

THE PARISH PUMP



October 2013
Edition 383



The Newsletter for the Parish of St Ives



Pensilva Gala Day
Baby Show Winner
Scarlett May McCarthy
See page 7

Parish Councillors Telephone List

Peter Dipper (Chair)	01579 362315
Pam Carter (Vice Chair)	01579 362640
Stephanie McWilliam	01579 362037
Roger Bennison	01579 363967
Alan Neal	01579 362478
Paddy Long	01579 364006
Martin Corney	01579 382450
Linda Olver	01579 383137
Keith Mutton	01579 382234
Angela Fisher (Parish Clerk)	01579 363096
Sarah Hylands - Thorpe (RFO / Manager MH)	01579 363096
Sara Rock (Finance Clerk)	01579 363096
Stephanie McWilliam (Cornwall Councillor)	01579 362037

Date of Next Parish Council Meeting is

Monday 14th October 2013, 7.30pm Millennium House Pensilva



Devon & Cornwall Police
Building safer communities together

 **101**

Minicom 18001 101

**Police Community Officers can be contacted at anytime on
01579 325454**

PC Garth Hatt

garth.hatt@devonandcornwall.pnn.police.uk

or PCSO Bob Anslow

robert.anslow2@devonandcornwall.pnn.police.uk

or PCSO Becky Steed

rebecca.steed@devonandcornwall.pnn.police.uk

Disclaimer

St Ive Parish Council would like to point out that the articles appearing in this magazine do not necessarily reflect the views of the Parish Council.

Hello Everyone.

Apologies if there are mistakes this month but I'm on a really tight schedule. By the time this issue lands on your doormat I will have returned from my annual holiday in the sun. When I return fully refreshed I hope to put pen to paper and write another charity quiz raising funds for Chemotherapy Outreach and All Being Well. I hope to run this quiz in early November so keep an eye on next month's Pump.

Here's some food for thought. I recently received several cards through the post, one of which was classed as a "large letter". The person sending this card was unaware that a different stamp was required costing 9p more. The Post Office charged me £1.09 to collect this card from their sorting office in Liskeard. The extra £1 was a so called "handling charge". Surely our mail gets "handled" by several post office employees on it's journey from sender to recipient. Why the extra £1 for one more person to touch it. Gripe over!

Don't forget to put your clocks back on Sunday October 27th

Keep cheerful

*Nick Horler
Editor*

Deadline for the Parish Pump is STRICTLY

15th of every month

Contact Parish Office on 01579 363096

E-mail parishpump@btconnect.com and use "Parish Pump"

In the subject heading.

All ads must be in font size 16 or larger to ensure it is readable as it is reduced from A4 size to the size of the current publication.

Ads to be sent as word or Publisher doc (text ads), Pub, Tiff or Jpeg (picture ads). Please contact the Parish Office for Ad Placement Specifications.

Advertising Prices (from December 2012) including VAT at 20%

<u>Add Size</u>	<u>Per Month</u>	<u>Annually</u>	<u>Savings</u>
¼ Page	£ 7.50	£ 81.00	£ 9.00
½ Page	£15.00	£162.00	£18.00
Full Page	£25.00	£270.00	£30.00

The 10% discount for 12 months advertisement paid in advance is subject to the ad remaining unchanged for the fixed period.

Parish Council Contact Details

(Including Millennium House)

Millennium House, Century Square, Pensilva PL14 5NF

Parish Clerk and
St Ive Parish Council
01579 363096
stiveparish@btconnect.com

Millennium House and reservations
01579 363096
millenniumhouse@btconnect.com

Millennium House Manager
01579 329002
millenniumhousemanager@btconnect.com

Parish Council and
Millennium House accounts
01579 329002
millenniumhouseadmin@btconnect.com

Parish Pump
parishpump@btconnect.com
Telephone enquiries to Parish Clerk above

Website: www.cornwallvenue.com

Contact details for St Ive Parish Council

Anyone wishing to discuss matters of the Parish with the Council should first address their comments/enquiry to the Clerk (Angela Fisher), who will then present them to the Council. Angela can be contacted at 01579 363096, by post or stiveparish@btconnect.com

For matters relating to Parish Council Accounts, please contact 01579 363096 or millenniumhouseadmin@btconnect.com

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

THE MEL BAR

Come relax and wind down
after work

At the Mel Bar, Millennium House

HAPPY HOUR

Opening time till 7pm

Weekdays

50p Off all alcoholic drinks.



sky SPORTS

PENSILVA GALA DAY UNCLAIMED RAFFLE PRIZES

Please take any winning tickets to Millennium House to claim your prize

PINK 30	-	CHILDRENS BOOKS
PINK 150	-	CYCLE HELMET ETC.
PINK 240	-	MILLENNIUM HOUSE VOUCHER
PINK 368	-	WINE & CHOCOLATES
PINK 584	-	SIBLYBACK VOUCHER
GREEN 166	-	HAMPER
GREEN 235	-	PICNIC SET & BBQ
GREEN 425	-	2 BOOKS

Check your pockets, purses and wallets.

LAST CHANCE

MEMORY CAFÉ

The Pensilva Memory Café has now been running at St. John's Church since April this year. The Memory cafe is a meeting place which offers, in an informal setting, help and support to people affected by memory problems. The invitation extends to carers, family and friends, as everyone is 'affected'.

Operating on a 'drop-in' basis, it gives participants the chance to exchange experiences and information, receive practical information and emotional support. One of our aims is to help participants put together a 'Memory Book' to help to stir up past and present memories, with photographs, articles and letters that help tell that persons' life story.

We hope to invite people to come and talk about different aspects of living with memory problems and we will be asking participants to give us some ideas of how they would like to see the Memory Café develop. We hope that this informal setting provides emotional support and reduces the isolation often felt by people with dementia, their carers and families.

Please do come along, and bring those you care for. Carers will all be very welcome, as well as those of us who need prompting to remember what day it is! See you on the fourth Thursday of each month at 2pm in St. John's Church, Pensilva. We would still welcome more volunteers to help in the Café.

If you are interested and would like to volunteer please come along to the Café or ring Carolyn on 362698.

From Cllr Steph McWilliam – September 2013

Well, there is rather more to report this month. Possibly the most important issue is the budget. Instinctively I would prefer always to look at a cut or freeze in any sort of tax, including council tax. However, it has become apparent that we have a serious problem if Cornwall Council goes for another freeze next year. There is a widening gap between demand for services (e.g. adult social care) plus inflationary costs set against future cuts in government grants to local authorities. We are all doing our best to find further savings without affecting front line services but this seems to be unrealistic as the whole answer. There are about 1300 statutory responsibilities the council has to provide before it starts making its own decisions. By 2018/19 we could be facing a shortage of about £196 million. If it comes down to a choice between raising council tax or reducing further our services to the elderly and vulnerable, I really need to know what you think. I have used adult social care as the example because this is the department where increasing demand is likely to lead to the greatest increase in costs but other services will also be affected. A rise of about 2% would mean an additional 47p per week for a band D property and might allow us to stand still. A rise of 5% would mean an additional £1.20 per week for a band D home and might get us on top of the situation as demand for services rises. However, this would trigger a referendum, which costs money, so it really would help to hear from you to get a sense of which way we should go.

