

THE PARISH PUMP



June 2016
Edition 415



The Newsletter for the Parish of St Ives



Dennis and Doreen Cardew of St Ives receiving their well-deserved civic award at County Hall. See Steph McWilliams's report inside.

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Martin Corney (Chair)	01579 382450
Roger Bennison	01579 363967
Pam Carter	01579 362640
Peter Dipper	01579 362315
Peter Haimes	01579 362459
Alan Neal	01579 362478
Ivor Vaughan	07979 934604
David Waddington	01579 362654
Ruth Wilson	01579 363684

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting:

Monday June 13th at 7.30pm at Millennium House, Pensilva



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Officers can be contacted on 01579 325454 at any time

PC Garth Hatt garth.hatt@devonandcornwall.pnn.police.uk

PCSO Bob Anslow robert.anslow2@devonandcornwall.pnn.police.uk

2 PCSO Becky Steed rebecca.steed@devonandcornwall.pnn.police.uk

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Come relax and wind down
after work

At the Mel Bar, Millennium House

HAPPY HOUR

From opening time till 7pm Weekdays

50p off all alcoholic drinks.



sky SPORTS

From the Editor

The very sharp-eyed among you may have already noticed that the list of Parish Councillors on page 2 has changed quite a bit this month. Former Council chairman Roger Bennison is back, having been elected unopposed for the vacancy advertised in the April Parish Pump. Also, Ruth Wilson and Ivor Vaughan were co-opted during May. Meanwhile, heading in the opposite direction, vice-chairman Alan Moss resigned his seat before the May meeting. I would like to offer my best wishes to the three new Councillors; they deserve our thanks for taking on a difficult and often thankless task. My personal thanks also to Alan Moss who, in my opinion, has been one of the more active Councillors of recent times, often working quietly in the background, volunteering to undertake a variety of tasks for the benefit of our community. Thank you!

I delayed writing this editorial so as to report on the Parish Meeting on May 25th. In brief: The Chairman reported on the St Ive play park (a success), on the Neighbourhood Development Plan (complicated), on the Parish Finances (getting worse) and on the MH car park (grant funding applied for). Our Cornwall Councillor, Steph McWilliam had some interesting things to say about the Parish Emergency Plan (let's hope we'll never need it) and on Governance at Cornwall Council (a minefield!). I spoke briefly about PCA, asking the Council please to make one last push to overcome the few remaining obstacles and get the thing done! There followed discussions on Millennium House and then on dog poo, (or was that the same discussion?) Anyway, it seemed like the right note on which to end.

All the best - Joe

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Cafe (Angie's Pantry)

9am till 5pm Monday to Friday

10am till 4pm Saturday

Bar

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

If no-one is available please leave a message in our letter box at the front of the building or on our answer phone by calling **01579 363096**.

REQUIRED IMMEDIATELY **CLEANER** for MILLENNIUM HOUSE

Employee or Contract basis

INTERESTED?

Contact Graham or Leesa on **01579 363096**

Carnival Week 7-13th August

The Events Group is arranging the programme of events for Carnival Week and needs your input!!

If you or your group would like to hold an event during the week or on Carnival day, then please message the group either via our Facebook page (millennium house events group) or email on allin1@mypostoffice.co.uk or phone Karen on 362196, before the 30th May.

Thanks and we look forward to hearing from you!!



MILLENNIUM HOUSE
EVENTS GROUP

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday	-	9am to 1pm
Wednesday	-	9am to 12 noon
Friday	-	9am to 12 noon

From Cllr Steph McWilliam – June 2016

The work on the electoral and governance reviews continues and is important but doesn't yet have any specific decisions. At this stage it is more of a technical exercise, collecting stats and figures to be used in the final outcome. However, do keep an eye out for opportunities to comment, probably in late summer.

I am not aware of any specific problems with care packages for any of the residents in my division but if you do know of any, please let me know. I voted for the increase in the budget to assist with pressures on these services so I do want to check that it was the right decision.

The Independent Remuneration Panel's report is now available online and it does recommend an increase in councillor's allowances. By the time you read this, we will have voted on it and it looks likely that the recommendations will be accepted. Before you get too cross about it, please bear in mind that it only applies after the next election (so you have a chance to vote us all out and try a different lot of councillors) and that it is intended to help more people stand for election. I really think it would be good if Cornwall Council had more younger members but with the current allowance, it is likely to carry on being mainly retired people with a reasonable pension. I would encourage you to try and read the report. It explains the reasoning behind the increase much better than I can.

