THE PARISH PUMP



March 2019 Edition 448



The Newsletter for the Parish of St Ive

Revd Becca Bell was licensed as Priest in Charge of St Ive, Quethiock, and Menheniot with Merrymeet, in Menheniot Church on the 5th February.



Rev Becca's licensing was the first to be conducted by Revd Canon Phillip Mountstephen since his appointment as the new Bishop of Truro. Revd Becca is already Priest in Charge of Pensilva and St Cleer and this is the first time for fifteen years that St Ive and Pensilva have had the same Priest in Charge. Revd Becca said it will be quite a challenge looking after six Churches, but she is looking forward to it and knows that she will enjoy the help and support of all the congregations.

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Peter Haimes (chair)	01579 362459	Alan Moss (vice-chair)	01579 362064
James Bruce	07411 192645	Marlene Carr	01579 362919
Martin Corney	01579 382450	Angie Haimes	01579 362459
Rosemary Farley	01579 384810	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Kath Parkes	01579 362005
Ivor Vaughan	07979 934604	Craig Vaughnley	01579 364083

Samantha Reilly

Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting

Monday, March 11, 2019



101 Minicom 18001 101

Police Community Neighbourhood Office

Your Community Support Officer is PCSO Steve Bedser 30169. email: CIOSNBMLiskeard@devonandcornwall.pnn.police.uk
To report a crime call 101 or go to www.devon-cornwall.police.uk
In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 362102, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

<u>Hardcopy submissions</u> by post or by hand to the Parish office, Millennium House.

<u>Softcopy submissions:</u> By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down at the Mel Bar, Millennium House



From the Editor

I am writing this on a beautiful Spring day in late February, confident in the expectation that, this time next month, I will be writing something similar on a bitterly cold Winter day in late March

This month's edition is up to 60 pages, from 52 last month and 48 in January. This suggests that there is a lot going on in our Parish, and there is! See for yourselves.

Lastly, my apologies for a small error in my editorial last month. The Yn Poynt Da review is on Saturday March 9th. See you there!

All the best - Joe



Collection point open every foodbank day, 10am to 4pm in St John's Church, Pensilva.

Millennium House Opening Hours

Reception

till 2.30pm **Monday to Friday** 9am

Community Coffee Shop See separate notice on next page

Monday to Thursday Bar 5pm till 11pm

> till 11pm 3pm **Friday**

till 11pm **Saturday and Sunday** 12am

If no-one is available please leave a message in our letter box at the front of the building or on our answer phone by calling 01579 363096.

COMMUNITY COFFEE SHOP MILLENNIUM HOUSE, PENSILVA

OPENING HOURS

Monday 10.a.m. to 1.p.m.

Tuesday 9.a.m. to 1.p.m.

Wednesday 9.a.m. to 1.p.m.

Thursday 9.a.m. to 1.p.m.

Friday 9.a.m. to 1.p.m.

Open to small groups (pre booked) for Cream Teas - Buffet - Lunch Bites

The Coffee Shop is run by volunteers who aim to offer a cheery, relaxed atmosphere for you to sit and enjoy a cuppa. We adapt our service in response to feedback from members of the public, whose support we rely on to continue. We would like to offer our sincere thanks for your support of the Coffee Shop.

Are you having problems with low water pressure?

We are experiencing a drop in water pressure in the Gooseberry Lane / Quarry Road area. South West Water have been contacted and the visiting engineer stated that it's because a pressure-reducing valve was fitted in the latter part of last year; unfortunately, without notifying the residents. He suggested that we contact South West Water - the more complaints, the more likely they are to correct this.

The SWW Services Helpline number is **0344 346 2020**.

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for January 2019

1st No. 1322nd No 843rd No 70Mrs S CooperMrs E HicksMr F Vine

Thank you for your support

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CHAIRMAN'S COLUMN

I will start this month with some good news, we have filled our vacancy on the Parish Council. We welcome Samantha Reilly to our ranks, its nice to have a full council once again and to welcome another younger member to the Council. While I am talking of good news. I must say a big thankyou to Keith Mutton and his friends from Bond Agriculture, at St Ive, who turned out with their tractors etc, to keep the traffic moving on the main road through St Ive during the recent snow. Well done Keith and all who helped in St Ive. On the subject of the bad weather, it was disappointing to hear that after much trouble getting Cornwall Council to fill the salt bins throughout the Parish, several of them were emptied before the snow came. They are not there to provide salt reserves for individuals to use on their drives. They are placed in places around the Parish, where snow and ice are likely to cause safety problems on the roads. If salt is needed for driveways it is available in most D.I.Y. stores and even supermarkets.

