

THE PARISH PUMP



August 2016
Edition 417



The Newsletter for the Parish of St Ives

It's show time, folks!

Pensilva Carnival Week

Sunday August 7th to Saturday
August 13th (Carnival Day)

St Ives Show

Saturday 3rd September

Pensilva WI Horticultural Show

Saturday 10th September

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Martin Corney (Chair)	01579 382450
Roger Bennison	01579 363967
Pam Carter	01579 362640
Peter Dipper	01579 362315
Peter Haimes	01579 362459
Alan Neal	01579 362478
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David Waddington	01579 362654
Ruth Wilson	01579 363684

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting:

Monday August 8th at 7.30pm at Pensilva



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Officers can be contacted on 01579 325454 at any time

PC Garth Hatt garth.hatt@devonandcornwall.pnn.police.uk

PCSO Bob Anslow robert.anslow2@devonandcornwall.pnn.police.uk

2 PCSO Becky Steed rebecca.steed@devonandcornwall.pnn.police.uk

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Come relax and wind down
after work

At the Mel Bar, Millennium House

HAPPY HOUR

From opening time till 7pm Weekdays

50p off all alcoholic drinks.



sky SPORTS

From the Editor

I really didn't know what to write about this month, then at the eleventh hour I received this letter, headed "Correction", which speaks for itself.

Dear editor, your letter from the editor in the July issue of the Parish Pump was factually incorrect regarding the geological processes which formed the King Donierts Stone.

The stone was formed as part of a large igneous intrusion known as a Batholith, which would have been the base of a large mountain. There are four such batholiths across Devon and Cornwall, all of which are collectively known as the Cornubian Granite formation. This formation was intruded as part of the Variscan Orogeny around 380 to 280 million years ago as the continents of Laurasia and Gondwana collided to form Pangea. The stone itself hasn't undergone much uplift in the time since this mountain building event, conversely the erosion which has occurred over time is actually a greater contributor to the stones uncovering.

Geologists are sure how these events must have occurred due to studying the current formation of the Himalayas, as the great Geologist Charles Lyell said "the present is the key to the past".

Yours, Tristram Keats - School of Geology, Plymouth University

I apologise for the misinformation and am very grateful to Tristram for putting me right. The least I could do was to invite him to enter a team from the School of Geology for the Carnival Quiz, but unfortunately they can't make it.

Keep smiling!

Joe.

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Cafe (Angie's Pantry)

9am till 5pm Monday to Friday

10am till 4pm Saturday

Bar

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

If no-one is available please leave a message in our letter box at the front of the building or on our answer phone by calling **01579 363096**.

PENSILVA WI JULY REPORT

The annual Horticultural Show is fast approaching so to get your vegetables and flowers blooming you need to give them a good talking to! The show is on September 10th and if you are knitting, sewing and cooking you should get going to be in time for the show. The visitors are always amazed at how clever the people are that put something in the show.

Cherry won a sugar craft prize at the Liskeard show. Well done, Cherry! Francis went to the Annual general meeting in Brighton and gave a very interesting report. The delegates were reminded that the W.I. wants to make a difference to everyone and there has been an increase in membership. The first resolution that was adopted was that dementia patients in hospital should have sufficient support whilst they are in hospital. The second resolution was about food waste by supermarkets and shops. It was pointed out that there were already signs that this was being addressed but the resolution was passed by the delegates.

Visits are still going ahead to Sterts and arrangements were made for the visit and tour to the Theatre Royal; lifts to Callington and bus to Plymouth. There will be a coffee morning for Macmillan Nurses on September 24th in the Village Hall. Usual tea and cakes and stalls.

Don't forget the Tombola stall at the village fete on Saturday 13th August. There will be no meeting in August but we can meet at Francis Trucker's house for a social. Bring and share supper.

Our quest speaker for the July meeting was Philip Rodda from Rodda's Cream. He showed us a film of how and when Rodda's started. They took over a site that was previously a tin mine in Scorrier and started a farm. The grandmother of the family started to make cream which she gave to the locals and gradually their clotted cream firm was started with all the family helping. They have been going for over 100 years. They had a new cream factory built in the 1960 and the business still employs their family and some workers from the local community. Their cream, custard, ice cream and many other items are known over the world. The family still comes up with new ideas to please their customers. They started by sending eggs up to London and putting a pot of cream amongst the eggs. Soon they were asked to send cream as well as eggs. That simple method soon got their business thriving. During WWII there was rationing and the government decreed that cream was a luxury, but production resumed after the war. Today the business continues to grow and improve. They supplied the cream for Wimbledon! It was a very interesting evening and at the end they supplied some goods for us to take home.

Flower of the month was won by Cherry Woodhouse, 2nd Mary Gillbert, 3rd Jill Pascoe. The competition was won by Julie Sharp, 2nd Cherry Woodhouse, 3rd Verna Dawe.

From Cllr Steph McWilliam – August 2016

There is much to fit in this month. Let's start with more good news. CC Children's services had a good Ofsted report. The final report confirms that we have received an overall rating of 'Good' for these services – putting us in the top 25% of children's services in the country that have been inspected under the tougher new inspection framework. Well done to all concerned.

There is a campaign underway to try and persuade people to look after the sewerage systems by not flushing wet wipes. If you do, please don't.

Blue badge holders – Those eligible for free car tax can register (for a £10 fee) to have a card that permits free parking. The system had to change when government did away with tax discs being displayed but Cornwall Council was keen to find a mechanism to continue helping those with blue badges, but you do need to reapply.

I know some people are still upset about the referendum result and concerned that we will lose all the funding. Please bear in mind that we are still in the EU and Article 50 hasn't yet been triggered. It will be at least two years after that when we actually leave, which takes us up to mid-2018. Since the programme finishes anyway in 2020 and any contracts in place before we leave will be honoured under international law, it is very unlikely to have any impact on our economic development funding.