I am still on a mission to try and reduce the amount of litter spoiling our beautiful countryside and hope to be able to work on a project with our school children. They are likely to be more persuasive than me. My thanks also to the resident who called me about the recycling lorries leaving the flaps open when they left the village so that rubbish was flying out the back as they picked up speed. Apparently it was quite common and hopefully all the operatives have now been reminded of the need to secure the flaps.

Finally, I was delighted to be able to attend the ceremony at County Hall where a civic award was given to Dennis and Doreen Cardew. The fantastic response to this being posted on facebook was further evidence of how highly they are thought of and how lucky we are to have people like this in our community.

Thank you to everyone who contributes to the very best of our rural community.



At the Parish Council Annual General Meeting in May, I presented my Chairman's Report and was re-elected by my fellow councillors for a second year - thank you. Since the vast majority of us do not attend these meetings, I'll summarise my report here.

Over the last year we have lost four councillors by resignation and gained four by co-option and one by election. This high turnover is regrettable, but understandable given the stress of dealing with all the issues that occur. Don't forget that all of us are volunteers on the Parish Council, giving our time to keep your community running.

The big problems over the last year have been to do with money. Parish Council reserves fell by another £9,000 continuing the trend of recent years. This brings our reserves to dangerously low levels, and we need the reserves to finance projects. Thanks to the community in St Ives we installed the fantastic new play equipment. This needed community involvement and fund raising, funding from the solar farm, and landfill funding from Viridor Credits. But we also needed our reserves to pay for the equipment up front before claiming the grant money. So you see that the Parish Council finances are key to future projects. We also need reserves for unexpected bills like the one for £18,000 from Cornwall Council for the 50% business rates discount that they decided to retrospectively to take away from us.

To save money in the future we need to lease Millennium House to Pensilva Community Association. This is a project that has been worked on for two years and is nearly finalised. This has taken a lot longer than planned, but when the users of Millennium House are running it as a community centre, without the financial support of the Parish Council everyone benefits, and the precept can be reduced.

The car park behind Millennium House is in a very bad condition. We are trying to raise funds to relay the car park, but as ever this is a slow process. There has been a bad accident when someone fell over so please be very careful.

Don't forget the parish website st-ive-parishcouncil.gov.uk with council meeting agendas and minutes; also downloadable copies of the Parish Pump. For those of you who do Facebook, our St Ives Parish Council page is still being updated with parish news. Phone me, email me on martin.corney@btinternet.com or "martin corney blog st ives" in search engines will find my blogs for you to comment on this article and other gems.

PENSILVA WI MAY REPORT

The Horticultural Show will be on Saturday 10th September. The schedules are ready in Millennium House. Let's make this year's show another great show!

At the meeting on 11th May, Chris Boughton talked to us about beekeeping. He had a little trouble with the film that he wanted to show us, but all was well and we had an interesting evening. Chris is a member, and has been for many years, of various beekeeping societies. We need bees to forage for pollen and nectar to keep our agriculture and flowers thriving and of course to supply us with honey. The Queen bee takes half the swarm and makes another swarm. Many of these swarms are in unusual places. There was a film of one being made in a blown down tree and when the man was sawing up this tree, there was this swarm. I bet he ran fast! They can be on chimneys so Chris has to climb for these. There was one in a post box that caused a bit of a stir. Once the swarm are established they forage for the nectar and pollen from a vast array of flowers. Dandelions are a favourite flower. They also like ivy, so keep a bit growing. It was an illuminating talk and the bee is a very hard working creature and we should protect them as much as possible.

Francis told us of the sad death of Jean Lewis who was a member for many years.

The litter picker-uppers did a grand job and picked up bags of litter, five from the Millennium field. Don't forget Jean's party for the Queens birthday on 12th June. Tombola prizes, food and a fancy hat.

There was a recent County meeting that is held twice a year and Jean and Kath went and they sounded as if they had a good time by the report that Jean read out.

Several ladies went to a party for Ivy Gardener, a past member who reached her 100th birthday. A good time was had by all.

The grandson of one our members is going to do a sports day to attempt to get a Gold Duke of Edinburgh award so some of our members are going for it. Watch this space.

The Flower of the month was won by Jill Pascoe, 2nd was Jean Hoare and 3rd was Mary Gilbert.