The next item of interest is the Local Plan and housing numbers. Again, Cornwall Council is constrained by central government. If we submit a plan that doesn't match the government's expectations, it will be rejected. Until we have an adopted Local Plan for Cornwall, the National Planning Policy Framework (NPPF) allows developers to build homes with little restriction. It may surprise you to know that, without a Local Plan, at current rates of building, new homes will exceed the 47,500 thought to be required but will not necessarily be the type or in the places we feel they should be. In short then, there is an urgency to this if we wish to have some control over the way Cornwall develops in the coming years.

If you feel you would like to know more about either of these issues, please let me know.

Cllrs Dipper, Long and myself met with Rob Constance, the Highways Manager, about various issues around the Parish. In particular we looked at the traffic scheme and parking problems (especially at the top of Amanda Way and along Princess Terrace), the junction at St Ive Cross and the footpath between Middle Park and Lower Glen Park. We recognise that highways are under considerable pressure but were assured that he will do what he can and at least understands the problems.

The footpath between Middle Park and Lower Glen Park is difficult because nobody appears to own it so nobody has responsibility for the condition of it. I would be really keen to get an understanding of how important this is to the residents of Glen Park so you may well be hearing more from me on this in due course.

Thank you.

Application for designation of a Neighbourhood Area

St Ive Parish Council

St Ive Parish Council has applied to Cornwall Council to designate the parish of St Ive as a Neighbourhood Area, in accordance with the Neighbourhood Planning Regulations 2012, with the intention to produce a Neighbourhood Development Plan.

If this designation is made, no alternative plan may be designated for that Neighbourhood Area until that designation expires or is withdrawn.

The Council is consulting residents and other interested stakeholders on the designation of this area. Consultation will run between 13th September and 25th October 2013. You can comment by emailing us at neighbourhoodplanning@cornwall.gov.uk or send us your response in writing to the address at the bottom of the page.

Copies of the applications, which includes a copy of the application letter with a map and a statement that explains how the Town/ Parish Council and area meet the conditions of Section 61G(2) of the Town and Country Planning Act (1990) amended by the Localism Act 2011 are available to download at www.cornwall.gov.uk

Copies of the documents are also available from Cornwall Council at Lisk-eard one-stop-shop, Luxstowe House, Greenbank Road, PL14 3DZ

Please make any representations to the Council 25th October 2013.

If you wish to send your comments in writing please send them to:

The Head of Planning and Regeneration (Neighbourhood Planning)
Cornwall Council,
Circuit House, St Clement Street
Truro, TR1 3GT

Pensilva Gala Day Baby Show

Once again there was a good number of entries for this years show.

All babies received a rosette and prize money.

The overall winner was Scarlett May McCarthy
pictured on the front cover

St Ive Parish Neighbourhood Development Plan

The Parish Council has formed a Working Group (Parish Councillors, Martin Corney, Peter Dipper, Stephanie McWilliam, Alan Moss, and Keith Mutton) to create a Neighbourhood Development Plan.

What's that? A Neighbourhood Development Plan is your chance to say what the future of Pensilva and St Ive will be. Once the plan is created, you get to vote on it in a referendum. If passed, it then becomes legal, part of the statutory planning framework, and Cornwall Council planners have to follow it.

We need to know what to include in the new plan. The obvious starting point is our old Parish Plan which covered; Housing, Transport, Employment, Education, Training, Health, Social Care, Environment, Sports Facilities, Children, Young People, Village Halls and Millennium House, Local Services (Environmental, Gas, Electric, Phone), and Policing. The old Parish Plan was created ten years ago, and although it was updated six years ago priorities may have changed. Are these the things that matter to you? Are there any other things that need to be included in a new plan? What's most important to you?

In the future there will be public meetings and a survey to gather as many opinions as possible, and put some numbers to different opinions. But there is already an internet site, with a lot more detail, where you can comment – st-ive-ndp.blogspot.co.uk (also linked to from the St Ive Parish Council Facebook page) do you recognise the background picture? – or write to the NDP Working Group via the Parish Clerk.



“We are now approaching the time of year for Halloween and Bonfire Night and we shall be visible in the parish over that period during the evenings. We have a stock of posters here at the police station for parish notice boards, business premises and homes which display various messages for the two nights such as asking for no trick or treat visitors to knock on your door. If you would like a window or notice board poster then please let us know and we can arrange for you to receive one. Please have fun on these nights but remember to stay safe.”

DEVON & CORNWALL CONSTABULARY 101

CRIMESTOPPERS 0800 555111

garth.hatt@devonandcornwall.pnn.police.uk

robert.anslow2@devonandcornwall.pnn.police.uk

victoria.goodman@devonandcornwall.pnn.police.uk

PC 4386 Garth HATT

Neighbourhood Beat Manager for Liskeard Rural

 garth.hatt@devonandcornwall.pnn.police.uk

PENSILVA VILLAGE HALL
JUMBLE SALE

We will be holding a jumble sale on Saturday 9th November.
Donations of jumble and bric-a-brac gratefully received.
We can collect please ring Jackie on 363212.

Pensilva Health Centre

Continuing to provide high quality care for our patients.
Surgery Opening Hours: Monday to Friday 8.30am - 6.00pm
Appointments 01579 362760
Enquiries 01579 362249 www.pensilvahealthcentre.co.uk



Survived a brain injury / stroke?

Headway Cornwall-the brain injury association
will be offering a monthly support & advice ser-
vice, activities to include massage, exercise and arts crafts
and cognitive games



At Millennium Centre, Pensilva
every 2nd Tuesday of the month
between 10am & 4pm.

Drop in for a chat and a cuppa

For more information call Frances or Debbie on
01208 873567 or 07715336853



DO YOU SUFFER WITH BREATHING PROBLEMS
SUCH AS C.O.P.D.or ASTHMA

Do you know someone who does?
If so, come along to our breathers group and join other people with similar
difficulties for light exercise, a cuppa and a chat

Pensilva Village Hall
Every Monday 1pm - 3pm
First trial session FREE
Thereafter £3.00 per session

**October 2013
Planning Applications**

None received

Decision Notices

PA13/05668	Construction of first floor extension above existing utility room – Higher Redwood Farm, Golberdon Road, Pensilva	Approved
PA13/07484	Request for a screening opinion for a single turbine – Thornton Farm, St Ive	Withdrawn – unable to link to National Grid

The Latest From Your Parish Councillor - Martin Corney

This month is centred on the internet, but we are making progress on the St Ive Parish Neighbourhood Development Plan, which we've told Cornwall Council we are starting. Please take note of the item from the NDP Working Group in this Parish Pump.

The Facebook Page "St Ive Parish Council" (which non-Facebook users can view at www.facebook.com/stiveparishcouncil) is being updated regularly with parish news items. Facebook users can "Like" the page and automatically receive these news items in their news feed. Your own personal online newspaper with articles about just what you are interested in. I use it all the time.

The parish web site that I have been pushing for has now been agreed by the Parish Council. This is the Mission Statement I've written which will shape the design.

Mission Statement for the St Ive Parish Council Web Site

"This website will be dedicated to the community of St Ive Parish and cover the topics of parish news and events, council meetings, local groups, businesses, and background information about the parish. The audience will be the community of St Ive Parish. We will be adding posts about local events, and parish meetings whenever there is something interesting to add - every day if necessary. We are doing this to enhance communication between the Parish Council and the community."

The web site will have a special .gov.uk address, which will take weeks to approve. So we have some time to plan, and get the web site right.

