# THE PARISH PUMP



October 2017 Edition 431



# The Newsletter for the Parish of St Ive



Trophy winners (and a gate-crasher) at the Pensilva WI Horticultural Show on September 9th. Report on page 12

#### **Disclaimer**

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

# **Parish Councillors Telephone List**

Peter Haimes (chair	) 01579 362459	Ruth Wilson (vice chair)	01579 363684
James Bruce	01579 362983	Marlene Carr	01579 362919
Pam Carter	01579 362640	Martin Corney	01579 382450
Angie Haimes	01579 362459	Rosemary Farley	01579 384810
Tony Hodson	07973 536964	Nigel Libby	07968 891814
Alan Moss	01579 362064	Kath Parkes	01579 362005
Ivor Vaughan	07979 934604		

Sharon Daw (Cornwall Councillor)

#### **Meetings of St Ive Parish Council**

**2nd Monday monthly:** Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

**4th Tuesday Monthly:** Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

# **Date of Next Parish Council Meeting**

Monday 9th October 2017 at 7:30pm at Pensilva



**101** Minicom 18001 101

#### Police Community Neighbourhood Office 01579 325454 at any time

Your Community Support Officer is PCSO 30271 Linda Phillips.

Contact: linda.phillips@devonandcornwall.pnn.police.uk.

Phone for a chat on 07703 885654. Leave a message & I'll call back when on duty To report a crime call 101 or go to www.devon-cornwall.police.uk In an emergency call 999

#### Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

# **Parish Pump Information and Contact Details**

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

**Current Advertising Prices** including VAT at 20%

<u>Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00</u>

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

**Deadline for the Parish Pump is STRICTLY 15th of every month** 

# THE MEL BAR

Relax and wind down at the Mel Bar, Millennium House





#### From the Editor

It was a great honour for me to be asked to open the WI Horticultural Show, which is more or less what I said in my opening speech ... eventually! There were a few digressions along the way ③. It was also great to see that so many enter exhibits for the show and that so many others come along on the day. As a newcomer to this kind of thing it was truly memorable day for me. Oh! And congratulations to all concerned.

There are lots of reports, letters and announcements this month. It must be some kind of record. One of the nice things about editing the Parish Pump is that I am usually one of the first to hear the news. It never fails to strike me just what a range of activities go on in our Parish. Once again I would urge you all to let me know of any snippets of news which could be of interest to Pump readers.

All the best! Joe

# **Millennium House Opening Hours**

**Reception** 

9am till 2.30pm Monday to Friday

**Community Coffee Shop** 

Tusday 9am to -1pm Wedneday and Friday 9am till noon.

**Bar** 

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

#### ST IVE PARISH COUNCIL ANNOUNCEMENT

In order to carry out long overdue and necessary repairs to the Millennium House Car Park. St Ive Parish Council intends to seek approval from the Public Works Loans Board for the funding of the works. St Ive Parish Council will continue to undertake cost-cutting measures within the daily operation of Millennium House in order to minimise any adverse effect on the annual precept for the Budget of 2017/18.

# Walking Groups interested in recording the condition of public footpaths and recording defects, please contact the Parish Clerk

01579 363096 or stiveparish@btconnect.com or in person at Millennium House, Pensilva.

# One or more volunteers required to look after distribution of the Parish Pump.

Duties: at the end of each month you will need to:

- Liaise with the editor and the printers who will advise when the print run will be ready.
- Pick up the boxes of magazines from Luxstowe House, Liskeard.
- Batch the magazines up for our team of about a dozen distributors.
- Leave the batches at Millennium House for collection by the distributors.
- Advise distributors that the magazines are ready for collection.
   <u>Total time: For one person, 2 to 3 hours, once a month.</u>
   No special skills required. Full training will be provided.

   If you think you could be interested, please contact the editor on 01579 364016 or joe@prolinguists.com

# HELP US TO CLEAR UP MILLENNUM HOUSE GARDENS AND GROUNDS VOLUNTEER WORK DAY ON

**SUNDAY 15th OCTOBER FROM 10AM** 

WE WILL BE TIDYING UP MILLENNIUM HOUSE GARDENS AND GROUNDS READY FOR THE WINTER.

ANY SPARE PLANTS OR BULBS WOULD BE APPRECIATED.

FREE TEA, COFFEE AND CAKES FOR VOLUNTEERS

PLEASE HELP IF YOU CAN

Contact Alan Moss on 01579 362064

# Book exchange at Millennium House.

We recently volunteered to keep an eye on the book exchange shelves in Millennium House and in order to make it more useable we would appreciate contributions and returns. We would also like to create a shelf of children's books and DVDs. Thank you for your help.

Jill and Norman Goodey

I would like to express my sincere thanks to all those who attended my 70th birthday party at Millennium House on 20th August. Also for all the cards and gifts and for donations to Macmillan cancer support which amounted to £79. Special thanks must go to my son Daniel, daughter-in-law Samantha and cousin Philip who secretly organised it all and to the staff at Millennium House for making it all possible. Thanks again - see you all in 2027. **Nigel Libby** 

## Parish Council Chairman's Column

Well last month proved that people do read the Pump! My article on parking on the road outside St Ive Village Hall caused quite a stir. The object of the article was not to stop people parking in the road, and I understand that it is the only place some residents can park. Also people with limited mobility visiting the hall and those unloading do need to park there. But I am sure there are some who are quite able to use the car park, and if they do it will enable those less able to walk, to park, and attend events in the hall. So let's think of others while enjoying events in the hall.

