

THE PARISH PUMP



July 2015
Edition 404



The Newsletter for the Parish of St Ives



Fore Street, Pensilva, circa 1920

<http://www.pensilvahistorygroup.org/>

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Martin Corney (Chair)	01579 382450
Alan Moss (Vice-chair)	01579 362064
Pam Carter	01579 362640
Peter Dipper	01579 362315
Harvey Frith	
Alan Neal	01579 362478
Stephanie McWilliam (Cornwall Councillor)	01579 362037

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting:

Monday July 13th at 7.30pm at St. Ive Institute



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Officers can be contacted on 01579 325454 at any time

PC Garth Hatt garth.hatt@devonandcornwall.pnn.police.uk

PCSO Bob Anslow robert.anslow2@devonandcornwall.pnn.police.uk

² PCSO Becky Steed rebecca.steed@devonandcornwall.pnn.police.uk

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House please contact the Finance Clerk: 01579 329002, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If you would like a template, please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Come relax and wind down
after work

At the Mel Bar, Millennium House

HAPPY HOUR

From opening time till 7pm Weekdays

50p off all alcoholic drinks.



sky SPORTS

From the Editor

It would have been nice to be able to report this month on the outcome of the public meeting on Millennium House which is on June 26, but deadlines will not permit. Keep an eye on the Parish website and Facebook page as we will probably publish something there soon after the event.

Pensilva is gearing up for its Carnival Week and Gala Day. Lots of information about that in this month's edition. This will be the first time it will all be organised by the Millennium House Events Group (a spin-off from the Millennium House Forum). Please support the many events and come forward with any feedback, positive as well as negative, so that we can continue to improve.

All the best. Joe

Millennium House Opening Hours

Reception

9am till 2.30pm

Monday to Friday

Cafe (Angie's Pantry)

9am till 5pm

Monday to Friday

10am till 4pm

Saturday

Bar

5pm till 11pm

Monday to Friday

12am till 11pm

Saturday and Sunday

If a member of staff is not available please leave a message in our **letter box** at the front of the building or on our answer phone by calling **01579 363096**.

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House 10-2 every Monday.

Please come & see us or phone Pam on 01579 363441.

Pensilva Primary School
School Road, Pensilva, Cornwall PL14 5PG
Telephone 01579 362546
Email secretary@pensilva.cornwall.sch.uk
Website: www.pensilva.cornwall.sch.uk
Headteacher: Mrs Teresa Clinick



The Governors of Pensilva School, a 135 pupil school, and member of the Caradon Co-operative Educational Trust, are looking for a governor to join their Governing Body.

The role of a school governor, which is a voluntary position, is to contribute to the work of the governing body in ensuring high standards of achievement for all children and young people in the school by:

- Setting the school's vision, ethos and strategic direction;
- Holding the Headteacher to account for the educational performance of the school and its pupils and performance management of staff; and
- Overseeing the financial performance of the school and making sure its money is well spent.

Governors would like to strengthen the effectiveness of the Governing Body and are therefore inviting applications from any individual who would like to play an active part in monitoring the progress of the school and its pupils and increase links with the local community.

If you would like to make a positive contribution to the education pupils receive at our community school, please complete an application form which can be obtained from the Clerk to Governors (contact details below) or School Office. Further information on the role of a governor is also available from them. The completed application form should be returned to the Clerk, Debbie Stoneman by email to debbiestoneman@trailerland.co.uk or post at 'Flerswell', Trehunist, Liskeard PL14 3SD by 22 July 2015. All applicants will be contacted in due course.





The Latest from Your Parish Councillor - Martin Corney

There has been an interesting development on the planning application in St Ive for change of use of the Butchers Arms public house to a residential dwelling with Bed and Breakfast facilities and a village shop/post office. The Butchers Arms Preservation Society has been formed, and the pub registered as an Asset of Community Value. At last month's parish council meeting opponents of the change forcefully expressed their views to the new owner. He has withdrawn the application for change of use and offered the community a tenancy agreement. This is an opportunity for the community to run the pub. The offer will only be open until the end of July, so if we want to take up this offer, the time is rapidly running out.

The Community Emergency Plan for St Ive Parish is nearly in place. Unlikely though it may seem now in high summer, it is possible that a snow storm could block our roads, leaving many people stranded and in need of help. There are other possibilities that have to be planned for. Mostly we would just be managing the situation until the professional emergency services take over. Copies of the plan and grab bags with vital kit will be stored strategically in Pensilva and St Ive. This plan has been worked on by our Cornwall Councillor's local working group, and under Cornwall Council's guidance for a long time, but is nearly done.

Don't forget the parish website st-ive-parishcouncil.gov.uk with council meeting agendas and minutes; also downloadable copies of the Parish Pump. For those of you who do Facebook, our St Ive Parish Council page is still being updated with parish news. Phone me, email me on martin.corney@btinternet.com or "martin corney blog st ive" in search engines will find my blogs for you to comment on this article and other gems.



PENSILVA W.I SEW, KNIT AND NATTER

Please join us for sewing, knitting, or just come along for a cup of tea and a natter at St John's Church, Pensilva at 2 to 4pm on the last Tuesday of every month. Open to all and everyone very welcome.

