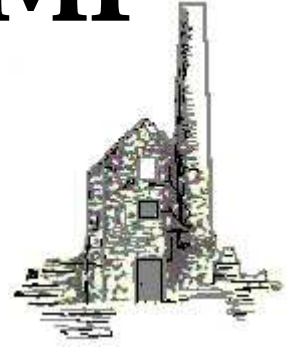


THE PARISH PUMP



January 2016
Edition 410



The Newsletter for the Parish of St Ives



That's another year gone!

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Martin Corney (Chair)	01579 382450
Alan Moss (Vice-chair)	01579 362064
Pam Carter	01579 362640
Peter Dipper	01579 362315
Peter Haimes	01579 362459
Harvey Frith	
Alan Neal	01579 362478
David Waddington	01579 362654
Stephanie McWilliam (Cornwall Councillor)	01579 362037

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting:

Monday January 11th at 7.30pm at St. Ive



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Officers can be contacted on 01579 325454 at any time

PC Garth Hatt garth.hatt@devonandcornwall.pnn.police.uk

PCSO Bob Anslow robert.anslow2@devonandcornwall.pnn.police.uk

2 PCSO Becky Steed rebecca.steed@devonandcornwall.pnn.police.uk

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk (Leesa Childs) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If you would like a template, please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Come relax and wind down
after work

At the Mel Bar, Millennium House

HAPPY HOUR

From opening time till 7pm Weekdays

50p off all alcoholic drinks.



sky SPORTS

From the Editor

Happy new year everybody - let's hope it's a good one.

Some of you may be wondering what on Earth is happening with the new charity, Pensilva Community Association, and its plans to take over the management of Millennium House from the Parish Council. The situation at the moment is that there are two issues that are holding things up. Firstly we are waiting for the Parish Council's lawyers (Cornwall Council legal department) to deliver the legal documents covering the lease on the building and the commercial terms for the handover of the MH business. Secondly, the Parish Council is still awaiting a definitive opinion on whether it is legally entitled to go through with the deal. With so many proposed start dates having been and gone I have given up trying to predict when the handover may happen. It's all very frustrating, especially as the losses at MH continue to rack up.

I am writing this in the depths of midwinter and I'm struggling to remember a Christmas where the general mood has been so dominated by bad weather, bad news and tragic events. Having said that, the MH Events Group continues to try to lift our spirits by organising loads of events. I really enjoyed the Polperro Fisherman's choir on December 12th. The Events group does great work and deserves our thanks.

All the best - Joe

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Cafe (Angie's Pantry)

9am till 5pm Monday to Friday

10am till 4pm Saturday

Bar

5pm till 11pm Monday to Friday

12am till 11pm Saturday and Sunday

If a member of staff is not available please leave a message in our **letter box** at the front of the building or on our answer phone by calling **01579 363096**.

From Cllr Steph McWilliam – January 2016

Happy New Year to you all. I do hope you had a good time over the festive season. Our new CEO, Kate Kennally, is starting on 11th January and I look forward to working with her. We are still working out the implications of the spending review details but relieved that we can raise council tax by 2% for adult social care spending as this was a huge worry. At least we should be able to continue protecting the most vulnerable, even though we don't expect other services to improve significantly as far as funding is concerned.

From time to time we have problems with temporary traffic lights failing out of hours. Apparently there is always a number to ring on a board by the lights so if you know of this happening, please try and find this number first. Ringing CORMAC takes longer because different organisations have reasons to set up temporary traffic lights and there are various firms that do this. They are all 'approved' but will have different contact details. Please ring the number direct if you can, otherwise the lights will be causing problems whilst CORMAC works out where they are and sends somebody out to find the contact number to get them fixed.

There are still problems with dog attacks on sheep. Owners will often say "They are only playing" but this is no excuse. Dogs must be kept under control at all times and must not be allowed to chase the animals on the moor. They must also not be allowed to chase or 'worry' people either!

I am pleased to say that there is growing support for a 40mph speed limit across the moor. We will collate all the comments we receive to help the Commons Council make its case strongly and convincingly.

Free dog micro chipping is still ongoing. Do please get your pets identified this way. If you have a rescue dog that is already chipped and need help getting the contact details changed to yours, just let me know and I will put you in touch with someone who can help you do that.

The emergency plan is now more or less complete and has gone to the relevant officers for 'sign off'. There will be a copy held at St Ive Village Hall and one at Millennium House once it has been approved and adopted. Thank you so much to everyone who has helped produce it and to those who have volunteered their services if we do ever need it. I sincerely hope we never do and that it will never be used.

I really do appreciate the support you have given me this year and that so many of you have taken the trouble to get in touch and let me know your thoughts and suggestions. Please don't stop and I will continue doing the best I can to represent this community and make your voices heard.