Four of our councillors from SE Cornwall have been to Westminster to meet with our MP and the Secretary of State for Transport about the improvements to the A38 urgently required for our economic development. It was a very long day for them but it sounds as though they put our case well and received a favourable response. However, please don't expect to see any significant improvement works in the near future. All this is just to get it onto the next road improvement programme. I am delighted to have been part of this cross-party work by all the Cornwall Councillors in SE Cornwall and even more delighted not to have been one of the "travelling four".

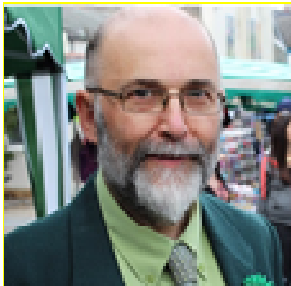
More good news alert! You will already be aware of the ongoing concerns about housing need across Cornwall. Despite the huge number of new homes receiving planning permission and thousands having been built in recent years, the number on the housing register is still stubbornly stuck at more or less the same level. The Housing and Planning bill currently going through parliament has quite a few sections that concern me and risk making our situation worse so I am delighted to report that Cornwall Council officers have been working hard on a scheme to try and address this. I can't begin to explain the complexities of trying to work within the existing rules handed down from central government but it has not been easy and the people working on this deserve our thanks and credit for their perseverance. (cont...)

From Cllr Steph McWilliam (continued)

It isn't complete yet but it is looking as though they have found a way to provide genuinely affordable homes which will be economical to run, be a decent size, protected from the right to buy with more secure tenancy and cost neutral to the council – and hence not a charge on your council tax.

And finally, please don't leave valuables in sight in cars. This is still happening and it is such a shame to have a great day out ruined when you return to your vehicle. The overwhelming majority of people are good, decent and honest but it only takes one opportunist to cause you distress and inconvenience. Please don't give them the chance. Thank you.

The Latest from Your Parish Councillor - Martin Corney



As the Summer holidays, with gala, carnival and fete season comes round once again, the business of the parish carries on. As ever the Parish Council is trying to save money, so we are going to mow the recreation grounds ourselves instead of putting the work out to tender.

Although Ruth Wilson is new to the Parish Council she has agreed to chair the Parks and Open Spaces Committee. As well as the usual maintenance of recreation grounds, play equipment, cemetery and bus shelters, the committee is looking at the issue of allotments. There are currently no allotments in the parish. One of the features of housing in Pensilva, and a key feature of it's World Heritage Site status, are the large garden plots associated with the miners' cottages. This obviously provided space for growing vegetables, and may be the reason we have no allotments. Maybe because of this there was no need for allotments back then. But now we have lots of new housing with small gardens, this would explain why the 2014 survey showed a demand for hundreds of allotments. The Neighbourhood Development Plan has finally received the grant money to print copies of the survey report for those who would like a copy. We have also found out that we need to coordinate our plan with all the others in the Caradon Community Network Area in order to ensure that the Cornwall Council Local Plan targets for housing are met. If we don't then our Parish Plan will be invalid.

Don't forget the parish website st-ive-parishcouncil.gov.uk with council meeting agendas and minutes; also downloadable copies of the Parish Pump. For those of you who do Facebook, our St Ive Parish Council page is still being updated with parish news. Phone me, email me on martin.corney@btinternet.com or "martin corney blog st ive" in search engines will find my blogs for you to ⁷ comment on this article and other gems.

Summer Fun at Pensilva School

It's been another busy couple of months for Pensilva School with the school production of 'the musical 'We Will Rock You', the 'Tinth' Anniversary Project, sports day, summer fair, and maths and science cross curricular days.

In early June children from Key Stage 2 took part in a school production of 'We Will Rock You'. The children acted, sung and danced to the Queen inspired musical. The children worked hard for the whole year under the careful eye of their directors Mrs Shrewsbury and Mrs Rowe. The final performance was held at Sterts theatre to a packed audience.

Some of our key stage two children took part in an art, music and dance project at Sterts, culminating in an evening show. This was to help celebrate the 10th anniversary of the Cornwall Mining World Heritage Site Partnership becoming UNESCO status.

On Thursday 7th July we had our sports day where all children competed in a round robin of nine events including, space hopper races, tower building, water race and hurdles. This was followed by class sprints, shuttle relays and a 600m race. Throughout, there was a wonderful family feeling with the older children helping the younger children through the events. Not to be left out, the adults took part in a ball throw contest and more space hopper racing.

A successful and well-attended afternoon culminated in a year 6 tug of war and finally the presentation of the cup.

Our well-attended summer fair took place after the school sports day. There was plenty for everyone to do including pony rides, bouncy castle, ping pong in the jar, face painting and hook the duck. Alongside all this activity, there were craft stalls, bric-a-brac, candyfloss and of course the much loved pulled pork. That is not to forget the year 6 ice cream stall and the cream teas.

Finally Pensilva School Council achieved the PADL (Promoting Active Democracy Loudly) Gold award. The council had to fulfil 60 criteria covering, council procedures, council links within the school, council links beyond the school and council activities.

Among many other things the council, raised money for cancer research, took part in council meetings with other CCET schools, helped buy equipment for the school and most importantly, gave a voice to all the children in the school.

Millennium House Events Group

New members always welcome. Please see the group's Facebook page.



MILLENNIUM HOUSE
EVENTS GROUP

Supporting Guiding & Scouting Activities in Pensilva

200 CLUB Draw Results for June

1st No. 96 Mr R Pearce £75	2nd No. 194 Mrs L England £50	3rd No. 126 Mrs V McCarthy £20
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Thank you for your support



You can now donate locally in St Johns Church
Pensilva. Thursdays 10.00am - 11.15

Dry or tinned food only, please



2016 High Down Community Fund Deadlines for grant applications in 2016.

Deadline date:	Awards Panel meets on:
8th August 2016	5th September 2016
7th November 2016	5th December 2016

For more info see: <http://www.cornwallfoundation.com/high-down-wind-farm-communitiy-fund.html>

The fund is administered by Cornwall Community Foundation.
01566 779333 / 779865. office@cornwallfoundation.com

OPEN DAY We had the most fabulous afternoon at our Open Day and thank you to all of those who came and made it such a success. In particular, Simone for her demonstration of Wild Food: Amanda Hignett of www.ilovenature.org for the pickling and fermentation demonstration and Phil Hignett for his immensely popular Pet Logs.

