THE PARISH PUMP



October 2016 Edition 419



The Newsletter for the Parish of St Ive



Prize winners at the St Ive Village Show. (Report on page 5)

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish	Councillors	Telephone	List
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Martin Corney (Chair)	01579 382450
Roger Bennison	01579 363967
Pam Carter	01579 362640
Peter Dipper	01579 362315
Peter Haimes	01579 362459
Alan Neal	01579 362478
Ivor Vaughan	07979 934604
David Waddington	01579 362654
Ruth Wilson	01579 363684
A CONTRACTOR OF THE CONTRACTOR	

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting:

Monday October 10th at 7.30pm at Pensilva



T 101 Minicom 18001 101

Police Community Officers can be contacted on 01579 325454 at any time

PC Garth Hatt garth.hatt@devonandcornwall.pnn.police.uk
PCSO Bob Anslow robert.anslow2@devonandcornwall.pnn.police.uk
PCSO Becky Steed rebecca.steed@devonandcornwall.pnn.police.uk

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: 01579 363096.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

<u>Per issue:</u> Quarter Page £7.50 <u>Half Page £15.00</u> <u>Full Page £25.00</u>

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Come relax and wind down after work At the Mel Bar, Millennium House

HAPPY HOUR

From opening time till 7pm Weekdays 50p off all alcoholic drinks.





From the Editor

Hello again

In this month's edition we have reports on the horticultural shows at St Ive and at Pensilva. Though the weather is still fine it feels like these shows are the last event of the summer, or the first of the Autumn. The equinox has passed, the football has started (did it ever stop?) and the first round of the winter skittles league has been played (please, don't ask!). Soon the lawn-mowers will fall silent and any day now we will start to catch the scent of wood smoke from fires and stoves. The fires particularly remind me that Winter has its compensations. I love that smell and I find myself looking forward to laying the first log fire of the Autumn, anticipating the special cosiness of a warm sitting-room for the coming months while outside the snow falls, or the wind howls. We are indeed fortunate that we can look forward to the Winter with such equanimity. It was not always so which is why, for the ancients, the biggest festivities of the year marked the point at which the days started to grow longer again and our ancestors started to feel that they might actually survive the Winter. Somehow those festivities turned into what we call Christmas: 85 days from October the first, in case you were wondering, though not all are shopping days, in theory anyway.

All the best! Joe

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Cafe (Angie's Pantry)

9am till 5pm Monday to Friday

10am till 4pm Saturday

<u>Bar</u>

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

If no-one is available please leave a message in our letter box at the front of the building or on our answer phone by calling 01579 363096.

St Ive Village Show report (Cover picture)

The 39th St Ive Show on 3rd September was a huge success in every way with more entries and several new competitors among the winners. CB Arthur and Helen Dabbs were the stars in the Adult Sections with a galaxy of stars in the Young People's Sections producing cookery, pictures and craftwork to be proud of. Local milkman and personality Chris Davis, who opened the show, awarded the Adult Opener's Choice to Sue Turpin for her flower arrangement and the Young People's to Kirsty Stokes for her cookery.

WANTED

Casual bar staff required at Millennium House FOR

Events, holiday cover and more......

If you are over 18 and interested in this position, please contact Graham or Leesa on 01579 363096

Power Cut – Call 105

This is a new three-digit number that people can call to report or get information about power cuts. You can also call 105 with any welfare concerns related to a power cut, or if you are worried about the safety of over or underground electricity cables or substations.

105 is free of charge and will put you through to your electricity network operator.

You can call 105 from most landlines and mobile phones.

It will be launched in September 2016 for people in England, Scotland and Wales.

The powercut105.cm website will be live in time for the launch, providing people with more information and signposting them to their network operator.

From Cllr Steph McWilliam - October 2016

The Governance Review External Group (GREG) has produced its report and recommendations on how Cornwall Council might change its governance structures going forward. One very interesting comment is that Cornwall Council has a very good reputation outside of Cornwall, winning awards for its services, being granted the first devolution deal etc but a really poor reputation inside. Why is that? If you have any ideas, do please let me know.

