

THE PARISH PUMP



February 2018
Edition 435



The Newsletter for the Parish of St Ives



This beautiful, life-size nativity scene was on display on Slade Park Road, Pensilva, over the Christmas period.

Disclaimer

The articles appearing in this magazine do not necessarily reflect the views of the Parish Council nor of the Parish Pump Editor.

Parish Councillors Telephone List

Peter Haines (chair)	01579 362459	Ruth Wilson (vice chair)	01579 363684
James Bruce	01579 362983	Marlene Carr	01579 362919
Martin Corney	01579 382450	Angie Haines	01579 362459
Rosemary Farley	01579 384810	Tony Hodson	07973 536964
Nigel Libby	07968 891814	Alan Moss	01579 362064
Kath Parkes	01579 362005	Ivor Vaughan	07979 934604
Craig Vaughnley	01579 364083		
Sharon Daw (Cornwall Councillor) 07837 379305 slash.dash.daw@gmail.com			

Meetings of St Ive Parish Council

2nd Monday monthly: Parish Council Meeting, alternating between St Ive Village Hall and Millennium House (please refer to notice boards for the agenda showing start time and venue each month). Any changes to the regular dates (i.e. Bank Holidays etc.) will be publicised accordingly.

4th Tuesday Monthly: Parish Council Planning Committee Meeting, 7 pm at Millennium House Pensilva, followed by the Parish Council Finance & Administration Committee Meeting commencing at 7.30 in the same venue.

Date of Next Parish Council Meeting

Monday 12th February 2018 at 7:30pm at Pensilva



Devon & Cornwall Police
Building safer communities together



101

Minicom 18001 101

Police Community Neighbourhood Office 01579 325454 at any time

Your Community Support Officer is PCSO 30271 Linda Phillips.

Contact: linda.phillips@devonandcornwall.pnn.police.uk.

Phone for a chat on 07703 885654. Leave a message & I'll call back when on duty

To report a crime call 101 or go to www.devon-cornwall.police.uk

In an emergency call 999

Contact details for St. Ive Parish Council and for Millennium House

Address for correspondence: Millennium House, Century Square, Pensilva PL14 5NF

General Parish matters should be raised initially with the Parish Clerk who will present them to the Parish Council.

Telephone: 01579 363096, email: stiveparish@btconnect.com

For accounts matters for the Parish and for Millennium House contact John Body, Finance Officer: 01579 363096, email: millenniumhouseadmin@btconnect.com

Millennium House enquiries and reservations: 01579 363096

email: millenniumhouse@btconnect.com.

On the web: Millennium House Website: www.cornwallvenue.com

Parish website: st-ive-parishcouncil.gov.uk Facebook: facebook.com/stiveparishcouncil

Parish Pump Information and Contact Details

To contact the editor please email: parishpump@btconnect.com

or phone the Parish office: **01579 363096**.

Hardcopy submissions by post or by hand to the Parish office, Millennium House.

Softcopy submissions: By email to the editor in MS Word, MS Publisher, pdf, Tiff or jpeg. Please use A4 pages and minimum 16 point font as the Pump is initially produced in A4 size and reduced to an A5 booklet at the printing stage. If in doubt please contact the editor.

Current Advertising Prices including VAT at 20%

Per issue: Quarter Page £7.50 Half Page £15.00 Full Page £25.00

10% discount for 12 months paid in advance.

Bargain Corner free ads by email to the editor or drop off at the Parish Office.

Deadline for the Parish Pump is STRICTLY 15th of every month

THE MEL BAR

Relax and wind down
at the Mel Bar, Millennium House



From the Editor

We all know that Cornwall can be very wet and windy, and perhaps we ought to expect something along those lines in January, but it seems to me that 2018 has got off to the wettest and windiest start I have ever known! Some of the nights, especially, have been like something out of the old testament. I'm clinging to the hope that there will be no more water left up there come the spring, and we will enjoy a long spell of the beautiful weather that we also get a lot of here in Cornwall.

The other plague that is visiting us at the moment is a really nasty virus that has led to lots of people being hospitalised, mostly with pulmonary problems. Again, this is not unusual at this time of year, but it seems to be worse this time round, and to have struck down people closer to home.

They say that misfortunes come in threes and the third on my list has saddened a lot of us in the Parish, the passing of Ruth Wilson. People who knew her a lot better than I did, have written about her in this issue (pages 6 and 7). But I will just say that she was one of those people who make you feel within a minute of meeting them that you have made a good friend for life. Many people (and at least two dogs) will miss her very much indeed.