Thank you.



The Latest from Your Parish Councillor - Martin Corney
Happy New Year everyone. I'm writing this just before Christmas, which has already been a real boost for me. I'm in a position where I can voluntarily give my time to a number of community organisations even more rewarding than the parish council. This year the food bank where I volunteer organised Christmas boxes as a little extra, given by members of the

community to those who needed to use the food bank through the year. Delivering those surprise boxes of Christmas goodies was the most rewarding thing I've done this year. People's reactions varied from the stunned to the very emotional. Everyone was grateful for the unexpected gifts that could make their Christmas special, and I was grateful for the opportunity to make a difference. There are lots of different volunteering opportunities locally depending on ability. I might choose to help with scrub clearance on nature reserves or DIY at The Growing Project Pensilva; others help in reception at Millennium House. Anyway I highly recommend volunteering as something to start doing, maybe as a New Year's resolution.

The parish council is about to set the precept portion of our council tax. We have two options: Delegating the management of Millennium House to the Pensilva Community Association charity (PCA), or carrying on as usual. If we carry on as before the precept will have to go up dramatically, from £62,000 probably to about £87,000. If PCA take over, the precept could actually reduce slightly. This is because parish reserves would not need to be as large for a smaller parish turnover, and as a charity PCA can save money.

Don't forget the parish website st-ive-parishcouncil.gov.uk with council meeting agendas and minutes; also downloadable copies of the Parish Pump. For those of you who do Facebook, our St Ive Parish Council page is still being updated with parish news. Phone me, email me on martin.corney@btinternet.com or "martin corney blog st ive" in search engines will find my blogs for you to comment on this article and other gems.

Supporting Guiding & Scouting Activities in Pensilva

200 CLUB Draw Results for November

1st No. 162 Mrs Y. Warne	2nd No. 34 Mr C Buck	3rd No. 85 Mr G Snowdon
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Thank you for your support

Pensilva W.I December Report.

At the meeting in December, we had our usual Xmas party. There was plenty of bring and share supper, lots of music to sing and dance to, a quiz and pass the parcel. We were kept amused all night so we all felt in the festive spirit. And of course a glass of wine and a present! There is a coach, picking up from Pensilva, to the pantomime at Liskeard played by the Lions. The next knit and natter at st.Johns church will be on 26th January. All are welcome even if you are not a member of the W.I.

On 20th February we shall be having our usual skittles afternoon in the Millennium centre with the usual tea and share. In the New Year, one of our members will be holding classes for Sugar craft. Details from any member. Our next meeting is on 13th January. when we shall hear Tony and Pat Hill talk about their Eco house. It sounds interesting.

Anyone is welcome to come to our meetings once or twice to see if you would like to join. We meet the second Wednesday of the month at 7pm in the Millennium centre. Do come and meet a jolly busy bunch of women.

CAN YOU OFFER A HELPING HAND?

We are looking for more volunteers to assist at the **Pensilva Memory Cafe**. You will meet and greet attenders helping to create a welcoming atmosphere. You will also help to serve tea and cake and support our users during the sessions. If you feel that you could offer 2 hours once a month please contact Carolyn or Jenny on 01579 362698/363458.

The Memory Cafe is held on the 4th Thursday every month at St. John's church, Pensilva.

WANTED

Casual bar staff required at Millennium House
FOR

Events, holiday cover and more.....

If you are over 18 and interested in this position,
please contact Graham or Leesa on

01579 363096

THREE GOLD MEDALS FOR NIKKI WELCH, FROM PENSILVA, AT THE 4 NATIONS PARA-BADMINTON CHAMPIONSHIPS IN IRELAND

Following a gold medal win at the Bournemouth regional singles badminton competition in October, Nikki Welch from Pensilva took part in the Irish 4 Nations Para-Badminton Championships over the weekend of 21st November and returned home proudly displaying THREE GOLD MEDALS. On the Saturday Nikki won all 6 singles and 6 mixed and women's doubles games. On the Sunday Nikki faced three finals and some very experienced players, but she remained calm and focused to beat the local Irish Special Olympian Clare O'Neill to win GOLD in the singles and then in the doubles, with her new partner Linzi, to beat Clare O'Neill and Sarah-Louise Rea. In the Mixed Doubles Nikki and new partner Lloyd Crawley beat champion Michael McCraw from Lothian Scotland and his partner for the event Jackie Robins. Nikki thanked Tournament Director and Ulster Badminton President William Martin for organising and running a faultless event which helped her stay relaxed and focused to win all THREE GOLD MEDALS.

