Pick up Glen Park & Liskeard. £8.00.

EVERYONE WELCOME

Contact Jane Mann on 01579 362960

**RAISING MONEY FOR MACMILLAN CANCER
SUPPORT & MILLENNIUM HOUSE EVENTS GROUP**

**MILLENNIUM HOUSE
EVENTS GROUP PRESENTS**

TANK SHERMAN

COMEDY NIGHT

**ALSO FEATURING:
MICHAEL DOUGLAS AS NEIL DIAMOND
JANINE WRIGHT**

**FRIDAY, 24TH NOV
DOORS OPEN AT 7**

MILLENNIUM HOUSE, PENSILVA

**TICKETS £8 FROM KAREN 01579 362196,
KEITH 01579 362593,
OR MILLENNIUM HOUSE RECEPTION**

LIMITED NUMBER AVAILABLE ON THE DOOR, BOOK NOW TO GUARANTEE A SEAT!

MORE INFO AT MILLENNIUMHOUSEHOUSE.ORG.UK/EVENT/TANK





Upcoming Quizzes

at MILLENNIUM HOUSE

Sat. 25th November, 2017

At 7:30pm

Organised by and raising

funds for *All Being Well*

Improving the health of our community



FRIENDS OF PENSILVA HEALTH CENTRE



CHRISTMAS TEA

TO BE HELD AT MILLENNIUM HOUSE, PENSILVA

FRIDAY, 1st DECEMBER 2017 at 2.p.m.

STALLS

RAFFLE

ENTRANCE £3

EVERYONE WELCOME

Enquiries please contact:

Marlene Carr 01579 362919



MILLENNIUM HOUSE
EVENTS GROUP

present

01/12/17

RAME PENINSULA MALE CHOIR

Raising money on behalf of

• DERRIFORD •
ONCOLOGY DEPARTMENT
& YOUTH FOOTBALL

MILLENNIUM HOUSE, PENSILVA

on 1st December 2017

DOORS OPEN
7PM

ENTRY
£5

THE SOUND OF CORNWALL

VIEW MORE UPCOMING EVENTS AT MILLENNIUMHOUSE.ORG.UK.
MORE INFO ON RAME PENINSULA MALE CHOIR AT RPMVC.ORG.UK.

Quethiock Church Christmas Concert

Featuring



Quethiock School Choir



Levow Kesson



Rosevere Hand Bell Ringers

On Saturday 9th December at 7pm

*** Refreshments *** Raffle ***

Johnny Cowling Christmas Special at St Ive Church

Sunday 17th December at 7pm

Tickets £10 to include a pasty supper

Tickets available from:

Pat 362959

Brian 364010

NEW YEAR'S EVE

PARTY

Glitter

MILLENNIUM HOUSE,

7:30pm - 12:30am

ADULT'S £10, CHILD 2 - 16 £5,

TO INCLUDE DISCO & BUFFET

TICKETS ARE ONLY AVAILABLE

IN ADVANCE AND CAN BE

PURCHASED NOW BY

CONTACTING KAREN ON

01579 362196

St Ive Church Produce Market

Every 1st Friday 10:30 to 1:30pm

Homemade Cakes Fresh Vegetables

Jams Pickles Local made Pasties

Bric-a-brac and much more - also

Home Reared Traditional Meat

Pork, Beef, Chicken, Dry Cured Bacon, Sausages from

Trehill Farm Produce

Cooked Lunch available from 11:30 only £4.50



Group Travel



Enterprise Park, Midway Road, Bodmin, Cornwall. PL31 2FQ

+44 (0) 1208 77989

W grouptravelcoachhire.co.uk f [grouptravelcwl](https://www.facebook.com/grouptravelcwl) t [@grouptravelcwl](https://twitter.com/grouptravelcwl)

EXCURSIONS

25th NOV

CLARKS VILLAGE CHRISTMAS SHOPPER

9th DEC

BATH CHRISTMAS MARKET

17th DEC

MOUSEHOLE CHRISTMAS LIGHTS

17th DEC

OLYMPIA

2018

5th JAN

PETER PAN, THEATRE ROYAL, PLYMOUTH

Future excursions: Killerton House & Gardens, Scotland Spring Tour, Diggerland Devon, Exmouth Sea Cruise, South Devon Railway, Cotswold Wildlife Park, Dorset Steam Fair, & more.