The competition of a honey pot was won by Cherry Woodhouse, 2nd was, Mary Gilbert and 3rd was Mavis Phelp.

At the next meeting on 8th June we shall listen to Roger and Viv Bennet singing and playing on Guitar and Flute some Cornish songs and tunes.

Pensilva Primary School

This is an exciting time to be a pupil at Pensilva School. There are so many different projects that are under way including a 'We Will Rock You' performance. Our drama group, which includes year 3, 4, 5 and 6 children, have been rehearsing for months now to be ready for their performance at Sterts on Thursday 9th June 2016 at 1:30pm. This is open to the public, tickets are £5 for adults and £3 for children and are on sale at Sterts. This promises to be high-energy entertainment.

To continue the drama theme, Key Stage 2 children are also involved in the Tinth Project with other schools from the Caradon Cooperative Educational Trust. This comprises of artwork, writing, music and drama revolving around Cornwall and culminating in a two days sharing of works and joint drama at Sterts. On the second day, there will be two performances, a matinée at 2:40pm and evening at 6pm, free to parents of the children performing.

Meanwhile, both in and out of the classroom, we have been fortunate enough to have Landmark Travel working with Warleggan Class. This incorporated a workshop where the children wrote legends, made puppets and performed their legends at Dupath Well.

As part of a national experiment one of our classes is growing seeds, some of which have been to space, to see the effect of space travel on growth.

We are fortunate to have a school council which actively helps us to be a healthy school, raising money for charity, buying much needed equipment for the playground and giving the children a voice in the school, including in setting some curriculum content, which clubs they would like and what they would like to do with the school grounds.

We are trying to rejuvenate our outside area and plant up our pots and raised beds. If anyone has any extra plants they have grown from seed, or seeds & bulbs they no longer want, please bring them along to the school and we will give them a good home. If you need them collected then call the school and someone will pick them up. Thank you!

Finally, we have our own forest school, which runs weekly and gives the children an opportunity to experience nature first hand. The key aim of this innovative learning is to inspire individuals and improve their studying across the curriculum.

Dates for your diary

School phone number 01579 362546

9th June We Will Rock You at Sterts

30th June School Summer Fayre 3pm school playground

7th July Reserve date for Summer Fayre. 3pm school playground



Cartwheels Craft Centre Summer

Saturday 25th June 10am - 4pm

- Locally produced quality arts and crafts on sale
- Stands from The Felted Sheep, Loveny Willow, Cornish Pebbles, Clarabelle Crafts, Caradon Country Seat, Usborne Books and more
- Wicca Work demonstrating working with Rush
- Visit Cartwheels shop for all your patchwork and quilting supplies as well as cushions, bags, wall hangings and gifts.
- Refreshments, disabled access and facilities with ample free off road parking.

Penhawger Farm, Merrymeet, Liskeard, PL143LW

Tel: 01579 343675/340026 or visit www.cartwheelscraftcentre.co.uk

Pensilva Memory Café

Pensilva Memory Café is a friendly informal setting for people with memory problems and their carers to socialise, exchange information and share experiences. The Memory Café is run by volunteers and voluntary donations and is free to users.

We operate on a drop in basis so just come along and enjoy the music, reminiscence and refreshments. Join in the activities, listen to speakers and make new friends and rebuild your confidence and self-esteem.

Pensilva Memory Café meets on the 4th Thursday of every month from 2-4pm and is held in St John's Church, Pensilva. The next Memory Café will take place on Thursday June 23rd.

The Memory Café is friendly and free to users.

For more info please contact: Carolyn on 362698.

The Liskeard-based "**East Cornwall Bach Choir**" is **50 years old this year** and will be celebrating the event with a super **Golden Anniversary' concert to be held on Sunday 26th June 6.30pm at St.German's church.**

The programme will include the J.S.Bach cantata 104, Magnificat in D which was sung at the first concert, a selection of music that has been sung in past concerts, plus a new specially commissioned piece by a modern Cornish poet and composer.

Tickets £15, full time students £7, 12 years & under free.

Available on line at www.ecbc.co.uk, at Liskeard Tourist office or on the door. The choir, soloists and orchestra will make this evening a very special occasion so please do come and join us for a lovely concert in a magical setting.