I'm still looking for you to get involved. Does this sound good? How can it be improved? Do you want to help create the web site? Computing skills are not essential. We need; ideas, graphic design (photos and fonts?), writers, editors, planners, and I don't know who else. I'm making it up as I go along. Why not join in? It could be fun, and you could gain new skills.

Phone me, email me on martin.corney@btinternet.com or you can comment on my blog. Search engines will find me at "martin corney blog st ive".

Householders in Cornwall are urged to register now to vote in European Parliamentary elections next year



Cornwall Council is calling on local people to register now to make sure they can have their say and vote in the European Parliamentary elections taking place in May 2014.

The Council is required to produce a new and accurate list of voters each year which then stays in force for the following twelve months. This process usually takes place in the Autumn but is being held later than usual this year following a decision by the Government.

Electoral registration forms are being posted out on 1 October to all 258,000 households in Cornwall. This list of voters will then be used as the basis for the European Parliamentary elections in May 2014.

"The new electoral register will be published on 17 February 2014 and only people who are on the register will be able to vote" explained Denise Holwill, Cornwall's Electoral Services Manager. **"It is vital that people complete and return the form as soon as possible so their names can be included on the register and tax payers money can be spent most efficiently."**

The forms contain the details of all the people who are currently registered to vote at that address. If none of the details on the form have changed, the householder can either sign the form and return it in the pre paid envelope provided or register electronically by:

- Phone
- Registering online via a website
- Sending a text message

Further details, including the security code that householders need to quote to register electronically, are given on the form. Registering electronically is not only the quickest and easiest method, but also the cheapest, thereby helping the Council to save taxpayers' money.

If any details on the form have changed, people should cross through the names of anyone who no longer lives at the address, amend any mistakes or add the names of anyone new who is eligible to vote. They then need to sign the form and return it – either in the pre paid envelope or by dropping it into any Council office or one stop shop.

Denise and her team hope that as many people as possible will complete and return their forms as soon as they receive them. Otherwise a reminder will have to be sent out in early November to any households who have not yet replied – which will cost the Council additional money.

In addition a team of over 100 canvassers will then visit any households who have still not registered in December and January (except from 23 December to 1 January) to help people fill in their form.

"People are required by law to provide the information which is asked for in the forms" said Denise. **"While most people respond quickly, we always have a number of households who do not return their forms. If people look out for the forms and respond promptly then they can help to make savings which can go towards other essential services"**.

Anyone does not receive a form is asked to contact the Council's electoral registration team on **0300 123 1115**.

www.cornwall.gov.uk

**PENSILVA HEALTH CENTRE
PATIENTS PARTICIPATION GROUP
WALKING FOR HEALTH**

WE ARE A SMALL GROUP OF PATIENTS WHO WALK EACH WEDNESDAY MORNINGS FOR ABOUT AN HOUR AND THEN ENJOY A COFFEE! WE WOULD LOVE YOU TO JOIN US AND CAN MAKE WALKS LONGER OR SHORTER AS REQUIRED. MEET AT 10.00AM AT THE HEALTH CENTRE.
ANY QUERIES RING ANN ON 01579 364085



**WALKING
FOR HEALTH**



ramblers
at the heart of walking

**WE ARE
MACMILLAN.
CANCER SUPPORT**

The Ramblers and Macmillan Cancer Support are working together to help you enjoy inspiring health walks, whatever your level of fitness.

Pentiddy Community Woodland

It's been lovely to see so many of you out enjoying and caring for the Community Woodland over the last year. Now in its 12th year it really has become a woodland abundant in wildlife and beauty.

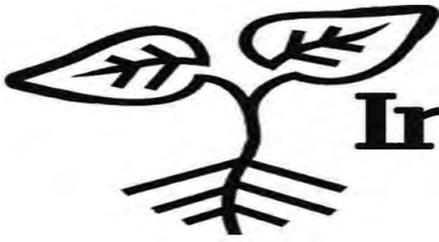


We're rapidly approaching the time for thinning the trees and clearing the paths and it's been decided that all the remaining plastic tree shelters can finally go! To that end we will be holding a meeting, open to all, in order to organise work days over the winter. We would love as many of you as possible to come along and get involved in caring for the woods and showing your support in any way you can.

The meeting will take place on Sunday 6th October at 3pm. We will meet at the main gate unless the weather is against us in which case we'll retreat to the roundhouse.

Look forward to seeing you there!

Ele Waters
Pentiddy Woods
01579 363775



Incredible Edible Pensilva

We are absolutely delighted that the Parish Council has agreed that, subject to detailed plans and full community consultation, we will launch Incredible Edible Pensilva by re-planting the area in front of Millennium House as a community growing and wildlife area. So far, we (The Growing Project, Pentiddy Woods, Pensilva Wildlife Group, Caradon Hill Area Heritage Project and the Parish Council) have plans for installing attractive raised vegetable beds, wildlife and bee-friendly planting, bird boxes, apple trees and seating. Some people would like to make the war memorial more visible and the parish has been donated a granite lectern to display local information.

We want to make sure we incorporate as many things as possible to open this area up for the whole village, from the very young to the oldest. In the next few weeks we will post up a plan of the front gardens for you to mark in what you would like to see happening. This will be in the reception area of Millennium House during opening hours and at The Growing Project on Higher Rd every Weds. We may also pop into your local groups and badger you for your opinions, so do get thinking and talking.

To pull all this information together into a design to take to the Council and guide our work, we will hold a community planning and permaculture training day with a garden designer at the end of Oct: keep an eye on notice-boards to find out when that will be.

For more information check www.incredible-edible-todmorden.co.uk

PENSILVA HISTORY GROUP

VILLAGE HISTORY GROUP – ILLUSTRATED TALK

The History Group will be holding an illustrated talk entitled 'A Brief History of Pensilva' on Wednesday

30th October at 8pm in Millennium House. The talk is open and free to non-members of the History Group although a small voluntary donation towards the Group's funds would be appreciated. If you wish to come along please contact Angus on 01579 208754 or email ansholland6@aol.com to give us an indication of the numbers attending.

Angus Holland
Chairman of Pensilva History Group

MOBILE LIBRARY

The County Mobile Library visits

Pensilva every other
TUESDAY afternoon

3.50 - 4.05pm Victoria Inn

4.10 - 4.20pm Village Hall Car Park

4.25 - 4.45pm Glen Park



Supporting Guiding & Scouting Activities in Pensilva

200 CLUB

Draw Results for

August 2013

1st No. 154 Mrs E Farrant

2nd No. 45 Mrs J Rendle

3rd No. 21 Ms A Cacchione

Thank You for your Support

St Ive Institute & Village Hall

Every Wednesday
10.30 am until 12 noon
Coffee Morning

Every Wednesday
10.30 am until 11.30 am

Travelling Post Office

1st Monday at 7.30 pm

St Ive Gardening Club

Pensilva Wednesday Club

Meet in Pensilva Village Hall
at 2.30 pm Alternate Wednesdays

Wed 2nd Oct

Yvonne Pickersgill
"Open Doors"

Wed 16th Oct

Don Wherly
Entertainment on the organ

Wed 30th Oct

Caroline Willcock
"My Favourite Things"

**ALL SENIOR CITIZENS
WELCOME**

ST IVE AND DISTRICT GARDENING ASSOCIATION
PROGRAMME 2013 - 2014

Meetings are held in St Ive Village Hall at 7.30pm.

