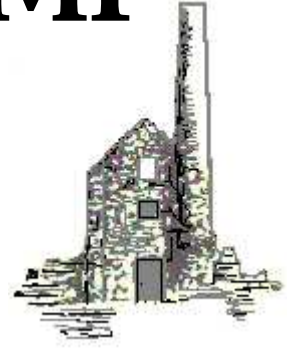


# THE PARISH PUMP



March 2016  
Edition 412



**The Newsletter for the Parish of St Ives**



**Pancake Special at St Ives.**

Fundraising events such as this one helped to raise the money to replace the St Ives playground equipment. The new equipment will be installed this month!

## Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

## Parish Councillors Telephone List

Martin Corney (Chair)	01579 382450
Alan Moss (Vice-chair)	01579 362064
Pam Carter	01579 362640
Peter Dipper	01579 362315
Peter Haimes	01579 362459
Alan Neal	01579 362478
David Waddington	01579 362654
Stephanie McWilliam (Cornwall Councillor )	01579 362037

## Meetings of St Ive Parish Council

**2nd Monday monthly:** Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

**4th Tuesday Monthly:** Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

## Date of Next Parish Council Meeting:

Monday March 14th at 7.30pm at St. Ive



Devon & Cornwall Police  
Building safer communities together



**101**

Minicom 18001 101

**Police Community Officers can be contacted on 01579 325454 at any time**

PC Garth Hatt [garth.hatt@devonandcornwall.pnn.police.uk](mailto:garth.hatt@devonandcornwall.pnn.police.uk)

PCSO Bob Anslow [robert.anslow2@devonandcornwall.pnn.police.uk](mailto:robert.anslow2@devonandcornwall.pnn.police.uk)

<sup>2</sup> PCSO Becky Steed [rebecca.steed@devonandcornwall.pnn.police.uk](mailto:rebecca.steed@devonandcornwall.pnn.police.uk)

## Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: [stiveparish@btconnect.com](mailto:stiveparish@btconnect.com)

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: [millenniumhouseadmin@btconnect.com](mailto:millenniumhouseadmin@btconnect.com)

Millennium House enquiries and reservations: 01579 363096

email: [millenniumhouse@btconnect.com](mailto:millenniumhouse@btconnect.com).

On the web: Millennium House Website: [www.cornwallvenue.com](http://www.cornwallvenue.com)

Parish website: [st-ive-parishcouncil.gov.uk](http://st-ive-parishcouncil.gov.uk) Facebook: [facebook.com/stiveparishcouncil](https://facebook.com/stiveparishcouncil)

## Parish Pump Information and Contact Details

To contact the editor please email: [parishpump@btconnect.com](mailto:parishpump@btconnect.com)

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

**Current Advertising Prices** including VAT at 20%

Per issue:    Quarter Page £7.50            Half Page £15.00            Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

**Deadline for the Parish Pump is STRICTLY 15th of every month**

## THE MEL BAR

Come relax and wind down  
after work

At the Mel Bar, Millennium House

## HAPPY HOUR

From opening time till 7pm Weekdays

**50p off all alcoholic drinks.**



**sky SPORTS**

## From the Editor

I said last month that we would know by now whether the transfer of Millennium House to PCA management would commence at the start of April 2016. Well, it won't. There were too many issues with the lease to be resolved instantly so it will be at least May 1st before the change of management happens. Even then we would need to resolve all outstanding issues and sign the Lease by mid-March which, to be frank, is unlikely. We will keep you posted!

There has been a bit of discussion this month about whether the Parish Pump should cover politics. My view is that the Pump is here to provide information which is not available (or not easily available) elsewhere. It seems to me that there is a huge amount of information out there about all aspects of national politics and even regional politics, and that there is very little (probably nothing!) that the Pump can add to the wider debate. Do you agree or disagree? Do we need a local forum where we can discuss the impact on our communities of wider political events? Write to or email the editor if you have an opinion on this or any suggestions as to how such a discussion could take place.

Looks like it will be a nice day today. The second in a row! Let's hope that we've seen the back of that grim spell of weather!

All the best - Joe

## Millennium House Opening Hours

### Reception

**9am till 2.30pm Monday to Friday**

### Cafe (Angie's Pantry)

**9am till 5pm Monday to Friday**

**10am till 4pm Saturday**

### Bar

**5pm till 11pm Monday to Thursday**

**3pm till 11pm Friday**

**12am till 11pm Saturday and Sunday**

If nb-one is available please leave a message in our **letter box** at the front of the building or on our answer phone by calling **01579 363096**.

## **From Cllr Steph McWilliam – March 2016**

By the time you read this, the budget will almost certainly have been voted through with a 1.97% increase for the overall services and an additional 2% specifically for services for our elderly and vulnerable. As central government is reducing the Revenue Support Grant, which is where a large chunk of Cornwall Council's income comes from, we now have to hope they will find a way to put a little more money in your pockets to help with the increase in council tax.

We were pleasantly surprised that our request for a longer time scale for the boundary review was accepted and credit must go to the Leader, Cllr John Pollard, for this. This means that the council elections next year will be held on the same boundaries as in 2013. However, we still have to develop a plan for the council and new boundaries to come in in 2021.

It has been a good month for my education and information-gathering. I attended an All member Briefing on dementia and doing my bit to help us become a dementia-friendly council. It was a real eye-opener to hear about the personal experience of one of our own councillors who is looking after her husband who has dementia. I had never really understood just how this affects every aspect of the life of both patient and carer.

I was honoured and delighted to be asked by the Chairman to be one of the Councillors who attend Citizenship Awards Ceremonies to represent the Council if neither the Chairman nor VC are available. I therefore attended a ceremony so that I will know what happens and what would be required of me. It was a really lovely afternoon and quite emotional for those people who had decided they wish to be British. It is quite a long and costly process so they really have to want to make this commitment.