July meeting on Tuesday 28th July

From Cllr Steph McWilliam – July 2015

I am going to have to start with two little grumbles this month. Firstly, at this time of year I am frequently overtaken on the short stretch of road between the cattle grids at the top of Pensilva. I am going slowly because of the lambs, foals and calves who haven't had time to develop any road sense. Almost every time you do it (whoever you are) I arrive in Liskeard right behind you. Please don't wait until you have hit an animal that has appeared without warning before slowing down.

My second grumble is litter at the side of the road. It is bad for the animals and it looks terrible. We are all paying for this mess to be cleared up and there is really no need. Maybe it is because this is a beautiful time of year with all the signs of Spring and Summer but it does seem such a shame that a very few people can't appreciate how lucky we are to live in such a beautiful part of the country and so respect it. Please take your rubbish home with you.

Grumbles over, there is also good news. Cornwall Council is far from perfect and there is plenty of room for improvement but it does do some things very well. Recently it has been recognised for providing very good services in fostering and adoption, working with families with complex needs, bereavement services and dog welfare services. It has also fixed 6,000 potholes and 11,000 other 'carriageway related defects', so it isn't all bad.

The Planning Inspector's interim report on Cornwall's Local Plan is remarkably interesting. It points out the need for more work to align employment space with the strategy for economic development. It also suggests the number of new houses required needs to increase, which will upset some people. However, the increase is likely to be quite small.

Finally for this month, work is almost complete on the St Ive Emergency Plan. Can I please thank all of you who have volunteered to be on the list and available to help if required? We hope never to need you but it is good to know that the community will pull together if required. Once issued, the plan will be available online and in the Parish Office if you would like to have a look. My thanks also to the team who have helped put this together. We have great experience and expertise in this group for which I am very grateful. Thank you all.

Pensilva W.I June Meeting.

Frances Tucker President welcomed everyone to the June meeting of Pensilva W.I. also 2 new members and 2 visitors. After the singing of Jerusalem Jenny Thomas Secretary read the minutes of the last meeting. Jean Hoare gave her report on the Centenary AGM at the Royal Albert Hall London. She reported it was a memorable and lovely occasion which was attended by the Queen, Princess Ann and Sophie Countess of Wessex, who are all members of the W.I. The main subject on the agenda was the resolution which called on the government to remove the distinction between nursing care and social care in the assessment of the needs of the individuals, in order to advance health and well being. After a lot of discussion it was decided not to vote on this resolution as it was poorly framed and was such a complicated subject a lot more research was needed, although all agreed that urgent changes needed to be made. Next Verna Dawe gave her report. She had attended the W.I Royal Garden Party which was hosted by the Duchess of Cornwall, The Countess Wessex and Princess Alexandra. Verna looked very smart in the outfit she wore on the day, and made us all very envious with her descriptions of the royal gardens and also of the lovely tea that had been provided. She stated it had been an unforgettable experience.

Our speaker for the evening was Diane Stevenson who gave us a wonderful tour in pictures of Mount Edgumbe House and Cotehele. She had worked at Mount Edgumbe for 20 years giving tours of the gardens and house and had done a lot of research. She told us of the history of the families who had lived there and of the lives of the people who worked for them. Lots of questions followed and she was warmly thanked by Yvonne Gilbert.

We were reminded of the date of Liskeard Show when we will be entering the W.I section. Sat 27th June, Lady Killers at Sterts. July 16th, Boat trip to Falmouth leaving at 9.15am. 13th July, St John's Church Exhibition, when we shall put on a small display. Sat 18th July, 100 years of the W.I garden party at Ince Castle. Sat 25th July, picnic at Siblyback Lake. Sat 8th Aug, Pensilva Gala Day. Also a reminder that the W.I Horticultural schedules are now available from Millennium House.

Competition results. Flower of the month, 1st Mandy Smee, 2nd Jean Hoare, 3rd Jill Pascoe. 1st Cherry Woodhouse with her photo of Mount Edgumbe House. The next meeting, Wednesday 8th July at 7.15pm at Millennium House. Speaker Pat Mallett. Subject: A late summer meal, adapting recipes to make them healthier. Why not come along as a visitor? You will be made very welcome.



HELLO AGAIN A long illness over the winter prevented me writing for some time, so I'm delighted to be feeling well enough to do so again.

VOLUNTEERING AND GROWING LOCAL PRODUCE Our fabulous volunteers have done a great job of keeping our crops healthy and happy over the time I was poorly and everything is about to burst forth into seasonal plenty once again. In recent weeks, we have harvested salad leaves, beetroot, shallots, onions, garlic, peas and broad beans. These were replaced with tomatoes, climbing beans, chillies, peppers and sweetcorn. New potatoes, strawberries and courgettes are just ready and looking fantastic.

It's so satisfying being part of the whole process: from crop planning to planting, harvesting then taking the veg boxes to our customers. We are always keen to welcome new volunteers and there's certainly plenty to do. We meet every Weds 10 a.m.– 2pm, have a great time together and get fit too. Home-made soup and bread provided for lunch.

