THE PARISH PUMP



July 2017 Edition 428



The Newsletter for the Parish of St Ive

Pensilva Carnival Edition



Day 1 in the life of this tiny, but intrepid, moorhen chick!

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Peter Haimes (chair	r) 01579 362459	Ruth Wilson (vice chair)	01579 363684
James Bruce	01579 362983	Marlene Carr	01579 362919
Pam Carter	01579 362640	Martin Corney	01579 382450
Angie Haimes	01579 362459	Rosemary Farley	01579 384810
Tony Hodson	07973 536964	Nigel Libby	07968 891814
Alan Moss	01579 362064	Kath Parkes	01579 362005
Ivor Vaughan	07979 934604		

Sharon Daw (Cornwall Councillor)

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting

Monday 10th July 2017 at 7:30pm at St Ive



T 101 Minicom 18001 101

Police Community Neighbourhood Office 01579 325454 at any time

Your Community Support Officer is PCSO 30271 Linda Phillips.

Contact: linda.phillips@devonandcornwall.pnn.police.uk.

Phone for a chat on 07703 885654. Leave a message & I'll call back when on duty To report a crime call 101 or go to www.devon-cornwall.police.uk
In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down at the Mel Bar, Millennium House





From the Editor

What a spell of weather we had in June! The hottest since 1976, apparently, only this time I wasn't sitting exams! In other ways it was a stormy month: tragedy in London, another election shock, and the start of negotiations in Brussels. It feels as though we are living through a period that could shape the world for a good time to come.

This edition is packed with information about the Pensilva Carnival, which will once again be organised by the Millennium House Events Group. A big thank you to them for all the work they put in! I'm afraid I won't be there this year as we have a wedding to attend, but I hope lots will be there and have fun.

The café in Millennium House is open again, three days a week for coffee and cake etc (see the notice later in this edition). It is being run by volunteers for the moment. I understand that the Parish Council is looking at options for its future. With your support it can once again become a hub for community life in the Parish.

All the best! Joe

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Cafe - Closed until further notice

Bar

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

If no-one is available please leave a message in our **letter box at** the front of the building or on our answer phone by calling **01579 363096**.

Parish Council News

FIRST DROP-IN SURGERY

The first of the Parish Council's drop-in surgeries will be held on July 30th between 10am and noon, upstairs in Millennium House. This is timed to coincide with the Antiques and Collectors Fair downstairs. The two councillors in attendance for the first session will be the chair, Pete Haimes and the vice-chair, Ruth Wilson.

COMMITTEES

The Council's committees have now been set up and will be made up as follows:

<u>Finance and Administration Committee (FAC):</u> Tony Hodson (chair), Martin Corney, Ivor Vaughan, Alan Moss, Pete Haimes and Ruth Wilson.

<u>Planning Committee:</u> Alan Moss (chair), Martin Corney, Ivor Vaughan, Tony Hodson, Pete Haimes and Ruth Wilson.

<u>Parks and Open Spaces Committee:</u> Ivor Vaughan (chair),

Marleen Carr, Nigel Libby, Martin Corney, Pete Haimes and Ruth Wilson.

<u>Personnel Committee:</u> Angie Haimes (chair), Rosemary Farley, Marleen Carr, Kath Parkes, Pete Haimes and Ruth Wilson.

<u>Neighbourhood Development Working Group:</u> Martin Corney, Rosemary Farley, Peter Dipper (co-opted), Pete Haimes and Ruth Wilson.

Internet Steering Group: James Bruce (chair), Martin Corney, Pam Carter, Ivor Vaughan (observer), Pete Haimes and Ruth Wilson.

Millennium House Management Committee: Alan Moss (chair), Ivor Vaughan, Marleen Carr, Nigel Libby, Angie Haimes, Kath Parkes, James Bruce, Rosemary Farley, Pete Haimes and Ruth Wilson.

See also the Chairman's report and other notices elsewhere in this edition.

St Ive Parish Council - Chairman's Column

Firstly I would like to introduce myself, I am Pete Haimes, the new Chairman of the Parish Council. Ruth Wilson is the Vice Chair. Thank you for voting for a complete Council of Platform for Change candidates. We have already set up all our committees and they are looking at all aspects of the way things are run throughout the Parish, with a view to making a more efficient Council and, more importantly, save money.

Now for what you can do to help. The new Parish Council is asking for volunteers to help clean up around Millennium House and the recreation ground prior to Carnival Week. If you are available and would like to help, please come along on Sunday 2nd and Saturday 8th of July at 10 am, (with gardening gloves if you can.)

Also, we are trying to set up a band of community volunteers (in St Ive and in Pensilva). Please come along to a meeting in Millennium House on Saturday 22nd July from 10 am to midday. There will be free tea/coffee and biscuits and we can chat about skills you have to offer, i.e. gardening, befriending the elderly, shopping, DIY. or anything else you have to offer. Please help make this a community to be proud of.

We are also starting a Councillors' surgery for Parishioners. If you have any problems, questions or requests come along to Millennium House on the last Sunday of the Month, (to coincide with the Antique Fair) from 10am to 12am, upstairs.