On a different note, the staff at Millennium House are trying to sort out all the centre's storage cupboards, so if you or your group no longer use Millennium House but think you may have equipment left in the centre, please contact Ruth on reception on a Monday or Thursday morning to arrange removal. Clubs/groups still using the centre are unaffected, although they might want to point out to Ruth what belongs to them. Then on or after the 15th of October the staff will be starting to clear out the cupboards tidying them up, (ditching any unwanted items). This will allow the centre to have more available storage which will be good for all.

Finally don't forget lights on cycles, I have already seen several bikes being ridden without lights after dark. Please use lights, it's too late after an accident.

Pete Haimes - Chairman



# Upcoming Quizzes at MILLENNIUM HOUSE Saturday 7th October, 2017

At 7:30pm (then on November 25th)

Organised by and raising funds for All Being Well

Improving the health of our community

#### From Cornwall Councillor Sharon Daw

Hello - Been a quiet month at Truro. Disappointed that the full council was cancelled as I certainly had an agenda (Footpath16). I have been added to the miscellaneous licensing committee which is an eye opener.

Disappointed to hear we have no PCSO at the moment; after our first meeting I was looking forward to accompanying her on road traffic duties and the moor-watch scheme. I believe with the right people you can form a speed watch group & funding is available.

Had a visit to the new Cornwall Energy Recovery Centre (CERC). Cornwall produces 267,000 tonnes of rubbish and growing. This is an amazing place offering education opportunities for groups of school children, clubs and many others, website <a href="www.suez.co.uk">www.suez.co.uk</a>. Compost bins are available from Cornwall Council. £16 for a small one which you keep and it's £18 pounds per year, emptied every fortnight. There is also a business collection service ....

I have also had the pleasure of an invitation to Mt Edgecumbe to see the works on the wells, seats and follies; again well worth a visit ...Natural England grant has helped to preserve and discover historic artefacts.

My thoughts go to those affected by fire, drought, flood and the terrible hurricanes in recent weeks. **CC Daw** 

Received by the Parish Pump. The writer prefers to remain anonymous.

## Re: Pentiddy Woods off Pensilva near the burial ground.

Speeding down the hill, loss of light due to the overhanging trees, people walking on wrong side of road often straying into the road (most of them have dogs, and often children also, either on foot or in a buggy). I am very afraid that a driver may come from the bright light round the sharp bend into the gloom of the tunnel and fail to see that there are people or dogs in the road. The walkers cannot see a car because it is behind them and may not hear it, especially if there is one coming the other way as well. Traffic coming down the hill could be going faster than that going up.

It then occurred to me that what is required is a short stretch of pavement up the hill, which would make the journey so much safer for all concerned. I know money is very tight at present, with little light at the end of the tunnel, but felt it was still right to speak about this before a child or parent is killed or injured.

# Pensilva School Welcomes Jill Murphy



On 13th September, well known children's author Jill Murphy spent the day at Pensilva Primary School. Jill spent time visiting each class (including some of the children from Preschool), showing children the first books she wrote when she was six years old, talking about her early life and what inspired her to begin writing and illustrating.

The children were treated to Jill reading her latest book "Meltdown" to them and she answered lots of questions. She also spent lots of time autographing books that children (and teachers!) had brought in.

Jill's visit was a fantastic experience for everyone and lots of children felt inspired to write their own stories which we are really looking forward to reading!

# Callington Victorian Market - Call for stallholders.

The organisers of the 2017 market would like to encourage craft stalls, food stalls and anything different.

The market will run from 16.00 till 19.00 (after the Christmas lights have been turned on) on the 2nd December in the Pannier Market.

Organised by Callington Rotary Club. **Contact** Hayley Perkins email: <a href="mailto:hayley1962@icloud.com">hayley1962@icloud.com</a> mobile: **07790 429684** 



#### QUETHIOCK CofE SCHOOL

Quethiock, Liskeard PL14 3SQ Telephone 01579 343588



#### **Lead Practitioner – Annie Lapham**

alapham@stbarnabasmat.com

The new school term has got off to a flying start in Quethiock. We welcomed not only our reception starters but also the first children into the new preschool. The children have all settled into the new routine and have been having lots of fun in the classroom. Swan Class visited Seaton Beach and undertook a beach clean alongside Jack a representative from Surfers Against Sewage. The weather was not very kind to us the children took it all in their stride and did a fabulous job collecting several bin bags of rubbish. The children are planning a Macmillan Coffee Afternoon on the 29<sup>th</sup> September at 2pm and would like to welcome members of the community to join them for coffee and cake. The school cleaning company is also looking for a new cleaner, if any member of the local community is interested in the position, please contact Jackie Sims at Future Cleaning on 07966863645.

# St. Ive Village Show - Report

St. Ive Village held yet another successful show on September 2nd. Fortunately for us the weather was good on the Saturday. This year was the 40th Anniversary, with the display of plants, flowers, baking, garden produce and photos filling the tables and walls of the Village Hall. The flags were out and some items in the show had been decorated in the Ruby colour. Sheryll Murray, M.P. opened the show and also presented the winners of all ages with their cups and shields. The St. Ive and District Gardening Club Chairman, Mike Mitchell was her able assistant for the afternoon. Congratulations to everyone who took part, and thank you to all the helpers of which there were many.

St Ive Gardening Club - Report

On Monday 4<sup>th</sup> September, St. Ive and District Gardening Club held its first indoor meeting for the winter. Our Speaker was Michael Stephens telling us about creating a scented garden. Michael brought many different plants for us to handle and smell, some were lovely some not quite so sweet smelling but the information about each plant was very interesting. As an exinhabitant of St. Ive, it was very nice welcoming him back for the evening. At our next meeting in the Village Hall on Monday 2<sup>nd</sup> Oct at 7.30pm our Speaker Simon Miles will give us a talk on Forest Gardening and how it works. Visitors are always welcome.