You may be aware that the boundary commission has published its first draft on how the boundaries of parliamentary constituencies might look when the number of MPs is reduced from 650 to 600. This includes the number of Cornwall MPs going down to 5.5 – that is, one of them will cross the Devon/Cornwall border. I joined a protest at Saltash when this was suggested some years back and it didn't happen then but it is back on the agenda now so, if you aren't happy about it, do please let our MP know.

You may be aware that there was great concern about the highways issues associated with the planning application submitted by Ocean Housing. It was good to see some residents at the planning committee in Liskeard when it was considered and I am grateful to Mr Collins and Cllr Dipper for speaking at the meeting. The committee were persuaded that there were valid reasons for the concern and refused the application. However, there is a strong likelihood of it going to appeal so this may not be the end of the story.

I am also pleased to see the level of interest in the plans for the Butcher's Arms. It really does make a difference when the local community makes the time to consider significant developments such as this so thank you.

Finally, this is quite short as August is a quiet month for meetings and I am writing this in mid-September. However, I am back at County Hall several times a week again now so I'm sure next month's will be quite a bit longer. In the meantime, please don't hesitate to get in touch if there is anything council-related where you think I may be able to help.

Thank you. Cllr Steph McWilliam

Tel: 01579 362037 email: smcwilliam@cornwall.gov.uk

The Latest from Your Parish Councillor - Martin Corney



There is a lot of planning news this month. Cornwall Council's planning committee has turned down the proposed estate of 46 dwellings (PA16/00182) between Pensilva industrial estate and Amanda Way. This followed the Parish Council and community view expressed at our public meeting but

goes against planning officer recommendation, so will probably be appealed. Plans have been submitted (PA16/07605 & PA16/07606) for the Butchers Arms to be reopened supported by two retail units between the pub and the garage in St Ive. Diagonally opposite the pub, listed building consent (PA16/07006) has been submitted by The Emily Trust to restore The Chantry to the original configuration when it was the village rectory where Emily Hobhouse was born. Emily is probably the most famous person ever born in our parish. She is certainly as famous in South Africa for her campaign against British concentration camps of the Boer War as Florence Nightingale is over here. Many visitors should be attracted to her birth place. The final big planning application (PA16/02519/PREAPP) covers the fields behind the new Ford Close estate in St Ive and appears to extend the estate to about three or four times it's current size.

If you see a problem with potholes or other road problems you can report them directly to Cornwall Council Highways online at http://www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/report-a-problem-with-a-road-highway-or-footway/ or by phone to 0300 1234 222.

Don't forget the parish website st-ive-parishcouncil.gov.uk with council meeting agendas and minutes; also downloadable copies of the Parish Pump. For those of you who do Facebook, our St Ive Parish Council page is still being updated with parish news. Phone me, email me on martin.corney@btinternet.com or "martin corney blog st ive" in search engines will find my blogs for you to comment on this article and other gems.

September meeting of Pensilva W.I.

Graham Reed was the speaker at the September meeting of Pensilva W.I. He gave a very informative talk and demonstration on glass blowing. Graham's passion and hobby as a child was making things from glass, this led him on to 50 years in the trade starting as an apprentice glass blower at the age of 16.

Glass is magical stuff. When we look at a glass object you might never guess that it was once liquid that could be moulded and blown into almost any shape. The first objects to be made of glass date from 2,500 BC.

Graham showed us the techniques involved, first heating a glass tube which became pliable and could then be blown or twisted to make different objects, this included beautifully made candle sticks and glass ornaments of every shape and size. He finished the demonstration by making a glass caterpillar. He was warmly thanked by President Frances Tucker.

Frances reminded us that our Harvest Supper and Auction will be the 12th October at 7.15pm. Family and friends welcome.

Four birthday posies were presented this month. Marie Warne, Ann Robinson, Rachael Palmer and Irene Elliot.

