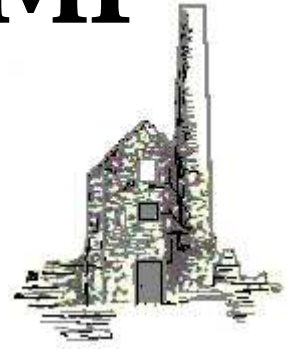


THE PARISH PUMP



February 2015
Edition 399



The Newsletter for the Parish of St Ives



The Pensilva play park with its new path and beautifully colourful fence. (Shown here in glorious black and white.) 😊

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Peter Dipper (Chair)	01579 362315
Martin Corney (Vice Chair)	01579 382450
Pam Carter	01579 362640
Harvey Frith	
Alan Moss	01579 362064
Alan Neal	01579 362478
Linda Olver	01579 383137
Charles Wadge	01579 363933
Stephanie McWilliam (Cornwall Councillor)	01579 362037

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting:

Monday February 9th at 7.30pm at Millennium House, Pensilva



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Officers can be contacted on 01579 325454 at any time

PC Garth Hatt garth.hatt@devonandcornwall.pnn.police.uk

PCSO Bob Anslow robert.anslow2@devonandcornwall.pnn.police.uk

2 PCSO Becky Steed rebecca.steed@devonandcornwall.pnn.police.uk

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk (Angela Fisher) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House please contact the Finance Clerk: 01579 329002, email: millenniumhouseadmin@btconnect.com

The Millennium House General Manager (Sarah Hylands-Thorpe) can be reached on: 01579 363096, email: millenniumhouse@btconnect.com

Millennium House enquiries and reservations: 01579 363096
email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com
or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If you would like a template, please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Come relax and wind down
after work

At the Mel Bar, Millennium House

HAPPY HOUR

From opening time till 7pm Weekdays
50p off all alcoholic drinks.



From the Editor

Incredibly this is my anniversary as your editor. Yes really! The February 2014 edition was my first attempt and in my first editorial I wrote this:

“Beginning with this issue of the Pump I will try to help to facilitate a positive and constructive debate about how the users and supporters of Millennium House can work together to ensure the future of our community centre by helping to solve many of its problems. It’s a big task and a lot of healing needs to happen first if it’s to succeed.”

One year on I can report that we are now very close to achieving that aim. Martin Corney’s piece on pages 8 & 9 explains how the Parish Council’s decision on the parish precept is, in effect, an endorsement of the Millennium House Forum’s plan for the centre. It will take a few months yet to bring in the changes, but it seems that we are now committed to making it work. As for the healing, well I’m not sure we’ve got there yet, if I’m honest. There’s still a lot of anger and resentment around but surely it will be allayed when MH becomes a vibrant and exciting centre that is an asset to the community and no longer a drain on ratepayers’ pockets.

All the best - Joe

Millennium House Opening Hours

Reception

9am till 2.30pm

Monday to Friday

Cafe

9am till 2pm

Monday

11am till 2pm

Tuesday to Friday

Bar

5pm till 11pm

Monday to Thursday

4pm till 11pm

Friday

12am till 11pm

Saturday and Sunday

If a member of staff is not available please leave a message in our **letter box** at the front of the building or on our answer phone by calling **01579 363096**.

PLANNING - February 2015

Planning Applications

PA14/ 11654	Proposed extension to rear and garage to side. Roan, Lower Middle Hill, Pensilva.	Mr P Penprase
PA14/ 12146	Erection of a machinery store with associated works. Penharget Cottage, Pensilva, Liskeard.	Mr T Rogers
PA14/ 12091	Erection of ground and first floor extensions to provide additional living accommodation. Harold Cottage, Jubilee Road, Pensilva	Mr C Walton
Decision Notices from Cornwall Council		
PA14/ 10579	Construction of single storey dwelling with existing access parking and turning. Ley Spring, Jubilee Road, Pensilva. REFUSED	Mr and Mrs T Doney
PA14/ 11081	Single storey extension to front of dwelling. Vidare, School Road, Pensilva. APPROVED	Mr and Mrs A Batten

Fundraising for the Chemotherapy Outreach Project

I would like to say thank you to all who gave over the Christmas period for this charity.

Two quizzes were held and the money raised was shared between All Being Well and the Chemotherapy Outreach Project, raising £117.50 for each. The Seccombes skittles team held a raffle raising £71, and the Charity Box in our garden for the Christmas lights on our house in Amanda Way raised £274. This made a grand total of £462.50.

Thank you all once again.

Bev Casban.

A message from Dr. Jan Macfarlane

I would like to thank the Friends of Pensilva Health Centre for organising a splendid send-off on Saturday January 10th and patients, colleagues and friends for their sincerely-appreciated good wishes, flowers, cards and gifts. It has been a pleasure and a privilege to serve this wonderful community as a GP for the past 27 years. - Dr Jan Macfarlane

VOLUNTEERS FOR YOUTH GROUP

Parents – are your children at a loose end of an evening?

We need volunteers to run more evening sessions at our Youth Café in Millennium House.