All the best - Joe

Millennium House Opening Hours

Reception

9am till 2.30pm Monday to Friday

Community Coffee Shop

See separate notice on next page

Bar

5pm till 11pm Monday to Thursday

3pm till 11pm Friday

12am till 11pm Saturday and Sunday

Please Note:

Sun, Dec 31st 2017: 12pm to 2am

Mon, Jan 1st 2018: 12pm to 11pm

If no-one is available please leave a message in our **letter box** at the front of the building or on our answer phone by calling **01579 363096**.

COMMUNITY COFFEE SHOP

in MILLENNIUM HOUSE PENSILVA

THE COFFEE SHOP IS NOW OPEN AT THE FOLLOWING TIMES:

MONDAYS 10.00am - 1.00pm

TUESDAYS 9.00am - 1.00pm

WEDNESDAYS 9.00am - 12 noon

FRIDAYS 9.00am - 12 noon

APPLICATIONS ARE INVITED FOR THE ROLE OF

Parish Clerk to St.Ive Parish Council

to be based at Millennium House, Pensilva.

The successful applicant will be a qualified Parish Clerk or willing to train. He/she is required to provide professional support and guidance in respect of all aspects of the council's work. This position is part time. Hours are to be negotiated. In the first instance and to request a Recruitment Pack please contact Mrs. Angie Haines via email:

stiveparish@btconnect.com

Received from The Growing Project, Pensilva

It is with immense sadness that The Growing Project announces the death of our beloved founder and co-ordinator, Ruth Wilson. She died on Wednesday 17th January after a long battle with cancer.

Although born in Plymouth, Ruth had a deep love and long history with Cornwall, living in St Germans and Menheniot in the 1980s. In 1998, she moved to Pensilva with her partner and a Dalmatian puppy who would escape her property with alarming regularity. Long-suffering neighbours would often help round up this miscreant, as well as the succession of spotties who joined the household later.

As was clear to anyone who met her, Ruth loved people. Her talent for listening to and engaging with people from every walk of life was what made her so very good at the work she did - community development, counselling, foster caring and supporting, homing and advocating for young people from disadvantaged backgrounds. While doing the latter, she discovered the therapeutic properties of getting people gardening - the sense of achievement, accomplishment and self-worth that the young people in her care gained from working alongside her in the garden sparked the idea that became The Growing Project.

While initially aimed at helping young people, it quickly became apparent that the appeal of the project was much wider. The project has helped and continues to help people who have been challenged by a range of life events as well as those who just relish the opportunity to connect with their community and get their hands in some dirt! On the morning of the day that Ruth passed away, this beautiful band of people had gathered to decide how to take the project forward and secure her legacy.

There's no denying that this amazing woman leaves a large hole in every community of which she was part, including The Growing Project and south east Cornwall Constituency Labour Party, of which she was chair. But one of her most special talents was her ability as a leader to raise up, encourage and advocate for those around her. The wonderful and able people who follow in her footsteps are taking forward the work she started, be it the veg box scheme or the socialist revolution!

We love you, Ruth. ❤️

Ruth Wilson December 19th 1952 - January 17th 2018

Parish Council Chairman's Column

Unfortunately the Parish Council Chairman, Peter Haimes, succumbed to the Flu that's been going around and has been quite poorly, I'm sure you'll join with me and the other councillors in wishing him a speedy recovery, I know his family have been rallying around as you would expect.

The Parish Council continues to look for ways to reduce costs at Millennium House and make improvements to its image so we can increase business. We have recently awarded a new waste disposal contract so reducing costs and we will continue to look at reducing other costs like Electricity, Gas and Water usage. The first weekend in January saw the start of the redecoration of the Function Room, and I would like to thank those volunteers who turned up to lend a hand. We will then concentrate on the bar. We will also be holding a meeting with a Cormac Representative to discuss issues in the parish.

I often watch DIY SOS and it gets me every time at the end when they reveal the transformation of their home. It's amazing what a community of volunteers can achieve. We have volunteers here in our Parish; the Parish Council; the football management; the Guides; the Events group; the Tea Party and people who just turn up to help, to name just a few. Perhaps you would like to help too in 2018, perhaps as a family, does your neighbour need a hand with their garden, shopping or a room decorating? We are always looking for help around the Parish to make it a better place to live.

