THE PARISH PUMP



October 2018 Edition 443



The Newsletter for the Parish of St Ive



The new bus shelter on the A390 at St Ive. Just in time for the rain!

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Peter Haimes (chair)	01579 362459	Alan Moss (vice-chair)	01579 362064
James Bruce	07411 192645	Marlene Carr	01579 362919
Martin Corney	01579 382450	Angie Haimes	01579 362459
Rosemary Farley	01579 384810	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Kath Parkes	01579 362005
Ivor Vaughan	07979 934604	Craig Vaughnley	01579 364083
Sharon Dow (Corpu	all Councillor) 07	927 270205 clach dach d	aw@amail.com

Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting

Monday 8th October 2018 at 7:30pm at St Ive





Police Community Neighbourhood Office

Your Community Support Officer is PCSO Bex STEED 30169. email: CIOSNBMLiskeard@devonandcornwall.pnn.police.uk To report a crime call 101 or go to www.devon-cornwall.police.uk In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

<u>General Parish matters</u> should be raised initially with the Parish Clerk, Jenny Hoskin, who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For <u>accounts matters</u> for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096 email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

<u>Softcopy submissions</u>: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue:Quarter Page £7.50Half Page £15.00Full Page £25.0010% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down at the Mel Bar, Millennium House





From the Editor

My wife and I (and the dog) have just returned from staying with some friends in Looe over the weekend of the 'Looe Saves the Day' music festival. It was great to see how the community of Looe rallied round and managed to put on an event at short notice, even as the shocking news of the failure of the official Looe Music Festival hit the headlines. Well done Looe!

It seems that our own community is not doing so badly either, judging by the number of items in this month's edition with reports about events held last month, or notices for upcoming events. Sometimes I have noticed that the preponderance of news in our newsletter concerns mostly the older generations, but the balance is more even this month: Pensilva Primary School has won a prestigious award, there is a Halloween event at Millennium House and "Not a Trick, Just a Treat" next door at St John's church. If you, whatever your age or interests, feel that you and your friends are not catered for by the events taking place in our Parish, then you should think about organising something yourself. The Parish Pump will do everything it can to put you in touch with like-minded people. Keep well - Joe

Millennium House Opening Hours				
<u>Recept</u>	tion 9am	till 2.30pm	Monday to Friday	
<u>Comm</u>	<u>unity Co</u>	offee Shop	See separate notice on next page	
<u>Bar</u>	5pm 3pm 12am	till 11pm till 11pm till 11pm	Monday to Thursday Friday Saturday and Sunday	

If no-one is available please leave a message in our **letter box at** the front of the building or on our answer phone by calling **01579 363096**.

COMMUNITY COFFEE SHOP MILLENNIUM HOUSE, PENSILVA

Now open Monday to Friday!

Monday	10.a.m. to 1.p.m.
Tuesday	9.a.m. to 1.p.m.
Wednesday	9.a.m. to 1.p.m.
* Thursday	9.a.m. to 1.p.m.*
Friday	9.a.m. to 1.p.m.

*Incorporating a Coffee Morning from 10.a.m. to 12 noon. To include free raffle ticket per week - raffle drawn end of each month. Special offer on coffee/tea/cake during this period. * Revised menu, offering more choices. Open to smaller groups of up to 25 (pre booked) for Cream teas - buffet- lunch bites.

The collection point for the **foodbank** is now open every day from 10am to 4pm in St John's Church, Pensilva.

CHAIRMAN'S COLUMN

Lets start off this month with a couple of adverts. Firstly, the defibrillators are about to be installed in the Parish, one in St Ive and one in Pensilva. As part of the installation a FREE course in their operation will take place on Monday 29th of October, from 6.30 pm to 8.30pm in the Function room at Millennium House. Please come along and learn how to use these life saving pieces of equipment. Secondly, with Remembrance Sunday not far away, we will be having a clean up around the grounds of Millennium House and the War Memorial, on Saturday the 10th of November from 10-30 am to 1-00pm. We will welcome any volunteers for the event. Tea and cake will be provided to keep us going. The newly resurfaced car park at Millennium House has been well received and, by the time you are reading this, a speed hump will have been installed on the approach road to the car park, along with extra speed limit markings, plus extra CCTV cameras to identify the culprits of any anti-social behaviour that may occur in and around the car park. The library in Millennium House is being well used, and I would like to thank Jill Goody for the work she puts in, to keep it organised and tidy. For the time being we can accept no more books as we are full. If we need any more in the future, we will put a request in the Pump. Thank you to all of you that have supplied the books we have. To finish off this Month, with the evenings drawing in, a quick reminder to parents to ensure their children's bikes have working lights, and please wear something light at night. **BE SAFE BE SEEN**. Lets not have any accidents. Pete Haimes.

ADVANCE NOTIVE. DECEMBER EVENTS AT MILLENNIUM HOUSE

15th December: Polperro Fisherman's Choir, £5 on the door.In aid of Cornwall Air Ambulance and MH Events Group.19th December: Crimbo Bingo, eyes down 8pm. MHEG.

