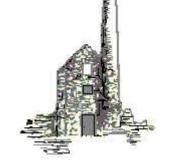
# THE PARISH PUMP



July 2014 Edition 392



#### The Newsletter for the Parish of St Ive



Pensilva resident's 5-a-day nightmare! Report on page 17

#### **Disclaimer**

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

#### **Parish Councillors Telephone List**

Peter Dipper (Chair)	01579 362315
Martin Corney (Vice Chair)	01579 382450
Roger Bennison	01579 363967
Pam Carter	01579 362640
John Kendrick-Crawshaw	07929 496795
Stephanie McWilliam (also Cornwall Councillor)	01579 362037
Alan Moss	01579 362064
Keith Mutton	01579 382334
Alan Neal	01579 362478
Linda Olver	01579 383137
Charles Wadge	01579 363933

#### **Meetings of St Ive Parish Council**

**2nd Monday monthly:** Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

**4th Tuesday Monthly:** Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

#### **Date of Next Parish Council Meeting:**

Monday July 14th 2014, at Millennium House, Pensilva at 7.30pm.



**T** 101 Minicom 18001 101

#### Police Community Officers can be contacted on 01579 325454 at any time

PC Garth Hatt garth.hatt@devonandcornwall.pnn.police.uk PCSO Bob Anslow robert.anslow2@devonandcornwall.pnn.police.uk

<sup>2</sup> PCSO Becky Steed rebecca.steed@devonandcornwall.pnn.police.uk

#### Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk (Angela Fisher) who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House please contact the Finance Clerk: 01579 329002, email: millenniumhouseadmin@btconnect.com

The Millennium House General Manager (Sarah Hylands-Thorpe) can be reached on:

01579 363096, email: millenniumhouse@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

#### **Parish Pump Information and Contact Details**

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: 01579 363096.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If you would like a template, please contact the editor.

**Current Advertising Prices** including VAT at 20%

<u>Per issue:</u> Quarter Page £7.50 <u>Half Page £15.00</u> <u>Full Page £25.00</u>

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

**Deadline for the Parish Pump is STRICTLY 15th of every month** 

#### THE MEL BAR

Come relax and wind down after work
At the Mel Bar, Millennium House

#### **HAPPY HOUR**

From opening time till 7pm Weekdays 50p off all alcoholic drinks.





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#### From the Editor

It looks as though we won't be short of things to do for the next few months, judging by the number of summer fairs and celebrations advertised in this month's issue. As well as Pensilva Gala Week (Aug 3-9) and St Ive Village Show (Aug 30) there's the Pensilva School PSA Centenary Fair (Jul 19) and the Pensilva WI Horticultural Show (Sep 13). And that's just in our own Parish! You will also find details of several events in the surrounding parishes. There also seems to be a rash of discos! As well as the Gala Day disco at MH and Live Music at the Vic (Aug 9) there's the Pensilva Youth Projects disco (Aug 1), plus the Neighbourhood Development Plan are hosting two free discos (Jul 5 for over 18s and Jul 12 for under 18s) and a free tea party (Jul 14) which is presumably intended for those of us who are very considerably over 18! Also note the Community Lunch at MH on July 6, and much more.

On a different note, I've been busy preparing for the Millennium House Forum inaugural meeting on June 25. I really hope that the Pensilva community will take advantage of this opportunity to take responsibility for its community centre. I'm delaying printing of this issue till the last possible moment so as to include a report on this meeting. I hope it will be good news! (Report on pgs 10-11).

All the best. Joe

PLANNING - July 2014						
	Planning Applications					
PA14/ 04263	Construction of a single storey extension to the side of the dwelling – 2 Alfred Court, Higher Road, Pensilva	Richard Rendle				
PA14/ 05037	Proposed side extension and alterations – Treven, Quarry Road, Pensilva	Mr A Lewis				
Decision Notices						
PA14/ 03254	Queena, Bicton Road, St Ive – Certificate of lawfulness for existing extension to dwelling. Ms M Barwis	Granted				

# Millennium House Opening Hours

**Reception** 

9am till 2.30pm Monday to Friday

Cafe

9am till 2pm Monday

11am till 2pm Tuesday to Friday

**Bar** 

5pm till 11pm Monday to Thursday

4pm till 11pm Friday

12am till 11pm Saturday and Sunday

If a member of staff is not available please leave a message in our **letter box** at the front of the building or on our answer phone by calling **01579 363096**.

# VOLUNTEERS FOR YOUTH GROUP

Parents – are your children at a loose end of an evening?

We need volunteers to run more evening sessions at our Youth Café in Millennium House.

We have a successful Thursday evening session from 7 to 9 pm and would like to run further evenings, but we need volunteers willing to help with the teenagers.

If you can commit regularly to one evening a week and would like to know more please contact the Parish Clerk on 01579 363096 or <a href="mailto:stiveparish@btconnect.com">stiveparish@btconnect.com</a>



The Latest from Your Parish Councillor - Martin Corney
I've heard people complaining about noise from the wind turbine at
Charaton. I've been to visit the area to see how bad the noise is.
I've been there in light winds but couldn't hear anything over the
racket of the local blackbird. I've been back when it was blowing

hard, but any noise was drowned out by the wind in the hedge.

Some nearby people say they can hear the turbine from their homes, other locals say they don't know what the fuss is about. I've asked people to invite me to listen when it's noisy, without a response. I conclude that, like the emperor's new clothes, the unacceptable noise just does not exist. I sympathize with the horror of having a large object intruding into our much loved landscape, although others have told me it is a thing of beauty. I think that wind turbines are much better than coal power stations and necessary to replace fossil fuels and stop global warming. What do you think? You can have your say in the Neighbourhood Development Plan survey which should be delivered with this newsletter. Your response to this survey will form the vision for the future of our parish, so it is very important. I and the working group will be hunting for completed surveys at as many parish events as we can get to.

By the time this goes out we will have had our Millennium House Forum inaugural meeting. These meetings are really important for the future of our community centre, so keep on coming along to have your say. You can also have your say on the parish website or parish Facebook page where the event is posted.

I'm really pleased that I've had approaches from people interested in volunteering with the youth club (which is now an official charity with a number and all that) and thanks very much for the kindly donated filing cabinet. It's surprising how much paperwork is created when we do things properly. Don't forget the parish website st-ive-parishcouncil.gov.uk with council meeting agendas and minutes; also downloadable copies of the Parish Pump. For those of you who do Facebook, our St Ive Parish Council page is still being updated with parish news.

Phone me, email me on <u>martin.corney@btinternet.com</u> or "martin corney blog st ive" in search engines will find my blogs for you to comment on these articles and other gems.

Litter pickers required for Millennium House, including the children's play area and recreation area.

#### **CAN YOU HELP?**

If you can, please call Millennium House on 01579 363096.

#### From Cllr Steph McWilliam – July 2014

Well, the budget setting process has begun and promises to be even more difficult than last year. There is no doubt that some difficult decisions will have to be made again and some people are going to be disappointed at the loss or changes that result. One that has not yet been decided is about the mobile library service. I have received the results of the consultation and there is no doubt that this service is highly valued. However, the results also suggest that some people, perhaps the most vulnerable, might benefit from a change from a mobile van to a home delivery service. Three options will be discussed shortly and, at the moment, I am inclined to think we will be better off making more radical changes now that can then be maintained for the next few years rather than having to make minor changes each year. However, no decision has yet been made.

I am also surprised and concerned at the figures for waste management and highways maintenance. It would appear at this stage that we spend almost three times as much on waste as on maintaining our roads, which feels wrong. I am currently looking into this to see if I am missing something.

I am also taking a much more active interest in how Cornwall Council can help to ensure that the huge amount of EU funding we receive will be more effective in the years ahead. Despite having received about £500 million over the last 14 years, Cornwall's economy has slipped back to 64% of the EU average. I appreciate that some investments take a long time to take effect but it does make you wonder if some of the spending decisions have been less effective than we would wish.

