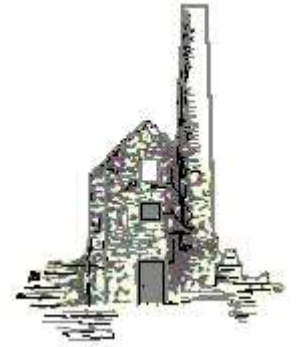


THE PARISH PUMP



February 2017
Edition 423



The Newsletter for the Parish of St Ives



New equipment, now in use at the
All Being Well gym in Millennium House

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

David Waddington (acting chair)	01579 362654
Martin Corney	01579 382450
Roger Bennison	01579 363967
Pam Carter	01579 362640
Alan Neal	01579 362478
Stephanie McWilliam (Cornwall Councillor)	01579 362037

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting:

Monday February 13th 2017 at 7.30pm at Pensilva



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Neighbourhood Office 01579 325454 at any time

Your Community Support Officer is PCSO 30271 Linda Phillips.

Contact: linda.phillips@devonandcornwall.pnn.police.uk.

Phone for a chat on 07703 885654. Leave a message & I'll call back when on duty

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down
at the Mel Bar, Millennium House



sky SPORTS

From the Editor

A couple of items about the forthcoming Parish Council elections this month, both urging us to participate as fully as we can. For most, that will just mean turning out to vote, but we also need people to put themselves forward as candidates for the election on May 4th. If you feel that you have something to offer our community in that respect, then please think seriously about standing. At the last election in 2013 we had 5 candidates for 10 seats in Pensilva Ward, and 1 candidate for 3 seats in St Ive Ward. Surely we can do better than that! If you are thinking of standing you can ask the Parish Clerk for information about what is involved and how to go about standing. According to the Cornwall Council website, the Notice of Election will be published on Monday 20 March 2017 and candidate's nomination papers will need to be submitted by 4pm on Tuesday 4 April 2017. So potential candidates will probably need to do some of the groundwork in advance of the notice being published. See <https://www.cornwall.gov.uk/council-and-democracy/elections/current-and-forthcoming-electionsreferendums/>

Cornwall Council seats will also be contested on May 4th. We have been going through a period of considerable upheaval on the international and national stage, but local issues are also important.

All the best! Joe

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Cafe (Angie's Pantry)

9am till 4pm Monday & Wednesday to Friday

9am till 2pm Tuesday

10am till 4pm Saturday

Bar

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

If no-one is available please leave a message in our **letter box** at the front of the building or on our answer phone by calling **01579 363096**.

A letter from the St Ives Parish Council Chairman

I have been looking back through the records of the St Ives Parish Council to see what changes have occurred since my first joining the council in 2002. Over that period to date 36 people have volunteered their services as councillors, of those only two who held office in 2002 and three appointed since are still serving on the council. I hope you will forgive me if I say this is not entirely the result of natural wastage. It is far more likely for councillors to resign before completing their term of office. As a result the parish council has rarely been up to full strength and today has only five serving councillors out of a requirement of thirteen. While the council remains legally quorate and so continues to conduct business, it is hard to see this as a clear mandate for decision making. I must also mention that during the same period we have had no fewer than eight parish clerks, not including the three months I served in this capacity. The staff turnover here is particularly worrying as a lack of experience and continuity can have very serious consequences for public record keeping and the conduct of parish business.

From my experience there is a tendency to underestimate the nature of local politics where competing views and ideas collide and at times this can be bruising and a degree of resilience is necessary. Too many times it has proved easier to walk away. The implication here is that a single issue is what being a Councillor is about, the danger is it leaves those with other issues equally important to them unrepresented. The present council's term of office ends in May this year, when a new council must be elected. I would like to reflect on a number of issues concerning the forthcoming election. I know that many people believe that parish councils are relatively powerless and not worth bothering about, this is manifestly obvious in regard to planning matters which remain and will continue to remain the prerogative of Cornwall Council. On this point the Neighbourhood Plan does have influence over local planning decisions and the lack of participation and progress on this is very disappointing. Likewise there are many consultation documents passed down by County, which an under resourced parish council has little time to consider. Parish councils do have responsibility for parish assets and the St Ives Parish Council has more and larger assets than most as recent events have highlighted.

There can be no doubt that there will be more service devolution in the future as Cornwall Council continues to cut costs, or in this case pass the cost down to parishes. Some of you will know that there are plans to reduce the number of Cornwall Councillors, there is a suggestion that this will mean Cornwall Councillors no longer undertaking as much or any case work. The impact of this on parish councillors is something we should be thinking about. Far from being irrelevant I think parish councils are likely to become more important in the future.

Finally I would urge you take part in the democratic process in May and seriously consider standing for election as a parish Councillor.

David Waddington

DRAMATIC EVENTS ON THE PARISH COUNCIL - AN OPPORTUNITY FOR CHANGE

Following the articles in last month's Pump about a series of resignations from the Parish Council, I thought I would write about how I see the way forward. I was one of the councillors that resigned over the Council's decision on the management of the Pensilva community centre. As I see it, the situation we now find ourselves in is a great opportunity to change things for the better.

