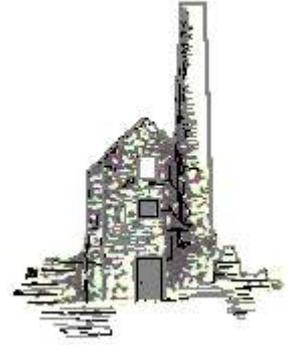


THE PARISH PUMP



June 2017
Edition 427



The Newsletter for the Parish of St Ives



Our new parish council
gets down to business

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Peter Haimes (chair)	01579 362459	Ruth Wilson (vice chair)	01579 363684
James Bruce	01579 362983	Marlene Carr	01579 362919
Pam Carter	01579 362640	Martin Corney	01579 382450
Angie Haimes	01579 362459	Rosemary Farley	01579 384810
Tony Hodson	07973 536964	Nigel Libby	07968 891814
Alan Moss	01579 362064	Kath Parkes	01579 362005
Ivor Vaughan	07979 934604		

Sharon Daw (Cornwall Councillor)

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting

Monday 12th June 2017 at 7:30pm at Pensilva



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Neighbourhood Office 01579 325454 at any time

Your Community Support Officer is PCSO 30271 Linda Phillips.

Contact: linda.phillips@devonandcornwall.pnn.police.uk.

Phone for a chat on 07703 885654. Leave a message & I'll call back when on duty

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down
at the Mel Bar, Millennium House



sky SPORTS

From the Editor

The elections for Cornwall Council and Parish Council are over. I have included a brief report on the facing page. Fortunately, we now have fixed-term Parliaments, otherwise we could be facing another Westminster General Election at any time. Umm... wait a minute... ?

Oh yes, we're back at the polls again on June 8th!

After last month's cover story, some of you may be wondering how Pensilva FC got on in the Evely Cup game. Whisper it quietly, they lost 1-0. A disappointing way to end the season.

I would like to conclude with a big thank you to the team of volunteers who deliver the Parish Pump every month. They do a great job. Not just them, it's all too easy to take for granted all of the voluntary work that goes on in our communities. So, if you are one of those people who give their time free of charge to help others, give yourself a big pat on the back. And thanks!

All the best! Joe

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Cafe - Closed until further notice

Bar

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

If no-one is available please leave a message in our **letter box** at the front of the building or on our answer phone by calling **01579 363096**.

Cornwall Council and St Ive Parish Council Elections

We have a new Cornwall Councillor for Lynher Division (which includes our parish, as well as South Hill and Linkinhorne parishes). Conservative candidate Sharon Daw was elected, as follows:

Lynher - results					
Election Candidate	Party	Votes	%		
■ Sharon Daw	Conservative	614	39%	Elected	
■ <u>Stephanie McWilliam</u>	UK Independence Party	361	23%	Not elected	
■ Ruth Wilson	Labour	233	15%	Not elected	
■ Christine Joy Hordley	Liberal Democrat	224	14%	Not elected	
■ Martin Corney	Green Party	142	9%	Not elected	

There is a brief message from outgoing councillor Steph McWilliam later in this edition. She has worked very hard for us all during her time in office and we are grateful to her.

The St Ive Parish elections saw the Platform for Change group sweep the board, winning all three seats in St Ive ward and all ten seats in Pensilva ward. Congratulations to them all and good luck! It was good to have a contested parish election for the first time in a long time and it will be interesting to see how the Platform for Change group delivers on its promise to “do things differently”. The names and telephone numbers of the newly elected councillors are listed on page two.

At the Council’s AGM on May 15th, Peter Haines was elected chair and Ruth Wilson vice-chair. They will preside over an interesting mix of experienced and first-time councillors. The promised drop-in sessions are due to start on Sunday June 25th (coinciding with the Antiques and Collectors Fair) and will be held in one of the upstairs rooms in Millennium House. Parishioners can drop in and raise any concerns on parish matters directly with councillors.

The post-election party on May 5th was a bit subdued as the results of the elections were not made known until the following day! Apparently there was a problem with the Cornwall Council computer. New Cornwall Councillor Sharon Daw dropped in to say hello, which was unexpected.

Joe Bicarregui

PENSILVA W.I. REPORT:

May's meeting saw the 69th birthday of our village W.I. and members were treated to delicious cupcakes, baked by member, Cherry Woodhouse, after all the business was completed.

President, Frances Tucker, opened the meeting, welcoming a new member and one guest, before mentioning the numerous activities members have recently enjoyed and those to come in the next few weeks.

Two Resolutions were voted on, the results of which will be taken by our delegate to National's Annual Meeting in Liverpool in June. Vi Gold reported on County's Spring Countdown in Truro, that she and Verna Dawe attended in April.