We have a successful Thursday evening session from 7 to 9 pm and would like to run further evenings, but we need volunteers willing to help with the teenagers.

If you can commit regularly to one evening a week and would like to know more please contact the Parish Clerk on 01579 363096 or stiveparish@btconnect.com

Pensilva Post Office



Located through the Café on the 1st floor of Millennium House

the opening times are:

- Tuesday - 9am to 1pm**
- Wednesday - 9m to 12 noon**
- Friday - 9am to 12 noon**

Your Community Centre needs your help.

Can you spare just a few hours per week to help out on the Reception Desk at Millennium House?

Monday, Wednesday or Thursday 9am to 2pm.

Or

Wednesday, Thursday or Friday evenings 6.30pm to 9.30pm

Or

Whatever time you can spare.

If you are able to help please contact
Sarah on 01579 363096

Thank You



Supporting Guiding & Scouting Activities in Pensilva

200 CLUB Draw Results for December 2014

1st No. 195 Mrs P Doney £75	2nd No. 127 Mr M Thomas £50	3rd No. 7 Mrs J Hambly
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Thank you for your support



The Latest from Your Parish Councillor - Martin Corney

With special dispensation from the editor, I'm sending this in just after the special Parish Council meeting on 22nd January to set next year's parish council tax. I'm sure everyone will want to know about this as soon as possible, so thank you Joe for holding space for this.

Rumours that the parish part of our council tax (the precept) was going to double in the next year had been going around the parish, so there was a very large turnout at Millennium House from all over the parish. There were many contributions in public participation, from people who were understandably very concerned at the prospect of a large tax increase.

Since I had been keeping track of the budget on a spreadsheet I explained the situation. There are guidelines as to how much money the parish needs to keep in reserve in case of emergencies. We are supposed to keep between three months to a year of expenditure as reserves. Since the total parish expenditure each year, including Millennium House, is about £250,000, the parish reserves of about £100,000 in the 2010-11 financial year was healthy. Unfortunately, in the following years the losses of Millennium House got worse and worse, eating into the reserves, so that at the end of the current financial year we expect to have reserves of about £38,000, well below the lower guideline of about £55,000.

If the parish carried on with no change, the only way to reverse the decline was to increase the precept from the current £52,000 to £90,000. For a band D house a 73% increase from £72 to £125.

The Millennium House Forum have put forward a proposal to run Millennium House as a charity. I strongly support this as it solves a number of problems. Since I live in the St Ive end of the parish I didn't realise how controversial and divisive the building of Millennium House was. Some love it, others refuse to set foot in the place on principle, even 16 years after it was opened. We residents of St Ive don't see why we should pay through the nose for a massive facility we don't use.

The plan for a charity to run Millennium House means that everyone can be satisfied. The people who want Millennium House can be responsible for running it, while those that don't will not have to pay for it. Also the Millennium House expenditure will no longer be on the parish accounts so the reserves can safely be kept at a lower level.

My proposal for this plan to be financed with an increase of the precept from £52,000 to £62,000 was agreed by the parish council. For a band D house a 19% increase from £72 to £86. I promised this was only for one year after which it will reduce back to what it was, and eventually even less.

(continued on next page)

The Latest from Your Parish Councillor - Martin Corney (continued)

There was a call for the precept not to go up at all. This would have meant the parish reserves coming down to a level near going broke, with Cornwall Council taking over and Millennium House closing. The Parish Council went with the difficult decision to increase the precept in order to at least give the people who want it to work a chance.

I will work to help Millennium House Forum set the new system up, but it's going to be up to the people of Pensilva to prove we were right to give that extra £14 over the next year. If you are one of the people who like having a large and expensive community centre in Pensilva please help. As they say, use it or lose it.

Don't forget the parish website st-ive-parishcouncil.gov.uk with council meeting agendas and minutes; also downloadable copies of the Parish Pump. For those of you who do Facebook, our St Ive Parish Council page is still being updated with parish news. Phone me, email me on martin.corney@btinternet.com or "martin corney blog st ive" in search engines will find my blogs for you to comment on this article and other gems.



JUMBLE SALE

Saturday 7th March

10am-noon Pensilva Village Hall

All proceeds go to Pensilva

Pre-School (Registered Charity: 1026118)

***Any donations would be appreciated
please call Helen on 364072***



PENSILVA W.I SEW, KNIT AND NATTER

Please join us for sewing, knitting, or just come along for a cup of tea and a natter at St John's Church, Pensilva at 2.30pm on the last Tuesday of every month.

Open to all and everyone very welcome.