Don't forget the theatre is coming to Millennium House on the 9th of March, with Yn Poynt Da's comedy revue. Also on the 15th of March you can enjoy a night with the stars, Caradon observatory team will be giving a (free) presentation on the night sky with (weather permitting) a chance to look at the stars and galaxy's through telescopes set up on the recreation ground. Finally on March 27th, 7-00pm till 10-00pm, we will be having a bar sports evening at the Mel bar, to include darts, dominos, euchre and, for any interested Navy types, uckers. Come and try the games, we would like to make Wednesday nights pub games nights, and hopefully get some league teams playing from the Mel. See adverts elsewhere in the Pump for details. Pete Haimes.

From our Cornwall Councillor Sharon Daw

Tolls on the Tamar Bridge . Living in East Cornwall I feel we should have the tolls removed as they have in Scotland and Wales and funded by central government.... continually raising the tolls for the daily use is unfair to the people who rely on it....The tolls should give choice of routes like the M6 toll road you choose to avoid it or pay 6.50 The Dartford tunnel and QE Bridge in East London is 2.50 and have used the QE Bridge a few times. The new toll bridge over the Mersey is impressive too but does allow a choice....One of the issues on the Tamar are the ferries which are supported by the tolls..... these ferries are not the most reliable and maybe they should be separated and self supporting, who knows?

The snow caused chaos but feel after last year's Beast from the East we should have been better prepared... I raised this issue in 2017 and everyone laughed at me..... never underestimate the power of the unknown yes we have been snow free for several years but as in life everything is circular... It's a shame I missed the members briefing Friday of the snow but what an amazing group of people we have in Cornwall opening doors to strangers stranded.... but the message still is do not travel unless absolutely necessary ...

Trees causing problems on the A390 and highways have been informed constantly... meeting again on 13th February but it is up the Landowners to assess and remove dangerous trees.... If there is a highways problem do contact me but also report it online via Cornwall Council ... the more complaints the better.

Litter picking. It's great to hear people keen to pick up litter and am happy to join groups to do so.... Please do contact me so we can arrange bright jackets and long handled pickers ... your safety is paramount

Can I remind people that I can be contacted by phone, email, text or pigeon. It has been very tedious with such a lack of internet in our area and two weeks of EE disruption did not help.... I have several people contact me about internet in areas around Cornwall which, believe it or not, is very sporadic ... After contacting Open Reach for the 6th time in 18 months.... If anyone else is having difficulties like us I suggest emailing or writing to the CEO of Open Reach who by the way speaks of rolling out super fast broad band everywhere?????

CC Daw



Liskeard and Looe Foodbank are very

appreciative of the continued and generous support from the people of St Ive Parish. In 2018 donations via the churches and the school totalled 878kg.

The donations of food and finance are more necessary than ever. Records show a 25% increase in demand, with the introduction of Universal Credit accounting for much of this. Over the whole area we cover, across Liskeard, Looe, Torpoint and the villages from Polruan to Cawsand, Downderry to Colliford Lake, referrals last year rose from 1784 to 2230.

The increase in emergency food boxes distributed to those in need showed a 50% rise in Pensilva to a total of 98, requiring 1.25 tonnes of supplies. Collection points locally are open every day in St John's Church and St Ive Church where donations can be left between 10am and 4pm. Alternatively, donations can be made on line via the website https://liskeardlooe.foodbank.org.uk/ or by a visit to Unit One, Barras Place, Liskeard PL14 6AY. Tel. 07512 011452 or 01579 343742. Email: liskeard.foodbank@gmail.com.

Foodbank opening hours at Liskeard are Mon/Wed/Fri 09:30 to 12:30 (excluding Bank Holidays).

Grass Cutting and Grounds Maintenance

St Ive Parish Council invite suitably qualified contractors to tender for the Grounds Maintenance work for 2019/2020 (to be extended for future years at the discretion of the Parish Council).

The work includes grass cutting and general maintenance of the Tokenbury Cemetery, Millennium House Grounds and Play Area.