The Bodmin Moor Commons Council is going ahead but we do need to realise that it will take time before we are likely to see any obvious benefits. For Dartmoor it took 3 years so we should expect the same sort of delay for the work going on behind the scenes. Meanwhile animals are checked and animal welfare issues are being addressed so please **STOP FEEDING THE ANIMALS**. We know people mean well but it really isn't helping.

There has been a spate of fly tipping involving white Mercedes sprinter vans so if you should see any suspicious activity, please take the registration number and note where and when it was.

This is a final reminder that all dogs must be microchipped by the beginning of April. It is still free at the moment but not for much longer so please do it today. Ring Simon Diaper on 0300 1234 212.

Finally, please be aware that there are bogus charity collectors in the area. They claim to be collecting for cancer and can look very plausible but cancer charities do not fund raise through door-to-door collections so please don't get caught out. Thank you.



**The Latest from Your Parish Councillor - Martin Corney**  
I was very pleased to announce at last month's Pancake Special fund-raising event that we in the St Ive Community Park Project have succeeded in getting sufficient funding for phase one, and the new play equipment is scheduled for installation this month. It should be in by Easter. This has been a steady

commitment by the community over nearly two years. Although a major grant pays for most of the project, there is no way we would have got the grant without showing our dedication and real need. So well done everyone involved.

I've put graphics of potential bus shelters on the parish website and Facebook page. How many people wait at Parkfield? Is the small shelter big enough? Do we need shelters on both sides of the road?

The Neighbourhood Development Plan Working Group is back up and running again. We are putting together policies that will shape planning decisions in the parish for the next decade or more. This will mould the parish into the vision we have formed from the answers you gave to questions in the survey from way back in 2014. We will be presenting these policies in an open day for you to comment on.

Don't forget the parish website [st-ive-parishcouncil.gov.uk](http://st-ive-parishcouncil.gov.uk) with council meeting agendas and minutes; also downloadable copies of the Parish Pump. For those of you who do Facebook, our St Ive Parish Council page is still being updated with parish news. Phone me, email me on [martin.corney@btinternet.com](mailto:martin.corney@btinternet.com) or "martin corney blog st ive" in search engines will find my blogs for you to comment on this article and other gems.



**SEW, KNIT AND NATTER.**  
**WHY NOT JOIN US ON**  
**THE LAST TUESDAY OF EACH MONTH**  
**for sewing, knitting or just for a chat and a**  
**cup of tea or coffee and cake.**

**We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.**  
**The next meeting will be Tues 23<sup>rd</sup> February, all welcome.**

## **Pensilva WI February Report**

Our meeting on 10th February was our AGM so our usual business was carried out first.

Our birthday meal on 7th May will be at The Cardinals Hatt and we will discuss about holding a tea for the Queen's 90th birthday at another meeting. We then proceeded with the AGM and our Treasurer, Verna Dawe, read out the details and said that the accounts are there for anyone to read if they wanted to. Our Secretary, Jenny Thomas, read out a summary of our activities over the last year. Francis Tucker, the President, thanked various members of the committee, and others for their input in making the last year an interesting one and a happy one. One of the members then thanked Francis for all her hard work during the last year. The new committee was voted in by all the members and Francis asked them to stand up as their name was read out. A vote was taken for a President and Francis agreed to take on the role. Francis then presented cups and prizes for the monthly flower and monthly competitions. The cup for the monthly flower competition was won by Jill Pascoe, Dorothy Upton and Verna Dawe were joint second with Cherry Woodhouse third. The competition cup was won by Cherry Woodhouse, second was Verna Dawe and third was Jean Hoare.

Our speaker, who was going to talk about exercise, was unable to come so one of our members, Sue Turpin, talked to us about her experience as a member of our Gym. She told us that she had an elderly mother who she cared for and lived on a farm so she felt that she needed a bit of 'me time' for herself and as she was a bit overweight and had diabetes, exercise seemed to be the right choice. She pointed out how lucky we were to have such a facility in our village, and such good people running it. The first thing that helped was that you could wear what you like and she was given a programme to work to. She has found that her health problems are much better now. Her calorie programme is worked out for her and the time she spends exercising has helped her in body as well as mind. She pointed out that you can do as little as you want or a lot whatever suits you. As well as gaining healthwise she also has gained friends. As she pointed out any exercise is good for you and even if it is only a little it will do you good. It was a very inspiring talk.

The flower of the month was won by, Jean Hoare, second was Mary Gilbert and third was Jill Pascoe. The competition, three exercise tips, was won by Jill Pascoe, second Cherry Woodhouse and third Ann Robinson.

FROM PCSO BOB ANSLOW OF LISKEARD RURAL NEIGHBOURHOOD POLICING TEAM

There has been a spate of commercial burglaries and attempted burglaries in and around the Pensilva area with offenders targeting tools and movable items. Police are asking members of the public to be extra vigilant and report any suspicious incidents or vehicles and to make sure premises are locked and secure when left unattended . Should anyone have any information about these burglaries please call the police on 101 or contact the Neighbourhood team on **01579 325454**.

### **NEW MOORLANDS LABOUR PARTY BRANCH**

11 members met on 22nd February in Pensilva Village Hall to form the new Moorlands branch of SE Cornwall Labour Party. The branch includes Pensilva, Warleggan, St Neot, Darite, Minions, St Cleer and Rilla Mill. Chair, Treasurer and Secretary were elected and it was decided to rotate meetings through the different villages, to encourage as many members as possible to participate.

The next meeting will be on 21st March, venue to be confirmed.

Meetings will be open to people wanting to learn more about Labour in Cornwall and explore ways of improving services. Discussions in the coming months will cover all aspects of the political agenda, including local issues.