Pete Haimes

From Cornwall Councillor Sharon Daw - report for June 2017

How time flies! One month on and several meetings and training sessions to include miscellaneous licensing, licensing Act... Code of Conduct... Scrutiny... Induction... Full Council... and 2 day planning...

As licensing Act member I have found myself in the forefront of licensing issues and hearings making up a team of 3 to consider issuing licenses of premises. I have also been selected for planning central and the new rules mean we can't vote on planning in our area... we can support planning applications and speak at the meetings; but if it's in your own division you can't vote.... Planning training opened my eyes to the fact Cornwall Council have selected sites to build 52,500 houses of which 38,000 are already earmarked...

Which I raised the question who are these house for??? As I have not seen many earmarked for local need and when I challenge Cornwall council where are the jobs to support these houses; along with hospitals and schools. The reply was 60% were for people moving into Cornwall retired so would not need jobs.....So it looks like Cornwall is going to become a retirement hub????? Now the new leader Adam Paynter is against this housing too so let's hope it's not too late... I do struggle with the concept of building so many houses which are in open countryside i.e. Launceston... Liskeard Newquay ... yet hardly any are eco friendly... carbon neutral ... and once built costs not only drain the world's resources but encourage fuel poverty

So when is open countryside not open countryside ???? It's been busy in the division with highway issues... pot holes... speeding... rubbish... signs no one wants to see... several planning applications and the ongoing appeal 46 houses St Ive Road.... If anyone who has a 1 or 2 bed bungalow would like to swap with an elderly couple who can't cope with two sets of steps I would be delighted to hear from you ... must be in Pensilva ... Home-choice seem to be hopeless!!!!!

Looking forward to meeting more people in the coming weeks and remember the Millennium Centre is yours and now's the time to get involved!!

CC Daw



YOU ARE CORDIALLY INVITED TO OUR OPEN DAY. 22nd JULY 12-4 pm.

We will have children's activities, wild food, a pickling demonstration, live shows, tours of the garden and all manner of delights yet to be finalised. But best of all, light lunches and cream teas in wonderful company. All welcome, especially children

VOLUNTEERING OPPORTUNITIES we have had a fabulous influx of new volunteers recently and I hope that continues. It's so rewarding to see local people between 20 and 70 years old and of all sorts of abilities working happily alongside each other: long may that continue. Our volunteer days are Weds from 10 a.m.to 2.30pm and Thursday from 12 to 3pm and lunch is provided. Our volunteers find that they enjoy the fresh air and exercise, the great company and getting hands-on with growing vegetables.

CROPS AND PLANTING by the time this goes to press, we will have started to harvest courgettes, French beans, tomatoes and our second picking of peas. These are our staple crops over the summer, filling our veg boxes and the stall right up till the autumn. We have just sold our first strawberries and there look to be many more of these to come, with blackcurrants and gooseberries due before long. At the moment we are mainly harvesting salad leaves, onions and garlic. We are planting the last of the tomatoes in the tunnel; summer squash and outdoor courgettes are going in this week. Of course we will start to dig the 50kg of seed potatoes we've planted once we're into July; always an exciting underground adventure. Prize for this year's most dramatic crop so far goes to the mammoth globe artichoke that's dominating the back of the garden: 5 huge fruit off it so far and counting. We could do with a few more of those if anyone ever comes across them at a plant sale.

OUR VEG BOXES To enjoy fabulous fresh local fruit and veg, delivered to your door every Wednesday afternoon, order your mixed veg box now. Prices are: £7.50 for 1 /2 people, £10 for 3/4 people, £15 family box and the very popular £5 fruit bag.

OUR VEG STALL I can see many of you are still enjoying having your very own organic veg stall on your doorstep. I certainly enjoy trying to anticipate what will sell well and making sure there's plenty of variety each week. Please put your cash in the post-box on the gate.

community compost scheme we welcome your lawn clippings, used rabbit bedding, cuttings, etc at our compost bins by the gate. If you use weed killer on your lawn, please dispose of your clippings through the Council. The Growing Project CIC is a Community Interest Company producing organic fruit and vegetables. We have opened the growing space at Kenwyn, Higher Rd to the community and welcome volunteers for all sorts of jobs. Contact Ruth Wilson 01579 363684 07853 244934 thegrowingproject@orangehome.co.uk www.thegrowingproject.org.uk

PENSILVA W.I. REPORT

President, Frances Tucker, opened the meeting and welcomed members and visitors.

Following the reading of the Minutes our President told of all the activities that have been enjoyed since our last meeting. These included a trip to TR2 in Cattedown and a very tasty trip to Kelly's Ice Cream Factory. Members were reminded of the Horticultural Show to be held on 9th September and our need to encourage friends and family to enter.

Forthcoming events will include a picnic at Cotehele following a game of croquet on their lawn. Three visits to Sterts to see My Fair Lady, Bugsy Malone and the BeeGees. In August we will also be taking a trip to Trelawne Manor followed by a cream tea. Also in August we will be holding a Barbecue at the home of our Secretary, Jean Hoare.

Our President informed us that one of our ladies, Sue Draper, had achieved a second place at the Royal Cornwall Show with a stunning cushion she had sewn. Well done Sue.

Our speakers this month were Margaret and Tony Ward. They gave us a very interesting and informative talk about their visit to Brazil to enjoy the Rio de Janeiro Olympics in 2016. Some lovely pictures accompanied their tales of the incidents and excitement they experienced on this once in a lifetime trip.