'The History of Jewelry' was Pam Kempster, our guest speaker's subject and she chose to tell us mainly about beads, presenting many types for us to 'inspect'. Her vast knowledge gave a most interesting insight to the variety of ways beads have been crafted throughout the ages by different cultures and the amazing prices some of the most ordinary appearing ones now sell for.

One birthday this month – Jenny Thomas.

Competition results for prettiest earrings were: 1st Jill Pascoe 2nd Mavis Philp, 3rd Verna Dawe

Flower of the month: 1st Frances Tucker, 2nd Janet Butcher 3rd Cherry Woodhouse

Next meeting: Wednesday, 14th June at 7.15pm in Millennium House with a talk on the Olympic Games by Margaret & Tony Ward. Visitors always welcome.

The Annual General Meeting of
PENSILVA HEALTH AND FITNESS ASSOCIATION LTD

also known as *All Being Well*

will be held on Thursday, June 1st, 2017 at 7:30pm in
Millennium House, Pensilva.

⁶ The agenda is on display in the gym. All members are encouraged to attend. Members of the general public welcome.

VOLUNTEERING OPPORTUNITIES we have volunteering opportunities for people of all abilities and fitness levels twice a week. These are on a Weds from 10 a.m. to 2.30pm and a Thursday from 12 to 3pm. Lunch is provided. Our volunteers find that they enjoy the fresh air and exercise, the great company and getting hands-on with growing the vegetables. This is such a busy time of year for growers and we're Trying Not to Panic! We always do catch up with ourselves eventually.

CROPS AND PLANTING the much needed rain brought out the slugs, who ate all of our French and runner beans. I wasn't happy!! We shall replant with seed and hope that they catch up, otherwise our customers won't forgive us. We've planted out hundreds of onion and leek seedlings and are about to start planting garlic. This is brassica week, but they can't go in until the nets are up to protect against caterpillars. The rain and sun combination has made everything very lush: I've got my money on a bumper crop of new potatoes this year.

In the tunnels, the courgettes, tomatoes, chillies, peppers, aubergines and beans have replaced the winter crops and are beginning to gallop away just as you'd hope. Good times are coming!! We harvested a fantastic crop of garlic that overwintered in the tunnels and we'll use some of that to make our summer planting.

OUR VEG BOXES our radishes, salad leaves, garlic, peas and broad beans have been delicious and are now coming to an end. We will dig our first new potatoes from the tunnel this week for our lucky customers. The boxes will include much more of our own summer produce as the weeks go by.

To enjoy fabulous fresh local fruit and veg, delivered to your door every Wednesday afternoon, order your mixed veg box now. Prices: £7.50 for 1/2 people, £10 for 3/4 people, £15 family box, & the very popular £5 fruit bag.

OUR VEG STALL I can see many of you are still enjoying having your very own organic veg stall on your doorstep. I certainly enjoy trying to anticipate what will sell well and making sure there's plenty of variety each week. Please put your cash in the post-box on the gate.

COMMUNITY COMPOST SCHEME We welcome your lawn clippings, used rabbit bedding, cuttings, etc at our compost bins by the gate. If you use weed-killer on your lawn, please dispose of your clippings through the Council scheme.

The Growing Project CIC is a Community Interest Company producing organic fruit and vegetables. We have opened the growing space at Kenwyn, Higher Rd to the community and welcome volunteers for all sorts of jobs. Contact Ruth Wilson 01579 363684/ 07853 244934 thegrowingproject@orangehome.co.uk
www.thegrowingproject.org.uk

From outgoing Cornwall Councillor Steph McWilliam

Thank you

I'm sure space in the newsletters will be at a premium this month, with new Parish Councils being established, so I will keep this short. However, I did want to say thank you to the people of the Lynher Division for your support, help and cooperation during my time as your Cornwall Councillor. It has been an honour and a privilege to serve you. Congratulations to Cllr Sharon Daw on her success in the election and I'm sure you will give her the same support you have given me. I remain proud to call this special part of Cornwall home and to be part of this wonderful community.

Thank you again.



QUETHIOCK CofE SCHOOL
Quethiock, Liskeard PL14 3SQ
Telephone 01579 343588
Lead Practitioner – Annie Lapham
alapham@stbarnabasmat.com



*We aim 'To bring the world to our children
which will prepare them to go out into the world'*

The children of Swan class have had a really active month, each day they jog/walk a mile and they have enjoyed weekly tennis coaching from Arena Sports. Swallow class have been exploring their topic "What a wonderful world" and have grown their very own magic bean stalks. On Wednesday 17th May the children celebrated Norway's National Day. A kind parent brought the children waffles with brown cheese, a traditional celebratory dish which everyone enjoyed.