To find out more about Moorlands Labour Party branch, contact Ruth Wilson:  
Tel: 01579 363684 Mob: 07853 244934 Email: [moorland.labourparty@gmail.com](mailto:moorland.labourparty@gmail.com)



**Calstock Footpath Society**

### **Calstock Footpath Society Monthly Walk.**

**Torpoint, Wilcove, Antony Estate, Maryfield Church**

**Sunday 24 April 2016**

Meet 11:00 - The Lawn Thanckes free Car Park, Antony Road, Torpoint, opposite Torpoint Community College. **GPS N50° 22' 43.29" W4° 12' 22.96" SX 43220 55520 (Nearest PL11 2JP)**

Lanes & tracks, a few fields. No stiles, one steep descent, gentle inclines. Walking shoes or boots recommended. Please bring a packed lunch and something to sit on. Sorry, unsuitable for dogs.

£3 for non members or yearly membership £5.

**For further information please email [iamalihumphreys@yahoo.com](mailto:iamalihumphreys@yahoo.com) and visit the web site for FREE walk guides. <http://cfs.btck.co.uk>**



**BUILDING WORKS AND HAULING MUCK** Our marvellous HelpX volunteer, Valentin did a magnificent job of building our 13 new raised beds, supported by Martin Corney and our regular volunteers. He decided that he would complete the build by the time he left and that's exactly what he did, despite monsoon and flood. Our job now is to fill them all with manure, straw, leaf-mould, cardboard, anything else we can get hold of, before topping them off with compost ready for planting.

As always, our struggle is with transport: my tyres were smoking last week as the wheel rim rested gently on one side...oops! Any help with a large tipper trailer or truck would be much appreciated, as these beds take an awful lot of filling. We now have our new HelpX volunteer Lorenzo looking to build some more muscle hauling muck.

**OUR VEGETABLES** in preparation for planting out what will be a magnificent growing area, we are busy germinating parsnips, onions, broad beans, turnip, kale, cabbage, caulis and leeks. I was thrilled to plant outdoor garlic and shallots at the weekend and got our 1<sup>st</sup> early potatoes into the polytunnel.

**OUR VEG BOXES** to enjoy fabulous fresh local fruit and veg, delivered to your door, order your mixed veg box now. Prices are: £7.50 for 1 /2 people, £10 for 3/ 4 people, £15 family box and the very popular £5 fruit bag. Or drop by our veg stall which is refreshed with all sorts of seasonal delights every Thurs. Please put your cash in the post-box on the gate.

**VOLUNTEERING** we have recently welcomed Louise and Hugh to the project as new weekly volunteers on a Weds between 10 a.m. – 2 p.m. Everyone is most welcome and we have different jobs to suit different abilities.

**COMMUNITY COMPOST SCHEME** We welcome your lawn clippings, used rabbit bedding, cuttings, etc at our compost bins by the gate. If you use weed-killer on your lawn, please dispose of your clippings through the Council scheme.

**The Growing Project CIC is a Community Interest Company** producing organic fruit and vegetables. We have opened the growing space at Kenwyn, Higher Rd to the community and welcome volunteers for all sorts of jobs. Contact Ruth Wilson 01579 363684/ 07853 244934 [thegrowingproject@orangehome.co.uk](mailto:thegrowingproject@orangehome.co.uk)

A big thank you to everyone who supported the coffee morning in aid of St John's Church .

A grand total of £250 was raised to help buy chairs for the church.

## **Supporting Guiding & Scouting Activities in Pensilva**

### **200 CLUB Draw Results for January**

<b>1st No. 54</b> <b>Mrs S. Webb</b>	<b>2nd No. 157</b> <b>Mrs C Torpy</b>	<b>3rd No. 77</b> <b>Mrs J Lewis</b>
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**Thank you for your support**

### **CAN YOU OFFER A HELPING HAND?**

We are looking for more volunteers to assist at the **Pensilva Memory Cafe**. You will meet and greet attenders helping to create a welcoming atmosphere. You will also help to serve tea and cake and support our users during the sessions. If you feel that you could offer 2 hours once a month please contact Carolyn or Jenny on 01579 362698/363458.

The Memory Cafe is held on the 4th Thursday every month at St. John's church, Pensilva.

## **2016 High Down Community Fund Deadlines for grant applications in 2016.**

<b>Deadline date:</b>	<b>Awards Panel meets on:</b>
23rd May 2016	20th June 2016
8th August 2016	5th September 2016
7th November 2016	5th December 2016

**For more info see:** <http://www.cornwallfoundation.com/high-down-wind-farm-communtiy-fund.html>

The fund is administered by Cornwall Community Foundation.  
01566 779333 / 779865. [office@cornwallfoundation.com](mailto:office@cornwallfoundation.com)

## Pensilva Wednesday Club R.V.S.

Meet in Pensilva Village Hall at 2.30pm on alternate Wednesdays

<b>Wed 9th Mar</b>	Gordon Genis - A Quiz
<b>Wed 23rd Mar</b>	Easter Service at St John's Church. Preacher Alan Libby. Hot X buns & tea. All Welcome.

**ALL SENIOR CITIZENS WELCOME TO JOIN THE WEDNESDAY CLUB**

### *PENMILL ART GROUP*

We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House 10-2 every Monday.

Please come & see us or phone Pam on 01579 363441.