I have been saying for some time that there is a pressing need for more local people to stand as councillors. That has now become even more urgent. Since co-options are not possible this close to the May elections, we have some time to engage in a proper debate about how the Parish Council can best represent the wishes of our community. Ideally, we need a minimum of 14 people to stand for the 13 seats, so that we can have a properly contested election. Within that number, my aim is that a group of like-minded people should stand together as independents, but under a common, community-minded platform.

An important piece of the work to be done will be to heal the split within the parish over Millennium House, which predates this Council and has dragged on for far too long. However, this is very far from being the only problem which our Parish faces. In addition to the other work that the Council currently performs, there are many important issues affecting us - drastic cuts to our bus service, threatened changes to GP services, reduced access to domiciliary and social care affecting some of our most vulnerable neighbours - the list goes on. I wonder what a community manifesto for Pensilva and St Ive might look like? My hope is that the Parish Council elected in May will establish much closer links with the community it serves, by undertaking regular community consultations, by working closely with local groups and by whatever other means are necessary.

I propose that all of us willing to stand for election, and who agree broadly with the ideals I have outlined above, could agree a platform of improvements to work on, for the benefit of our communities. If we work together in this way, there is no end to what we could achieve to make our villages more vibrant and more resilient. I would be most unhappy if people got elected just to forward one part of the agenda and then resigned, as that would open the way for unelected co-options once again.

I look forward to seeing a lively debate in these pages. Also, please do let me know if you think you might enjoy standing as a councillor and serving your community in this exciting next phase of St Ive Parish Council.

Ruth Wilson ruth@ruthwilson1.orangehome.co.uk

Have your say by writing to the Parish Pump c/o Millennium House or at parishpump@btconnect.com, or on the St Ive Parish Facebook page.

The Latest from Your Parish Councillor - Martin Corney



The defibrillator in Millennium House Pensilva is not available for public use unless Millennium House is open. The St Ive Village Hall committee are thinking about a publicly available defibrillator for the St Ive hamlets. Possible locations are; the old phone box opposite the Butchers Arms, outside St Ive Village Hall, outside the Methodist chapel. The defibrillator would have to be linked to a phone line so that the code to unlock the defibrillator can be obtained. Do you think this is a good idea, and where should it be located?

The plans for the Butchers Arms (Ref: PA16/07605 and PA16/07606) have been called in to the Cornwall Council planning committee on 27th February at Luxtowe House, Liskeard. I will be speaking for the Parish Council which supports the opinion of the Butchers Arms Preservation Society that while we very much want the pub to reopen as soon as possible, the plans need to be in keeping with the existing listed building.

For those on the internet, there is now a Google calendar called 'Millennium House Events' that is publicly available and also visible on the CornwallEvents.com website on the What's On page and also via st-ive-parishcouncil.gov.uk under Community / Venues.

Don't forget the parish website st-ive-parishcouncil.gov.uk with council meeting agendas and minutes; also downloadable copies of the Parish Pump. For those of you who do Facebook, our St Ive Parish Council page is still being updated with parish news. Phone me, email me on martin.corney@btinternet.com or "martin corney blog st ive" in search engines will find my blogs for you to comment on this and other gems.

Pensilva Primary School



Sainsbury's
Active Kids
Eat well • Move well • Live well

Pensilva School are collecting the Sainsbury's Active Kids Sports vouchers. If you shop in Sainsbury's and would like to help local children benefit from a healthier lifestyle, there is a collection box at the school. Thank you in advance.

From Cllr Steph McWilliam - February 2017

I am going for a good news sandwich this month. Firstly, as I have said before, there are many things that Cornwall Council does well. My current favourite is a competition to build a rocket car with the prize being a trip to South Africa to see the trials of the Bloodhound programme. Many schools are involved with this and it is a great way to encourage the study of STEM (Science, Technology, Engineering and Maths) subjects. I have stood next to the Bloodhound at an Expo at Newquay Airport last year and can assure you it is even more impressive close up. Good luck to everyone involved.

Now the negative part of the sandwich. I really cannot understand why people who have picked up dog mess and put it in a plastic bag then decide to leave it hanging in hedges or on gorse bushes. You have done the worst part so why not take it home and put it in your dustbin? There are a couple of places where this is getting to be a really big problem. The dog enforcement officer has been asked to monitor the situation and I am also trying to get signage up and considering if I can find funding to have some CCTV cameras installed. I also had a dash cam for Christmas and have a camera on my phone, so can I assure everyone that I will not hesitate to take photographic evidence to the police and enforcement teams if I get the chance? This really needs to stop. As ever, I'm sure it is a very small number of people causing a problem for the majority.

One example of the wonderful work that goes on in the background is the Cornwall Fire, Rescue and Community Safety team calling for people to recycle unwanted mobility aids. These have been collected in and some are now being used in Kenya, thanks to a partnership with Disability Cornwall and the Isles of Scilly. We have many staff who quietly get on with activities to help people, not just in Cornwall but across the world.

The work to review the number of councillors and the way Cornwall is governed goes on. I am concerned that there seems to be a push for the number to be reduced significantly. Whilst most of you won't need to contact me at all for the whole four years of this council, some really do need help and it is getting harder to speak to an officer directly because of the funding reduction and changes to the staffing at our council offices. As we don't have District Councils, there is a good chance that we could end up with the highest number of electors per councillor in the country. I really don't see why your vote should be worth less than voters elsewhere. The changes won't come in until 2021 so this has no bearing on the elections in May this year, just in case anyone thinks I've started campaigning early!