For further details and a copy of the specification please contact the Parish Clerk on 01579 363096 or

stiveparish@btconnect.com

Closing date for receipt of tenders: Wed. 20th Mar, 2019

PENSILVA WI FEBRUARY MEETING

Bloomers!! What do you think of when you read that? A lovely crispy baked loaf or a pair of old undergarments? Well, it wasn't just bloomers that Mary Cole was showing the Pensilva WI's meeting, but knickers through the ages and corsets, liberty bodices and other vintage underwear. There was much hilarity as each garment was produced and Mary gave us the history of the era in which they were worn. Not many of us knew that ladies did not actually wear underwear until the 1800's! She even brought a parachute along so we could see what parachute silk felt like, as if you could get hold of some during WW2 it was ideal for making camisoles and cami-knickers. The hand-sewing of some of the older items was exquisite – no sewing machines then. Frances Vernon thanked Mary for her interesting and humorous talk and all members

enthusiastically concurred.

Following the normal monthly meeting, the AGM was held when the new President was elected and prizes for the competitions held throughout the year were presented. Flower competition: 1st Jill Pascoe, 2nd Jean Hoare and joint 3rd were Cherry Woodhouse, Verna Dawe, Mary Yates and Frances Tucker. Monthly competition: 1st Verna Dawe, 2nd Jean Hoare, 3rd Cherry Woodhouse.

Birthday girls this month were Rosemary Farley, Julie Thorpe and Jacqueline Olver who received a card and spray of flowers.



Monthly competition: Flower of the month 1st Alison Willis, 2nd Mary Yates, 3rd Irene Elliot. A 'hand-made garter' 1st Verna Dawe, 2nd Janet Butcher. Dates for your diary:

Friday 15th March Čentenary Tea Dance, 2pm. Newquay. Saturday 16th March – Marie Curie Tea, 2.30pm Village Hall, Pensilva. Next month's meeting will be held on Wednesday 13th March at 7.30pm in Millennium House, Pensilva when representatives from the Fire Brigade will be telling us how to stay safe in the home. Come along, have a great time and meet new friends. See you then.



Spring is very much in the air as I write this on an amazing hot sunny Sunday in February!

We have been able to open our polytunnels daily which is unheard of for the time of year and we are able to get airflow in the tunnels to improve the health of our plants and let the bees in to pollinate which is all good news. The sunshine has certainly helped everything to grow and in addition to last months chard, kale and purple sprouting broccoli we are now picking salad and herbs and we do have a few cauliflowers although we only seem to have 1 or 2 at a time.

Our young aubergine plants are coming along nicely and will be ready to go in our polytunnels once all danger of frost has passed, however our sweet potato slips have failed dismally but we are starting again with them and still have plenty of time to start with a new batch. We also have tomato, bell peppers and chilli peppers being propagated by project volunteers and friends, if anyone has a spare windowsill and would like to help with propagation please do get in touch!

Many of our volunteers have been busy barrowing our own compost and also manure that had been delivered by Callington young farmers around our site and have been spreading it onto our raised beds to rejuvenate them. We would like our next major task to be building more raised boxes in our polytunnels to grow sweet potatoes and other root vegetables and we would be very grateful for any surplus plywood that could be donated. We are currently running 2 volunteer days each week, on Wednesday 10-2pm and Thursday 12-3pm and would be delighted to see any new faces. As spring has sprung, we have a good variety of our own vegetables on our purple roadside stalls alongside additions from local organic growers and also Riverford.

Our contact details are: Email growingprojectpensilva@gmail.com
Phone 07398 828783 for details of our vegetable box scheme and 07854
353865 for project admin

Pensilva Country Dance Club

We are a small, friendly group that meets once a fortnight in Millennium House, Thursdays, 7.30pm to 9.30pm. If you would like to join us to try country dancing, we would give you a warm welcome. No previous experience needed!

For more information ring Jill 362819 or Liz 340942.

Safer Internet Day at Pensilva Primary School



On Tuesday 5th February it was national Safer Internet Day and all classes in our school took part in a variety of activities linked to being 'safe and secure online'.

Daymer class looked at the story 'Chicken Clicking', while Polzeath class looked at how to stay safe online through a writing task. Holywell class did some drama activities linked to scenarios that they could face while online and Harlyn carried out a whole school survey, which highlighted that the children all know who to talk to if they have a concern while online.



Year 5 and 6 also had a visit from local PCSO Bex Steed to discuss issues about age appropriate gaming and activities online. At the end of the day the whole school had an assembly to share what they had learnt from the day's activities.

'All our children had a great day focusing on issues of how to stay safe and secure while online, through a creative and cross-curricular way.'

St Ive and District Gardening Association

"Crossing the Tamar", the talk at our last meeting, proved very interesting thanks to the vast knowledge and enthusiasm of our speaker, Les Deering, a Tamar AONB guide. From its source in Devon to Plymouth Sound the Tamar has 31 crossings, some ferries and some bridges, several noted in the Domesday Book. Les has visited them all and gave us some surprising details about the ones we are familiar with.