Horticultural Show.

Once again horticultural secretary Jill Pascoe and members helped to make another very successful show. There were once again many items of handicraft, cooking, vegetables and plants and a good showing from the children. It is amazing how talented the people of the village are, every year producing something for us to admire. Thank you to Carolyn Cox for opening the show and presenting the prizes, and to everyone who helped in any way.

Cup winners (picture opposite) are: Mr B Arthur. Mrs J. Pascoe. Mrs V. Dawe. Mrs S.Parkin. Mrs S. Draper. Mrs F.Tucker. Miss V.Hocking. Mr. B.Hocking. Lottie Thomas. Katherine Thomas. William Hicks. Thomas Sichel, Chloe Northy. Victoria Sichel. Mrs J. Thomas. Mrs D. Sykes.



Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon



VOLUNTEERING AT THE GROWING PROJECT As a result of the great response to last month's article we have decided to launch a second work day for volunteers on a Thursday afternoon from 12-4 p.m. We'll have a snack during the afternoon. I'm very excited about this opportunity to involve more local people and get lots of extra work done. If you are free on Wed 10-2 or Thu 12-4 please join us. CROPS AND PLANTING We have had a fairly good season and have learnt a lot too. We've grown many more squashes, peppers, aubergines, chillies, golden beetroot and sweetcorn than ever before. Beans have generally done well, though the collapse of the runner beans in a storm was a disappointment; so much damage was done that the crop suffered. I'll do shorter stands next year, in the hope they catch the wind less. Any other suggestions are welcome, given our exposed site. I wish I had planted a second crop of peas a few weeks after the first: my much later planting isn't going to yield this year, I suspect. Our potato crop was magnificent; we've just lifted the Sarpo Mira maincrop and I'm thrilled with both the quantity and quality. Altogether this year we've grown about 80kgs in a fairly compact space, so I think we've shown the value of our raised beds. We also have excellent chard, parsnips, Jerusalem artichokes and celeriac still in the ground. The real disappointment has been the plague of caterpillars eating our brassica crops down to the ground. I would really welcome hearing how others protect their crops without using chemicals. Any good designs for a moveable brassica cage that would survive our winds would also be welcome. Over the next few weeks we'll be taking out the spent summer crops and planting overwintering broad beans, peas, onions, garlic and shallots. We'll also be planting more brassicas and covering them against the cabbage whites that are around. A recent staff trip to Riverford Organic Farm's trials polytunnel has got us really excited about more unusual vegetables, such as white and orange aubergines, padron peppers, cucamelons, strawberry sweetcorn and a strawberry which crops for 6 months of the year. We'll be experimenting with some of this next season. OUR VEG BOXES I hope customers have enjoyed this summer's glut of beans, courgettes, tomatoes, chards and kales. We now have autumn crops, such as

celeriac, parsnips and brussel sprouts to come. Fingers crossed some of the purple sprouting broccoli survives, as it's a firm favourite.

To enjoy fabulous fresh local fruit and veg, delivered to your door every Wednesday afternoon, order your mixed veg box now. Prices are: £7.50 for 1 /2 people, £10 for 3/4 people, £15 family box and the very popular £5 fruit bag. Or drop by our veg stall which is refreshed with seasonal delights every Thursday. COMMUNITY COMPOST SCHEME We welcome your lawn clippings, used rabbit bedding, cuttings, etc at our compost bins by the gate. If you use weed-killer on your lawn, please dispose of your clippings through the Council scheme.

The Growing Project CIC is a Community Interest Company producing organic fruit andovegetables. We have opened the growing space at Kenwyn, Higher Rd to the community and welcome volunteers for all sorts of jobs. Ruth Wilson.

01579 363684/ 07853 244934

thegrowingproject@orangehome.co.uk

Millennium House Events Group Dates for your Diary



Polperro Fishermen's Choir Sat Dec 19. Tickets £6.

Please note: The kids film club is on hold until further notice.