Next meeting: Tuesday 24th February

Pensilva W.I. report

At the meeting on 14th January, Andrew Scowcroft talked to us about how you can be healthier by wearing the proper shoes. There are 26 bones in the feet and they were originally designed to walk on all fours and on soft ground. Now we walk upright and on solid ground and we are taller and more muscular. When we walk we should try to keep our heel vertical to protect the arch of our feet. You should also leave enough room for your toes to splay out and not be crunched up. The best thing to do when you buy a pair of shoes is to have your feet measured. Then the seller should see how you walk. At Andrew's shop he also puts your feet on a pressure pad. You have a scan to see the shape of the foot. You should also check that the heel of the shoe does not twist. Some of the better shoes enable you to have the inner sole taken out so that you can replace them with ones you wish to have. If you have arthritis you may need shock absorbers and trainers with thick soles will help your feet. Some shoes have a higher curve at the toe and they can help your feet. If you have Diabetes your feet should be inspected regularly by a doctor or diabetic nurse. Don't have shoes that rub. If you have bunions there are some shoes now that the leather stretches to accommodate them. Andrew brought many different styles to show us; there is a vast range to suit most people with problem feet or who just want comfortable shoes to walk in.

Flower of the month was won by Jill Pascoe, 2nd was Francis Tucker and 3rd was Verna Dawe.

The competition of a sock puppet/toy was won by Francis Tucker, 2nd was Cherry Woodhouse and 3rd was Verna Dawe.

The next meeting on 11th February will be the Annual General meeting when we elect the President and the committee.

Pensioner's Lunch

**2 Course Meal
plus Tea or Coffee**

Only £5.50

Every Tuesday

Here at Millennium House

**Speak to our reception or
telephone Graham on 01579 363096**



**So why not join
us for
Good Food
and
Good Company,
all on the day you
collect your
pension.**

Upcoming Quizzes in Millennium House



Next Quizzes
Saturday January 31st
and March 14th
at 7:30pm

And, advanced notice:
April 25
June 6th

Organised by and raising funds
for *All Being Well*

Funding available for local community projects.

Local groups in need of funding may be interested to know that the High Down Wind Turbine project are making funds available for projects in our Parish. Grants from £250 to £3000. These are the criteria:

The High Down Wind Power Community Fund shall exist for the promotion of projects, with priority given to the Parish of St Ive, with potential for the improvement of environmental education in the face of climate change, highlighting the need for sustainability, for renewable energy and energy efficiency, or which address problems of rural isolation, especially for younger members of the community or projects which otherwise address local needs.

Anybody interested please contact the parish clerk at:

stiveparish@btconnect.com

Community Lunch



(Usually) First Sunday of every
month 12pm for 12.30pm

But please note

the February lunch is on: **February 8th**

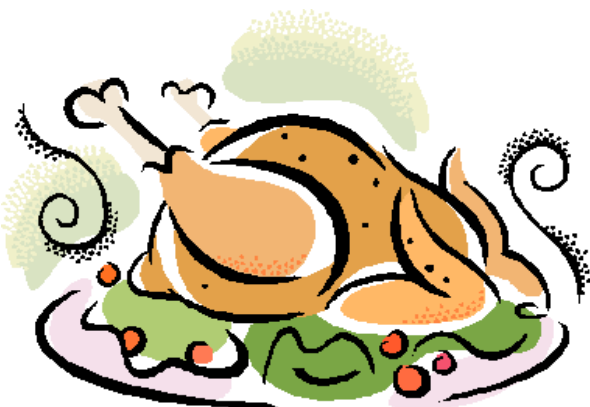
3 Course Lunch

Inclusive of Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

Bookings required: Call Graham or
Charmayne on **01579**



Millennium House
Century Square,
Princess Road
Pensilva, Nr Liskeard
Cornwall
PL14 5NF

