THE PARISH PUMP



May 2017 Edition 426



The Newsletter for the Parish of St Ive



Pensilva FC, winners of the East Cornwall Premier League SWAZ Teamwear Cup on April 15, 2017. Pensilva won 2-0 against Saltash United. They will now try to bring the Evely Cup to East Cornwall when they play St Ives at Helston on May 14th.

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

David Waddington (chair)	01579 362654
Martin Corney	01579 382450
Roger Bennison	01579 363967
Pam Carter	01579 362640
Alan Neal	01579 362478

Stephanie McWilliam (Cornwall Councillor) 01579 362037

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

N.B. The Parish AGM will be held at St Ive on Monday <u>15th May</u> 2017 at <u>7.00pm</u>, followed at 7:30pm by the regular monthly council meeting. This will be the first meeting of the new council following the parish elections.



T 101 Minicom 18001 101

Police Community Neighbourhood Office 01579 325454 at any time

Your Community Support Officer is PCSO 30271 Linda Phillips.

Contact: linda.phillips@devonandcornwall.pnn.police.uk.

Phone for a chat on 07703 885654. Leave a message & I'll call back when on duty To report a crime call 101 or go to www.devon-cornwall.police.uk In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down at the Mel Bar, Millennium House





From the Editor

Next time I do the Pump, in June, the list of parish councillors on page two will have thirteen names, instead of five. I'll have to redesign that page to make room! I wonder how long since the council had a full complement of councillors.

According to a Cornish Times article, we'll be one of just seven town or parish councils in SE Cornwall to have a contested election. Something to be proud of? Something to celebrate, anyway! Why not come along to the 'day after the election' bash at Millennium House on May 5th (see below). The Function Room has been booked, it's free entry, and everybody is welcome. Not a big do, just a chance for people to get together for a drink and to look forward to what ought to be a new era in our parish - at least in terms of its local politics. I hope to see you there.

All the best! Joe

A day-after-the-local-elections celebration!
All welcome - especially if you voted!
In the Function Room at Millennium House



Friday May 5th from 7:30pm Your last chance to have some fun before it all gets serious again!

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Cafe - Closed until further notice

Bar

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

If no-one is available please leave a message in our letter box at the front of the building or on our answer phone by calling 01579 363096.

Pensilva WI April Meeting

Pensilva W.I. met on Wednesday, 12th April. The meeting opened with our President welcoming and introducing the new members and visitors. The Secretary then went through the minutes of the last meeting and brought several important items to our notice.

Frances then introduced our guest speaker Catie who had come to talk to us about Buttermilk, a company producing artisan confectionery.

Buttermilk was started in Padstow by two ladies, Elsie and Betty, making confectionery to sell in their shop. Three generations later Tracey and David run the business and took over responsibility in 2010.

Buttermilk also have a shop in Port Isaac which will be recognised as the shop that becomes the Chemist Shop in the television series Doc Martin. Over the past few years the need to increase production has meant a move to a unit in Bodmin. However, nothing has changed in the method of making the confectionery. It is still made in giant copper pans over an open flame. The locally sourced ingredients are still hand mixed. Buttermilk make a range of fudge varieties, plus other artisan treats. Incidentally fudge is naturally gluten free. The company has won many awards and are constantly developing new flavours of fudge and other new items and tastes. They have recently developed a dairy-free fudge which is a big breakthrough. After a really interesting and informative talk we all enjoyed some rather delicious treats.

Competitions: Homemade fudge: 1) Amanda Smee 2) Julie Thorpe

3) Frances Tucker

Flower of the Month 1) Frances Tucker 2) Jean Hoare 3) Gill Pascoe

Next Meeting: Wednesday 10th May. The History of Jewellery. All welcome.

URGENTLY REQUIRED AT MILLENNIUM HOUSE PENSILVA

PART-TIME CLEANER

UP TO 14 HOURS PER WEEK
FLEXIBLE HOURS TO BE WORKED
FOR MORE DETAILS 01579 363096

CLOSING DATE: 12/05/2017



VOLUNTEERING OPPORTUNITIES. Having sessions twice a week is working really well for us. The fact that I have a broken ankle means that the work of our volunteers is even more important than ever. Those jobs, like opening, closing and watering the polytunnels every day, which are minor when you're mobile, are a major pain when you're not. Our volunteers have done a fantastic job of organising a rota and making sure our crops survive, given how sunny it's been. I can't say thank you enough.