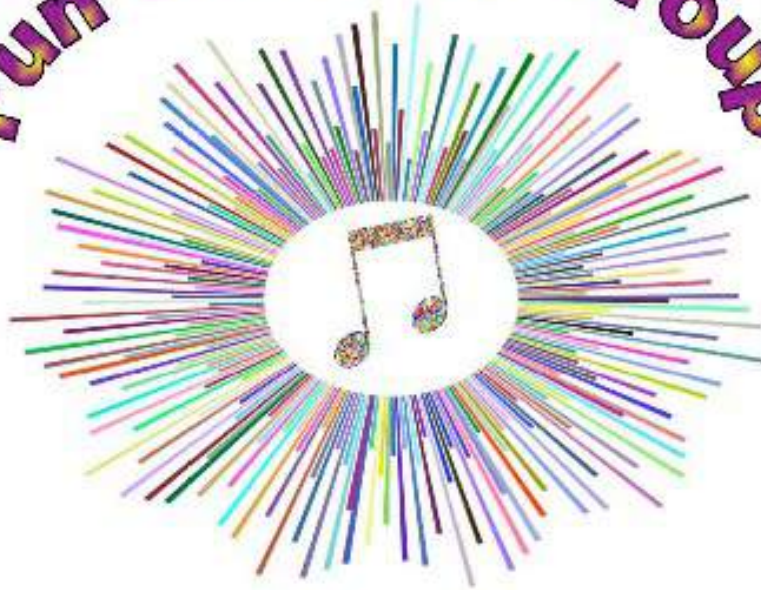
16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE, CORPORATE WORK, WEDDINGS
(CAN INCLUDE STAG & HEN PARTY PACKAGE) AIRPORT BUS TRANSFERS.

FOR BOOKINGS AND BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: benneymoon@btinternet.com

Fun Singing Group



EVERY THURSDAY 4-5:30PM AT ST IVE VILLAGE HALL
NO EXPERIENCE NEEDED - ALL WELCOME
ALL SORTS OF SONGS, OLD, NEW, POP, FOLK, ETC.
CONTACT CLARE ON 01579 382341
CONTACT@CLARENORRISH.COM

Pensilva Folk Session

Monthly, 2nd Thursday

First Session 12th October 2017, 8pm

Mel Bar, Millenium House

Informal 'singaround' all singers/musicians
welcome or come along and tell a joke, a story or
just listen

Further Details

Steve 07410 447818

steve@stevesutton.plus.com

Pensilva Memory Café

Are you caring for someone with Dementia, or do you perhaps have concerns about your own memory? It can be lonely and worrying but you're not on your own. Many people around you are in the same boat. You don't have to feel isolated. More people than ever are becoming dementia aware, and most organisations need, and want, to be dementia friendly.

You may have seen posters for Memory Cafes and wondered what they are about. They are a great place for people with dementia and memory problems to socialise in an informal and friendly atmosphere. Memory Cafes are held in Liskeard, Callington, Launceston, Downterry, Looe, and many more places in the South West. Most are held monthly, some are more frequent.

Pensilva has its own Memory Cafe. It is a small friendly group who meet once a month for tea and cake and a bit of relaxing fun. We might have some music, a simple game or quiz, and a bit of reminiscing. You can join in if you want to, but nothing is compulsory. We hope you will just relax and not worry about anything for a couple of hours. There is no charge but we do appreciate a donation in the region of £1 each towards expenses.

It might be worth coming along to join us just to see what goes on. You might find it beneficial to yourself, or your partner, or a parent, or friend. You might even enjoy it. Why not give it a try? You'd be most welcome. There's nothing to lose.

We meet on the fourth Thursday of each month from 2pm - 4pm. We'd love to see you at St John's Church, next to the Millennium Centre, PL14 5NF.

For more information contact Carolyn or Pat - 01579 363461 or 01579 362698
email carolynandgeoff@gmail.com or patdilworth@hotmail.co.uk

If you are a carer of anyone, of any age or condition (not just dementia), you will benefit enormously from the help of Kernow Carers Service. Freephone 0800 587 8191. Leaflets are available at the cafe.