Finally, can I please just remind everyone to be very careful of scammers? There seems to be a new one where a phone call, pretending to be the police or your bank, asks you to call your bank as your card has been used fraudulently. However, when you think you are doing this, they stay on the line and then ask you for your card details and PIN. Please remind everyone that your bank will never ask you for your PIN over the phone.

We are still having problems with parking in some parts of our parish. Please be considerate of others and, if you are able bodied, do consider being prepared to park just a few yards away from your door, especially if you have several vehicles.

Do enjoy this lovely weather and our beautiful county but also spare a thought for those less fortunate and look out for each other.

Thank you.

## PENSILVA CARNIVAL WEEK

# **Get Your Bunting Out**

Here we are again, Carnival Week will start on Sunday 3rd August and end on Gala Day, Saturday 9th August. The usual week packed full of events (To be confirmed in the Aug. Pump). Sunday 3<sup>rd</sup> – We start with a Car Treasure Hunt (by Pensilva Pre-School) setting off from The Vic between 3-4pm, returning to The Vic by 7pm for a pasty supper.

Monday 4<sup>th</sup> – Arts & Crafts afternoon (by Pensilva churches) at the Mel, family skittles night (by Pensilva FC) from 7pm in MH function room.

Tuesday 5<sup>th</sup> – Friday Club children's quiz in the afternoon. Evening adults quiz by All Being Well in the function room. Euchre night at the Vic 7.30pm.

Wednesday 6<sup>th</sup> – Sports afternoon (by Pensilva PSA) 1pm in the field (sports hall if wet), Film Night 6pm (film TBC Pensilva PSA). Pool knockout at the Vic 7.30pm.

Thursday 7<sup>th</sup> – Growing Project afternoon. Evening: Bingo – eyes down 8pm, by Keith Richards for the British Heart Foundation. Friday 8<sup>th</sup> – Evening Donkey Derby 7.30pm (by Pensilva FC) Saturday 9<sup>th</sup> August – Gala Day will include carnival parade with carnival royalty, fancy dress competition, BBQ, bar, stalls, car boot, rodeo bull, inflatable assault course, skittles, face painting, it's a knockout, infinity tower, SK8JAM competition with prizes, owls, baby show, dancing displays, laser tag, candy floss/slushies, plus much more!! Evening Family disco at The Mel or live music at the Vic from 8pm with fancy dress prize.

Carnival Bunting from Millennium House or sadiecowie@live.co.uk

## PENSILVA CARNIVAL WEEK

#### Sunday August 3<sup>rd</sup> – Saturday August 9<sup>th</sup>

Any village groups that would like to be involved in this week of festivities, or who would like to book a space or table on the playing field on the day of the Carnival (Sat 9<sup>th</sup> Aug), are invited to contact Parish Councillors; Martin Corney, Pam Carter, Charles Wadge or Linda Olver (contact details inside the front cover) or to ring Millennium House on 01579 363096

For those of you familiar with the internet and Facebook, there is a 'Pensilva Carnival Week' Page which we invite you to 'like' where you can keep up to date with information relating to activities planned for the week.



#### Phyllis's Coffee Morning

Millennium House Café
Thursday morning
10:30am - 12:30pm
Come along for a chat with
friends and enjoy a cup of
tea or coffee with a cake
for just £2.50

#### Millennium House Forum – inaugural meeting

I'm writing this in the immediate aftermath of the inaugural (very lively!) meeting of the Forum on the evening of June 25<sup>th</sup>. I reckon close to 100 people attended, though only 43 signed the register. As always, when MH is being discussed, strong feelings were in evidence, but I'll deal first with the principal presentations.

In my introduction I tried to explain that if you want to be listened to you need to approach the problem in an informed and balanced way and you need to offer viable alternatives, not just criticism.

Alan Neal then gave us a comprehensive history of the Pensilva Community Centre project, going back at one point, I believe, to the 1940's! In a nutshell, it seems that this subject has always had the potential to divide our community right down the middle.

Peter Dipper's presentation was called "The Future" and was mainly a run through the MH Finances. MH made a loss of almost £57,000 in 2013-14, and this ultimately has to be paid for out of the precept, i.e. by the ratepayers of the Parish. This level of losses is completely unsustainable, hence this year's "restructuring" exercise, which Peter also explained. After these two presentations we were left in no doubt as to the scale of the task we are taking on. We then had the first Open Forum to decide on what that task should be, i.e. what ought to be the objectives of the MH Forum for this and subsequent meetings. To get us started we voted on and accepted the following: "The objective of the Forum is to formulate a plan for Millennium House that we, as the voice of the users of Millennium House, will recommend to the Parish Council. The plan must command the support of the community as a whole and must be viable and sustainable in the short, medium and long term."

In the second Open Forum, people were invited to give their opinions on various aspects of the MH setup, the idea being that this would tell us where we needed to concentrate our efforts. It's fair to say that the discussions and the informal voting that we carried out reflected a lot of discontent.

Next, Martin Corney spoke about some of the options that the Parish Council had looked at for separating the management of MH from other Council activities. Martin's preferred option was that a charitable organisation should be formed to manage MH, separately from but on behalf of the Council. Among other advantages, this would save 80% of the MH business rates, a saving of over £8,000 a year.

#### Millennium House Forum - inaugural meeting... continued

Lastly an open discussion on how the MH Forum itself should operate. The meeting voted almost unanimously for monthly meetings and for the establishment of an elected committee. The election will be the first item on the agenda at the next meeting of the Forum on Wednesday July 16<sup>th</sup> at 7:30pm in Millennium House. Also passed were the following: a sub-group will be formed to look in detail at financial aspects and report back to the main Forum; the next meeting will be devoted mainly to suggesting detailed improvements in the day to day running of MH; we encourage people to use the suggestions box at Reception (if you want your idea discussed at the Forum please make that clear); there will also be a flipchart in the foyer specifically for suggestions for the MH Forum. I mentioned that strong feelings were in evidence and this showed itself in the form of some heated (but reasonable) interjections from the floor, the tone of which was of strong criticism for the way MH is running at the moment. Unfortunately there was also some general disruption and personal abuse from one or two people, which I personally found inexplicable. If people are unhappy with what is going on, and a group is formed specifically to put that right, I have to ask myself why it should seem like a good idea to disrupt the meeting of that group and thus make it more difficult for them to achieve what we all want to achieve. What worries me is that there will have been people who attended the meeting in good faith, wanting to help to put things right, who will be put off attending in future. Also, if we want to be listened to, we need to be taken seriously as a group, and I'm not sure that last night's meeting will have helped our cause one bit in that respect. That was a slightly disappointing (though not unexpected) aspect of our inaugural meeting. All in all I think the meeting was useful and at least the process has now begun. I repeat that, in my opinion, the users of MH have a golden opportunity, right now, to exert a far greater influence on the way MH is run. And I'm not just talking about the day to day details but the overall structure, strategy and ethos of the organisation. If you believe that this is something worth achieving then I urge you, please, to continue supporting the MH Forum. Thanks. Joe Bicarregui.



**FABULOUS NEWS** We are delighted to announce that Jacqui Batterbee, who lives in the village, has agreed to become our Treasurer. She brings great experience and knowledge with her from running her accountancy business and we look forward to working with her.

AND SOME SAD NEWS Gillian is emigrating to Canada in early July and will be missed enormously by all who have worked with her. She was a founding member of the project, our Treasurer and my key support person. Gillian made it her business to build the veg box scheme and has done so brilliantly, giving those customers a great service. Goodbye and good luck, Gillian; you are much appreciated for all you have so generously given.

**THANK YOU** to those of you who came to our Open Day on 21<sup>st</sup> June. We hope you had a good tour, guessed the weight of the puppies and added some of your ideas to our future plans.