We are really into winter now so can I please ask everyone to think about their neighbours, particularly if they are elderly or vulnerable, and take a minute to check on anyone who might benefit from a call? February is often our worst month for bad weather and consequently for accidents and illness. Please look after yourselves and the rest of the community where you can. Thank you.

This letter from one of the Pensilva pre-school students was sent by email to the Parish Council and Local Council on January 25th.



Pensilva Pre-school
School Rd. Pensilva PL14 5PG
Tel: 07890 023924
pensilvapreschool@hotmail.co.uk
Reg. Charity No 1026118

To whom it may concern

On Monday 23rd January 2017 I went on a pre-school outing to Angie's café in the millennium centre. I walked with my three friends and our teachers, Hollie and Mandy. On our walk we noticed lots of interesting things along the way; we saw the patches where the ice had melted in the sun, we saw a sign asking cars to take care near our school and sadly we also noticed lots of dog poo on the path. We walked down school road and crossed over to the park; in the distance from our school to the park we noticed two large piles of dog poo and we had to carefully walk around them, which took us very close to the road.

Our teachers explained that dog poo is pretty disgusting (we already knew that) but they also told us that it can be quite dangerous and make us poorly if we fell over in it. When we got to the park we noticed the sign asking people not to bring their dogs into the park and we thought this was good as it would mean no poo in our play area.

We are hoping you might be able to do something to ask people to pick up their dog poo, especially around our school. We thought you might like to put up a sign as we saw lots of signs telling us the rules whilst we were out; we could even draw you a picture for your sign if you wanted.

Please let us know how you get on.

Samuel - Age 4

All Being Well

Newsletter - February 2017



LOTTERY FUNDED

Our two new bikes are now installed and in use, thanks to the High Down Wind Farm Community Fund, alongside the Lottery-funded equipment that went in previously. We now have just one recumbent bike left to replace and we are almost half way there, thanks to

a generous grant of £500 from the Norman Family Trust.

We are also finally able to announce that we have appointed a new member of staff. We are delighted to welcome Dylan Peel, who will be covering the Monday and Wednesday morning shifts from the first of February. Dylan is highly qualified for a young man, and will be able to take over the GP referrals immediately. He lives in Darite and was a member of All Being Well back in his teens. He is now captain of the Pensilva FC first team. In all we had twenty applicants for the position and Dylan was our choice from a shortlist of four. On behalf of the ABW membership - welcome Dylan, and good luck!

In the gym, the Bonfire of the Calories challenge has been going during January and has once again proved popular with members determined to work off any Christmas excesses. This is also the time of year when we collect annual memberships, which gives a much-needed boost to the coffers. Finally, it's good to be able to say that we are in a stronger position financially at the start of 2017 than for many years past. So it's all positives this month!



THE SEEDS ARE HERE. This year's (enormous) seed order has arrived from Tamar Organics and we're starting to organise them in order of planting, starting very soon with new potatoes in the tunnel for that extra early crop. Our friend Amanda Hignett from I Love Nature at Upton X will propagate special crops like chillies, peppers, aubergines, tomatoes that did so well last year for being able to get going early with some heat. And then all the other usual things; garlic, courgettes, golden beetroot, peas, beans, lettuce and sweetcorn, that make summer such a delight.

VOLUNTEERING AT THE GROWING PROJECT. We have a lovely group of volunteers and you are very welcome to join us. While the winter months are still with us, we will only meet on a Weds 10am - 2pm. In March we will start the Thurs session again as we get into full swing with our planting. Soup and bread is served for lunch.

CROPS AND PLANTING. We have purple sprouting broccoli to come from March till May, with kale, leeks, chard and cabbages still standing. We have decided not to grow main crop potatoes this year as they take so much space, but new potatoes are such a treat that we shall be planting many more than we did last year. We planted some crops much too densely last year, not realising how much more productive our new raised beds would be. As a result, various rusts and moulds got hold, so I shall leave plenty of space this year and hope to avoid that. We shall soon see whether our overwintering mulching has maintained soil health as we hope: fingers crossed that we find lots of worms and microbes when we fork the soil over for planting in a month or so time.

OUR VEG BOXES were enormously popular over Christmas and the number of deliveries remains vibrant. To enjoy fabulous fresh local fruit and veg, delivered to your door every Wednesday afternoon, order your mixed veg box now. Prices are: *£7.50 for 1 /2 people, £10 for 3/ 4 people, £15 family box and the very popular £5 fruit bag.*

OUR VEG STALL has also increased in popularity every month, which is very gratifying. It is refreshed with all sorts of seasonal delights every Thursday. Please put your cash in the post-box on the gate.

COMMUNITY COMPOST SCHEME We welcome your lawn clippings, used rabbit bedding, cuttings, etc at our compost bins by the gate. If you use weed-killer on your lawn, please dispose of your clippings through the Council scheme.