Poker Tournament

*Cash
prizes*



TEXAS HOLD'EM DOUBLE CHANCE
FREEZEOUT

Sunday
15th February

£5.00 Entry Fee

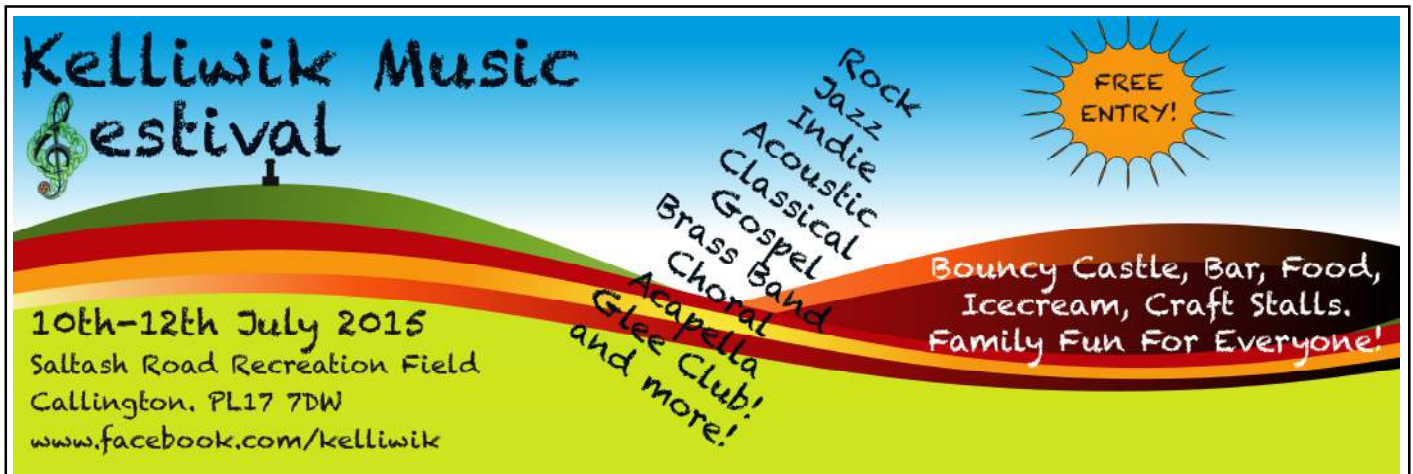
Registration from 12.45pm

Tournament Starts at 1pm

Over 18's Only

Millennium House

Princess Road, Pensilva Tel 01579363096



In 2015, the Kelliwik Festival will again offer local people the chance to shine on stage as well as a long weekend of entertainment for the town of Callington and surrounding villages. Music, dance and drama of all genres, jazz, rock, acoustic, gospel, brass band, dance, and choirs are all welcome. Funding, as last year, is being raised by events such as the 'Dance-athon' and a 'Race Night' as well as from local businesses, the Big Lottery Fund and others.

We look forward to welcoming you, your family and friends to the Kelliwik Festival 2015, from Friday 10th to Sunday 12th of July, at Callington Recreation Ground.

Follow us on www.facebook.com/kelliwik, for up to date info on the bands taking part and all our news. Look out for the posters nearer the time!

For further information please contact Jill Trew, Kelliwik Festival Publicity, 01579 382451 or jillftrew@yahoo.co.uk.

Pensilva Memory Café

The Memory Café will take place in St John's Church from 2-4pm on Thursday 26th February and welcomes all those who are having big or small memory problems, and also those who care for them. Memory aids, video, tea, cake and chat. A friendly group who would welcome new members. Further info from Carolyn on 362698.

Fundraising events for St Ive Park Project

Saturday 14th February at 10.30am

PanCakes and Cakes

at St Ive Village Hall.

Come and enjoy a pancake and a natter!!!

Friday 20th February 2pm – 4pm

Fun Afternoon

At St Ive Village Hall

£1 per child

Table Tennis, board games, fun games,
treasure hunt, snacks

Fun for all ages – whatever the weather!!

Please come along and join in the fun!!

IT'S THAT TIME AGAIN... *How does the time fly by?*

Liskeard RELAY FOR LIFE 2015

For Cancer Research UK

Sat 23rd / Sun 24th May 2015

at Liskeard/Looe Rugby Club

A fabulous friendly fund-raising event that Pensilva residents (or near enough!) have supported in all weathers! This is Relay's 8th year, with last year's fantastic total in excess of £28,000 we hope to make 2015 even bigger, and we can do that with **YOUR HELP**.

Liskeard's Relay for Life has been the only event of its kind in Cornwall for the last couple of years, and it is very much an all inclusive, family-friendly affair.

It starts at midday on the Saturday when those who have had a cancer diagnosis lead the first lap of the 24 hour walk (before heading to the Refreshments tent!). Other team members follow, ensuring that there's always one team member on the track for the next 24 hours - symbolising the fact that cancer never sleeps.

As well as walking, teams host a variety of stalls, games, refreshments and live music, all adding to the fun for a great 'fete' day.

At nightfall we quieten down for the Candle of Hope ceremony; where the track is lit by the candle bags that people have dedicated to their loved ones. We have a minute's silence and then walkers continue to the beautiful sound of the Pelynt Male Voice Choir, complimenting the reflective mood as the messages of hope and remembrance for our loved ones are appreciated.

Walking continues through the night, past sunrise, and on to an energetic finish among smiles (and some tears) at midday on Sunday.

There's something for everyone at Relay; whether it's joining the team to walk – one lap or 100- to match sponsorship, bake cakes, serve tea, share fund-raising ideas, dedicate & decorate a candle bag, take part in the Survivors Lap, play music ...

If you would like to join the **Pensilva team** or take part in any way you can, or if you have any questions, please contact

Alex Putna on 07985 387472



FARMERS & CRAFT MARKET

MILLENNIUM HOUSE

Every 2nd SATURDAY

Monthly

9.30 - 12.30

Refreshments Available

**Come and support local producers and help your
local community to thrive.**

Badminton?

Come and join our relaxed and friendly group at Pensilva Millennium House

Mon & Tue 7.30 - 9.30pm

Friday 8.00 - 10.00pm

For further info phone

**Nigel or Carol on
01579 363594 or
07885 798370**

All Being Well

Your local, friendly gym.

Fifteen years working in our local community to improve health, fitness and well being.