PENMILL ART GROUP

**We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House
10-2 every Monday.**

**Please come & see us or phone Pam on
01579 363441.**

Community Lunch

First Sunday of every month 12pm for 12.30pm
3 Course Lunch with Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

At Millennium House, Pensilva

Bookings required:

Call Graham or

Charmayne

on 01579 363096



Pensioners Lunch

2 Course Meal plus Tea or Coffee
Only £5.50

Every Tuesday here at Millennium House

**Speak to our reception or
telephone Graham on 01579 363096**



**So why not join us for Good
Food and Good Company, all
on the day you collect your
pension?**

Cornwall Good Neighbours Service

Could you be a Friend?
Or do you need Befriending?

Doing the small things that make a big difference



Many older people in Cornwall can have their lives changed through contact with befriending schemes. Loneliness and isolation are common among older people living alone.

Volunteers provide a range of services to people who require additional support to remain independent and active in their community. Anyone can become a volunteer and make an incredible difference to someone else's life. Even an hour a week will make a difference.

Services provided by volunteers include:

- Home visits, sharing a cup of tea and a good conversation
- Reading to those who are visually impaired
- Assisting with correspondence
- Accompany people on short walks
- Play a game of cards or scrabble for example
- Accompany clients on shopping trips or shopping on their behalf

There is no specialised requirement for volunteers, you just need to;

- Possess a willingness and desire to help
- Be committed to providing reliable, consistent support
- Identify how much time you are able to comfortably give
- Identify the kind of service you would like to offer
- Enjoy sharing your time with others and meeting new people

The benefits to both volunteers and older people are numerous and rewarding;

- You meet new people
- People retain their independence and self-esteem
- Real difference to the life of someone else
- Volunteers experience a feeling of contributing to an invaluable service and of making a real difference to the life of someone else
- You learn new things about others and the area in which you live

Could you be a member of this fantastic team and help to improve someone's quality of life? If you would like more information, please contact:

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07885 798370

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeserve.co.uk**.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Alternate Wed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Fri. 1:00 - 3:00	MIMS	Chris	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club

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Pauline **01579 345989**

Jeanette **01579 363691**



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Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ivor Vaughan 07979 934604).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

**Meetings are held every third Thursday of each month at 11.30.a.m.
Meet in Millennium House car park.**

For any information please contact Jean Connor 01579 363221

PENSILVA HEALTH CENTRE - Baby Clinic

First Thursday of every month, from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly, professional advice.

For information call the health centre on

01579 362249

St Ive Church

Services at 11:15am Every Sunday

- Nov 5th Holy Communion
Nov 12th Remembrance Service
Nov 19th Holy Communion Lunch follows this service
Nov 26th Family Service *Small pets welcome*
Dec 1st Live Nativity Carols and live animals 7pm
-

Other November Events

- Fri 3rd **Home Produce and Bric-a-brac with Lunch 10:30-1:00pm**
Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams and much more plus farm-fresh meat from Trehill Farm Produce.
- Sun 19th **Lunch in Church 12:45pm** All welcome. Only £7 for 2 courses.
- Friday December 1st **St Ive Live Nativity** 7pm with live animals, carols, and children dressed up as kings, angels and shepherds. Followed by mince pies

Reverend Margot Davies 01579 208698 email margotaj@tiscali.co.uk

Church Wardens Brian Dwelly 01579 364010 email btdwelly@aol.com

Colin Catchpole 01579 383867 ccatchpole@hotmail.co.uk

Donations for Liskeard Food Bank can be left in the Church each day between 10am & 4pm

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.



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ST JOHN'S CHURCH, PENSILVA

Services for November 2017

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 5th	(9.30am 11 am	Anglican Benefice Eucharist at St Cleer) Mr Paul Harold
Sunday 12th	11 am	Café Church
Sunday 19th	11 am	Anglican Holy Communion Service
Sunday 26th	11 am	Rev. Sue Hill, Holy Communion
	5pm	Food for Thought at St John's Church

Café Style Church followed by coffee and chat, Thursday mornings, 10am, everyone welcome.

Afternoon Tea Friday 3rd November, 3pm at St John's. Bring and Buy. Everyone very welcome.

Bible Study 3pm on Wednesday 1st, 15th and 29th November at Rev. Sue Hill's: Otterdon, Pollards Close, Quarry Road, Pensilva. Open to all.