# All Being Well - Your local, friendly gym.

# **IMPORTANT ANNOUNCEMENT**

Shannon, the instructor who covered the Wednesday evening session for us, has left to pursue her studies in another part of the country. Thanks Shannon, and the very best of luck for the future! As Wednesday evenings have been very quiet in the gym for a long time now, we will not be replacing Shannon and the gym will be closed on Wednesday evenings until further notice. We regret having to take this step and apologise to any members affected.

The new opening times are as follows:

Monday & Friday: 10am - 3pm & 5pm - 9pm

Tuesday & Thursday: 9am - 1pm

Wednesday: 10am - 3pm CLOSED WEDNESDAY EVENING

Saturday: 10am - 1pm



Nikki Welch in action at the Special Olympic National games that were held in Sheffield recently. She managed to win a silver medal in the ladies doubles with partner Dee Weiner from Exeter.

Unfortunately no male partner was available for her to compete in the mixed doubles. Nikki is now the number 6, seed in the U.K. She competes against the UK's top Special Olympic badminton players around the country and is the only Special Olympian badminton player from Cornwall. Nikki trains with the Liskeard Junior badminton club in Liskeard on Monday evenings, then competes against players in Pensilva's Millennium Centre on Monday and Tuesday evenings. She also attends the All Being Well fitness suite in the Millennium Centre on

Friday evenings. Many thanks to everyone that donated towards the Special Olympics Cornwall team kit, travel and accommodation costs. Nikki raised around £250 from customers at the Millennium Centres dafe and also co-hosted a badminton fun day at Dobwalls Junior School.

#### PENSILVA WI HORTICULTURAL SHOW

The annual show was held in Millennium House on Saturday, 9th September. A busy day for the members helping show secretary, Jill Pascoe and was opened by Joe Bicarregui, editor of the Parish Pump. Villagers then enjoyed looking around the variety of entries and sitting to chat with friends over tea and cakes before the presentation of awards, as listed below:- Most points in vegetables/Pensilva WI Committee Cup: Mrs.

F. Drew

Vegetable Collection/Downing Cup: Mr. B. Arthur

Pot Plants/Tessa Cup: Mrs. F. Richards & Mrs. J. Pascoe

Flowers/F. French-Blake Cup: Mr. B. Arthur

Domestic/Albert Moore Cup: Mrs. S. Parkin

Handicraft/Nicholls Cup: Mrs. S. Draper

Photography, best photo/Les Morcom Cup: Mrs. A. Max

Photography, most points/Barnard Cup: Mr. B. Hocking

Photography, under 15 years/Shield: William Hicks

Children, under 7 years/Miss Lennon Cup: William Hicks

Children, 8-11 years/Parfitt Cup: Alex Rogers

Children, 12-15 years/Harry Cup: Elle Bassett

Overall Winner, most points (omitting vegetables)/

Pensilva WI Committee Cup: Mrs. V. Dawe

Most Points Gained in the Vegetable Section/

Dr. Tregarthen Cup: Mrs. F. Drew & Mr. B. Arthur

Most Outstanding Exhibit in Pot Plants/Smerdon Trowel:

Mrs. F. Richards

Opener's Choice: Mrs. V. Dawe

Judge's choice/The Coombes Cup: Mr. P. Thomas

Members' Photography Shield: Mrs. A. Robinson

Most Points in Preserves/Gordon Bennett Trophy:

Mrs. F. Drew

# Pensilva W.I. Meeting held on Wednesday 13th September

Our President Francis Tucker opened the meeting and welcomed two new members. Our August meeting had been a social and we all enjoyed a lovely barbecue at the home of Jean and Ivor. It was a lovely evening and we also spent time viewing their beautiful garden.

This past month has been a busy one with two very good evenings at Sterts to see Bugsy Malone and the Bee Gees. Our Horticultural Show was a great success with plenty of entries and of a very high standard.

Our speaker this month was the Rev. Sue Hill who told us of her work over her lifetime. She started as a nurse/midwife for over 20 years. Much of this time was spent in Ethiopia working for the Tear Fund. Her work was with young girls, those that were subjected to Female Genital Mutilation and also betrothed at 10 years of age, married at 12 and usually pregnant by the time they reached 13 years. The girls are usually one of several wives and as the newest wife they are given all the hardest household tasks. Most of the girls are malnourished and very small and weak compared to western girls of a similar age. A totally different culture and one we all found hard to imagine. This culture was not confined to Ethiopia but was the same in many parts of Africa. A very interesting talk and one that gave us all a lot to think about.

On Saturday 30<sup>th</sup> September we are holding a coffee morning in aid of Macmillan nurses in Pensilva Village Hall between 10.30 and 12.30 Please come along to support this very worthy cause.

# Competition winners:

## Flower of the Month

1. Irene Elliot

2. Verna Dawe

3. Janet Butcher

## Picture of Africa

1. Cherry Woodhouse

2. Jo Treeby

3. Jill Pascoe

Next Meeting: Wednesday 11<sup>th</sup> October at 7 p.m. Harvest Supper



# ST IVE VILLAGE HALL

FROM SEPTEMBER 21ST

NO EXPERIENCE NEEDED, ALL WELCOME

SONGS FROM AROUND THE WORLD, INCLUDING CORNWALL. OLD SONGS TO NEW TUNES, FROM FOLK TO POP.