VEG BOX SCHEME We are so pleased with the lovely vegetables grown for us by Laura at Tregillis Organic Farm, South Petherwin. She brings weekly deliveries of salad leaves, lettuce, spinach and whatever else she has ready. The quality and freshness is unbeatable and a great back-up to what we contribute to the boxes. We are also now getting some superb produce from Di at Chapel Bank Organic Farm, Warleggan. She will soon have a bumper crop of strawberries, if there are jam-makers reading.

To enjoy fabulous fresh local fruit and veg, delivered to your door, order your veg box now. Box Prices are: £7.50 for 1 /2 people, £10 for 3/ 4 people, £15 family box and the very popular £5 fruit bag.

COMMUNITY COMPOST SCHEME We welcome your lawn clippings, used rabbit bedding, cuttings, etc at our compost bins by the gate. Please make sure none of it has been sprayed with weed-killer. If you use weed-killer on your lawn, please dispose of your clippings through the Council scheme, as it could damage our crops. Your contributions help to create much needed compost for our community garden.

The Growing Project CIC is a Community Interest Company producing organic fruit and vegetables. We have opened the growing space at Kenwyn, Higher Rd to the community and welcome volunteers for all sorts of jobs. Contact Ruth Wilson 01579 363684/ 07853 244934 thegrowingproject@orangehome.co.uk www.thegrowingproject.org.uk

Pensilva Carnival Week

Programme of events throughout the week

(Subject to change and weather)

Sun 2nd August	3:00-4:00pm followed by	Car Treasure Hunt Pasty Supper
Organised by Pensilva Pre-school,		Location: Millennium House
Mon 3rd August	2:00pm	Children's Sports
Organised by Pensilva School PSA,		Location: Millennium House
	7:30pm	Skittles Night
Organised by All Being Well,		Location: Millennium House
Tues 4th August	2:00pm	Children's Bingo
Organised by MH Events Group		Location: Millennium House
	7:30pm	Quiz Night
Organised by All Being Well		Location: Millennium House
Weds 5th August	1:30pm	Children's Arts & Craft
Organised by Pensilva Churches		Location: Millennium House
	6:00pm	Children's Film Night
	8:30pm	Over 18's Film Night
Organised by Pensilva School PSA		Location: Millennium House

Thurs 6th August 2:00pm

Youth Football Games

Organised by Pensilva Youth Football Location: Millennium House

Eyes down @ 8:00pm

BHF Bingo

Organised by Keith Richards

Location: Millennium House

Fri 7th August 2:00pm

Fancy Dress Fun Run

Organised by MH Events Group

Location: Millennium House

7:30pm

Donkey Derby

Organised by Pensilva Football Club

Location: Millennium House

(No cars to remain in the car park overnight please)

Sat 8th August 1:00pm

CARNIVAL DAY!!!

Organised by MH Events Group

Location: Millennium House

(See separate page for Carnival Day events)

7:30pm

Carnival Disco

Organised by MH Events Group

Location: Millennium House

Volunteers are required to help on Carnival Day – if you can then please let Karen know on 362196 or Rachel on 363834.

Table Top and Car Boot spaces now available.

Please book your space by contacting Karen on 362196

£5-00 per table/boot

Pensilva Carnival Day

Saturday 8th August

Programme of events (All times are approx & subject to change)

- 9:30 -12:30** Farmers Market £5-00 per table/free entry
- 10:00 – 10:30** Miniature Garden on a Plate Competition Pre-school, KS1 & KS2 categories. Max size 12" plate - free entry (Judged by a member of Pensilva WI)
- 12:30 – 13:00** Fancy Dress Registration – 50p entry p.p. 5 years & under, 6-11 years, 12-17 years & 18 years and over
- 13:00 – 13:15** Official opening of Carnival Day By Callington Town Crier Tony Stentisford
- 13:15 – 13:30** Fancy Dress Judging and presentations
- 13:30** Parade sets off
- 13:30** Car Boot & Table Top sale – £5-00 per pitch
- 14:00** Parade returns to field
- 14:00 – 15:00** Dog Show - £1-00 entry per category
- 14:15 – 14:45** Baby Show – free entry 0-6 months, 7-12 months, 13-18 months
- 15:00 – 15:30** Liskeard Silver Band
- 15:00 – 15:30** Dog Agility
- 15:30 – 16:00** Tavistock Twirlers
- 16:00 – 16:15** Raffle
- 16:15 – 17:00** It's a Knockout!
- 19:30 – late** Carnival Disco - £1-00 entry per person

Refreshments throughout the day include: BBQ/Cream Teas/
Ice Cream Van/Sweets/Candy Floss/Pasties/Café

Side shows include: Lazar Tag/Archery/Bouncy Castle/Face Painting/
Classic Car Show/Skittles/Horse & Carriage rides/Car Boot and Table
Top sale/Segway demonstration/Games and much more!!!

EXHIBITION OF COMMUNITY GROUPS

At St. John's Church, Pensilva

Monday July 13 2 pm - 4pm

Tuesday July 14 10am - 4pm

Wednesday July 15 10am - 4pm

Come and see what's happening in Pensilva!

Free entry. Light refreshments available.

SUMMER CONCERT with LISKERRETT MALE VOICE CHOIR

Friday July 10th at 7:30pm

In Pensilva School

Cost £6 to include a light supper.