At our next meeting, on 4th March, Dorothy Kirk will give us her account of "Walking in the footsteps of Turner in Cornwall".

Meetings are held in St Ive village hall at 7.30pm and visitors are always welcome to join us. For more information contact 01579 382762 or 382512.

This meeting will follow our AGM which will be held at 7.00pm.

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: <u>not</u> necessarily the 3rd Friday of the month).

Next visits: Mar 15th, 2019

Then Apr 12th, May 10th, Jun 7th.

Stops at:

The Victoria Inn, Pensilva, 10.25- 10.45am; Quethiock bus stop. 11.00 to 11.20am.





SEW, KNIT AND NATTER.
WHY NOT JOIN US ON
THE LAST TUESDAY OF EACH MONTH
for sewing, knitting or just for a chat and a
cup of tea or coffee and cake.

We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

ARE YOU CONCERNED ABOUT DEBTS? DO YOU KNOW ANYONE WHO IS CONCERNED ABOUT THEIR DEBTS?

CHRISTIANS AGAINST POVERTY is coming to the Liskeard area

Christians Against Poverty is an organisation run by Christians for all who are worried about their debts. It was started by a single man who had been in debt (so he knew what it felt like). After extricating himself it became his mission in life to help others who were suffering due to debt.

At first, he worked alone from his own front room, but after a while he had so many clients, he had to employ other Christians to help him. At times he did not have the money to pay them at the end of the month, but they all trusted that God would provide the money soon - and he always did have the money by the middle of the next month.

This man went to extraordinary lengths to raise money to continue helping the more and more people who were turning to him for help. He started to run sponsored marathons (he did not class himself as an athlete!), and then committed himself to run several marathons one after the other on different continents!

THE SERVICE IS COMPLETELY FREE TO USERS AND CAN BE PROVIDED IN YOUR OWN HOME.

The organisation receives no help from the government, so all the funds needed for what has now become a very large organisation have to come from other Christians and from fundraising.

Please look out for our fund-raising ventures in Pensilva and support them.

If you need a referral for help for yourself, please ring Geoff or Carolyn on 01579 362698 and it will be arranged.

St Ive Church

Table Top Sale
Sat 2nd March 10:30 to 3pm
Lots of Tables
Loads of Bargains
House clearence Items
Farm Fresh Meat from Treehill Farm
Homemade Refreshments
Ample parking behind Church

Jumble Sale At Pensilva Village Hall On Saturday March 9th, 2019 from 2.00pm *** Deising funds for the Village Hall ***

*** Raising funds for the Village Hall ***

If you wish to donate, please contact Jackie Browning on 01579 363212 or email peterpensilva@gmail.com. We can collect.

Ruth and Colleen's Monthly



At Millennium House on Tuesday March 5th

Then on April 2nd

Eyes down at 7:30pm Over 18's only £££ CASH PRIZES £££

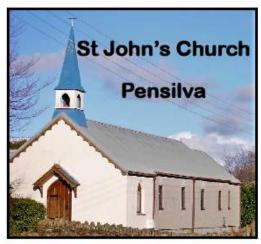


Every Thursday during Lent From 7th March to 11th April Between 12.00 and 2.00 pm

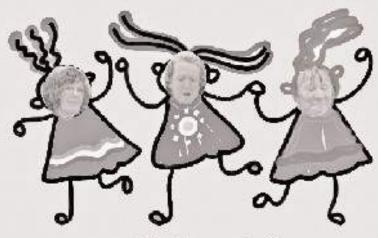
Please come & enjoy a simple meal of homemade soup with a roll & cheese,

coffee or tea for £3.50

Thursday
14th March
The Real Junk Food Project
will prepare
the meal

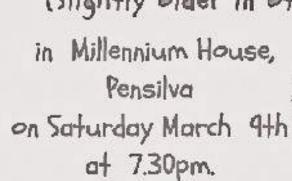






Yn Poynt Da present YOUNG AT HEART

(Slightly older in other places)











Tickets £6 which includes really wizard tea party refreshments. From Millenium House Reception

or Angle 362459



COME ALONG TO A NIGHT WITH THE STARS ON 15TH MARCH

A PRESENTATION WILL BE GIVEN BY MEMBERS OF CARADON OBSERVATORY ON THE NIGHT SKY, WITH (WEATHER PERMITTING), A CHANCE TO OBSERVE THE STARS THROUGH TELESCOPES SET UP ON THE RECREATION GROUND

THE EVENING WILL START AT 7-00 PM AND GO ON UNTIL APPROX 10-30.
BRING WARM CLOTHING. THERE WILL BE LIGHT REFRESHMENTS AND THE BAR WILL BE OPEN.