Millennium House Events Group

New members always welcome. Please see the group's Facebook page.



Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for August

1st No. 154	2nd No. 33	3rd No. 160
Mrs E Farrant	Mrs J Hoare	Mrs Jess Gilbert

Thank you for your support

2016 High Down Community Fund Deadlines for grant applications in 2016.

Deadline date:	Awards Panel meets on:
7th November 2016	5th December 2016

For more info see: http://www.cornwallfoundation.com/high-down-wind-farm-communtiy-fund.html

The fund is administered by Cornwall Community Foundation. 01566 779333 / 779865. office@cornwallfoundation.com

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PENSILVA TEA PARTY HAPPY 80TH BIRTHDAY **CELEBRATIONS**

Mrs Margaret Andrews celebrated her 80th birthday in style at the monthly Pensilva Millennium Centre Tea Party. She is pictured here receiving her birthday cake from Sophie Volders. Margaret moved from London in 1995, and has lived in Rilla Mill for 20 years. Pensilva Tea Party is a



community-run event raising money for local and national causes. It is held on Saturdays, usually once a month, between 3pm and 5pm. People of all ages are welcome to come and enjoy tea, cake, music and a raffle. Our next tea party, on October 1st, will be in in aid of MacMillan nurses, so please come and support this excellent cause For more information call Jane Bryson on 01579 228028.

ADULT EDUCATION CLASSES AT PENSILVA

The following adult education classes based at Millennium House, Pensilva are being offered by Cornwall Council from this Autumn:

An Introduction to Painting in Oils.

Drawing Skills for Beginners.

Drawing Skills - Exploring Techniques. Exploring Seascapes in Oils.

Exploring Cornish Landscapes in Oils.

Exploring Cornish Coasts & Skies.

Life Drawing Painting in Oils for Improvers

NCFE Award in Creative Craft Using Art & Design.

NCFE Certificate in Art & Design Level 2.

Tai Chi Qi Gong

To apply call Cornwall Council Adult Education on 0300 1231 117 or on line at https://www.cornwall.gov.uk/education-and-learning

STOP FEEDING THE ENERGY COMPANY FAT CATS!



Join us and become part of Cornwall's cheaper energy revolution

In Cornwall we spend over £41 million more on our energy bills than we need to each year because 66% of homes are on expensive standard variable energy tariffs.

Our group buying power has already helped over 1,900 people switch to cheaper tariffs and save an average of £234 a year. Switching is quick and easy, you've got nothing to lose but a lot to gain!

Register free, with no obligation by 31st October

www.communityenergyswitch.org.uk or call Freephone 0800 954 1956





ST IVE CHURCH Annual Craft Fair

Saturday October 8th
10am to 4pm
Lots of Stalls
Homemade Refreshments

Come along and find that different Christmas Present

Ample Parking in Car Park behind Church

PLEASE HELP TO KEEP FOOTPATH CLEAR - an appeal from S Malone

This is a request for help to clear the field between Belmont Park and Goodmans Lane. Many people walk through this field but this year because of the wet and warm weather it has become very overgrown and impossible to walk through. Over the years I have clipped back the bushes/brambles by hand but it is now too much for hand clippers. A few years ago the owners ripped out the blackthorn from the surrounding hedge and left it in the middle of the field, which has now taken root again and taken over the field. The nettles at the entrance have been cut back twice this year by myself and another person, the council have strimmed them back once in the 20 years I have been using this path. This foot path is on the OS map so should be kept clear, I have contacted the council and they in no uncertain terms informed me, where my bike was, because of lack of funds.

I was hoping that the owner or someone with a tractor and cutting equipment could cut a path through this field so that we can start using it again.

I live in hope we can have our field back soon. S Malone

Pensilva Wednesday Club R.V.S.

Meet in Pensilva Village Hall at 2.30pm on alternate Wednesdays

ALL ADULTS WELCOME TO JOIN THE WEDNESDAY CLUB

October 12	Meeting in Village Hall
October 26	Coach Trip to Truro Millennium House 10.00am. £5.00 Free to Club Members. To book ring 01579 362960

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House 10-2 every Monday.