SIMPLE (HOPEFULLY TUNEFUL) FUN!

PLEASE CONTACT CLARE: 01579 382341
OR EMAIL: CONTACT@CLARENORRISH.COM

WEBSITE: clarenorrish.com

# MILLENNIUM HOUSE EVENTS GROUP

Advance Notice of XMAS BINGO NIGHT!

15th December from 7:30pm, eyes down 8pm

# The next meeting of the MILLENNIUM HOUSE EVENTS GROUP will be held on Tuesday October 17th at 7:30pm.

# Pensilva Wednesday Club R.V.S.

Meet in Pensilva Village Hall at 2:30pm on alternate Wednesdays

ALL ADULTS WELCOME TO JOIN THE WEDNESDAY CLUB £1 PER WEEK

11th October	11th October - 'My Life as a Doctor's Wife in the 60's, 70's and 80's	
22nd November	Coach Trip to Truro. Leaving Millennium House 9.30.a.m. Pick up Glen Park & Liskeard. £8.00.	
EVERYONE WELCOME		

EVERYONE WELCOME Contact Jane Mann on 01579 362960

# Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for August

1st No. 182 2nd No 80 3rd No 37 Mrs B. Bennett Miss S. Pascoe

Thank you for your support

# WE HAVE BEEN SHORTLISTED -

#### NOW WE NEED YOUR SUPPORT.

South Hill Parish Hall in Golberdon has sets it's sights on Sun Light at Night.

S.H.A.R.E. Renewable Energy Community Group has applied for an M&S Grant to install a Tesla Power Wall, enabling the energy generated from the solar panels to be stored for later use and dramatically help with heating and running costs and so keep the hall viable.

Voting starts on Sept 4th and we need LOTS of VOTES. As you know we are a small parish, but with your help we can do this. Log On to www.mandsenergyfund.com or visit our web site for details on how to vote at www.South-Hill.co.uk

THANK YOU St Ive Parish for your Vote and

Support! <u>Ali Humphreys project secretary:</u> SHARE@south-hill.co.uk 01579 384544

## **COMMUNITY COFFEE SHOP in MILLENNIUM HOUSE PENSILVA**

THE COFFEE SHOP IS NOW OPEN AND OPEN ON:

TUESDAYS 9.00am - 1.00pm

WEDNESDAYS 9.00am - 12 noon

FRIDAYS 9.00am - 12 noon

Many people have been saying how they miss not having a coffee shop but we need YOUR support to make it a success. Sadly, it is a case of 'use it or lose it'.

We, as a Parish Council, are willing to support where we are able and hope that you will take advantage of this new venture, so please come and join us for a cuppa and a chat.

# PENSILVA W.I COFFEE and CAKE MORNING

In aid of Macmillan Cancer Support



THE VILLAGE HALL, PENSILVA.

SATURDAY 30<sup>TH</sup> SEPTEMBER 10.30am to 12pm

Bring and Buy - Raffle

Coffee and Cakes, £2.50.

# Ruth and Colleen's Monthly



At Millennium House on Tuesday 3rd October

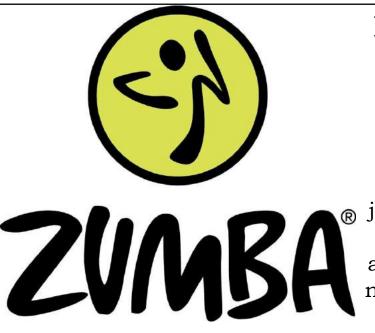
Then 7th November & 5th December

Eyes down at 7:30pm

Over 18's only

£££ CASH PRIZES £££

17



# Introducing a LOWER INTENSITY CLASS!

# First Class Free!

This class is suitable for all adults wanting to boogie but with a little less impact on joints! We dance to music from around the world, laugh lots and burn calories without even noticing! What's not to like?! Its enormous fun!

Every Wednesday (starting 11<sup>th</sup> October) 9.15 – 10.00 Golberdon Village Hall

(£5 a class after 10 you get one free!) Zumba is AMAZING FUN and suitable for ALL! 07484 157706 or lizlazenbury@gmail.com

# Pensilva Folk Session Monthly, 2<sup>nd</sup> Thursday First Session 12<sup>th</sup> October 2017, 8pm Mel Bar, Millenium House

Informal 'singaround' all singers/musicians welcome or come along and tell a joke, a story or just listen

Further Details - Steve 07410 447818 steve@stevesutton.plus.com



# Millennium House, Pensilva INDOOR CAR BOOT

Oct 22, Nov 12

10 to 2pm

Free parking, café. No Admission Fees



Please contact 01579 363096

for more information

# Carer / Cleaner / Companion / Cook

Local mum looking for work to fit in with the school run.