The school in conjunction with our caterers Chartwells would like to invite parents and members of the local community to join the children for lunch in our hall on Friday 16th June, 12pm prompt. A two-course meal will be on offer at a highly-subsidised cost of £1.20 per person. Bookings required by the Thursday Morning before, please telephone Helen on 01579 343588 to book.

An evening with Johnny Cowling - Thanks

The Johnny Cowling evening on May 12th raised £2,600 for the Little Harbour Children's Hospice, also £245 for the Pulmonary Hypertension heart disease charity, for research as the disease is so rare. Adam's Adventures Funds also received £250 from the auction. Many, many thanks to all those who came and helped and donated gifts. Pat Mitchell.



Matthew Jones & Shadow would like to thank all who kindly donated to Children's Hospice Little Harbour.

Matthew walked to minions and back to raise £360.00. A special thanks to all at Pensilva Stores who helped with the sponsor form. WELL DONE !!

Pensilva School

This term our topic across the school is Space. In Loveny Class (years 1 & 2) we have been learning about Neil Armstrong being the first man to walk on the moon and we have been finding out about Tim Peake's more recent mission into space. This has led the children on to using the iPads to research some different questions they had about being an astronaut, including how they eat and drink in space.

In class, we are doing a mini project called 'Our Imaginary World'. The children have been working in pairs to come up with their own world. We have watched some videos showing some aliens coming to Earth and some imaginary planets with mysterious creatures to help inspire them. They started by jotting down and drawing some ideas then moved onto drawing their planets and the creatures that might live on it. They have also made Top Trump cards! Following this they have begun to make papier maché planets ready to paint and make their own. This will all be on display in our class.

We have also been writing some space poems about the stars and the night. Here is Paige's poem.

*When I look up to the sky
I see a million stars
Floating way up high
In the sky sparkly and shimmery
Stars way up high floating above the trees
Wonderfully high with lots of gas stars zooming around.*

This is Bethany's poem.

*The stars are golden and silver when the sun is setting
When it is dark the moon is shiny near the stars
When I was in bed and I looked out of my window
There was the shiny planet Saturn.*

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for April

1st No. 96 Mrs C Wilding	2nd No. 160 Mrs Jess Gilbert	3rd No. 196 Mrs J Coombes
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Thank you for your support

Callington Singers raise the roof and a goodly sum for Callington Heritage Centre.

A recent singing workshop at Callington St. Mary's Church has raised the sum of £700 for the Callington Heritage Centre.

On Saturday 29th April the Callington Singers offered the opportunity to spend a day learning and performing some of the Greatest Hits of Choral music, including works by Handel, Mozart, Haydn, Vaughan Williams and many others.

The choir were joined by a large group of local singers from as far afield as Bude, Barnstaple and Newquay. The final concert in the early evening was performed by 83 singers who filled the church with beautiful music.

The organisers were delighted to receive many comments of appreciation from participants and audience, with requests that another workshop should be undertaken next year.

The workshop was made possible by Councillor Andrew Long, whose Community Chest grant from Cornwall Council paid towards the cost of holding the event.

The total of £700 profits from the workshop are being donated to Callington Heritage Centre to aid the purchase of a large plasma screen to display the extensive photographic collection.

The Callington Singers always welcome new singers, the choir rehearse at Callington Primary School at 7:30pm on Thursday evenings. All abilities are welcome, there are no auditions and the ability to read music is not a requirement.

If you want to know more about the choir, please visit our Facebook page, or our website: www.callingtonsingers.org.



Pensilva Carnival Week, 9th – 15th July 2017

Events for the week so far ...

Sunday 9 th July	Car Treasure Hunt (organised by Pre-school)
Monday 10 th July	Quiz night (organised by ABW)
Tuesday 11 th July	Film night (organised by PSA)
Thursday 13 th July	Bingo (organised by BHF)
Friday 14 th July	Donkey Derby (organised by Football Club)
Saturday 15 th July	Carnival Day !!

More information to follow in next month's pump.

Timetable for Carnival Day - 15th July

Afternoon

12:00-12:30	Fancy Dress Registration
12:30	Official Opening
1.00	Parade Sets Off
1:30	Dog Show
2:00	Baby Show
2:30	Tavistock Twirlers
3:15	Liskeard Silver Band
3:45	Raffle Draw
4:15	It's a Knockout

Evening

7:00 till late	Disco in Millennium House
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Pensilva Carnival

Working Group

This year's Carnival week will run from Sunday July 9th to Saturday July 15th. We are asking for volunteers to come forward to help organise events during the week and for Carnival Saturday.