Give us a call on **01579 363890**

or drop in to see us at

Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri 10.00 to 3.00

and 5.00 to 9.00

Tues/Thur 9.00 to 1.00

Saturday 10.00 to 1.00

1

Monthly

20

BINGO

90

Millennium House

Tuesday 10th February 2015

(then Tuesday 10th March 2015)

77

Eyes Down 7:30pm

Over 18's only

88

CASH PRIZES

9

19

MOBILE LIBRARY

The County Mobile Library visits

Pensilva every other
TUESDAY afternoon

3.50 - 4.05pm Victoria Inn

4.10 - 4.20pm Village Hall Car Park

4.25 - 4.45pm Glen Park



Come and join us for fun and play at

Tiny Tots **Baby and Toddler Group**



Thursdays
9.15am to 11.15am
at Pensilva Village Hall

£1.50 per child

Babies under 6 months and additional children 50p
Includes snack, activity and hot drink for parent/carer

Contact Cathy for further details 01579 363376

St Ive Institute & Village Hall

Every Wednesday
10.30 am until 12 noon
Coffee Morning

Every Wednesday
10.30 am until 11.30 am
Travelling Post Office

1st Monday at 7.30 pm
St Ive Gardening Club

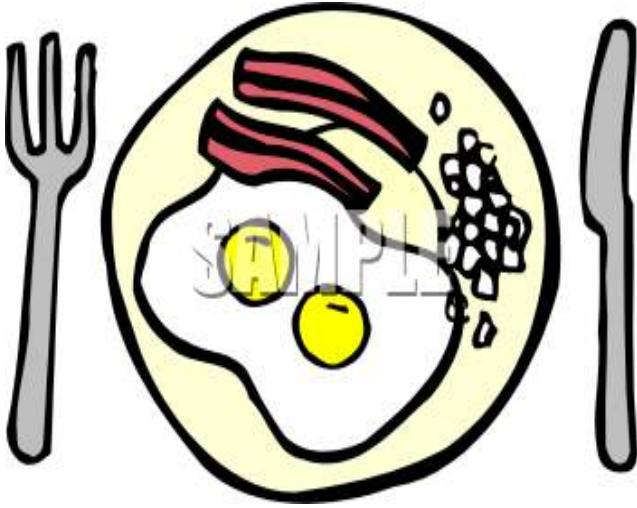
Pensilva Wednesday Club

Meet in Pensilva Village Hall
at 2.30 pm Alternate Wednesdays

Wed 4th Feb. Mrs Donna Darby
(AGE UK)

Wed. 18th Feb Members' afternoon
(Bring and Buy)

**ALL SENIOR CITIZENS
WELCOME TO JOIN THE
WEDNESDAY CLUB**



*New
for
Mondays*

Mondays Brunch

Served from 9am till 12pm

2 pork sausages, 2 slices of bacon,
2 hash browns, 2 eggs, mushrooms,
tomatoes and baked beans.

Plus 2 slices of toast and tea or coffee.

All for just

£5.50p

Millennium House Café

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeserve.co.uk**.



Please note that in addition to hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 12:30 - 2:30	Breath of Air	Pauline	01579 345989
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Mon. 6:30 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Alternate Wed. 2:30 - 4:00	Wednesday Club	Miss June Mills	01579 362407
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Thu. 9:15 - 11:15	Tiny Tots Baby & Toddler	Cathy	01579 363376
Thu. 5.30 - 6.30 6.00 - 7.00	Beavers Cubs	Kathleen Hocking	01579 363686
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091



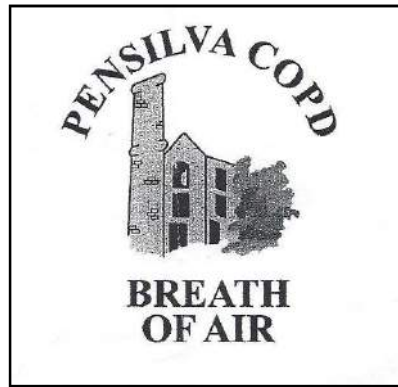
**You can now donate locally in St Johns Church
Pensilva. Thursdays 10.00am - 11.15**

Dry or tinned food only, please

Please note new collection times



NHS registered with
support from local
Doctors



First session is
FREE !

We meet every Monday 12.30 to 2.30pm at Pensilva Village Hall
We are people with long term conditions
Everyone is welcome. Come along for some fun, a cup of tea and
biscuits, with a social, light exercise group.
Instead of sitting at home come and meet us for some company.



The **co-operative**

More information from Pauline **01579 345989** or Fred **01566 775460**



Struggling with Sight Loss?

Cornwall Blind Association offers emotional and practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Access Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Audio Books: Information on books and equipment

Talking Support: Telephone befriending scheme

Counselling: For those affected by sight loss

Transport: Subsidised travel for some activities

Social Clubs and Activities: Links to clubs and activities across the county

For more details Telephone 01872 261110 or visit

www.cornwallblind.org.uk

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group (**Contact Ann Wood 01579 364085**).

If you would like to talk to one of us you can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our group.

Tea, coffee, biscuits and plenty of friendly chat.

Every 2nd Tuesday of the month 1:30 to 3:30. Enter by Health Centre side door.