Experience working for Cornwall Council for over 10 years as a support worker

Tel: 07814 403584 01579 382939

2.0

# ST IVE CHURCH Annual Craft Fair Saturday October 21st 10:30am to 4pm Lots of Stalls

# **Homemade Refreshments**

Come along and enjoy the atmosphere in our beautiful church and find that different Christmas Present

Ample Parking in the Car Park behind the Church



# COMMUNITY APPLE DAY



LINKINHORNE PARISH HALL @ UPTON CROSS
On the B3254 PL14 5AX

# Sunday 22<sup>nd</sup> October 2017 11am to 4pm

APPLE PRESSING DEMONSTRATIONS (bring your apples and containers for the juice - 30p per litre charge) LOCAL PRODUCE/PRESERVES COUNTRY CRAFTS APPLE DISPLAY TABLE

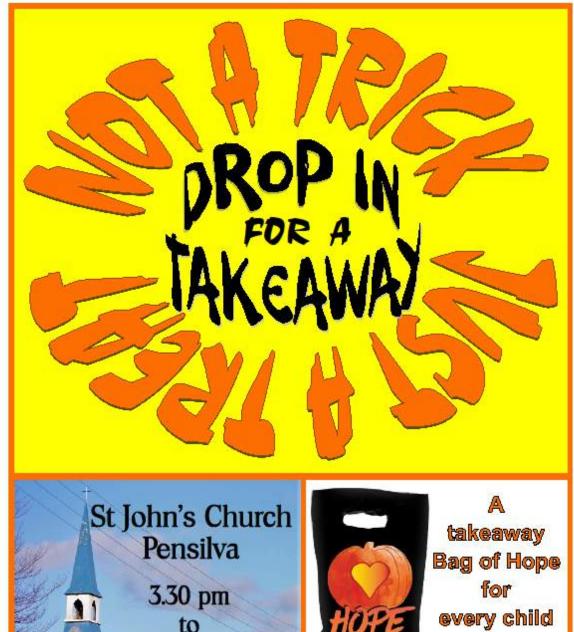
APPLE COMPETITIONS CIDER FOR SALE
RAFFLE RECIPE COMPETITION
TOFFEE APPLES AND CAKES LUNCHES
WILDLIFE AND HISTORY GROUP DISPLAYS



Further information contact Ann Hughes 01579 362068
Or for stall enquiries



Frank Werkmeister 01579 364053 fpwerkmeister@btinternet.com



#### From the Reverend Becca Ball.

As we go in to October we can see the leaves turning, the temperature dropping and we are beginning to look toward Christmas planning. But a season lies between giving thanks for harvest and all that God gives us, and celebrating his Son born as one of us: that is the season of Remembrance.

At the beginning of November, we give thanks for all those saints who have gone before us and who have influenced and cared for us during their time on earth. At some point, this season became hijacked for the alternative of celebrating that which is not from God, Halloween.

every child Hot chocolate drinks and marshmallows Celebrate God's light in our lives Everyone welcome

The origins of Halloween are complex and often misunderstood, but have been taken over by a celebration of all things nasty and scary and coupled with overdosing on sugary treats. Whilst those of us who are Christians may have our reservations about Halloween, we know that others may not be coming from that place. We don't want to join in the scary stuff, but we do want to join in with the fun and community spirit. So, on Halloween, if you are out trick or treating, come and join us for a hot chocolate, a bag of goodies, and celebrate light rather than darkness! Join us by the church on the 31st October after school until about 7.00 pm. Stop for a little, or just come for your bag of goodies!

We look forward to meeting you then!

7.00 pm

Tuesday 31st October

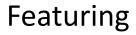
Becca (the vicar).



FREE ENTRY!
WEAR YOUR BEST COSTUME
AND BRING YOUR CARVED
PUMPKINS

For more information see: millenniumhouse.org.uk/event/halloween

# **Quethiock Church Christmas Concert**









Levow Kesson







# On Saturday 9<sup>th</sup> December at 7pm

\*\*\* Refreshments \*\*\* Raffle \*\*\*

# St Ive Church Produce Market

Every 1<sup>st</sup> Friday 10:30 to 1:30pm

Homemade Cakes Fresh Vegetables

Jams Pickles Local made Pasties

Bric-a-brac and much more - also

# **Home Reared Traditional Meat**

Pork, Beef, Chicken, Dry Cured Bacon, Sausages from

# **Trehill Farm Produce**

Cooked Lunch available from 11:30 only £4.50

# Pensilva Memory Café

Are you caring for someone with Dementia, or do you perhaps have concerns about your own memory? It can be lonely and worrying but you're not on your own. Many people around you are in the same boat. You don't have to feel isolated. More people than ever are becoming dementia aware, and most organisations need, and want, to be dementia friendly.

You may have seen posters for Memory Cafes and wondered what they are about. They are a great place for people with dementia and memory problems to socialise in an informal and friendly atmosphere. Memory Cafes are held in Liskeard, Callington, Launceston, Downderry, Looe, and many more places in the South West. Most are held monthly, some are more frequent.

Pensilva has its own Memory Cafe. It is a small friendly group who meet once a month for tea and cake and a bit of relaxing fun. We might have some music, a simple game or quiz, and a bit of reminiscing. You can join in if you want to, but nothing is compulsory. We hope you will just relax and not worry about anything for a couple of hours. There is no charge but we do appreciate a donation in the region of £1 each towards expenses.

It might be worth coming along to join us just to see what goes on. You might find it beneficial to yourself, or your partner, or a parent, or friend. You might even enjoy it. Why not give it a try? You'd be most welcome. There's nothing to lose.

We meet on the fourth Thursday of each month from 2pm - 4pm. We'd love to see you at St John's Church, next to the Millennium Centre, PL14 5NF.

For more information contact Carolyn or Pat - 01579 363461 or 01579 362698 email carolynandgeoff@gmail.com or patdilworth@hotmail.co.uk

If you are a carer of anyone, of any age or condition (not just dementia), you will benefit enormously from the help of Kernow Carers Service. Freephone 0800 587 8191. Leaflets are available at the cafe.

# PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House 10-2 every Monday.

Please come & see us or phone Pam on **01579 363441**.