The Growing Project CIC is a Community Interest Company producing organic fruit and vegetables. We have opened the growing space at Kenwyn, Higher Rd to the community and welcome volunteers for all sorts of jobs. Contact Ruth Wilson

01579 363684/ 07853 244934 thegrowingproject@orangehome.co.uk

www.thegrowingproject.org.uk

A YEAR OF ACHIEVEMENT FOR NIKKI WELCH

Special Olympian, Nikki Welch, from Pensilva is celebrating another successful year, this time as a newly promoted level 6 badminton player.

Playing for England in the Scottish leg of the Home Nations challenge in February Nikki won silver in the singles, silver in mixed doubles with new partner, James Pert, and gold in the ladies doubles.

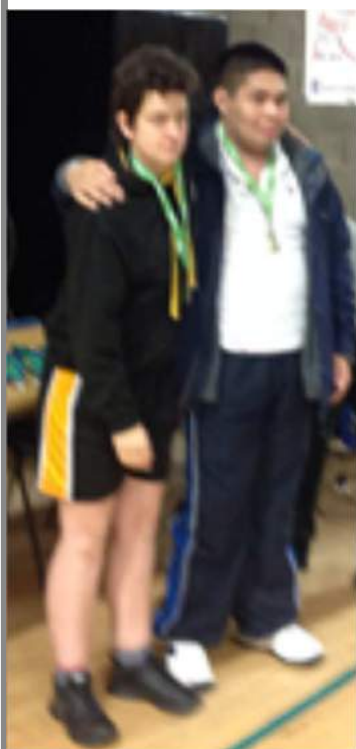
In June Nikki travelled up to Sheffield to compete in the English leg where she won silver in the ladies singles and gold in the ladies doubles with partner Dee Holly Weiner from Exeter.

Next came the Welsh leg, played in August at the Sport Wales National Centre in Cardiff. Nikki won gold in the ladies singles, finally beating Scottish champion Jenny Grey 21-18 and 21-12. She then went on to take gold in the ladies doubles final. In a thrilling mixed doubles final Jenny and her partner Michael McCraw had to settle for silver against the Scottish pair, narrowly losing by 21-18, 19-21 and 21-23.

Nikki's next event, in October, was played in Bournemouth, where she outplayed all comers and collected the ladies singles gold medal. She then went across to Lisburn, Northern Ireland in November, to compete in the Irish leg of the 4 Nations event. Here she won gold against the new Irish champion, Sarah Louise Rea, and gold in the mixed doubles with partner James. Nikki was unable to play in the ladies doubles, as her partner suffered an injury, but was awarded a silver runners up medal, which Nikki gave to an athlete who hadn't won any medals but had competed and had impressed with their sportsmanship.

Nikki trains with the Liskeard Junior badminton all-inclusive club in Lux Park on a Monday night and has additional coaching with Malcolm Cooper in Millennium House, Pensilva. She also practices with the Pensilva veterans in Millennium House on Monday and Friday evenings. Her fitness training at All Being Well at the centre has improved her stamina. Nikki would like to thank all that have helped her achieve her ambitions.

A big thank you to all customers at Angie's café at Millennium House who donated towards the Special Olympics Cornwall team that will be travelling to Sheffield in August to compete at the Special Olympic National Games. A total of £135 was raised to help with transport, accommodation and kit.



Pensilva W.I Report for the January meeting

Iris Merriot was the speaker at the January meeting of Pensilva W.I. She gave us a fascinating talk about her life making costumes for the theatre, bringing along samples for us to try on if we wished. Iris lived in London as a young girl and remembered the devastation of the war and the air raids. She has always loved sewing and started making cloths from the age of nine. After her marriage, she and her young family moved to Canada. She had already trained and had done a 4 year course in tailoring. When in Canada she decided to do a 2 year course in theatre costume design, at the end of which she made an 1820 costume including a magnificent corset. The costumes were beautifully made and had to be strong enough to stand up to the rigours of the theatre. The patterns for the costumes had to be made from only sketches and drawings and had to fit perfectly. She also spent 20 years making wedding dresses and she showed us photos of the beautiful dresses she had made for her daughter and granddaughter. She has also been involved with making costumes for Sterts Theatre and the Menheniot-based Camp Theatre. Iris was warmly thanked by Frances Tucker for such a fascinating talk and for bringing along such a wonderful selection of costumes.

We are reminded that we have a Skittles afternoon on the 18th February, friends and family are welcome to join us, also a meeting on 7th February to organise this year's horticultural show. C.F.W.I have some good workshops coming up: Art in All its Glory at Crantock V/H on 8th March, Flower Arranging at Wadebridge on the 18th March, and Traditional Embroidery on the 28th March at Taphouse. We had three birthdays this month and posies and cards were presented to Zandra Patten, Belinda Smith and Jean Hoare.

Competition winners this month for an item of Costume Jewellery:
1st Cherry Woodhouse, 2nd Sheila Wherly, 3rd Verna Dawe. Flower of the month, 1st Verna Dawe 2nd Jill Pascoe 3rd Cherry Woodhouse.

The next meeting will be February 8th and this will be the A.G.M.

Speaker Carol Vivian will give a talk about The Barrets of Duloe.

Competition: A Poem about Farming.

CHRISTMAS LIGHTS

I would like to say thank you to all that donated to the Xmas lights in Amanda Way which raised £394.76. Also, £75 was raised at the Skittles Presentation at Millennium House, so a total of £469.76 will be sent to the charity Bev Casban was supporting, the Chemotherapy Outreach Project, a charity that treats people with cancer locally. Thank you. **Ray Southcott.**

Information about the next round of grants from the High Down Wind Power Fund.