Jean Conner 01 579 363 221 or 07 899 694 670



**Due to funding issues
the Hearing Aid Maintenance drop-
in clinic service at Millennium
House has been reduced.**



The service will operate quarterly on the following dates:

Wednesday 4th February 2014 10.00am to 12:30pm

Other local drop-in services:

2nd Thursday of every month, 2.00-4:30pm at Oak Tree Surgery, Liskeard.

2nd Friday of every month, 2.00-4:30pm at Launceston Medical Centre.

4th Thursday of every month, 10.00-12noon, at Chatlink, Old School House, Torpoint.

2nd Tuesday of every month, 1.00-3.00pm, Saltash Library.

For further information contact Karen Squire;

Regional Information Officer

Karen.squire@hearingloss.org.uk

01752 228657

Action on Hearing Loss is the trading name of The Royal National Institute for Deaf People.
A registered charity in England and Wales (207720) and Scotland (SC038926) A0044/0511

All Being Well - Monthly Newsletter Tel: 01579 363890

We had a Christmas present this year! Thank you Caroline from St. Cleer who gave us a very nice step-trainer. Thanks also to Caroline's dad who delivered it and helped us set it up. It's lovely to be reminded how generous people can be! The step-trainer is up and running and proving to be quite a challenging piece of apparatus! Hard work, in other words, but in a good way.

The January challenge is the ever-popular Bonfire of the Calories where we all try to work off the excesses of the festive season. It certainly seems to motivate people!

At the time of writing we are busy sending off grant applications to help us to replace our ageing gym equipment. Not wanting to be left out, the computer decided that maybe it should be replaced too, so it started playing up. We are hoping that Steph McWilliams's Community Chest will have enough cash left in it to help us out with that one. Steph has been a good friend to All Being Well and we wish her a speedy recovery.

Attendances always increase at this time of year, but this year things seem to have picked up more than usual. Let's hope it's a sign of things to come. If anyone out there is thinking about doing more exercise and is trying to pluck up the courage to join a gym, you won't find a friendlier, more welcoming one than All Being Well. Drop by and say hello, and see what you think.

Keep well!



Phyllis's Coffee Morning

Millennium House Café

Thursday morning

10:30am - 12:30pm

**Come along for a chat with
friends and enjoy a cup of
tea or coffee with a cake
for just £2.50**

ST JOHN'S CHURCH, PENSILVA

Services for February 2015

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 1st	9.30 am	Anglican Benefice Eucharist at St Cleer
	11 am	Rev. Robert Saunders
Sunday 11th	11 am	Anglican led Holy Communion Service
	5 pm	Food for Thought at St. John's Church
Sunday 15th	11 am	Cafe Church
Sunday 22nd	11am	Mr. Derek Packman

Pizza and Praise has changed its name to **Food for Thought** and will take place in St. John's Church this month, alternating with St. Ive Chapel. It's an informal service for all ages, followed by food.

Lent Lunches commence Thursday 19th february at St. John's Church for six weeks. Enjoy a bowl of homemade soup etc. for £3.50.

Every Thursday at 10 am there is a **Cafe Church**. Everyone welcome to join us.

Afternoon Tea on Friday 6th Bebruary. Bring and Buy. Everyone very welcome.

Prayer Group meets Tuesday 3rd and Friday 20th February. Please ring Rev Kev. on 363336 or Eileen on 362580 if you would like prayer for yourself or someone else.

Fellowship will be on Friday 13th February at 7:30pm and the **Lent Course** begins on 27th February. Further information from Geoff or Carolyn on 362698.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact:

Geoff Cox - 362698, Maria Parker - 01503 264679, Frances Tucker - 363718

Lent Lunches commence Thursday 19th February at St. John's Church, Pensilva, for six weeks. Enjoy a bowl of homemade soup etc for £3.50.

St Ive Church

Services at 11:15am Every Sunday

Feb 1st	Holy Communion
Feb 8th	Family Service - <i>Small Pets Welcome</i>
Feb 15th	Holy Communion - Lunch follows this service
Feb 22nd	Morning Service

Other February Events

Sun 1st	Cream Teas in the Church	2:30pm - 4:30pm
Sun 15th	Teas in Village Hall	1:00pm - 4:30pm
Fri 20th	Lent Lunch	12.00 - 1:30pm
Sun 22nd	Teas in Village Hall	1:00pm - 4:30pm

Advance Notice

Sat 7th Mar Table Top Sale with refreshments 10:00am - 4:00pm

Reverend Margot Davies **01579 208698** email margottaj@tiscali.co.uk

Church Wardens: Brian Dwelly **01579 364010** email btdwelly@aol.com

Paddy Long **01579 364006**

Please tell the Priest or Churchwardens of anyone requiring a home or hospital visit

SKITTLES EVENING at ST. IVE VILLAGE HALL

Saturday March 21st at 7pm.

Entry: Adults £2, children free.