Any community groups interested in putting on events during the week, please contact Karen on 362196.

Date of our next meeting: Thursday 15th June @ 8:00pm in Millennium House. Please come along.



MILLENNIUM HOUSE
EVENTS GROUP

Pensilva Carnival **Scarecrow Competition Entry Form**

Name:

Address:

Postcode:

Contact telephone number:



Please return entry forms to Pensilva Stores by the 30th June 2017

Scarecrows must be on display from Sunday 9th July until the end of Carnival Day.

Judging will take place during week commencing Monday 10th July 2017 and winning entries will be announced on Carnival Day.

The Judge's decision will be final.

Ruth and Colleen's Monthly

BINGO

At Millennium House

on Tuesday 6th June

Eyes down at 7:30pm

Over 18's only

£££ CASH PRIZES £££



Upcoming Quizzes in Millennium House

Next Quiz

Monday July 10th 2017 at 7:30pm

(carnival week)

Organised by and raising funds for

All Being Well

Folk Music Session

Looking for anyone interested in supporting a folk music session in Pensilva, Millenium Centre. Initially considering running as a 'sing-around' where anyone is welcome to perform and anything goes. Any level of performance welcome and also keen to include anyone who just wants to listen. Please contact me for further details and to express an interest. Steve

M: 07410 447818 H: 01579 363330 steve@stevesutton.plus.com



- Locally produced quality arts and crafts on sale
- Stands from The Felted Sheep, Loveny Willow, Cornish Pebbles, Clarabelle Crafts, Caradon Country Seat, Lily Burl and more
- Wicca Work demonstrating working with Rush
- Visit Cartwheels shop for all your patchwork and quilting supplies as well as cushions, bags, wall hangings and gifts.
- Refreshments, disabled access and facilities with ample free off road parking.

Penhawger Farm, Merrymeet, Liskeard, PL143LW

Tel: 01579 343675/340026 or visit

www.cartwheelscraftcentre.co.uk

Liskeard Show

Saturday 8th July 2017

THE SHOWGROUND, MERRYMEET

Classes for:

**Cookery, Handicraft, Flower Arranging,
Vegetables & Photography**

Schedules and details from:

Mrs Jackie Martin, Tregartha, Liskeard, PL14 3NL

Tel: 01579 347562

or download at www.liskeardshow.org

Entries Close 16th June

Registered Charity No. 1170999



CALLINGTON SINGERS SUMMER CONCERT

**ST. ANDREW'S CHURCH
BERE FERRERS**

15TH JULY 2017 AT 7:30 PM

ADMISSION: £7.50 ON THE DOOR

(CONTACT US VIA OUR WEBSITE TO RESERVE TICKETS)

PROGRAMME TO INCLUDE WORKS BY MOZART, SALIERI & HAYDN

MUSICAL DIRECTOR: GRAHAM WILLIAMS

ACCOMPANIST: MARK SMITH

WWW.CALLINGTONSINGERS.ORG



@CALLSINGERS

The 40th St Ive Village Show
Saturday 2nd September 2017

opens at 2.30pm in the village hall

Entries open to all

**Adult classes for Flower Arranging, Cookery, Vegetables,
Cut flowers, Houseplants, Handicrafts, Photography, Art
and Young people's classes (up to 16yrs)**

Entries to be submitted between 6 pm and 8.30pm on Thursday
31st August, or in advance

Schedules available

by email from Sally at sales@keasonplantservices.com

or from Doreen (383054) or Veronica (382762)

St Ive and District Gardening Association

**PENSILVA WOMEN'S INSTITUTE HORTICULTURAL SHOW
TO BE HELD AT MILLENNIUM HOUSE
ON SATURDAY 9TH SEPTEMBER 2017**

To be opened at 2.15pm by JOE BICARREGUI.

ENTRIES OPEN TO ALL.

Schedules from Jill Pascoe, any W.I member or from Millennium House.

Photography:

- 1 My favourite view.
2. A Telephone Box.
3. Water in any form.
4. An Animal close up.
5. Own choice.
6. A digitally enhanced photograph of one of the above classes.

Junior class: (under 15 years of age.)

1. Transport.
2. A family scene.
3. Own choice.

Handicraft:

1. Knitted or Crocheted item.
2. Item of needlework.
3. Painting (any medium)
4. Sugarcraft or porcelain.
5. Any other handicraft not included in the above classes.
6. Something new from something old.

Pensilva Memory Café

Are you caring for someone with Dementia, or do you perhaps have concerns about your own memory? It can be lonely and worrying but you're not on your own. Many people around you are in the same boat. You don't have to feel isolated. More people than ever are becoming dementia aware, and most organisations need, and want, to be dementia friendly.