A COLLECTION BOX WILL BE AVAILABLE FOR DONATIONS TO LUKEMIA RESEARCH

COME ALONG AND ENJOY THE EVENING,
ITS OPEN TO ALL, FROM YOUNGSTER'S TO
PENSIONER'S. SO WHY NOT START A NEW
HOBBY, OR RE KINDLE AN OLD ONE





PENSILVA W.I. will be holding an

AFTERNOON TEA

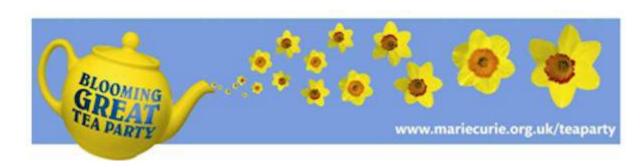
IN AID MARIE CURIE CANCER CARE

At PENSILVA VILLAGE HALL

On SATURDAY 16TH MARCH at 2.30pm.

RAFFLE AND BRING AND BUY.

Entry £3.00 to include tea and cakes.



QUIZZES AT MILLENNIUM HOUSE

NEXT QUIZ: SATURDAY MARCH 23RD 7:30pm

Teams of 4. Entry £6 per team.

Organised by and raising funds for All Being Well

Improving the health of our community



EVERY THURSDAY 4-5.30PM ST IVE VILLAGE HALL

NO EXPERIENCE NEEDED, ALL WELCOME FROM POP TO CORNISH SONGS. WE ONLY SING IT IF IT'S FUN!

PLEASE CONTACT CLARE: 01579 382341 OR EMAIL: CONTACT@CLARENORRISH.COM

WEBSITE: clarenorrish.com

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ARTISAN ART & CRAFT EXHIBITION / SALE

ELIOT HOUSE HOTEL, LISKEARD

26th - 30th March

10am - 4pm



WIDE SELECTION OF LOCAL HANDICRAFTS

CRAFT SUPPLIES - JEWELLERY VINTAGE - BOOKS - UPCYCLED FURNITURE

REFRESHMENTS - RAFFLE - PARKING



01822 833 946 victorbriggs 72@gmail.com

DDDDDDDDD

ON THE 27 MARCH AT THE MEL BAR
WE WILL BE HOLDING A
BAR GAMES NIGHT
FROM 7-00 TO 10-00 PM

WITH GAMES INCLUDING DARTS, DOMINO'S, EUCHRE AND, FOR ANY NAVY TYPES UCKERS

PLEASE COME ALONG FOR A FUN EVENING. IT

WOULD BE NICE TO MAKE IT
A REGULAR EVENT





those who care for us on

MOTHERING SUNDAY

worship for people of all ages

Share a gift of flowers Come & give thanks

Enjoy hot chocolate, tea, coffee, squash, cakes & biscuits before the service

ST JOHN'S CHURCH PENSILVA



Sunday 31st March

Refreshments from 10:30 am 11:00 am Praise and Thanksgiving

Millennium House Events Group - upcoming events.

April 3rd is Easter Bingo! Eyes down 7:30pm, great prizes to be won! (See poster opposite).

Sunday 5th and Monday 6th May we're planning a May Day Weekend Beer Festival at Millennium House! More details to follow~

Don't forget - July 6th, 2019 is Pensilva Carnival. If anyone can volunteer on the day, or would like to run an event in the Carnival Week prior to the big day, please get in touch with Ruth in Millennium House reception, or Karen on 01579 362196.



Pensilva Wednesday Club RVS

Meet in Pensilva Village Hall at 2.30.p.m. on alternate Wednesdays.

All Adults welcome to join - £1 per meeting - Refreshments
Various Activities - Entertainment - Coach Trips - Raffle

Coach Trips planned for the year – also open to non-members

15th May Par Market and The Range

10th July Atlantic Village

13th Nov Truro

Unfortunately, the 6th March trip to Newton Abbot Trago has had to be cancelled due to lack of support.