LOCAL PRODUCE We are so pleased with the lovely vegetables being grown for us by Laura at Tregillis Organic Farm nr South Petherwin. An experienced horticulturist, she is bringing weekly deliveries of salad leaves, lettuce, mange tout, kohl rabi and whatever else she has ready. The quality and freshness is unbeatable and a great back-up to what we contribute to the boxes. At the moment we are on our 2<sup>nd</sup> flush of broad beans, with peas and French beans coming through soon and courgettes and tomatoes not far behind.

**VOLUNTEERING** We are always keen to welcome new volunteers; there's certainly plenty to do. We meet every Weds 10 a.m.— 2pm, have a great time together and get fit too. Lunch provided.

**VEG BOX SCHEME** To enjoy fabulous fresh local fruit and veg, order your veg box now:

Box Prices are: £7.50 for 1 /2 people, £10 for 3/4 people, £15 large family box and the very popular £5 fruit bag.

We also supply organic wholefoods and have a stall at the monthly Farmers Market.

The Growing Project CIC is a Community Interest Company producing organic fruit and vegetables. We have opened the growing space at Kenwyn to the community and welcome volunteers for all sorts of jobs.

Contact Ruth Wilson 01579 363684/ 07853 244934

thegrowingproject@orangehome.co.uk www.thegrowingproject.org.uk

#### Pensilva W.I. report

There was a lovely smell of aromas at our meeting on 11th June when Dr. Tony Curtis, a lecturer and expert in aromas gave us a talk. He said he would change our view of life for ever. Perfumes are more than just a nice smell. They appeal to our senses as well as our brains. Our brains have many pathways that remember smells good and bad. People without a sense of smell often get depressed because they cannot smell the food that they are eating so they do not get the same satisfaction from their food. Not everyone smells aromas the same. We also smell with our eyes and if we see something red we think it smells of fruit.

We smell with all of our senses and we all smell differently. Dr. Curtis then passed around sticks impregnated with perfume for us to smell and to try to identify. He finished off his unusual and interesting talk by saying that the best perfume is what works for you.

Flower of the month was won by Francis Tucker, 2nd Mary Gilbert, 3rd Jean Hoare. The competition was won by Verna Dawe, 2nd Elsie Borsby, 3rd Francis Tucker. The next meeting on 9thJuly at 8pm: Nick Bacon will talk about Garden Medicine. Visitors are welcome.

#### **Pensilva Post Office**



Located through the Café on the 1<sup>st</sup> floor of Millennium House the opening times are:

Tuesday - 9am to 1pm

Wednesday - 9m to 12 noon

Friday - 9am to 12 noon

# Community Lunch



# Sunday 6th July 2014 12pm for 12.30pm 3 Course Lunch Inclusive of Tea and Coffee

Adults £7.95p
Children Under 12 £4.95p

Bookings required Call Graham or Charmayne



Millennium House Century Square Princess Street Pensilva Nr Liskeard Cornwall PL15 4NF



Hi all!

It's been a while since I have written an update on any Park Project matters, but we have some exciting news! We have just been awarded £20,000 from Viridor Credits! This is a fantastic achievement and is thanks to the brilliant efforts of Helen Tubby and Vicki Payne.

This means we are now in a position to move forward with putting a fence around the play park along with a path suitable for pushchairs, wheelchairs and young children with scooters etc.

We have also just placed an order for 2 more bins and 2 picnic benches (1 of which has been very kindly donated by Pensilva Pre-School!) Thanks to Di Scott for her work on this.

At present, we plan for the work to be carried out in September as the park will need to be closed for 1 week. This is to make sure that there is no disruption to the park and recreation field during Gala week and the school holidays.

Unfortunately, it is with disappointment that I have to inform you that the children's train has been damaged. This has had an impact on the younger children's enjoyment and our finances as we need to replace some parts. Please could I encourage you all to talk to your children/teenagers as this will not be tolerated and any future vandalism will be reported to the police.

Please can I also remind you that dogs are not allowed in the park or the adjacent recreation field.

However, on the whole, the park is being greatly used and enjoyed by our children. We have received so much positive feedback from families from other towns and villages that our park is brilliant and many return time and again to enjoy it!

Thanks again for the ongoing efforts made by the Pensilva Park Project committee members. My reports in the Pump may have been absent lately but the hard work has continued!

Thank you all. You know who you are!!

**Best Wishes** 

Clare Lambert, Chairperson

#### From St Ive Parish Council...

We are disappointed to hear about antisocial behaviour and damage to a piece of equipment in Pensilva play park. This equipment is for the community to use. As a community please report any antisocial behaviour.



#### **Pensilva Youth Projects**

Registered charity No. 1157352

# Disco @Millennium House 1st August, 7pm till late.

- Dry bar and snacks.
- £2 entry fee for youth club funds.
- We will be celebrating gaining charity status and also the hard work our young people put into studying for their exams.

Young people attending must be 11 or over and either in secondary school or year 7 going into year 8.

#### Pensilva Women's Institute Horticultural Show Millennium House, Saturday 13th September from 2:15pm

This enjoyable event is open for all to enter and is arranged by members of Pensilva's Women's Institute. Schedules are now available for collection from Millennium House with entries from vegetables and fruits to pot plants and flowers, cookery, handicrafts and photography. There are sections for adults and children.

The show will be opened and prizes presented by Stephanie McWilliam, Cornwall Councillor. You can also enjoy a cream tea and produce is available for sale after the show and you could have a chance to win a raffle prize. We hope you will be able to join us!



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#### ANY UNWANTED DVD'S, CD'S AND GAMES

WE CAN TURN THEM INTO CASH FOR PENSILVA PRIMARY SCHOOL FUNDS.
PLEASE GIVE ANY UNWANTED ITEMS INTO SCHOOL RECEPTION OR MILLENNIUM HOUSE RECEPTION.

FOR MORE INFORMATION PLEASE CONTACT PENSILVA PRIMARY SCHOOL ON **01579 362546** 

#### \*\*\* COVER STORY \*\*\*

# FUNDRAISING FOR PENSILVA SCHOOL SWIMMING POOL

The front cover picture is of Jill Harris dressed as a banana, on the 2nd day of her amazing fundraising effort! As advised last month, she wore 14 different costumes, all day, on 14 different days, raising over £1,300 (so far). A fantastic effort! Thanks to everyone who contributed. Further donations can be made via the school secretary.



The elephant who chose the picture for this month's cover said "It was very close with many great entries. I definitely thought maybe the elephant might possibly win it, but the banana produced the goods when it mattered and was best on the day."









Please come along and join us in celebrating 100 years since the school was opened!

Have you worked there in the past or been a pupil? Or are you thinking of sending your children to Pensilva School and would like to have a look around? Everyone is welcome.

The money raised on the day goes to the PSA and directly benefits the children.

#### FREE DISCOS & TEA PARTY

The Neighbourhood Development Plan Working Group are hosting free events as part of our community engagement plan for our survey. All you have to do is bring along your completed survey to the Millennium House event or complete one at the door.

For the over 18s the free disco with bar is from 7pm on Saturday 5<sup>th</sup> July. For the under 18s the free disco with dry bar is from 6pm on Saturday 12<sup>th</sup> July.

For those who don't like discos the free tea party with cake is from 3pm to 5pm Monday 14<sup>th</sup> July. (Maximum 30 people)

Contact Councillor Martin Corney for further details.