I was very proud of how well the plot looked, with all the crops and tunnels looking so well cared for. I was also immensely proud of all our volunteers, who worked so hard to bring everything up to scratch. A big thank you to Lily, Erica, Mike, Matt, Emma, Martin, Becky, Mark and Louise.

CROPS AND HARVESTING The new outdoor beds have been so productive that we could easily have planted each with 50% less plants, so we'll now that for next season. The first crops of onions, shallots, garlic, new potatoes, broad beans and peas are finished and we're planting more peas and brassicas. The potato yields are the best we've ever had, with 40kgs from just one bed. We've another 2 beds to harvest, so there's plenty to come. Also harvesting are tomatoes, chard, squashes and courgettes, sweetcorn, cabbages and kales, runner, climbing and dwarf beans.

In the tunnels, we have our first ever aubergines ripening, which fulfils a long held ambition of mine. The trick was early propagation over heat, so they went into the beds as quite large plants. Similarly the chillies and sweet peppers; they are looking very promising.

WANTED As usual I'm scrabbling around for jam jars to use up the currants and berries, if anyone has some spare, let me know. Also, we are always happy to receive gifts of timber for various ongoing projects.

VOLUNTEER SESSIONS As everyone knows, the trick now is to stay on top of everything. Weeds and grass are enjoying the combination of rain and sun; we need lots of pairs of hands to help keep the site manageable. If you'd like to join us or our weekly volunteer session, we're here from 10-2 every Weds. Lunch is provided along with much healthy exercise and fun.

OUR VEG BOXES enjoy fabulous fresh local fruit and veg, delivered to your door, order your mixed veg box now. Prices are: £7.50 for 1 /2 people, £10 for 3/4 people, £15 family box and the very popular £5 fruit bag. Or drop by our veg stall which is refreshed with all sorts of seasonal delights every Thurs. Please put your cash in the post-box on the gate.

COMMUNITY COMPOST SCHEME We welcome your lawn clippings, used rabbit bedding, cuttings, etc at our compost bins by the gate. If you use weed-killer on your lawn, please dispose of your clippings through the Council scheme.

The Growing Project CIC is a Community Interest Company producing organic fruit and vegetables. We have opened the growing space at Kenwyn, Higher Rd to the community and welcome volunteers for all sorts of jobs. Contact Ruth Wilson 01579 363684/ 07853 244934



PENSILVA WOMEN'S INSTITUTE HORTICULTURAL SHOW

To be held in **MILLENNIUM HOUSE, PENSILVA**
SATURDAY 10th SEPTEMBER, 2016.

To be opened at 2.15pm.

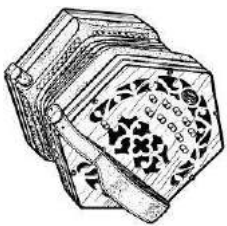
Prizes presented at 3.30pm by Mr. Geoff Cox

Classes for Cookery, photography, cut flowers and flower arranging,
plants and vegetables, handicrafts and art.

Schedules available from Jill Pascoe 362819,
or any W.I member,
or from Millennium House

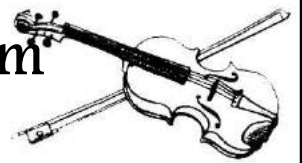


Slow & Easy Folk Sessions



Monday 8th August 7.00 – 9.00pm

then every other Monday night,



ANY instrument welcome! If you've just started on your
instrument, are **new to folk**, or find pub sessions a bit too fast and
furious then this is **THE** place for you! **Questions? Call 01579 343616**

Meet in the Quimperle Rooms, Public Hall Liskeard

3-5 West Street, PL14 6BW

Easy Parking nearby

SLOW & EASY FOLK ... is for anyone who wants to play along with others at
an easy pace and where it doesn't matter if you can only catch one note in 4!
You WILL pick it up over time and we make sure that no-one is left behind!

St Ive Village Show

Saturday 3rd September 2016

Opens at 2.30pm in the village hall

Entries open to all

Adult classes for:

Flower Arranging Cookery

Vegetables Cut flowers

Houseplants Handicrafts

Photography Art

and Young people's classes (up to 16yrs)

Entries to be submitted between 6 pm and 8.30pm
on Thursday 1st September, or in advance

Schedules available:

by email from Sally at

sales@keasonplantservices.com

or from Doreen (383054) or Veronica (382762)

St Ive and District Gardening Association



Calstock Footpath Society

Our society is a very friendly group which gives a warm welcome to those who wish to spend a few hours walking around this beautiful part of Cornwall. Come and join us.

Saturday August 13th 10.45am. Meet at the Parish Hall in Golberdon PL17 7ND.

Walking the footpaths and quiet lanes in South Hill parish. 3 miles before lunch back at the hall park, toilets here, then 3 miles after lunch for those that wish to continue. Something for everyone, including fields with great views along the way, some hilly.

Saturday September 24th 10. 30am start .The Two Valleys walk in St Neot Parish.

More details <http://cfs.btck.co.uk/> or email calstockfootpath@gmail.com

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House 10-2 every Monday.

Please come & see us or phone Pam on 01579 363441.

Pensilva Memory Café

Pensilva Memory Café is a friendly informal setting for people with memory problems and their carers to feel comfortable, socialise, share experiences and exchange information. The Memory Café is run by volunteers and voluntary donations.

Please come along and join us. Make new friends, enjoy some music, reminiscences and refreshments. Join in the activities if you want to or just relax for a couple of hours.

Pensilva Memory Café meets on the 4th Thursday of each month at St John's Church, Pensilva from 2-4pm and the next one is on Thursday 25th August.

Volunteers to help with the Memory Café always welcome. For more info please contact Carolyn on 362698 or Pat on 363461.