Pensilva W.I - September Meeting

The speakers at our September meeting were Steve Mason and Mike Richardson from Cornwall Blood Bikes. They gave a very informative presentation on the wonderful work done by their organisation. Blood Bikes was set up in January 2011 by a group of 5 volunteers at Pensilva, and became a registered charity in February of that year.

They are all volunteers and provide an out of hours service delivering items of a medical nature to hospitals etc. They are completely self-funded and receive no financial help at all from the government, but rely on donations from the public. They brought along one of their bikes to show us. Currently they have 9 bikes in their fleet, all of which are second hand, mostly ex police bikes. After lots of questions, vice president Cherry Woodhouse thanked them warmly for giving up their precious time to come and speak to us.

Cherry also thanked all who had helped or supported our Horticultural Show in any way. This had been a great success, with lots of support from the public. Congratulations must also go to Alison Willis for winning the CFWI new press secretary's cup for this year.

A short business time followed, with reminders of forthcoming events. The book club starts on Oct. 16th at the Millennium Coffee shop at 10am. Programme planning meeting on Mon 22nd Oct. at 2.30pm. Members are asked to come along with ideas for speakers for the coming year.

Wednesday 14th Nov. Traditional embroidery workshop at Marshgate.

The CFWI carol service will be at St Petroc's Church Bodmin Fri 7th Dec. Birthday girls this month were Marie Warne, Irene Elliot, Rachael Palmer and Jennifer Kelly. Birthday posies, beautifully made by Verna, and cards were presented to them.

Competition winners this month are: Flower of the month, 1st Jill Pascoe, 2nd Irene Elliot, 3rd Mary Yates. A heart any medium, 1st Cherry Woodhouse, 2nd Verna Dawe, 3rd Mavis Philp.

We are reminded that meeting on Wednesday 10th October will be our Bring and Share Harvest Supper and auction of produce. Donations of produce to auction would be very much appreciated. Friends and family are very welcome to join us at 7.15pm at Millennium House.

Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for June			
	1st No. 163	2nd No 134	3rd No 21
	Mr D Hicks	Mr N Gilbert	Mrs A Cacchione

Thank you for your support

From Cornwall councillor Sharon Dawe.

Library services are changing??

One stop shop is closing but the services will be available at Callington. Mobile libraries are changing, newer and more services ...

Information deprecation in rural areas.

Rural isolation.

Community needs data.

Pockets of wealth and deprecation in unexpected areas.

Summer reading challenge showed pockets of deprecation.

Doorstep crime: don't fall victim to:

Bogus callers who trick you into giving out personal information.

Rogue traders offering work of poor standard and overcharging.

Aggressive selling and tactics constitute a criminal offence.

Distraction burglary, when one person distracts the victim whilst another goes through personal items and steals money and goods.

www.dc.police.uk/ reportcrime twitter@DC_Police

More police contact information on inside front cover of this Parish Pump.

When reporting crime:

Make a note of time and place.

Characteristics, eyes, face, beard, glasses, and what they were wearing. If vehicle, get colour, make, registration and model.

Trading standards: <u>buywithconfidence.gov.uk</u> Action on Fraud. <u>actionfraud.police.uk</u>

RVS PENSILVA WEDNESDAY CLUB TRURO COACH TRIP WEDNESDAY 28TH NOVEMBER 2018 Leaving Millennium House at 9.30.a.m. Pick-ups in Liskeard and Dobwalls £10.00.

To Book, please telephone Jane Mann 01579 362960



SEW, KNIT AND NATTER. WHY NOT JOIN US ON THE LAST TUESDAY OF EACH MONTH for sewing, knitting or just for a chat and a cup of tea or coffee and cake.

We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

P	ATIENT PARTICIPATION GROUP	
PENSILVA HEALTH CENTRE		
	DOCTORS' AVAILABILITY	
	As at 4th September , 2018	
MONDAY	DR YU	(F)
	DR BAINES	(F)
	ALI MOSS (nurse practitioner)	(F)
TUESDAY	DR BAINES	(F)
	DR DAVIES (a.m.)	(F)
	ALI MOSS (nurse practitioner)	(F)
TUES OR WED	DR JEFFERIES	(M)
WEDNESDAY	DR BAINES	
	DR DAVIES	(F)
	WARREN HARPER (nurse practitioner)	(M)
THURSDAY	DR TOMS	(M)
	ALI MOSS (nurse practitioner)	(F)
FRIDAY	DR BASTERFIELD	(M)
	DR BAINES (a.m.)	(F)
	ALI MOSS (nurse practitioner)	(F)
AD HOC DAYS	DR NORTHBRIDGE	(F)
	DR SYMONDS	(M)
	DR GILBERT	(M)
	DR MANTLE	(F)
OPEN DAILY	8.30 a.m. to 6 p.m. except -	
SURGERY CLO	SED on Wednesdays from 1.00 to 2.30 p.	m.