You may have seen posters for Memory Cafes and wondered what they are about. They are a great place for people with dementia and memory problems to socialise in an informal and friendly atmosphere. Memory Cafes are held in Liskeard, Callington, Launceston, Downterry, Looe, and many more places in the South West. Most are held monthly, some are more frequent.

Pensilva has its own Memory Cafe. It is a small friendly group who meet once a month for tea and cake and a bit of relaxing fun. We might have some music, a simple game or quiz, and a bit of reminiscing. You can join in if you want to, but nothing is compulsory. We hope you will just relax and not worry about anything for a couple of hours. There is no charge but we do appreciate a donation in the region of £1 each towards expenses.

It might be worth coming along to join us just to see what goes on. You might find it beneficial to yourself, or your partner, or a parent, or friend. You might even enjoy it. Why not give it a try? You'd be most welcome. There's nothing to lose.

We meet on the fourth Thursday of each month from 2pm - 4pm. We'd love to see you at St John's Church, next to the Millennium Centre, PL14 5NF.

For more information contact Carolyn or Pat - 01579 363461 or 01579 362698
email carolynandgeoff@gmail.com or patdilworth@hotmail.co.uk

If you are a carer of anyone, of any age or condition (not just dementia), you will benefit enormously from the help of Kernow Carers Service. Freephone 0800 587 8191. Leaflets are available at the cafe.

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House
10-2 every Monday.

Please come & see us or phone Pam on
01579 363441.

St Ive Church Produce Market

Every 1st Friday 10:30 to 1:30pm

Homemade Cakes Fresh Vegetables

Jams Pickles Local made Pasties

Bric-a-brac and much more - also

Home Reared Traditional Meat

Pork, Beef, Chicken, Dry Cured Bacon, Sausages from

Trehill Farm Produce

Cooked Lunch available from 11:30 only £4.50



SEW, KNIT AND NATTER.

WHY NOT JOIN US ON

THE LAST TUESDAY OF EACH MONTH

for sewing, knitting or just for a chat and a cup of tea or coffee and cake.

We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

DISCOUNT FOODS CORNWALL

Opening on 10th April
in Liskeard Pannier Market (next to Post Office)

Selling branded
short dated
food and drink at

**KNOCKDOWN
PRICES**



Follow us on Facebook for
the latest stock and prices



Community Lunch

First Sunday of every month 12pm for 12.30pm
3 Course Lunch with Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

At Millennium House, Pensilva

Bookings required:

Call Graham or

Charmayne

on 01579 363096



Pensioners Lunch

2 Course Meal plus Tea or Coffee
Only £5.50

Every Tuesday here at Millennium House

**Speak to our reception or
telephone Graham on 01579 363096**



**So why not join us for Good
Food and Good Company, all
on the day you collect your
pension?**

Cornwall Good Neighbours Service

Could you be a Friend?
Or do you need Befriending?

Doing the small things that make a big difference



Many older people in Cornwall can have their lives changed through contact with befriending schemes. Loneliness and isolation are common among older people living alone.

Volunteers provide a range of services to people who require additional support to remain independent and active in their community. Anyone can become a volunteer and make an incredible difference to someone else's life. Even an hour a week will make a difference.

Services provided by volunteers include:

- Home visits, sharing a cup of tea and a good conversation
- Reading to those who are visually impaired
- Assisting with correspondence
- Accompany people on short walks
- Play a game of cards or scrabble for example
- Accompany clients on shopping trips or shopping on their behalf

There is no specialised requirement for volunteers, you just need to;

- Possess a willingness and desire to help
- Be committed to providing reliable, consistent support
- Identify how much time you are able to comfortably give
- Identify the kind of service you would like to offer
- Enjoy sharing your time with others and meeting new people

The benefits to both volunteers and older people are numerous and rewarding;

- You meet new people
- People retain their independence and self-esteem
- Real difference to the life of someone else
- Volunteers experience a feeling of contributing to an invaluable service and of making a real difference to the life of someone else
- You learn new things about others and the area in which you live

Could you be a member of this fantastic team and help to improve someone's quality of life? If you would like more information, please contact:

Carol Jane, Service Manager

Tel : 07771 345337

ROYAL
VOLUNTARY
SERVICE

Together for older people



All Being Well

Your local, friendly gym.

Seventeen years working in our local community to improve health, fitness and well being.

Give us a call on **01579 363890**

or drop in to see us at

Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri 10.00 to 3.00

and 5.00 to 9.00

Tues/Thur 9.00 to 1.00

Saturday 10.00 to 1.00

Badminton?