Please come & see us or phone Pam on 01579 363441.

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP <u>Doctor Ronchetti's retirement</u>

As many of you will know, Dr Ronchetti will be retiring soon. To allow patients to say goodbye, we will be holding an

OPEN MORNING

on Saturday October 1st from 10am to 12 noon at the Health Centre. Contact Ann Wood 01579 364085.

SPECIAL OLYMPICS CORNWALL



Nikki Welch, from Pensilva, has been selected to play badminton for Cornwall and the South West in the Special Olympic National Games at Sheffield during August 2017. If you would like to help the Special Olympians you can donate at Angie's café in Millennium House. The money will help towards accommodation, kit and transport.

Pensilva Memory Café

Pensilva Memory Café is a friendly informal setting for people with memory problems and their carers to feel comfortable, socialise, share experiences and exchange information. The Memory Café is run by volunteers and voluntary donations.

Please come along and join us. Make new friends, enjoy some music, reminiscences and refreshments. Join in the activities if you want to or just relax for a couple of hours.

Pensilva Memory Café meets on the 4th Thursday of each month at St John's Church, Pensilva from 2-4pm and the next one is on Thursday 27th October.

Volunteers to help with the Memory Café always welcome. For more info please contact Carolyn on 362698 or Pat on 363461.



Upcoming Quizzes in Millennium House

Next Quiz
Saturday Oct. 22nd 2016
at 7:30pm

Then December 3rd.

Organised by and raising funds for

All Being Well

Ruth and Colleen's Monthly



At Millennium House on Tuesday 4th October

(and next month on Tuesday 8th November)

Eyes down at 7:30pm Over 18's only £££ CASH PRIZES £££ 17

Art Classes with Yvette

Millennium Centre, Pensilva.

If you have always wanted to Paint 'Why Wait'??

Come and Join one of my classes, they are fully structured, suitable for both beginners and improvers.

Kick start your hobby in a 'friendly and relaxed' atmosphere, aimed at 'enjoyment'

Wednesday Afternoons 1.30pm to 4.30pm

2 Separate Classes Run on a fortnightly basis, I x Watercolour and I x Pastel Class.

Other Classes & One day workshops or demonstrations also available.

Contact Yvette on 07886 343621 or

email: yvettewiltshire@sky.com website: www.artwithyvette.com

Vintage, sewing and knitting event

Stuart house, Liskeard 26th September - 7th October 2016

SEWING - Fabrics, Trimmings, Sewn goods, Books etc.

KNITTING - Wool, Needles, Knitted goods, Patterns, Books etc.

VINTAGE - Jewellery, Antique Linen/Lace, Kitchenalia, Objets d'art, etc.

Low prices. Proceeds to Stuart House charitable trust.

Free entry to house and gardens.

Cafe serving lunches, cream teas and homemade cakes.

WORKSHOPS. Mon-Sat 9.30-3.30; All skill levels; all materials supplied. Ring 01579 347347 for details, costs and bookings.

Sep. 26th. - Make a beautiful lavender girl; 27th - Drop in day; Make something for Stuart House to sell for funds. Free. 28th - Make a drawstring lined bag in your choice of fabric. 29th - Quilting. 30th - Headbands and Fascinators.

Oct. 1st - Drop in day. 4th - Beaded baubles. 5th - Make a tote bag in your choice of fabric. 6th - (a.m. only) Brooches and Corsages. 7th – Drop in day.

MILLENNIUM HOUSE INDOOR CAR BOOT SALE AND CRAFT FAIR SUNDAY 13TH NOVEMBER 2016 10AM-4PM £5- PER TABLE BOOKINGS- 01579 363096 EMAIL: MILLENNIUM HOUSE@BTCONNECT.COM





Caradon Orchard Group

Sunday 9th October COG's Apple Day at Upton Cross.