DISPENSARY CLOSED every day from 1.00 to 2.00 p.m.

Marlene Carr, Secretary, Patient Participation Group, 01579 362919

Free or very low cost lunches are available for local families every Friday from 12 noon in the Hall at Liskeard Methodist Church (or St Martins Church Hall on the 1st Friday of each month) with activities for pre-school age children beforehand.

Open Day at Merryhue Farm

On Thursday August 30th over 40 guests from local charities, organisations and councils attended Merryhue Farm for a special Open Day. The weather was dry, and we even had some sunshine as small groups of guests were given presentations by the 3 organisations that are based at Merryhue – TST (South West) CIC, Battling On CIC and Work Skills South West CIC. The presentations were given by staff from our new wooden teaching pods, and explained some of the work we do, the projects we are involved in and our vision for the future.

Guests were also given time to meet the animals including the alpacas, sheep and pigs, and the newest addition to the farm, Sam, our giant donkey foal born earlier in the summer.

Lunch was a scrumptious feast of homemade soup, bread and hot dogs, all cooked on the WW1 field kitchen in the woods. The lunch break gave everyone the opportunity to come together and network, making valuable contacts for future collaboration on improving the lives of the most vulnerable members of our communities.

The whole day was a great success, we have received a huge amount of positive feedback and we're grateful to all those who came to support us. We look forward to doing it again.





'Rural Communities Remember' event at Merryhue Farm. Battling On has been awarded ten glass silhouettes from the Community Covenant Grant scheme 'There but Not There' for its two day remembrance event which will be held at Battling On's centre at Merryhue Farm for Armistice Day. The event will teach young primary school children about all those lost to our communities and the devastating impact that had on the rural economy. The event on 1st to 2nd of November will involve local primary school children, cadets and representatives from parishes in East Cornwall. The glass silhouettes will be placed at stations around the farm, where actors playing the roles of shepherds, foresters, etc. will tell of real people lost to our farms, villages and towns, helping the children to understand the true impact of the war. One Callington family lost three sons and these stories need to be passed down through the generations. At each station, the young people will see rural skills being undertaken, such as heavy horses pulling timber, while tour guides explain how the loss of so many affected the farming community. Battling On has a replica World War 1 Field Kitchen (see above) and will be producing food cooked from WW1 army rations packs, for the school children to taste the food that the soldiers on the frontline would have eaten. A replica trench will allow the children to see the conditions the soldiers had to endure. At the end of the day, Battling On will be reading out the names of the young men lost locally, with the marine cadets playing the Last Post. Email rick@battling-on.com if you are interested or have stories or names

that you would like to share at the 'Rural Communities Remember' event.

Pensilva Primary School Achieves Gold!

At the end of last term, Mark Thompson, the BBC One Show astronomer, visited Pensilva Primary School and engaged the pupils in a fantastic Science show. During his visit, he recognised the school's fantastic achievement in gaining the Primary Science Quality Mark Gold Award for Science. This is a difficult award to gain and only held by a few schools across the UK. The school is very proud of this achievement and of the ongoing science teaching and learning that we are part of, both in school and beyond.



Mark Thompson handing the award to Science Coordinator Kristy Rowe, alongside school governor Colin Swinburne and pupils Harry-Jack and Millie.





Would you like a free talk to hear about the work we do at

Children's Hospice South West

If you are part of a group and would like to hear more about the vital work we do, we can provide free speakers at a time suitable for you and can tailor the talk to suit your group.

For more information or to book a talk please email reception.lh@chsw.org.uk or call 01726 871 800

Making the most of short and precious lives across the South West www.chsw.org.uk Registered Charity No. 1003314

BRIGHT SKY HOME SUPPORT (Pensilva area)

would like to offer a trusting, helpful service to its customers in a cheerful,

friendly way

for

occasional sessions or short-term regular support

with

Personal Care Practical Support in the Home

(::)

Carers / Family Support Help with De-Cluttering

Established by Angela Hooper

Fully Qualified Health & Social Care Professional , DBS CHECKED - FULLY INSURED For further information please contact Angela on: Mobile 07484853760

Email angela.hooper2@btinternet.com

The annual Pensilva WI Horticultural Show was held at Millennium House on Saturday 8th September and was opened by Margaret Johnson, Cornwall Federation WI Chairman. A vast range of entries were displayed including crafts, baking, flowers, vegetables and photographs. As usual the standard was extremely high and the judges had a difficult task in choosing the winners. The prize winners were: Pensilva WI Committee Cup for most points in Vegetables - Mrs F Drew, the Downing Cup - Mr G Cox, the Tessa Cup - Mrs J Pascoe, the French-Blake Cup - Mr B Arthur, the Albert Moore Cup - Mrs J Hoare, the Nicholls Cup - Mrs L Snell, the Les Morcom Cup - Mrs A Max, the Barnard Cup - Mrs A Max/Mr B Hocking, the Dr. Tregarthen Cup – Mrs F Drew, the Smerdon Trowel - Mrs C Cox, Opener's Choice - Mrs P Prinn, the Coombes Cup -Mrs L Snell, Members Photography Shield – Mrs V Dawe, the Gordon Bennett Trophy – Miss C Hambly, the Mary Gilbert Cup – Mrs J Hoare and the Pensilva WI Committee Cup for Overall Winner, most points was Mrs J Hoare.