Anyone is interested in any of the above trips, please contact Jane Mann on 01579 362960

Apr 17th meeting Easter Celebrations

For Information please contact Jean Connor on 01579 363221





VICTORIA INN



Brunch Fridays & Saturdays from 9.30am – 11.30am

Opening Hours

Monday	Closed all day			
Tuesday			5pm to 11pm	
Wednesday		12pm to 3pm and	5pm to 11pm	
Thursday		12pm to 3pm and	5pm to 11pm	
Friday	9.30am	to	11pm	
Saturday	9.30am	to	11pm	
Sunday		12pm to	7pm	

Tuesday Curry night and full menu. Thursday night 2 for £12

Quiz - 2nd Tuesday every month



LIVE MUSIC EVERY MONTH CALL - 01579 363933



Pensioners Lunch

2 Course Meal plus Tea or Coffee **Only £6.00**

Every Tuesday here at Millennium House Speak to our reception or telephone Millennium House on 01579 363096



So why not join us for Good Food and Good Company, all on the day you collect your pension?

Liskeard Methodist Church, Barn Street, Liskeard PL14 4BL



Computers, Internet & Support - FREE!

Opening Times:

Tuesday: 7-9pm;

Wednesday: 10am-1pm

Friday: 2-5pm;

Saturday: 10am-12pm





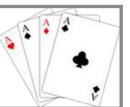


LET'S MEET (chat and eat!) @Gorfenna LUNCH CLUB.

St. Ive, PL14 3LX

A chance to meet up and socialise. All welcome.

Every first Monday of the month



11.30 - 2pm £2.50 pay on the day. 01579 384810

Call for information or just come along. A friendly welcome, a warm lunch and conversation await! www.gorfennacommunity.co.uk













PENSILVA MEMORY CAFE

DO YOU HAVE MEMORY PROBLEMS OR CARE FOR SOMEONE WHO DOES? WHETHER IT'S MILD, MODERATE OR SEVERE YOU CAN SOMETIMES FEEL A BIT ISOLATED AND ALONE.



DON'T BE LONELY. KEEP SMILING. THERE ARE MANY OTHERS LIVING WITH THIS CONDITION.

COME AND JOIN US ONCE A MONTH FOR SOME FUN AND LAUGHTER, MUSIC & REMINISCENCES.

WE MEET ON THE FOURTH THURSDAY OF EACH MONTH AT ST JOHN'S CHURCH FROM 2PM – 4PM.

WE ALSO SUPPLY TEA/COFFEE AND CAKES. DONATIONS OF £1 PER PERSON APPRECIATED FOR MORE INFO PHONE PAT 01579 363461 OR CAROLYN 01579 362698

Badminton?

Come and join our relaxed and friendly group at Pensilva

Millennium House

Mon & Tue 7.30 - 9.30pm Friday 8.00 - 10.00pm

For further info phone
Nigel or Carol on
01579 363594 or
07885 798370

All Being Well

Your local, friendly gym.

Over 18 years working in our local community to improve health, fitness and well being. Call **01579 363890**, drop in at Millennium House, Pensilva, or email abwgym@gmail.com

Opening hours:

Mon/Fri 10am-3pm & 5pm-9pm
Wed 10am to 3pm
Tues/Thur 9am to 1pm
Saturday 10am to 1pm

Ask about GP exercise referrals!

PENMILL ART GROUP

We are a small, friendly group using all art mediums. If you paint we would love you to join us.

We meet at
Millennium House
10-2 every Friday.
Please come & see
us or phone Pam on

01579 363441.

LISKERRET MALE VOICE CHOIR

We are currently looking for new members in all sections. No previous experience necessary.

Practice Mondays 7:30pm at the Royal British Legion, Liskeard.

Enquiries to the secretary on

01579 363881

Email: charaton@btinternet.com

Website: www.liskerretmvc.org

Charity No. 1120243

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peterpensilva@gmail.com



Please note that as well as hall rent there is a coin meter for heating at 60p/hr.

We hold a Hall a users and committee meeting on the fourth Monday of every 2nd month starting in January at 7.00pm. Please feel free to come along and support us.

There will be a jumble sale on 9th March. Please contact Jackie if you wish to donate. We can collect.

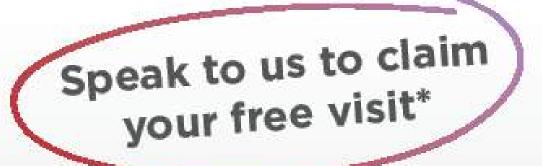
Organisations that meet in Pensilva Village Hall				
Meeting Times	Organisation	Contact Person	Telephone	
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239	
AlternateWed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221	
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091	
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228	
Fri. 1:00 - 3:00	MIMS	Chris	01579 343702	
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091	

St Ive Institute & Village Hall				
Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travellling Post Office		
First Monday	7:30pm	St Ive Gardening Club		
Every Monday & Thursday	7:00pm	St Ive Snooker Club		



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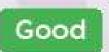


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PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial People's Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Marlene Carr 362919).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

Meetings are held every third Thursday of each month at 11.30.a.m. Meet in Millennium House car park.