Fellowship Friday 10th and 24th November, 7:30pm at St. John's Church. For further details of these evenings please ring Carolyn on 362698.

Prayer Group: Fri 17th & Tue 28th November. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698 or Frances Tucker - 363718

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).



Next visits: Nov 24, Dec 22.

Stops at:

The Victoria Inn, Pensilva at 10.25 to 10.45am;

Quethiock bus stop. 11.00 to 11.20am.

St Ive Methodist Chapel

Services for November 2017

Sun 5th Nov	11am	Mrs Barbara Snowling No Evening Service
Sun 12th Nov	10.55am	United Remembrance Service at St Ive Parish Church. 6pm United Service with Sarah Ainger
Sun 19th Nov	11am	Mr Steve Wherly No Evening Service
Sun 26th Nov	11am	Rev Chris Tomlinson with Communion 6pm United "Food for Thought" at Pensilva

"Village Churches Together" at St John's, Pensilva. The date of the next meeting has still to be clarified. Please ring Keith on 382334 for details or check the St Ive Methodist Facebook page. Everyone welcome.

The Chattermakers Craft Group will meet on Thursday 9th and 23rd November in the Guild room from 7:30pm. This is a group open to anyone that likes to do any craft and would like to share with others of like mind (hence the 'Chatter' bit !!) Anyone wanting more details please contact Kathryn on 01579 382334. All welcome.

The Village Church Prayer meeting will also be held at St Ive Chapel on Thursday 9th and 23rd November from 7:30pm. All welcome

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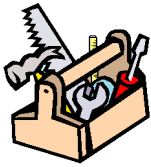
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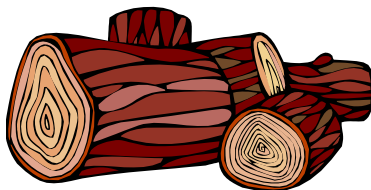
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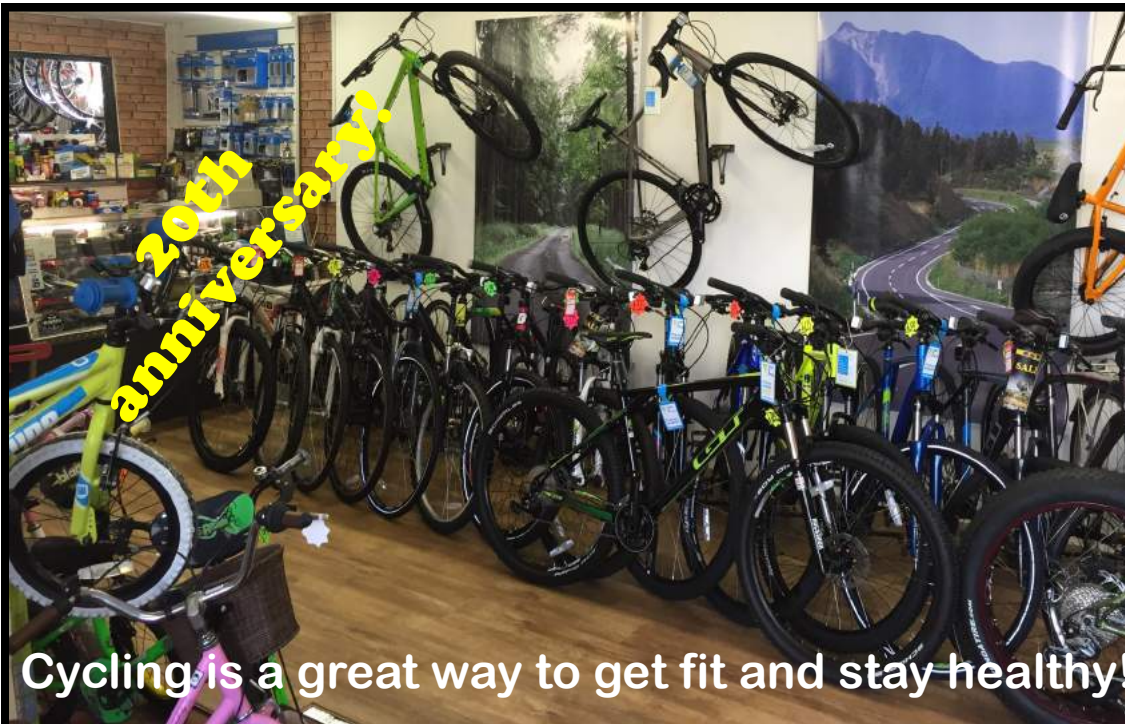