Competition winners this month were:

Flower of the Month

1sr Gill Pascoe 2nd Janet Butcher 3rd Cherry Woodhouse Medal

1st Irene Elliott 2nd Cherry Woodhouse 3rd Janet Butcher Next Meeting: Wednesday 12th July at 7.15 p.m. in Millennium House with a talk by Margaret Parker entitled 'Prime Ministers and Prostitutes'. Visitors are always welcome.

Quethiock Horticultural Show Saturday July 15th 2017 Gates open 2pm

Schedules available from Gill Kent 01579 346643

STALLS WELCOME

CHRISTIAN AID WEEK IN PENSILVA

Christian Aid Week this year focussed on the plight of refugees. It's difficult to comprehend what it's like to be a refugee. They have:-

No country

No money coming in

No home

No job

No education

No identity

No future

Nothing.

One story told in the literature provided this year was of a family fleeing war,



Christian Aid bacon butty barbecue

arriving penniless in Greece where they expected to be in a camp for ten days or so. Six months later they are still stuck there with no prospect of moving on. Pensilva's Christian Aid representative is Frances Tucker, who arranged the now traditional Bluebell Woods Walk followed by a Pasty Supper in Penharget Cottage. Although the Monday evening was damp and overcast the intrepid walkers enjoyed the company of friends and the beauty of the woodlands. And, of course, the pasties!

This was followed by a Bacon Butty Barbeque at St John's Church on the Saturday. This was accompanied by several heavy downpours, leaving the road like a river. The gazebo standing over the barbeque saved the day.

59 bacon baps were sold with several unexpected but welcome customers. Our first customers were a lady and teenage son who had travelled from North Cornwall for a rehearsal at Sterts. They left before breakfast, so by the time they arrived in Pensilva they were ready for something substantial.

We also had a lone walker from Somerset who was walking to Lands End, grateful for the opportunity to lay his rucksack down and have something to eat. And then we had an American couple who were tracing their Grandfather's roots, a miner who travelled to America for work.

As well as providing tea/coffee and cake in the church there was a Rural Churches Together treasure hunt where a number of churches and chapels had brought historic documents about their buildings for people to search through to find answers to given questions. For our couple who came to learn about the area it was a treasure trove.

Enjoyable times of fellowship with friends new and old were combined with raising £630 (including envelopes) for a worthy cause.

Geoff.

Pensilva Primary School



Our whole school topic for last half term was space, a subject which is always thoroughly enjoyed by the children, whatever their age. As part of this, we arranged for Space Odyssey to bring their space dome into school. Space Odyssey is based in Exeter and visit schools all over the South West with their shows. Each class and Pensilva Preschool visited the space dome throughout the day. Each show was designed specifically to engage and enthuse children of different ages, for example, by looking at planets, constellations. Tim Peake's recent mission

to the ISS, the space race etc. All the children agreed that this was a fantastic experience that really engaged them and complemented the work they had been doing in class on space.

QUETHIOCK CofE SCHOOL

June has been a great month for the school. The children have joined a scheme in conjunction with the Cornwall Wildlife Trust to go wild for 30 days. Each day the whole school has participated in a challenge, including drawing pictures and exploring the wildlife in and around the school grounds.

In order to celebrate that the children have walked/jogged 250 miles in the "mile a day" initiative and to make the most of the scorching hot weather the children had a huge water fight. Everyone joined in including the teachers and I am sure the whole of Quethiock would have heard the excited screams and laughter. It was certainly a day to remember.

The community lunch was well received and the children enjoyed welcoming old and new faces into the dining hall to share lunch with them. Sarah Bodman the Catering Manager made a wonderful lunch and everyone seemed to really enjoy the whole experience. A big thank you to everyone who came along. We are hoping to organise another date very soon.

The preschool has been having "stay and play" sessions for its very first children who will be starting in September. It's not too late to register children who are 3 and over from September. Please give Helen a call on 01579 343588 or email hnewbitt@stbarnabasmat.com to express an interest or to arrange a visit.

PENSILVA COMMUNITY VOLUNTEERS

CARPENTERS ELECTRICIANS

PAINTERS ODD JOBS

DECORATORS CLEANERS

GARDENERS PLUMBERS

DO YOU HAVE A SKILL?

CAN YOU SPARE A COUPLE OF HOURS?

ARE YOU WILLING TO HELP OTHERS IN THE COMMUNITY?

ST IVE PARISH COUNCIL IS COMPILING A LIST OF VOLUNTEERS WHO ARE WILLING TO HELP THE LESS ABLE AND THE SENIOR MEMBERS OF THE COMMUNITY WHO NEED A SMALL JOB CARRIED OUT.

COME ALONG TO OR VOLUNTEER REGITRATION AT MILLENNIUM HOUSE ON SATURDAY 22ND JULY BETWEEN 10 AND 12 AM.

OR PLEASE SEND YOUR DETAILS INCLUDING YOUR NAME; EMAIL; TELEPHONE NUMBER AND SKILL YOU'RE OFFERING TO:

alanmosspc@gmail.com

Pensilva Wednesday Club R.V.S.