Concert

Pelynt Male Choir and Quethiock School Choir

Saturday 18th June 7.30pm

Pensilva School Hall

Light Supper After

Tickets £6

Proceeds for St John's Church and Pensilva Methodists

Supporting Guiding & Scouting Activities in Pensilva

200 CLUB Draw Results for May

1st No. 61 Mrs D Kirk	2nd No. 143 Mrs C Lambert	3rd No. 79 Mr N Rounsevell
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Thank you for your support



UEFA
EURO2016
FRANCE

EURO 2016 football at Millennium House

10th of June to 10th of July 2016

All matches will be shown live.

**Happy hour prices on all beers during
England, Scotland, Wales and Northern
Ireland matches.**

Support your team and enjoy the fun!!!

Millennium House Events Group Dates for your Diary



MILLENNIUM HOUSE
EVENTS GROUP

Summer Bingo

Wednesday 15th June 7.30 pm.
Eyes down 8pm.

Carnival Day

Saturday 13th August

Johnny Cowling Concert

Saturday 17th September

*The kids film club is taking a break over the summer and
will resume in September.*

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If
you paint we would love you to join us. We meet at
12 Millennium House 10-2 every Monday.

Please come & see us or phone Pam on 01579 363441.

Upcoming Quizzes in Millennium House



Next Quiz
Sat. July 2nd 2016
at 7:30pm

Future Quiz dates:
Pensilva gala week,
Sep 10th, Oct 22nd, Dec 3rd.

Organised by and raising
funds for

All Being Well

Ruth and Colleen's Monthly

BINGO

At Millennium House

on Tuesday 7th June

(and next month on Tuesday 5th July)

Eyes down at 7:30pm

Over 18's only

£££ CASH PRIZES £££



PROJECT OPEN DAY

July 7th 2016, 3- 6 p.m.

You are very welcome to tour the garden, see our latest developments, meet the volunteers, take refreshments and participate in some fun activities. Not to be missed

More details to follow

CROPS AND PLANTING The new beds are filling up and we have turnips and cabbage close to harvesting already. Runner beans and sweetcorn will go in outdoors this week and courgettes are everywhere. Obviously we're hoping for upper productivity given the complete revamp of our outdoor growing: we'll let you know how that works.

VOLUNTEER SESSIONS Still plenty to do as we get our summer crops in and harvest what's already grown. If you'd like to join us or our weekly volunteer session, we're here from 10-2 every Weds. Lunch is provided and there is much healthy exercise and fun to be had

OUR VEG BOXES Enjoy fabulous fresh local fruit and veg, delivered to your door, order your mixed veg box now. Prices are: £7.50 for 1 /2 people, £10 for 3/ 4 people, £15 family box and the very popular £5 fruit bag. Or drop by our veg stall which is refreshed with all sorts of seasonal delights every Thurs. Please put your cash in the post-box on the gate.

COMMUNITY COMPOST SCHEME We welcome your lawn clippings, used rabbit bedding, cuttings, etc at our compost bins by the gate. If you use weed-killer on your lawn, please dispose of your clippings through the Council scheme.

The Growing Project CIC is a Community Interest Company producing organic fruit and vegetables. We have opened the growing space at Kenwyn, Higher Rd to the community and welcome volunteers for all sorts of jobs.

Contact Ruth Wilson 01579 363684/ 07853 244934 thegrowingproject@orangehome.co.uk
www.thegrowingproject.org.uk

WANTED. If there is anybody who has any amount of wool that they no longer need, I have a lady who knits items of jumpers, cardis and the like for children in Africa. You can ring me on 363372 and I will collect.



Get 0% finance on your new bike!
www.liskeardcycles.co.uk



Cycling is a great way to get fit and stay healthy!

Pensilva resident,
Russell Hall, owner of
Liskeard Cycles

is celebrating 20 years

as owner of the newly
refurbished store in Pig
Meadow Lane.

He is all stocked up for a busy
summer with a fantastic range
of bikes from brands like GT,
Claud Butler, Mongoose,
Wethepeople and Cuda Kids
Bikes.

Liskeard Cycles also has a
very busy workshop with a
quick turnaround of repairs at a
very fair price.

Pop in for professional, friendly
advice on finding the ideal bike
for you!

01579 347696

Beautiful Toy Poodles for sale in Pensilva

I have 4 beautiful toy poodle puppies for sale.
2 boys and 2 girls. £700 each.
They will be ready shortly - they have had
their injections and are being micro-chipped.
Please call to come and view and
meet the mother and father.

Call Lisa on 07972 203695 or 07889 218710



**You can now donate locally in St Johns Church
Pensilva. Thursdays 10.00am - 11.15**

Dry or tinned food only, please



Summer Bingo!