The High Down Wind Power Community Fund shall exist for the promotion of projects, with priority given to the Parish of St Ive, with potential for the improvement of environmental education in the face of climate change, highlighting the need for sustainability, for renewable energy and energy efficiency, or which address problems of rural isolation, especially for younger members of the community or projects which otherwise address local needs.

Examples of projects could be a youth project wishing to extend their range of equipment or a community hall requiring repairs etc. Grants range from £250 - £3,000.

The Cornwall Community Foundation (CCF) administers this grant programme and are welcoming applications for the next round.

The deadline for applications is on the 6th February 2017 followed by the panel on the 6th March 2017.

Further details about the fund including the downloadable application form and guidelines can be found at

www.cornwallfoundation.com or alternatively phone CCF on 01566 779333.

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for December

1st No. 25 ~ £75 Mr R Southcott	2nd No. 107 ~ £50 Mrs C Perrett	3rd No. 164 ~ £20 Mrs F Gilbert
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Thank you for your support



St Ive Park Project

PanCake Special!

Saturday 25th February
from 10.00am to 1pm

At St Ive Village Hall

£1 per panCake – to include toppings

Come and enjoy a panCake (or cake)
and coffee with us.

Everyone welcome



Skittles Evening at St Ive Village Hall

18th March at 7pm

Adults £2 - Children Free



Ruth and Colleen's Monthly

BINGO

At Millennium House

on Tuesday 6th February

(and then on 6th March)

Eyes down at 7:30pm

Over 18's only

£££ CASH PRIZES £££

Community Lunch

First Sunday of every month 12pm for 12.30pm

3 Course Lunch with Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

At Millennium House, Pensilva

Bookings required:

Call Graham or

Charmayne

on 01579 363096



Pensilva Memory Café

Pensilva Memory Café is a friendly informal setting for people with memory problems and their carers to feel comfortable, socialise, share experiences and exchange information. The Memory Café is run by volunteers and voluntary donations.

Please come along and join us. Make new friends, enjoy some music, reminiscences and refreshments. Join in the activities if you want to or just relax for a couple of hours.

Pensilva Memory Café meets on the 4th Thursday of each month at St John's Church, Pensilva from 2-4pm, The next meeting will be on Thursday 23rd February 2017.

Volunteers to help with the Memory Café always welcome. For more info please contact Carolyn on 362698 or Pat on 363461.

Art Classes with Yvette

Millennium Centre, Pensilva.

If you have always wanted to Paint 'Why Wait'??

Come and Join one of my classes, they are fully structured, suitable for both beginners and improvers.

Kick start your hobby in a 'friendly and relaxed' atmosphere, aimed at 'enjoyment'.

Wednesday Afternoons 1.30pm to 4.30pm

2 Separate Classes Run on a fortnightly basis,

1 x Watercolour and 1 x Pastel Class.

Other Classes & One day workshops or demonstrations also available.

Contact Yvette on 07886 343621 or

email: yvettewiltshire@sky.com website: www.artwithyvette.com



Upcoming Quizzes in Millennium House

Next Quiz
Saturday February 11th 2017
at 7:30pm
Then March 25th 2017

Organised by and raising
funds for

All Being Well

Pensioners Lunch

2 Course Meal plus Tea or Coffee
Only £5.50

Every Tuesday here at Millennium House
Speak to our reception or
telephone Graham on 01579 363096



So why not join us for Good
Food and Good Company, all
on the day you collect your
pension?

The Alexander Technique

An introductory workshop

Millennium House (Committee Room 1), Pensilva

Monday February 6th, 7 – 9pm

The Alexander Technique is a method that helps you

- ~ improve your posture and balance**
- ~ relax, and reduce back, neck and shoulder pain**
- ~ ease movement in everyday activities**
- ~ improve suppleness and flexibility in your joints**

The workshop involves gentle everyday activities (e.g. walking, bending, how to sit well at a computer) which will help you to **change poor habits of posture and movement**. Please bring a mat or blanket for lying on. Suitable for all ages.

Contact Janet Wright to reserve a place (£5) or for more information.

Email: info@janetalexandertechnique.com

Phone: 01579 343160 / 07538 482596

Website: www.janetalexandertechnique.com

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House 10-2 every Monday.

Please come & see us or phone Pam on 01579 363441.

Badminton?

Come and join our relaxed and friendly group at Pensilva Millennium House

Mon & Tue 7.30 - 9.30pm
Friday 8.00 - 10.00pm

For further info phone Nigel or Carol on 01579 363594 or 07885 798370

All Being Well

Your local, friendly gym.

Seventeen years working in our local community to improve health, fitness and well being.

Give us a call on **01579 363890** or drop in to see us at Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri	10.00 to 3.00
and	5.00 to 9.00
Tues/Thur	9.00 to 1.00
Saturday	10.00 to 1.00

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).



Stops at the Victoria Inn, Pensilva at 10.25 to 10.45am and at Quethiock Church 11.00 to 11.20am.