CROPS AND PLANTING Nothing speaks of early summer more than fresh peas. This week saw our first bags appearing on the roadside stall and being snapped up before the day was out. Another 2 weeks and you'll see our own broad beans outside too: a very popular crop and a personal favourite of mine. Purple sprouting broccoli is finally slowing down after weeks of deliciousness. Garlic and onions are starting to bulb up and will be ready in June: 1st early potatoes are coming up and looking good: strawberries and apples are flowering. In terms of planting, the seeds for summer crops of sweetcorn, tomatoes, French and runner beans, courgettes, squash are all in trays. Aubergine, early tomatoes, peppers and chillies are hardening off in the tunnels and onions, leeks and all the brassicas outside the potting shed. We just hope they all survive the unseasonable late frosts predicted: it may be fleece time again. Fingers crossed.

OUR VEG BOXES this month will have a more summery feel, as the Spanish veg crisis seems to have resolved itself and we have our own salads, chard and radishes available. Some lucky customers will get peas this week: they truly are yummy.

To enjoy fabulous fresh local fruit and veg, delivered to your door every Wednesday afternoon, order your mixed veg box now. Prices are: £7.50 for 1 /2 people, £10 for 3/4 people, £15 family box and the very popular £5 fruit bag.

OUR VEG STALL The sales from our veg stall have risen sharply in the last month as more people discover the range and quality of our stock. Keep an eye open for fresh peas, broad beans and salad leaves this month. Also watch out for Free Wonky Veg and a 50p box for those items that might have lost their initial bloom but which will still taste good. Please put your cash in the post-box on the gate.

COMMUNITY COMPOST SCHEME We welcome your lawn clippings, used rabbit bedding, cuttings, etc at our compost bins by the gate. If you use weed-killer on your lawn, please dispose of your clippings through the Council scheme.

The Growing Project CIC is a Community Interest Company producing organic fruit and vegetables. We have opened the growing space at Kenwyn, Higher Rd to the community and welcome volunteers for all sorts of jobs. Contact Ruth Wilson 01579 363684/ 07853 244934 thegrowingproject@orangehome.co.uk www.thegrowingproject.org.uk

Report of Women's Institute Annual Group Social Evening

PENSILVA WI recently hosted the annual Group Social Evening. The 'Group' includes Liskeard, St. Neot and Menheniot.

Guest speaker, Helen Davey, projected photos onto the screen to illustrate a most interesting talk about her trip with eleven friends to Peru, walking the Inca Trail to Machu Picchu and, in doing so, raising £7,000 for charity.

The heat for walking, as well as the climb, was at times arduous. Altitude sickness, sometimes a problem, was treated by chewing coco leaves and drinking tea made with them, but scenery along the way was stunning and arriving at the pinnacle, Machu Picchu, made it more than worthwhile. Helen said it was absolutely amazing, but, she doesn't want to do it again!

Three competitions had been set by committee:

Cookery – a boiled fruit cake

Handicraft – a teddy bear, any medium

Floral – an arrangement in a tea cup

Before president, Frances Tucker, announced the winners, a generous 'bring & share' supper was savoured.

The winners were:

Cookery: 1st Kath Hamley, Liskeard, 2nd Jean Hoare, Pensilva, 3rd Ros Fedrick, Liskeard

Handicraft: 1st Jean Hoare, Pensilva, 2nd Frances Tucker, Pensilva, 3rd Jenny Thomas, Pensilva. Highly Commended, Margaret Lock, Liskeard.

Flower Arrangement: 1st Jean Hoare, Pensilva, 2nd Ros Fedrick, Liskeard, 3rd Kath Hamley, Liskeard. Highly Commended, Jenny Robinson, St. Neot.

And the Group Cup was won by PENSILVA.

PENSILVA VILLAGE HALL SNOOKER TEAM

The team has just completed the latest season in the Liskeard and District Snooker League. Having won promotion to the Premier Division last year, there was a decided jump in playing standards and the team took time to adapt. Winning the final two matches of the season lifted the team clear of the relegation places and secured another season in the top flight. Star performer of the season was Mike Dustan who won 15 matches out of 20, also winning his two frames when he represented the league in its annual match with the Plymouth and District League.

We are now planning for next season and could really do with some extra players. If you fancy some competitive snooker at a reasonable standard, on a regular or occasional basis, then give the team a call. Just being prepared to be on call as a reserve will be welcome.

Contact Phil Bond on 362091 or philbond147@gmail.com

Cover Story - ECPL Cup Final Pensilva 2-0 Saltash

Pensilva are a few places higher than Saltash in the league table but many were expecting an 'ashes' win due to their excellent recent form and their convincing win against 'the pens' earlier in the season. Pensilva had the better start and took a deserved lead in the 17th minute - a Steve Rendle cross caused uncertainty in the Saltash defence and Jack Podmore was quickest to react to head home into the roof of the net.