Finally, it is with sadness that we report the passing of our friend and fellow councillor Ruth Wilson. Ruth was instrumental in some of the policies during the 'Platform for Change' and her vision to improve the social standing and conditions of the vulnerable within society was always in her mind, especially in this Parish. The Growing Project was one of her creations, not only providing fresh vegetables for the Parish but giving some of the younger members of the Parish somewhere to go with a purpose. We will continue to work towards her vision.

Alan Moss

Pensilva W.I January Meeting

Frances Tucker President opened the January meeting by welcoming 4 new members and congratulating Sheila and Don Wherley on reaching their 60th Wedding anniversary. Frances presented Sheila with a rose.

Our speaker for the evening was Louise Kidd, owner of Painters art and craft shop Liskeard. She gave a wonderful demonstration of painting with acrylic paints. We were all fascinated by how she composed and mixed the colours using just primary colours and no black. She starts by taking lots of photos and the one she used was a winter scene from a holiday in Wales. Louise has a background in art and textiles and teaches both from her studio and shop. She was warmly thanked by Frances.

Dates for our diaries: Horticultural Show this year will be Saturday 8th September. Cherry Woodhouse will start sugar craft classes for beginners and Sue from Black Cat Jewellery will be holding enamel jewellery classes for us. We shall be having a Skittles afternoon and tea on Saturday 3rd March. Friends and family welcome. Spring countdown at The Hall for Cornwall Tues 24th April. May will see us going to Coads Green Village Hall for a cookery demonstration called Look What's in My Trolley. Don't forget our sew knit and natter and tea at St John's church on the last Tuesday of every month. No charge but a small donation to St John's Church.

Birthday posies kindly made by Verna Dawe were presented to Zandra Patten and Jean Hoare.

Competition winners this month:

Flower of the month, 1st Verna Dawe. 2nd Jill Pascoe. 3rd Mary Yates. Competition of an art or craft item, 1st Jean Hoare. 2nd Cherry Woodhouse. 3rd Verna Dawe.

A representative from The Cornish Gouda Cheese Company Lanreath, Looe will give us a talk at the February meeting. They will also have some of their produce for sale. This meeting will also be the annual meeting.

CHERNOBYL CHILDREN'S CHILDLINE

Since 1986, following the nuclear disaster at Chernobyl, people have been living with the fact that everything around them is contaminated, everything they eat is contaminated, even the air they breathe is contaminated. Immune systems are compromised and cancer is something they all live with. We are looking for host families to have one or two children to stay with them for four weeks. This month does such a lot to repair the immune system and all the children grow taller following their trip to the UK. These children need our wholesome uncontaminated food to eat, uncontaminated air to breathe, and to have some fun whilst away from Belarus which is a very poor country.

We are bringing children over from Belarus during the summer holidays and are looking for host families to have them in their home for four weeks. The children are aged 9-11 and are delightful to entertain as our way of life is so different for them. If you are interested then please contact Rosemary Farley on 01579 384810

LISKERRET MALE VOICE CHOIR

Charity No. 1120243

We are currently recruiting new members for all sections of our choir and we welcome visits from potential new members at our practice nights in The Royal British Legion Club in Liskeard. Meetings take place on most Monday evenings, 7.30pm to 9.30pm. Our first meeting in February is on Monday, 5th.

Later in February, Monday 26th, we are hosting an informal Open Evening for anybody that is interested. Come and meet the members, there are bound to be people you know.

If you like singing or would like to give it a try, please come along, we are a very friendly bunch of guys and we have an excellent music team. You may not read music, most of us don't. You will be coached by our Musical Director, Kerry Hackworth, during our practice sessions.

So don't be shy come along, bring a friend!

If you would like more information you can contact us by 'phone or e-mail.

James Moon, Chairman: 01579 342613

Gerald Perrett, Secretary: 01579 363881 e-mail: Charaton@btinternet.com

web site: liskerretmvc.org

Also on facebook.