In the Childrens section, the winner of the Photography Shield for under 15 years was William Hicks, the Miss Lennon Cup for Children under 7 years was Grace Rance, the Parfitt Cup for children 8-11 years was Ben Rogers/Alex Rogers, the Harry Cup for children 12-15 was Millie Swinburne.



The prize winners and Cornwall Federation WI Chairman Margaret Johnson.

St Ive Show – 1st September 2018

This year's show was opened by Mrs Ruth Sargent. Ruth is a keen WI member and has been coming to the show for many years. It was a pleasure to hear her talk about how much she loves the show and how important it is to the village.

Entries were up again this year – despite the hot weather. There was a beautiful display of flowers and some magnificent

vegetables. The entries in the photography class had increased dramatically – perhaps the fantastic summer helped this category!! The afternoon saw the Village Hall filled with people and entries. It was lovely to see the variety in every category.

The show committee would like to thank everyone who contributed – whether by way of entries, refreshments, raffle prizes, judging, stewarding or pre-show organising. Without the help of all concerned our show would not be the success that it was!



St Ive and District Gardening Association

At our first autumn meeting, Caroline Stone regaled us with the tale of her trip to South Africa with two experts, in search of Nerine Bowdenii growing in the wild. This is the nerine many of us have growing in our gardens thanks to the plant collector from Newton Abbott, Athelstan Cornish-Bowden. Caroline's tips and photos will help us take better care of our nerines and inspire us to try some of the more unusual varieties. At our next meeting, on Monday 1st October, Simon Dell will be recalling the history of Cornish Policing, as 7:30pm in St. Ive village hall. Visitors always welcome. Growing Provect



September for us is a long-awaited month when a lot of our crops are ready to harvest. We have been harvesting large quantities of tomatoes, cucumbers, patty pan squashes, spaghetti squashes, runner beans, aubergines, courgettes and kale which have been added to in the last few weeks with broccoli, sweet peppers and the first of this years sweetcorn. Next will be our sweet potatoes which are already larger than last years crop and tiger nuts which is one of this years experimental crops.

We have trays of sprouts, kale and chard all ready to go in the ground but we are waiting for some of our current crops to finish before we have room.

We have kindly been donated several large tractor tyres by Caradon tyres which have

been moved into position and started being filled with compost, next week we will have hopefully collected manure to fill them to the brim and plant our Christmas potatoes.

Recently we had the opportunity to nominate one of our volunteers for "Cornwall celebrates volunteering" to receive an award. We had no difficulty in deciding our nominee this year, to recognise one of our volunteers Colin who has committed extra time to the project and taken responsibility for our previously neglected fruit bushes, fingers crossed he gets to the shortlist!

We do have a small project on our site we would like to complete and would be grateful for any donations of water butts and guttering, this is to collect rainwater to use for watering.

Our produce is available through our vegetable box scheme and also from our purple roadside stalls where you can find a variety of fruit and vegetables grown on our land with also a small amount of items such as lemons and limes grown by organic suppliers.

We can also be found at Linkinhorne parish hall on Thursdays between 2.30 and 4.30 pm with a mini stall at their open coffee afternoon.

Our contact details are Email growingprojectpensilva@gmail.com

Phone: 07398 828783 for veg boxes and 07854 353865 for Project admin.