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeseve.co.uk**.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Mon. 6:30 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Alternate Wed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ann Wood 01579 364085).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

**Meetings are held every third Thursday of each month at 11.30.a.m.
Meet in Millennium House car park.**

For any information please contact Jean Connor 01579 363221

PENSILVA HEALTH CENTRE - Baby Clinic First Thursday of every month, from 1 to 2pm

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01579 362249

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Jeanette **01579 363691**



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Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

St Ive Church

Services at 11:15am Every Sunday

- Feb 5th Holy Communion
- Feb 12th Family Service - *Small pets welcome.*
- Feb 19th Holy Communion. Lunch follows this Service
- Feb 26th Morning Worship
-

Other February Events

- Fri 3rd **Home Produce and Bric-a-brac with Lunch** 10:30-1:00pm
Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams and much more. Farm-fresh meat from Trehill Farm Produce.
- Sun 12th **Cream Teas** 2:30 to 5pm
- Sun 19th **Lunch in Church.** 12:45pm. All welcome. Only £7 for 2 courses.

Reverend Margot Davies **01579 208698** email margotaj@tiscali.co.uk

Church Wardens Brian Dwelly **01579 364010** email btdwelly@aol.com

Colin Catchpole **01579 383867** ccatchpole@hotmail.com

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.



Skittles Evening at St Ive Village Hall

18th March at 7pm

Adults £2 - Children Free



ST JOHN'S CHURCH, PENSILVA

Services for February 2017

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 5th	(9.30am 11 am	Anglican Benefice Eucharist at St Cleer) Mrs Biddy Bishop
Sunday 12th	11 am 5pm	Anglican Holy Communion Service Food 4 Thought at St John's Church, Pensilva
Sunday 19th	11 am	Café Church
Sunday 26th	11 am	Rev. Mark Pengelly, Holy Communion

Afternoon Tea Friday 3rd February at 3pm. Bring & Buy, everyone very welcome.

Thursdays 10am at St. John's Church there is a **Café-style Service** followed by coffee and chat. Everyone welcome to join us.

Prayer Group: Friday 17th and Tuesday 28th February. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

Fellowship Group, 7:30pm at St. John's Church on Friday 10th and 24th February. Further information from Geoff or Carolyn on 362698.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698 or

Frances Tucker - 363718



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St Ive Methodist Chapel

Services for February 2017

Sun 5th Feb	11am	Mr Keith Mutton
		No evening service
Sun 12th Feb	11am	Mrs Barbara Snowling
	5pm	United 'Food for Thought' at St John's Pensilva
Sun 19th Feb	11am	Mr Alan Libby
		No Evening Service
Sun 26th Feb	11am	Mrs Helen Burke
	6pm	United Service

Most services during the winter months will be held in the Schoolroom

"Village Churches Together" on Thursday 9th February at 7:30pm at Menheniot Methodist Church. Please ring Keith on 382334 for details. Everyone welcome.

The Chattermakers Craft Group will meet on Thursday 2nd and 16th February in the Guild room from 7:30pm. Anyone wanting more details please contact Kathryn on 01579 382334. All welcome.

The Village Church Prayer meeting will be held in the Guild room on Wednesday 1st and 15th February from 7:30pm. All welcome.

Callington & St Ive Methodist Guild meetings at Callington Methodist Church on Mondays @ 7:30pm:

6th Feb - Musical evening with Morag Stolton "A Musical Surprise"

13th Feb - Rev David Stolton "John o'Groats to Lands End cycle ride."

20th Feb - Miss Louise James "An interview"

27th Feb - Sue Tolman "Family History Part 2"

Village Churches Together?

What's That?

Last summer a group of Christians from various Churches felt led by God to start a meeting where members from the Anglican and Methodist Churches in St Ive and Pensilva and the Methodist Church in Menheniot could meet together each month to support one another, and in doing so spread the love of God to the people in the villages and communities around them.



It is sometimes a challenge to organise community events within our Churches if our attendance is small or we are an ageing congregation, but the aim is that together, the few volunteers that are able, along with the help and support from others can achieve much more.

The group is not solely for those within the congregations of the Churches mentioned above, if you Worship elsewhere (or nowhere) and would like to be a part of this initiative you will find a warm welcome at our meetings.

Interested? If you would like to join us the next Village Churches Together meetings are on

Thursday 9th February at Menheniot Methodist Church, 7.30pm

Tuesday 7th March at St John's Pensilva, 7.30pm

Tuesday 4th April at St Ive Methodist Church, 7.30pm

Our first project was to produce a village Christmas card which hopefully many of you saw detailing all the church services and events held during Advent and at Christmas.

We are now discussing and beginning to plan a Village Church Treasure Hunt for Saturday 18th March 10am-4pm. More details to follow.