FRIENDS OF PENSILVA HEALTH CENTRE

OUR SINCERE THANKS AND APPRECIATION TO EVERYONE FOR THEIR SUPPORT AND GENEROSITY IN MAKING SUCH A SUCCESS OF THE ANNUAL CHRISTMAS TEA HELD AT MILLENNIUM HOUSE ON FRIDAY 1ST DECEMBER 2017. THE SUM OF £816.52 WAS RAISED AND WILL BE AVAILABLE TO HELP PURCHASE EXTRA EQUIPMENT THAT THE DOCTORS FEEL WILL BE OF BENEFIT TO THE PATIENTS. THE EVENT WAS GENEROUSLY SUPPORTED BY 20 LOCAL BUSINESSES, PERSONAL DONATIONS, REFRESHMENTS, HARD WORKING TEAM MEMBERS AND VOLUNTEERS AND BY ALL THOSE WHO WERE THERE ON THE DAY. WE ARE VERY APPRECIATIVE OF YOUR VALUED SUPPORT.

MANY THANKS TO EACH AND EVERY ONE OF YOU

Quethiock School has been really busy since returning after Christmas. The KS2 children have been looking at robots as their topic this term and the KS1 children have been looking at Bridges. The Netball team played Callington Primary School in the first match of the New Year and won 5-3. The team are currently top of the Caradon League. The newly formed football team have been playing in the local schools league and are steadily improving every time they play.

On Thursday the 18th January the school had a special school census day menu with a superhero theme. 'Super Sarah' the schools kitchen manager put on a wonderful lunch fit for our superhero learners at school.

The school would like to say a huge thank you to Quethiock parish council for their kind contribution towards purchasing the school a new cabinet for our hall to house the 'Little Swans' playgroup's toys and for new running kit for our cross country runners, as well as trophies for the 1st Quethiock boy and girl home on the Quethiock Cross Country day (23/3/18).

Pentiddy Community Woodland

Volunteer Days

Your chance to get involved with helping to look after
Pentiddy woods!

Sunday 25th February and Sunday 25th March 10am-4pm

Drinks, soup, bread and cake provided

Come along and bring family and friends. This is a fun and rewarding way to give a little back to a local community project. It's a great opportunity to meet new people, learn new skills, spend time in the woods and have fun!

Those that come along and help get a share of some of the timber (once we have put aside the few loads for sale to raise funds for the years' insurance.)

Accompanied children and dogs very welcome!

Bring hand tools and work gloves if you have them. Loppers, billhooks, bow saws. We will have a small supply available. No experience necessary. Training given. Work to suit all abilities and ages.

Come and share some good company, wholesome and productive work and delicious food!

Please contact us if you would like to come along so we know how much cake to make!

Ele and Anthony Waters: 01579 363775 or 07765 103504

PENSILVA



FOR MILLENNIUM HOUSE EVENTS GROUP!

**CAN YOU HELP ORGANISE AN EVENT?
HAVE SOME USEFUL CONTACTS?**

**NEXT MEETING IS
WED 7th FEB, 7:30PM.
SEE YOU THERE!**



Some of the guests at a Christmas get-together, hosted by St Ives Parish Council, for people who had volunteered at Millennium House in various ways during 2017.

Ruth and Colleen's Monthly

BINGO

At Millennium House

on Tuesday 6th February

Then 6th March

Eyes down at 7:30pm

Over 18's only

£££ CASH PRIZES £££

A collection of grey silhouettes of various musical instruments including a treble clef, a violin, a piano, a trumpet, a saxophone, a drum set, and a guitar, arranged around the text.

Pensilva Folk Session

Monthly, 2nd Thursday

Next Session 8th February 2018, 8pm

Mel Bar, Millennium House

Informal 'singaround' all singers/musicians welcome
or come along and tell a joke, a story or just listen

Further Details

Steve 07410 447818

steve@stevesutton.plus.com

St Ive Church Produce Market

Every 1st Friday 10:30 to 1:30pm

Homemade Cakes Fresh Vegetables

Jams Pickles Local made Pasties

Bric-a-brac and much more - also

Home Reared Traditional Meat

Pork, Beef, Chicken, Dry Cured Bacon, Sausages from

Trehill Farm Produce

Cooked Lunch available from 11:30 only £4.50

**QUIZZES AT
MILLENNIUM HOUSE
NEXT QUIZ: SATURDAY
MARCH 3RD, 7:30PM**

Quiz dates for 2018

March 3rd, April 28th, June 9th

Pensilva Carnival Week Quiz - date TBC

September 1st, October 13th, December 8th

All at 7:30pm

Organised by and raising funds for

All Being Well

Improving the health of our community

PENSILVA GROUP MEETINGS NOW AT 5:30pm AS WELL AS 7:30pm

be inspired
with
**Slimming
World**



MONDAY PENSILVA 5:30 and 7:30 pm
The Millennium Centre, Princess Road,
Pensilva, Liskeard PL14 5NF.
Tel: Hayley **07966 370233**