## **Ruth and Colleen's Monthly**

# **BINGO**

## **At Millennium House**

## **on Tuesday 8th March**

**(and next month on Tuesday 5th April)**

**Eyes down at 7:30pm**

**Over 18's only**

**£££ CASH PRIZES £££**



MILLENNIUM HOUSE  
EVENTS GROUP



**WHEN**

**Friday 11<sup>th</sup> March  
2016**

**WHERE**

**Millennium House  
Pensilva**

**FEATURING . . . . .**

**Black Friday**

**ADVANCE  
TICKETS £5**

**FROM KAREN  
01579  
362196**

**TICKETS  
ALSO  
AVAILABLE  
ON THE  
NIGHT**

**Pasties are available  
to buy.**

**BACK BY  
POPULAR  
DEMAND**

Supporting children's hospice SOUTH WEST  
Registered Charity No. 1003314

Celebrating 25 Years 1991-2016

An evening with...  
**JOHNNY COWLING**

**The Cornish Ivy, Liskeard**

Saturday 14th May 2016 at 7.30pm  
Disco & Bar until late  
Ticket only event  
Contact Pat  
£12.50 including Pasty Supper on 01579 362959

**Pensilva Village Hall** will be holding a **jumble sale** on Saturday 12th March 2:00. Any donations of jumble or bric a brac please ring Jackie on 363212 (afternoons or evenings).

### Pensilva Memory Café

Pensilva Memory Café is a friendly informal setting for people with memory problems and their carers to socialise, exchange information and share experiences. The Memory Café is run by volunteers and voluntary donations and is free to users.

We operate on a drop in basis so just come along and enjoy the music, reminiscence and refreshments. Join in the activities, listen to speakers and make new friends and rebuild your confidence and self-esteem.

Pensilva Memory Café meets on the 4<sup>th</sup> Thursday of every month from 2-4pm and is held in St John's Church, Pensilva. The next Memory Café will take place on Thursday 24th March.

The Memory Café is friendly and free to users. For more information please contact Carolyn on 362698 or Jenny on 363458.



KIDS FILM CLUB

## PADDINGTON MOVIE

SATURDAY 5<sup>TH</sup> MARCH @ 2PM

COMMITTEE ROOM 1  
MILLENNIUM HOUSE

ENTRY £1 PER CHILD

SWEETS/DRINKS & POPCORN  
WILL BE AVAILABLE TO BUY!

ORGANISED BY MHEG





Liskeard BHF Branch

# SILENT AUCTION

Millenium Centre, Pensilva  
Saturday 12th March 2016 at 7.30pm

*Various lots including  
Polperro Holiday Cottage,  
Mens bike, attraction tickets, Meals, Beauty  
and much more*

Tickets are £3 per person or 2 for £5 if  
purchased before to include a Pasty &  
tea/coffee

*For more information contact*

PROUD TO  
BE A PART  
OF THE

**FIGHT  
FOR EVERY  
HEARTBEAT**

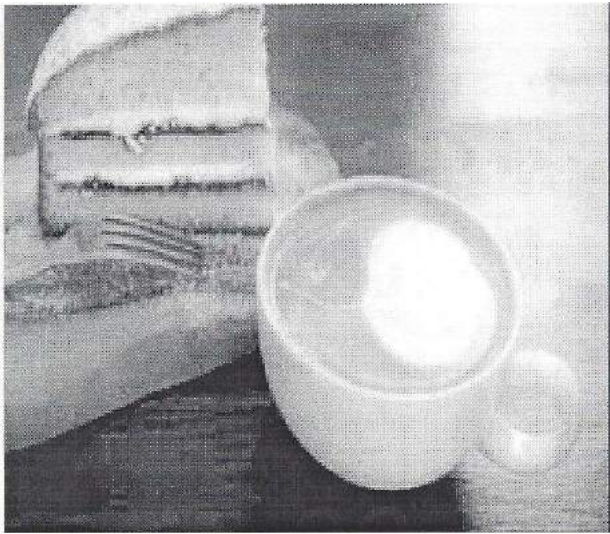
bhf.org.uk

*Keith 01579 362593 or Helen 01579 340041*



# *Phyllis's Coffee Morning*

Thursdays 10.30am - 12.30pm



Chat with friends while enjoying a delicious light bite or slice of cake and a tea or coffee...

for just £2.50

*The Mel Bar*  
*Millennium House, Pensilva*

## **Pensioners Lunch**

2 Course Meal plus Tea or Coffee  
Only £5.50

Every Tuesday here at Millennium House  
Speak to our reception or  
telephone Graham on 01579 363096



So why not join us for Good Food and Good Company, all on the day you collect your pension?



## Upcoming Quizzes in Millennium House



**Next Quiz**  
**Sat. April 9th, 2016**  
**at 7:30pm**

Future Quiz dates:  
May 21st, July 2nd, Pensilva gala week,  
Sep 10th, Oct 22nd, Dec 3rd.

**Organised by and raising  
funds for**

*All Being Well*

## Quethiock CofE School Summer Fair



Bouncy Castle, Face  
Painting,  
Refreshments +  
Cream Teas, Raffle  
and Games with  
prizes to be won!

**Saturday 11th June from 2pm**

# One life.

## What's it all about?

*Christianity Explored* gives you time and space to consider the big questions of life and to explore the life of the person at the heart of the Christian faith — Jesus Christ.

You don't need to know anything about the Bible.

You won't be asked to read aloud, pray or sing.

You can ask any questions you want, or just listen.

### **St John's Church, Pensilva**

**Friday mornings: 5<sup>th</sup>, 12<sup>th</sup>, 26<sup>th</sup> February; 4<sup>th</sup>, 11<sup>th</sup> March**

***Christianity Explored* from 9.30am for about an hour**

**Church open from 9.00am for breakfast**

**Call Geoff on 01579 362698**

**for further information**

**Crèche available**

*Christianity*  
**EXPLORED**



**Do You Play a Musical Instrument?**

**Are You Available on June 12<sup>th</sup>?**

**Would You Like to Join South Hill Parish Band?**

**Can You Make 6 practice sessions?**

**Contact Rachael ASAP**



We're celebrating The Queens Birthday on June 12<sup>th</sup> and throwing a party at Golberdon Hall/Recreation Field.