Meet n Pensilva Village Hall at 2:30pm on alternate Wednesdays

ALL ADULTS WELCOME TO JOIN THE WEDNESDAY CLUB

5th JULY	Beetle Drive
19th JULY	Bring and Buy



SEW, KNIT AND NATTER.

WHY NOT JOIN US ON

THE LAST TUESDAY OF EACH MONTH

for sewing, knitting or just for a chat and a

cup of tea or coffee and cake.

We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

South Hill Parish Renewable Energy (S.H.A.R.E.) Community Group Fun Day



The SHARE in our Community Free Family Fun Day was an amazing success on Bank Holiday Monday. There have never been so many children in Golberdon Park, estimated around 300 people in total, all enjoying the activities laid on by S.H.A.R.E.



Events centered on energy and money saving tips, recycling and reducing waste, clothes alterations, promoting cycling with E Bike demos and bike slalom course, planting seeds, foraging the hedgerows and an energy science project. Plus The Big Beat Junk Band invited everyone to join in and make lots of noise.



"South Hill Rocks" was launched as rocks were painted and hidden around public spaces for people to find, then upload a photo to South Hill FB and re-hide, encouraging families to be creative and explore the area. Join in the fun, like South-Hill FB www.facebook.com/SouthHillParish or visit www.south-hill.co.uk/south-hill-rocks

Free Energy Saving Light-bulbs were donated by E-On, sunflower starter kits and grocery Bags for Life, donated by Tesco's, Morrison's and Waitrose, were given away. A massive Thank you to everyone that helped make the day so special, to all that donated items, Tamar Organics, Spar, Launceston Cycles, Compton Park Farm Shop, Callington Fresh Produce, our generous parishioners, the South Hill W.I ladies for teas, the South Hill Horticultural Show for including the Sunflower class on August 19th. The car booters, the Police for providing leaflets on protecting property, **Project Solar** answering questions and giving energy advice and the families that came from near and far and team **S.H.A.R.E** for hosting such a great fun day. Learn more by contacting enquiries@ProjectSolarUK.com or call Simon on 07955522072.

South Hill Association for Renewable Energy (**SHARE**) a Community Benefit Society since June 2015. **SHARE**'s vision is "A secure and sustainable future for all, using community owned R.E to provide economic, social and environmental benefits." Contact SHARE@south-hill.co.uk call Peter 01579 208519 and visit south-hill.co.uk/share

COMMUNITY COFFEE SHOP in MILLENNIUM HOUSE PENSILVA

THE COFFEE SHOP HAS NOW RE-OPENED AND INITIALLY, IT WILL BE OPEN ON:

TUESDAYS 9.00am - 1.00pm

WEDNESDAYS 9.00am - 12 noon

FRIDAYS 9.00am - 12 noon

Many people have been saying how they miss not having a coffee shop but we need YOUR support to make it a success. Sadly, it is a case of 'use it or lose it'.

We, as a Parish Council, are willing to support where we are able and hope that you will take advantage of this new venture, so please come and join us for a cuppa and a chat.

FRIENDS OF PENSILVA HEALTH CENTRE

THE 'FRIENDS' WOULD LIKE TO OFFER SINCERE THANKS TO EVERYONE FOR THEIR SUPPORT AND GENEROSITY IN MAKING THE COFFEE MORNING SUCH A SUCCESS. A SUM OF £335.80 WAS RAISED AND WILL BE AVAILABLE TO HELP PURCHASE EXTRA EQUIPMENT FOR THE HEALTH CENTRE THAT THE DOCTORS FEEL WILL BE OF BENEFIT TO THE PATIENTS.

THANKS ALSO TO THOSE WHO KINDLY DONATED AFTER THE EVENT.
THE 'FRIENDS' ARE VERY APPRECIATIVE OF YOUR VALUED SUPPORT.

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for May

1st No. 194	2nd No. 183	3rd No. 18
Mrs L England	Mrs Jackson	Mrs M Congdon

Thank you for your support

Ruth and Colleen's Monthly

BING OF At Millennium House

on Tuesday 4th July

Eyes down at 7:30pm Over 18's only £££ CASH PRIZES £££

SOUTH HILL PIECEMAKERS
Patchwork and Quilting Exhibition
'A Quilter's Journey'
Thurs 13, Fri 14, Sat 15 July 2017
10am - 4 pm at South Hill Parish Hall
Refreshments, Charity Quilt Raffle,
Sales and Trade Tables
Admission £2

To ask about joining our group contact Elaine Taundry 01579 384787 elaineruthbrewer@hotmail.co.uk Meetings on the 1st and 3rd Monday of the month 7:30pm - 10pm and 2nd and 4th Tuesday 1:30pm - 4pm. £30 per year to attend all sessions, or up to 3 taster sessions at £2 per session.

Pensilva Carnival week A 4 page pull out guide can be found in the centre of this issue Further information

Car Treasure Hunt on Sunday 9th July

Raising funds for Pensilva Preschool.

Sponsored by Greatlands Garage, Gooseberry Lane, Pensilva.

All entries must be registered by Friday 7th July. £5 per car.

Pasty supper and prize giving afterwards.

Please contact Sarah 07748 154599 to enter.