TUESDAY LISKEARD
9:30am, 11:30am, 5:30pm or 7:30pm
Lower Hall, Church St., Liskeard
PL14 3AQ. Tel: Vicki **07973 402829**

WEDNESDAY LISKEARD 9:30am
Liskeard & District Sports Association,
Lux Park Coldstyle Road Liskeard
PL14 3HZ. Tel: Sammy **07807 289801**

THURSDAY DOBWALLS 5:30 or 7:30pm
Dobwalls Football Club Dobwalls Liskeard
PL14 4LU. Tel: Sammy **07807 289801**

FRIDAY GOLBERDON 9:30am
Golberdon Village Hall Nr Callington
PL17 7ND. Tel: Jane **07769 734316**



slimmingworld.co.uk



Supporting Guiding & Scouting Activities in Pensilva 200 CLUB Draw Results for December

1st No. 163
Mr. D Hicks £75

2nd No 196
Mrs F Tucker £50

3rd No 133
Mr J Bicarregui £20

Thank you for your support

MOBILE LIBRARY

The County Mobile Library visits our area once a month on Fridays of "Week 3" (NOTE: not necessarily the 3rd Friday of the month).

**Next visits: 16th Feb, 16th Mar, 13th Apr,
11th May, 8th Jun, 6th Jul.**

Stops at:
**The Victoria Inn, Pensilva at 10.25 to
10.45am;**
Quethiock bus stop. 11.00 to 11.20am.



SEW, KNIT AND NATTER.

**WHY NOT JOIN US ON
THE LAST TUESDAY OF EACH MONTH
for sewing, knitting or just for a chat and a
cup of tea or coffee and cake.**

We meet at ST JOHN'S CHURCH, PENSILVA from 2pm to 4pm.

Alford Joinery - For all your joinery needs

Specialists in bespoke doors, windows, staircases, conservatories, etc.

- 20 years experience
- Large or small jobs
- All joinery hand-crafted
- Top quality FSC certified timbers
- All joinery can be fitted if required.

01208 873444 or 07757 666460

info@alfordjoinery.com

www.alfordjoinery.com

Pensilva Memory Café

Are you caring for someone with Dementia, or do you perhaps have concerns about your own memory? It can be lonely and worrying but you're not on your own. Many people around you are in the same boat. You don't have to feel isolated. More people than ever are becoming dementia aware, and most organisations need, and want, to be dementia friendly.

You may have seen posters for Memory Cafes and wondered what they are about. They are a great place for people with dementia and memory problems to socialise in an informal and friendly atmosphere. Memory Cafes are held in Liskeard, Callington, Launceston, Downterry, Looe, and many more places in the South West. Most are held monthly, some are more frequent.

Pensilva has its own Memory Cafe. It is a small friendly group who meet once a month for tea and cake and a bit of relaxing fun. We might have some music, a simple game or quiz, and a bit of reminiscing. You can join in if you want to, but nothing is compulsory. We hope you will just relax and not worry about anything for a couple of hours. There is no charge but we do appreciate a donation in the region of £1 each towards expenses.

It might be worth coming along to join us just to see what goes on. You might find it beneficial to yourself, or your partner, or a parent, or friend. You might even enjoy it. Why not give it a try? You'd be most welcome. There's nothing to lose.

We meet on the fourth Thursday of each month from 2pm - 4pm. We'd love to see you at St John's Church, next to the Millennium Centre, PL14 5NF.

For more information contact Carolyn or Pat - 01579 363461 or 01579 362698
email carolynandgeoff@gmail.com or patdilworth@hotmail.co.uk

If you are a carer of anyone, of any age or condition (not just dementia), you will benefit enormously from the help of Kernow Carers Service. Freephone 0800 587 8191. Leaflets are available at the cafe.

PENMILL ART GROUP

**We are a small, friendly group using all art mediums. If you paint we would love you to join us. We meet at Millennium House
10-2 every Monday.**

**Please come & see us or phone Pam on
01579 363441.**

Community Lunch

First Sunday of every month 12pm for 12.30pm

3 Course Lunch with Tea and Coffee

Adults £7.95p

Children (*Under 12*) £4.95p

At Millennium House, Pensilva

Bookings required:

Call Graham or

Charmayne

on 01579 363096



Pensioners Lunch

2 Course Meal plus Tea or Coffee

Only £5.50

Every Tuesday here at Millennium House

Speak to our reception or

telephone Graham on 01579 363096



So why not join us for Good Food and Good Company, all on the day you collect your pension?