For further information please contact via email
Keith Mutton amutton620@btinternet.com



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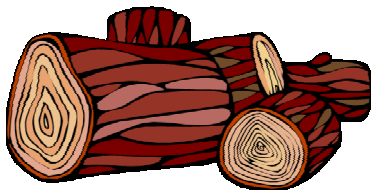
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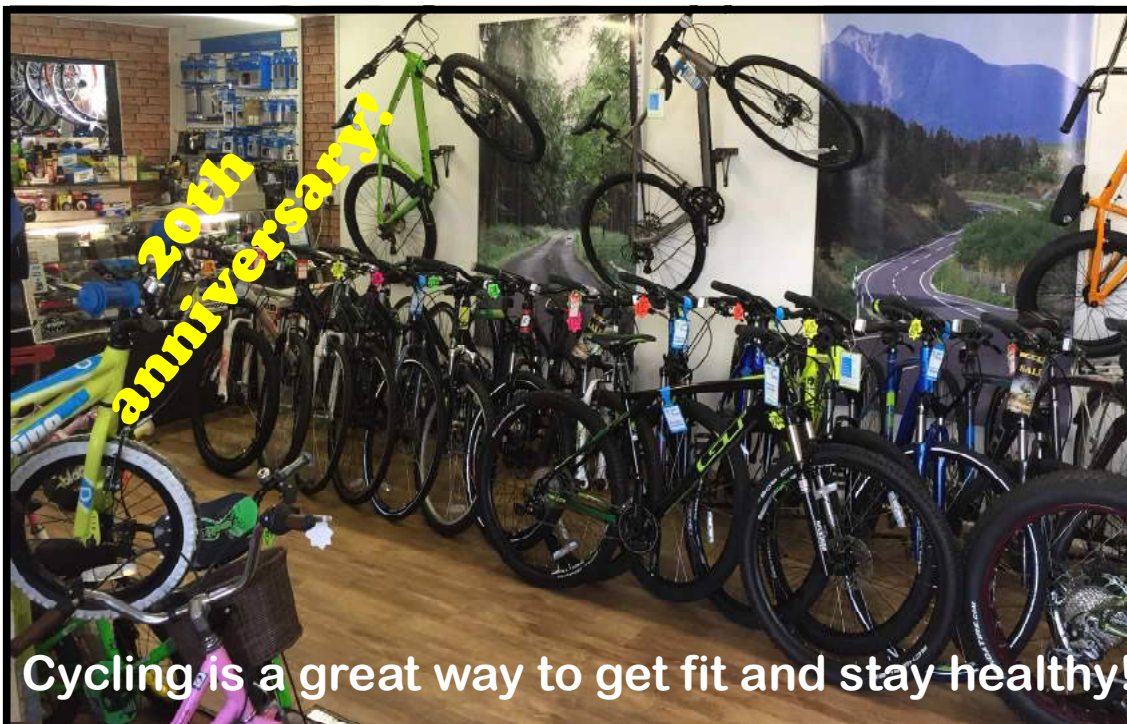


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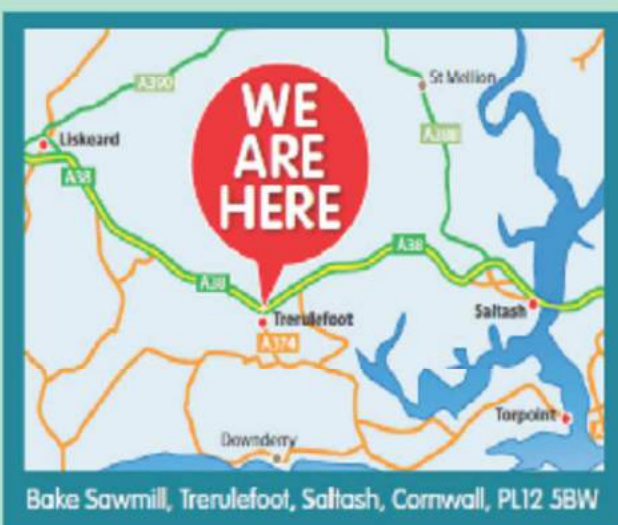
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FULL RANGE OF FIREPLACE FURNITURE
made to order

01579 347777

need somewhere to stay ?
between homes ?
family/friends visiting ?



ideal for Pensilva
& St.Ive

please call Jackie on
01579 362216

J.J.CHILD

PLUMBING AND HEATING ENGINEER

OIL AND GAS APPLIANCE SERVICE , REPAIR AND BREAKDOWNS

LANDLORD'S CERTIFICATES

OVER 25 YEARS EXPERIENCE
CALL JOHN ON 01579 362336
MOBILE 07837921086



502322

Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please ring the Parish Office on **01579 363096** or leave a note at Millennium House reception or email **parishpump@btconnect.com**.

*****Please let us know when your item has sold*****

Samsung CLX3185 Colour Multi-Function **Laser Printer/Scanner/Copier** including 4 New Boxed Toner Cartridges. Hardly ever used. **£50**
Handy small Impact **Garden Shredder** As new **£40**
Tel : 07891 849603

3 piece suite. Two-seater sofa plus two chairs. **£50 - 01579 363712**

Printer Canon Pixma MG315D. Black colour, Exc condition. **£40 - 01579 362473**

White wooden double bed frame 'Avignon' range from house of home **£50 ono** reason for sale - moving
White 3/4 size dishwasher, Bosch, good working order **£50 ono**
07724 111132

Tiger rug 31" x 58" - £5
Small jug kettle - £1
Paper shredder - £5
01579 362034

Half Brogues black size 10. Cost £140 new; now **£50**.
Gents classic black **leather jacket** size 46. **£50**.
07789 861546

Samsung **computer monitor** 21 inch. 4 months old. Analog. **£45. 01579 362417**

Ladies waterproof anorak. Regatta. Size 16. Red. Excellent condition. **£10**.
Ladies showerproof coat. Fleece lined. Size 16. Olive green. Length 41". Loose belt. Excellent condition. **£10**.
01579 362643.