Pensilva could have increased their lead by half time: a Karl Gross goal was ruled offside, and only an excellent block prevented a Sam Rogers strike from finding the bottom corner of the goal.

The second half was a lot more even and Saltash had a couple of chances where they came close to equalising, especially when a free kick hit the woodwork and Pensilva keeper Richard Rendle pulled off an excellent save.

Pensilva got the 2nd goal in the 83rd minute when, after an excellent run down the left flank, Karl Gross pulled the ball back for Benn Mcilvaney to fire home from 12 yards out.

Saltash threw everything at Pensilva in the final stages but 'the pens' defence of Steve Rendle, Jimmy Miles, Dylan Peel, Jacob England & keeper Richard Rendle were in stubborn mood and kept their clean sheet.

Skipper Dylan Peel picked up the man of the match award for an excellent game in 'the pens' defence.

Annual Parish Meeting and May Parish Council Meeting

The Annual Parish Meeting, will be held on May 30th at 7pm in Millennium House, Pensilva. This public meeting gives parishioners an opportunity to see and hear the newly-elected team of councillors as it sets out its plans for the years ahead. Before that, please note that, due to the proximity of the Parish elections on May 4th, the regular May meeting of the council is postponed by a week to Monday, May 15th at 7.30pm. This meeting will be held at St Ive Institute and will be preceded by the Parish Council's AGM at 7.00pm.

FRIENDS OF PENSILVA HEALTH CENTRE

The ANNUAL GENERAL MEETING will be held on

Tuesday 16th May, 2017 at 2.p.m.

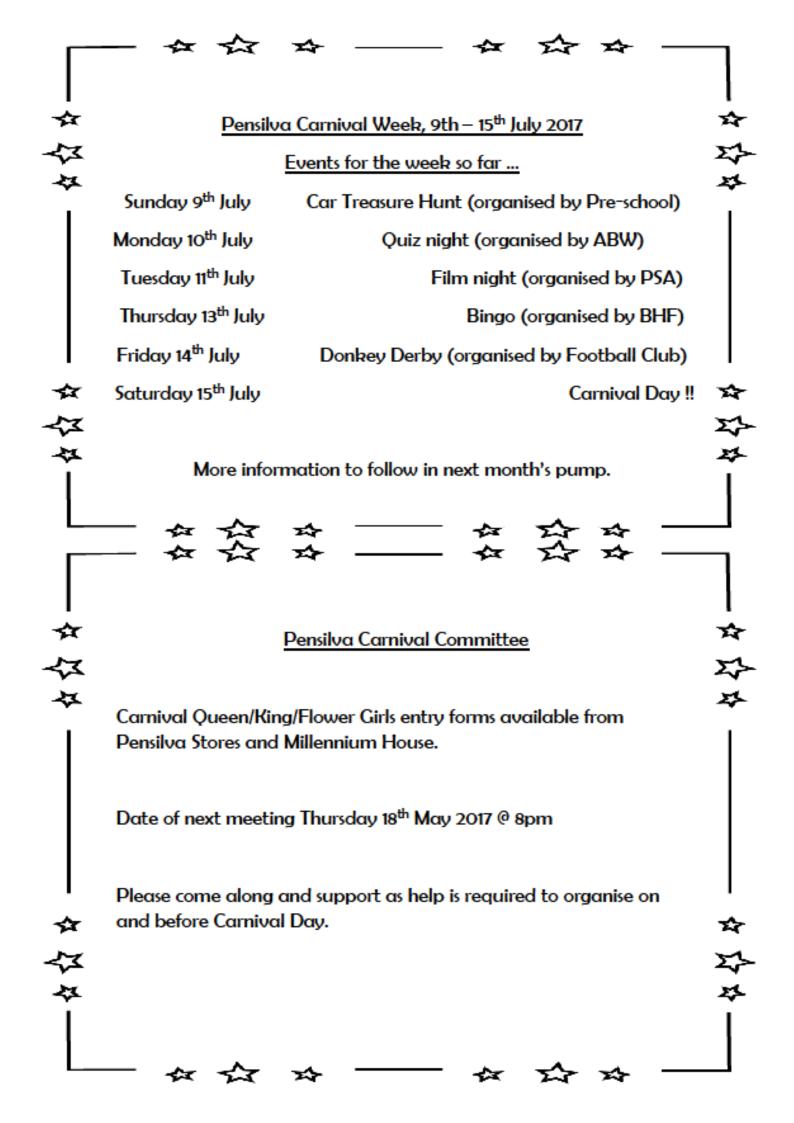
Millennium House, Pensilva
Everyone Welcome
Please help to support this vital facility

The Annual General Meeting of PENSILVA HEALTH AND FITNESS ASSOCIATION LTD

also known as All Being Well

will be held on Thursday, June 1st, 2017 at 7:30pm in Millennium House, Pensilva.