Proceedings start at 2pm with The Choir leading the way, and we'd like to get a group of musicians together as well.

Rachael Budd will be orchestrating the music so please contact her by email [rachaelbudd@gmail.com](mailto:rachaelbudd@gmail.com)

or Simon in Golberdon village on 383429

with details on what you play and available times & days.

I know there is talent out there

**Lets Make Some Noise !**

## **Millennium House Events Group**

New members always welcome. Please see the group's Facebook page. Next meeting on Tuesday April 19th @ 7:30pm. Any ideas for Pensilva Carnival gratefully received.



MILLENNIUM HOUSE  
EVENTS GROUP

# **Community Lunch**

First Sunday of every month 12pm for 12.30pm

3 Course Lunch with Tea and Coffee

**Adults £7.95p**

**Children (*Under 12*) £4.95p**

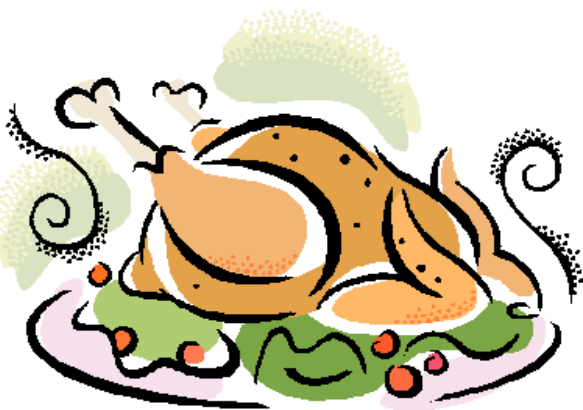
At Millennium House, Pensilva

Bookings required:

Call Graham or

Charmayne

on 01579 363096



## **FARMERS & CRAFT MARKET**

**AT MILLENNIUM HOUSE**

**Every 2nd Saturday of the month**

Refreshments available

**Next market March 12th**

Come and support local producers and help  
your local community to thrive.

# ***Badminton?***

Come and join our relaxed and friendly group at Pensilva Millennium House

**Mon & Tue 7.30 - 9.30pm**  
**Friday 8.00 - 10.00pm**

**For further info phone**  
**Nigel or Carol on**  
**01579 363594 or**  
**07885 798370**

# *All Being Well*

Your local, friendly gym.

Fifteen years working in our local community to improve health, fitness and well being.

Give us a call on **01579 363890** or drop in to see us at Millennium House, Pensilva.

## Opening hours:

Mon/Wed/Fri	10.00 to 3.00
and	5.00 to 9.00
Tues/Thur	9.00 to 1.00
Saturday	10.00 to 1.00

Email: [abwgym@gmail.com](mailto:abwgym@gmail.com)

## **MOBILE LIBRARY**

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).



Next visits:

**Mar 18, Apr 14, May 12. Stops at the Victoria Inn, Pensilva at 10.25 to 10.45am and at Quethiock Church 11.00 to 11.20am.**

## PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeserve.co.uk**.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr. We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

We successfully obtained a grant from the High Down Community Fund to replace all the toilet windows and the window in the store room. Additionally we used hall funds to replace one of the large windows at the rear of the hall. Many thanks to the High Down Community Fund for the grant and to "The Window Man" Richard Tremlett for a proper job fitting the new windows.

Pensilva Village Hall will be holding a **jumble sale** on Saturday 12th March 2:00. Any donations of jumble or bric a brac please ring Jackie on 363212 (afternoons or evenings).

### Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 1:00 - 3:00	Breath of Air	Pauline	01579 345989
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Mon. 6:30 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Alternate Wed. 2:30 - 4:00	Wednesday Club	Miss June Mills	01579 362407
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

### St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club

## PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

**(Contact Ann Wood 01579 364085).**

## PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our group.

Tea, coffee, biscuits and plenty of friendly chat.

Every 2nd Tuesday of the month 1:30 to 3:30.

Enter by Health Centre side door.

**Jean Conner 01 579 363 221 or 07 899 694 670**



### **Struggling with Sight Loss?**

Cornwall Blind Association offers emotional and practical help to people living with sight loss in Cornwall including:

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**Access Technology:** Advice on products

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**Equipment Demonstration:** Advice on gadgets

**Audio Books:** Information on books and equipment

**Talking Support:** Telephone befriending scheme

**Counselling:** For those affected by sight loss

**Transport:** Subsidised travel for some activities

**Social Clubs and Activities:** Links to clubs and activities across the county

**For more details Telephone 01872 261110 or visit**

**[www.cornwallblind.org.uk](http://www.cornwallblind.org.uk)**

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## **Do you suffer with various long term health conditions?**

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For company, light exercise and support.

We meet at Pensilva village hall every Monday from 1.00pm - 3.00pm

For more information contact us:

Pauline **01579 345989**

Jeanette **01579 363691**



The **co-operative**  
Community Fund

# **PENSILVA HEALTH CENTRE**

## **Baby Clinic**

**First Thursday of every month, from 1 to 2pm**

A friendly health visitor will be on hand to weigh your baby and give friendly professional advice.

**For information call the health centre on**

**01579 362249**



## *All Being Well* - Monthly Newsletter Tel: 01579 363890

January's challenge was our usual "Bonfire of the Calories" where we all try to burn as many calories as possible. Congratulations to Ted Whiting who topped the chart, despite missing some sessions when he caught the bug.

Many thanks to Sue Turpin who gave a talk to the WI about her experience of All Being Well (see the WI report on page 7).