Upcoming Quizzes in Millennium House



Next Quiz (Carnival Week)

Tuesday August 9th 2016

at 7:30pm

Future Quiz dates:

Sep 10th, Oct 22nd, Dec 3rd.

Organised by and raising
funds for

All Being Well

Ruth and Colleen's Monthly

BINGO

At Millennium House

on Tuesday 2nd August

(and next month on Tuesday 6th September)

Eyes down at 7:30pm

Over 18's only

£££ CASH PRIZES £££

JOHNNY COWLING



SATURDAY 17TH SEPTEMBER

7:30

MILLENNIUM HOUSE
PENSILVA

TICKETS £12.50 ADVANCE TICKETS ONLY PAT 01579 362959

INCLUDES PASTIE SUPPER

KAREN 01579 362196

MILLENNIUM HOUSE EVENTS GROUP

PENSILVA CARNIVAL DAY 13TH AUGUST - **DOG SHOW CATEGORIES**



BEST PUPPY (UP TO 12 MONTHS)



PRETTIEST BITCH



MOST HANDSOME DOG



BEST PEDIGREE



BEST CROSSBREED



BEST VETERAN (OVER 7 YEARS)



BEST CHILD HANDLER (UNDER 12 YRS)



FASTEST BONIO EATER



LONGEST STAY



BEST IN SHOW!!

**Please note that the Pensilva Carnival
Arts and Crafts afternoon, organised by
Churches Together, has been moved to...
...Thursday 11th August at 2pm**

**See centre pages for your four page,
¹⁶ pull-out guide to Pensilva Carnival**

Community Lunch

First Sunday of every month 12pm for 12.30pm

3 Course Lunch with Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

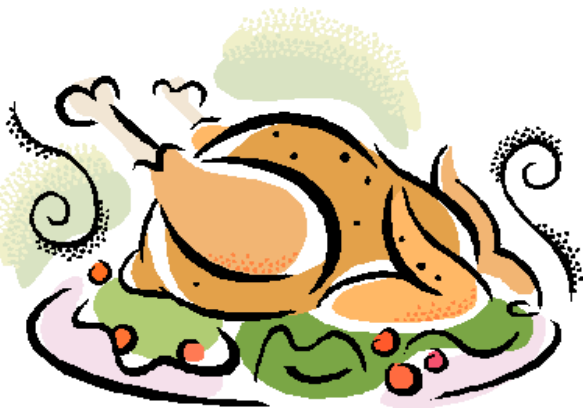
At Millennium House, Pensilva

Bookings required:

Call Graham or

Charmayne

on **01579 363096**



FARMERS & CRAFT MARKET

AT MILLENNIUM HOUSE

Every 2nd Saturday of the month

Refreshments available

Next market August 13th (Carnival Day)

Come and support local producers and help
your local community to thrive.

PENSILVA SHORT MAT BOWLS CLUB

This is an invitation from the above named club. We are a local club with members from the St Ive Parish and surrounding area who play short mat bowls in the Millennium Centre on a Thursday evening. The club is open to everyone who thinks they might like a night out to play bowls, so why not come along and give us a try and see if you would like to play on regular basis.

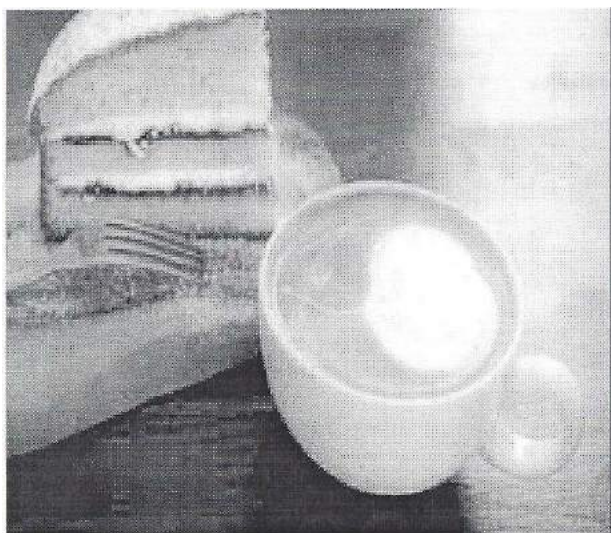
We will also throw in tea and biscuits as well as sparkling conversation. The club meets @ 7.15pm in the function room and we finish at ten o'clock every Thursday evening. If you would like to join us, the first 2 nights are free with a small contribution after that of £2.00 every week towards the room etc with a yearly membership subscription.

Please come along and give us a go you never know you might enjoy yourselves.

For further details. Please contact the secretary Peter Johnson on 01579-208528

Phyllis's Coffee Morning

Thursdays 10.30am - 12.30pm



Chat with friends while enjoying a delicious light bite or slice of cake and a tea or coffee...

for just £2.50

The Mel Bar
Millennium House, Pensilva

Badminton?

Come and join our relaxed and friendly group at Pensilva Millennium House

Mon & Tue 7.30 - 9.30pm
Friday 8.00 - 10.00pm

For further info phone
Nigel or Carol on
01579 363594 or
07885 798370

All Being Well

Your local, friendly gym.
Sixteen years working in our local community to improve health, fitness and well being. Give us a call on **01579 363890** or drop in to see us at Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri	10.00 to 3.00
and	5.00 to 9.00
Tues/Thur	9.00 to 1.00
Saturday	10.00 to 1.00

Email: abwgym@gmail.com

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).



Next visits:
June 10th, July 8th,
August 5th.
Stops at the Victoria Inn, Pensilva at 10.25 to 10.45am and at Quethiock Church 11.00 to 11.20am.

<http://www.cornwall.gov.uk/media/17826241/east-week-3-schedule.pdf>

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeserve.co.uk**.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Mon. 6:30 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Alternate Wed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ann Wood 01579 364085).

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our group.
Tea, coffee, biscuits and plenty of friendly chat.

PLEASE NOTE: Meetings will now be held on the 3rd Thursday of each month at 11:30am in Angie's Café, Millennium House.

For any questions please contact

Jean Conner 01 579 363 221 or 07 899 694 670



Struggling with Sight Loss?