Brand new tyre. Goodyear 205/55R16 on alloy wheel. Kept as spare tyre for Touran, never used. Change of car reason for selling. **£40. 01579 641431. St Ive**

Modern steel frame **single beds** (pair). Aluminium effect. Complete with new memory foam mattresses. **£50 each. 01579 362293**

Portable **circular-saw bench** complete with plank guide and 4hp single-phase motor. Works off 13 amp plug. 14" tungsten-tipped saw blade. **£75 ono. 01579 320401**

Pair of traditional, pine **bedside cabinets.** 27"h, 13"w, 9"d, **£25**.
6 dumbbell tree set. Various sizes. As new. **£10**
07891 849603

Shires Show jacket. Black with purple Collar. Only been worn a couple of times. Ex. Con. **£25**.
01579 343992 or 07810 178802

Wicker, glass top **coffee table** with shelf. L 39", W 27", H 19". VGC. Buyer collects. **£30. 01579 347474**

Homedics Back Massager. Full lumbar or Lower Lumbar only options. Plus variable intensity. Fits any armchair. Can be seen working. Only used twice. Great Xmas present. **£50 ono. 07973 510693 St Ive**.

Vintage **display unit** on casters. Colour tan. **£50**.
Tel: 07855 016596 Pensilva area

WANTED: At least 10 full-size good condition **railway sleepers**.
WANTED: A small piece of non-development, flat accessible **land** within 5 miles of St Ive. Anything considered.
Tel 01579 - 384658.

Little Tikes **Wendy House** -a bit faded with the weather but perfectly sound **£25**.
Proline **fridge/freezer** in good condition, 4 years old. **£50**.
Tel. 01579 363609.

Pressure Washer £40
Leaf blower / vacuum £30
Peugeot 407SW **roof bars £40**
01579 362064

Saddle, 18" approx (Keith Bryan). About medium width. Suit lightweight cob.
£200 ono. **01579 345863**

Very large, Swiss, circular, **stainless steel barbeque**. Little used. With 45kg charcoal. **£150. 01579 363997**

E1system **desktop PC** Intel pentium dual core processor-1GB memory-250GB hard drive-Windows Vista Home Premium. Full spec available. **£50**. In working order.
LCD monitor 19 inch c/w Logitech webcam, wireless keyboard plus mouse. **£25**. All in working order.
Space required reason for sale. Pensilva village. **01579 362950**

Lindam Safe & Secure metal **playpen £40** ono **01579 363791**

Thick **Blue Slate Fireplace Hearth Stone** 28" x 28" x 1½". **£50**. No offers.
01579 384658

EV7000 ELITE **Treadmill**, no incline, mains operated. Only used a dozen times. Very good condition. Buyer collects please (St Ive). **£150**.
01579 382304.

Blind for VELUX® Window
Blind colour Acacia Pebble (Cream)
Model Code:CGL Size Code:M08
Frame colour: silver
Size: Width 613mm, Drop 1160mm
Supplied in original unopened packaging:
£21.50 ono **01579 363497**

Greenhouse, 8'x6' Poly Carb,
£30 (buyer to dismantle)
01579 383137

Ladies Genuine Leather **Motorbike Jacket**
- **£20** ono
Higher Tremar **01579 346986**

Leopard Coat, faux fur. Calf length, cowl collar, matching hat. Medium size, 38"/40" bust. **£30 - 01579 345783**

Blue-grey **ladies bike**, Falcon Safari, Very good condition. Shimano brakes, front and bike light. Clip-in water bottle included. **£50** Please contact Alison on **01579 383361** In Callington, can deliver.

Please let us know when your item has sold.
By email to parishpump@btconnect.com
Or leave a note at Millennium House, Pensilva.
Thanks!

What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Breath of Air	Monday 1.00pm - 3.00pm	01579 345989 Pauline
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	01579 208528
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579 344464
Zumba Fitness Classes	Wednesday 7:00 - 8:00pm	01579 363096 (Millennium House)
PENSILVA VILLAGE HALL		
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Girl Guides	Monday 6:30 - 8:00pm	01579 363212 Jackie Browning
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
MIMS (light exercise)	Friday 1.00 - 3.00pm	01579 343702 (Mike)
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
PENSILVA PRE-SCHOOL		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)

What's on in St Ive ?

ST IVE INSTITUTE

Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month

ST IVE & DISTRICT GARDENING ASSOCIATION

Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Monday 6th February
Monday 6th March

Frankie Lister: talk about growing Cornish apples
7pm Annual General Meeting then at
7:30pm Carol Richards will show us how to have
Fun with Fuscias.

Visitors and new members are always welcome to join us.

ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216**.

We look forward to meeting you.

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday - 9am to 1pm
Wednesday - 9am to 12 noon
Friday - 9am to 12 noon



MILLENNIUM HOUSE

THE MEL

**Licensed Bar
Free House**

Opening Hours

Mon - Thu - 5 pm to 11 pm
Fridays - 3 pm to 11 pm
Saturday - 12 noon to 11 pm
Sunday - 12 noon to 11 pm

Millennium House 01579 363096