#### **Upcoming Quizzes in** Millennium House



Tuesday August 5<sup>th</sup> 7:30 pm (Gala Week)

Organised by and raising funds for All Being Well



#### THIRD LIGHT



A NEW PLAY BY THE TEAM THAT BROUGHT YOU GONAMENA

SET IN THE ONLY CORNISH COMMUNITY WHOSE MEN ALL CAME HOME AFTER THE FIRST WORLD WAR, THIRD LIGHT FOLLOWS THE FORTUNES OF THOSE WHO WALKED THROUGH THE CONFLICT AS THOUSANDS FELL AROUND THEM

CONCEIVED AND WRITTEN BY SIMON PARKER (GONAMENA) THIRD LIGHT IS DIRECTED BY NICOLA ROSEWARNE (KNEEHIGH, WILDWORKS) AND CHOREOGRAPHED BY BENJAMIN DUNKS (ATTIK DANCE)

WITH MUSICAL DIRECTION BY CHRIS SPREADBURY AND ST PINNOCK BRASS BAND, THIRD LIGHT IS A TOTAL THEATRE PRODUCTION FUSING DRAMA, CONTEMPORARY DANCE, LIVE MUSIC AND A CAST OF COMMUNITY PERFORMERS

THIRD LIGHT IS SUPPORTED BY





STERTS JULY 8-12 7.30PM TICKETS £10 £8 £6 BOOKING 01579 362382

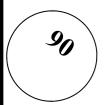


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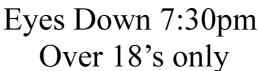
#### **Monthly**



**20** 



Millennium House **Tuesday 8th July** 





# **CASH PRIZES**

88 **Next session Tuesday 12th August** 



# **Badminton?**

Come and join our relaxed and friendly group at Pensilva

Millennium House

Mon & Tue 7.30 - 9.30pm Friday 8.00 - 10.00pm

For further info phone Nigel or Carol on 01579 363594 or 07885 798370

# All Being Well

Your local, friendly gym.

Almost 15 years working in our local community to improve health, fitness and well being.

or drop in to see us at
Millennium House, Pensilva.

**Opening hours:** 

Mon/Wed/Fri 10.00 to 3.00

and 5.00 to 9.00

Tues/Thur 9.00 to 1.00

Saturday 10.00 to 1.00

#### 2ND SAT MONTHLY 9.30 - 12.30

# PENSILVA FARMERS MARKET

Millennium House

#### FRESH LOCAL PRODUCE

- Meat
- Bakery
- Vegetables

#### **CRAFTS**

- Quilts
- Cushions
- Embroidery
- Greeting Cards



#### **MOBILE LIBRARY**

The County Mobile Library visits

Pensilva **every other TUESDAY** afternoon

3.50 - 4.05pm Victoria Inn

4.10 - 4.20pm Village Hall Car Park

4.25 - 4.45pm Glen Park



#### Come and join us for fun and play at

# Tiny Tots Baby and Toddler Group



# Thursdays 9.15am to 11.15am at Pensilva Village Hall

£1.50 per child

Babies under 6 months and additional children 50p Includes snack, activity and hot drink for parent/carer Contact Cathy for further details 01579 363376

# St Ive Institute & Village Hall

Every Wednesday 10.30 am until 12 noon Coffee Morning

Every Wednesday 10.30 am until 11.30 am Travelling Post Office

1st Monday at 7.30 pm St Ive Gardening Club

#### Pensilva Wednesday Club

Meet in Pensilva Village Hall at 2.30 pm Alternate Wednesdays

Wed 9th July Mr Robin Wotton
Rilla Mill "Looking Back"

Wed 23rd July Rev Keith Lanyon-Jones Failure is good for us. (Bring & Buy)

ALL SENIOR CITIZENS
WELCOME TO JOIN THE
WEDNESDAY CLUB

# Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for May 2014

1st No. 165 2nd No. 78 3rd No. 31 Mr I Lieper Mrs M. Green Mr D Welch

#### Thank you for your support

#### **PENSILVA VILLAGE HALL**

Pensilva Village Hall no longer collects paper for recycling as Cornwall Council has decided to stop paying recycling/re-use credits to any charities. The Village Hall committee would like to thank everybody for their donations over the years that we have been collecting paper. Over the last few years you have helped us raise an average of £370 a year.

Anyone wishing to book the hall for meetings, birthday parties or fund raisers please contact Peter or Jackie Browning on:

01579 363212 or email peter@pensilva.freeserve.co.uk

Please note that in addition to hall rent there is a coin meter for heating at 40p per hour

Organisations that meet in Pensilva Village Hall						
<b>Meeting Times</b>	Organisation	<b>Contact Person</b>	Telephone			
Mon. 1:00 - 3:00	Breath of Air	Pauline	01579 345989			
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239			
AlternateWed. 2:30 - 4:00	Wednesday Club	Miss June Mills	01579 362407			
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091			
Thu. 9:15 -11:15	Tiny Tots Baby &Toddler	Cathy	01579 363376			
Thu. 1.00 - 3:30 Art Class		Yvette Wiltshire	01579 362492 07886 343621			
Thu. 7.00—8.00	Beavers and Cubs	Kathleen Hocking	01579 363686			
Fri. 1:00 - 3:00	MIMS (light exercise)	Mike	01579 343702			
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091			
Fri. 6:00 - 8:00	6:00 - 8:00 Guides		01579 363228			

#### Car share request.

Is there anyone that leaves between 7-8am from Pensilva to go Liskeard direction? I've just started work after being unemployed for nearly 4 years. Was using 6.45am bus to Liskeard but Western Greyhound have cut this service. Willing to pay towards fuel. Contact Tony 01579 362119

#### LISKEARD SHOW

at Merrymeet SATURDAY 12th JULY from 8am

- Blazing Saddles Team Horses Cattle Sheep
  - Donkeys
     Dog Show
     Shopping Arcade
    - Pet's CornerLive Music

#### A GREAT FAMILY DAY OUT

Adults £9 Children £4 Under 5's Free Family Ticket £20

More details: 01579 383443 www.liskeardshow.org

Registered Charity No. 287130

Zuethiock Horticultural Show 2014

Saturday July 19th from 2pm at Zuethiock Village
Pavilion & School playing Field

Adults L2 Children L1

Evening BB2, Bar & 1950s Disco 7 - 11 pm

A great day out for all the family

Schedules available from Gill Kent 01579 346643

There will be 5 gardens open in Trehunist (PL14 3SD) to benefit St. Luke's Hospice on Sunday, the 27th of July from 11am to 4pm. In addition to touring the gardens, visitors will be able to enjoy live music and purchase coffee, tea, cakes, barbecue, plants and preserves. Admission is 5 pounds per person and all proceeds will go to benefit St. Luke's Hospice. We hope you will come along and enjoy a beautiful day out. Trehunist is located between Quethiock and Blunts.

# Callington Music Festival

# A FREE three day event from

# July 11 to July 13 2014

Musicians wishing to perform get in touch to book a slot COMPLETELY FREE OF CHARGE.

As a community event the festival would also welcome volunteers to help with the lead-up and at the event itself.

Contact Ruth Adlington-Wood on rooadwood@gmail.com



rial Hall.

#### ST CLEER PARISH CARNIVAL EVENTS SATURDAY 12th TO SUNDAY 20th JULY 2014

14th - Monday - Children's Drawing Competition, at the Stag Inn, Fore Street, St Cleer, at 6.30pm. Judge: Patrick Gamble (local artist). 15<sup>th</sup> - Tuesday - Treasure Hunt, for the whole family, 6pm from Memorial Hall to the Stag Inn. Devised by Brian Seage. Approx. 1 hour. Judging 7pm. 16<sup>th</sup> - Wednesday - Furry Dance. Assemble at the Stag Inn, Fore Street, PL14 5DA at 6pm. Parade 6.15pm ends at the Memorial Hall 6.35pm. Followed by (free) children's disco at the hall from 6.30 to 7.30pm. Followed by Carnival Bingo Night at the Memorial Hall, Well Street, St Cleer, eyes down at 8pm. Snacks/soft drinks available. (BYOB if you wish) 17th - Thursday - Quiz Night at the Stag. Quiz Mistress Sara will start at 8pm. £2.00 per person / 4 per team. Raffle and more. 19<sup>th</sup> - Saturday - St Cleer Parish Carnival at the Sportsfield (PL14 6EE) from noon: DJ John and live bands. Vintage cars & bikes, bouncy castle, hoop-la, etc Table top, toys & car boot sales. BBQ, teas, snacks, bar, ices. Messy Church children's make and create corner and face painting. 20<sup>th</sup> - Sunday - at the Sports Field (PL14 6EE) 10.30am for tea & coffee, Car-

nival Celebration at 11am, followed by a family picnic and organized games 'til around 4pm. In the event of really bad weather to be held at the Memo-Enquiries susanne.penfold@btinternet.com

#### PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group (Contact Ann Wood 01579 364085).

If you would like to talk to one of us you can contact us directly or through the Health Centre.

# PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our group. Tea, coffee, biscuits and plenty of friendly chat.

Every 2nd Tuesday of the month 1:30 to 3:30. Enter by Health Centre side door.

Jean Conner 01 579 363 221 or 07 899 694 670

#### FRIENDS OF PENSILVA HEALTH CENTRE

Our sincere thanks and appreciation to everyone for their support and generosity in making such a success of the Coffee Morning held at Taormina, Pensilva on Friday 23rd May 2014.

The sum of £285 was raised and will be used to purchase equipment required at the Health Centre which, in turn, will be of benefit to the patients.

#### Survived a brain injury / stroke?

Headway Cornwall-the brain injury association will be offering a monthly support & advice service, activities to

include massage, exercise, arts crafts and cognitive games.

At Millennium Centre, Pensilva every 2nd Tuesday of the month between 10am & 4pm.



Drop in for a chat and a cuppa For more information call Frances or Debbie on

01208 873567 or 07715336853





#### Due to funding issues the Hearing Aid Maintenance dropin clinic service at Millennium House has been reduced.



After May 2014 the service will operate quarterly on the following dates:

Wednesday 6th August 2014, 10.00am to 12:30pm

Wednesday 5th November 2014 10.00am to 12:30pm

Wednesday 4th February 2014 10.00am to 12:30pm

#### Other local drop-in services:

2nd Thursday of every month, 2.00-4:30pm at Oak Tree Surgery, Liskeard.

2nd Friday of every month, 2.00-4:30pm at Launceston Medical Centre.

4th Thursday of every month, 10.00-12noon, at Chatlink, Old School House, Torpoint.

2nd Tuesday of every month, 1.00-3.00pm, Saltash Library.

For further information contact Karen Squire;

Regional Information Officer Karen.squire@hearingloss.org.uk 01752 228657

Action on Hearing Loss is the trading name of The Royal National Institute for Deaf People. A registered charity in England and Wales (207720) and Scotland (SC038926) A0044/0511

#### CARADON MOVEMENT IN MOTION SOCIETY

That time has arrived again for a catch up from M.I.M.S.

By the time you are reading this newsletter the group will have celebrated their anniversary and been up and running for twelve months.

The group first met on Friday 21st June 2013 at the Victoria Inn and decided to set up a group for some exercises and gossip. The first meeting was held a week later at the village hall and we have had a very successful 12 months expanding from the first 12 members to 21 members, also enjoying some hilarious meetings with lots of fun and laughter. There have also been some very enjoyable social gatherings and meals at various venues with most of the members attending. The group welcomes all our new members and will welcome any that would like to come along and give us a try. You will find us in the village hall every Friday between 1.00pm and 3.00 pm so come along if you would like to do some light exercise and have a laugh at the same time.

Here's hoping for many more years of fun and laughter.

Once again congratulations to all the members for making it a very successful year.

Henry Woods (secretary) 01579 362479

# All Being Well - Monthly Newsletter

Tel: 01579 363890

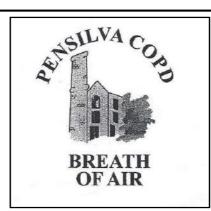
This big news this month is that we have submitted our application to Awards for All (National Lottery) for funding to replace our two treadmills and two cross-trainers and for a new upper-body trainer that is suitable for wheelchair users (and others with mobility problems). This new machine will supplement the Uppertone machine that we have already for wheelchair users, enabling them to combine fitness and strength work. We said goodbye to Ross Trathen this month. Ross has worked the Wednesday evening shift for a couple of years now and is leaving us due to his study commitments. He leaves with our thanks and our sincere best wishes for the future. At the time of writing we are talking to a couple of young men about joining our small but dedicated team.

Thanks to those who attended the June Quiz which was most enjoyable and raised £45 for gym funds.

Meanwhile things continue as normal at the gym., though the beautiful weather is not necessarily good for attendances.

Until next month ... keep well.

NHS registered with support from local Doctors



First session is FREE!

We meet every Monday 12.30 to 2.30pm at Pensilva Village Hall

We are people with long term conditions

Everyone is welcome. Come along for some fun, a cup of tea and

Everyone is welcome. Come along for some fun, a cup of tea and biscuits, with a social, light exercise group.

Instead of sitting at home come and meet us for some company.



The co-operative

More information from Pauline **01579 345989** or Fred **01566 775460** 

#### Liskeard Relay For Life

This year's 24 hour team walk ended on the Sunday at midday having raised a total of over £22,600 for Cancer Research UK. An incredible amount raised by the fabulous people who participate in this local event (the only one in Cornwall for the last 2 years) on the day, and for all those fund raising events organised and supported before the big weekend.

The weather was wet - really, really wet, for the most part and it was no mean feat for the walkers to keep their spirits high and carry on regardless.

Everyone's support, no matter how big or small made the difference, and it is all greatly appreciated.

We look forward to seeing you next year – in the sun!

#### Thank you

Our final total will be known on July 13<sup>th</sup> so if there are any outstanding donations to be made please contact Alex on 07985387472

Cornwall Improving the lives of visually impaired people

#### **Struggling with Sight Loss?**

Cornwall Blind Association offers emotional and practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids
Access Technology: Advice on products
Benefits Advice: Assistance to claim entitlements
Equipment Demonstration: Advice on gadgets
Audio Books: Information on books and equipment
Talking Support: Telephone befriending scheme
Counselling: For those affected by sight loss

**Transport:** Subsidised travel for some activities

Social Clubs and Activities: Links to clubs and activities across the county For more details Telephone 01872 261110 or visit www.cornwallblind.org.uk

Registered charity number 1108761



You can now donate locally in St Johns Church Pensilva. Thursdays 10.00am - 11.15

Dank Dry or tinned food only, please

Please note new collection times



#### St Ive Church

#### Services at 11:15am Every Sunday

July 6th Holy Communion

July 13th Family Service Small pets welcome

July 20th Holy Communion - Lunch follows this service

July 27th Morning Service

#### **Other July Events**

Every Sunday, Cream Teas in the Church 2:30 - 5pm

Fri 4th Home Produce & Bric-a brac with Lunch & Coffee 10:30 -1pm

Home Made Cakes, Fresh Veg, Local Made Pasties, Pickles, Jams & much more.

Sun 13th Lunch in the Church, all welcome, 12:45pm, only £7

Reverend Margot Davies 01579 208698 email margottaj@tiscali.co.uk

<u>Church Wardens</u>: Brian Dwelly **01579 364010** (btdwelly@aol.com)

Paddy Long 01579 364006

Please tell the Priest or Churchwardens of anyone requiring a home or hospital visit

#### St Ive Methodist Church

#### Services for July 2014

Sunday 6th July 11:00am Rev Peter Stephens

6:00pm Miss Heather Blacker

Sunday 13th July 11:00am Mr Bernard Melling

5:00pm Pizza & Praise at St Ive

Sunday 20th July 11:00am Mrs Delarre Irving

6:00pm Local Arrangement

Sunday 27th July 11.00am Rev Tom Osborne with Communion

6.00pm Rev Jane Willcock

"Knit and Natter" craft group will meet at 2pm on Thurs 3rd, 17th and 31st.

"Chattermakers" craft group will meet at 7:30pm on Thurs 10th and 24th.

Bible Study Group: will meet at 3pm on Thursday 10th July.