# **Community Lunch**

First Sunday of every month 12pm for 12.30pm 3 Course Lunch with Tea and Coffee

# Adults £7.95p Children (*Under 12*) £4.95p

At Millennium House, Pensilva

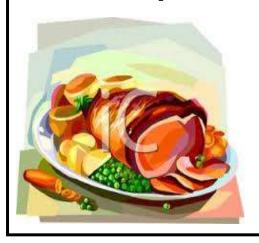


Bookings required: Call Graham or Charmayne on 01579 363096

# **Pensioners Lunch**

2 Course Meal plus Tea or Coffee Only £5.50

Every Tuesday here at Millennium House Speak to our reception or telephone Graham on <u>01579 363096</u>



So why not join us for Good Food and Good Company, all on the day you collect your pension?

#### **Cornwall Good Neighbours Service**



Many older people in Cornwall can have their lives changed through contact with befriending schemes. Loneliness and isolation are common among older people living alone.

Volunteers provide a range of services to people who require additional support to remain independent and active in their community. Anyone can become a volunteer and make an incredible difference to someone else's life. Even an hour a week will make a difference.

#### Services provided by volunteers include:

- · Home visits, sharing a cup of tea and a good conversation
- · Reading to those who are visually impaired
- · Assisting with correspondence
- · Accompany people on short walks
- · Play a game of cards or scrabble for example
- · Accompany clients on shopping trips or shopping on their

#### There is no specialised requirement for volunteers, you just need to;

- · Possess a willingness and desire to help
- · Be committed to providing reliable, consistent support
- Identify how much time you are able to comfortably give
- · Identify the kind of service you would like to offer
- Enjoy sharing your time with others and meeting new

#### The benefits to both volunteers and older people are numerous and rewarding;

- · You meet new people
- · People retain their independence and self-esteem
- · Real difference to the life of someone else
- · Volunteers experience a feeling of contributing to an invaluable service and of making a real difference to the life of someone else
- · You learn new things about others and the area in which you live

Could you be a member of this fantastic team and help to improve someone's quality of life? If you would like more information, please contact:

Carol Jane, Service Manager

Tel: 07771 345337



Together for older people



# All Being Well

# Your local, friendly gym.

Over 17 years working in our local community to improve health, fitness and well being. Call us on **01579 363890** or

drop in to see us at Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri 10.00 to 3.00

Mon & Fri 5.00 to 9.00

Tues/Thur 9.00 to 1.00

Saturday 10.00 to 1.00

Email: abwgym@gmail.com

# **Badminton?**

Come and join our relaxed and friendly group at Pensilva Millennium House

Mon & Tue 7.30 - 9.30pm Friday 8.00 - 10.00pm

For further info phone Nigel or Carol on 01579 363594 or 07885 798370

#### PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peter@pensilva.freeserve.co.uk.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall					
<b>Meeting Times</b>	Organisation	Contact Person	Telephone		
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239		
AlternateWed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221		
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091		
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228		
Fri. 1:00 - 3:00	MIMS	Chris	01579 343702		
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091		

St Ive Institute & Village Hall					
Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travellling Post Office			
First Monday	7:30pm	St Ive Gardening Club			
Every Monday & Thursday	7:00pm	St Ive Snooker Club			

# NHS REGISTERED



# SUPPORTED BY LOCAL DOCTORS

# Do you suffer with various long term health conditions?

Come along and join our small, friendly group. For company, light exercise and support.

Upstairs in Millennium House every Monday from 12.30pm - 2.30pm For more information contact us:

Pauline **01579 345989** 

Jeanette **01579 363691** 



The **co-operative**Community Fund



## **Struggling with Sight Loss?**

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ivor Vaughan 07979 934604).

You can contact us directly or through the Health Centre.

# PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

Meetings are held every third Thursday of each month at 11.30.a.m. Meet in Millennium House car park.

For any information please contact Jean Connor 01579 363221

# PENSILVA HEALTH CENTRE - Baby Clinic First Thursday of every month, from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly, professional advice.

For information call the health centre on

01579 362249

# St Ive Church

#### Services at 11:15am Every Sunday

Oct 1st Holy Communion

Oct 8th Family Service

Oct 15th Holy Communion Lunch follows this service

Oct 22nd Morning Worship

Oct 29th Together at Ten at Merrymeet

.....

# **Other October Events**

Fri 6th Home Produce and Bric-a-brac with Lunch 10:30-1:00pm

Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams

and much more plus farm-fresh meat from Trehill Farm Produce.

Sun 15th Lunch in Church 12:45pm All welcome. Only £7 for 2 courses.

Sat 21st Annual Craft Fair 10:30 to 4pm (see separate notice)

Reverend Margot Davies 01579 208698 email margotaj@tiscali.co.uk

<u>Church Wardens</u> Brian Dwelly **01579 364010** email btdwelly@aol.com

Colin Catchpole 01579 383867 ccatchpole@hotmail.com

Donations for Liskeard Food Bank can be left in the Church each day between 10am & 4pm

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.



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WHY NOT JOIN US ON

THE LAST TUESDAY OF EACH MONTH

for sewing, knitting or just for a chat and a

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We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

# ST JOHN'S CHURCH, PENSILVA

Services for October 2017

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 1st (9.30am Anglican Benefice Eucharist at St Cleer)

11 am Mr David Wenmouth

Sunday 8th 11 am Harvest Festival Mr Geoff Cox

Sunday 15th 11 am Anglican Holy Communion Service

Sunday 22nd 11 am Rev. Sue Hill, Holy Communion

Sunday 29th 11 am Rev. Mark Pengelly, United Benefice Service

**Café Style Church** followed by coffee and chat, <u>Thursday mornings</u>, <u>10am</u>, everyone welcome.

**Afternoon Tea** Friday 6th October, 3pm at St John's. Bring and Buy. Everyone very welcome.

**Concert with Java 5,** Friday 27th October at 7:30pm in St John's Church followed by light refreshments. Look forward to seeing you.