The agenda is on display in the gym. All members are encouraged to attend. Members of the general public welcome.



Pensilva Carnival Working Group

This year's Carnival week will run from Sunday July 9th to Saturday July 15th. We are asking for volunteers to come forward to help organise events during the week and for Carnival Saturday.



Any community groups interested in putting on events during the week, please contact Karen on 362196. Date of our next meeting: Thursday 18th May @ 8:00pm in Millennium House. Please come along.

Pensilva Carnival Scarecrow Competition Entry Form

Name:		
Address:		
Postcode:		
Contact telephone n	umber:	to the photography

Please return entry forms to Pensilva Stores by the 30th June 2017

Scarecrows must be on display from Sunday 9th July until the end of Carnival Day.

Judging will take place during week commencing Monday 10th July 2017 and winning entries will be announced on Carnival Day.

The judge's decision will be final.

Folk Music Session

Looking for anyone interested in supporting a folk music session in Pensilva, Millenium Centre. Initially considering running as a 'singaround' where anyone is welcome to perform and anything goes. Any level of performance welcome and also keen to include anyone who just wants to listen. Please contact me for further details and to express an interest. Steve

M: 07410 447818 H: 01579 363330 steve@stevesutton.plus.com



Upcoming Quizzes in Millennium House

Next Quiz Saturday May 6th 2017 at 7:30pm Then Monday July 10th (carnival week) Organised by and raising funds for

All Being Well

Ruth and Colleen's Monthly

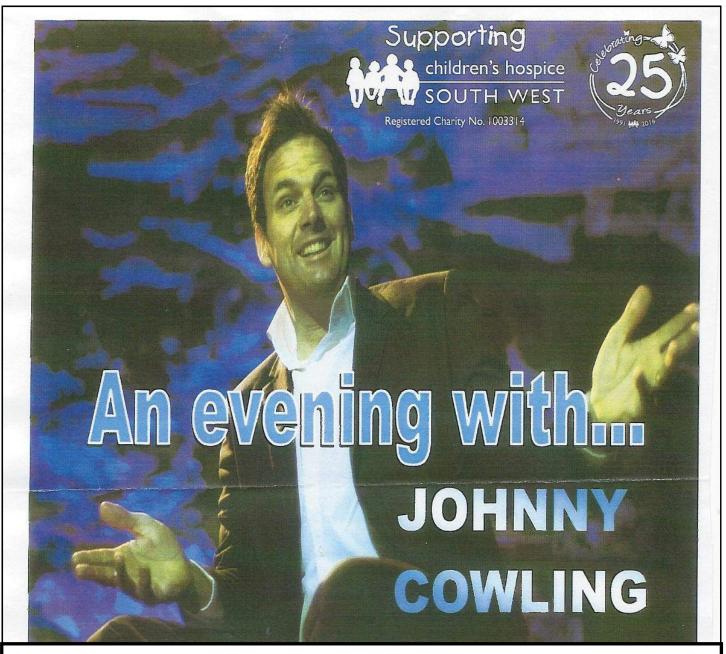


At Millennium House on Tuesday 9th May

Then on June 6th

Eyes down at 7:30pm Over 18's only

£££ CASH PRIZES £££



Eliot House, Liskeard Friday 12th May 2017 at 7.30pm

Ticket only event £12.50 including Pasty Supper

Contact Pat on 01579 362959

Village Churches Together.

What's next?

We are holding an event at St John's Church Pensilva on Saturday 20th May 11am - 3pm in conjunction with their Christian Aid week event. There will be a free indoor Treasure Hunt as previously mentioned loosely based on the TV programme "Treasure hunt"



Sorry we cannot promise you Aneka Rice, but we can promise you a fun time and a warm welcome. Refreshments will be available. There will be tins available for Christian Aid should you wish to donate.







Our next meeting will be Tuesday 9th May at St John's Pensilva 7.30pm

For further information please contact via email

Keith Mutton amutton620@btinternet.com

Or Ring 01579 382334



Pensilva Wednesday Club R.V.S.