Any queries on any of the above ring Keith or Kathryn on 01579 382334.

#### ST JOHN'S CHURCH, PENSILVA

#### Services for July 2014

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

9.30 am	Anglican Benefice Eucharist at St Cleer
11 am	Mr Norman Rowe
11am	Anglican led Holy Communion Service
5 pm	Pizza and Praise St. Ive Methodist Church
11 am	Lay-led Cafe Church
11 am	Mr. David Wenmouth
	11 am 11am 5 pm 11 am

**Pizza and Praise** on Sunday 13<sup>th</sup> is an informal worship for busy families, with a bite to eat before we leave. All are welcome to come and join in.

Every Thursday at 10 am there is a short **Holy Communion** service. A **coffee morning** is held afterwards, open to all.

**Strawberry Tea** on Friday 4th July, 3pm at St. John's Church for Global Family Mission, Bring and Buy. Everyone very welcome.

**Christian Aid.** Thank you very much to those who supported Christian Aid this year. £350 was raised in Pensilva from collections at Pensilva Stores, the envelopes and the walk and pasty supper evening.

**Prayer Group** will meet Tuesday 1st, Friday 18th and Friday 29th July, 3.30pm at 7 Lower Wesley Terrace. Please ring Rev Keith on 343240 or Rev Kev. on 363336 if you would like prayer for yourself or someone else.

**Fellowship** Friday 11th and 25<sup>th</sup> June at 7.30pm in the Church. Please do feel free to come along to this friendly group. Further info from Geoff or Carolyn on 362698.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact: Geoff Cox - 362698, Maria Parker - 362098, Frances Tucker - 363718

**Garden Party** at Mill Lawn Cottage from 2-4pm on Saturday 12th July raising money for church funds. All are welcome. Call Doreen on 01579 362198 for directions if you don't know the way.

The **Memory Cafe** will be on Thursday 24th July, 2-4pm. No special activity planned at present but feel free to bring along some things from the past that will spark memories in others. If you would like to know any more please ring Carolyn on **362698**.



#### Computer Tamer

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No callout fee for a local visit, just a reasonable hourly rate.

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#### **FIT PAWS**



Dog walking and/or home boarding.

Home visits for feeding and toileting also available.

£ 5.00 per half hour for feeding, toileting and/or walking.

£10.00 per day for home boarding with food included

Telephone Sarah: **01579 363385** or **07715582135** 

Email: info@fit-paws.co.uk

#### 9 HOMES FOR RENT & 9 HOMES FOR SALE FOR LOCAL PEOPLE

CORNWALL RURAL HOUSING ASSOCIATION LIMITED IS CONSTRUCTING 18 HOUSES IN MENHENIOT, LISKEARD

IF YOU ARE
INTERESTED IN RENTING OR PURCHASING A PROPERTY WE WILL BE HOLDING AN

INFORMATION EVENT ON TUESDAY 22 JULY 2014, 2PM - 7PM AT THE PARISH HALL, MENHENIOT

CORNWALL RURAL HOUSING ASSOCIATION LIMITED 1 DREASON BARNS, BODMIN ROAD, BODMIN, CORNWALL, PL30 4BG

Tel: 01208 264530 Email: info@crha.org.uk Website: www.crha.org.uk

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Anything Else??
Give Graham A Call On

#### Manor House Care Home



Specialists in Dementia Care

Permanent, respite and day care available

Please call for further information

01579 343 534

Email: manorhouse.tremar@yahoo.co.uk Website: www.manorhousecare.co.uk



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07968 599 675 01579 362 945

info@mccarthypropertymaintenance.co.uk

www.mccarthypropertymaintenance.co.uk

#### **VISIT CALLINGTON**

A Fair Trade Town
Whether you need white goods or carpets for your home,
or need to mark a special occasion, with a gift or card,
you can find it in Callington. From a light bite in a tea room or
Cornish Pasties to take away to dinner in a restaurant.
From antiques and curios, bicycles and D.I.Y. to bridal wear.
A great choice of independent specialist shops.
There is so much more - Visit to see for yourself

**Callington Traders Association** 



#### SHOP LOCAL AND KEEP CALM



## **Have You Made Your Will?**

Make Your Will (or update your old Will) in the privacy and comfort of your own home at a time to suit you.

Lasting Power of Attorney: *Property Trusts*Childrens Trusts: Executor Support/Probate

Help Protect Your Home From Care Fees

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Or email: donmadden@btinternet.com www.justwillsandlegalservices.co.uk

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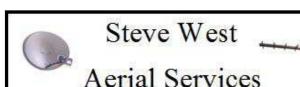
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#### CORNWALL PET SERVICES

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Situation: Between Liskeard and Callington

- Home Boarding for Dogs safe home environment, off-road walking
- House calls to suit your family pets
- Dog walking
- Fully insured
- Police Checked

**Chris Day** Birchill Quethiock **Liskeard Cornwall PL14 3SQ** Tel 01579 340438

Email – cornwallpetservices@gmail.com www.cornwallpetservices.wix.com

#### J. H. Simmons

Painting & Decorating



Interior & Exterior



#### No Job Too Small

References Available

For more information Please call John 01579 362688

7 East Park, Pensilva



#### **FERN LODGE**

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- Individual care and attention
- All diets cared for
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- Quiet rural setting
- Dog Training
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Come and visit our on site pet shop
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FREE delivery service inside the parish!

Tel: 01579 363030 Golberdon Road, Pensilva

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Email: enquiries@calming-hands.co.uk
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Federation

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## **Looking for Bookkeeping Assistance?**

Interested in an online accounting solution designed specifically for UK start-ups, small businesses, freelancers and sole traders?

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## RMK Bookkeeping Services

Manual & Computerised Bookkeeping Support Licensed and Regulated by the Institute of Certified Bookkeepers



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# Cartwheels Craft Centre

Penhawger Farm, Merrymeet, Liskeard, PL14 3LW

Art & craft workshops in a rural and inspirational setting

'Book covers w/ free machinery embroidery or applique' 5<sup>th</sup> July 10-4pm £28 'Own Project Day' 26<sup>th</sup> July 10am – 4pm £9

'Introduction to Willow Work' 2<sup>nd</sup> August 10am – 4pm £35

'Patchwork Boxes' 16<sup>th</sup> August 10am – 4pm £35

'Applique Panel Bag' 23<sup>rd</sup> August 10am – 4pm £28

'Redwork' 30<sup>th</sup> August 10am – 4pm £28

Our fortnightly Monday evening Patchwork and Quilting group will continue throughout the summer and currently has a couple of spaces.

We will be starting a new art class in September on Wednesday mornings, please look at the website for details. Our watercolour Wednesday evening class will take a short break over the summer but will continue again in September. Spaces currently available.

For more info call 01579 343675 or view www.cartwheelscraftcentre.co.uk



#### Kilmar House Residential Care Home

We pride ourselves on being different! 01579 343066

Kilmar House is the smallest elderly residential home in Liskeard and the personal touch really shows. Each resident is treated as an individual who is free to spend their days as they

wish. We have no rigid routine or schedule that you need to fit into, you tell us your schedule and that is what we work towards!



We may be the smallest home but have a very large house with lots of rooms for residents to spend their time how they wish. We have all the required facilities and activities to make your stay very comfortable as well as a large and productive garden to enjoy.

Please come and visit our beautiful Jacobean home which has been lovingly restored and maintained. You do not need to make an appointment to come and look around, we will always be pleased to

welcome you.

We are pleased to offer permanent placements in some of our most beautiful rooms, some with en-suite facilities as well as respite and day care to whatever suits your needs.