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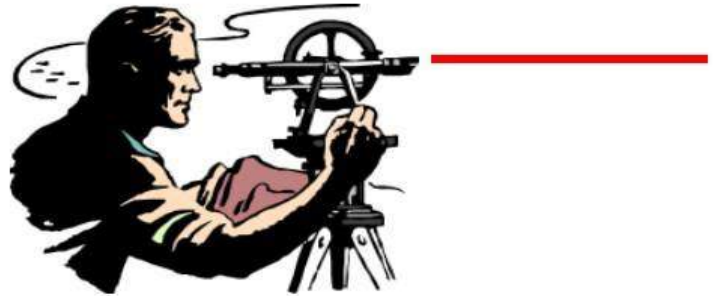
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Armchair. In good condition. Mushroom pink. **£15. 01579 384029** (St. Ive)

ZIA Petite Star 3 double wheels **buggy.** No waterproof cover but extremely good condition. **£40. 07733 057857** or **01579 382198**

Brand new, never worn, **motor bike helmet**, with visor and inside sun visor, red, grey & white. Size medium. Paid £90, will accept **£30** or nearest offer.
07980 284002

Superdry clothing **2 windcheaters**, black with fleece lining. excellent condition **£20 each** ono **2 hoodies**, 1 purple, 1 navy, good condition **£15** each or ono
Black sherpa lined **windcheater**, excellent condition **£30** ono
All sizes XS & S

Jack Wills **wool sweater** size 8 and Johnnie B red Sherpa lined hoodie age 11-12 **£10** each ono
Photos can be emailed. **07724 111132**

Conservatory Suite comprising 2-seater sofa and 2 armchairs, in beige and poppy upholstery. **£30.** Buyer collects - St Ive Cross - **01579 382888**

Chico table-mounted **baby seat** **£10. 01579 383560.**

Berry's **sideboard.** Circa 1960s. 171cm high x 44.5cm deep x 78cm high. 2 cupboards with one reversible door. 4 drawers, one felt cutlery drawer. **£50** ono. Unusual iridescent paper **side lamp.** Approx 31" high on small base. **£5. Buyer collects. 01579 345783.**

Exercise Bike £15
Metal **filing cabinet** , 4 drawers, grey, **£10**
King-size (5') **bed with headboard.** Sprung base & mattress. **£30.**
Fireside chair with wings. Closed-in sides. Plain, dark orangey-brown. **£10. Buyer collects. 07475 589587**

Child's Encore **Spanish Guitar**, Model Number ENC34. John Hornby Shewes & Co Ltd. With case in VGC. **£25.** No Offers. Original **Belfast sink** 24"L x 18"W x 10" D. One slight chip. Ideal for garden use. **£35.** New Dulux Trade Vinyl Matt Tough Wipeable Finish Cornflower **White Emulsion.** **£20** per 5l tin. 5 tins available. (Normal price £40+VAT per tin). Bosch Universal **300mm cutting disc** for bricks, blocks and concrete, only used for a few minutes. Still in packaging. **£10. 01579 384658**

Underground Cable, approximately 16m, 3 core, 2.5mm, 20mm diameter. **£20**
5ft teak coloured rattan effect wooden bed with metal base. No mattress. Good condition. **07841 717913**

Reikie or **Massage Table** etc. Very good condition. (Fold away). **£35.** Pensilva area. **01579 363192**

LG **DVD PLAYER** with all leads, remote control and Manual. **£12 01579 362960**

WELMAR Piano. Upright, 2 pedals, 52 keys, Length 55", height 41". Bought from and regularly tuned by Evan Hatch (Pianos) at Launceston. **£1300.**
01579 363010

Ladies motorbike jacket Rayven, size 12, black/pink, as new. **£50.**

Men's motorbike boots size 11, RST, breathable/waterproof, vgc. **£25.**

Men's black leather bike jacket, 52L, & trousers, 40L, TARCA, vgc. **£50** the set.