Meet in Pensilva Village Hall at 2.30pm on alternate Wednesdays

ALL ADULTS WELCOME TO JOIN THE WEDNESDAY CLUB ALL WELCOME ON TRIPS

10 MAY	Fun day - Tombola - Cake stall - Tea and cakes
24 MAY	Wiltshire Farm Foods

Bacon Bap BBQ & Indoor Treasure Hunt

at St. John's Church, Pensilva
Saturday 21st May, 10am to 3pm
for Christian Aid.

FRIENDS OF PENSILVA HEALTH CENTRE

COFFEE MORNING - Bring and Buy - Cards - Raffle
FRIDAY MAY 26th at 10:00 a.m.
at TAORMINA, SCHOOL ROAD, PENSILVA (Next to the Cemetery)
Eat and drink as much as you like for just £2.50
EVERYONE WELCOME Help to support a vital facility
Queries - contact Jean 363221

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for March

1st No. 52	2nd No. 164	3rd No. 129
Mr K Richards	Mrs F Gilbert	Mrs K Hocking

Thank you for your support

GORFENNA COMMUNITY

An exciting new project is opening at the beginning of May designed specifically for people who are suffering from dementia or rural isolation.

This will be held at Gorfenna, St. Ive, near Liskeard. A Registered Care Farm for many years, Gorfenna has been operating since 2003 as a Day Centre for Adults with a Learning Disability, Mental Health issues, Acquired Brain Injury, Physical Disability, Autism and Aspergers. We have excellent facilities and can offer activities that are tailored to the individual or group preference and needs. Activities include working with animals (sheep, pigs, ponies and dogs), farm maintenance, general woodwork, small building projects, art and craft, cookery and upholstery. A very varied programme but can always involve some time spent outside. We have excellent buildings and workshops for activities during inclement weather.

Our programme is designed to meet the specific challenges faced by people from rural communities, to address rural isolation and to meet the needs of those with lifelong conditions who find it difficult to socialise and access the countryside or a work activity. We want to improve physical, psychological and emotional well-being. Activities and help will be pitched at a level that can be coped with and facilitated by people who understand dementia and rural isolation.

This month we are holding our **OPEN DAY** (details below) and we would be delighted if you came along to meet us and see what we have to offer. For more information please call us on 01579 384810 or email gorfennacommunity@gmail.com

GORFENNA COMMUNITY - OPEN DAY

On Thursday May 25, 2017 11am to 3pm
At Gorfenna, St Ive PL14 3LX
For information please call **01579 384810** or email
gorfennacommunity@gmail.com

The 40th St Ive Village Show Saturday 2nd September 2017

opens at 2.30pm in the village hall **Entries open to all**

Adult classes for Flower Arranging, Cookery, Vegetables, Cut flowers, Houseplants, Handicrafts, Photography, Art and Young people's classes (up to 16yrs)

Entries to be submitted between 6 pm and 8.30pm on Thursday 31st August, or in advance

Schedules available

by email from Sally at sales@keasonplantservices.com or from Doreen (383054) or Veronica (382762)

St Ive and District Gardening Association

PENSILVA WOMEN'S INSTITUTE HORTICULTURAL SHOW TO BE HELD AT MILLENNIUM HOUSE ON SATURDAY 9TH SEPTEMBER 2017 To be opened at 2.15pm by JOE BICARREGUI. ENTRIES OPEN TO ALL.

Schedules from Jill Pascoe, any W.I member or from Millennium House.

Photography:

1 My favourite view. 2. A Telephone Box. 3. Water in any form.

4. An Animal close up. 5. Own choice.

6. A digitally enhanced photograph of one of the above classes.

Junior class: (under 15 years of age.)

1. Transport.

2. A family scene.

3.Own choice.

Handicraft:

1. Knitted or Crocheted item.

Item of needlework.

3. Painting (any medium)

4. Sugarcraft or porcelain.

5. Any other handicraft not included in the above classes.

6. Something new from something old.

Pensilva Memory Café

Are you caring for someone with Dementia, or do you perhaps have concerns about your own memory? It can be lonely and worrying but you're not on your own. Many people around you are in the same boat. You don't have to feel isolated. More people than ever are becoming dementia aware, and most organisations need, and want, to be dementia friendly.

You may have seen posters for Memory Cafes and wondered what they are about. They are a great place for people with dementia and memory problems to socialise in an informal and friendly atmosphere. Memory Cafes are held in Liskeard, Callington, Launceston, Downderry, Looe, and many more places in the South West. Most are held monthly, some are more frequent.

Pensilva has its own Memory Cafe. It is a small friendly group who meet once a month for tea and cake and a bit of relaxing fun. We might have some music, a simple game or quiz, and a bit of reminiscing. You can join in if you want to, but nothing is compulsory. We hope you will just relax and not worry about anything for a couple of hours. There is no charge but we do appreciate a donation in the region of $\pounds 1$ each towards expenses.