Wednesday 15th June 7.30 pm

Eyes down 8 pm

At Millennium House Pensilva

Organised by MHEG

Community Lunch

First Sunday of every month 12pm for 12.30pm

3 Course Lunch with Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

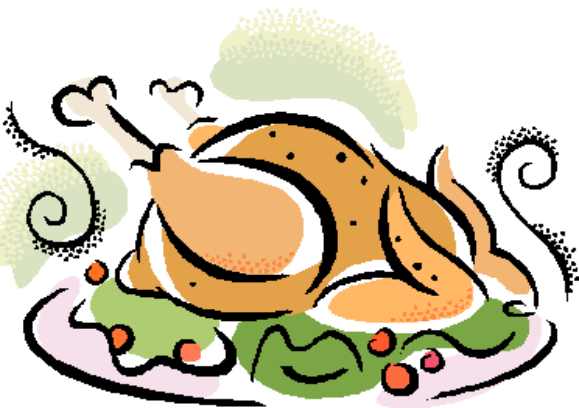
At Millennium House, Pensilva

Bookings required:

Call Graham or

Charmayne

on 01579 363096



FARMERS & CRAFT MARKET

AT MILLENNIUM HOUSE

Every 2nd Saturday of the month

Refreshments available

Next market May 14th

Come and support local producers and help
your local community to thrive.

PENSILVA SHORT MAT BOWLS CLUB

This is an invitation from the above named club. We are a local club with members from the St Ive Parish and surrounding area who play short mat bowls in the Millennium Centre on a Thursday evening. The club is open to everyone who thinks they might like a night out to play bowls, so why not come along and give us a try and see if you would like to play on regular basis.

We will also throw in tea and biscuits as well as sparkling conversation.

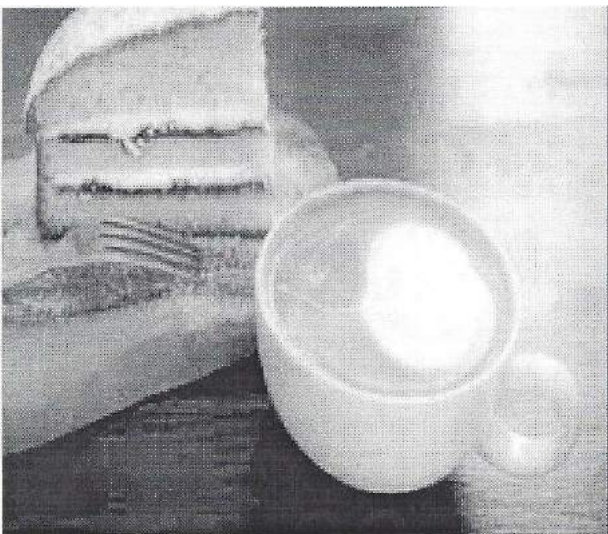
The club meets @ 7.15pm in the function room and we finish at ten o'clock every Thursday evening. If you would like to join us, the first 2 nights are free with a small contribution after that of £2.00 every week towards the room etc with a yearly membership subscription.

Please come along and give us a go you never know you might enjoy yourselves.

For further details. Please contact the secretary Peter Johnson on 01579-208528

Phyllis's Coffee Morning

Thursdays 10.30am - 12.30pm



Chat with friends while enjoying a delicious light bite or slice of cake and a tea or coffee...

for just £2.50

The Mel Bar

Millennium House, Pensilva

Quethiock CofE School Summer Fair



Bouncy Castle,
Face Painting,
Refreshments
+ Cream Teas,
Raffle and
Games with
prizes to be
won!

Saturday 11th June from 2pm



Do You Play a Musical Instrument?

Are You Available on June 12th?

Would You Like to Join South Hill Parish Band?

Can You Make 6 practice sessions?

Contact Rachael ASAP



We're celebrating The Queens Birthday on June 12th and throwing a party at Golberdon Hall/Recreation Field.

Proceedings start at 2pm with The Choir leading the way, and we'd like to get a group of musicians together as well.

Rachael Budd will be orchestrating the music so please contact her by email rachaelbudd@gmail.com

or Simon in Golberdon village on 383429

with details on what you play and available times & days.

I know there is talent out there

Lets Make Some Noise !

Millennium House Events Group

New members always welcome. Please see the group's Facebook page.