This is a fun community day with a lots of different stands and apple pressing. There will be something there for the whole family to enjoy!

For more information regarding Apple Day please contact Frank Werkmeister on frank@werkmeister.fsnet.co.uk

Thursday, 24th November COG AGM at Upton Cross.

Following after the AGM, we will have a guest speaker and have

invited Chris Groves, assistant Head Gardener at Cotehele, to speak on the background of orchards and the lessons learnt at Cotehele. There will be Q&A session for us to address any specific queries and problems we may have. This event is free to COG members but guests are welcome to come along for a small fee.

For information on joining the Caradon Orchard Group (COG) please contact bewolstenholme@gmail.com

Community Lunch

First Sunday of every month 12pm for 12.30pm 3 Course Lunch with Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

At Millennium House, Pensilva **Bookings required:** Call Graham or

Charmayne





FARMERS & CRAFT MARKET

AT MILLENNIUM HOUSE

Every 2nd Saturday of the month

Refreshments available

Next market September 10th

Come and support local producers and help your local community to thrive.

Badminton?

Come and join our relaxed and friendly group at Pensilva

Millennium House

Mon & Tue 7.30 - 9.30pm Friday 8.00 - 10.00pm

For further info phone Nigel or Carol on 01579 363594 or 07885 798370

All Being Well

Your local, friendly gym.

Sixteen years working in our local community to improve health, fitness and well being. Give us a call on **01579 363890** or drop in to see us at Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri 10.00 to 3.00

and 5.00 to 9.00

Tues/Thur 9.00 to 1.00

Saturday 10.00 to 1.00

Email: abwgym@gmail.com

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).



Next visits:

28th Oct, 25th Nov, 16th Dec, 20 Jan 17. Stops at the Victoria Inn, Pensilva at 10.25 to 10.45am and at Quethiock Church 11.00 to 11.20am.

http://www.cornwall.gov.uk/media/17826241/east-week-3-schedule.pdf

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peter@pensilva.freeserve.co.uk.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall			
Meeting Times	Organisation	Contact Person	Telephone
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Mon. 6:30 - 8:00	Guides	Miss Caroline Hambly	01579 363228
AlternateWed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall		
Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travellling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ann Wood 01579 364085).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our group. Tea, coffee, biscuits and plenty of friendly chat.

<u>PLEASE NOTE:</u> Meetings will now be held on the 3rd Thursday of each month at 11:30am. Meet in Millennium House Car Park.

For any information please contact Jean Conner 01 579 363221 or 07899694670

PENSILVA HEALTH CENTRE Baby Clinic

First Thursday of every month, from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly professional advice.

For information call the health centre on

01579 362249

NHS REGISTERED



SUPPORTED BY LOCAL DOCTORS

Do you suffer with various long term health conditions?

Come along and join our small, friendly group. For company, light exercise and support.

We meet at Millennium House every Monday from 1.00pm - 3.00pm For more information contact us:

Pauline **01579 345989**

Jeanette **01579 363691**



The **co-operative**Community Fund

Cornwall	Improving the	
Blind	lives of visually	
Association	impaired people	

Struggling with Sight Loss?

Cornwall Blind Association offers emotional and practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids Access Technology: Advice on products

Benefits Advice: Assistance to claim entitlements
Equipment Demonstration: Advice on gadgets
Audio Books: Information on books and equipment
Talking Support: Telephone befriending scheme
Counselling: For those affected by sight loss

Transport: Subsidised travel for some activities

Social Clubs and Activities: Links to clubs and activities across the

county

For more details Telephone 01872 261110 or visit

St Ive Church

Services at 11:15am Every Sunday

Oct 2nd Holy Communion

Oct 9th Family Service - Small pets welcome

Oct 16th Holy Communion. Lunch follows this Service

Oct 23rd Morning Worship

Oct 30th Together at Ten Merrymeet 10am

Other October Events

Fri 7th Home Produce and Bric-a-brac with Lunch 10:30-1:00pm

Home made cakes etc, Fresh vegetables, locally made pasties, pickles, jams & much more

Sat 8th Annual Craft Fair 10am to 4pm

Lots of Stalls, homemade refreshments, bric-a-brac, ample parking.