MILLENNUM HOUSE HALLOWEEN PARTY

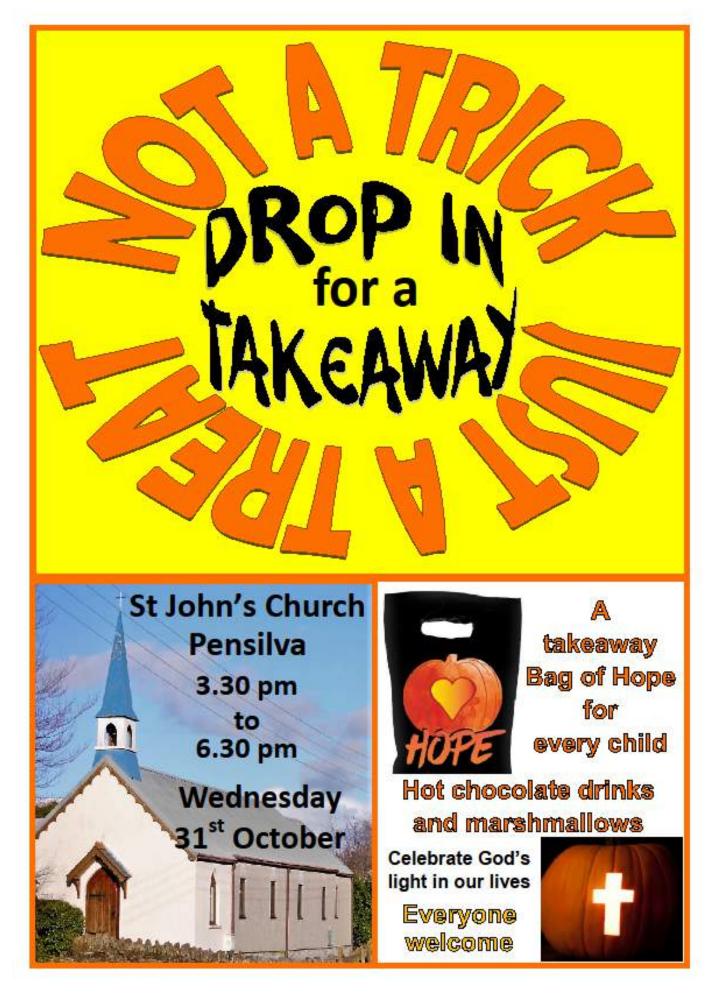
Come in fancy dress!

Treats and games

Disco

Fun starts at 6:00 pm Free Entry

Wednesday October, 31st at Millennium House Children must be accompanied by an adult at all times





EVERY THURSDAY 4-5.30PM ST IVE VILLAGE HALL

NO EXPERIENCE NEEDED, ALL WELCOME FROM POP TO CORNISH SONGS. WE ONLY SING IT IF IT'S FUN! PLEASE CONTACT CLARE: 01579 382341 OR EMAIL: <u>CONTACT@CLARENORRISH.COM</u> WEBSITE: clarenorrish.com

St Ive Church Produce Market

Every 1st Friday 10:30 to 1:30pm

Homemade Cakes Fresh Vegetables

Jams Pickles Local made Pasties

Bric-a-brac and much more - also

Home Reared Traditional Meat

Pork, Beef, Chicken, Dry Cured Bacon, Sausages from

Trehill Farm Produce

Cooked Lunch available from 11:30 only £4.50

PENSILVA WEDNESDAY CLUB R.V.S

Meet in Pensilva Village Hall at 2.30.p.m. on alternate Wednesdays

All Adults welcome to join - £1 per meeting –

Refreshments - Various activities - Entertainment -

Coach Trips - Raffle

Information: please contact Jane Mann 01579 362960

Pensioners Lunch

2 Course Meal plus Tea or Coffee Only £5.50

Every Tuesday here at Millennium House Speak to our reception or telephone Millennium House on <u>01579 363096</u>



So why not join us for Good Food and Good Company, all on the day you collect your pension?

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: <u>not</u> necessarily the 3rd Friday of the month).



Next visits: 26th Oct, 23rd Nov, 21st Dec.

Stops at: The Victoria Inn, Pensilva at 10.25 to 10.45am;

Quethiock bus stop. 11.00 to 11.20am.

PENSILVA GROUP MEETINGS NOW AT 5:30pm AS WELL AS 7:30pm

Slimming WONDAY PENSII VA 5:30 and 7:3

MONDAY PENSILVA 5:30 and 7:30 pm The Millennium Centre, Princess Road, Pensilva, Liskeard PL14 5NF. Tel: Hayley 07966 370233

TUESDAY LISKEARD *9:30am, 11:30am, 5:30pm or 7:30pm* Lower Hall, Church St., Liskeard PL14 3AQ. Tel: Vicki **07973 402829**

WEDNESDAY LISKEARD 9:30am Liskeard & District Sports Association, Lux Park Coldstyle Road Liskeard PL14 3HZ. Tel: Sammy 07807 289801

THURSDAY DOBWALLS 5:30 or 7:30pm Dobwalls Football Club Dobwalls Liskeard PL14 4LU. Tel: Sammy 07807 289801

FRIDAY GOLBERDON 9:30am Golberdon Village Hall Nr Callington PL17 7ND. Tel: Jane 07769 734316

slimmingworld.co.uk

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Badminton?	All Being Well	
Come and join our relaxed and friendly group at Pensilva Millennium House Mon & Tue 7.30 - 9.30pm Friday 8.00 - 10.00pm	Your local, friendly gym. Over 18 years working in our local community to improve health, fitness and well being. Call 01579 363890 , drop in at Millennium House, Pensilva, or email abwgym@gmail.com	
For further info phone Nigel or Carol on 01579 363594 or 07885 798370	Opening hours: Mon/Fri 10am-3pm & 5pm-9pm Wed 10am to 3pm Tues/Thur 9am to 1pm Saturday 10am to 1pm Ask about GP exercise referrals!	
<i>PENMILL ART GROUP</i> We are a small, friendly group using	LISKERRET MALE VOICE CHOIR	
all art mediums. If you paint we would	We are currently looking for new members in all sections. No previous experience necessary.	
love you to join us. We meet at	Practice Mondays 7:30pm at the Royal British Legion, Liskeard.	
Millennium House	Enquiries to the secretary on	
10-2 every <u>Friday.</u>	01579 363881	
Please come & see	Email: charaton@btinternet.com	
us or phone Pam on		
01579 363441.	Website: www.liskerretmvc.org Charity No. 1120243	