MILLENNIUM HOUSE
EVENTS GROUP

Badminton?

Come and join our relaxed and friendly group at Pensilva Millennium House

Mon & Tue 7.30 - 9.30pm
Friday 8.00 - 10.00pm

For further info phone
Nigel or Carol on
01579 363594 or
07885 798370

All Being Well

Your local, friendly gym.
Sixteen years working in our local community to improve health, fitness and well being.
Give us a call on **01579 363890** or drop in to see us at Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri	10.00 to 3.00
and	5.00 to 9.00
Tues/Thur	9.00 to 1.00
Saturday	10.00 to 1.00

Email: abwgym@gmail.com

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).



Next visits:
June 10th, July 8th,
August 5th.
Stops at the Victoria Inn, Pensilva at 10.25 to 10.45am and at Quethiock Church 11.00 to 11.20am.

<http://www.cornwall.gov.uk/media/17826241/east-week-3-schedule.pdf>

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeserve.co.uk**.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 1:00 - 3:00	Breath of Air	Pauline	01579 345989
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Mon. 6:30 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Alternate Wed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ann Wood 01579 364085).

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our group.

Tea, coffee, biscuits and plenty of friendly chat.

Every 2nd Tuesday of the month 1:30 to 3:30.

Enter by Health Centre side door.

Jean Conner 01 579 363 221 or 07 899 694 670



Struggling with Sight Loss?

Cornwall Blind Association offers emotional and practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Access Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Audio Books: Information on books and equipment

Talking Support: Telephone befriending scheme

Counselling: For those affected by sight loss

Transport: Subsidised travel for some activities

Social Clubs and Activities: Links to clubs and activities across the county

For more details Telephone 01872 261110 or visit

www.cornwallblind.org.uk

**NHS
REGISTERED**



**SUPPORTED BY
LOCAL DOCTORS**

Do you suffer with various long term health conditions?

Come along and join our small, friendly group.
For company, light exercise and support.

We meet at Pensilva village hall every Monday from 1.00pm - 3.00pm

For more information contact us:

Pauline **01579 345989**

Jeanette **01579 363691**



The **co-operative**
Community Fund

PENSILVA HEALTH CENTRE

Baby Clinic

First Thursday of every month, from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly professional advice.

For information call the health centre on

01579 362249

St Ive Church

Services at 11:15am Every Sunday

- June 5th** Holy Communion
June 12th Family Service - *Small pets welcome*
June 19th Holy Communion, Lunch follows this Service
June 26th Morning Worship
-

Other June Events

- Fri 3rd** Home Produce and Bric-a-brac with Lunch 10:30-1:00pm
Home made cakes etc, Fresh vegetables, locally made pasties, pickles, jams & much more
- Sun 5th & 12th** Cream teas 2:30pm - 5pm
- Sun 19th** Lunch in Church 12:45pm. All Welcome. £7 for 2 courses.
- Sun 26th** Cream teas 2:30pm - 5pm

Reverend Margot Davies **01579 208698** email margotaj@tiscali.co.uk
Church Wardens Brian Dwelly **01579 364010** email btdwelly@aol.com
 Colin Catchpole **01579 383867** ccatchpole@hotmail.com

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.

2016 High Down Community Fund Deadlines for grant applications in 2016.

Deadline date:	Awards Panel meets on:
8th August 2016	5th September 2016
7th November 2016	5th December 2016

For more info see: <http://www.cornwallfoundation.com/high-down-wind-farm-communtiy-fund.html>

The fund is administered by Cornwall Community Foundation.
01566 779333 / 779865. office@cornwallfoundation.com

ST JOHN'S CHURCH, PENSILVA

Services for June 2016

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 5th (9.30am Anglican Benefice Eucharist at St Cleer)
11 am Rev. Mark Pengelly

Sunday 12th 11 am Anglican Holy Communion Service
5pm **Food for Thought** at St John's Church

Sunday 19th 11 am Cafe Church

Sunday 26th 11am Rev. Mark Pengelly, Holy Communion

Afternoon Tea Friday 3rd June, 3pm, St. John's Church, Bring & Buy, all welcome.

Mid-week Holy Communion Service Thursday 16th June 2:30pm at St. John's Church with Rev Margot Davies.

Every Thursday, 10am at St. John's Church there is a **Cafe Church**. Everyone welcome to join us.

Pelynt Male Choir and Quethiock School Choir, a concert on Saturday 18th June, 7:30pm in Pensilva Primary School, followed by refreshments. Cost £6.