Come and join our relaxed and friendly group at Pensilva

Millennium House

Mon & Tue 7.30 - 9.30pm

Friday 8.00 - 10.00pm

For further info phone

Nigel or Carol on

01579 363594 or

07885 798370

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeserve.co.uk**.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Alternate Wed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club



Tamar Valley Health
Patient Participation Group



HAVE YOU COMPLETED A FORM FOR ACCESS TO ONLINE SERVICES?

Our Patient Online Services is now taking requests for access to online services.

From Saturday 1st July, the way in which prescriptions are ordered online is changing to a much improved system, called 'Systmonline'.

To use this new service, you will need to register for 'online services' with the surgery.

Once your application has been processed you will be provided with a User Name and Password by the Practice.

The new system will also allow you to book routine appointments with your named GP and see, with permission, part of your medical record.

To register for online services, you will need to attend your usual Health Centre **in person**, with the form together with photo identification. If you do not have photo ID, or are unable to attend in person, please discuss alternative options available to you, with a member of staff).

The form can be downloaded from the Tamar Valley Health website www.tamarvalleyhealth.org.uk or ask at reception for a copy.

While the new online system is settling in, we would be grateful if you would use the notes section to remind us if you have any special requirements such as extra medication for holiday, medication to be delivered, etc.

If you are unable or do not wish to register for 'Online Services' you will still be able to telephone for an appointment or take your prescription in as usual.

Our website provides considerable information for patients so please take a look www.tamarvalleyhealth.org.uk

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ann Wood 01579 364085).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

**Meetings are held every third Thursday of each month at 11.30.a.m.
Meet in Millennium House car park.**

For any information please contact Jean Connor 01579 363221

PENSILVA HEALTH CENTRE - Baby Clinic

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Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

St Ive Church

Services at 11:15am Every Sunday

- June 4th Holy Communion
June 11th Family Service - *Small pets welcome.*
June 18th Holy Communion, Lunch follows this Service
June 25th Morning Worship

Other June Events

- Fri 2nd Home Produce and Bric-a-brac with Lunch 10:30-1:00pm
Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams
and much more. Farm-fresh meat from Trehill Farm Produce.
Sun 18th Lunch in Church 12:45pm All welcome. Only £7 for 2 courses.

Cream Teas Every Sunday through the summer 2:30 to 5pm

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Reverend Margot Davies **01579 208698** email margotaj@tiscali.co.uk

Church Wardens Brian Dwelly **01579 364010** email btdwelly@aol.com

Colin Catchpole **01579 383867** ccatchpole@hotmail.com

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Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.

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ST JOHN'S CHURCH, PENSILVA

Services for June 2017

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 4th	(9.30am 11 am	Anglican Benefice Eucharist at St Cleer) Rev. Mark Pengelly
Sunday 11th	11 am 5pm	Café Church Food 4 Thought at St John's Church
Sunday 18th	11 am	Anglican Holy Communion Service
Sunday 25th	11 am	Rev. Sue Hill

Café Style Church followed by coffee and chat, Thursday mornings, 10am, everyone welcome.

Afternoon Tea Friday 2nd June at 3pm. Bring and Buy. Everyone very welcome.

Launceston Male Voice Choir Concert. Saturday 17th June, 7:30pm at Pensilva School. Refreshments to follow.

Summer Fête and Barbecue Saturday 24th June, 2pm, at St John's Church.

Fellowship, Friday 2nd June at 7:30 Rev. Becca Ball and Friday 16th June. For further details contact Carolyn - 362698

Prayer Group: Friday 9th and Tuesday 23rd June. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698 or Frances Tucker - 363718

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).



Next visits:

June 9, July 7. Stops at:

The Victoria Inn, Pensilva at 10.25 to 10.45am;

Quethiock Church 11.00 to 11.20^{am}.

St Ive Methodist Chapel

Services for June 2017

- Sun 4th June** 11am Mr David Pett. 157th Chapel Anniversary and Gift Day
No evening service, but Callington Brotherhood Concert by Marazion Apollo Male Voice Choir at Callington Methodist Chapel. 7:30pm
- Sun 11th June** 11am Mrs Helen Pengelly
5pm United 'Food for Thought' at Pensilva
- Sun 18th June** 11am Rev Tom Osborne
No evening Service
- Sun 25th June** 11am Mrs Barbara Snowling
6pm United Service

"Village Churches Together" on Tuesday 6th June at 7:30pm at St Ive Methodist Chapel. Please ring Keith on 382334 for details. Everyone welcome.

The Chattermakers Craft Group will meet on Thursday 1st, 15th and 29th June in the Guild room from 7:30pm. Anyone wanting more details please contact Kathryn on 01579 382334. All welcome.