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on 01579 363212 or email peter@pensilva.freeserve.co.uk.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall			
Meeting Times	Organisation	Contact Person	Telephone
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
AlternateWed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Fri. 1:00 - 3:00	MIMS	Chris	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall		
Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travellling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thurs- day	7:00pm	St Ive Snooker Club

NHS REGISTERED



SUPPORTED BY LOCAL DOCTORS

Do you suffer with various long term health conditions?

Come along and join our small, friendly group. For company, light exercise and support.

Upstairs in Millennium House every Monday from 12.30pm - 2.30pm

For more information contact us:



Pauline 01579 345989 Jeanette 01579 363691 The co-operative

Community Fund

DO YOU NEED A HELPING HAND?

Reliable, friendly, experienced, mature local resident offering the following services:

Cleaning Ironing



Shopping Light Gardening Dog Walking

CRB/DBS checked and fully insured. Competitive rates.

Contact Jess: Telephone or text: 07934 764 327.



Email: homeangel77@yahoo.com. Find us on Facebook

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ivor Vaughan 07979 934604).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

Meetings are held every third Thursday of each month at 11.30.a.m. Meet in Millennium House car park.

For any information please contact Jean Connor 01579 363221

Struggling with Sight Loss?

SightCornwall

iSight Cornwall offers practical help to people living with sight loss in Cornwall including:

Low Vision: Advice for low vision aids Assistive Technology: Advice on products Benefits Advice: Assistance to claim entitlements Equipment Demonstration: Advice on gadgets Social Clubs & Activities: Links to clubs & activities in the county For more details Telephone 01872 261110 or visit www.isightcornwall.org.uk

St Ive Methodist Chapel

Services for October 2018

Sun 7th Oct	11am	Local Arrangement (please see Facebook for details)
Sun 14th Oct	11am	Mr Noel Morgan
Sun 21st Oct	11 am	Mrs Delarre Irving
Sun 28th Oct	11 am	Rev Iris Bray
	5pm	Food 4 Thought at St John's, Pensilva

A big Thank You to all who supported our Cornish Language Harvest Festival, the Chapel Harvest Celebrations and the Macmillan Coffee Morning las month.

The Chattermakers craft group will meet at 7:30pm on Thursday 11th and 25th October. All welcome.

The Village Prayer Meeting will be in the same room, also at 7:30pm on Thursday 11th and 25th September. All welcome.

For up to date details please follow us on our Chapel Facebook page.

PENSILVA MEMORY CAFE

DO YOU HAVE MEMORY PROBLEMS OR CARE FOR SOMEONE WHO DOES? WHETHER IT'S MILD, MODERATE OR SEVERE YOU CAN SOMETIMES FEEL A BIT ISOLATED AND ALONE.



DON'T BE LONELY. KEEP SMILING. THERE ARE MANY OTHERS LIVING WITH THIS CONDITION.

COME AND JOIN US ONCE A MONTH FOR SOME FUN AND LAUGHTER, MUSIC & REMINISCENCES.

WE MEET ON THE FOURTH THURSDAY OF EACH MONTH AT ST JOHN'S CHURCH FROM 2PM – 4PM.

WE ALSO SUPPLY TEA/COFFEE AND CAKES. DONATIONS OF £1 PER PERSON APPRECIATED FOR MORE INFO PHONE PAT 01579 363461 OR CAROLYN 01579 362698

St Ive Church

Services at 11:15am Every Sunday

- Oct 7th Harvest Festival & Together at Ten at St Ive 10am
- Oct 14th Together at Ten at Menheniot 10am
- Oct 21st Holy Communion. 11.15am Lunch follows this service
- Sep 28th Family Service. 11.15am Small pets welcome

Other September Events

Fri 4thProduce Market and Bric-a-bracHome made cakes etc, fresh vegetables, locally made pasties, pickles, jams
and much more. Farm fresh meat from Trehill Farm Produce.

Mon 8th Harvest Supper & sale of donated produce 7pm

Sun 21st Lunch in Church All welcome. 12:45. 2 course lunch only £7.

Following the retirement of Rev Margot, services will remain the same except for the first Sunday in **November** where there will be no service at St Ive but we will join our friends at Merrymeet for a Holy Communion service at **10am**.