Claire Reed from Liskeard Junior & Inclusive Badminton Club, where Nikki trains, said. 'We are very proud to have Nikki as part of our Club and are delighted at her achievement. Nikki is dedicated to her Badminton and her results reflect that. Her family deserve huge recognition for ensuring Nikki is able to attend these competitions. We will support Nikki as much as possible to achieve her dreams'.

The club has been awarded Premier Club status and is still celebrating after winning Junior Club of the Year at last month's Cornwall Sports Awards 2015. They have also been nominated by their National Governing Body, Badminton England, for the National Badminton Awards 2016 to be announced in March. It is the Hub Club for East Cornwall Community Badminton Network and a member of Special Olympics Cornwall. They have sessions at Lux Park Leisure Centre on a Monday including 'No Strings' pay and play sessions. They also have two satellite clubs at Launceston and Bodmin.

Nikki has several tournaments approaching, but her long term goal is the National Special Olympics which will be in Sheffield in August 2017.

If you would like to know more about the sessions on offer then please contact Claire Reed on 07974966304, Nigel Collins on 07817753507 or Jenny Marchant on 01579 346582.

Thank you to Pensilva Stores who kindly sponsor the Liskeard Club



Pentiddy Community Woodland

It's about a year since our last update on the woods. Any who have visited throughout the year will have appreciated the tremendous growth of the trees! It continues to go from strength to strength. There has been a wonderful feeling that many of you have really taken the woods into your care for which we are truly grateful.

This winter will see the thinning of more Ash to favour Oaks and other species as Ash Die-Back remains a serious threat. As with the previous few years, the sale of these thinnings as firewood will provide the charity with the funds to keep the woodlands open to the public by paying for insurance.

Your chance to help:

We would like to have the support of some of you as **members of the committee**. It's the smallest of commitments involving only 1 or 2 meetings a year but will make all the difference to our morale!

Contact Ele on 363775

Come and volunteer over the winter on our workdays as we fell and clear trees as part of the thinning regime. All who come to help will receive a share of the timber and Angie's delicious hot soup and home-made bread.

Dates: Jan 2nd and 3rd 11am – 3pm. Please bring work gloves and any suitable hand-tools.

Place an order for firewood. We need to sell at least 2 loads to cover the costs of keeping the woods open to the public. Call Anthony on 07765 103504.

Continue to pick up dog poo and any litter including dog chewed tree shelters and use the bin by the entrance as we know many of you have been doing – thank you.

Hope to see as many of you as possible on the volunteer days- a good way to work off the Christmas excess whilst supporting your local Community Woodland.

From Craig Vaughnley Chair of Governors – Pensilva School.
 The Governors of Pensilva School, a 140 pupil school, and member of the Caradon Co-operative Educational Trust, are looking for a governor to join their Governing Body.



The role of a school governor, which is a voluntary position, is to contribute to the work of the governing body in ensuring high standards of achievement for all children and young people in the school by:

- Setting the school's vision, ethos and strategic direction;
- Holding the Headteacher to account for the educational performance of the school and its pupils and performance management of staff; and
- Overseeing the financial performance of the school and making sure its money is well spent.

Governors would like to strengthen the effectiveness of the Governing Body and are therefore inviting applications from any individual who would like to play an active part in monitoring the progress of the school and its pupils and increase links with the local community.

If you would like to make a positive contribution to the education pupils receive at our community school, please complete an application form which can be obtained from the Clerk to Governors (contact details below) or School Office.

Further information on the role of a governor is also available from them. The completed application form should be returned to the Clerk, Caroline Stone by email to carolinestone_mayfield@yahoo.co.uk or contact the Chair of Governors on 01579 364083 for any further information.

Pensilva Wednesday Club R.V.S.

Meet in Pensilva Village Hall at 2.30pm on alternate Wednesdays

Wed 13th Jan	New Year Party
Wed 27th Jan	A talk about her Alpacas by Rosalind Pugh

¹⁰
ALL SENIOR CITIZENS WELCOME TO JOIN THE WEDNESDAY CLUB

FRIENDS OF PENSILVA HEALTH CENTRE

On behalf of the 'Friends', I would like to offer sincere thanks and appreciation to everyone for their support and such generosity in making the Annual Christmas Tea, held on Friday 4th December 2015, such a wonderful success. The sum of £908 was raised and will be available for the purchase of extra equipment required at the Health Centre which will be of benefit to the Patients.

The event was generously supported by 20 local businesses, personal donations, raffle prizes, refreshments, hard working team members and helpers and by all those who attended.

THANKS TO EACH AND EVERY ONE OF YOU

FRIENDS OF PENSILVA HEALTH CENTRE

A meeting will be held on Tuesday 19th January 2016 at the Millennium Centre, Pensilva at 2.p.m.