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St Ive Methodist Church

Services for February 2015

Sunday 1st Feb	11:00am	Mr Bernard Melling
	6:00pm	Rev Tom Osborne
Sunday 8th Feb	11:00am	Mrs Barbara Snowling
	5:00pm	Faith and Food at St John's Pensilva
Sunday 15th Feb	11:00am	Mrs Gillian Higgins
	6.00pm	United Service with Mr John Hogarth
Sunday 22nd Feb	11.00am	Miss Heather Blacker
	6.00pm	Rev Tom Osborne

The **Knit and Natter** craft group will meet (weather permitting) in the Schoolroom on Thursday 12th Feb and 26th of February at 2pm.

The **Chattermakers** craft group will meet on Thursday 5th and 19th February at 7:30pm also in the Schoolroom. New members welcome. Please ring Kathryn on 01579 382334 for details.

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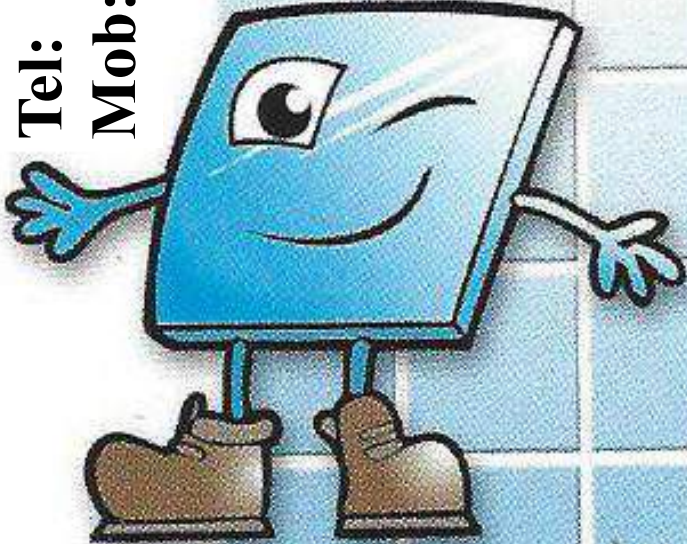
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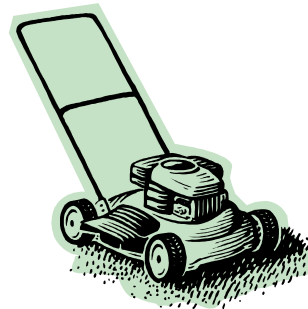
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Honeywell 24 hour electronic central heating/hot water programmer - brand new still boxed. **£15**
01579 362851

Dog guard, as new, will fit Land Rover Discovery. **£50. 01579 362446**

Tummy Trimmer **£10**
Air Strider **£10**
Roll Tummy exerciser **£8** ono
White bidet brand new with taps **£45**
Saddle, very comfy "wide" fitting **£49**
Stirrups / Stirrup leathers **£8**
Various tack, haynets, bits, martingales, numnahs & more - Offers
Suitcase full of dolls / dolls clothes **£10**
Kodak Easyshare photoviewer digital picture frame. New. **£25**
Call Pat on **01579 362959**

Bargain Corner Free Ads up to £50

3 city scene **lampshades**, 1 ceiling & 2 table. Metallic silver in colour. £10

Complete set of Avon Sarah and Theodore **Loveable Teddies ornaments**. 13 in total, 1 musical.

£4 each or £40 the lot.

07971 253766

Metal cabin bed with new, still boxed, desk and chair to go underneath.

Good condition. **£50 ono.**

Small fish tank w/ gravel and log. **£5.00**

Home phone - binatone, with power cables and manual. **£5.00**

01579 383361.

Please let us know when your item has sold

SKITTLES EVENING at ST. IVE VILLAGE HALL

Saturday March 21st at 7pm.

Entry: Adults £2, children free.

Raffle and refreshments

All welcome.

This is a community event.



What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Friday Club (Supervised play 5—12 year olds)	Friday 6.00pm - 7.30pm	07715557645 after 3.30pm Pam
Hearing Aid Maintenance	1st Wednesday 10.00 - 12.30	01752 228657 Karen Squire
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	
Tai Chi	Tuesday 7:00 - 8:00pm	07949763256 (Bob)
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579344464
Zumba Fitness Classes	Wednesday 7:30 - 8:30pm	07850 646207 (Sarah)
PENSILVA VILLAGE HALL		
Beavers Cubs	Thursday 5.30pm - 6.30pm 6.00pm - 7.00pm	01579 363686 Kathleen Hocking
Breathers Group	Monday 12.30pm - 2.30pm	01579 345989 Pauline
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Girl Guides	Monday 6:30 - 8:00pm	01579 363212 Jackie Browning
Pensilva Wednesday Club	Wednesday 2:30pm	01579 362407 Miss J Mills
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
Tiny Tots	Thursday 9:15 - 11:15am	01579 363376 Cathy
PENSILVA SCHOOL		
Pensilva ₅₀ Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Sarah Senese (Manager)

What's on in St Ive ?