Proceeds for Pensilva Churches

Pensilva Post Office



Located through the Café on the 1st floor of Millennium House

the opening times are:

Tuesday - 9am to 1pm

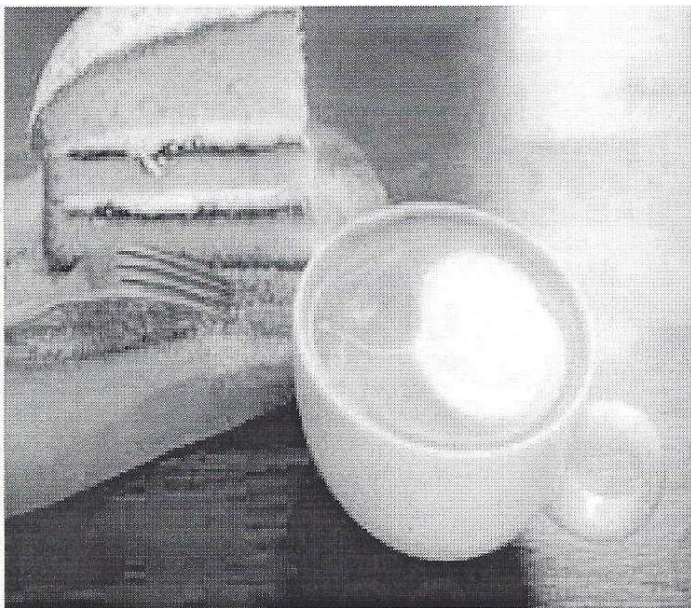
Wednesday - 9m to 12 noon

Friday - 9am to 12 noon

Phyllis's Coffee Morning

Thursdays

10.30am - 12.30pm



Chat with friends while enjoying a delicious slice of cake and a tea or coffee...

for just £2.50

The Mel Bar

Millennium House, Pensilva

Supporting Guiding & Scouting Activities in Pensilva

200 CLUB Draw Results for May 2015

1st No. 195 Mrs P Doney	2nd No. 82 Mr T Marshall	3rd No. 131 Mrs M Kent
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Thank you for your support

Community Lunch

First Sunday of every month 12pm for 12.30pm

3 Course Lunch with Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

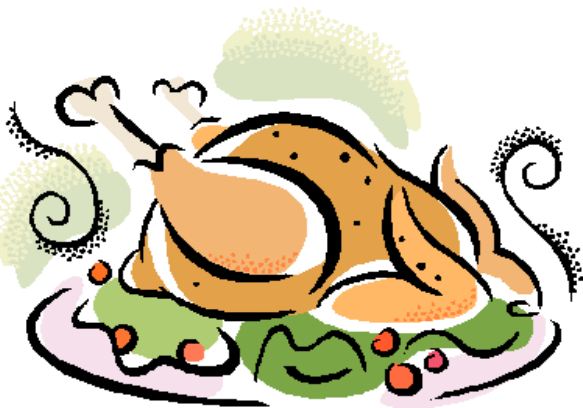
At Millennium House, Pensilva

Bookings required:

Call Graham or

Charmayne

on 01579 363096



SORRY!

NO PENSILVA

FARMERS &

CRAFT MARKET IN JULY

NEXT MARKET ON

AUGUST 8th (GALA DAY)



Millennium House Pensilva

Presents

BLACK FRIDAY

From St Germans

Live Celtic Rock & Irish Band

Friday 10th July 2015

Doors Open @ 8.00pm

Tickets @ £5.00 Available From

Millennium House 01579 363096 17

Millennium House Events Group

Pensilva Memory Café

Pensilva Memory Café is a friendly informal setting for people with memory problems and their carers to socialise, exchange information and share experiences. The Memory Café is run by volunteers and voluntary donations and is free to users.

We operate on a drop in basis so just come along and enjoy the music, reminiscence and refreshments. Join in the activities, listen to speakers and make new friends and rebuild your confidence and self-esteem.

Pensilva Memory Café meets on the 4th Thursday of every month from 2-4pm and is held in St John's Church, Pensilva.

Future dates in 2015 are: 23rd July, 27th August, 24th September, 22nd October, 26th November. December date to be announced at a later date.

Have you got some news, or something to get off your chest, or a story to tell, or a picture to share?

If there's something that is important to you and your friends then maybe it's important to other people too. Subject to space the Parish Pump will always try to print your stories, letters, pictures and news. Contact details on page 3.

Ruth and Colleen's Monthly

BINGO

At Millennium House

on Tuesday 7th July

(then Tuesday August 11th)

Eyes down at 7:30pm

Over 18's only

18 **£££ CASH PRIZES £££**

Pensioners Lunch

2 Course Meal plus Tea or Coffee
Only £5.50

Every Tuesday here at Millennium House
Speak to our reception or
telephone Graham on 01579 363096



So why not join us for
Good Food and Good
Company, all on the day
you collect your pension?

MOBILE LIBRARY

PLEASE NOTE

REDUCED SERVICE

The County Mobile Library visits Pensilva once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).