EVERYONE WELCOME

2016 High Down Community Fund Deadlines for grant applications in 2016.

Deadline date:	Awards Panel meets on:
8th February 2016	7th March 2016
23rd May 2016	20th June 2016
8th August 2016	5th September 2016
7th November 2016	5th December 2016

For more info see: <http://www.cornwallfoundation.com/high-down-wind-farm-communitiy-fund.html>

The fund is administered by Cornwall Community Foundation.
01566 779333 / 779865. office@cornwallfoundation.com 11

82

67

KIDS BINGO!

52

31

**SATURDAY 30TH
JANUARY 2016 @ 2PM
COMMITTEE ROOM 1
MILLENNIUM HOUSE
£1 ENTRY PER CHILD
COME & JOIN IN THE
FUN!!**

5

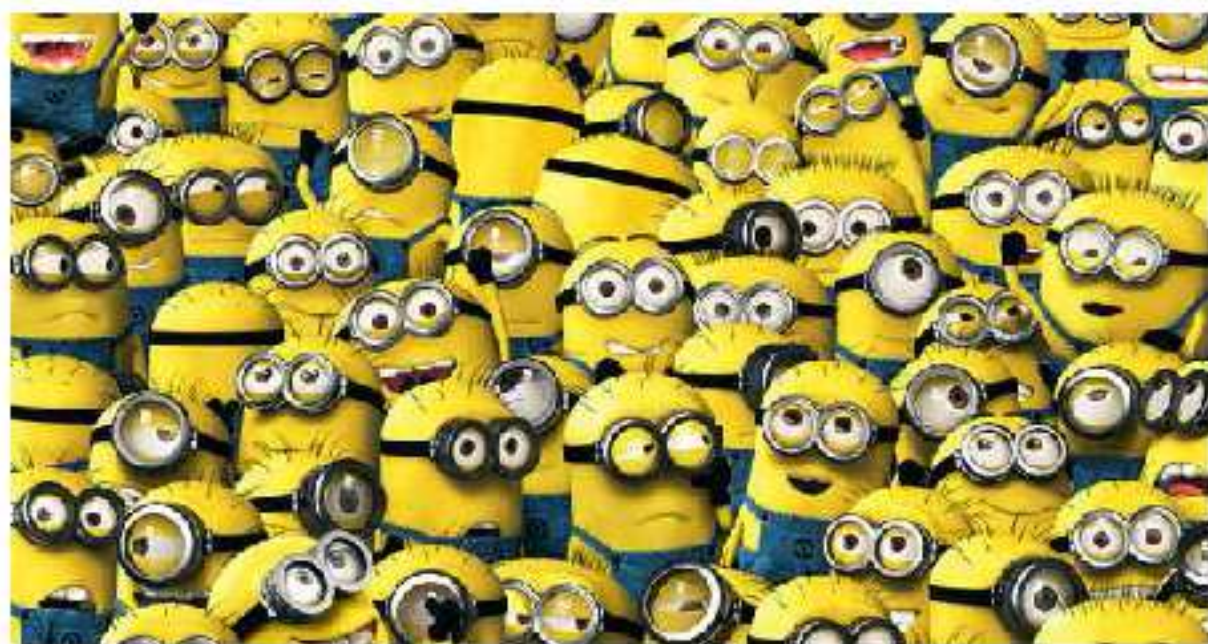
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KIDS FILM CLUB

MINIONS MOVIE

SATURDAY 6TH FEBRUARY @ 2PM

COMMITTEE ROOM 1

MILLENNIUM HOUSE

ENTRY £1 PER CHILD

SWEETS/DRINKS & POPCORN

WILL BE AVAILABLE TO BUY!

ORGANISED BY MHEG

MHEG would like to wish you all a very happy and fun-filled 2016

- Saturday 30th January – Kids Bingo
Eyes down at 2pm
- Friday 5th February – “New 2 You” Sale
Table top sale in the Function Room from 7:30pm
- Saturday 6th February – Kids Film Club
In Committee Room 1, at 2pm
- Saturday 5th March – Kids Film Club
In Committee Room 1, at 2pm
- Friday 11th March – Black Friday Band
High energy folk and Celtic punk rock band—doors open at
8pm, Band from 9pm
- Saturday 2nd April – Kids Film Club
In Committee Room 1, at 2pm

All functions at Millennium House, Pensilva and organised by



For info call Karen on 01579 362196 or see the Millennium
House Events Group page on Facebook

One life.

What's it all about?

Christianity Explored gives you time and space to consider the big questions of life and to explore the life of the person at the heart of the Christian faith — Jesus Christ.

You don't need to know anything about the Bible.

You won't be asked to read aloud, pray or sing.

You can ask any questions you want, or just listen.