Visitors and new members are always welcome to join us.

- Monday 7th October** Slugs, Aphids and Vine Weevil, Tim Ellis.
- Monday 4th November** Gardening under cover, Alistair Rivers.
- Monday 2nd December** A birdwatcher's year in Cornwall, Gary Lewis.
- Saturday 4th January 2014 Association Annual Lunch**, details to be confirmed.
- Monday 3rd February** Matt Bown will talk about his time
with Radio Cornwall.
- Monday 3rd March** **7. 00pm ANNUAL GENERAL MEETING**
7.30pm A talk by James Treseder from Wallcottage Nursery.

The Westernairs Concert Wind Band
&
The Joshua Reynolds Choir

Concert in aid of St Lukes Hospice

Millennium House
Sunday 20th October
2.00pm

Tickets £4.00 on the door

Raffle

Refreshments

PENSILVA VILLAGE HALL

Pensilva Village Hall collects paper for recycling newspapers, junk mail, catalogues and telephone directories.



These can be dropped off at the Village Hall.

Thank you to everyone who left paper in the last month but please note we can not recycle brown paper, brown envelopes or window envelopes unless the window has been torn out.

We have been paid for January's paper collection which generated £177 which has paid for the annual fire safety inspection, this included replacing one of the fire extinguishers. Now that we have been paid we can send off the next load hopefully to be paid a bit quicker.

Any one wishing to book the hall for Meetings, Birthday Parties or Fund Raisers please contact Peter or Jackie Browning on

01579 363212 or email peter@pensilva.freeserve.co.uk

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mondays 1:00 – 3:00	Breath of Air	Pauline	01579 345989
Mondays 4:00 – 6:00	Brownies	Mrs Martha Oliver	01579 362239
Alternate Wednes- days 2:30 – 4:00	Wednesday Club	Miss June Mills	01579 362407
Wednesdays 7:00 and various times	Snooker Club	Mr Philip Bond	01579 362091
Thursdays 9:15 -11:15	Tiny Tots Baby and Toddler	Cathy	01579 363376
Thursdays 6:00 – 8:00	Beavers And Cubs	Mr Simon Thorpe	01579 363457
Fridays	Caradon Movement in Motion Society	Mike	01579 343702
Fridays 4:00 – 5:00	Rainbows	Mrs Lynne Bond	01579 362091
Fridays 6:00 – 8:00	Guides	Miss Caroline Hambly	01579 363228

PENSILVA HEALTH CENTRE

Patient Participation Group 'Carers Group'

If you are **BEREAVED** (it doesn't have to be recent) or are **CARING** for a sick relative or friend - come along and have a bit of 'ME TIME' and chat, share your experiences and relax with other people who may be in a similar situation - have a cup of tea or coffee and stay as long as you like.

The '**Carers Group**' meets on the **2nd Tuesday** of every month 1-3pm in the back room of the Health Centre -

(please use the side entrance (front door is locked at 1pm).

Everybody is welcome, though you **must** be a patient at Pensilva Health Centre to attend.

The group will be getting some independent speakers to come along to give advice and to answer questions on various subjects such as benefits, finance or planning for the future.

If you would like to attend, contact Jean or just turn up on the day.

No booking necessary.

If you know somebody that may benefit from attending - please pass this information on to them.

Jean Connor on 01 579 363 221 or mobile 07 899 694 670



**You can now donate
locally in Pensilva.
Every Thursday
11.00am - 12.00noon
St Johns Church**

**Dry or tinned food
Only please**





HARVEST IS IN most of our summer crops are now being cleared, the land dug over, beds replenished and either replanted, or manured and covered. We will plant our autumn onions, garlic and spring cabbage very soon, while the ground is still warm and they will be ready in late spring.

In the tunnel, we still have several kilos of tomatoes to ripen, or turn into chutney and the last of the beans and courgettes. The tunnel will remain productive over the winter, producing oriental greens, salads, baby beets, spring onions, autumn cabbage and chard for our veg boxes. In the next few weeks we will plant broad beans, peas, spring cabbage and more garlic and onions, to get an early start established now and then romp away once the weather warms up next spring. We get an extra few weeks crops from having this covered growing space and it's a real boon to have somewhere dry to work over the winter.

THANK YOU Carol for the donation of the wormery: I'll try to keep your worms happy. And to Joan for the fabulous greenhouse: can't wait to get that up and working.

SUPPORT YOUR LOCAL VEG BOX SCHEME

We offer the following fruit and veg boxes, delivered free to your home every Weds.

£7.50 box for 1/2 people

£10 box for 2/3 people

£12.50 box for up to 4 people

£15 box for 5/6 people

£5 fruit box - apples, bananas and oranges with seasonal additions

OR build your own box; contact for full price list

COMMUNITY COMPOSTING SCHEME don't forget that we are happy to receive your grass cuttings and garden waste to help generate more green waste compost. Keep it coming and we'll keep turning it into a great soil conditioner to grow food.

The Growing Project CIC is a Community Interest Company producing organic fruit and vegetables and developing training for local people. We are a group of people who have opened the growing space at Kenwyn to the community and welcome volunteers for all sorts of jobs.

Ruth Wilson 01579 363684/ 07853 244934 www.thegrowingproject.org.uk

thegrowingproject@orangehome.co.uk

Community Interest Company Reg No. 7677387

ST JOHN'S CHURCH, PENSILVA

Services for October 2013

*Anglicans and Methodists share services at 11 am each Sunday,
coffee served before service*

Sunday 6th 9.30 am Anglican Benefice Eucharist at St Cleer
 11.00 am Rev. Mark Pengelly, Holy Communion

Sunday 13th 11.00 am Anglican-led Holy Communion –
 5.00 pm **Pizza and Praise** at Millennium Centre

Sunday 20th 11.00 am Lay-led Cafe-Style Family Service

Sunday 27th 11.00 am Mrs. Helen Gardner

Pizza and Praise on Sunday 13th is an informal worship for busy families, with a bite to eat before we leave. All are welcome to join in.

Every Thursday at 10.30 am there is a short **Holy Communion** service. A **coffee morning** is held afterwards, open to all.

Soup and Sweet Lunch Thursday 24th October from 12 o'clock at St. John's Church

Afternoon Tea on Friday 4th October at 3 pm in St. John's Church. Bring and Buy. Everyone welcome.

Prayer Group will meet Tuesday 1st and Friday 18th and 29th October, 3.30pm at 7 Lower Wesley Terrace. Please ring Rev Keith on 343240 or Rev Kev on 363336 if you would like prayer for yourself or someone else.

Fellowship will meet on Friday 11th and 25th October at 7.30pm in the Church. Please do feel free to come along to this friendly group. Further info from Geoff or Carolyn on 362698.

*For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact:
Geoff Cox - 362698, Maria Parker – 362098, Frances Tucker -363718*

St Ive Methodist Church

Preachers for October 2013

Sunday 6th Oct	11:00am	Rev Chris Tomlinson
	6:00pm	Delarre Irving
Sunday 13th Oct	11.00am	Mrs B Snowling
	5:00pm	Pizza & Praise at Pensilva
Sunday 20th Oct	11:00am	Helen Sparks
	6:00pm	Rev T Osborne (United Service)
Sunday 27th Oct	11:00am	Rev Chris Tomlinson
	6:00pm	L A

Café Church Tuesday 8th October, 7.30pm. Overseas Missions Evening with Rev Sue Hill. All Welcome

Callington Methodist Guild Meetings start on Monday October 14th at 7.30pm. Devotional Evening & Communion Service with Rev Martyn Smith
We have decided to join the Callington Guild for this session

St Ive Church Council meeting - Thursday 17th October 7.30pm

All are invited to join in the two craft groups which are held fortnightly on Thursday's at St Ive Chapel (in the side room.)