It might be worth coming along to join us just to see what goes on. You might find it beneficial to yourself, or your partner, or a parent, or friend. You might even enjoy it. Why not give it a try? You'd be most welcome. There's nothing to lose.

We meet on the fourth Thursday of each month from 2pm - 4pm. We'd love to see you at St John's Church, next to the Millennium Centre, PL14 5NF.

For more information contact Carolyn or Pat - 01579 363461 or 01579 362698 email carolynandgeoff@gmail.com or patdilworth@hotmail.co.uk

If you are a carer of anyone, of any age or condition (not just dementia), you will benefit enormously from the help of Kernow Carers Service. Freephone 0800 587 8191. Leaflets are available at the cafe.

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House 10-2 every Monday.

Please come & see us or phone Pam on 01579 363441.

St Ive Church Produce Market

Every 1st Friday 10:30 to 1:30pm

Homemade Cakes Fresh Vegetables
Jams Pickles Local made Pasties
Bric-a-brac and much more - also

Home Reared Traditional Meat

Pork, Beef, Chicken, Dry Cured Bacon, Sausages from

Trehill Farm Produce

Cooked Lunch available from 11:30 only £4.50



SEW, KNIT AND NATTER.

WHY NOT JOIN US ON

THE LAST TUESDAY OF EACH MONTH

for sewing, knitting or just for a chat and a

cup of tea or coffee and cake.

We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.



Community Lunch

First Sunday of every month 12pm for 12.30pm 3 Course Lunch with Tea and Coffee

Adults £7.95p Children (*Under 12*) £4.95p

At Millennium House, Pensilva

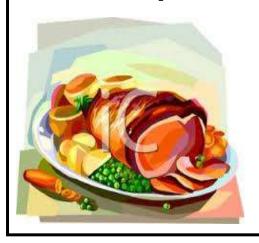


Bookings required: Call Graham or Charmayne on 01579 363096

Pensioners Lunch

2 Course Meal plus Tea or Coffee Only £5.50

Every Tuesday here at Millennium House Speak to our reception or telephone Graham on <u>01579 363096</u>



So why not join us for Good Food and Good Company, all on the day you collect your pension?

Badminton?

Come and join our relaxed and friendly group at Pensilva

Millennium House

Mon & Tue 7.30 - 9.30pm Friday 8.00 - 10.00pm

For further info phone Nigel or Carol on 01579 363594 or 07885 798370

All Being Well

Your local, friendly gym.

Seventeen years working in our local community to improve health, fitness and well being.

Give us a call on **01579 363890** or drop in to see us at Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri 10.00 to 3.00

and 5.00 to 9.00

Tues/Thur 9.00 to 1.00

Saturday 10.00 to 1.00

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: <u>not</u> necessarily the 3rd Friday of the month).



Next visits: May 12, June 9, July 7. Stops at the Victoria Inn, Pensilva at 10.25 to 10.45am and at Quethiock Church 11.00 to 11.20am.

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peter@pensilva.freeserve.co.uk.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall			
Meeting Times	Organisation	Contact Person	Telephone
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
AlternateWed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall		
Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travellling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ann Wood 01579 364085).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

Meetings are held every third Thursday of each month at 11.30.a.m. Meet in Millennium House car park.

For any information please contact Jean Connor 01579 363221

PENSILVA HEALTH CENTRE - Baby Clinic First Thursday of every month, from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly, professional advice.

For information call the health centre on

01579 362249

NHS REGISTERED



SUPPORTED BY LOCAL DOCTORS

Do you suffer with various long term health conditions?

Come along and join our small, friendly group. For company, light exercise and support.

We meet at Millennium House every Monday from 1.00pm - 3.00pm For more information contact us:

Pauline **01579 345989**

Jeanette **01579 363691**



The **co-operative**Community Fund



Struggling with Sight Loss?

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

St Ive Church

Services at 11:15am Every Sunday

May 7th Holy Communion

May 14th Family Service - Small pets welcome.

May 21st Holy Communion Lunch follows this Service

May 28th Morning Worship

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Other May Events

Fri 5th Home Produce and Bric-a-brac with Lunch 10:30-1:00pm

Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams

and much more. Farm-fresh meat from Trehill Farm Produce.

Sun 14th Cream Teas 2:30 to 5pm

Sun 21st Lunch in Church 12:45pm All welcome. Only £7 for 2 courses.