For any information please contact Jean Connor 01579 363221

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Community Fund

St Ive Methodist Chapel

Services for March 2019

Sun 3rd Mar 11am Mr Mark Pellow

11am Sun 10th Mar Mrs Helen Burke

Sun 17th Mar 11am Mrs Barbara Snowling

Sun 24th Mar Mr Noel Morgan 11am

> Food for Thought at Pensilva 5pm

Sun 31st Mar 11am Mrs Marguerite Smith

The Chattermakers Craft group will meet in the Guild room on Thursday 7th and 21st Mar from 7.30pm. All welcome.

The Village Prayer group will meet on Thurs 14th & 28th Mar at 2pm. All welcome. (Please ring to make sure the meeting is going ahead. 01579 382334.)

St Ive Church

Services at 11:15am every Sunday

Mar 3rd Holy Communion (Rev Becca Bell's first service at St Ive)

Mar 10th Morning Worship

Mar 17th Holy Communion. Lunch follows this service

Mar 24th Family Service. Small pets welcome

Mar 31st Together at Ten at St Cleer 10am

Other March Events

Produce Market and Bric-a-brac 10:30 Fri 1st

> Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams and much more. Farm fresh meat from Trehill Farm Produce.

Sat 2nd Table Top Sale 10:30am to 3.00pm

Lots of tables. Loads of bargains. Farm fresh meat. Homemade refreshments.

Fri 15th / 22nd & 29th **Lent Lunch in Chapel 12pm**

Sun 17th Lunch in Church. 12:45. All welcome. Only £7 for 2 courses.

Church Wardens Brian Dwelly **01579 364010** btdwelly@aol.com

Colin Catchpole 01579 383867 ccatchpole@hotmail.com

Please let Churchwardens know of anyone requiring a home or hospital visit.

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Services for March 2019

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 3rd 11am Rev Sue Hill, **Holy Communion**

Sunday 10th 11 am Café Church

Sunday 17th 11am Anglican Service

Sunday 24th 11 am Rev Mark Pengelly

5pm Food for Thought

Sunday 31st **10.30am** for refreshments, followed by

Mothering Sunday Service

Café Style Church followed by coffee and chat, <u>Thursday mornings 10am.</u> Everyone very welcome.

Afternoon Tea on Friday 1st March at St John's Church, Bring and Buy. Everyone welcome.

Lent Lunches on Friday 14th, 21st & 28th March, 12.00 to 2.00 at St John's Church. Soup, roll & cheese followed by coffee/tea. Look forward to seeing you there.

Memory Café Thursday 28th March, 2-4pm in St. John's Church **Fellowship Group**, Friday 8th and 22nd March. Contact Carolyn on 362698 for further details.

Prayer Group 2pm Friday 1st and 15th March. Please ring Eileen on 362580 Carolyn on 362698, if you would like prayer for yourself or someone else.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please ring: Geoff Cox, 362698 or Frances Tucker, 363718



O7966 370233

The Pensilva Group meets in Millennium House on Mondays at 10:00am, 5:30pm and 7:30pm.