St John's Church, Pensilva

Every Friday morning for 7 weeks from Friday 22nd January

***Christianity Explored* from 9.30 for about an hour**

Church open from 9.00am for refreshments

Call Geoff on 01579 362698
for further information

Crèche available

Christianity
EXPLORED

Ruth and Colleen's Monthly

BINGO

At Millennium House

on Tuesday 12th January

Eyes down at 7:30pm

Over 18's only

£££ CASH PRIZES £££

Millennium House Events Group

New members always welcome. Please see the group's Facebook page. Next meeting on Tuesday January 26 @ 7:30pm.



MILLENNIUM HOUSE
EVENTS GROUP

RUGBY WORLD CUP 2015 - SWEEPSTAKE RESULT

The total number of points scored in the group stages of Rugby World Cup 2015 was 2020, just 2 points less than in RWC 2011. Congratulations to John Robbins who guessed 2020 exactly and is therefore the winner of the RWC rugby ball (kindly donated by Sheila Myers). Thanks to everyone who took part; £30 was raised for the Events Group. Finally, my apologies for not including this item last month. - Joe

PENSILVA W.I SEW, KNIT AND NATTER

Next meeting on January 26th 2016



Pantomime Time Again

For The Over 60's.

Liskeard Lions present.

Robin Hood and The Three Little Pigs

Friday 29th January

The Public Hall, Liskeard.



A bus will pick up from **Glen Park**, the **Shop**,
and **The Cross, Pensilva**, at **6.00 pm**,

and from **St Ive Village Car Park** at **6.15 pm**.

To book ring Ivor Hoare on 362531, by the 24th
January.

Free to senior citizens.

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If
you paint we would love you to join us. We meet at
Millennium House 10-2 every Monday.

Please come & see us or phone Pam on 01579 363441.

"NEW 2 YOU" SALE

Friday 5th February 2016 - From 7:30 pm
FUNCTION ROOM @ MILLENNIUM HOUSE

A FANTASTIC OPPORTUNITY TO UPDATE
YOUR WARDROBE & ACCESSORIES PLUS
OTHER USEFUL ITEMS!

TO BOOK A TABLE PLEASE CONTACT
KAREN ON 01579 362196 - £5-00/TABLE

FREE ENTRY ON THE NIGHT



Brought to you by

MILLENNIUM HOUSE
EVENTS GROUP

Pensilva Memory Café

Pensilva Memory Café is a friendly informal setting for people with memory problems and their carers to socialise, exchange information and share experiences. The Memory Café is run by volunteers and voluntary donations and is free to users.

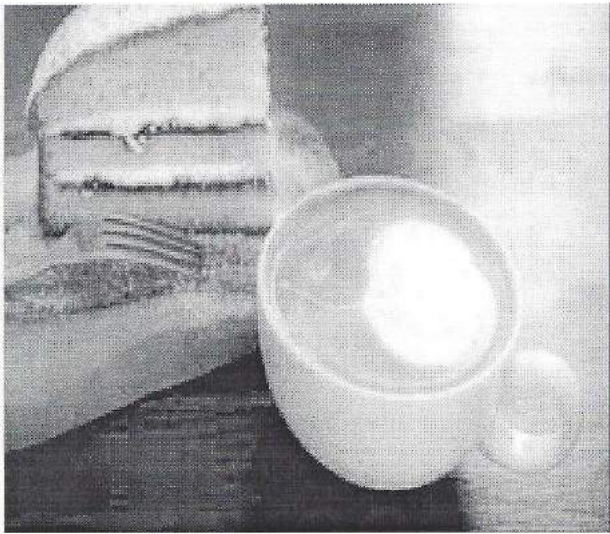
We operate on a drop in basis so just come along and enjoy the music, reminiscence and refreshments. Join in the activities, listen to speakers and make new friends and rebuild your confidence and self-esteem.

Pensilva Memory Café meets on the 4th Thursday of every month from 2-4pm and is held in St John's Church, Pensilva. The next Memory Café will take place on Thursday 28th January.

The Memory Café is friendly and free to users. For more information please contact Carolyn on 362698 or Jenny on 363458.

Phyllis's Coffee Morning

Thursdays 10.30am - 12.30pm



Chat with friends while enjoying a delicious slice of cake and a tea or coffee...

for just £2.50

The Mel Bar
Millennium House, Pensilva

Pensioners Lunch

2 Course Meal plus Tea or Coffee
Only £5.50

Every Tuesday here at Millennium House
Speak to our reception or
telephone Graham on 01579 363096



So why not join us for Good Food and Good Company, all on the day you collect your pension?