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10% discount for 12 months - (£6.75 / £5.63 per month)

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#### **BAR OPENING HOURS**

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Home-cooked food served Tue to Sun 12-2 and 6-9 Delicious Sunday Roast 12-2: £7.00 adult, £4.95 smaller/child

Free WiFi, Pool tables, Dart boards, Games, Live Music

## WHAT'S ON THIS MONTH FRI JULY 18th LIVE MUSIC WORLD CUP 2014

Check out our website for full details <a href="www.manorhouserilla.co.uk">www.manorhouserilla.co.uk</a> als& like & follow us on **Facebook** for the latest events & offers

#### The **co-operative** personal travel advisors



Let me introduce myself, **Tamsin Gladwell**. With 10 years travel industry experience, I run my own business through The Co-operative Personal **Travel Advisors.** I would love to assist you with any travel arrangements.

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No need to spend time on endless phone calls or searching the internet. Fully equipped with the latest travel technology, I will do the all the hard work, saving you time and tailoring your travel requirements to suit you.

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- **Lots more** ... I'll use my contacts and expertise to find exactly what you want!

Tamsin Gladwell 01579 345873 in or out of office hours.

tamsin.gladwell@co-operativetravelpta.co.uk

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### wheal tor

eat drink sleep

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Wheal tor is situated at the top of Pensilva, on the left hand side as you drive towards Upton Cross from Liskeard. Tel. **01579 363401**.



### Victoria Inn



The Cross, Pensilva, PL14 5NB Tel. 01579 363933

## Charles & Vicky would like to welcome you to the Victoria Inn.





Good beer and ales Pool Table and Sky TV Open from 12.00 Daily







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#### Pensilva Stores

## Premier a great deal more from your local store

#### **Shop Local For All**

#### Sunday 8:00 AM. - 9:30 PM.

Mon-Sat. 7:00 AM. - 9:30 PM.

#### **Your Local Need**

- Fantastic Special Offers every month!!! (See store leaflets)
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New in Store - Local Meat from Local Butcher, Fresh Home made Bakery

Local Hand made butter and Clotted Cream, Yum!!

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#### "I've lots of life in me yet, so why should I bother with Power of Attorney?"

Mental and physical incapacity can hit at any time, which is why it is strongly recommended that we plan ahead to ease the potential burden on loved ones.

We all know that we should write a will, but too few of us know we should also consider something called Lasting Power of Attorney (LPA).

By 2025, more than 1 million people in the UK will have dementia, according to the Alzheimer's Society. One in five people over 85 already suffers from it, with rates significantly higher among women than men. Handling your financial affairs becomes virtually impossible.

An LPA gives somebody you love and trust the legal authority to look after specific aspects of your financial affairs or health and welfare should you lose the capacity to do so. It's not just for the elderly; younger people may become incapacitated at any time through accident or illness.

If you do not have an LPA in place and later become mentally incapacitated, relatives may face long delays and expense in applying to the court of protection to get access and take control of your assets and finances. An LPA is significantly quicker and cheaper.

LPAs are designed to be recognised by financial institutions, hospitals, care homes and local authorities, as well as tax, benefits and pension authorities. They are legal documents that can be set up relatively cheaply. You may consider having one alongside your Will, the LPA to take effect during life and the Will to take over at the time of death.

Have you written a Will?

Have you appointed Lasting Power of Attorney?

Have you protected your property by placing it in a Trust?

Do you have a pre-paid funeral plan?

Would equity release be of benefit or consideration?



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1<sup>st</sup> AUGUST DARTMOOR ZOO

3<sup>rd</sup> AUGUST GATCOMBE FESTIVAL OF BRITISH EVENTING

13<sup>th</sup> AUGUST BRITISH FIREWORK CHAMPIONSHIPS PLYMOUTH

30-31 AUG BLANDFORD STEAM FAIR

5-7<sup>th</sup> SEPT BURGHLEY HORSE TRIALS 3 DAYS HALF BOARD

9<sup>th</sup> SEPT WIDECOMBE FAIR

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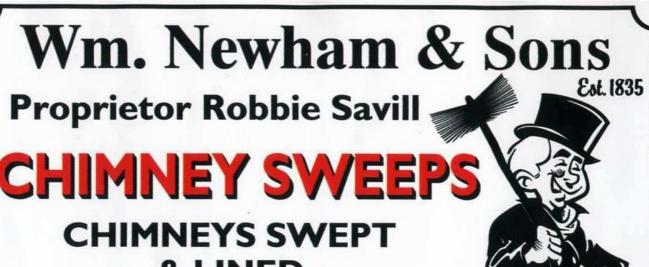






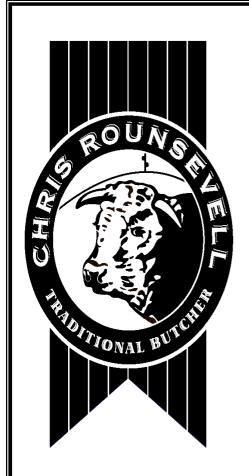
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## Bargain Corner Free Ads up to £50

Ads are free for items up to £50. There is a £5 charge for items over £50. Please contact the Parish Office on **01579 363096** or leave a note at Millennium House reception or email **parishpump@btconnect.com**. **Please let us know when your item has sold.** 

#### **WANTED - Electric Treadmill.**

Preferably with incline but will view any.

Call Una on 07855 689403

#### **Greenhouse Glass**

2ft x 2 ft x 10 sheets
2ft x 1ft 6ins x 12 sheets
Plus 2ft x various lengths
£5 the lot
01579 362581.

Hoover **fridge freezer** 500ml - **£20**AEG under-counter **freezer** 600ml - **£20**Surplus to req's due to refurbishment.
Mrs Phillips **01579 389070**.

#### Le Creuset cast iron ribbed frying pan.

Pale blue 10" x 10" square. Used once. £30 (cost £78)

Two 7" solid flat base stainless steel saucepans with lids, "BEKA" Germany.

£25 the pair Phone **01579 363626** (Rilla Mill)

Le Touch 4 port **USB Wall Charger** 100-240 Volts. Complete with 4 world wide socket adapters. Will charge iPads and MP3 players. **£10.** 

Hilka advanced digital multimeter with own case and stand. Hardly used. £10.

01579 362066

#### Two Cane conservatory chairs Good condition £40 the pair

Ladies Bicycle 26 inch wheels £20 01579 363573

Leather Office Chair
Excellent condition £40 ono
01579 346982

Fridgemaster Larder Fridge £30 01579 364086

Quality White Ceramic Toilet & Cistern
Complete with handle, flush etc. £40
White Ceramic Slim Line Hand Basin
complete with Chrome Taps £25
Paint:

Crown Quick DrySatin White 750ml £5
Dulux Magic White Silk 4 Ltr £10
Dulux Sea Blue 2.5ltr £10
1929 Adam Cream 4Ltr £10
01579 363497

Tummy Trimmer £10 Air Strider £10

Roll Tummy exerciser £8 ono
White bidet brand new with taps £45
Saddle, very comfy "wide" fitting £49
Stirrups / Stirrup leathers £8
Various tack, haynets, bits,
martingales, numnahs & more - Offers
Suitcase full of dolls / dolls clothes £10
Kodak Easyshare photoviewer digital
picture frame. New. £25

Call Pat on **01579 362959** 

## Bargain Corner Free Ads up to £50

Expanding dining room table, 4 chairs and 2 carvers. £50 01579 362064

Good quality 2-seater **Cane Settee** big squash terracotta cushions, bought from local furniture store. VGC and clean. £40 2 cane chairs to match the above. vgc. £40 the pair

Local **01579** 363997

3 city scene **lampshades**, 1 ceiling & 2 table. Metallic silver in colour. £10

Complete set of Avon Sarah and Theodore **Loveable Teddies**ornaments. 13 in total, 1 musical. £4 each or £40 the lot. 07971 253766

Two white-faced chipboard **teenager desks** in reasonable condition - approx size 1080mm x 500mm x 690mm (42" x 20" x 27") each complete with 3 drawers & 3 shelves. **£10 each or £15 the pair**.

One 210 litre (46 gallon) Sankey Green plastic **Water Butt** with tap; no top. **£5.00** 

01579 208519.