Next visits: **July 10th, Aug 7th**



Come and join us for fun and play at

Tiny Tots

Baby and Toddler Group



Thursdays
9.15am to 11.15am
at Pensilva Village Hall

£1.50 per child

Babies under 6 months and additional children 50p
Includes snack, activity and hot drink for parent/carer

Contact Cathy for further details 01579 363376

Badminton?

Come and join our relaxed and friendly group at Pensilva Millennium House

Mon & Tue 7.30 - 9.30pm

Friday 8.00 - 10.00pm

For further info phone

Nigel or Carol on

01579 363594 or

07885 798370

All Being Well

Your local, friendly gym.

Fifteen years working in our local community to improve health, fitness and well being.

Give us a call on **01579 363890**

or drop in to see us at

Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri 10.00 to 3.00

and 5.00 to 9.00

Tues/Thur 9.00 to 1.00

Saturday 10.00 to 1.00

Upcoming Quizzes in Millennium House



Next Quiz

Tuesday August 4th (Pensilva Gala Day) at 7:30pm

(50% of proceeds to Chemotherapy Outreach Project)

Organised by and raising funds for

All Being Well

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeserve.co.uk**.



Please note that in addition to hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 12:30 - 2:30	Breath of Air	Pauline	01579 345989
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Mon. 6:30 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Alternate Wed. 2:30 - 4:00	Wednesday Club	Miss June Mills	01579 362407
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Thu. 9:15 -11:15	Tiny Tots Baby & Toddler	Cathy	01579 363376
Thu. 5.00 - 6.00 6.15 - 7.15	Beavers Cubs	Kathleen Hocking	01579 363686
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club

QUETHIOCK SHOW

SATURDAY July 18th. Gates open 2pm

Admission: Adults £3. Children free.

2:15pm Floral Dance, Stalls, Games,
Bouncy Castle, Zomba & Refreshments.
Schedules from Gill Kent **01579 346643**

Show Evening - A BIT OF A DO

Disco D.J. Shane 7pm -11pm

BBQ and BAR by Callington Lions

Entry: Adult £2. Children £1.

In aid of Quethiock Church

Liskeard Show

at Merrymeet

Saturday 11th July 2015

From 8am

**Main Ring Attractions, Horses, Cattle, Sheep, Donkeys, Dogs,
Shopping Arcade, Cornish Food Marquee, Live Music, Pet's Corner**

A GREAT FAMILY DAY OUT

Adults £10 Children £4 Under 5's free Family £22

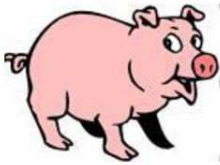
www.liskeardshow.org Email: info@liskeardshow.org

Tel: 07894 456 099 Registered Charity No. 287130



South Hill Show & Community Fun Day!

Golberdon PL17 7ND



Sat August 15th



1pm start Soap Box Derby & Dog Show

Hog Roast, Stalls, Crafts, Cookery, Photography
Produce & Flower Exhibits, Duck Race, Beer Tent
Pig Racing, Cream Teas, Fun and Silly Games!

ALL WELCOME!

Evening £5 ticket Live Gig "The Mets"

*Donations to Children's Hospice SW
& Ellie's Haven charities*

Contact events@south-hill.co.uk



Kelliwik Music Festival

10th-12th July 2015
Saltash Road Recreation Field
Callington, PL17 7DW
www.facebook.com/kelliwik

Rock
Jazz
Indie
Acoustic
Classical
Gospel
Brass Band
Choral
Acapella
Glee Club!
and more!



Bouncy Castle, Bar, Food,
Icecream, Craft Stalls.
Family Fun For Everyone!

The Kelliwik Music Festival - part of Callington Carnival
Friday July 10th, Saturday July 11th and Sunday July 12th 2015
FREE entry to the music events and FREE car park

27 hours of
live bands, drama and dance
For more details visit
www.facebook.com/kelliwik



or contact Jill Trew on 01579 382451 or jillftrew@yahoo.co.uk.

All Being Well - Monthly Newsletter

Tel: 01579 363890

The AGM went off well and we would like to welcome Alan Moss onto the committee. Thanks Alan for coming forward .
Our grant application for a new treadmill was successful! This is great news! One of our two treadmills packed up a few months ago and we have been struggling on with just the one, and that not too reliable at present. Thanks to Cornwall Community Fund who administered the grant funding process on behalf of the High Down Wind Power Community Fund.
Congratulations "In for a Laugh" who won the June quiz. They have been second so many times recently, but this time they prevailed in an extremely close finish. Thanks as ever to everyone who continues to support these events.
Lastly, well done Ted Whiting for an excellent performance in the May 24th Tors challenge.
Until next month - keep well!

FRIENDS OF PENSILVA HEALTH CENTRE

On behalf of the Friends of Pensilva Health Centre I would like to express sincere thanks to everyone who made donations to support our Coffee Morning held on the 22nd May 2015. Thanks also to our band of helpers and to Jean Connor who kindly hosted the event.

Due to your wonderful generosity, we are delighted to inform you all that a total of £357.30 was raised. The money will be used to purchase extra items of equipment required at the Health Centre which in turn will be of benefit to the patients.