Badminton?

Come and join our relaxed and friendly group at Pensilva Millennium House

Mon & Tue 7.30 - 9.30pm

Friday 8.00 - 10.00pm

For further info phone

Nigel or Carol on

01579 363594 or

07885 798370

All Being Well

Your local, friendly gym.

Over 17 years working in our local community to improve health, fitness and well being.

Call us on **01579 363890** or drop in to see us at Millennium House, Pensilva.

Opening hours:

Mon/Wed/Fri 10.00 to 3.00

Mon & Fri 5.00 to 9.00

Tues/Thur 9.00 to 1.00

Saturday 10.00 to 1.00

Email: abwgym@gmail.com

DO YOU NEED A HELPING HAND?

Reliable, Friendly, Experienced, Mature local resident offering the following services:-

- Cleaning
- Ironing
- Shopping
- Light Gardening
- Dog Walking



CRB/DBS checked and fully insured.
Competitive rates.

Contact Jess

Telephone or text: 07934 764 327

Email: homeangel77@yahoo.com



²⁰ Find us on Facebook

OFFICES TO RENT COMING SOON



**PENSILVA IND. ESTATE
ST. IVE ROAD, PENSILVA**

**Contact Mel Steeds
for further details**

07719 384 954

01579 363 282

PENSILVA VILLAGE HALL

Anyone wishing to book the hall for meetings, birthday parties or fundraisers please contact Peter or Jackie Browning on **01579 363212** or email **peter@pensilva.freeserve.co.uk**.



Please note that as well as hall rent there is a coin meter for heating at 40p/hr.

We hold a Hall users and committee meeting on the fourth Monday of each month at 7.00pm. Please feel free to come along and support us.

Organisations that meet in Pensilva Village Hall

Meeting Times	Organisation	Contact Person	Telephone
Mon. 4:00 - 6:00	Brownies	Mrs Martha Oliver	01579 362239
Alternate Wed. 2:30 - 4:00	Wednesday Club	Mrs Jean Conner	01579 363221
Wed. 7:00 & various	Snooker Club	Mr Philip Bond	01579 362091
Thu. 6:00 - 8:00	Guides	Miss Caroline Hambly	01579 363228
Fri. 1:00 - 3:00	MIMS	Chris	01579 343702
Fri. 4:00 - 5:00	Rainbows	Mrs Lynne Bond	01579 362091

St Ive Institute & Village Hall

Every Wednesday	10:30am to 12 noon 10:30am to 11:30am	Coffee morning Travelling Post Office
First Monday	7:30pm	St Ive Gardening Club
Every Monday & Thursday	7:00pm	St Ive Snooker Club

**NHS
REGISTERED**



**SUPPORTED BY
LOCAL DOCTORS**

Do you suffer with various long term health conditions?

Come along and join our small, friendly group.
For company, light exercise and support.

Upstairs in Millennium House every Monday from 12.30pm - 2.30pm

For more information contact us:

Pauline **01579 345989**

Jeanette **01579 363691**



The **co-operative**
Community Fund



Struggling with Sight Loss?

iSight Cornwall offers practical help to people living
with sight loss in Cornwall including:

Low Vision: Advice for low vision aids

Assistive Technology: Advice on products

Benefits Advice: Assistance to claim entitlements

Equipment Demonstration: Advice on gadgets

Social Clubs & Activities: Links to clubs & activities in the county

For more details Telephone 01872 261110 or visit

www.isightcornwall.org.uk

PENSILVA HEALTH CENTRE - PATIENT PARTICIPATION GROUP

We are a group of patients who meet regularly with the Health Centre to bring forward for discussion ideas, comments and suggestions about your surgery. In the past we have held open days, helped at the flu clinics and participated in a trial Peoples Commissioning Board Project.

We also organise a Carer's and bereavement group (see below) and a 'Walking for Health' group

(Contact Ivor Vaughan 07979 934604).

You can contact us directly or through the Health Centre.

PENSILVA HEALTH CENTRE CARERS AND BEREAVEMENT GROUP

Are you a carer, bereaved or lonely? Then come along and join our Group. Tea, Coffee and plenty of friendly chat and, when possible, local trips to various venues.