Summer Fete at St. John's Church on Saturday 25th June from 2pm. **Strawberry tea**, stalls and raffle.

Prayer Group Friday 10th & 24th June at 3.30pm. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

Fellowship. Friday 3rd and 17th June. Further information from Geoff or Carolyn on 362698.

*For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact:
Geoff Cox - 362698, Val Searle - 208662, Frances Tucker - 363718*



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St Ive Methodist Chapel

Services for June 2016

Sunday 5th June	11am	Chapel Anniversary Service
	6pm	Favourite Hymn Evening, with supper to follow
Sunday 12th June	11am	Mrs Delarre Irving
	5pm	United "Food for Thought" at Pensilva
Sunday 19th June	11am	Miss Heather Blacker
	6pm	Local Arrangement
Sunday 26th June	11am	Miss Helen Sparks
	6pm	United Service at St Ive

The Chattermakers Craft Group will meet on Thursday 2nd, 16th and 30th June in the Guild room from 7:30pm. Anyone wanting more details please contact Kathryn on 01579 382334.

The Prayer meeting will be held in the Guild Room on Wednesday 1st, 15th & 29th June from 7:30pm. All welcome.

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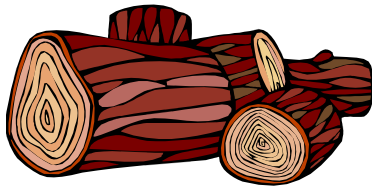
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01579 362619

E1system **desktop PC** Intel pentium dual core processor-1GB memory-250GB hard drive-Windows Vista Home Premium. Full spec available. **£50.** In working order.

LCD monitor 19 inch c/w Logitech webcam, wireless keyboard plus mouse. **£25.** All in working order.

Space required reason for sale. Pensilva village. **01579 362950**

Lindam Safe & Secure metal **playpen** **£40** ono

Mothercare **Cotbed** Jamestown sold pine. Suitable from birth to 5 years. 3-position mattress, base height protective teething rails. 124x66x98cm. Exc. condition. **£50.**
Cotbed mattress **£10.**

FREE to whoever would like a **Dining Room Table**. 6'x3'. Tel. **07482 624113**

Armchair. Green Velour. Good condition. **£20** ono. **01579 362788**

Dreamland, 2 heat **foot warmer boot**. As new still boxed. **£10. Tel. 01579 362204**

Chest of 3 drawers - small silver look handles, light wood finish, vgc - **£15**

Folding polished **dining/kitchen table** - seats 4 - vgc - **£15**

Solid pine **double bed headboard** - good condition - free

Wooden ottoman - (white vinyl covered, wooden legs, possibly late 1950's/early 1960's). Good condition - **£15**
Tel - **01579 383204** (St.Ive)

Caravan hook up cable, 25m **£15.**

Dog crate, medium size **£15**

2 x 4ft **wrought iron garden gates** **£30**

Chimney bends 5"x 2 plus straight collar stainless steel **£25**

2KW **oil filled radiator** **£20**

Tel. **07841 717913**

Portable **Colour TV** with built-in DVD. Good working order. **£30.**

Panasonic **Blu-ray DVD**. Good working order. **£40. Tel. 07980 284002**

Thick **Blue Slate Fireplace Hearth Stone** 28" x 28" x 1½". **£50.** No offers.

01579 384658

Solid pine **bunk bed**, in excellent condition. No mattresses **£50.**

Proline **fridge/freezer** in good condition, 4 years old. **£50. Tel. 01579 363609.**

Greenhouse 8ft x 6ft complete with glass and work bench. **£50** ono, **01579 363712**

Motorcycle Top Box by GIVI. Unused. Model B33NMK with 2 keys and mounting plate. Volume 33 L&R. **£35**.

1 pair **Leather Motorcycle Trousers** by Hein Gerick with removable thermal liner and TFL cool system. 38" waist, 33" leg. Never worn. **£40**.

1 pair **Leather Motorcycle Gloves** Unworn. **£5**.

01579 362217

EV7000 ELITE Treadmill, no incline, mains operated. Only used a dozen times. Very good condition. Buyer collects please (St Ive). **£150**.

01579 382304.