Wednesday 12th July - Social Supper

Millennium House starts 7.00pm

In aid of Cancer Research UK

Tickets in advance only
3 courses for only £10.00 p.p
£35 for a family ticket (2 adults & 2 children)

Available from Millennium House or Alex Putna on 07985 387472

Carnival Day Refreshments The Millennium House Café

Refreshments including pasties and cream teas will be available to purchase, kindly organised by The Brownies & Guides.

Also, instead of the usual BBQ, Pensilva Pre-school has arranged a "Hog Roast" this year. Be sure to give it a try!!!



HELP US TO CLEAR UP MILLENNUM HOUSE GARDENS AND GROUNDS FOR CARNIVAL

VOLUNTEER WORK DAY ON

SUNDAY 2ND JULY FROM 10AM

WE WILL BE TIDYING UP MILLENNIUM HOUSE GARDENS AND GROUNDS READY FOR CARNIVAL DAY (15TH JULY).

FREE TEA, COFFEE AND CAKES FOR VOLUNTEERS

PLEASE HELP IF YOU CAN



Carnival Quiz

Millennium House
Monday July 10th 2017
at 7:30pm

Organised by and raising funds for All Being Well

Improving the the health of our community

Teams of four at £5 per table. Raffle. A fun night that helps a good cause !!!

A Folk Evening with the Real Life Story of Mary Bryant in Song and Word

at St Lalluwy's Church, Menheniot on Saturday 15th July from 7.30pm

Mary Bryant was born into a fishing family in Fowey. In 1786, at the age of twenty-one, she was found guilty of stealing a silk bonnet and sentenced to death. When her sentence was commuted to seven years transportation, she was sent from Plymouth to Sydney Cove penal colony in New South Wales. She is known as one of the first British convicts to escape from Australia and her tragic but inspirational



tale will be presented in an evening of folk music and story:

with Dee Adsett as Mary and Chris James as her biographer and lawyer, James Boswell; narrated by Ruth Jones. Music led by Steve Dobbinson, with guest appearance by Down to Erth.

Tickets (£10) include a pasty supper and are on sale from the Spar Shop, Menheniot and Liskeard Museum; or call Ruth on 01579 347462.

Food served at 7pm; performance from 7.30pm.



Pensilva Memory Café

Are you caring for someone with Dementia, or do you perhaps have concerns about your own memory? It can be lonely and worrying but you're not on your own. Many people around you are in the same boat. You don't have to feel isolated. More people than ever are becoming dementia aware, and most organisations need, and want, to be dementia friendly.

You may have seen posters for Memory Cafes and wondered what they are about. They are a great place for people with dementia and memory problems to socialise in an informal and friendly atmosphere. Memory Cafes are held in Liskeard, Callington, Launceston, Downderry, Looe, and many more places in the South West. Most are held monthly, some are more frequent.

Pensilva has its own Memory Cafe. It is a small friendly group who meet once a month for tea and cake and a bit of relaxing fun. We might have some music, a simple game or quiz, and a bit of reminiscing. You can join in if you want to, but nothing is compulsory. We hope you will just relax and not worry about anything for a couple of hours. There is no charge but we do appreciate a donation in the region of $\pounds 1$ each towards expenses.

It might be worth coming along to join us just to see what goes on. You might find it beneficial to yourself, or your partner, or a parent, or friend. You might even enjoy it. Why not give it a try? You'd be most welcome. There's nothing to lose.

We meet on the fourth Thursday of each month from 2pm - 4pm. We'd love to see you at St John's Church, next to the Millennium Centre, PL14 5NF.

For more information contact Carolyn or Pat - 01579 363461 or 01579 362698 email carolynandgeoff@gmail.com or patdilworth@hotmail.co.uk

If you are a carer of anyone, of any age or condition (not just dementia), you will benefit enormously from the help of Kernow Carers Service. Freephone 0800 587 8191. Leaflets are available at the cafe.

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House 10-2 every Monday.

Please come & see us or phone Pam on **01579 363441**.

St Ive Church Produce Market

Every 1st Friday 10:30 to 1:30pm

Homemade Cakes Fresh Vegetables

Jams Pickles Local made Pasties

Bric-a-brac and much more - also

Home Reared Traditional Meat

Pork, Beef, Chicken, Dry Cured Bacon, Sausages from

Trehill Farm Produce

Cooked Lunch available from 11:30 only £4.50





Local Accountant offering fixed fee accounting services

With over 20 years experience, I am a fully qualified, friendly, local accountant

- Annual Accounts for Sole Traders and Partnerships
- ✓ Book Keeping & Payroll
- ✓ Personal Tax Planning
- ✓ Company Accounts
- ✓ Business Support & Advice

- √ Self Assessment tax returns
- √ iXBRL tax filing
- √ Tax investigation Fees Insurance
- √ Company Secretarial work
- Tax calculations for Sole Traders and Partnerships

Community Lunch

First Sunday of every month 12pm for 12.30pm 3 Course Lunch with Tea and Coffee

Adults £7.95p Children (*Under 12*) £4.95p

At Millennium House, Pensilva



Bookings required:
Call Graham or
Charmayne
on 01579 363096

Pensioners Lunch

2 Course Meal plus Tea or Coffee Only £5.50

Every Tuesday here at Millennium House Speak to our reception or telephone Graham on <u>01579 363096</u>



So why not join us for Good Food and Good Company, all on the day you collect your pension?