Child's High Chair - Wood £8.00 01579 362643

3-tier **Chinchilla cage**. Good condition. **£30** o.n.o.

Medium-sized **Bird cage** and stand suitable for budgie / canaries. £10

01579 363753 beth.hicks@btinternet.com Two single wardrobes and chest of drawers in dark wood colour. Good condition. Must be able to collect. £30

01579 384287

Pair of Curtains - 52"H x 53" W
With matching pelmets.
Thick cotton - mostly shades of green
£15

Pair of Curtains - Drop 54" x 66" wide With matching pelmets.

Cream w/ occasional bunches of flowers £15

Double size sheet with mattress frill 11" deep. Cotton and polyester - yellow £8

01579 362643

Metal cabin bed with new, still boxed, desk and chair to go underneath.

Good condition. £50 ono.

Small fish tank w/ gravel and log. £5.00

Home phone - binatone, with power cables and manual. £5.00

01579 383361.

VAX mojo 111 1200 small cylinder vacuum cleaner, with hose, attachment & spare bags. In good condition. £15

Hoover 2000W upright vacuum cleaner with power edge cleaning, in good clean working order. £35.

01579 363642

Black **Playstation 2** (slim) and controller Good condition,
All power cables included £15
01579 383134

## Bargain Comer Free Ads up to £50

Electric fire, coal effect, brass front, wood mantle surround £40.

Winnie the Pooh **highchair** converts to table & chair. Wood frame, upholstered £25

BABYLISS shiatsu **bath spa** (new - boxed) **£20** 

NO7 facial spa centre (new-boxed) £20 HOMEDICS full body massage mat (boxed) was £50 - accept £25

Kids snakes and ladders playmat £5.00 new (still sealed)

Kids pink hopscotch **playmat**, **£5.00** new (still sealed)

ROCKET DOG flipflops. Black wedge, red bead detail (new still in box) was £40 - accept £20

Calligraphy set and beginners book £10.00.new (in box)

Me to You Bears; 1 is medium size with blue coat, glitter around collar, ideal for xmas, £15.00 1 is small size holding a reindeer, ideal for xmas, £10.00 or both for £20.00.

**Giorgio** beverly hills 2011, collectors bear in protection box, £10.00.

01579 362146 or 07743416676

1 month's supply of Regaine" hereditary hair loss treatment for women. It is suitable for women between 18 and 65 who are not pregnant and do not have any heart or high blood pressure problems. Half price at £12.50.

01579 362698.

1 pair Dunelm Mill ready made **curtains** width 76" drop 54" design Gabriella, Colour Duck egg blue/flowers. New and never used. cost £125 will take **£50**.

01579 363497

Honeywell 24 hour electronic central heating/hot water programmer - brand new still boxed. £15
01579 362851

Hi sleeper **metal frame bed** with shelves, desk and chair good condition also with the single mattress £50.00

Adidas football boots, F10 junior size 5 1/2 purple and green hardly worn £20.00

Fender squier **electro-acoustic guitar**, good condition complete with new string and a very nice sound £50.00

Encore juniors guitar with case £20.00

07980156802 01579 342868

Ladies motorbike gear:
Caberg helmet blue & white £30
Motorbike boots size 5 £15
Also available, full set Frank Thomas

leathers, blue & white, ladies size 12. All in excellent condition, little use as a pillion passenger. **07966 700659** 

**Sofabed Mattress**. double size, 180cm x 112cm x 10cm.Interior sprung Vgc. £30.

Electric hob, 4 solid rings, stainless steel, full working order, 580mm width, 500mm depth, £30
01579 208572

## Bargain Comer Free Ads up to £50

Gazco Linea wall mounted **gas fire** with remote control and balanced flue, black glass front. Hardly used **Offers**.

1 pair Dunelm Mill ready made curtains width 76" drop 54" design Gabriella, Colour Duck egg blue/flowers. New and never used. cost £125 will take £50 01579 363497

PSP with 4 games and a Simpson Film £40.00

Blackberry Curve Mobile Phone 9320 £20.00

New River Island Jacket size 14. £15.00

1 tortoise shell **Kitten £20.00** 1 multi colour **kitten £15.00 Tel 07967548814** 

Please let us know when your item has sold.

# Bargain Corner Free Ads

### They really work!

Every month we here from about a dozen satisfied advertisers who have sold their items through the Parish Pump free ads.

Email parishpump@btconnect.com or Ring 01579 363096 or Leave a note at Millennium House reception.

What's on in St Ive Parish ?			
WHAT'S ON	WHEN	CONTACT DETAILS	
MILLENNIUM HOUSE			
Aikido	Thursday 7:00pm		
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00		
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)	
Book Exchange	Daily	01579 363096	
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham	
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096	
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)	
Friday Club ( Supervised play 5—12 year olds )	Friday 6.00pm - 7.30pm	07715557645 after 3.30pm Pam	
Hearing Aid Maintenance	1st Wednesday 10.00 - 12.30	01752 228657 Karen Squire	
Ladies Netball	Friday 09:15 - 10:15am	07985 387472	
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096	
Short Mat Bowls	Thursday 7:00pm		
Tai Chi	Tuesday 7:00 - 8:00pm	07949763256 (Bob)	
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)	
Wildlife Group	Quarterly	01579 362539 ( Hilary)	
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)	
Yoga	Wednesday 7:00pm	01579344464	
Zumba Fitness Classes	Wednesday 7:30 - 8:30pm	07850 646207 (Sarah)	
PENSILVA VILLAGE HALL			
Beavers and Cubs	Thursday 7.00pm - 8.00pm	01579 363686 Kathleen Hocking	
Breathers Group	Monday 1.00pm - 3.00pm	01579 345989 Pauline	
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver	
Girl Guides	Friday 6:00 - 8:00pm	01579 363212 Jackie Browning	
Pensilva Wednesday Club	Wednesday 2:30pm	01579 362407 Miss J Mills	
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond	
Rangers	For Info	01579 362982 Kirsty Oliver	
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond	
Tiny Tots	Thursday 9:15 - 11:15am	01579 363376 Cathy	
PENSILVA SCHOOL			
Pensilva Pre-School	Monday-Fridays 9-12.00 noon		

#### What's on in St Ive?

ST IVE INSTITUTE			
Art Classes	Wednesday Afternoons	07886 343621 Yvette Wiltshire	
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)	
Coffee Morning	Wednesday 10:30 - 12:00		
Gardening Club	1st Monday monthly 7:30pm	01579 382762	
Post Office	Wednesday 10:30 - 11:30		
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum	

St Ive Institute available for hire. £3 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month



### ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm Mon. 7th July. A visit to Galen Way garden, Sparkwell.

Assemble in St Ive car park to leave at 6:30pm.

Mon. 4th August. A visit to Ellis Nurseries, Polyphant

Assemble in St. Ive Car Park to leave at 6:45pm

Saturday 30th August. St Ive Village Show with classes for vegetables, flowers, cookery, photography, art & crafts. Large section for young people's entries.

Show schedules now available: 01579 383054, 383933 or 282762.

Monday 1st September. A tour of Cotehele gardens with Head Gardner Dave Bouch. Assemble in St Ive Car Park to leave at 6:30pm.

Visitors and new members are always welcome to join us.



We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on 01579 362216.

We look forward to meeting you.

#### Millennium House





PLEASE NOTE REVISED OPENING TIMES

### Hot & Cold Lunches Snacks & Drinks

All day Breakfast Salads
Jacket Potatoes Quiche
Bacon Rolls Chips
Chocolate Cakes

Hot & Cold drinks
And much more

#### **Opening Hours**

Mon, 9.00am - 2.00pm

Tues & Wed 11.00am - 2.00pm Thurs & Fri. 11.00am - 2.00pm

Millennium House 01579 363096

## Millennium House

## THE MEL

## **Licensed Bar Free House**

#### **Opening Hours**

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