Sun 28th Baptism Reunion 3pm

Reunion of families and children who were baptised in St Ive Church

Reverend Margot Davies 01579 208698 email margotaj@tiscali.co.uk

<u>Church Wardens</u> Brian Dwelly **01579 364010** email btdwelly@aol.com

Colin Catchpole 01579 383867 ccatchpole@hotmail.com

Donations for Liskeard Food Bank can be left in the Church each day between 10am & 4pm

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.

D.J.A. BUILDING SERVICES

ALL ASPECTS OF PROPERTY MAINTENANCE BUILDING & REFURBISHMENT

- * Bespoke Furniture and Kitchens
 - * Wardrobes and Bookcases
- * Garden Sheds, Poultry Houses & Small Animal Shelters
 - * Over 30 years' experience
 - * Fully insured * References available
 - * Free estimates * No VAT

Call David on 01579 364050 / 07767662635

ST JOHN'S CHURCH, PENSILVA

Services for May 2017

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 7th (9.30am Anglican Benefice Eucharist at St Cleer)

11 am Mr David Wenmouth

Sunday 14th 11 am Christian Aid Sunday

Anglican Holy Communion Service

5pm Food 4 Thought at St Ive Methodist Chapel

Sunday 21st 11 am Café Church

Sunday 28th 11 am Rev. Sue Hill, Holy Communion

Christian Aid Week, 14th - 20th May. Envelopes are enclosed with the Pump and can be passed in at Pensilva Stores, St. John's Church, Mary Gilbert or Frances Tucker also Keith and Kathryn Mutton for St. Ive. The theme this year is Refugees

Christian Aid Bluebell Walk and Pasty Supper, Monday 15th May, 6.30pm at Penharget Cottage. Raffle and Bring and Buy, Everyone very welcome, phone Frances on 363718 if you require transport

Bacon Bap BBQ and static Treasure Hunt at St. John's, Saturday 21st May, 10am to 3pm for Christian Aid.

Canticorum Singing Group, a concert in St. John's on Friday 12th May at 7.30pm. Refreshments will follow.

Prayer Group: Friday 12th and Tuesday 26th April. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

Fellowship Group, 7:30pm at St. John's Church on Friday 7th with John Howard and 21st April with Patrick Clark. Further information from Geoff or Carolyn on 362698.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698 or Frances Tucker - 363718

St Ive Methodist Chapel

Services for May 2017

Sun 7th May 11am Local Arrangement Service. No evening service.

No evening service

Sun 14th May 11am Mrs Barbara Snowling

5pm United 'Food for Thought' at St Ive

Fri 21st May 11am Mrs Gillian Higgins

No evening Service

Sun 28th May 11am Rev Tom Osborne with Communion

6pm United Service

"Village Churches Together" on Tuesday 9th May at 7:30pm at St John's Curch, Pensilva. Please ring Keith on 382334 for details. Everyone welcome. See separate notice for "Treasure Hunt".

The Chattermakers Craft Group will meet on Thursday 11th and 25th May in the Guild room from 7:30pm. Anyone wanting more details please contact Kathryn on 01579 382334. All welcome.

The Village Church Prayer meeting will be held in the Guild room on Wednesday 10th and 24th May from 7:30pm. All welcome.

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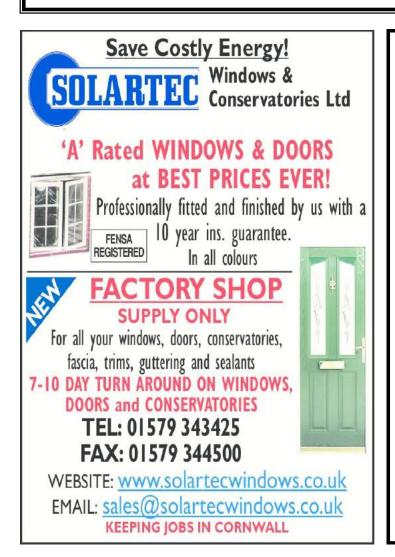


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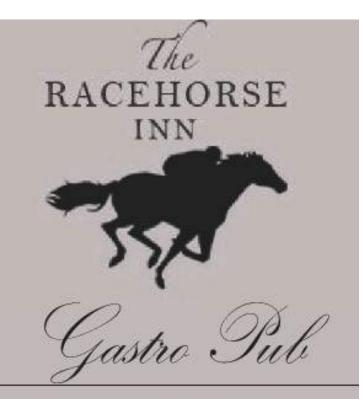












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Artificial Christmas Tree (Green, 6' 6") Lovely tree in good condition. £10. Buyer collects. St Ive. 01579 383583

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Shower Chair only used for 7 months. Was £87 new to sell for **£30**. **Bathroom cabinet** with mirror in door.