Advertising and publicity is all very well, but there's nothing like people's personal stories to really get the message across. For those who do not know us, All Being Well is a friendly community gym, located in Millennium House, whose sole aim is to improve the health and well-being of our community by providing a safe and welcoming place to exercise. We specialise in helping people with health and mobility problems of all sorts. Why not drop in and see us (opening times etc. on page 21) to talk about how we can help you to feel better?

Keep well!

### **PARISH PUMP DISTRIBUTORS NEEDED IN PENSILVA.**

New distributors are needed to take over the delivery of Parish Pumps in the following areas of Pensilva:

- 1) Higher Road, between St John's Church and Glen Park, including East Park. (approx 60 copies).
- 2) Wesley Road and Wesley Terrace (approx 25 copies).

If you can help, please leave a message for the Parish Pump Editor at Millennium House (363096) or email [parishpump@btconnect.com](mailto:parishpump@btconnect.com)

Residents of the above areas who do not receive their Parish Pumps as usual can pick them up from the shop or from Millennium House. Sorry for the inconvenience.

# St Ive Church - March 2016

## Services at 11:15am Every Sunday

- Mar 6th** Holy Communion  
**Mar 13th** Family Service - *Small pets welcome*  
**Mar 20th** Holy Communion, Lunch follows this Service  
**Mar 24th** Maundy Thursday Service with Supper 7pm  
**Mar 25th** Hour before the Cross in St Ive Chapel 11am  
**Mar 27th** Easter Sunday Holy Communion

---

## Other March Events

- Fri 4th** Home Produce and Bric-a-brac with Lunch 10:30-1:00pm  
Home made cakes etc, Fresh vegetables, locally made pasties, pickles, jams & much more
- Sat 5th** Tabletop Sale with Refreshments 10:30am to 4pm
- Sun 6th** Garden teas in Village Hall 1:30pm to 4:30pm
- Fri 11th** Lent Lunch in Chapel 12 noon
- Sun 13th** Garden teas in Village Hall 1:30pm to 4:30pm
- Fri 18th** Lent Lunch in Church 12 noon
- Sun 20th** Lunch in Church 12:45 All Welcome
- Mon 28th** Easter Egg Hunt and Nature Trail 10:30am

Reverend Margot Davies      **01579 208698** email [margotaj@tiscali.co.uk](mailto:margotaj@tiscali.co.uk)

Church Warden: Brian Dwelly      **01579 364010** email [btdwelly@aol.com](mailto:btdwelly@aol.com)

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.

**WANTED.** If there is anybody who has any amount of wool that they no longer need, I have a lady who knits items of jumpers, cardis and the like for children in Africa. You can ring me on 363372 and I will collect.

# ST JOHN'S CHURCH, PENSILVA

## Services for March 2016

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 6th	(9.30am)	(Anglican Benefice Eucharist at St Cleer)
	11 am	<b>Mothering Sunday</b> Mrs Clare Anderson
Sunday 13th	11 am	Anglican Holy Communion Service
	5pm	<b>Food for Thought</b> at St Ive Methodist Church
Sunday 20th	11 am	Cafe Church
Sunday 27th	11am	<b>Easter Day</b> Rev Mark Pengelly, Holy Communion

**Maundy Thursday** Service 10:30am with Bishop Chris.

**Christianity Explored** Fridays from 9am on 4th and 11th March in St. John's Church. See posters for details.

**Afternoon Tea** Friday 4th March at St. John's Church, Bring & Buy, all welcome.

**Lent Lunches** at St John's Church, Thursday 3rd, 10th and 17th March at 12 noon, come along and enjoy a bowl of homemade soup.

Every Thursday, 10am at St. John's Church there is a **Cafe Church**. Everyone welcome to join us.

**Prayer Group** Tuesday 1st and Friday 18th February at 3.30pm. Please ring Rev Kev on 363336 or Eileen on 362580 if you would like prayer for yourself or someone else.

**Fellowship.** The group will not meet during the Christianity Explored course. Further information from Geoff or Carolyn on 362698.

*For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact:  
Geoff Cox - 362698, Val Searle - 208662, Frances Tucker - 363718*



**You can now donate locally in St Johns Church  
Pensilva. Thursdays 10.00am - 11.15**

**Dry or tinned food only, please**



# **St Ive Methodist Chapel**

## ***Services for March 2016***

- Sunday 6th Mar** 11:00am Rev Tom Osborne with Holy Communion  
No evening service
- Sunday 13th Mar** 11.00am Mrs Gill Higgins  
5:00pm United "Food for Thought" at St Ive
- Sunday 20th Mar** 11:00am Local Arrangement Service  
No evening service
- Sunday 27th Mar** 11.00am Mrs Fiona Budd  
5.00pm United service, Keith Mutton and Geoff Cox

The Chattermakers Craft Group will meet on Thursday 3rd, 17th & 31st of March from 7:30pm. Anyone wanting more details please contact Kathryn on 01579 382334.

The Prayer meeting will be held in the Guild Room on Wednesday 2nd, 16th & 30th of March from 7:30pm. All welcome.

The United Lent Lunches will continue on Fridays with the 11th March being hosted in the Chapel from 12 noon to 2pm.

The Callington and St Ive Wesley Guild will meet in Callington Methodist Church at 7:30pm on:

Monday 7th March. Cultural evening with Mr Brian Dingle "Dartmoor Prison Museum"

Monday 14th March. Christian Service Evening when the speaker will be Sqd leader Phil Newcombe "ATC/RAF"

Sunday 21st March. AGM 6.15pm.

All welcome, anyone needing more details please contact Keith or Kathryn on the number above.

**Pensilva Village Hall** will be holding a **jumble sale** on Saturday 12th March 2:00. Any donations of jumble or bric a brac please ring Jackie on 363212 (afternoons or evenings).