We have an afternoon group which meets at 2pm "Craft & Chat" and an evening group "Chattermakers" which meets at 7.30pm

Everyone welcome to come and do whatever craft you may do and chat the time away. The next meetings will be on Thursday 8th August.

For more details please ring Kathryn on 01579 382334

St Ive Church

Services at 11:15am Every Sunday

- Oct 6th** Holy Communion & Baptism Rev Margot Davies
- Oct 13th** Family Service Small pets welcome
- Oct 20th** Holy Communion Rev Roger May (*Lunch to follow*)
- Oct 27th** Morning Worship

Other October Events

- Fri 4th** Coffee, Lunch and Home Produce **10:30 -1pm**
Home Made Cakes Etc, Fresh Vegetables, Pasties, Bric-a-Brac Pickles, Jams, and much more.
- Sat 5th** Whist Drive St Ive Village Hall **7:30pm**
- Tues 8th** Cafe Church St Ive Chapel **7:30pm**
- Sat 19th** Craft Fair in the Church **10am – 4pm**
- Sun 20th** Lunch in Church only £7 all Welcome **12:45pm**
- Tues 22nd** Cafe Church St Ive Church **7:30pm**

Rev'd Margot Davies 01579 208698

Church Wardens

Kenneth Willcock 01579 362446 Brian Dwelly 01579 364010

PENSILVA WI

Valery Watson was the speaker at the September meeting of Pensilva W.I. Her subject was decorative or barge painting. This was a fascinating talk and demonstration in which she showed how we could paint and decorate almost anything using acrylic paints. We were shown the technique that she used and were reassured that anyone could master this with a little bit of practice. She certainly made it look easy. Valery brought along some samples of her work and this included trays, children's toy boxes, stools, Christmas tree decorations, plant pots, watering cans in fact it is possible to paint and decorate most things. She does do classes and several members showed an interest. Perhaps this could be an idea for a future workshop? Evelyn Dwelly gave the vote of thanks and said how much she had enjoyed the talk and demonstration and that she had done some decorative barge painting on her barge in the past.

In the business side of the meeting Frances Tucker our president reported that all those who went on the St Neot W.I evening walk had a lovely evening. She gave thanks to all those who organised the stall at the Gala day and to Jean for organizing the visits to Sterts this season. How fortunate we are to have such a venue and talent so close to home. We look forward to next year's programme. Members were asked for ideas for a book title for our entry in the Liskeard Fat Stock show, it has to be said that not all the ideas were suitable!

Normer Brice has agreed to organise an evening or day Christmas trip. More details next month.

Diary dates: Saturday 18th September. MacMillan Coffee and Cake morning, 10.30am to 12 at the Village Hall. Tues 1st Oct. The Photography Group meet. The last Tuesday of each month, Sew, Knit and Natter. Millennium House 2pm. Open to all. Wed 9th Oct. 40's and 50's music with Carl Attwood, Lanlivery Church. 16th Oct. Craft Day at Menheniot. Fri 18th Oct. Bring and Share Harvest Supper and sale of produce, 7.15pm Millennium House. All are welcome. Competition winners this month: Artwork 1st Jenny Thomas, 2nd Normer Brice. 3rd Ver-na Dawe. Flower of the Month 1st Jill Pascoe, 2nd Jackie Burrell, 3rd Normer Brice.

Next Meeting: Wednesday 9th October at 7.15pm at Millennium House when Carol Horsington will talk and demonstrate Basketry. Visitors and new members welcome.

Any enquires ring Frances 363718 or Jean 362531.



PENSILVA WILDLIFE GROUP



Wildlife Walk

10th October - A walk starting at 10.00 from Golitha Falls car park. In the event of cancellation due to bad weather an e-mail will be sent to all members.

To go on the e-mail list, contact Hilary on 01579362539



Hear to Help – 1 Year on:

Hello Everyone – I find it hard to believe that we have been running our hearing aid support drop-in service at Millennium House for a whole year now, how the time has flown! I just wanted to take this opportunity to say thank you to all those who have come along and made use of our service and to remind those of you who haven't yet paid us a visit that we are still there.

The drop-in is on the 1st Wednesday of the month between 10.00 and 12.30pm and you can find us upstairs just by the gym. We can clean, re-tube and provide you with batteries, unfortunately we cannot repair or re-tune the hearing aid.

Nick and Liz are the regular volunteers who run the drop-in and they can also provide you with information and advice on getting the best out of your aids and other useful equipment. If you haven't got hearing aids but have concerns about your hearing drop-in for a chat and take away some free information.

Other local Drop In service :-

Liskeard. Oak Tree Surgery (2nd Thurs 2.00 – 4.30pm)

Launceston Medical Centre (2nd Friday 2.00 - 4.30pm)

Torpoint. Chatlink, Old School House (4th Thurs 10.00 12.00noon)

Callington Surgery, Tamar Valley Health Centre. 4th Fri 10.00 - 12.00noon)

If you want to know more about the service or maybe even fancy joining our friendly group of volunteers please feel free to contact me:

Karen Squire; Senior Community Support Officer

01752 228657; mobile – 07918 755809 (voice & text); ka-

ren.squire@hearingloss.org.uk

On 12th October at 7.30 pm in Millennium House Pensilva
the internationally-known artist *Daniel Couzens* will be holding a

Night of Colour

He will be exhibiting a number of his stunning images and talking about his art work.

Daniel Couzens is a Church of England Minister and a leading light in the Walk Cornwall Mission. He will be talking about how his faith influences his work.

The talk is free, and refreshments will be provided. For further information please contact Geoff Cox on 01579 362698.

CHRISTMAS CRAFT FAYRE

Preliminary Notice

Sunday 3rd November

Millennium House

Table space available in 4ft or 6ft lengths

£2.00 per ft

For more information or bookings

Tel. Ruth 01579 363096

Pensilva Primary School
School Road, Pensilva, Liskeard, Cornwall PL14 5PG
Telephone 01579 362546
Email secretary@pensilva.cornwall.sch.uk
Website: www.pensilva.cornwall.sch.uk
Headteacher: Mrs Becky Crispin B.Ed. M.Ed



.Another new school year has begun! The children have settled down quickly to their learning; they spent the last two weeks of last term in their new classes so the transition has been smooth. A special welcome to all the new children who have joined us – we hope your time in Pensilva School is happy, with many achievements. It's lovely to have heard already how lots of our leavers are doing at Callington – how grown up they're all looking!

We are continuing to raise money for rebuilding our new swimming pool for the school and for our community. A very sincere thank you to everyone who has helped already, and to those who are planning future events. We will continue to work towards our goal throughout this new school year – our journey may take time but we don't intend to give up! The next event is on Saturday 26th October at 6pm in Millennium House. There's entertainment, food, a bar, a disco, a tombola and a raffle - and Jeremy Harris is doing a sponsored shave (his moustache and beard!) to raise money for us. There's face painting and other things for the children. £1 entry for adults and 50p for children (children must be accompanied). Come and join in the fun!