Cornwall Good Neighbours Service



Many older people in Cornwall can have their lives changed through contact with befriending schemes. Loneliness and isolation are common among older people living alone.

Volunteers provide a range of services to people who require additional support to remain independent and active in their community. Anyone can become a volunteer and make an incredible difference to someone else's life. Even an hour a week will make a difference.

Services provided by volunteers include:

- · Home visits, sharing a cup of tea and a good conversation
- · Reading to those who are visually impaired
- · Assisting with correspondence
- · Accompany people on short walks
- · Play a game of cards or scrabble for example
- Accompany clients on shopping trips or shopping on their behalf

There is no specialised requirement for volunteers, you just need to;

- · Possess a willingness and desire to help
- · Be committed to providing reliable, consistent support
- · Identify how much time you are able to comfortably give
- · Identify the kind of service you would like to offer
- Enjoy sharing your time with others and meeting new people

The benefits to both volunteers and older people are numerous and rewarding;

- · You meet new people
- · People retain their independence and self-esteem
- · Real difference to the life of someone else
- Volunteers experience a feeling of contributing to an invaluable service and of making a real difference to the life of someone else
- You learn new things about others and the area in which you live

Could you be a member of this fantastic team and help to improve someone's quality of life? If you would like more information, please contact:

Carol Jane, Service Manager

Tel: 07771 345337





Together for older people

All Being Well

Your local, friendly gym.

Over 17 years working in our local community to improve health, fitness and well being.
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PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peter@pensilva.freeserve.co.uk.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall				
Meeting Times	Organisation	Contact Person	Telephone	
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239	
AlternateWed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221	
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091	
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228	
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702	
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091	

St Ive Institute & Village Hall				
Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travellling Post Office		
First Monday	7:30pm	St Ive Gardening Club		
Every Monday & Thursday	7:00pm	St Ive Snooker Club		

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Do you suffer with various long term health conditions?

Come along and join our small, friendly group. For company, light exercise and support.

Upstairs in Millennium House every Monday from 12.30pm - 2.30pm For more information contact us:

Pauline **01579 345989**

Jeanette **01579 363691**



The **co-operative**Community Fund



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Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ann Wood 01579 364085).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

Meetings are held every third Thursday of each month at 11.30.a.m. Meet in Millennium House car park.

For any information please contact Jean Connor 01579 363221

PENSILVA HEALTH CENTRE - Baby Clinic First Thursday of every month, from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly, professional advice.

For information call the health centre on

01579 362249

Pull-out guide to

Pensilva Carnival Week, 9th - 15th July 2017

Events for the week - all from/at Millennium House

Sunday 9th July Car Treasure Hunt & Pasty Supper – from 3pm (Pensilva Pre-school)

Monday 10th July Quiz night (ABW) 7:30pm

Tuesday 11th July Family Film Night (PSA) 5pm.

Hotdogs will be available to purchase

Wednesday 12th July Social Supper (Relay for Life) 7pm – See separate advert

Thursday 13th JulyBingo (BHF) 7:30pm eyes down at 8pm.

Friday 14th July Donkey Derby 7:30pm (Pensilva Football Club)

Saturday 15th July Carnival Day from 12pm

Please ensure Scarecrows are on display this week!!

Carnival Day 15th July 2017

Programme of events

12:00–12:30 Fancy Dress Registration

50p entry p.p,

5 yrs & under, 6-11 yrs, 12+ yrs, pairs, groups & floats

12:30 Official opening

By Mr & Mrs P Haimes

Fancy dress judging and presentations

13:00 <u>Parade sets off</u>

13:00 Car boot & table top sale

£5.00 per table (No commercial vendors please)

Carnival Day programme - Continued...

13:30 <u>Dog show</u>

€1.00 entry per class (see next

page for classes)

14:00 <u>Baby show</u> – free entry

O-6 months, 7-12 months,

13-18 months

14:30 <u>Tavistock Twirlers</u>

15:15 <u>Liskeard Silver Band</u>

15:45 <u>Raffle</u>

16:15 It's a Knockout

Evening

19:30 <u>Disco</u> @ Millennium House

Till late €1.00 entry per person

Pensilva Carnival Day at 13:30

Family Dog show (£1-00 per class)

- Puppy under 12 months
- Fancy Dress Dog & Handler
- Fastest biscuit eater
- Prettiest Bitch
- Most Handsome Male
- Best Rescue
- Scruffiest Dog
- Best Trick
- Best in show for all 1st places

Judge: Marina Julian, Rosettes to 4th Place Sponsored by Fern Lodge Boarding Kennels Contact Charlotte on 07865 073157

St Ive Church

Services at 11:15am Every Sunday

July 2nd Holy Communion

July 9th Family Service - Small pets welcome.

July 16th Holy Communion, Lunch follows this Service

July 23rd Morning Worship

July 30th Together at Ten at St Ive 10am

Other July Events

Fri 7th Home Produce and Bric-a-brac with Lunch 10:30-1:00pm

Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams

and much more. Farm-fresh meat from Trehill Farm Produce.

Sun 16th Lunch in Church 12:45pm All welcome. Only £7 for 2 courses.