**Meetings are held every third Thursday of each month at 11.30.a.m.
Meet in Millennium House car park.**

For any information please contact Jean Connor 01579 363221

PENSILVA HEALTH CENTRE - Baby Clinic First Thursday of every month, from 1 to 2pm

A friendly health visitor will be on hand to weigh your baby and give friendly, professional advice.

For information call the health centre on

01579 362249

St Ive Church

Services at 11:15am Every Sunday

- Feb 4th **Holy Communion**
- Feb 11th **Family Service.** *Small pets welcome*
- Feb 18th **Holy Communion** Lunch follows this service
- Feb 25th **Morning Worship**

Other February Events

Fri 2nd Produce Market and Bric-a-brac

Home made cakes etc, fresh vegetables, locally made pasties, pickles, jams and much more. Farm fresh meat from Trehill Farm Produce.

Fri 16th Lent Lunch 12 noon to 2pm

Homemade soups + cheese and biscuits

Sun 18th Lunch in Church 12:45pm. All welcome. Only £7 for 2 courses.

Sat 3rd March Table-top Sale 10:30 to 4pm

Lots of tables, loads of bargains, homemade refreshments

Reverend Margot Davies **01579 208698** email margotaj@tiscali.co.uk

Church Wardens Brian Dwelly **01579 364010** email btdwelly@aol.com
 Colin Catchpole **01579 383867** ccatchpole@hotmail.com

Please let the Priest or Churchwarden know of anyone requiring a home or hospital visit.

Donations for Liskeard Food Bank can be left in the Church each day between 10am & 4pm

ST JOHN'S CHURCH, PENSILVA

Services for February 2018

Anglicans and Methodists share services at 11 am each Sunday, coffee served before service

Sunday 4th	(9.30am	Anglican Benefice Eucharist at St Cleer)
	11 am	Rev. Sue Hill
Sunday 11th	11 am	Café Church
Sunday 18th	11 am	Anglican Holy Communion
Sunday 25th	11 am	Rev Chloe Jones
	5 pm	Food for Thought at St John's Church

Café Style Church followed by coffee and chat, Thursday mornings, 10am, everyone welcome.

Christmas Events at St John's Church. A very big thank you to all who supported the Christingle Service, Christmas Festival and Christmas Morning Service, **£582** was made from these events and has been sent to St. Petroc's Society, The Children's Society and Action for Children.

Lent Lunches weekly at St John's from 12 noon starting Thursday 15th February. Homemade soup.

Weekly Lent Course 7:30 at St. John's, starting Friday 16th February.

Prayer Group: 2pm Fri 9th & 23rd February. Please ring Eileen on 362580 or Carolyn 362698 if you would like prayer for yourself or someone else.

For further details of the Services held in St John's, if you know of any illness or need in the village or if you would like your wedding or baptism in the church, please contact:

Geoff Cox - 362698 or Frances Tucker - 363718

St Ive Methodist Chapel

Services for February 2018

Sun 4th Feb	11am	Mrs Delarre Irving
		No evening service
Sun 11th Feb	11am	Rev Iris Bray
	6pm	
Sun 18th Feb	11 am	Mr Mark Haydon
		No evening service
Sun 25th Feb	11 am	Rev Jonathan Budd
	5pm	"Food for Thought" at St John's

There will also be a United Service, date to be confirmed. Please check local press or our Facebook page.

For regular updates on services etc at the Chapel, as well as a look around the area, look at the St Ive Methodist Church Facebook page.

Village Churches Together group will meet 7:30pm at St Ive Methodist Church on Wednesday 7th February. Everyone welcome. More details from Keith on 01579 382334.

The Chattermakers Group will meet on Thursday 1st and the 15th February in the Guild room from 7:30pm. This is a group open to anyone that likes to do any craft and would like to share with others of a like mind (hence the 'Chatter' bit !!) Anyone wanting more details please contact Kathryn on 01579 382334. All welcome.

The Village Church Prayer meeting will also be held at St Ive Chapel on Thursday 4th and 18th January from 7:30pm. All welcome

Our joint Lent Lunches begin at the end of Feb. Please check local press and Facebook for dates and times.