Sun 16th Lunch in Church 12:45pm All Welcome. Only £7 for 2 courses.

Nov 5th Annual Big All Day Breakfast 9am to 3pm Millennium House

Reverend Margot Davies 01579 208698 email margotaj@tiscali.co.uk

<u>Church Wardens</u> Brian Dwelly **01579 364010** email btdwelly@aol.com

Colin Catchpole 01579 383867 ccatchpole@hotmail.com

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.



SEW, KNIT AND NATTER.
WHY NOT JOIN US ON
THE LAST TUESDAY OF EACH MONTH
for sewing, knitting or just for a chat and a
cup of tea or coffee and cake.
25

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ST JOHN'S CHURCH, PENSILVA

Services for October 2016

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 2nd (9.30am Anglican Benefice Eucharist at St Cleer)

11 am Rev. Mark Pengelly

Sunday 9th 11 am Anglican Holy Communion Service

5pm **Food for Thought,** St. John's Church

Sunday 16th 11 am Cafe Church, Rev/ Mark Pengelly

Sunday 23rd 11 am Rev. Andrew Hill

Sunday 30th 11am United benefice Communion Service

Afternoon Tea Friday 7th October, 3pm, St. John's Church, Bring & Buy, everyone very welcome.

Every Thursday, 10am at St. John's Church there is **Cafe Church**. Everyone welcome to join us.

Prayer Group: 14th and 28th October. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

Fellowship: 7:30pm at St. John's Church on Friday 7th & 21st October. Further information from Geoff or Carolyn on 362698.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698

or Frances Tucker - 363718



You can now donate locally in St Johns Church Pensilva. Thursdays 10.00am - 11.15

Dry or tinned food only, please

St Ive Methodist Chapel

Services for October 2016

Sun 2nd Oct 11am Mrs Helen Burke

No evening service

Sun 9th Oct 11am Mrs Margaret Halls-Falconer

5pm United 'Food for Thought' at Pensilva

Sun 16th Oct 11am Mr Mark Pellow

No evening service

Sun 23rd Oct 11am Miss Heather Blacker

6pm United Service

Sun 30th Oct 11am Local Arrangement Service

No evening service

Thanks to all who supported us at the Harvest Festival celebrations on Sunday 18th September.

"Rural Churches Together" meeting at Menheniot Methodist Church on Thursday 6th October at 7:30pm. Everyone welcome.

The Chattermakers Craft Group will meet on Thursday 7th and 21st October in the Guild room from 7:30pm. Anyone wanting more details please contact Kathryn on 01579 382334. All welcome.

The Village Church Prayer meeting will be held in the Guild room on Wednesday 6th and 20th October from 7:30pm. All welcome.

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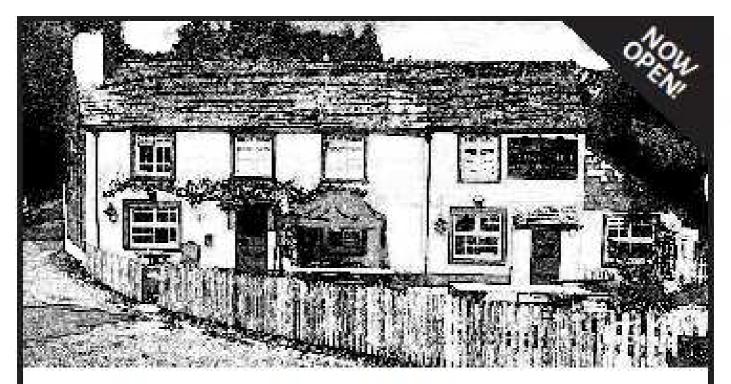
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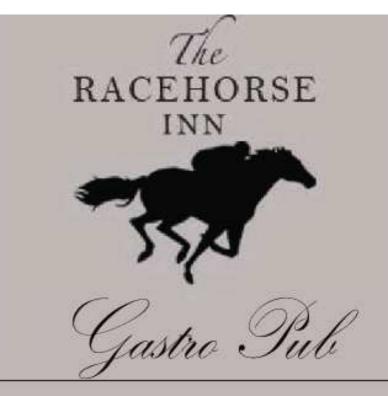