# Pensilva Post Office

Located through the Café on the 1<sup>st</sup> floor of Millennium House



## Opening times:

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

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Saturday	12.00	11.00pm
Sunday	12.00	10.00pm

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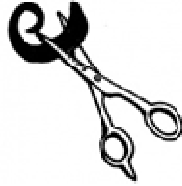
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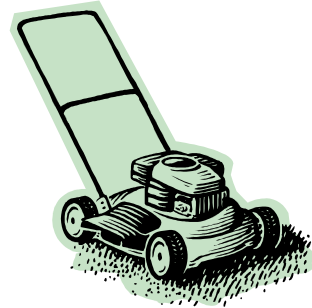
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## **VISIT CALLINGTON**

**A Fair Trade Town**

**Whether you need white goods or carpets for your home,  
or need to mark a special occasion, with a gift or card,  
you can find it in Callington. From a light bite in a tea room or  
Cornish Pasties to take away to dinner in a restaurant.**

**From antiques and curios, bicycles and D.I.Y. to bridal wear.**

**A great choice of independent specialist shops.**

**There is so much more - Visit to see for yourself**

**Callington Traders Association**



**SHOP LOCAL  
AND KEEP CALM**



# Pensilva Stores

**Amazing Value**

**Premier**  
a great deal more from your local store  
**Mon-Sat. 7:00 AM. – 9:30 PM.**  
**Sunday 8:00 AM. – 9:30 PM.**

- ✓ Fantastic Special Offers every month!!! (See store leaflets)
- ✓ Come and Check out our great deals on Wine, Beer and Spirits
- ✓ Local Produce: Homemade Butter and Clotted Cream, Meat from our local butcher
- ✓ Cornish Fresh Fruit and Vegetables
- ✓ Fresh Bread, Pasties and Cakes
- ✓ Take Away Coffee, tea and hot chocolate
- ✓ Newspapers and Magazines, Greeting Cards
- ✓ Paypoint, Lottery

**\* Free to use ATM \***  
**\* Card Payment \***

**Friendly Staff + Service with a Smile !!!**

**Pensilva Stores is a family run business who have been serving local people and visitors for more than 21 years.**

Higher Road, Pensilva, Liskeard, Cornwall PL14 5NQ

Tel: 01579 362547

## MENDOLOGY

### Garage Door Specialist

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Out of hours service  
call Dave anytime 07974 442645

**MENDOLOGY DOORS**

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**01579 363760**



# Pensilva Cars

Unit 6, Ten Acres Ind. Est. Pensilva, Liskeard, PL14 5RE

01579 363516

[pensilvacars@hotmail.co.uk](mailto:pensilvacars@hotmail.co.uk)

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**Now offering “Elite” remapping to improve performance and economy.**

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Tel: 01579 362593

Email: [keith@keithrichardsmotorbody.co.uk](mailto:keith@keithrichardsmotorbody.co.uk)

Fax: 01579 363194

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& St.Ive

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502322

# Bargain Corner Free Ads up to £50

Ads are free for items up to £50. £5 charge for items over £50. Please ring the Parish Office on **01579 363096** or leave a note at Millennium House reception or email **parishpump@btconnect.com**.

**\*\*\*Please let us know when your item has sold\*\*\***

Mamas and Papas grey **Travel Cot**. Nearly new. Easy to put up and down. Comes with 2 free fitted sheets. **£25**.  
Ikea **high chair** with tray, red. **£5**.  
**Pushchair / Buggy**. Red with black trim. Basic buggy in immaculate condition. For child up to 15kg. **£10**.  
**Electric keyboard** (Groovy Stars) with stool and sing-along microphone. Red & blue. 3+ years. Excellent condition. **£15**.  
Tel: **01579 382762**

**White radiators**—new and unused. 220x30x10cm, 200x30x10cm. **£15 each**.  
**07703 735177**

Royal blue, frost proof, ceramic **plant containers**. **£8 to £15 each**.  
**01579 363626** any time.

EV7000 ELITE **Treadmill**, no incline, mains operated. Only used a dozen times. Very good condition. Buyer collects please (St Ive). **£150**.  
**01579 382304**.

**Gas Cooker** Leisure Gourmet Classic; double oven. **£50**. Tel: **07814 694965**

WANTED. Any quantity of unneeded wool. Will be made into items for children in Africa. Will collect. Tel: **01579 363609**

Mama and Papas double three wheeled **dolly buggy**. Red with white spots, will take two or three dolls. In excellent condition **£11.50**. Tel: 01579 363609

Baby pink 3-tiered metal **cupcake stand**. Lovely swirly design. **£4**. **07773 790032**

Pair of original **ship's oil lamps**. Little used. In good condition. **£45 ono**.  
01579 362788

Long length **Black Winter Coat** Size 12. Excellent condition. **£40**. **01579 346986**. (Higher Tremar)

**Fridge**, small freezer, good condition. **£30**  
**01579 363267**. (Pensilva)

New **Hardwood House Stable Door**. 6'7" high x 27" wide x 1¾" thick, with 9 panes of glass in the top opener. The door has not been treated, primed or painted. **£50**. no offers. **01579 384658**.

**2 plastic hamster cages** - 1 with bars and other clear plastic from 'Pets at Home' - **£5 each**  
**01579 363315** after 6pm

Qualcast **Box Mower** for sale. 6 months old. Not needed. **£30**. **01579 362417**

3 boxes 48 Alamo Beige **Floor Tiles** each tile 12¼" x 12¼". **£15** for the 3 boxes.  
2 boxes Kalite (whitish light beige) **wall tiles** each tile 13" x 10" **£15**,  
6 23½" x 11¾" x ¼" white **floor tiles**, **£10**  
10 litre tub Vallance Suregrip non-slip **wall tile adhesive**, **£10** - **01579 384658**

Coastal picture under glass. **£5**.  
**01579 383054** after 6pm

**Glass shower screen**, complete with all fittings, excellent condition. Approx. 71cms wide, 136cms high. **£45 o.n.o.**  
Tel. **01579 208572**, or **07980 573882**.