<u>Church Wardens</u> Brian Dwelly 01579 364010 btdwelly@aol.com

Colin Catchpole 01579 383867 ccatchpole@hotmail.com

Donations for Liskeard Food Bank can be left in the Church each day between 10am & 4pm

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ST JOHN'S CHURCH, PENSILVA

Services for October 2018

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 7th	11am	Mrs Biddy Bishop
Sunday 14th	11 am	Harvest Festival
Sunday 21st	11am	Anglican Holy Communion
Sunday 28th	11 am	Rev. Sue Hill with Holy Communion
	5pm	Food for Thought at St John's Church

Monday 15th at 7.30pm, come along and support the **Harvest Supper** and service with Rev Mark Pengelly. The produce will be donated to the local Food Bank.

Café Style Church followed by coffee and chat, <u>Thursday mornings</u>, <u>10am</u>. Everyone very welcome.

Afternoon Tea, Friday 5th October, 3pm at St John's. Cup of tea and a chat. Everyone welcome to join us.

Fellowship Group 7:30 pm on Friday 12th and 26th October. Contact Carolyn on 362698 for details.

Prayer Group: 2pm Fri. 5th & 19th October. Please ring Eileen 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact:

Geoff Cox - 362698 or Frances Tucker - 363718



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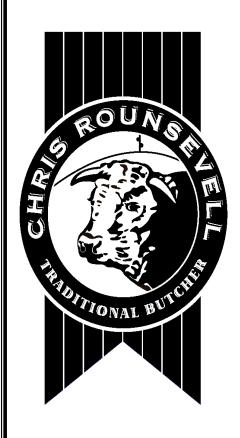


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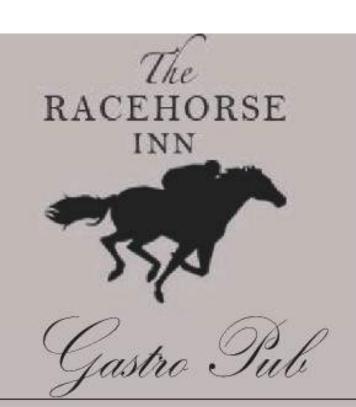
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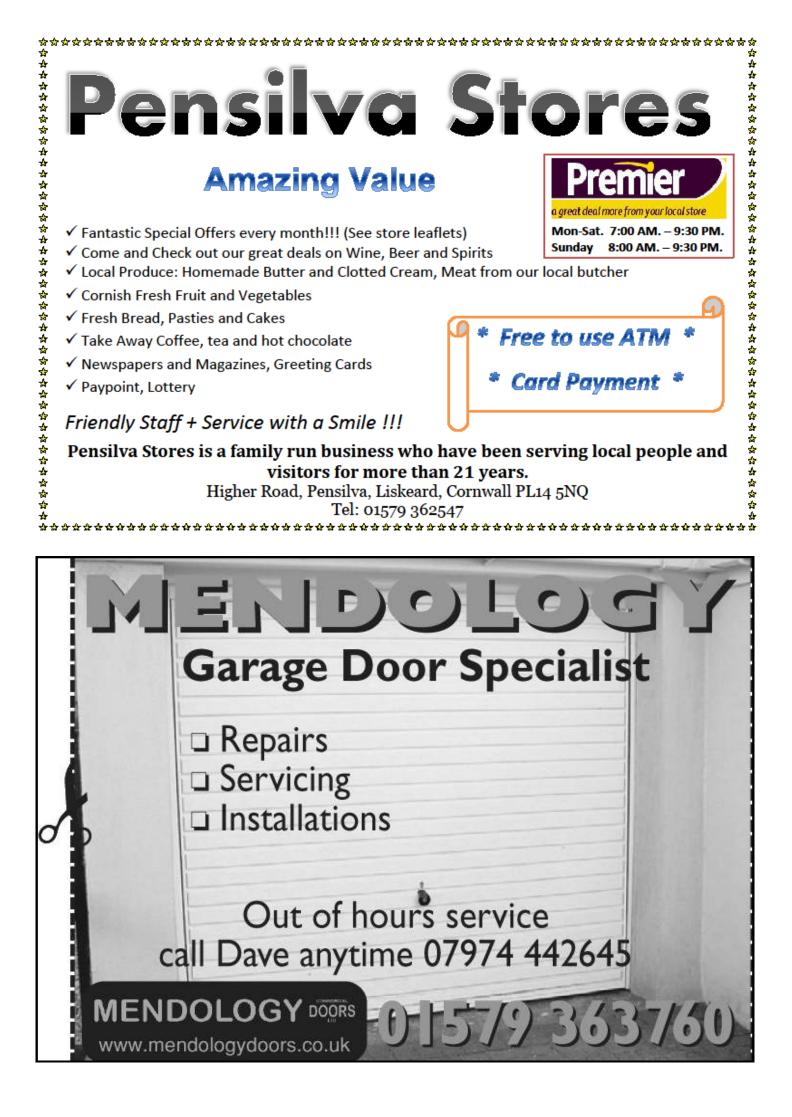


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Apollo FS24 **child's mountain bike** and helmet. Suit 8 - 10 year old. **£25 01579 362581**

Free standing **wooden screen** w/ opaque glass panels on top. 5'6" x 5'6". **£30.** 01579 362204

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Old Metal **School Locker** with six compartments, 6' tall x 3' wide x 1'6" deep. Ideal for all sorts of storage uses. **£45**. **Fire Fighting Hose**, to BS 3169 1986 standard 100ft long with a 1" internal bore with a wall mountable reel all in good condition ideal for all sorts of uses, market gardening, building sites etc. **£50 ono**. Set of 3 solid galvanised watering cans for use or as garden ornaments **£20 ono**. Wooden **Sewing Box** in Good Condition with five slid out compartments. **£15 ono 01579 384658** **AURA 3 Tent**, colour Green; only used for 8 nights camping. Bought for £179.99 but offering it now for **£100** as I have had to give up camping.