THANK YOU - Marlene Carr, Secretary, 01579 362919

PENSILVA HEALTH CENTRE

Baby Clinic

First Thursday of every month from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly professional advice.

For information call the health centre on 01579 362249

PENSILVA HEALTH CENTRE PATIENTS PARTICIPATION GROUP CQC INSPECTION FEBRUARY 2015

The PPG would like to extend its congratulations to the doctors and staff on the good result of the recent inspection! We are proud to be part of the health centre and would like to thank all the staff for their commitment and hard work.

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ann Wood 01579 364085).

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our group.

Tea, coffee, biscuits and plenty of friendly chat.

Every 2nd Tuesday of the month 1:30 to 3:30.

Enter by Health Centre side door.

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Struggling with Sight Loss?

Cornwall Blind Association offers emotional and practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

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Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Audio Books: Information on books and equipment

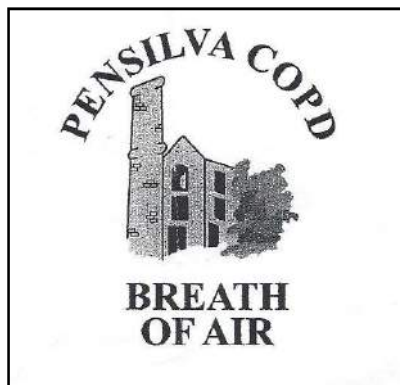
Talking Support: Telephone befriending scheme

Counselling: For those affected by sight loss

Transport: Subsidised travel for some activities

Social Clubs and Activities: Links to clubs and activities across the county

NHS registered with
support from local
Doctors



First session FREE !

We are a group of people with long term health conditions who get together for light exercise, a little socialising and general support. So why not come along and join us for a fun get together?

Our friendly group meets every Monday from 12.30 to 2.30pm at Pensilva Village Hall where we enjoy a cuppa, chat and lots of laughter.



The **co-operative**

More information from Pauline **01579 345989** or Fred **01566 775460**

St Ive Methodist Church

Services for July 2015

Sunday 5th Jul	11:00am	Mr Alan Libby
	6.00pm	Rev Tom Osborne
Sunday 12th Jul	11:00am	Mr Gordon Rowe
	5:00pm	United "Food for Thought" at St. Ive
Sunday 19th Jul	11:00am	Mr Bernard Melling
	6.00pm	United Service with Rev Jonathan Budd
Sunday 26th Jul	11.00am	Local Arrangement
	6.00pm	Rev Tom Osborne

The Knit and Knatter craft group aim to meet in the schoolroom on Thursday 2nd, 16th and 30th July from 2pm.

The Chattermakers Craft Group will meet on Thursday 9th and 23rd July also in the Schoolroom from 7:30pm.

For further details ring Kathryn on 01579 382334 or message us on the St Ive Methodist Facebook page.

St Ive Church - July 2015

Services at 11:15am Every Sunday

- Sun 5th** Holy Communion
Sun 12th Family Service - *Small pets welcome*
Sun 19th Holy Communion - Lunch follows this service
Sun 26th Morning Service
-

Other July Events

- Fri 3rd** Home Produce and Bric-a brac with Lunch & Coffee 10:30-1:00pm
Home made cakes etc, Fresh vegetables, Locally made pasties, Pickles, Jams & much more
- Sun 5th** and every Sunday, Cream Teas 2:30pm - 5:00pm
- Sun 12th** Lunch in Church. 12:45pm only £7.
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Reverend Margot Davies **01579 208698** email margotaj@tiscali.co.uk

Church Wardens: Brian Dwelly **01579 364010** email btdwelly@aol.com

 Paddy Long **01579 364006**

Please tell the Priest or Churchwardens of anyone requiring a home or hospital visit

Pensilva Wednesday Club R.V.S.

Wed 8th Jul	Heather Blacker. Nursing Then & Now. Bring & Buy
Wed 22nd Jul	Diane Shann. My Mother's History

Meet in Pensilva Village Hall at 2.30pm on alternate Wednesdays

ALL SENIOR CITIZENS WELCOME TO JOIN THE WEDNESDAY CLUB

ST JOHN'S CHURCH, PENSILVA

Services for June 2015

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 5th	(9.30am)	(Anglican Benefice Eucharist at St Cleer)
	11 am	Mr David Packman
Sunday 12th	11 am	Anglican led Holy Communion Service
	5 pm	Food for Thought at St. Ive Methodist
Sunday 19th	11 am	Cafe Church
Sunday 26th	11am	Rev. Mark Pengelly, Holy Communion

Every Thursday, 10 am at St. John's Church there is **Cafe Church**, Everyone welcome to join us.

A very big thank you to all who supported **Christian Aid** in Pensilva this year, £420 was raised. The Harp concert at St John's in May made £100 which was sent to the Nepal disaster.

Liskerrett Male Voice Choir 7.30pm at Pensilva School.

Exhibition of Community Groups at St. John's Church, Mon 13th July, 2 – 4pm, and 14th and 15th July 10am – 4pm, light refreshments.

Strawberry Tea on 3rd July at 3pm at St. John's Church in aid of Global Family Mission. Bring and Buy. Everyone very welcome.