Community Lunch

First Sunday of every month 12pm for 12.30pm

3 Course Lunch with Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

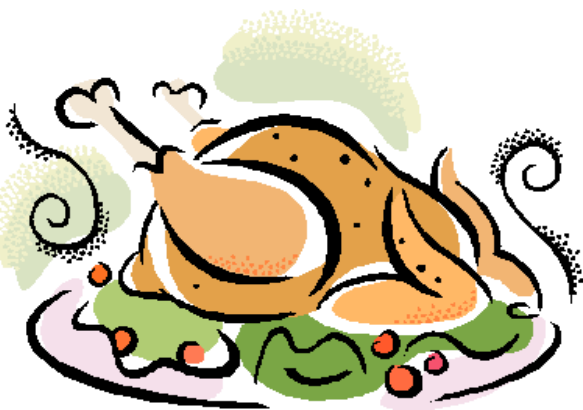
At Millennium House, Pensilva

Bookings required:

Call Graham or

Charmayne

on **01579 363096**



FARMERS & CRAFT MARKET

AT MILLENNIUM HOUSE

Every 2nd Saturday of the month

Refreshments available

Next market January 9th

Come and support local producers and help
your local community to thrive.

Upcoming Quizzes in Millennium House



Next Quiz
Saturday January 23rd, 2016
at 7:30pm

**Organised by and raising
funds for**
All Being Well

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday	-	9am to 1pm
Wednesday	-	9am to 12 noon
Friday	-	9am to 12 noon

Badminton?

Come and join our relaxed and friendly group at Pensilva Millennium House

Mon & Tue 7.30 - 9.30pm

Friday 8.00 - 10.00pm

For further info phone

Nigel or Carol on

01579 363594 or

07885 798370

All Being Well

Your local, friendly gym.

Fifteen years working in our local community to improve health, fitness and well being.

Give us a call on **01579 363890**

or drop in to see us at

Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri 10.00 to 3.00

and 5.00 to 9.00

Tues/Thur 9.00 to 1.00

Saturday 10.00 to 1.00

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).



Next visit:

Jan 22. Stops at the Victoria Inn, Pensilva at 10.25 to 10.45am and at Quethiock Church 11.00 to 11.20am.

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeserve.co.uk**.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr. We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

We successfully obtained a grant from the High Down Community Fund to replace all the toilet windows and the window in the store room. Additionally we used hall funds to replace one of the large windows at the rear of the hall. Many thanks to the High Down Community Fund for the grant and to "The Window Man" Richard Tremlett for a proper job fitting the new windows.

We wish Tiny Tots well in their new venue at Pensilva School as part of the pre-school organisation. This also means that we have sessions available for any local groups who need a meeting venue.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 1:00 - 3:00	Breath of Air	Pauline	01579 345989
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Mon. 6:30 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Alternate Wed. 2:30 - 4:00	Wednesday Club	Miss June Mills	01579 362407
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ann Wood 01579 364085).

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our group.

Tea, coffee, biscuits and plenty of friendly chat.

Every 2nd Tuesday of the month 1:30 to 3:30.

Enter by Health Centre side door.

Jean Conner 01 579 363 221 or 07 899 694 670



Struggling with Sight Loss?

Cornwall Blind Association offers emotional and practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Access Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Audio Books: Information on books and equipment

Talking Support: Telephone befriending scheme

Counselling: For those affected by sight loss

Transport: Subsidised travel for some activities

Social Clubs and Activities: Links to clubs and activities across the county

**NHS
REGISTERED**



**SUPPORTED BY
LOCAL DOCTORS**

Do you suffer with various long term health conditions?

Come along and join our small, friendly group.
For company, light exercise and support.

We meet at Pensilva village hall every Monday from 1.00pm - 3.00pm

For more information contact us:

Pauline **01579 345989**

Jeanette **01579 363691**



The **co-operative**
Community Fund

PENSILVA HEALTH CENTRE

Baby Clinic

First Thursday of every month, from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly professional advice.

For information call the health centre on

01579 362249

Thank you to everyone who helped with our fundraising over Christmas and throughout the year by buying draw tickets and Christmas cards and by supporting our quizzes and other fundraising events; also to all those who donated prizes and in particular Blue Reef Aquarium, Cotehele, Morrison's and Carnglaze Caverns. The money we raise from fundraising is vital and we are really grateful for every penny you contribute.

It has been a very sad time at All Being Well following the death of Bev Casban, a much-loved member of staff at ABW for many, many years. Our deepest sympathies go to her family and loved ones. We will miss her unfailing optimism and good humour more than we can say.

Our very best wishes for 2016 to the entire community and keep well!

St Ive Church - January 2016

Services at 11:15am Every Sunday

- Jan 3rd** Holy Communion
Jan 10th Family Service - Small pets welcome
Jan 17th Holy Communion - Lunch follows this service
Jan 24th Morning Service
Jan 31st Together at Ten at Quethiock 10am

.....