We continue to collect Morrisons tokens, Nestle box tops, textiles and clothing, cds and videos. All these things give us free things or money!

We really do appreciate all the help given by families, governors and friends - it does make a difference for our children. We have big plans for the future. If you would like to be part of them, we would love to hear from you - could you help by running an after-school club? Hearing children read? Doing some painting? Gardening? Sharing a skill?

Best wishes, Becky Crispin



**Pensilva WI organised another successful Horticultural Show
at Millennium House on 14th September.**

There were over 400 entries to the show a wonderful array of flowers, potplants, vegetables, cookery, preserves, photography and crafts of all kinds. There were a good number of entries from the children too. It was a hive of activity first part of the day and then a period of peace and calm whilst the judges found the winners. After lunch, Sheryl Murray M.P. opened the show and said that she had never seen such a wonderful display. She then presented the many cups to the winners.

Pensilva Committee Cup, most points in vegetables - Harry Hollingworth, Downing Cup, vegetable collection - Mr. D.Bean,

Tessa Cup, pot plants - Gillian Pankhurst, F.French-Blake Cup, Flowers - Jean Hoare, Albert Moore Cup, domestic - Gillian Pankhurst. Nicholls Cup, Handicrafts - Gwen Bunkhum,

Les Morcum Cup, Best Photo - Anna Max, Barnard Cup, most points in photography - Mrs. C.Bean, Shield, photography under 15 - Chloe Northey and Feok Owen, Miss Glennon Cup,

under 7 - Evan Oxenham, Parfitt Cup, 8-11, - Chloe Northey, Harry Cup.12 - 15 -Harry West, Pensilva Committee Cup, overall winner (not vegetables) - Gillian Pankhurst, Tregarthen

Cup, most points in vegetables - Harry Hollingworth, Smerdon Trowel, outstanding pot plants - Gillian Pankhurst, Bennett Cup, Openers Choice - Mrs.J.Ludlow-Ockelford, Coombes Cup,

Judges choice - Mr. Philip Morse,

Memorial Shield, WI photography - Ann Robinson.

All the children who entered and exhibit received a cash prize.

See you all next year!!!

1

Monthly

21

BINGO

90

Millennium House

Tuesday 15th October

Eyes Down 7:30pm

Over 18's only

CASH PRIZES

77

88

9

Next Session

Tuesday 12th November

Pensilva Post Office



Located through the Café on the 1st floor of Millennium House
the opening times are:

Tuesday - 9am to 1pm
Wednesday - 9am to 12 noon
Friday - 9am to 12 noon

Come and join us for fun and play at

Tiny Tots **Baby and Toddler Group**

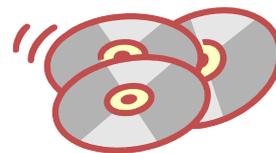


Thursdays
9.15am to 11.15am
at Pensilva Village Hall

£1.50 per child

Babies under 6 months and additional children 50p
Includes snack, activity and hot drink for parent/carer
Contact Cathy for further details 01579 363376

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PLEASE CONTACT PENSILVA PRIMARY SCHOOL 01579 362546 FOR MORE INFORMATION

All Being Well - Monthly Newsletter

August was a quiet month for attendances but things are picking up a bit in September. We continue to receive a good number of referrals from local doctors' practices, hospitals and physiotherapists. Their patients come to us to complete a course of exercise that has been prescribed for them for a variety of health problems and injuries. If you find yourself in this position, be sure to remind your medical practitioner that there is a gym in Pensilva that is part of this scheme. It may save you having to travel further afield.

The September challenge is to walk the Cornwall coast path. We record everybody's mileages on the treadmills and cross-trainers and the aim is to complete the 250+ miles between us all during the month. So far so good!

That's all for this month. Keep well!

Letter received by e=mail

I need help finding my cat.near the end of july something frighten my cat.she was already timid .ive had possible sightings higher middle hill area.i also have a ginger tom that returned home limping badly.we do believe a human may have harmed him.hes on the mend but rosie black white micro chipped has yet to return. ive searched the streets posters up leaflets etc .does she visit you get in contact.some weeks ago found deseased one.this one I took for burial callington vets.and think found owner.thankyou all for calls
mrs baker 01579362119



Ruth's Coffee Morning

Function Room
Millennium House
Thursday morning 10:30am - 12:30pm

*Note Ruth's Coffee Mornings
will stop in November*



Come along for a chat with friends whilst enjoying a cup of tea or coffee with a cake for only £2.50



PENSILVA WILDLIFE GROUP

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HERITAGE PROJECT

Join us on 3rd November
from 10.30 - 4.30

Millennium House, for a...



at

Barn Owl Box Making Workshop

Run by:



Learn more about these beautiful but declining birds.
Bring a tea-chest and make your own indoor Barn Owl nestbox.

(If you have one, please bring it -if not, we have a

limited number available - please phone 01579 362539 to reserve one)

Go to a local farm to be shown how to erect your box. (If you don't have
a suitable barn, we have 10 local farmers who would like them.)

**BOOKING ABSOLUTLY ESSENTIAL, as The Barn Owl Trust
has to prepare the timber for your box in advance**

To book or for more information, please e-mail hannah@barnowltrust.org.uk ,

or ring 01364 653026 Mon - Fri, 09.30 - 17.00

Places will cost **£10 each**. - that's up to two adults building one box

Youngsters welcome (no charge) but this event is not very suitable for under 7's

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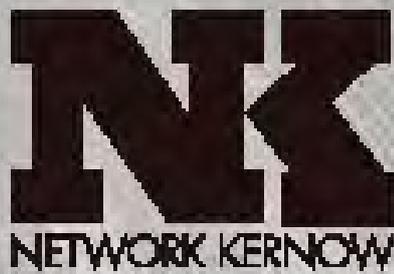
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26 th OCTOBER	HALLOWEEN MYSTERY TRIP
2 ND NOVEMBER	BRIDGEWATER CARNIVAL
18/22 nd NOVEMBER	TURKEY & TINSEL BOURNMOUTH
29 TH NOVEMBER	TAVISTOCK DICKENSIAN EVENING
30 TH NOVEMBER	CLARKS SHOPPING VILLAGE
30 th NOVEMBER	MOTOR BIKE SHOW NEC
15 th DECEMBER	MOUSEHOLE & ANGARRACK LIGHTS
21 st DECEMBER	OLYMPIA ROYAL INTERNATIONAL HORSE SHOW

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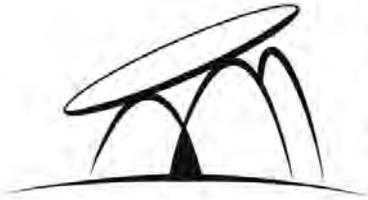
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MOBILE 07837921086



502322



CARADON HILL AREA HERITAGE PROJECT

Living Landscape Week

Sunday 13th October 11am to 4pm Apple Day - Come and see the new Apple Press, and bring along apples for pressing taking home bottles of juice. There will also be an experts on hand and other entertainment. Refreshment will be available throughout the day along the theme of apples. Linkinhorne Parish Hall, Upton Cross.

Monday 14th October 10am to 1pm Guided walk beginning at Golitha NNR car park Free –no booking required.