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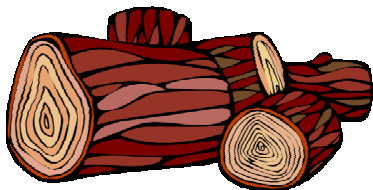
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21st AUG - DARTMOOR ZOO

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Badminton Club	Mon & Tues 7:30pm. Fr. 8.00pm	01579 363594 (Carol & Nigel)
Book Exchange	Daily	01579 363096
Breath of Air	Monday 12.30pm - 2.30pm	01579 345989 Pauline
Country Dancing	Alternate Thursdays 8.00 - 10.00pm	01579 382402 Ray Buckingham
Fitness Pilates	Monday 9:30 - 10:30am	07850 473428 (Dianne)
Ladies Netball	Friday 09:15 - 10:15am	07985 387472
Pensioners Lunches	Tuesday 12:00 - 2:00pm	01579 363096
Short Mat Bowls	Thursday 7:00pm	01579 208528
Village History Group	Last Monday Monthly 7:30pm	01579 208754 (Angus)
Wildlife Group	Quarterly	01579 362539 (Hilary)
Woman's Institute	2nd Wed Monthly 7:15pm	01579 363718 (Frances Tucker)
Yoga	Wednesday 7:00pm	01579 344464
Zumba Fitness Classes	Wednesday 7:00 - 8:00pm	01579 363096 (Millennium House)
PENSILVA VILLAGE HALL		
Brownies	Monday 4:00 - 6:00pm	01579 362239 Martha Oliver
Pensilva Wednesday Club	Wednesday 2:30pm	01579 363221 Mrs Jean Conner
Pensilva Snooker Club	Wed 7:00pm + Various times	01579 362091 Phillip Bond
Guides	Thursday 6:00 - 8:00pm	01579 363228 Caroline Hambly
MIMS	Friday 1.00 - 3.00pm	01579 343702 (Chris)
Rainbows	Friday 4:00 - 5:00pm	01579 362091 Lynne Bond
Rangers	For Info	01579 362982 Kirsty Oliver
PENSILVA PRE-SCHOOL		
Pensilva Pre-School	Monday-Fridays 9:00 - 3:15 (session times available)	07890 023924 Mrs Suzanne Kinsman (Manager)
Tiny Tots Toddler group	Friday 9:15 - 11:15am	07890 023924 Mrs Suzanne Kinsman (Manager)

ST IVE INSTITUTE

Gardening Club	1st Monday monthly 7:30pm	01579 382762
St Ive Snooker Club	Monday & Thursday 7:00pm	01579 382315 R Bunkum
Art & Craft Group	Tuesday 1:00 - 5:00pm	01579 362216 (Jackie)
Post Office	Wednesday 10:30 - 11:30	
Coffee Morning	Wednesday 10:30 - 12:00	
St. Ive Singing Group	Thursday 4.00 - 5:30pm	01579 382341 (Clare)

St Ive Institute available for hire. £3.50 per hour. This includes the use of the kitchen & electric (excluding wall heaters which operate on a £1 coin meter)

Contact Jill Ede 01579 384095

Hall meetings will now be held bi-monthly on the second Tuesday of the month



ST IVE & DISTRICT GARDENING ASSOCIATION



Meetings in St Ive Village Hall 1st Monday in the month at 7.30pm

Monday 5th Feb **Jenny Edrich**, Stinkbombs, Samphire & Squills, wild flowers around Cornwall

Monday 5th Mar **7pm Annual General Meeting** Then
7.30pm Jo Toterdel, Daffodils in the Tamar valley

Visitors and new members are always welcome to join us.



ART AND CRAFT GROUP

We are a small friendly informal group who enjoy doing art and craft. If you paint or do any type of craftwork and would like to join us we'd love to welcome you.

There is no 'teaching' but help/advice is always forthcoming!

We meet at St. Ive Institute Hall from 1.00pm to 5.00pm Tuesday afternoons.

Only £3.00 for the afternoon plus 50p for tea/coffee and biccies.

If you are interested please give Jackie a call on **01579 362216**.

We look forward to meeting you.

Pensilva Post Office

Located through the Café on the 1st floor of Millennium House



Opening times:

- Tuesday - 9am to 1pm
- Wednesday - 9am to 12 noon
- Friday - 9am to 12 noon



MILLENNIUM HOUSE

THE MEL

**Licensed Bar
Free House**

Opening Hours

- Mon - Thu - 5 pm to 11 pm
- Fridays - 3 pm to 11 pm
- Saturday - 12 noon to 11 pm
- Sunday - 12 noon to 11 pm

Millennium House 01579 363096