Other January Events

Please note no Produce Market in January. Next one Friday Feb 5th

- Wed 6th** Re-licensing Rev Margot Davies 12 noon
Sun 15th Lunch in Church 12:45pm. Only £7. All Welcome

The church is open for donations to Liskeard Food Bank every day between 10am and 4pm

Reverend Margot Davies **01579 208698** email margotaj@tiscali.co.uk

Church Warden: Brian Dwelly **01579 364010** email btdwelly@aol.com

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.

ST JOHN'S CHURCH, PENSILVA

Services for January 2016

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 3rd	(9.30am)	(Anglican Benefice Eucharist at St Cleer)
	11 am	Mr Derek Packman
Sunday 10th	11 am	Anglican Holy Communion Service
	5pm	Food for Thought at St Ive Methodist Church
Sunday 17th	11 am	Cafe Church
Sunday 24th	11am	Mrs Linda Feek

Sunday 31st 11am United Benefice Service, Holy Communion

Every Thursday, 10am at St. John's Church there is a **Cafe Church**. Everyone welcome to join us.

Afternoon Tea Friday 8th January 3pm at **Penharget Cottage**, Bring and Buy, everyone very welcome.

Prayer Group Friday 5th and Friday 19th January at 3.30pm. Please ring Rev Kev on 363336 or Eileen on 362580 if you would like prayer for yourself or someone else.

Fellowship 7.30 at St John's on Friday 15th with Rev Robert Saunders and Friday 29th January. Further information from Geoff or Carolyn on 362698.

*For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact:
Geoff Cox - 362698, Val Searle - 208662, Frances Tucker - 363718*



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St Ive Methodist Chapel

Services for January 2016

Sunday 3rd Jan	11:00am	Mr Keith Mutton
	No evening service	
Sunday 10th Jan	11.00am	Mr Alan Libby
	5:00pm	United "Food for Thought" at St Ive in the Guild Room.
Sunday 17th Jan	11:00am	Rev Tom Osborne (Covenant Service)
	No evening service	
Sunday 24th Jan	11.00am	Mr Bernard Melling
	5.00pm	United service in the Guild Room
Sunday 31st Jan	11.00am	Miss Heather Blacker
	No evening service	

The Chattermakers Craft Group will meet in the Guild room on Thursday 7th and 21st January. Anyone wanting more details please contact Kathryn on 01579 382334.

The Prayer meeting will be held in the Guild Room on Wednesday 6th and 20th from 7:30pm. All welcome.

The Callington and St Ive Wesley Guild will meet in Callington Methodist Church at 7:30pm on:

Monday 4th Jan. Social and musical evening with Caroline Harrison "Songs and Strings".

Monday 11th Jan. The speaker will be Mavis Holt "My Egyptian trip".

Monday 18th Jan. The speaker will be Mr Dave Turner "Callington's Town Crier".

Monday 25th Jan. The speaker will be Rev Jonathan Budd "Saltash Superintendent Minister".

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Long length **Black Winter Coat** Size 12. Excellent condition. **£40. 01579 346986**. (Higher Tremar)

Hotpoint **Washing Machine**, good condition. **£30**

Fridge, small freezer, good condition. **£30 01579 363267**. (Pensilva)

New **Hardwood House Stable Door**. 6'7" high x 27" wide x 1¾" thick, with 9 panes of glass in the top opener. The door has not been treated, primed or painted. **£50**. no offers. **01579 384658**.

2 plastic hamster cages - 1 with bars and other clear plastic from 'Pets at Home' - **£5 each**
01579 363315 after 6pm

Qualcast **Box Mower** for sale. 6 months old. Not needed. **£30. 01579 362417**

3 boxes 48 Alamo Beige **Floor Tiles** each tile 12¼" x 12¼". **£15** for the 3 boxes.
2 boxes Kalite (whitish light beige) **wall tiles** each tile 13" x 10" **£15**,
6 23½" x 11¾" x ¼" white **floor tiles**, **£10**
10 litre tub Vallance Suregrip non-slip **wall tile adhesive**, **£10** - **01579 384658**

Pine Unit 43" H, 30" W, 18" D. Cupboard over 3 drawers. **£30**.

Coffee table 35"x15"x16"H. Glass top. Coastal picture under glass. **£5**.
01579 383054 after 6pm

Glass shower screen, complete with all fittings, excellent condition. Approx. 71cms wide, 136cms high. **£45 o.n.o.**. Tel. **01579 208572**, or **07980 573882**.