The Village Church Prayer meeting will be held in the Guild room on Wednesday 14th and 28th June from 7:30pm. All welcome.

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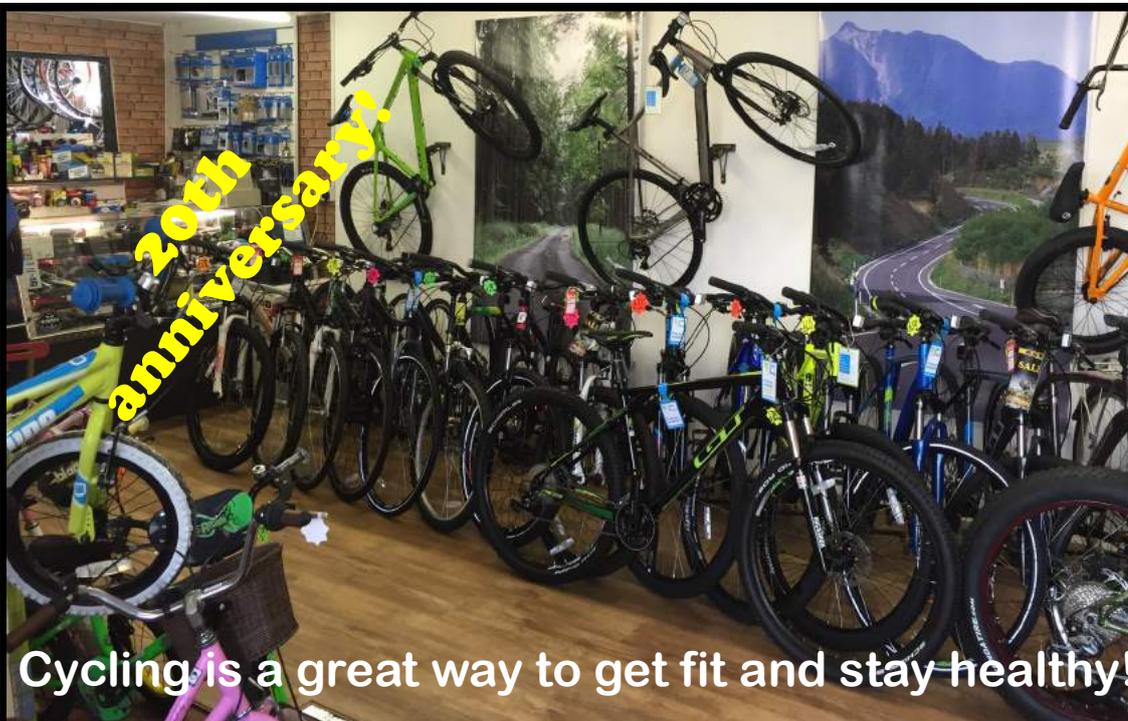
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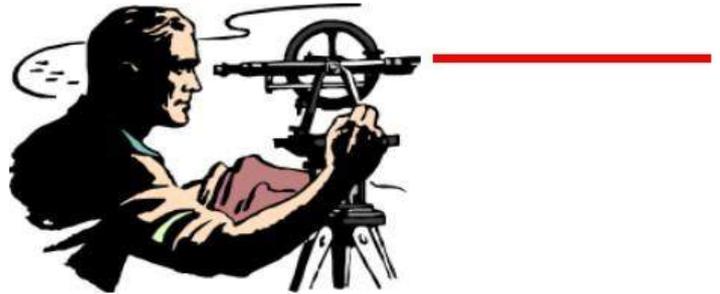
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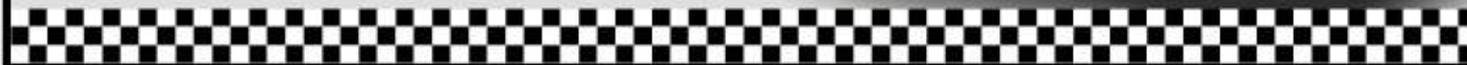
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Shower Chair only used for 7 months.
Was £87 new to sell for **£30**.

Bathroom cabinet with mirror in door.
New, never used. 20"W x 26"D **£20**.

01579 362306

Samsung 19" **TV**. Excellent condition.
Freeview. With stand. **£50**.