Cornwall Blind Association offers emotional and practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Access Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Audio Books: Information on books and equipment

Talking Support: Telephone befriending scheme

Counselling: For those affected by sight loss

Transport: Subsidised travel for some activities

Social Clubs and Activities: Links to clubs and activities across the county

**NHS
REGISTERED**



**SUPPORTED BY
LOCAL DOCTORS**

Do you suffer with various long term health conditions?

Come along and join our small, friendly group.
For company, light exercise and support.

We meet at Millennium House every Monday from 1.00pm - 3.00pm

For more information contact us:

Pauline **01579 345989**

Jeanette **01579 363691**



The **co-operative**
Community Fund

PENSILVA HEALTH CENTRE

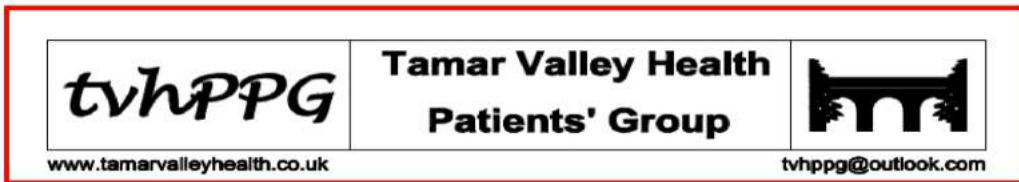
Baby Clinic

First Thursday of every month, from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly professional advice.

For information call the health centre on

01579 362249



Unused/Unopened Bandages & Dressings.

Unused/unopened bandages and dressings cannot be returned to the Health Centre but there are groups prepared to accept them for distribution in developing countries. One such group is Plymouth Bissary Aid Project and in November members of Cornwall Young Farmers are having a trip to The Gambia and sending a container with such items.

If you have any unused/unopened bandages/dressings, "***I stress they must be unused/unopened***", then please contact Cat Ede on catede@hotmail.co.uk to arrange for their delivery/collection or drop into Callington Town Hall. All items will be collected by 1st October. **OTHERS NEED HELP - SO THANK YOU FOR YOURS**

St Ive Church

Services at 11:15am Every Sunday

- Aug 7th** Holy Communion
- Aug 14th** Family Service - *Small pets welcome*
- Aug 21st** Holy Communion, Lunch follows this Service
- Aug 28th** Morning Worship

.....

Other August Events

- Fri 5th** Home Produce and Bric-a-brac with Lunch 10:30-1:00pm
Home made cakes etc, Fresh vegetables, locally made pasties, pickles, jams & much more
- Sun 7th/14th/21st/28th** Cream teas 2:30pm - 5pm
- Sun 21st** Lunch in Church 12:45pm All Welcome. Only £7 for 2 courses.

Reverend Margot Davies **01579 208698** email margotaj@tiscali.co.uk

Church Wardens Brian Dwelly **01579 364010** email btdwelly@aol.com

24 Colin Catchpole **01579 383867** ccatchpole@hotmail.com

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.

ST JOHN'S CHURCH, PENSILVA

Services for August 2016

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 7th	(9.30am 11 am	Anglican Benefice Eucharist at St Cleer) Mr Paul Howard
Sunday 14th	11 am 5pm	Anglican Holy Communion Service Food for Thought at St. John's Church
Sunday 21st	11 am	Cafe Church
Sunday 28th	11am	Rev. Mark Pengelly

Afternoon Tea Friday 5th August, 3pm, St. John's Church, Bring & Buy, everyone very welcome.

Every Thursday, 10am at St. John's Church there is **Cafe Church**. Everyone welcome to join us.

Carnival Week Children's Arts, Craft and Games afternoon is on Thursday 11th August at 2pm in Millennium House (**NOT** Tuesday 9th August as previously advertised). Please pass the forms into Millennium House before Thursday.

Prayer Group: None this month. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

Fellowship: None this month. Further information from Geoff or Carolyn on 362698.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698 or Frances Tucker - 363718



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We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

St Ive Methodist Chapel

Services for August 2016

Sun 7th Aug	11am	Mr John Hogarth No evening service
Sun 14th Aug	11am	Mr Brian Westlake No evening service
Sat 20th Aug	From 2pm	St Ive Village Fete in the Chapel grounds. Stalls, games, refreshments. All welcome.
Sun 21st Aug	11am	Mr Keith Mutton No evening service
Sun 28th Aug	11am 6pm	Rev Tom Osborne with Communion United Service

The Chattermakers Craft Group will meet on Thursday 4th and 18th August in the Guild room from 7:30pm. Anyone wanting more details please contact Kathryn on 01579 382334.

The Prayer meeting will be held in the Guild room on Wednesday 3rd and 17th August from 7:30pm. All welcome.

Pensioners Lunch

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Friday - 9am to 12 noon

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Four page, pull-out guide to...

Pensilva Carnival Week

Programme of events throughout the week

(Subject to change and weather)

Sun 7th August	3:00-4:00pm followed by	Car Treasure Hunt Pasty Supper
Organised by Pensilva Pre-school,		Location: Millennium House
Mon 8th August	2:00pm	Kids Bingo
Organised by Pensilva School PSA,		Location: Millennium House
	7:30pm	Family Skittles Night
Organised by A.B.W,		Location: Millennium House
Tues 9th August	2:00pm	Space available!!!
	7:30pm	Quiz Night
Organised by All Being Well		Location: Millennium House
Weds 10th August	6:00pm	Children's Film
Organised by Pensilva School PSA		Location: Millennium House
	8:30pm	Over 18's Film Night
Organised by Pensilva School PSA		Location: Millennium House

Carnival Week events continued on
page 4 of this pull-out guide...