**Blind for VELUX® Window**  
Blind colour Acacia Pebble (Cream)  
Model Code:CGL Size Code:M08  
Frame colour: silver  
Size: Width 613mm, Drop 1160mm  
Supplied in original unopened packaging:  
**£21.50 ono 01579 363497**

**Greenhouse**, 8'x6' Poly Carb,  
**£30** (buyer to dismantle)  
**01579 383137**

**Two Amazon Kindles - £25 each**  
**01579 345989**

Lindam Safe & Secure metal **playpen £40**  
ono  
VTECH first steps **baby walker VGC**  
**£10** ono  
Fisher Price Bounce 'n' Spin Zebra for  
ages 12 months & over. Hardly used.  
VGC. **£25** ono  
Early Learning centre alien **Playset £5**  
**01579 363791**

Childs small 2-piece Leather **Motorbike**  
**leathers**. Size 8, Red/Black - **£20** ono  
St Cleer **01579 343992**

Zanussi **Fridge**. H 32.5", W 21.5", D 24".  
Very good condition. **£50**.  
**01579 362753**

Two **DVD Players**. Playback only.  
Small **£5**. Large **£10**.  
**Banker's Light - £2**  
**Hallogen Fire - £5**  
Gent's **Leather Jacket**, size large, cost  
£100 new, will sell for **£20**.  
Size 10 black leather **shoes - £5**.  
Large electric **Flymo**. Only 2 years old.  
Reduced to **£30**. **01579 362567**

Electric **hedge trimmer £5.00**  
Large Flymo **lawnmower** multi trim 340x0  
**£40.00**  
Flymo **strimmer** Power trim 500 **£10.00**  
2 **elec. drills** + many drill bits **£5.00** each  
Electric **sander** £5.00  
**Misc tools** for garden and home, **offers**  
Sales due to moving. Ring **01579 362567**

Ladies Genuine Leather **Motorbike**  
**Jacket - £20** ono  
Higher Tremar **01579 346986**

**Dog Guard** for Land Rover Discovery  
(2014). Used twice from new. **£50**.  
**01579 363347**

**Petrol Rotavator** Hasn't been used for a  
number of years. Needs stripping and  
rebuilding. Good DIY project. **£50**.  
**01579 362064**

**AGA Large Roasting Tin - £20**  
**Men's Cargo trousers**, thermal lined,  
36"waist, 29"inside leg, khaki colour. **£10**  
**01579 362012**

**Leopard Coat**, faux fur. Calf length, cowl  
collar, matching hat. Medium size,  
38"/40" bust. **£30 - 01579 345783**

Blue-grey **ladies bike**, Falcon Safari,  
Very good condition. Shimano brakes,  
front and bike light. Clip-in water bottle  
included. **£50** Please contact Alison on  
**01579 383361** In Callington, can deliver.

**Please let us know when  
your item has sold.**  
Call **01579 363096** or email  
**parishpump@btconnect.com**  
or leave a note at Millennium House  
reception.  
**THANK YOU**

## What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
<b>MILLENNIUM HOUSE</b>		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	01579 208528
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 ( Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579344464
Zumba Fitness Classes	Wednesday 7:30 - 8:30pm	07850 646207 (Sarah)
<b>PENSILVA VILLAGE HALL</b>		
Breath of Air	Monday 1.00pm - 3.00pm	01579 345989 Pauline
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Girl Guides	Monday 6:30 - 8:00pm	01579 363212 Jackie Browning
Pensilva Wednesday Club	Wednesday 2:30pm	01579 362407 Miss J Mills
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
MIMS (light exercise)	Friday 1.00 - 3.00pm	01579 343702 (Mike)
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
<b>PENSILVA SCHOOL</b>		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Sarah Senese (Manager)
Toddler and Baby group	Thursday 9:15 - 11:15am	07890 023924 Mrs Sarah Senese (Manager)

## What's on in St Ive ?

### ST IVE INSTITUTE

Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

**St Ive Institute available for hire. £3.50 per hour.** This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)  
**Contact Jill Ede 01579 384095 or Judy on 01579 384465**  
Hall meetings will now be held bi-monthly on the second Tuesday of the month

### ST IVE & DISTRICT GARDENING ASSOCIATION

Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

**Monday 7<sup>th</sup> Mar.** **7pm Annual General Meeting.** Then at 7.30pm a representative from **South West Water** will tell us about **their work and their plans for the future.**

**Monday 4<sup>th</sup> April** A visit to **Bodmin Nursery** for hints on growing veg. easily. Assemble in St Ive car park to leave at 6.15

*Visitors and new members are always welcome to join us.*

### ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216.**

We look forward to meeting you.

# ANGIE'S PANTRY

On the first floor at Millennium House, Pensilva  
Tel: 07716 905242

Serving a wide range of home produced meals,  
soups and snacks (including all day breakfast).  
All food will be sourced locally where possible.

Family friendly! We welcome toddlers to  
grandparents and everyone in between!

**OPENING TIMES: Mon-Fri 0900 to 1700**  
**Saturday 1000 to 1600**

(Opening times may be extended for special events)  
**10% discount for senior citizens.**



## Millennium House

# THE MEL

## Licensed Bar Free House

### Opening Hours

Mon - Thu - 5 pm to 11 pm  
Fridays - 3 pm to 11 pm  
Saturday - 12 noon to 11 pm  
Sunday - 12 noon to 11 pm

Millennium House 01579 363096