Friday 18th October 10am to 1pm. Guided walk beginning at Linkinhorne Parish Hall, Upton Cross. Free –no booking required.

Saturday 19th October 11am to 4pm Tree & Bird Box collection day. This is the chance to talk to all the community groups with which the project has been involved and also to collect a tree or bird box for your property.

Email jglow@cornwall.gov.uk for details.

Scrub Clearance

The work will vary between removal of large gorse bushes to small-scale eradication of plants. So there will be something for everybody!

Tuesday 8th October Caradon Hill cairns (west of manorial boundary)
Meet: Hurlers car park, SW of Minions, SX 2623 7135, 10.30am

Wednesday 16th October Craddock Moor prehistoric settlement west of Gold Diggings quarry
Meet: Siblyback car park, SX 2364 7088, 10.30 am

www.caradonhill.org.uk



LOTTERY FUNDED



heritage
lottery fund



Department
for Environment
Food & Rural Affairs

This project is supported by the Rural Development Programme for England, for which Defra is the Managing Authority, part financed by the European Agricultural Fund for Rural Development: Europe investing in rural areas



&
Local
Partner
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HOME BOARDING FOR DOGS
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Situation: Between Liskeard and Callington

- Home Boarding for Dogs – safe home environment, off-road walking
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- Dog walking
- Fully insured
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Kilmar House Residential Care Home

**We pride ourselves on being different!
01579 343066**

Kilmar House is the smallest elderly residential home in Liskeard and the personal touch really shows. Each resident is treated as an individual who is free to spend their days as they wish.

We have no rigid routine or schedule that you need to fit into, you tell us your schedule and that is what we work towards!



We maybe the smallest home but have a very large house with lots of rooms for residents to spend their time how they wish. We have all the required facilities and activities to make your stay very comfortable as well as a large and productive garden to enjoy.

Please come and visit our beautiful Jacobean home which has been lovingly restored and maintained. You do not need to make an appointment to come and look around, we will always be pleased to welcome you.

We are pleased to offer permanent placements in some of our most beautiful rooms, some with en-suite facilities as well as respite and day care to whatever suits your needs.



J. H. Simmons

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Interior
&
Exterior



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References Available

For more information
Please call John
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7 East Park, Pensilva



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alex@rosecraddocholidays.co.uk www.rosecraddocholidays.co.uk

Christmas Party Menu at The Village Inn

Starters

Pork & Chicken Liver & Cranberry Parfait
Served with toast, salad garnish and redcurrant jelly

Prawn Cocktail
Prawns in a Rose-Marie sauce served on a bed of iceberg lettuce and salad with brown bread.

Homemade Spicy Parsnip Soup
Served with warm bread

Breaded Mushrooms
Served on a bed of salad with Garlic Mayonnaise

Crispy Coated Camembert
Served on a bed of salad with Redcurrant Jelly

Main Courses

Traditional Roast Turkey
Served with roast potatoes, Yorkshire pudding, sage & onion stuffing pork and bacon chipolata, seasonal vegetables, gravy and cranberry sauce

Steak and Merlot Pie
Served with Chips or Mash and seasonal vegetables

Home-made Fish Pie
Served with Seasonal Vegetables

Homemade Vegetable Lasagne
Served with Potato Wedges and salad

Desserts

Traditional Christmas pudding
Served with brandy sauce

Jam Sponge Served with Custard

Chocolate Indulgence
Chocolate Fudge cake served with Vanilla Ice Cream

Strawberry Surprise
Sponge with layers of strawberry preserve and mousse topped with passion fruit sauce and strawberry flakes

Ice-cream – choose from Chocolate, Vanilla and Strawberry

Sorbet – Choose from raspberry, Mango or Lemon

Followed by Tea or Coffee

£16.95 for two courses or £18.95 for 3 courses with Christmas novelties

We can arrange to host a Christmas Quiz to follow a lunch or dinner or a Karaoke evening and music to follow a dinner, at no extra charge. (Disco's are an additional cost)

In June 2012, for maintaining high levels of food safety & offering healthier meal options The Village Inn has been re-awarded Gold CHEFS Award by Cornwall Council.

In the same month, we were also awarded from Cornwall Council, a Food Hygiene Rating of 5, the highest mark given to a food establishment.



Bargain Corner

Free Ads up to

£50

You may place an ad for sale up to **£50** Free of Charge. There is a £5 charge for items **over £50**.

Please contact the Parish office on
01579 363096 or

email parishpump@btconnect.com.

Please let us know when your item has sold.

PARASENE Superwarm round 10" greenhouse paraffin heater Single 10" dia chimney 12" tall 1.5" new double wick **£12.00**

BLACK & DECKER Workmate 2 Stands on 4 legs 2 wooden benches -- 29" x 9" 29" x 5" Many additions **£49.00**
01579 384092

Set of **6 dining room** chairs in good condition
£30 ono 01579 348 674.

Black **Playstation 2** (slim) and controller Good condition, All power cables included
£15
01579 383134

Hi sleeper **metal frame bed** with shelves, desk and chair good condition also with the single mattress **£50.00**

Adidas football boots, F10 junior size 5 1/2 purple and green hardly worn **£20.00**

Fender squier **electro-acoustic guitar**, good condition complete with new string and a very nice sound **£50.00**

Encore **juniors guitar** with case **£20.00**

07980156802 01579 342868

Electric fire, coal effect/, brass front/wood mantle surround **£40.**

Winnie the pooh **highchair**/converts to table&chair/wood frame/upholstered **£25**

BABYLISS shiatsu **bath spa** (new - boxed) **£20**

NO7 facial spa centre(new-boxed) **£20**

HOMEDICS full body **massage mat** (boxed) was £50--accept **£25**

Kids snakes and ladders **playmat** **£5.00** new (still sealed)

Kids pink hopscotch **playmat**, **£5.00** new(.still sealed)

ROCKET DOG flipflops/black wedge/red bead detail (new still in box) was £40-accept **£20**

Calligraphy set and beginners book **£10.00**, new(in box)

Me to You Bears; 1 is medium size with blue coat, glitter around collar, ideal for xmas, **£15.00** 1 is small size holding a reindeer, ideal for xmas, **£10.00** or **both for £20.00.**

Giorgio beverly hills 2011, collectors bear in protection box, **£10.00.**

01579362146
or
07743416676

Honeywell **24 hour electronic central heating/hot water programmer** - brand new still boxed. **£15**

Wickes **Cordless circular saw** - in carry case good condition **£15**
01579 362851

Mens **Black patent dancing shoes** size 10 little used. Good condition **£15 ono.**

01579 342820 or 07980427225.

Bargain Corner

Free Ads up to £50

PSP with 4 games and a Simpson Film
£40.00

Blackberry Curve Mobile Phone 9320
£20.00

New River Island Jacket size 14.
£15.00

1 tortoise shell Kitten £20.00

1 multi colour kitten £15.00

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PANASONIC 32" TV

freeview, on stand, remote, manual,
not lcd/plasma, very good condition,
full working order.

FREE

01579 362216

2 x Bodyboards – one girls and one
boys **£3.00** each

V-Tech my first laptop – one orange
and one pink **£5.00** each

Large 'Mr Potatohead' 3 potatoes and
several outfits **£5.00**

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Lightweight Charcoal Grey

"George" Suit

40"/42" 38" W 29" L

Worn twice **£25.00**

Fine check pale green/grey Jacket

42"/44" **£15.00**

01579 362788

Oblong golden mahogany coffee table

made by Brights of Nettlebed,

v.g.c.. £22.00.