Pensilva Carnival Day

Saturday 13th August

Programme of events

(All times are approx and subject to change)

- | | |
|----------------------|---|
| 9:30 -12:30 | <u>Farmers Market</u>
£5-00 per table/free entry |
| 12:30 – 12:30 | <u>Fancy Dress Registration</u> – 50p entry p.p.
5 years & under, 6-11 years, 12+ years,
pairs & groups, floats |
| 12:30 – 13:00 | <u>Official opening of Carnival Day</u>
By Mr & Mrs Cardew of St Ive
<u>Fancy Dress Judging</u> and presentations |
| 13:00 – 13:30 | <u>Parade sets off</u> |
| 13:00 - close | <u>Car Boot & Table Top sale – in car park</u>
£5-00 per pitch |
| 13:30 | <u>Parade returns to field</u> |
| 13:30 – 14:30 | <u>Dog Show</u> - £1-00 entry per category |
| 13:45 – 14:15 | <u>Baby Show</u> – free entry
0-6 months, 7-12 months, 13-18 months |

14:30 – 15:00	<u>Have a Go Dog Agility</u>
14:30 – 15:00	<u>Tavi Twirlers</u>
15:00 – 15:30	<u>Silver Band</u>
15:30 – 16:15	<u>It's a Knockout !!</u>
16:15 – 16:30	<u>Raffle</u>
16:30 – 16:45	<u>Classic car & bike "lap of honour"</u>
16:45	<u>Close</u>
19:30 – late	<u>Carnival Disco - £1-00 entry per person</u>

Refreshments throughout the day include:

BBQ/Cream Teas/

Ice Cream Van/Sweets/Candy Floss/Pasties/Café

Side shows include:

Lazar Tag/Archery/Bouncy Castle/Face Painting/

Classic Car & Bike Show/Skittles/Car Boot and

Table Top sale/Games and much more!!!

Carnival Week events continued...

Thurs 11th August 2:00pm	Arts & Crafts Afternoon
Organised by Churches Together	Location: Millennium House
Eyes down @ 8:00pm	BHF Bingo
Organised by Keith Richards	Location: Millennium House

Fri 12th August 2:00pm	Kids Sports & Games
Organised by Relay for Life	Location: Millennium House
7:30pm	Donkey Derby
Organised by Pensilva Football Club	Location: Millennium House

(No cars to remain in the car park overnight please)

Sat 13th August 1:00pm	CARNIVAL DAY!!!
Organised by MH Events Group	Location: Millennium House

(See centre pages for Carnival Day events)

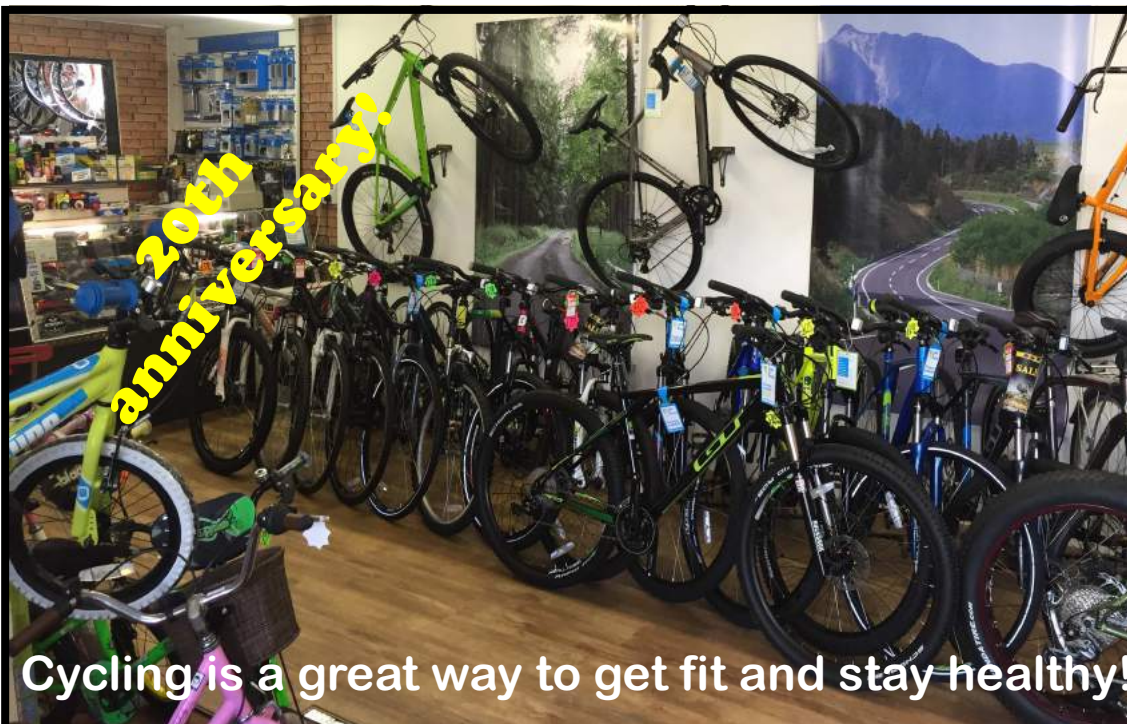
7:30pm	Carnival Disco £1 p.p entry
Organised by MH Events Group	Location: Millennium House

Volunteers are required to help on Carnival Day – if you can then please let Karen know on 362196 or Rachel on 363834.

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EVENTING - GATCOMBE

14th AUG - JURASSIC COAST - SEA
CRUISE TO SIDMOUTH

17th AUG - BRITISH FIREWORK
CHAMPIONSHIPS

27TH - 28TH AUG - GREAT DORSET
STEAM FAIR WEEKENDER

2ND - 4TH SEP - BURGHLEY HORSE
TRIALS

13TH SEP - WIDECOMBE FAIR

12th OCT - TAVISTOCK GOOSEY FAIR

17TH - 21ST OCT - THE COTSWOLDS

5TH NOV - BRIDGEWATER GUY FAWKES
CARNIVAL

18th - 21st NOV - TURKEY & TINSEL TO
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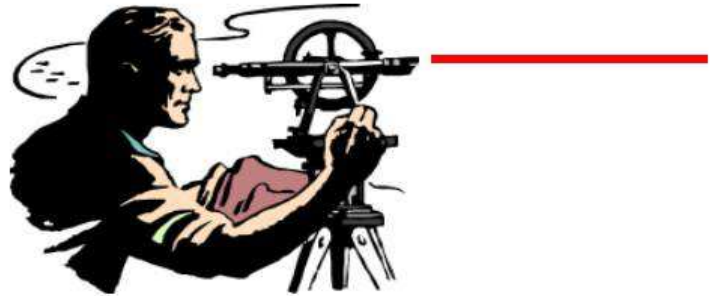
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Email: KITKeepItTidy@hotmail.com