Cream Teas Every Sunday through the summer 2:30 to 5pm

Come along and enjoy homemade scones with jam & cream and a variety of homemade cakes and buns with tea or coffee

Reverend Margot Davies 01579 208698 email margotaj@tiscali.co.uk

<u>Church Wardens</u> Brian Dwelly **01579 364010** email btdwelly@aol.com

Colin Catchpole 01579 383867 ccatchpole@hotmail.com

Donations for Liskeard Food Bank can be left in the Church each day between 10am & 4pm

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.

Notice from ACTION ON HEARING LOSS

With regret we have to close our hearing aid maintenance clinic which was held quarterly at Millennium House, Pensilva, due to a lack of volunteers and dwindling numbers.

Our clinic in Oak Tree Surgery will continue and the next date is Thurs 10th August 2017, 2.00pm to 4.00pm

ST JOHN'S CHURCH, PENSILVA

Services for July 2017

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 2nd (9.30am Anglican Benefice Eucharist at St Cleer)

11 am Dr. Kathy Lang

Sunday 9th 11 am Café Church

4pm Afternoon tea and

6pm Songs of Praise, both at St Ive Methodist

Sunday 16th 11 am Anglican Holy Communion Service

Sunday 23rd 11 am Rev. Mark Pengelly, Holy Communion

Sunday 30th 11am Rev. Sue Hill, United Benefice Service

Café Style Church followed by coffee and chat, <u>Thursday mornings</u>, <u>10am</u>, everyone welcome.

Strawberry Tea Friday 7th July at 3pm for Global Family Mission. Bring and Buy. Everyone very welcome.

Christian Aid. A big thank you to everyone who supported Christian Aid fundraising and contributed via the envelopes, £630 was made in Pensilva.

Fellowship, Friday 14th and Friday 28th July. For further details contact Carolyn - 362698

Prayer Group: Tuesday 4th and 21st July. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698 or Frances Tucker - 363718

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: <u>not</u> necessarily the 3rd Friday of the month).



Next visits:
July 7. Stops at:
The Victoria Inn, Pensilva at 10.25 to 10.45am;
Quethiock Church 11.00 to 11.20am.

St Ive Methodist Chapel

Services for July 2017

Sun 2nd July 11am Rev Tom Osborne with Communion

No evening service

Sun 9th July 11am No morning service

4pm Afternoon tea

6pm Songs of Praise

Sun 16th July 11am Mr Chris Clark

No evening Service

Sun 23rd July 11am Mr Julian Langston

6pm United Service with Rev Tom Osborne

Sun 30th July 11am Mr Mark Pellow

No evening service

"Village Churches Together" on Tuesday 4th July at 7:30pm at St John's Church, Pensilva. Please ring Keith on 382334 for details. Everyone welcome.

The Chattermakers Craft Group will meet on Thursday 6th and 20th July in the Guild room from 7:30pm. Anyone wanting more details please contact Kathryn on 01579 382334. All welcome.

The Village Church Prayer meeting will be held in the Guild room on Wednesday 5th and 19th July from 7:30pm. All welcome.

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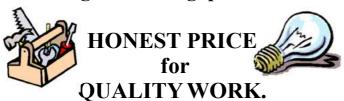
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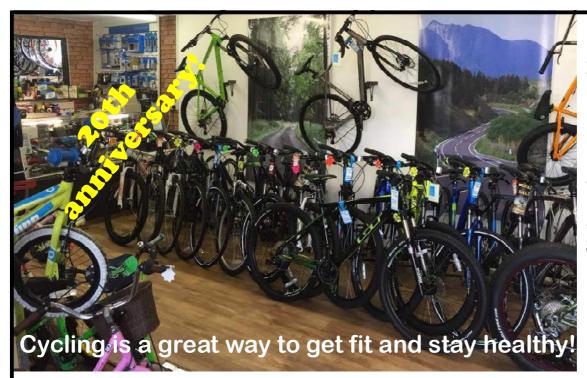
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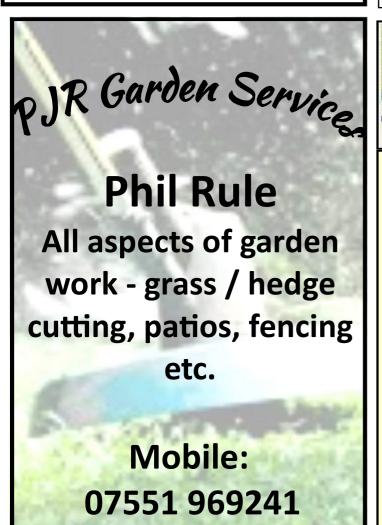
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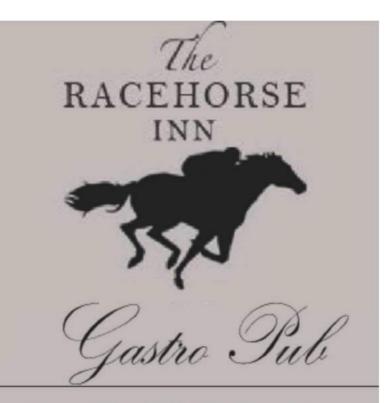












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Leather black briefcase $17\frac{1}{2}$ " x $12\frac{1}{2}$ " x 4". £10 o.n.o.