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Samsung GEAR VR. Got Dec 2016. Compatible with Note 5 / S6 Edge / S6 /S7 + S7 Edge. **£25 o.n.o. 01579 362066**

Mamas & Papas folding **travel cot**..Plum & Grey. As new, never used. **£25 07891 849603**

Caravan items for sale.

Wastemaster. £20
Aquaroll. £20
Single aluminium caravan step. £10
Towing mirrors (screw on). £20
Milenco Hitchlock £20
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01579 362334.

Samsung 19" **TV.** Excellent condition. Freeview. With stand. £50. Round, wooden, **drop leaf table** in excellent condition. £20 01579 362922

17" TFT LCD flat **display monitor** with separate 19" unpacked frameless LCD eye protector. Both items for **£50.00 ono**. Vintage Stationary Engine **Starting Handle**, to fit over a ¾" drive shaft. 4¾" long grip/handle, 5¾" arm, 1½" insert, in green. **£25.00**

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Handy small Impact <u>Garden Shredder</u> As new £40

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White wooden double bed frame 'Avignon' range from house of home **£50 ono** reason for sale - moving White 3/4 size dishwasher, Bosch, good working order £50 ono

07724 111132

Samsung computer monitor 21 inch. 4 months old. Analog. £45. 01579 362417

Half Brogues black size 10. Cost £140 new; now £50.

Gents classic black **leather jacket** size 46. £50. 07789 861546

Modern steel frame **single beds** (pair). Aluminium effect. Complete with new memory foam mattresses. **£50 each. 01579 362293**

Shires Show jacket. Black with purple Collar. Only been worn a couple of times. Ex. Con. £25.

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Little Tikes **Wendy House** -a bit faded with the weather but perfectly sound **£25**. Proline **fridge/freezer** in good condition, 4 years old. **£50**.

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EV7000 ELITE **Treadmill**, no incline, mains operated. Only used a dozen times. Very good condition. Buyer collects please (St Ive). £150.

01579 382304.

Very large, Swiss, circular, **stainless steel barbeque**. Little used. With 45kg charcoal. **£150. 01579 363997**

What's on in St Ive Parish ?			
WHAT'S ON	WHEN	CONTACT DETAILS	
MILLENNIUM HOUSE			
Aikido	Thursday 7:00pm		
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00		
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)	
Book Exchange	Daily	01579 363096	
Breath of Air	Monday 1.00pm - 3.00pm	01579 345989 Pauline	
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham	
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096	
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)	
Ladies Netball	Friday 09:15 - 10:15am	07985 387472	
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096	
Short Mat Bowls	Thursday 7:00pm	01579 208528	
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)	
Wildlife Group	Quarterly	01579 362539 (Hilary)	
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)	
Yoga	Wednesday 7:00pm	01579 344464	
Zumba Fitness Classes	Wednesday 7:00 - 8:00pm	01579 363096 (Millennium House)	
PENSILVA VILLAGE HALL			
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver	
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner	
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond	
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly	
MIMS (light exercise)	Friday 1.00 - 3.00pm	01579 343702 (Mike)	
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond	
Rangers	For Info	01579 362982 Kirsty Oliver	
PENSILVA PRE-SCHOOL			
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)	
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)	

What's on in St Ive?

ST IVE INSTITUTE			
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)	
Coffee Morning	Wednesday 10:30 - 12:00		
Gardening Club	1st Monday monthly 7:30pm	01579 382762	
Post Office	Wednesday 10:30 - 11:30		
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum	

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month



ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Monday 8th May A visit to Calamazag Nursery, St Martin's Road, Looe,

PL13 1NX. Assemble St Ive car park. Leave at 7.00 pm

Saturday 20th May Plant Sale in St Ive Village Hall. Doors open 1.30pm

Monday 5th June A visit to East Down Barn, Menhenoit, PL14 3QU

Assemble in St Ive car park to leave at 7.10pm

Saturday 24th June A visit to Lethytep, Penadlake, Lanreath, PL13 2PG

Assemble in St Ive car park to leave at 1.30pm

Visitors and new members are always welcome to join us.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming! We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on 01579 362216.

We look forward to meeting you.

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

MILLENNIUM HOUSE

THE MEL

Licensed Bar Free House

Opening Hours

Mon - Thu - 5 pm to 11 pm Fridays - 3 pm to 11 pm Saturday - 12 noon to 11 pm Sunday - 12 noon to 11 pm

Millennium House 01579 363096