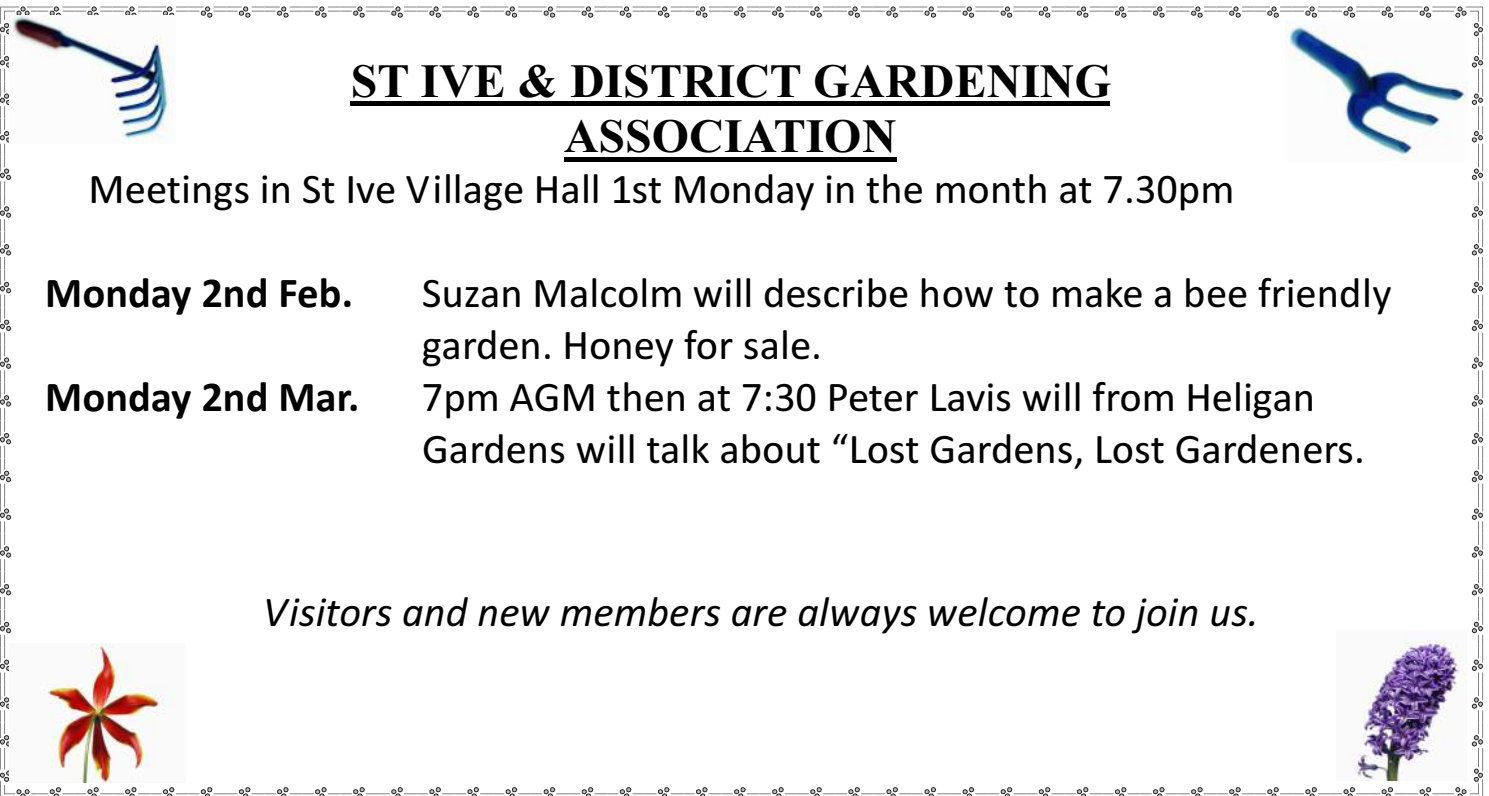
ST IVE INSTITUTE

Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

St Ive Institute available for hire. £3 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month



ST IVE & DISTRICT GARDENING ASSOCIATION

Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Monday 2nd Feb. Suzan Malcolm will describe how to make a bee friendly garden. Honey for sale.

Monday 2nd Mar. 7pm AGM then at 7:30 Peter Lavis will from Heligan Gardens will talk about "Lost Gardens, Lost Gardeners."

Visitors and new members are always welcome to join us.

ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216**.⁵¹

We look forward to meeting you.

Millennium House



CAFE

Hot & Cold Lunches Snacks & Drinks

All day Breakfast	Salads
Jacket Potatoes	Quiche
Bacon Rolls	Chips
Chocolate	Cakes
Hot & Cold drinks	
And much more	

Opening Hours

Mon, 9.00am - 2.00pm
Tues & Wed 11.00am - 2.00pm
Thurs & Fri. 11.00am - 2.00pm

***PLEASE NOTE
REVISED
OPENING TIMES***

Millennium House 01579 363096



Millennium House

THE MEL

Licensed Bar Free House

Opening Hours

Mon - Thu - 5 pm to 11 pm
Friday - 4 pm to 11 pm
Saturday - 12 noon to 11 pm
Sunday - 12 noon to 11 pm

Millennium House 01579 363096