Also the **matching Porch Extension** -BRAND NEW, never unpacked since buying for £99.99, but now for sale at **£50**. Real bargains. If you're interested in both, please make me a reasonable offer as I can no longer make use of them. **01579 362574** (Pensilva) Please note corrected telephone number

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4 frame honey extractor (plastic). Good order. £45. Carpet shampooer £6 Dyson hoover £5 01579 320401.

Child's garden metal **swing** & accessories. **£15. 01579 362085**

Wood-framed **mirror** 2'6" x 3'7". **£10.** 01579 363812

Car Ramp 6' long. Folds in half. Unused. Good for loading mobility cars. **£49**. 01579 384222 or 07828 016665.

Mobility Walker Hardly used. Cost about£80 new from Argos. Will sell for £4018 Demijohns £1 each.01579 362001

Lec **Fridge.** Excellent working order. **£50** Can deliver Pensilva area. **01579 363791** Sony Home Cinema System CD/DVD/ Tuner/Amplifier with 5 small wired speakers, sub-woofer and remote control. £50. 07841 717913.

Three wheel disability walker with bag and
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Berry's **sideboard.** Circa 1960s. 171cm high x 44.5cm deep x 78cm high. 2 cupboards with one reversible door. 4 drawers, one felt cutlery drawer. **£50 ono**. Unusual iridescent paper **side lamp.** Approx 31" high on small base. **£5. Buyer collects. 01579 345783.**

Reikie or **Massage Table etc.** Very good condition. (Fold away). **£35.** Pensilva area. **01579 363192**

Folding **3-wheel walker** with brakes and bag. Ideal mobility aid. Hardly used. **£50**. **01579 363081.**

Brand new, never worn, **motor bike helmet**, with visor and inside sun visor, red, grey & white. Size medium. Paid £90, will accept **£30** or nearest offer. 07980 284002 Automatic guitar tuner (quick tune) includes electronic pitchpipe.v.g.c as only used a few times/with box.£5.

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Leather black briefcase 17¹/₂" x 12¹/₂" x 4". £10 o.n.o. In good condition. 01579 362846

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What's on in St Ive Parish ?				
WHAT'S ON	WHEN	CONTACT DETAILS		
	MILLENNIUM HOUSE			
Aikido	Thursday 7:00pm			
Antique & Collectors Fair	4th Sunday Monthly 10:00 - 4:00			
Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)		
Book Exchange	Daily	01579 363096		
Breath of Air	Monday 12.30pm - 2.30pm	01579 345989 Pauline		
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham		
Ladies Netball	Friday 09:15 - 10:15am	07985 387472		
Penmill Art Group	Friday 10am - 2pm	01579 363441		
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096		
Short Mat Bowls	Thursday 7:00pm	01579 208528		
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)		
Wildlife Group	Quarterly	01579 362539 (Hilary)		
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)		
Yoga	Wednesday 7:00pm	01579 344464		
Zumba Fitness Classes	Wednesday 7:00 - 8:00pm	01579 363096 (Millennium House)		
	PENSILVA VILLAGE HALL			
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver		
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner		
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond		
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly		
MIMS	Friday 1.00 - 3.00pm	01579 343702 (Chris)		
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond		
Rangers	For Info	01579 362982 Kirsty Oliver		
	PENSILVA PRE-SCHOOL			
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)		
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)		

ST IVE INSTITUTE				
Gardening Club	1st Monday monthly 7:30pm	01579 382762		
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum		
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)		
Post Office	Wednesday 10:30 - 11:30			
Coffee Morning	Wednesday 10:30 - 12:00			
St. Ive Singing Group	Thursday 4.00 - 5:30pm	01579 382341 (Clare)		
St lve Institute available for hire, £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters, which are on a £1 coin meter)				

Contact Sue Sedgewick on 01579 383291

Hall meetings will now be held quarterly on the second Tuesday of the month in January, April (includes AGM), July and October.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you. There is no 'teaching' but help/advice is always forthcoming!
We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons. Only £3.00 for the afternoon plus 50p for tea/coffee and biccies. If you are interested please give Jackie a call on 01579 362216. We look forward to meeting you.

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- Wednesday 9am to 12 noon

Friday - 9am to 12 noon

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