DOG GROOMING

40 YEARS EXPERIENCE



**SMALL and MEDIUM Dogs
Groomed to Your Request**

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Inquiries Welcome**

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Contact Dominic

07968 599 675

01579 362 945

info@mccarthypropertymaintenance.co.uk

www.mccarthypropertymaintenance.co.uk

VISIT CALLINGTON

A Fair Trade Town

**Whether you need white goods or carpets for your home,
or need to mark a special occasion, with a gift or card,
you can find it in Callington. From a light bite in a tea room or
Cornish Pasties to take away to dinner in a restaurant.**

From antiques and curios, bicycles and D.I.Y. to bridal wear.

A great choice of independent specialist shops.

There is so much more - Visit to see for yourself

Callington Traders Association



**SHOP LOCAL
AND KEEP CALM**



Pensilva Stores

Amazing Value

Premier
a great deal more from your local store
Mon-Sat. 7:00 AM. – 9:30 PM.
Sunday 8:00 AM. – 9:30 PM.

- ✓ Fantastic Special Offers every month!!! (See store leaflets)
- ✓ Come and Check out our great deals on Wine, Beer and Spirits
- ✓ Local Produce: Homemade Butter and Clotted Cream, Meat from our local butcher
- ✓ Cornish Fresh Fruit and Vegetables
- ✓ Fresh Bread, Pasties and Cakes
- ✓ Take Away Coffee, tea and hot chocolate
- ✓ Newspapers and Magazines, Greeting Cards
- ✓ Paypoint, Lottery

*** Free to use ATM ***
*** Card Payment ***

Friendly Staff + Service with a Smile !!!

Pensilva Stores is a family run business who have been serving local people and visitors for more than 21 years.

Higher Road, Pensilva, Liskeard, Cornwall PL14 5NQ

Tel: 01579 362547

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Garage Door Specialist

- Repairs
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- Installations

Out of hours service
call Dave anytime 07974 442645

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www.mendologydoors.co.uk

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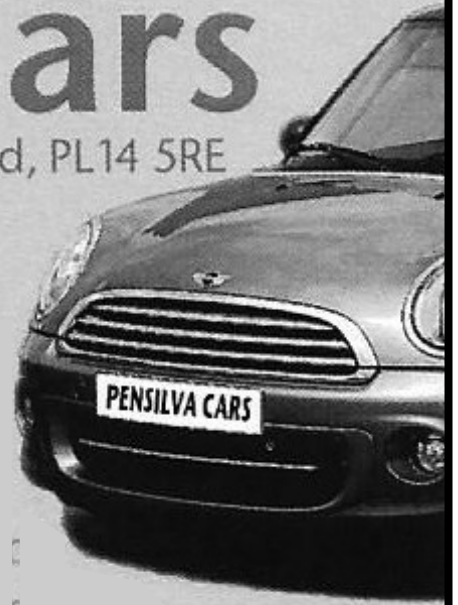
Pensilva Cars

Unit 6, Ten Acres Ind. Est. Pensilva, Liskeard, PL14 5RE

01579 363516

pensilvacars@hotmail.co.uk

<http://www.pensilvacars.co.uk>



- ◇ Local Recovery £45
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Now offering “Elite” remapping to improve performance and economy.

We can service and repair your car to Manufacturer specification, keeping your Dealer Warranty without main dealer expense.



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A family run business with fully equipped & maintained workshops & a focus on
Customer Care

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- ◇ Mechanical Repairs
- ◇ Servicing to All Makes & Models
- ◇ Computer 4 Wheel Alignment
- ◇ 24 Hour Recovery Service
- ◇ Renovations & Re-sprays
- ◇ Member of RMI (Retail Motor Industry Federation)
- ◇ Latest Diagnostics (including specialists for VW, Audi, Seat, Skoda & Vauxhall)

With over 30 years' experience we aim to provide you with:- Value for Money -
Friendly Service - Professional Approach - Expert Advice that you Can Trust
(Visit our website for more details)

Pensilva Industrial Estate, St Ive Road, Pensilva, Liskeard, Cornwall PL14 5RE

Tel: 01579 362593

Email: keith@keithrichardsmotorbody.co.uk

Fax: 01579 363194

Website: www.keithrichardsmotorbody.co.uk

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Proprietor Robbie Savill AWCB

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need somewhere to stay ?
between homes ?
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Holiday Lodges

ideal for Pensilva
& St.Ive

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LANDLORD'S CERTIFICATES

OVER 25 YEARS EXPERIENCE
CALL JOHN ON 01579 362336
MOBILE 07837921086



502322

Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please ring the Parish Office on **01579 363096** or leave a note at Millennium House reception or email parishpump@btconnect.com.