**Fellowship** Friday 13th October, 7:30pm at St. John's Church. For further details of these evenings please ring Carolyn on 362698.

**Prayer Group:** Tue 3rd, Fri 20th & Tue 31st Oct. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698 or Frances Tucker - 363718

#### **MOBILE LIBRARY**

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: <u>not</u> necessarily the 3rd Friday of the month).

Next visits: Sep 1, Sep 29, Oct 27 Nov 24, Dec 22.

Stops at:

The Victoria Inn, Pensilva at 10.25 to 10.45am;

Quethiock bus stop. 11.00 to11.20am.

# St Ive Methodist Chapel

# Services for October 2017

Sun 1st Oct 11am Mr Bernard Melling

No Evening Service

Sun 8th Oct 11am Mr Steve Wherly

6pm United Service

Sun 15th Oct 11am Rev Iris Bray with Communion

No Evening Service

Sun 22nd Oct 11am Mrs Margaret Halls-Falconer

6pm United "Food for Thought" at Pensilva

Sun 29th Oct 11am Gillian Higgins

6pm No Evening Service

"Village Churches Together" on Tuesday 17th October at 7:30pm at St Ive Chapel. On this occasion Rev Steve Wild (Methodist Chair of District) will be coming to speak to us and answer questions as we aim to move forward in the work. Please ring Keith on 382334 for details. Everyone welcome.

The Chattermakers Craft Group will meet on Thursday 12th and 24th October in the Guild room from 7:30pm. This is a group that likes to do any craft and would like to share with others of like mind (hence the 'Chatter' bit !!) Anyone wanting more details please contact Kathryn on 01579 382334. All welcome.

The Village Church Prayer meeting will be held in the Guild Room on Wednesday 11th and 23rd October from 7:30pm.

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33





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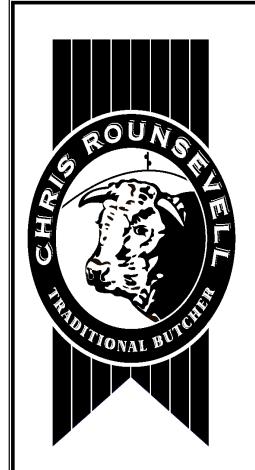


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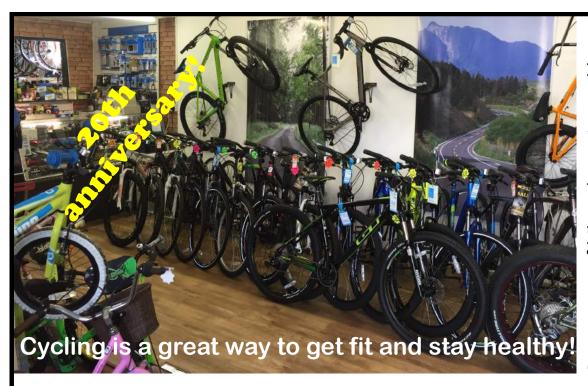
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25<sup>th</sup> NOV CLARKS VILLAGE CHRISTMAS SHOPPER

9<sup>th</sup> DEC BATH CHRISTMAS MARKET

17<sup>th</sup> DEC MOUSEHOLE CHRISTMAS LIGHTS

17<sup>th</sup> DEC **OLYMPIA** 

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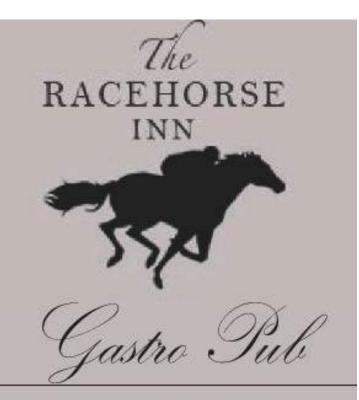












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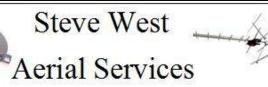
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Reikie or Massage Table etc. Very good condition. (Fold away). £35.
Pensilva area. 01579 363192

Large **Dog Cage** good used condition. 2 doors, removable tray. £25.
01579 363010

Ladies motorbike jacket Rayven, size 12, black/pink, as new. £50.

**Men's motorbike boots** size11, RST, breathable/waterproof, vgc. **£25**.

38 3xl, vgc. **£20**.

Men's black leather bike jacket, 52L, & trousers, 40L, TARCA, vgc. £50 the set. Men's bike trousers black, TUZO, lined,

3 pairs **Men's bike gloves,** black, Buffalo/ Tuzo, 2prs winter/1pr summer & balaclava + neck warmer, vgc. **£20** the lot.

Baby car seat (Graco) blue with cream/ pink flowers design, vgc. £10.

Baby front carrier, blue check with teddy motif design material, new, still in bag. £5. Baby bouncer for up to 6mths. East coast, light fawn/with white polka dots design material, vgc, £10.

Philips 100w infraphil hp3614 **heat lamp** for muscular pain / cold symptoms, boxed, only used a few times. **£10**.