Buyer collects.

363231

For Sale:

8 Rung Industrial professional **double extension ladder**, 4 x 13 ½" none slip rungs per extension, none slip feet extends up to 5 ft, as new condition. **£35.00** (Designed for use in confined spaces can be used anywhere) .

2 internal glazed doors 1 - 77" high x 30" wide x 1,½ thick, the 1 - 78" high x 30" wide x 1,½ thick, both with 12 clear panes and 3 notched panes, in clear hard wood finish varnish, which can be stripped or over painted. **£20.00 each or £35.00 for the two.**

Wanted

Large sized **walling or hedging stone** even if recovered from old building walls or other structures. I have several one side meters of Cornish hedge which I would like to conserve.

Tel 01579 - 384658

A modern **Teak Desk** as new
3 drawers on right, 2 drawers on left
74cm H x 74cm D x 150cm W

£25.00

Rose wood grain effect **cupboard**
as new

79cm H x 55cm D x 87cm W

£20.00

01579 362909

MSI WIND NET BOOK, UD135DX PINK
10" SCREEN, 1GB, WINDOWS XP,
PINK USB MOUSE, ALL LEADS, 3 USB
PORTS, CARD READER, EDIMAX
WIRELESS LAN DONGLE, BLACK
CASE, LADY OWNER, AS NEW, VERY
LITTLE USE, FROM NON SMOKING
HOME

£85.00

07971341594 or 01579 362862

Bargain Corner

Free Ads up to £50

UPVC WHITE SLIDING SASH WINDOWS good working order, removed from a cottage renovation, we have 4 at **£50** each plus a few odd sized white UPVC windows **£20** each.

Bike helmet £50
size 5 ladies boots **£20** all little used as pillion passenger.
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Singer Sewing Machine No. 15K88 Form K4380. Has been converted to electric.

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Vax Vacuum Cleaner. Combined with vaxing (wash cleaning) carpets

£30.00

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1 month's supply of "Regaine" hereditary hair loss treatment for women. It is suitable for women between 18 and 65 who are not pregnant and do not have any heart or high blood pressure problems. Half price at **£12.50**.

01579 362698.

Ferplast Guinea Pig Cage with stand on wheels.

Wide living space

Fully opening top and side door

House with platform

Plus accessories

VGC

£40.00

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Wanted, used Railway Sleepers/ Telegraph Poles for garden.

For Sale, New Laminated work surface

1600x600 speckled effect

£20.00

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2ND SAT MONTHLY

9.30 - 12.30

PENSILVA FARMERS MARKET

Millennium House

FRESH LOCAL PRODUCE

- Meat
- Bakery
- Vegetables

CRAFTS

- Quilts
- Cushions
- Embroidery
- Greeting Cards



NEXT MARKET
SAT 12th OCTOBER

What's on in St Ive Parish ?

WHAT'S ON	WHEN	CONTACT DETAILS
MILLENNIUM HOUSE		
Aikido	Thursday 7:00pm	
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00	
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 320741 (Phil)
Book Exchange	Daily	01579 363096
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Farmers Market	2nd Sat Monthly 9:30 - 12:30	01579 363096
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Friday Club (Supervised play 5—12 year olds)	Friday 6.00pm - 7.30pm	07715557645 after 3.30pm Pam
Hearing Aid Maintenance	1st Wednesday 10.00 - 12.30	01752 228657 Karen Squire
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	
Tai Chi	Tuesday 7:00 - 8:00pm	07949763256 (Bob)
Village History Group	Last Wednesday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579344464
Zumba Fitness Classes	Wednesday 7:30 - 8:30pm	07850 646207 (Sarah)
PENSILVA VILLAGE HALL		
Beavers	Thursday 5:30pm	01579 363457 Simon Thorpe
Breathers Group	Monday 1.00pm - 3.00pm	01579 345989 Pauline
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Cubs	Thursday 6:30pm	01579 363457 Simon Thorpe
Girl Guides	Friday 6:00 - 8:00pm	01579 363212 Jackie Browning
Pensilva Wednesday Club	Wednesday 2:30pm	01579 362407 Miss J Mills
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
Tiny Tots	Thursday 9:15 - 11:15am	01579 363376 Cathy
PENSILVA SCHOOL		
Pensilva Pre-School	Monday-Fridays 9-12.00 noon	
58		

What's on in St Ive Parish ?

ST IVE INSTITUTE

Art Classes	Wednesday Afternoons	07886 343 621 Yvette Wiltshire
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Coffee Morning	Wednesday 10:30 - 12:00	
Gardening Club	1st Monday monthly 7:30pm	01579 382762
Post Office	Wednesday 10:30 - 11:30	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum

St Ive Institute available for hire. £3 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month



ST IVE & DISTRICT GARDENING ASSOCIATION

Monday 7th October Slugs, Aphids and Vine Weevil, Tim Ellis

Meetings are held in St Ive Village Hall
1st Monday in the month at 7.30pm



Visitors and new members are always welcome to join us.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we would love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!
We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.
Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on 01579 362216.
We look forward to meeting you.

Millennium House



CAFE

Hot & Cold Lunches Snacks & Drinks

All day Breakfast
Jacket Potatoes
Bacon Rolls
Chocolate
Hot & Cold drinks
And much more

Salads
Quiche
Chips
Cakes

Opening Hours

Mon, 9.00am - 2.00pm
Tues & Wed 11.00am - 2.00pm
Thurs & Fri. 11.00am - 2.00pm

***PLEASE NOTE
REVISED
OPENING TIMES***

Millennium House 01579 363096



Millennium House

THE MEL

Licensed Bar Free House

Opening Hours

Mon - Thu - 5 pm to 11 pm
Friday - 4 pm to 11 pm
Saturday - 12 noon to 11 pm
Sunday - 12 noon to 11 pm

Millennium House 01579 363096





The Village Inn, Rosecraddoc Holiday Village, Liskeard, Cornwall, PL14 5BU
01579 344997 alex@rosecraddocholidays.co.uk www.rosecraddocholidays.co.uk

Christmas Party Menu at The Village Inn

Starters

Pork & Chicken Liver & Cranberry Parfait

Served with toast, salad garnish and redcurrant jelly

Prawn Cocktail

Prawns in a Rose-Marie sauce served on a bed of iceberg lettuce and salad with brown bread.

Homemade Spicy Parsnip Soup

Served with warm bread

Breaded Mushrooms

Served on a bed of salad with Garlic Mayonnaise

Crispy Coated Camembert

Served on a bed of salad with Redcurrant Jelly

Main Courses

Traditional Roast Turkey

Served with roast potatoes, Yorkshire pudding, sage & onion stuffing pork and bacon chipolata, seasonal vegetables, gravy and cranberry sauce

Steak and Merlot Pie

Served with Chips or Mash and seasonal vegetables

Home-made Fish Pie

Served with Seasonal Vegetables

Homemade Vegetable Lasagne

Served with Potato Wedges and salad

Desserts

Traditional Christmas pudding

Served with brandy sauce

Jam Sponge Served with Custard

Chocolate Indulgence

Chocolate Fudge cake served with Vanilla Ice Cream

Strawberry Surprise

Sponge with layers of strawberry preserve and mousse topped with passion fruit sauce and strawberry flakes

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