Greenhouse, 8'x6' Poly Carb, **£30** (buyer to dismantle)
01579 383137

Blind for VELUX® Window
Blind colour Acacia Pebble (Cream)
Model Code:CGL Size Code:M08
Frame colour: silver
Size: Width 613mm, Drop 1160mm
Supplied in original unopened packaging:
£21.50 ono 01579 363497

Two Amazon Kindles - £25 each
01579 345989

Lindam Safe & Secure metal **playpen** £40
ono
VTECH first steps **baby walker** VGC
£10 ono
Fisher Price Bounce 'n' Spin Zebra for
ages 12 months & over. Hardly used.
VGC. £25 ono
Early Learning centre alien **Playset** £5
01579 363791

Childs small 2-piece Leather **Motorbike**
leathers. Size 8, Red/Black - £20 ono
St Clear **01579 343992**

Ladies Genuine Leather **Motorbike**
Jacket - £20 ono
Higher Tremar **01579 346986**

Zanussi **Fridge**. H 32.5", W 21.5", D 24".
Very good condition. £50.
01579 362753

Electric **hedge trimmer** £5.00
Large Flymo **lawnmower** multi trim 340x0
£40.00
Flymo **strimmer** Power trim 500 £10.00
2 **elec. drills** + many drill bits £5.00 each
Electric **sander** £5.00
Misc tools for garden and home, **offers**
Sales due to moving. Ring **01579 362567**

Dog Guard for Land Rover Discovery
(2014). Used twice from new. £50.
01579 363347

Petrol Rotavator Hasn't been used for a
number of years. Needs stripping and
rebuilding. Good DIY project. £50.
01579 362064

Two **DVD Players**. Playback only.
Small £5. Large £10.
Banker's Light - £2
Hallogen Fire - £5
Gent's **Leather Jacket**, size large, cost
£100 new, will sell for £20.
Size 10 black leather **shoes - £5**.
Large electric **Flymo**. Only 2 years old.
Reduced to £30.
01579 362567

AGA Large Roasting Tin - £20
AGA Kettle - £25
Men's Cargo trousers, thermal lined,
36" waist, 29" inside leg, khaki colour. £10
01579 362012

Leopard Coat, faux fur. Calf length, cowl
collar, matching hat. Medium size,
38"/40" bust. £30 - **01579 345783**

Blue-grey **ladies bike**, Falcon Safari,
Very good condition. Shimano brakes,
front and bike light. Clip-in water bottle
included. £50 Please contact Alison on
01579 383361 In Callington, can deliver.

Please let us know when your item has sold.
Call 01579 363096
or email parishpump@btconnect.com
or leave a note at Millennium House reception.
THANK YOU

What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579344464
Zumba Fitness Classes	Wednesday 7:30 - 8:30pm	07850 646207 (Sarah)
PENSILVA VILLAGE HALL		
Breath of Air	Monday 1.00pm - 3.00pm	01579 345989 Pauline
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Girl Guides	Monday 6:30 - 8:00pm	01579 363212 Jackie Browning
Pensilva Wednesday Club	Wednesday 2:30pm	01579 362407 Miss J Mills
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
MIMS (light exercise)	Friday 1.00 - 3.00pm	01579 343702 (Mike)
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
PENSILVA SCHOOL		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Sarah Senese (Manager)
Toddler and Baby group	Thursday 9:15 - 11:15am	07890 023924 Mrs Sarah Senese (Manager)

What's on in St Ive ?

ST IVE INSTITUTE

Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)
Contact Jill Ede 01579 384095 or Judy on 01579 384465
Hall meetings will now be held bi-monthly on the second Tuesday of the month

ST IVE & DISTRICT GARDENING ASSOCIATION

Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

- Saturday 9th Jan.** **Annual Lunch** details tbc
- Monday 1st Feb.** **Nick Bacon** will talk about **Garden Medicine**
- Monday 7th Mar.** **7pm Annual General Meeting.** Then at 7.30pm a representative from **South West Water** will tell us about **their work and their plans for the future.** tbc

Visitors and new members are always welcome to join us.

ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216.**

We look forward to meeting you.

ANGIE'S PANTRY

On the first floor at Millennium House, Pensilva
Tel: 07716 905242

Serving a wide range of home produced meals,
soups and snacks (including all day breakfast).
All food will be sourced locally where possible.

Family friendly! We welcome toddlers to
grandparents and everyone in between!

OPENING TIMES: Mon-Fri 0900 to 1700
Saturday 1000 to 1600

(Opening times may be extended for special events)
10% discount for senior citizens.



Millennium House

THE MEL

Licensed Bar Free House

Opening Hours

Mon - Fri - 5 pm to 11 pm
Saturday - 12 noon to 11 pm
Sunday - 12 noon to 11 pm

Millennium House 01579 363096