Prayer Group meets Friday 10th and 24th. Please ring Rev Kev on 363336 or Eileen on 362580 if you would like prayer for yourself or someone else.

Fellowship 7:30pm at St John's on Friday 3rd, 17th and 31st July. Further information from Geoff or Carolyn on 362698.

*For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact:
Geoff Cox - 362698, Val Searle - 208662, Frances Tucker - 363718*



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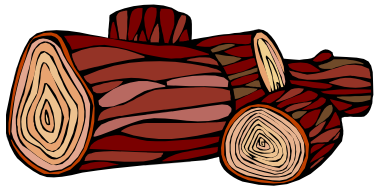
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01579 362032

HELP REQUIRED

Would like to contact retired gentleman with experience of engineering workshop practice, to collaborate on a small production run of identical components (3cm cubes or discs). Finance to be agreed. Please phone **01579 362939**

Engineer's free standing **pillar drill** **£50**
Half ton self-locking **chain block** **£40**
Large **record vice** **£5**
01579 363351

Two empty calor gas bottles (32lbs) **£10 each** **01579 343554** (Quethiock)

Yamaha PSR190 Portatone **keyboard**. Mains or battery. Comes with stand, mains cable and manual **£45**.
01579 363609

New unused still boxed silver metal **cake stand**. ASDA. Holds 23 cupcakes. Swirly design. **£3**

New unused in wrapper Jala 3-tiered non-stick **cooling rack** for cakes etc. **£3**

New unused 6 cake shaped **cake tin**. Includes 2 xmas trees, 2 snowmen, 2 gingerbread men. **£1**.

New unused medium sized snowflake shaped imprinted **cake tin**. **£1**.

Lace-making kit, bought at car boot for £4 and never used. Would like **£2**.

Two canvas **pictures** for boys room. Blue/green backgrounds. I has red bus, other has traffic lights, bus, lorry, cars.
£1 each.

Splash & Play non-inflatable **padding pool**. New unused in box. 183x38cm. Ages 3+. Cost £15 would like **£7 ono**.

3 ring inflatable **padding pool**, new unused in box. I deal for younger children/toddlers. **£4**

Lascal **buggy board**. Very little used. **£5**.

Chromebook (like a laptop/iPad). In good working order but no longer needed. Bought Aug14. **£40 ono**.

Smart trike, purple, has parent handle, bag, toy phone, a trailer type / boot bit for storage and sunshade. Cost £120. In vgc, looking for £15 as need gone.
07773 790032 Pensilva

Bargain Corner Free Ads up to £50

Blind for VELUX® Window

Blind colour Acacia Pebble (Cream)
Model Code:CGL Size Code:M08
Frame colour: silver
Size: Width 613mm, Drop 1160mm
Supplied in original unopened packaging:
£21.50 ono 01579 363497

Garden furniture, green resin, table 4ft x 4ft plus 4 chairs. **£30.**

Ford Mondeo 2000-2004 new 2 rear
brake discs £20

Ford Mondeo 2000-2004 rear new 1 pair
brake pads £5
01579 363573 or 07841 717913

Childs small 2-piece Leather **Motorbike leathers**. Size 8, Red/Black - **£20 ono**
St Clear **01579 343992**

Ladies Genuine Leather **Motorbike Jacket - £20 ono**
Higher Tremar **01579 346986**

Two Amazon Kindles - £25 each
01579 345989

Zanussi **Fridge**. H 32.5", W 21.5", D 24".
Very good condition. **£50.**
01579 362753

30 new, washed **hand towels**, various colours, **£15**
30 new, washed **kitchen hand towels**, various colours, **£10**
10 new flat sheets and pillowcases mixed single/double **£20**
Set of 80 new plastic ware, mix of washing up bowls, buckets, food storage, jugs etc... Misc. shapes/sizes **£25**
Tel: **07765 492416**

Dog Guard for Land Rover Discovery (2014). Used twice from new. **£50.**
01579 363347

Folding **Saw Horse**. As new. Strong, treated timber. Ideal for firewood. **£25**
Old, light brown **Chimney Pot**, 30" H, 10.5" W. Good condition. **£40.**
01579 384658

Electric wheelchair for disabled
Good order, fully adjustable, 18 mths old
£1,000. Contact Mr Ridley on
01579 363200 or 07811 552984

Petrol Rotavator Hasn't been used for a number of years. Needs stripping and rebuilding. Good DIY project. **£50.**
01579 362064

Pine cot bed. Very good condition. Hardly used. Occasional grandson visits. With mattress. **£35** Callington.
01579 382198

Electric **hedge trimmer** **£5.00**
Large Flymo **lawnmower** multi trim 340x0 **£40.00**
Flymo **strimmer** Power trim 500 **£10.00**
2 **elec. drills** + many drill bits **£5.00 each**
Electric **sander** **£5.00**
Misc tools for garden and home, **offers**
Sales due to moving. Ring **01579 362567**

Game & Puzzle designer offers **free basic tuition** to anyone - age 9 to 90 - who wishes to learn. Absolutely no obligation. I simply want to test drive a new concept in Chess presentation. All traditional rules and procedures apply.
For further information call
01579 362939

AGA Large Roasting Tin - £20
AGA Kettle - £25
Men's Cargo trousers, thermal lined, 36" waist, 29" inside leg, khaki colour. **£10**
01579 362012

Bargain Corner Free Ads up to £50

Lindam Safe & Secure metal **playpen**
£40 ono

VTECH first steps **baby walker** VGC
£10 ono

Fisher Price Bounce 'n' Spin Zebra for
ages 12 months & over. Hardly used.