**07743 416676** (Minions area)

LG **DVD PLAYER** with all leads, remote control and Manual. £12 01579 362960

Tiled top **coffee table**. 42"L x 18"W x 18"H. Good condition. £15 ono. **01579 362788** 

Four wheel **disability walker** with bag and brakes. £30 01579-362417

WELMAR **Piano.** Upright, 2 pedals, 52 keys, Length 55", height 41". Bought from and regularly tuned by Evan Hatch (Pianos) at Launceston. £1300.

Folding **3-wheel walker** with brakes and bag. Ideal mobility aid. Suitable indoor/ outdoor. Hardly used. **£50**. **01579 363081**.

Bath Hoist Gentle lifting/lowering. As new. Cost £180. Sell for £50. 01579 362800.

Electric Sovereign 1800W Chainsaw with manual £35. No offers.

01579 362340

Mirror, 112cm x 87cm incl 6cm wide antique looking gilt frame. VGC. £30. 01579 382341

Brand new, never worn, **motor bike helmet**, with visor and inside sun visor, red, grey & white colour. Pd £90. Will accept **£50** no offers.

07980 284002

**Nest of 3 tables** yew wood and glass top. Good condition £45.

**3ft Mattress** in clean condition. Ex quality. **£50**.

3ft Divan to match mattress. VGC. £40. 3ft Pine headboard very attractive £20. 01579 343990 or 07553 928333

Shower Chair only used for 7 months. Was £87 new to sell for £30.
01579 362306

Artificial Christmas Tree (Green, 6' 6") Lovely tree in good condition. £10. Buyer collects. St Ive. 01579 383583

Dremel Moto Saw. As new condition scroll saw/fret saw. Ideal for hobbyists. Own, plastic carry case but is missing vacuum cleaner adapter & instruction booklet. Instructions available on line. £50.00

James Ultra 7000 Ultrasonic cleaner for jewellery and other items. Very good condition. Instructions available on line. £20.00

01579 362207 (Pensilva)

Targus Notepac plus classic 16" laptop case. Black £5.

Leather black briefcase  $17\frac{1}{2}$ " x  $12\frac{1}{2}$ " x 4". £10 o.n.o.

Both in good condition. 01579 362846

3 ft **Pine Bed** complete with fire-resistant mattress. Excellent condition. Hardly used. Buyer collects. **£30 ono. 01579 362753** 

Half Brogues black size 10. Cost £140 new: now £50.

Gents classic black **leather jacket** size 46. **£50**. **07789 861546** 

White wooden double bed frame 'Avignon' range from house of home **£50 ono** reason for sale - moving White 3/4 size dishwasher, Bosch, good working order £50 ono

07724 111132

**Shires Show jacket**. Black with purple Collar. Only been worn a couple of times. Ex. Con. £25.

01579 343992 or 07810 178802

**Homedics** Back Massager. Full lumbar or Lower Lumber only options. Plus variable intensity. Fits any armchair. Can be seen working. Only used twice. Great Xmas present. **£50 ono**.

07973 510693 St Ive.

**WANTED to buy,** a small piece of non-development, flat, accessible **land** within 5 miles of St Ive. Any type of land considered.

Tel 01579 - 384658.

Little Tikes **Wendy House** -a bit faded with the weather but perfectly sound £25. Proline **fridge/freezer** in good condition, 4 years old. £50.

Tel. 01579 363609.

#### Please let us know when your item has sold.

Call 01579 363096 or email parishpump@btconnect.com or leave a note at Millennium House reception. THANK YOU

What's on in St Ive Parish ?			
WHAT'S ON	WHEN	CONTACT DETAILS	
MILLENNIUM HOUSE			
Aikido	Thursday 7:00pm		
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00		
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)	
Book Exchange	Daily	01579 363096	
Breath of Air	Monday 12.30pm - 2.30pm	01579 345989 Pauline	
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham	
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)	
Ladies Netball	Friday 09:15 - 10:15am	07985 387472	
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096	
Short Mat Bowls	Thursday 7:00pm	01579 208528	
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)	
Wildlife Group	Quarterly	01579 362539 ( Hilary)	
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)	
Yoga	Wednesday 7:00pm	01579 344464	
Zumba Fitness Classes	Wednesday 7:00 - 8:00pm	01579 363096 (Millennium House)	
PENSILVA VILLAGE HALL			
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver	
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner	
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond	
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly	
MIMS	Friday 1.00 - 3.00pm	01579 343702 (Chris)	
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond	
Rangers	For Info	01579 362982 Kirsty Oliver	
PENSILVA PRE-SCHOOL			
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)	
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)	

#### What's on in St Ive?

ST IVE INSTITUTE			
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)	
Coffee Morning	Wednesday 10:30 - 12:00		
Gardening Club	1st Monday monthly 7:30pm	01579 382762	
Post Office	Wednesday 10:30 - 11:30		
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum	

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month



# ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Monday 2<sup>nd</sup> Oct Simon Miles, Forest Gardening, how it works

Monday 6<sup>th</sup> Nov Gary Long, China, its plants, people and places

Monday 4<sup>th</sup> Dec Charlie Pridham, Maximum effect, Minimum effort,

streamlining your garden

Saturday 6<sup>th</sup> Jan 18 Annual Lunch details tbc



Visitors and new members are always welcome to join us.



#### **ART AND CRAFT GROUP**

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on 01579 362216.

We look forward to meeting you.

# Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



#### **Opening times:**

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

### MILLENNIUM HOUSE

# THE MEL

# **Licensed Bar Free House**

#### **Opening Hours**

Mon - Thu - 5 pm to 11 pm Fridays - 3 pm to 11 pm Saturday - 12 noon to 11 pm Sunday - 12 noon to 11 pm

Millennium House 01579 363096