Men's bike trousers black, TUZO, lined, 38 3xl, vgc. **£20.**

3 pairs **Men's bike gloves,** black, Buffalo/Tuzo, 2prs winter/1pr summer & balaclava + neck warmer, vgc. **£20** the lot.

Baby car seat (Graco) blue with cream/pink flowers design, vgc. **£10.**

Baby front carrier, blue check with teddy motif design material, new, still in bag. **£5.**

Baby bouncer for up to 6mths. East coast, light fawn/with white polka dots design material, vgc, **£10.**

Philips 100w infraphil hp3614 **heat lamp** for muscular pain / cold symptoms, boxed, only used a few times. **£10.**

07743 416676 (Minions area)

Four wheel **disability walker** with bag and brakes. **£30** **01579-362417**

Folding **3-wheel walker** with brakes and bag. Ideal mobility aid. Suitable indoor/outdoor. Hardly used. **£50. 01579 363081.**

Electric Sovereign 1800W **Chainsaw** with manual **£35.** No offers.

01579 362340

Nest of 3 tables yew wood and glass top. Good condition **£45.**

3ft Mattress in clean condition. Ex quality. **£50.**

3ft Divan to match mattress. VGC. **£40.**

3ft Pine headboard very attractive **£20.**

01579 343990 or **07553 928333**

Artificial Christmas Tree (Green, 6' 6")
Lovely tree in good condition. **£10.** Buyer collects. St Ive. **01579 383583**

Bath Hoist Gentle lifting/lowering. As new. Cost £180. Sell for **£50. 01579 362800.**

Shower Chair only used for 7 months. Was £87 new to sell for **£30.**

01579 362306

Dremel Moto Saw. As new condition **scroll saw/fret saw.** Ideal for hobbyists.

Own, plastic carry case but is missing vacuum cleaner adapter & instruction booklet. Instructions available on line.

£50.00

James Ultra 7000 Ultrasonic **cleaner for jewellery** and other items. Very good condition. Instructions available on line.

£20.00

01579 362207 (Pensilva)

Targus Notepac plus classic 16" **laptop case.** **Black £5.**

Leather black briefcase 17½" x 12½" x 4". **£10 o.n.o.**

Both in good condition. **01579 362846**

3 ft **Pine Bed** complete with fire-resistant mattress. Excellent condition. Hardly used. Buyer collects. **£30 ono.**

01579 362753

Half Brogues black size 10. Cost £140 new; **now £50.**

Gents classic black **leather jacket** size 46. **£50.** **07789 861546**

Shires Show jacket. Black with purple Collar. Only been worn a couple of times. Ex. Con. **£25.**

01579 343992 or **07810 178802**

Homedics Back Massager. Full lumbar or Lower Lumbar only options. Plus variable intensity. Fits any armchair. Can be seen working. Only used twice. Great Xmas present. **£50 ono.**

07973 510693 St Ive.

WANTED to buy, a small piece of non-development, flat, accessible **land** within 5 miles of St Ive. Any type of land considered.

Tel 01579 - 384658.

What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Breath of Air	Monday 12.30pm - 2.30pm	01579 345989 Pauline
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	01579 208528
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579 344464
Zumba Fitness Classes	Wednesday 7:00 - 8:00pm	01579 363096 (Millennium House)
PENSILVA VILLAGE HALL		
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly
MIMS	Friday 1.00 - 3.00pm	01579 343702 (Chris)
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
PENSILVA PRE-SCHOOL		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)

What's on in St Ive ?

ST IVE INSTITUTE

Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month

ST IVE & DISTRICT GARDENING ASSOCIATION

Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Monday 6th Nov **Gary Long**, China, its plants, people and places

Monday 4th Dec **Charlie Pridham**, Maximum effect, Minimum effort, streamlining your garden

Saturday 6th Jan 18 **Annual Lunch** details tbc

Visitors and new members are always welcome to join us.

ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216**.

We look forward to meeting you.

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday	-	9am to 1pm
Wednesday	-	9am to 12 noon
Friday	-	9am to 12 noon



MILLENNIUM HOUSE

THE MEL

**Licensed Bar
Free House**

Opening Hours

Mon - Thu	-	5 pm to 11 pm
Fridays	-	3 pm to 11 pm
Saturday	-	12 noon to 11 pm
Sunday	-	12 noon to 11 pm

Millennium House 01579 363096