Flymo. Little used. **£25**. **01579 345863**

Mamas and Papas grey **Travel Cot**. Nearly new. Easy to put up and down. Comes with 2 free fitted sheets. **£25**.
Electric keyboard (Groovy Stars) with stool and sing-along microphone. Red & blue. 3+ years. Excellent condition. **£15**.
Tel: **01579 382762**

WANTED. Any quantity of unneeded wool. Will be made into items for children in Africa. Will collect. Tel: **01579 363609**

Baby pink 3-tiered metal **cupcake stand**. Lovely swirly design. **£4**. **07773 790032**

Long length **Black Winter Coat** Size 12. Excellent condition. **£40**. **01579 346986**. (Higher Tremar)

2 plastic hamster cages - 1 with bars and other clear plastic from 'Pets at Home'- **£5 each**
01579 363315 after 6pm

Two Amazon Kindles - **£10 each**
01579 345989

2 boxes Kalite (whitish light beige) **wall tiles** each tile 13" x 10" **£15**,
6 23½" x 11¾" x ¼" white **floor tiles**, **£10**
10 litre tub Vallance Suregrip non-slip **wall tile adhesive**, **£10** - **01579 384658**

Glass shower screen, complete with all fittings, excellent condition. Approx. 71cms wide, 136cms high. **£45 o.n.o.**.
Tel. **01579 208572**, or **07980 573882**.

Blind for VELUX® Window

Blind colour Acacia Pebble (Cream)
Model Code:CGL Size Code:M08

Frame colour: silver

Size: Width 613mm, Drop 1160mm

Supplied in original unopened packaging:
£21.50 ono 01579 363497

Greenhouse, 8'x6' Poly Carb,
£30 (buyer to dismantle)
01579 383137

Childs small 2-piece Leather **Motorbike leathers**. Size 8, Red/Black - **£20 ono**
St Cleer **01579 343992**

Ladies Genuine Leather **Motorbike Jacket** - **£20 ono**
Higher Tremar **01579 346986**

Dog Guard for Land Rover Discovery (2014). Used twice from new. **£50**.
01579 363347

Petrol Rotavator Hasn't been used for a number of years. Needs stripping and rebuilding. Good DIY project. **£50**.
01579 362064

Leopard Coat, faux fur. Calf length, cowl collar, matching hat. Medium size, 38"/40" bust. **£30** - **01579 345783**

Blue-grey **ladies bike**, Falcon Safari, Very good condition. Shimano brakes, front and bike light. Clip-in water bottle included. **£50** Please contact Alison on **01579 383361** In Callington, can deliver.

What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	01579 208528
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579344464
Zumba Fitness Classes	Wednesday 7:30 - 8:30pm	07850 646207 (Sarah)
PENSILVA VILLAGE HALL		
Breath of Air	Monday 1.00pm - 3.00pm	01579 345989 Pauline
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Girl Guides	Monday 6:30 - 8:00pm	01579 363212 Jackie Browning
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
MIMS (light exercise)	Friday 1.00 - 3.00pm	01579 343702 (Mike)
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
PENSILVA SCHOOL		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)
Toddler and Baby group	Thursday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)

What's on in St Ive ?

ST IVE INSTITUTE

Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)
Contact Jill Ede 01579 384095 or Judy on 01579 384465
Hall meetings will now be held bi-monthly on the second Tuesday of the month



ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

- Mon 6th Jun** A visit to the garden at **Woodvale Cottage, Plymouth**
Assemble in St Ive car park to leave at 6.40pm
- Mon 4th July** A visit to the garden at **The Old Watermill, St Mabyn**
Assemble in St Ive car park to leave at 6.30pm
- Mon 1st August** A visit to the garden at **South Lea, Pillaton**
Assemble in St Ive car park to leave at 6.40pm



Visitors and new members are always welcome to join us.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216**.

We look forward to meeting you.

ANGIE'S PANTRY

On the first floor at Millennium House, Pensilva
Tel: 07716 905242

Serving a wide range of home produced meals,
soups and snacks (including all day breakfast).
All food will be sourced locally where possible.

Family friendly! We welcome toddlers to
grandparents and everyone in between!

OPENING TIMES: Mon-Fri 0900 to 1700
Saturday 1000 to 1600

(Opening times may be extended for special events)
10% discount for senior citizens.



Millennium House

THE MEL

Licensed Bar Free House

Opening Hours

Mon - Thu - 5 pm to 11 pm
Fridays - 3 pm to 11 pm
Saturday - 12 noon to 11 pm
Sunday - 12 noon to 11 pm

Millennium House 01579 363096