A Wednesday morning group meets at 09:30am in the Sports club, Liskeard

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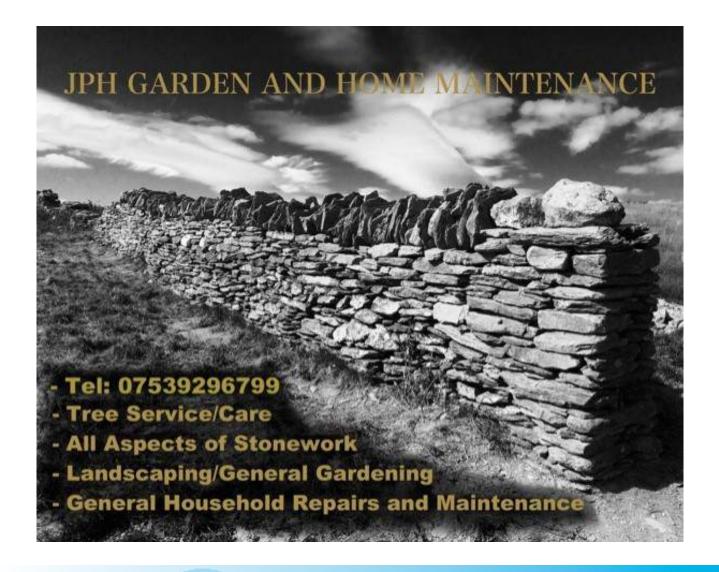
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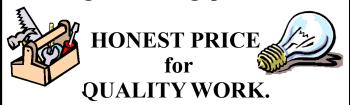
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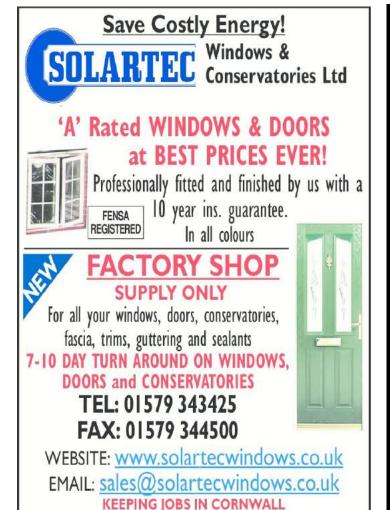
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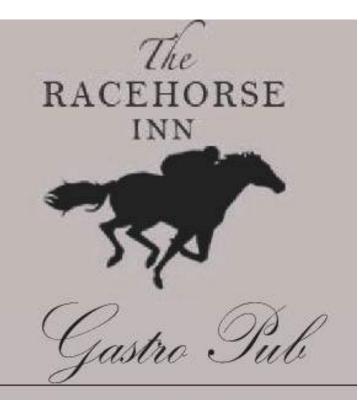


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What's on in St Ive Parish?				
WHAT'S ON	WHEN	CONTACT DETAILS		
MILLENNIUM HOUSE				
Aikido	Thursday 7:00pm			
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00			
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)		
Book Exchange	Daily	01579 363096		
Breath of Air	Monday 12.30pm - 2.30pm	01579 345989 Pauline		
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham		
Drawing Class	Wednesdays 09.30am - 12.30pm	07886 343621 (Yvette Wiltshire)		
Ladies Netball	Friday 09.15 - 10:15am	07985 387472		
Penmill Art Group	Friday 10am - 2pm	01579 363441		
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096		
Short Mat Bowls	Thursday 7:00pm	01579 208528		
Watercolour Art Class	Wednesdays 1.30pm - 4.30pm	07886 343621 (Yvette Wiltshire)		
Wildlife Group	Quarterly	01579 362539 (Hilary)		
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)		
Yoga	Wednesday 7:00pm	01579 344464		
	PENSILVA VILLAGE HALL			
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver		
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner		
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond		
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly		
MIMS	Friday 1.00 - 3.00pm	01579 343702 (Chris)		
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond		
Rangers	For Info	01579 362982 Kirsty Oliver		
PENSILVA PRE-SCHOOL				
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)		
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)		

ST IVE INSTITUTE			
Gardening Club	1st Monday monthly 7:30pm	01579 382762	
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum	
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)	
Post Office	Wednesday 10:30 - 11:30		
Coffee Morning	Wednesday 10:30 - 12:00		
St. Ive Singing Group	Thursday 4.00 - 5:30pm	01579 382341 (Clare)	

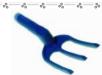
St Ive Institute available for hire, £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters, which are on a £1 coin meter)

Contact Sue Sedgewick on 01579 383291

Hall meetings will now be held quarterly on the second Tuesday of the month in January, April (includes AGM), July and October.



ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Mon 4th Mar 7pm AGM

7:30pm Walking in the footsteps of Turner in Cornwall.

By Dorothy Kirk

Mon 1st April A Daffodil walk at Cotehele. Leave St Ive car park at 5.35pm.

Mon 13th May A visit to Pendower House, Fowey.

Leave St Ive car park at 6.40pm.

Visitors and new members are always welcome to join us.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on 01579 362216.

We look forward to meeting you.

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

Tuesday - 9am to 1pm

Wednesday - 9am to 12 noon

Friday - 9am to 12 noon

THE MEL BAR MILLENNIUM HOUSE

Licensed Free House

GUEST ALES - LAGERS - CIDERS - WINES - SPIRITS

Opening Hours

Mon - Fri - 5 pm to 10 pm Saturday - 12 noon to 11 pm Sunday - 12 noon to 11 pm

PLEASE NOTE CHANGE TO FRIDAY OPENING HOURS

01579 363096