VGC. **£25** ono

Early Learning centre alien **Playset** £5
01579 363791

Two **DVD Players**. Playback only.

Small **£5**. Large **£10**.

Banker's Light - **£2**

Hallogen Fire - **£5**

Gent's **Leather Jacket**, size large, cost
£100 new, will sell for **£20**.

Size 10 black leather **shoes** - **£5**.

Large electric **Flymo**. Only 2 years old.

Reduced to **£30**.

01579 362567

WANTED - Just moved back into the
area. I am looking for a **garage/space** to
put my Land Rover Discovery in under
cover. Within walking distance of the
shop would be good. Might be interested
in 2 spaces. Thanks.

ALSO - Does anybody in the village play
the **banjo**? I am trying to learn and could
do with some tips. Thanks.

Please call Pete on 07773 689271

Child's wood painted Aeroplane **Book**
Ends **£4**

Two antique wood barley twist **candle**
sticks **£10**

Skylanders Spyro's adventure portal +
3 characters for Wii. Still boxed. **£10**

01579 363749

Body Sculpture magnetic **exercise bike**
model BC-1560 with on-board computer
& instructions **£30**.

01579 362207 (Pensilva)

Leopard Coat, faux fur. Calf length, cowl
collar, matching hat. Medium size,

38"/40" bust. **£30**

01579 345783

House Plant in S/Steel pot. Now 6' high.
Strappy green leaves on long stem.

Suitable for conservatory or office. **£20**

01579 362643

Blue-grey **ladies bike**, Falcon Safari,
Very good condition. Shimano brakes,
front and bike light. Clip-in water bottle
included. **£50** Please contact Alison on
01579 383361 In Callington, can deliver.

Dog guard, as new, will fit Land Rover
Discovery. **£50**. **01579 362446**

Internal doors

6 @ 2ft 6ins: 1 @ 2ft 3ins. Any offer
considered. **01579 362852**

Fax (Brother) T86 and telephone
combo. Has paper but needs ink
cartridge to print. **£5.00**

Garmin Sat.Nav Model NUVI 255. Black
with carrying case. 3.5" display. Updates
available online. **£50**

CD Changer (6 discs) Sony Model
CDX-T69 **£50**

BT Home Hub 2 **£5.00**

Gucci 1000 Ladies Watch with
interchangeable bezels in 15 colours **£50**

Gucci 1000 bronze & silver glitter
bezels **£40**

01579 345783 - (Tremar)

Please let us know when
your item has sold. Thanks

What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	
Tai Chi	Tuesday 7:00 - 8:00pm	07949763256 (Bob)
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579344464
Zumba Fitness Classes	Wednesday 7:30 - 8:30pm	07850 646207 (Sarah)
PENSILVA VILLAGE HALL		
Beavers Cubs	Thursday 5.00pm - 6.00pm 6.15pm - 7.15pm	01579 363686 Kathleen Hocking
Breathers Group	Monday 12.30pm - 2.30pm	01579 345989 Pauline
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Girl Guides	Monday 6:30 - 8:00pm	01579 363212 Jackie Browning
Pensilva Wednesday Club	Wednesday 2:30pm	01579 362407 Miss J Mills
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
Tiny Tots	Thursday 9:15 - 11:15am	01579 363376 Cathy
PENSILVA SCHOOL		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Sarah Senese (Manager)

What's on in St Ive ?

ST IVE INSTITUTE

Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

St Ive Institute available for hire. £3 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month

ST IVE & DISTRICT GARDENING ASSOCIATION

Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

- Monday 7th Jul.** A visit to the garden at **Higher Trededan, Peakswater, near Pelynt.** Assemble in St Ive car park to leave 6.30pm
- Monday 4th Aug.** A visit to the garden at **Haye Farm, Quethiock** followed by our **Summer Social Supper.** Bring a plate of food or a bottle to share. Assemble St Ive car park: to leave 6.45pm
- Saturday 5th Sep.** **St Ive Village Show** with classes for your fruit, vegetables and flowers

Visitors and new members are always welcome to join us.

ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216.**

We look forward to meeting you.

ANGIE'S PANTRY

On the first floor at Millennium House, Pensilva
Tel: 07716 905242

Serving a wide range of home produced meals,
soups and snacks (including all day breakfast).
All food will be sourced locally where possible.

Family friendly! We welcome toddlers to
grandparents and everyone in between!

OPENING TIMES: Mon-Fri 0900 to 1700
Saturday 1000 to 1600

(Opening times may be extended for special events)
10% discount for senior citizens.



Millennium House

THE MEL

Licensed Bar Free House

Opening Hours

Mon - Fri - 5 pm to 11 pm
Saturday - 12 noon to 11 pm
Sunday - 12 noon to 11 pm

Millennium House 01579 363096