*****Please let us know when your item has sold*****

Shopper walking frame for sale. Seat and brakes hardly used. **£20.**
01579-362417

Little Tikes **Wendy House** -a bit faded with the weather but perfectly sound **£25.**
Proline **fridge/freezer** in good condition, 4 years old. **£50.**
Tel. **01579 363609.**

Pressure Washer £40
Leaf blower / vacuum £30
Peugeot 407SW roof bars **£40**
01579 362064

Saddle, 18" approx (Keith Bryan). About medium width. Suit lightweight cob. **£200** ono
01579 345863

E1system **desktop PC** Intel pentium dual core processor-1GB memory-250GB hard drive-Windows Vista Home Premium. Full spec available. **£50.** In working order.
LCD monitor 19 inch c/w Logitech webcam, wireless keyboard plus mouse. **£25.** All in working order.
Space required reason for sale. Pensilva village. **01579 362950**

Chest of 3 drawers - small silver look handles, light wood finish, vgc - FREE
Folding polished dining/kitchen table - seats 4 - vgc - £15
Wooden ottoman - (white vinyl covered, wooden legs, possibly late 1950's/early 1960's).⁵Good condition - £15
Tel - **01579 383204** (St.Ive)

Very large, Swiss, circular, **stainless steel barbeque.** Little used. With 45kg charcoal. **£150.** **01579 363997**

Lindam Safe & Secure metal playpen **£40** ono
01579 363791

Caravan hook up cable, 25m **£15.**
Dog crate, medium size **£15**
2 x 4ft wrought iron garden gates **£30**
Chimney bends 5"x 2 plus straight collar stainless steel **£25**
2KW oil filled radiator **£20**
Tel. **07841 717913**

Portable **Colour TV** with built-in DVD. Good working order. **£30.**
Panasonic **Blu-ray DVD.** Good working order. **£40.** Tel. **07980 284002**

Thick **Blue Slate Fireplace Hearth Stone** 28" x 28" x 1½". **£50.** No offers.
01579 384658

Motorcycle Top Box by GIVI. Unused. Model B33NMK with 2 keys and mounting plate. Volume 33 L&R. **£35.**
1 pair **Leather Motorcycle Trousers** by Hein Gerick with removable thermal liner and TFL cool system. 38" waist, 33" leg. Never worn. **£40.**
1 pair **Leather Motorcycle Gloves** Unworn. **£5.**
01579 362217

Baby pink 3-tiered metal **cupcake stand.** Lovely swirly design. **£4.** **07773 790032**

EV7000 ELITE **Treadmill**, no incline, mains operated. Only used a dozen times. Very good condition. Buyer collects please (St Ive). **£150.**
01579 382304.

Flymo. Little used. **£25. 01579 345863**

Mamas and Papas grey **Travel Cot.** Nearly new. Easy to put up and down. Comes with 2 free fitted sheets. **£25.**
Electric keyboard (Groovy Stars) with stool and sing-along microphone. Red & blue. 3+ years. Excellent condition. **£15.**
Tel: **01579 382762**

Long length **Black Winter Coat** Size 12. Excellent condition. **£40. 01579 346986.** (Higher Tremar)

2 plastic hamster cages - 1 with bars and other clear plastic from 'Pets at Home'- **£5 each**
01579 363315 after 6pm

2 boxes Kalite (whitish light beige) **wall tiles** each tile 13" x 10" **£15,**
6 23½" x 11¾" x ¼" white **floor tiles, £10**
10 litre tub Vallance Suregrip non-slip **wall tile adhesive, £10 - 01579 384658**

Glass shower screen, complete with all fittings, excellent condition. Approx. 71cms wide, 136cms high. **£45 o.n.o..**
Tel. **01579 208572,** or **07980 573882.**

Blind for VELUX® Window
Blind colour Acacia Pebble (Cream)
Model Code:CGL Size Code:M08
Frame colour: silver
Size: Width 613mm, Drop 1160mm
Supplied in original unopened packaging:
£21.50 ono 01579 363497

Greenhouse, 8'x6' Poly Carb,
£30 (buyer to dismantle)
01579 383137

Childs small 2-piece Leather **Motorbike leathers.** Size 8, Red/Black - **£20 ono**
St Cleer **01579 343992**

Ladies Genuine Leather **Motorbike Jacket - £20 ono**
Higher Tremar **01579 346986**

Leopard Coat, faux fur. Calf length, cowl collar, matching hat. Medium size, 38"/40" bust. **£30 - 01579 345783**

Blue-grey **ladies bike,** Falcon Safari, Very good condition. Shimano brakes, front and bike light. Clip-in water bottle included. **£50** Please contact Alison on **01579 383361** In Callington, can deliver.

**PLEASE LET US KNOW
WHEN YOUR ITEM HAS
SOLD. THANK YOU!**

St Ive Village Show

September 3rd.

See advertisement on Page 12

What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Breath of Air	Monday 1.00pm - 3.00pm	01579 345989 Pauline
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	01579 208528
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579344464
Zumba Fitness Classes	Wednesday 7:30 - 8:30pm	07850 646207 (Sarah)
PENSILVA VILLAGE HALL		
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Girl Guides	Monday 6:30 - 8:00pm	01579 363212 Jackie Browning
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
MIMS (light exercise)	Friday 1.00 - 3.00pm	01579 343702 (Mike)
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
PENSILVA SCHOOL		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)
Toddler and Baby group	Thursday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)

What's on in St Ive ?

ST IVE INSTITUTE

Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)
Contact Jill Ede 01579 384095 or Judy on 01579 384465
Hall meetings will now be held bi-monthly on the second Tuesday of the month



ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Mon 1st August A visit to the garden at **South Lea, Pillaton**

Assemble in St Ive car park to leave at 6.40pm

Saturday 3rd September **St Ive Village Show** with classes for your fruit, vegetables and flowers

Monday 5th September **Mark Wash**, from Trecanna Nursery,
Growing bulbs and perennials in harmony



Visitors and new members are always welcome to join us.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216**.

We look forward to meeting you.

ANGIE'S PANTRY

On the first floor at Millennium House, Pensilva

Tel: 07716 905242

From Tuesday 13th September we will be open from 9am to 1pm then we will open again at 3:30 till 6pm for a takeaway service. Please pop in to Angie's and pick up a menu.

OPENING TIMES: Mon/Wed/Thu/Fri 9am to 4pm. Tue 9am to 1pm & 3.30 to 6pm. Sat: 10am to 4pm.

Gala Day - see notices in Café.

**(Opening times may be extended for special events)
10% discount for senior citizens.**



Millennium House

THE MEL

Licensed Bar Free House

Opening Hours

Mon - Thu - 5 pm to 11 pm
Fridays - 3 pm to 11 pm
Saturday - 12 noon to 11 pm
Sunday - 12 noon to 11 pm

Millennium House 01579 363096