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Higher Tremar 01579 346986

Leopard Coat, faux fur. Calf length, cowl collar, matching hat. Medium size, 38"/40" bust. £30 - 01579 345783

Blue-grey ladies bike, Falcon Safari, Very good condition. Shimano brakes, front and bike light. Clip-in water bottle included. £50 Please contact Alison on 01579 383361 In Callington, can deliver.

PLEASE LET US KNOW WHEN YOUR ITEM HAS SOLD. THANK YOU!

THE MEL BAR

Come relax and wind down after work At the Mel Bar, Millennium House

HAPPY HOUR

From opening time till 7pm Weekdays 50p off all alcoholic drinks.





What's on in St Ive Parish ?			
WHAT'S ON	WHEN	CONTACT DETAILS	
MILLENNIUM HOUSE			
Aikido	Thursday 7:00pm		
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00		
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)	
Book Exchange	Daily	01579 363096	
Breath of Air	Monday 1.00pm - 3.00pm	01579 345989 Pauline	
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham	
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096	
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)	
Ladies Netball	Friday 09:15 - 10:15am	07985 387472	
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096	
Short Mat Bowls	Thursday 7:00pm	01579 208528	
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)	
Wildlife Group	Quarterly	01579 362539 (Hilary)	
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)	
Yoga	Wednesday 7:00pm	01579 344464	
Zumba Fitness Classes	Wednesday 7:00 - 8:00pm	01579 363096 (Millennium House)	
PENSILVA VILLAGE HALL			
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver	
Girl Guides	Monday 6:30 - 8:00pm	01579 363212 Jackie Browning	
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner	
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond	
MIMS (light exercise)	Friday 1.00 - 3.00pm	01579 343702 (Mike)	
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond	
Rangers	For Info	01579 362982 Kirsty Oliver	
PENSILVA SCHOOL			
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)	
Toddler and Baby group	Thursday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)	

What's on in St Ive?

ST IVE INSTITUTE			
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)	
Coffee Morning	Wednesday 10:30 - 12:00		
Gardening Club	1st Monday monthly 7:30pm	01579 382762	
Post Office	Wednesday 10:30 - 11:30		
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum	

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095 or Judy on 01579 384465

Hall meetings will now be held bi-monthly on the second Tuesday of the month



ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Monday 3rd October Pat Ward, Cornwall Garden Society,

The History of Boconnoc Estate

Monday 7th November John Notley, from Radio Cornwall,

Whatever the Weather

Monday 5th December Caroline Stone, the national collection of

Double Primroses

Saturday 7th January Annual Lunch details tbc



Visitors and new members are always welcome to join us.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216.** 55

We look forward to meeting you.

TAKEAWAY SERVICE AVAILABLE

Please pop in to Angie's and pick up a menu.

ANGIE'S PANTRY

On the first floor at Millennium House, Pensilva Tel: 07716 905242

From Tuesday 13th September we will be open from 9am to 1pm then we will open again at 3:30 till 6pm for a takeaway service. OPENING TIMES: Mon/Wed/Thu/Fri 9am to 4pm. Tue 9am to 1pm & 3.30 to 6pm. Sat: 10am to 4pm.

(Opening times may be extended for special events)
10% discount on meals for senior citizens.

Millennium House

THE MEL

Licensed Bar Free House

Opening Hours

Mon - Thu - 5 pm to 11 pm Fridays - 3 pm to 11 pm Saturday - 12 noon to 11 pm Sunday - 12 noon to 11 pm

Millennium House 01579 363096