Round, wooden, **drop leaf table** in
excellent condition. **£20**

01579 362922

Artificial Christmas Tree (Green, 6' 6")
Lovely tree in good condition. **£10**. Buyer
collects. St Ive. **01579 383583**

17" TFT LCD flat **display monitor** with
separate 19" unpacked frameless LCD
eye protector. Both items for **£50.00 ono**.
Vintage Stationary Engine **Starting
Handle**, to fit over a $\frac{3}{4}$ " drive shaft. $4\frac{3}{4}$ "
long grip/handle, $5\frac{3}{4}$ " arm, $1\frac{1}{2}$ " insert, in
green. **£25.00**

Collector's item, Salter 9" dia, solid brass
faced hanging **scales**, made in England.
Will weigh up to 200 lb. **£25.00**
01579 384658

Dremel Moto Saw. As new condition
scroll saw/fret saw. Ideal for hobbyists.
Own, plastic carry case but is missing
vacuum cleaner adapter & instruction
booklet. Instructions available on line.
£50.00

James Ultra 7000 Ultrasonic **cleaner for
jewellery** and other items. Very good
condition. Instructions available on line.
£20.00

01579 362207 (Pensilva)

Vintage **display cabinet**, colour Tan. **£25**
Solar Tiffany 10 lamps 3 lampposts **£35**
Soda stream, just tested, unused. **£19**
Phone/text **07855 016596** Pensilva area

3 ft **Pine Bed** complete with fire-resistant
mattress. Excellent condition. Hardly
used. Buyer collects. **£30 ono**.
01579 362753

Brand new tyre. Goodyear 205/55R16 on
alloy wheel. Kept as spare tyre for Touran,
never used. Selling due to change of car.
Now **£20**. **01579 641431**. **St Ive**

Half Brogues black size 10. Cost £140
new; **now £50**.
Gents classic black **leather jacket** size
46. **£50**. **07789 861546**

White wooden double bed frame
'Avignon' range from house of home
£50 ono reason for sale - moving
White 3/4 size dishwasher, Bosch, good
working order **£50 ono**
07724 111132

Modern steel frame **single beds** (pair).
Aluminium effect. Complete with new
memory foam mattresses. **£50 each**.
01579 362293

Shires Show jacket. Black with purple
Collar. Only been worn a couple of times.
Ex. Con. **£25**.
01579 343992 or 07810 178802

Homedics Back Massager. Full lumbar or
Lower Lumbar only options. Plus variable
intensity. Fits any armchair. Can be seen
working. Only used twice. Great Xmas
present. **£50 ono**.
07973 510693 St Ive.

WANTED to buy, a small piece of non-
development, flat, accessible **land** within
5 miles of St Ive. Any type of land
considered.
Tel 01579 - 384658.

Little Tikes **Wendy House** -a bit faded
with the weather but perfectly sound **£25**.
Proline **fridge/freezer** in good condition, 4
years old. **£50**.
Tel. 01579 363609.

Thick **Blue Slate Fireplace Hearth Stone**
28" x 28" x $1\frac{1}{2}$ ". **£50**. No offers.
01579 384658

EV7000 ELITE **Treadmill**, no incline,
mains operated. Only used a dozen
times. Very good condition. Buyer
collects please (St Ive). **£150**.
01579 382304.

Very large, Swiss, circular, **stainless
steel barbeque**. Little used. With $4\frac{1}{2}$ kg
charcoal. **£150**. **01579 363997**

What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Breath of Air	Monday 1.00pm - 3.00pm	01579 345989 Pauline
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	01579 208528
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579 344464
Zumba Fitness Classes	Wednesday 7:00 - 8:00pm	01579 363096 (Millennium House)
PENSILVA VILLAGE HALL		
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly
MIMS (light exercise)	Friday 1.00 - 3.00pm	01579 343702 (Mike)
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
PENSILVA PRE-SCHOOL		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)

What's on in St Ive ?

ST IVE INSTITUTE

Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month

ST IVE & DISTRICT GARDENING ASSOCIATION

Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Saturday 20th May Plant Sale in St Ive Village Hall. Doors open 1.30pm

Monday 5th June A visit to **East Down Barn**, Menhenoit, PL14 3QU
Assemble in St Ive car park to leave at 7.10pm

Saturday 24th June A visit to **Lethytep**, Penadlake, Lanreath, PL13 2PG
Assemble in St Ive car park to leave at **1.30pm**

Monday 3rd July A visit to **Melyn Gy**, Halton Quay, PL12 6SL
Assemble in St Ive car park to leave at 7.00pm

Visitors and new members are always welcome to join us.

ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216**.

We look forward to meeting you.

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday	-	9am to 1pm
Wednesday	-	9am to 12 noon
Friday	-	9am to 12 noon



MILLENNIUM HOUSE

THE MEL

**Licensed Bar
Free House**

Opening Hours

Mon - Thu	-	5 pm to 11 pm
Fridays	-	3 pm to 11 pm
Saturday	-	12 noon to 11 pm
Sunday	-	12 noon to 11 pm

Millennium House 01579 363096