Both in good condition. 01579 362846

Shower Chair only used for 7 months. Was £87 new to sell for **£30**. **Bathroom cabinet** with mirror in door.

New, never used. 20"W x 26"D £20.

01579 362306

Samsung 19" **TV.** Excellent condition. Freeview. With stand. £50. Round, wooden, **drop leaf table** in excellent condition. £20 01579 362922

Artificial Christmas Tree (Green, 6' 6")

Lovely tree in good condition. £10. Buyer collects. St Ive. 01579 383583

17" TFT LCD flat **display monitor** with separate 19" unpacked frameless LCD eye protector. Both items for **£50.00 ono**. Vintage Stationary Engine **Starting Handle**, to fit over a ³/₄" drive shaft. 4³/₄" long grip/handle, 5³/₄" arm, 1¹/₂" insert, in green. **£25.00**

Collector's item, Salter 9" dia, solid brass faced hanging **scales**, made in England. Will weigh up to 200 lb. £25.00

01579 384658

Dremel Moto Saw. As new condition scroll saw/fret saw. Ideal for hobbyists. Own, plastic carry case but is missing vacuum cleaner adapter & instruction booklet. Instructions available on line. £50.00

James Ultra 7000 Ultrasonic cleaner for jewellery and other items. Very good condition. Instructions available on line. £20.00

01579 362207 (Pensilva)

Vintage display cabinet, colour Tan. £25 Solar Tiffany 10 lamps 3 lampposts £35 Soda stream, just tested, unused. £19 Phone/text 07855 016596 Pensilva area

3 ft **Pine Bed** complete with fire-resistant mattress. Excellent condition. Hardly used. Buyer collects. **£30 ono. 01579 362753**

Half Brogues black size 10. Cost £140 new; now £50.

Gents classic black **leather jacket** size 46. £50. 07789 861546

White wooden double bed frame 'Avignon' range from house of home **£50 ono** reason for sale - moving White 3/4 size dishwasher, Bosch, good working order £50 ono

07724 111132

Modern steel frame **single beds** (pair). Aluminium effect. Complete with new memory foam mattresses. **£50 each. 01579 362293**

Shires Show jacket. Black with purple Collar. Only been worn a couple of times. Ex. Con. £25.

01579 343992 or 07810 178802

Homedics Back Massager. Full lumbar or Lower Lumber only options. Plus variable intensity. Fits any armchair. Can be seen working. Only used twice. Great Xmas present. **£50 ono**.

07973 510693 St Ive.

WANTED to buy, a small piece of non-development, flat, accessible **land** within 5 miles of St Ive. Any type of land considered.

Tel 01579 - 384658.

Little Tikes **Wendy House** -a bit faded with the weather but perfectly sound **£25**. Proline **fridge/freezer** in good condition, 4 years old. **£50**.

Tel. 01579 363609.

Please let us know when your item has sold.

Call 01579 363096 or email parishpump@btconnect.com or leave a note at Millennium House reception.

THANK YOU

What's on in St Ive Parish ?			
WHAT'S ON	WHEN	CONTACT DETAILS	
MILLENNIUM HOUSE			
Aikido	Thursday 7:00pm		
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00		
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)	
Book Exchange	Daily	01579 363096	
Breath of Air	Monday 1.00pm - 3.00pm	01579 345989 Pauline	
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham	
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)	
Ladies Netball	Friday 09:15 - 10:15am	07985 387472	
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096	
Short Mat Bowls	Thursday 7:00pm	01579 208528	
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)	
Wildlife Group	Quarterly	01579 362539 (Hilary)	
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)	
Yoga	Wednesday 7:00pm	01579 344464	
Zumba Fitness Classes	Wednesday 7:00 - 8:00pm	01579 363096 (Millennium House)	
PENSILVA VILLAGE HALL			
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver	
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner	
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond	
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly	
MIMS (light exercise)	Friday 1.00 - 3.00pm	01579 343702 (Mike)	
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond	
Rangers	For Info	01579 362982 Kirsty Oliver	
PENSILVA PRE-SCHOOL			
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)	
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)	

What's on in St Ive?

ST IVE INSTITUTE			
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)	
Coffee Morning	Wednesday 10:30 - 12:00		
Gardening Club	1st Monday monthly 7:30pm	01579 382762	
Post Office	Wednesday 10:30 - 11:30		
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum	

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month



ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Monday 3rd July A visit to Melyn Gy, Halton Quay, PL12 6SL

Assemble in St Ive car park to leave at 7.00pm

Saturday 5th Aug A visit to Lower Charaton Cottage, Charaton Cross,

Pensilva PL14 5RQ. Meet St Ive car park leave at 1.40pm

Saturday 2nd Sep St Ive Village Show with classes for your fruit,

vegetables, flowers, cookery and handwork



Visitors and new members are always welcome to join us.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on 01579 362216.

We look forward to meeting you.

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

MILLENNIUM HOUSE

THE MEL

Licensed Bar Free House

Opening Hours

Mon - Thu - 5 pm to 11 pm Fridays - 3 pm to 11 pm Saturday - 12 noon to 11 pm Sunday - 12 noon to 11 pm

Millennium House 01579 363096

